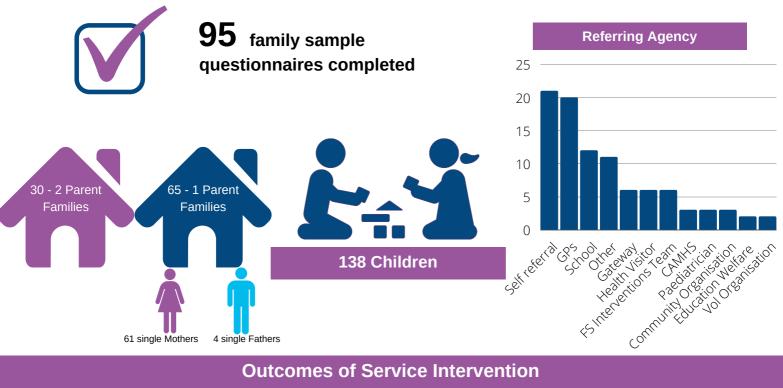


Family Samples 2021/22



Outcomes of Service Intervention



parents/child did not need referral to statutory Social Services



parents/child found intervention had a positive outcome



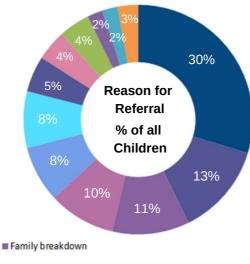
parents found the process of engaging with a Hub worked well



parents received written/verbal information and an explanation about the FSH

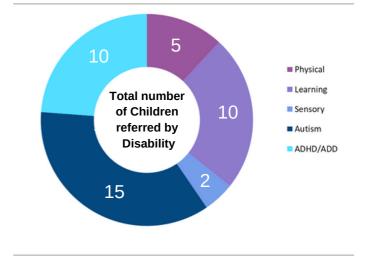


- EBD PP school children
- Counselling services for children/young people
- EBD preschool children
- Emotional support for child bullying, separation etc
- Bereavement support child





- Youth Activities/support
- Other reason (childhoold condition, Self-care support, Young carer)



30% of the children in this sample had a Disability

■ Disability support

Signposted Services **Parents Family Support** Bereavement Family Trauma/Breakdown Childcare / Health Visiting ■ Parenting Support **Parenting Support** ■ Family Support Parenting Programmes 60% 52 services 31% Financial Support Home Visiting (EISS) Housing Counselling Support **Counselling Support** 1-1 Personal Development Stress Management 138 Children ■ Emotional Support ■ Counselling/Mentoring **Emotional Support** Family Support 51% 8% 19% 13% Anxiety ■ Behaviour/Boundaries Domestic Violence ■ Play/Social Activities 95 services Sexual Abuse Disability Support Behaviour/Boundaries Challenging Behaviour School Attendance Number of weeks from referral to hub **14** parents said there were achieved other services they would Teenage have liked to avail off Mentoring for **Autism** (these included) 4 wks **Play Therapy** ■ 5-8 wks 89 **Equine Therapeutic** Intervention Developmental Assessment 44% 54% 2% Completed Cognitive **Behaviour Therapy** Ongoing Other Programme Other - Still Relaxation awaiting 1st **Therapies** Appointment, Child did not want to Afterschool Activities attend programme. More interaction with other children

Did engagement with Hub work well?

Life in lockdown has been difficult for us all but brings additional challenges for parents of special needs children. YMCA staff has listened, discussed and given useful advice on managing our challenges and provided me with reassurance.

Excellent service - there was always someone on the end of the phone when needed

Dad said:" Definitely, it's amazing how bad things can get. Then someone like you comes and gives you advice and support, and things have really turned around for us."

Mum reported that the hub had put her family in touch with EISS – she is more confident in putting parenting strategies in place. They had also helped her source oil heating voucher and food and that the same worker has extended service to complete a piece of 1:1 work with her younger son.



Did intervention have positive outcomes?

After the sessions child has <u>improved</u> in her <u>confidence</u> and ability to think things through in her own time.

The young person found the sessions *positive* and *supportive*. They have learned *strategies to cope* and identify with anger & importantly, not to hit anyone, not to get cross and to stay in school.

The support has been very *helpful* in reflecting on the issues that are causing stress within the home.

"I am so *thankful* for the help that I received for myself and my little boy. It has made all the difference to us".

Mum reported there was <u>less conflict</u> and daughter gained <u>more resilience</u>. <u>Improved</u> <u>communication</u> between mum and daughter and also more ability to <u>manage feelings</u>.

<u>Reduced stress</u> and daughter more <u>integrated</u> into the family again.

100% helped me and my child - <u>everything has improved</u>.

An improved *confidence* and ability to explore factors that are influencing negatively on her behaviour.

Immediate presenting needs were met with *positive outcomes*.

Has found the advice and support In her words." Invaluable".