

# ***Feel Good***

## **ARMAGH**



**Your Guide to  
what is available  
for all ages in the  
Armagh Area**

# **SERVICES RESOURCE**

**JUNE 2025**



# ***Feel Good*** **ARMAGH**

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(See Overleaf)



**Armagh LPG**



**Funders & Thanks**



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# INTRODUCTION

Welcome to this free resource which gives you information on a range of support and opportunities for all ages in the Armagh area.

Many organisations and services in the Armagh area have come together to host the Feel Good Armagh event on The Mall on Saturday 7th June 2025.

This free event was organised for residents from all communities to find out what is available for support and activities to take part in for the local area. We have also organised activities for children, food/refreshments and music for everyone to enjoy.

You will find out more about the organisations involved on the following pages and about the Armagh Locality Planning Group at the back of this resource. You will also find out how to access this resource online.

Feel Good Armagh Planning Group  
7th June 2025

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## ORGANISATION DETAILS

**Address:** 82 Thomas Street, Portadown, BT62 3NU.

**E-mail:** [emma@abccommunitynetwork.com](mailto:emma@abccommunitynetwork.com)

**Tel. No.:** 028 38392777

**Website:** <https://www.abccommunitynetwork.com/>

**Facebook:**

<https://www.facebook.com/ABCCommNetwork/>

## AREA(S) COVERED

- Armagh Area
- All Urban and Surrounding Areas in ABC Council

## NAME OF SERVICE / PROGRAMME

- ABC Community Network
- ABC4Health

## WHEN DOES YOUR SERVICE RUN

Monday to Friday 9 - 5pm

Monday to Friday - Evenings

Saturday - When requested

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

ABC Community Network is a registered Charity and community development organisation that supports over 400 community groups and individuals.

We offer a range of activities, events, workshops and training opportunities to individuals and community groups across the ABC Council Area.

## AGES COVERED BY YOUR SERVICE

18+

## ADDITIONAL INFORMATION

N/A

## ORGANISATION DETAILS

**Address:** Ward 2, St Luke's Hospital, Armagh.  
**E-mail:** [access.information@southerntrust.hscni.net](mailto:access.information@southerntrust.hscni.net)  
**Tel. No.:** 028 37564300

## AREA(S) COVERED

- Armagh
- Other ABC Council Areas
- All Southern Trust

## NAME OF SERVICE / PROGRAMME

- Access & Information Service

## WHEN DOES YOUR SERVICE RUN

Monday to Friday 9am -5pm

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

We empower over 65's to remain independent at home whilst fulfilling all their Health & Social Care requirements. We assist MDT Professionals to facilitate safe and effective onward referrals from Acute & Community. This is achieved by working collaboratively with a range of teams including District Nursing, Occupational Therapy and Social Work. AGI have a wealth of expertise and experience, this is shared appropriately and signposting to community & voluntary services.

To promote independence and enhance overall well - being . Our motto is 'Heard First Time'.

## AGES COVERED BY YOUR SERVICE

65+ Social Work, Community OT, Reablement  
18+ other adult services

## ADDITIONAL INFORMATION

N/A



## ACTION MENTAL HEALTH

### ORGANISATION DETAILS

**Address:** 13 Church St, Portadown, Craigavon, BT62 3LN.  
**E-mail:** [lmcminn@amh.org.uk](mailto:lmcminn@amh.org.uk), [Eatingdisorders@amh.org.uk](mailto:Eatingdisorders@amh.org.uk)  
**Tel. No.:** 028 3839 2314  
**Website:** [www.amh.org.uk](http://www.amh.org.uk)

### AREA(S) COVERED

- Armagh
- Southern Trust Catchment Area Covered

### NAME OF SERVICE / PROGRAMME

- Eating Disorder Support Project and Mensanna Project (Mental Health Awareness)

### WHEN DOES YOUR SERVICE RUN

Days, Evenings

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Eating disorder support for adults affected by eating disorders. Support also available for carers of those affected by eating disorders. 'BodyTalk' Awareness raising workshop available to all schools (11+ years), youth and adult community groups free of charge, within the Southern Trust area.

Free Mental Health Awareness programmes / workshops available to all schools, youth groups and community groups in the Southern Trust area.

For more information and bookings please get in touch at the e-mail provided.

### AGES COVERED BY YOUR SERVICE

Youth and Adult - All Ages

### ADDITIONAL INFORMATION

N/A



## ADVOCACY VSV

### ORGANISATION DETAILS

**Address:** The Nautilus Centre, Rooney Road, Kilkeel, BT34 4AX.

**E-mail:** [niamh@advocacyvsv.com](mailto:niamh@advocacyvsv.com)

**Tel. No.:** 07852594677

**Website:** [www.advocacyvsv.com](http://www.advocacyvsv.com)

**Facebook:** AdvocacyVSV

**Instagram:** advocacyvsv

### AREA(S) COVERED

- Armagh Area
- Southern Trust: ABC, Newry & Mourne and Dungannon

### NAME OF SERVICE / PROGRAMME

- Advocacy VSV

### WHEN DOES YOUR SERVICE RUN

Monday to Friday: 9am to 5pm

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Advocating on behalf of and supporting both males and females who have been impacted by Sexual Violence. Covering the Southern Trust and offering support to those who are 16+.

The only Charity in NI to offer a specialist and professional support to victims in their own homes. Support can be for those who wish to pursue a criminal case and for those who are perhaps too frightened to report but need support and a safe place to process trauma.

### AGES COVERED BY YOUR SERVICE

16+

### ADDITIONAL INFORMATION

N/A





## ORGANISATION DETAILS

**Address:** Old Armagh City Hospital, 39 Abbey Street, Armagh, BT61 7DY.

**E-mail:**  
[stephanie.rock@armaghbanbridgecraigavon.gov.uk](mailto:stephanie.rock@armaghbanbridgecraigavon.gov.uk)

**Tel. No.:** 07825010630

**Website:**  
<https://www.armaghbanbridgecraigavon.gov.uk/resident/age-friendly-abc/>

## AREA(S) COVERED

- ABC Borough

## NAME OF SERVICE / PROGRAMME

- Age Friendly ABC - ABC Council

## WHEN DOES YOUR SERVICE RUN

Not Disclosed

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The ABC Age Friendly Strategy and Action Plan's vision is that people in the ABC area are valued regardless of age and are supported to age well and with confidence.

## AGES COVERED BY YOUR SERVICE

People aged 50+

## ADDITIONAL INFORMATION

N/A

## ORGANISATION DETAILS

E-mail: [southern@alzheimers.org.uk](mailto:southern@alzheimers.org.uk)

Tel. No.: 07918706096

Website: [www.alzheimers.org.uk](http://www.alzheimers.org.uk)

Facebook: [www.facebook.com/alzheimerssocietyuk](https://www.facebook.com/alzheimerssocietyuk)

Twitter: [www.twitter.com/alzheimerssoc](https://www.twitter.com/alzheimerssoc)

## AREA(S) COVERED

- Armagh
- Other ABC Council Areas
- All of Northern Ireland

## NAME OF SERVICE / PROGRAMME

Southern Trust Area:

- Dementia Support
- Dementia Information Programme
- Involvement
- Carer information Support Programme (CrISP)

## WHEN DOES YOUR SERVICE RUN

Monday to Friday 9am - 5pm

Dementia Support Line  
(0333 150 3456)

Mon to Wed 9am - 8pm

Thurs and Fri 9am - 5pm

Sat and Sun 10am - 4pm

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

If you need dementia support, we're here for you. Through local Dementia Advisers based across the whole of Northern Ireland, we give advice, support and practical guidance for the next steps as people affected navigate the hardest times of their lives.

Information can be provided by phone, email, online or through face-to-face visits. From the moment someone is first worried about memory loss to throughout their experience of living with dementia, we can help.

In addition to dementia support, we provide a range of other services (subject to location), including information programmes, peer support groups and [Singing for the Brain](#).

## AGES COVERED BY YOUR SERVICE

18+ Years

## ADDITIONAL INFORMATION

Contact: [southern@alzheimers.org.uk](mailto:southern@alzheimers.org.uk)  
or Local Dementia Adviser, Gemma  
Hanna on 07918706096

## ORGANISATION DETAILS

**E-mail:**

[Sophie.Lester@armaghbanbridgecraigavon.gov.uk](mailto:Sophie.Lester@armaghbanbridgecraigavon.gov.uk)

**Tel. No.:** 07909004666

**Website:** [www.armaghbanbridgecraigavon.gov.uk](http://www.armaghbanbridgecraigavon.gov.uk)

**Facebook:**

[www.facebook.com/armaghbanbridgecraigavon](https://www.facebook.com/armaghbanbridgecraigavon)

## AREA(S) COVERED

- Armagh,  
Banbridge &  
Craigavon  
Borough  
Council Area

## NAME OF SERVICE / PROGRAMME

- Community Development & Good  
Relations Department

## WHEN DOES YOUR SERVICE RUN

N/A

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

- Support with setting up a new Community Group
- Capacity Building Support for Community Groups
- Funding Support
- Delivery of Good Relations projects and programmes

## AGES COVERED BY YOUR SERVICE

All Ages

## ADDITIONAL INFORMATION

N/A

## ORGANISATION DETAILS

**Address:** Lough Neagh Discovery Centre, Lurgan.

**E-mail:**

[sportsdevelopment@armaghbridgescraigavon.gov.uk](mailto:sportsdevelopment@armaghbridgescraigavon.gov.uk)

**Tel. No.:** 03000300900

**Website:** <https://getactiveabc.com/get-moving/>

**Facebook:** <https://www.facebook.com/getactiveabc/>

## AREA(S) COVERED

- Borough wide in the delivery of programmes

## NAME OF SERVICE / PROGRAMME

- Get Moving ABC

## WHEN DOES YOUR SERVICE RUN

Varies depending on the programme

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Get Moving ABC aims to encourage, motivate and support everyone to be more active and achieve the Chief Medical Officers recommended Physical Activity Guidelines.

Programmes in the Armagh area include:

- MUGA (Multi Use Games Area) Programmes
- Multi Skills and Dance Camps during holiday periods
- Couch 2 5k
- Strength and Balance
- Get Out, Get Active Programmes including Tai Chi for Health and GOGA Fit
- Inclusive Sport and Leisure Programmes including Autism in Sport Programme and an Inclusive Summer Scheme
- All Out Trekking at Gosford Forest Park
- Get Businesses Moving
- Get Schools Moving

## AGES COVERED BY YOUR SERVICE

All Ages

## ADDITIONAL INFORMATION

N/A

## ORGANISATION DETAILS

**Address:** The Palace Stables, The Palace Demesne,  
Armagh, BT60 4EL.

**E-mail:** [pcsp@armaghbanbridgecraigavon.gov.uk](mailto:pcsp@armaghbanbridgecraigavon.gov.uk)

**Tel. No.:** 0300 0300 900

**Website:** <https://www.pcsp.org/>

**Facebook:**

[www.facebook.com/armaghbanbridgecraigavonpcsp](https://www.facebook.com/armaghbanbridgecraigavonpcsp)

**Instagram:** @abcpfsp

## AREA(S) COVERED

- Armagh
- Banbridge
- Craigavon

## NAME OF SERVICE / PROGRAMME

- Armagh, Banbridge & Craigavon  
Policing & Community Safety  
Partnership (PCSP)

## WHEN DOES YOUR SERVICE RUN

Not Disclosed

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

PCSPs have a range of duties which are set in legislation: Justice Act (Northern Ireland) 2011

- Consult and engage with the local community on the issues of concern in relation to policing and community safety. Each PCSP has a Policing Committee with a distinct responsibility to provide views to the relevant district commander and the Policing Board on policing matters;
- Identify and prioritise the particular issues of concern and prepare plans for how these can be tackled;
- Monitor the performance of the police and work to gain the co-operation of the public with the police in preventing crime; and
- Deliver a reduction in crime and enhance community safety in each district, directly through interventions, through the work of delivery groups or through support for the work of others.

PCSPs work with the community to identify issues of concern in the local area and prepare plans to deliver practical solutions and also work in partnership with other organisations which contribute to community safety in the area.

## AGES COVERED BY YOUR SERVICE

All ages depending on programme

## ADDITIONAL INFORMATION

ABC PCSP Action Plan 2024/25 includes:

Projects which aim to reduce Fear of Crime, Anti-Social Behaviour and help Reduce Harm including Watch schemes, programmes for young and older people, ASB diversionary and problem solving plus raising awareness of Road Safety, Domestic Violence and Drugs and Alcohol plus police engagement.



## ARMAGH PIPERS CLUB

### ORGANISATION DETAILS

**Address:** Áras na bPíobairí, 43 Scotch Street, Armagh, BT61 7DF.

**E-mail:** [info@armaghpipers.com](mailto:info@armaghpipers.com)

**Tel. No.:** 07712 809933

**Website:** [www.armaghpipers.com](http://www.armaghpipers.com)

**Facebook:** Armagh.pipersclub

### AREA(S) COVERED

- Armagh
- ABC Borough & Surrounding Council Districts

### NAME OF SERVICE / PROGRAMME

- Traditional Music Education Programme

### WHEN DOES YOUR SERVICE RUN

Monday evenings, 7-8pm for beginners and improvers, 8-9pm for advanced and senior students

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Armagh Pipers Club provides inexpensive weekly classes in eight instruments (banjo, accordion, concertina, fiddle, harp, flute, uilleann pipes and tin whistle) and singing.

The Club has 24 experienced tutors and class sizes are small to allow for individual attention.

There are currently around 200 students.

The Club has a relaxed, non-competitive ethos and can provide instruments on loan.

### AGES COVERED BY YOUR SERVICE

7-18 and Adults

### ADDITIONAL INFORMATION

N/A



## ARMAGH RURAL TRANSPORT

### ORGANISATION DETAILS

**Address:** Armagh Business Centre, Office Suite 1, 2  
Loughgall Rd., Armagh.

**E-mail:** [Admin@armaghruraltransport.com](mailto:Admin@armaghruraltransport.com)

**Tel. No.:** 02837518151

**Website:** <https://armaghruraltransport.com/>

**Facebook:** Armagh Rural Transport

### AREA(S) COVERED

- Armagh Area

### NAME OF SERVICE / PROGRAMME

- Armagh Rural Transport

### WHEN DOES YOUR SERVICE RUN

We operate Monday to Friday  
8am to 6pm plus weekends for  
group hire

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Our mission is to provide an inclusive accessible transport service to members primarily in the rural areas of Armagh City and District helping reduce isolation and promote positive health and wellbeing.

We operate a number of services:

- Dial a lift service to people living in rural areas
- Disability Action Service - town service
- Minibus hire
- Midas training

### AGES COVERED BY YOUR SERVICE

- People with disabilities
- Young people
- Mothers with pre-school children
- Unemployed people or people on low incomes
- Senior Citizens

### ADDITIONAL INFORMATION

N/A

### ORGANISATION DETAILS

**Address:** 39A Abbey Street, Armagh, BT61 7DY.

**Generic E-mail:** [familysupporthub@barnardos.org.uk](mailto:familysupporthub@barnardos.org.uk)

**Hub Co-Ordinator E-mail:**

[gillian.mckeown@barnardos.org.uk](mailto:gillian.mckeown@barnardos.org.uk) (Gillian McKeown)

**Tel. No.:** 028 37522380 / 07514724926

### AREA(S) COVERED

- Armagh
- Dungannon

### NAME OF SERVICE / PROGRAMME

- Family Support Hub

### WHEN DOES YOUR SERVICE RUN

Monthly Hub Meetings

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The Family Support Hub is a meeting of representatives from community, voluntary and statutory organisations who deliver services for children and families who are not open to Social Services in the Armagh & Dungannon area.

### AGES COVERED BY YOUR SERVICE

0-17 Year Olds

### ADDITIONAL INFORMATION

You can make a self-referral to the Family Support Hub or a referral can be made by anyone working on your behalf, i.e. teacher, doctor, health visitor or community group.



## ORGANISATION DETAILS

**Address:** Grange Building, Towerhill, Armagh, BT61 9DR.

**E-mail:** [posability@barnardos.org.uk](mailto:posability@barnardos.org.uk)

**Tel. No.:** 028 37414541

**Website:** [www.barnardos.org.uk/get-support/services/6th-sense](http://www.barnardos.org.uk/get-support/services/6th-sense)

**Facebook:** Advised of parent/young person Facebook page once sessions begin

## AREA(S) COVERED

- Armagh
- Southern Trust

## NAME OF SERVICE / PROGRAMME

- 6th Sense

## WHEN DOES YOUR SERVICE RUN

1.5 - 2 hours per per month.

Normally on a Saturday  
however day and time can vary.

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Bringing disabled and neurodiverse children and young people together each month.

Activities include influencing, capacity building and to explore social opportunities in the area.

## AGES COVERED BY YOUR SERVICE

8-24 Year Olds

## ADDITIONAL INFORMATION

N/A

## ORGANISATION DETAILS

**Address:** Grange Building, Towerhill, Armagh, BT61 9DR.

**E-mail:** [caroline.williamson@barnardos.org.uk](mailto:caroline.williamson@barnardos.org.uk)

**Tel. No.:** 028 37414541

**Website:** [www.barnardos.org.uk/get-support/services/transition-and-inclusion-service-tis](http://www.barnardos.org.uk/get-support/services/transition-and-inclusion-service-tis)

## AREA(S) COVERED

- Armagh
- Southern Trust Wide

## NAME OF SERVICE / PROGRAMME

- Transition and Inclusion Service

## WHEN DOES YOUR SERVICE RUN

Weekly 1-1 visits in the community at a time that suits the needs of the young person

Group work opportunities each month based in the community.

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Supports young people with a learning disability, Autism/ADHD and/or physical disability as they transition into adult services.

We provide 1-1 and group sessions focusing on life skills, advice, mentoring and improving access to services.

We create group work opportunities and social outings.

## AGES COVERED BY YOUR SERVICE

16-21 Year Olds

## ADDITIONAL INFORMATION

N/A

## ORGANISATION DETAILS

**Address:** 5 Glengall St Belfast (Staff are remote)

**E-mail:** [tmiles@belfastcentralmission.org](mailto:tmiles@belfastcentralmission.org)

**Tel. No.:** 07917304841

**Website:** [www.belfastcentralmission.org](http://www.belfastcentralmission.org)

**Facebook:** [www.facebook.com/wearebcmni](https://www.facebook.com/wearebcmni)

**Twitter:** <https://twitter.com/missionbelfast>

**Instagram:** [www.instagram.com/wearebcmni](https://www.instagram.com/wearebcmni)

## AREA(S) COVERED

- Armagh
- Dungannon
- Magherafelt

## NAME OF SERVICE / PROGRAMME

- Housing support for young people (HSYP)

## WHEN DOES YOUR SERVICE RUN

We can work with the person for 2 years and if the support is still required after this period there is an option of re-referring depending on need.

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

BCM (Belfast Central Mission) provides housing support for younger people aged 16-25, who are experiencing housing difficulties across Dungannon, Armagh, and Magherafelt. We are a free confidential service that provides guidance, advice, and support for up to 2 years, helping with things the person wants or needs support with, we are a person-centred led service that offers a high-quality service helping those most in need.

Things that we can help with: Help finding a new home, getting set up and settled. We can help the person maintain their home. We can help the person develop their independence. Signpost, and support educational, training and employment opportunities. Help with developing social supports in their area. And budgeting/income/benefits advice.

## AGES COVERED BY YOUR SERVICE

16-25 Year Olds

## ADDITIONAL INFORMATION

BCM HSYP can support people who are homeless, or at risk of homelessness, they can be in their own home, private rented home or in temporary accommodation, we can help support the individual to maintain their accommodation or find suitable accommodation for up to 2 years. We currently support 67 young people in the Armagh / Dungannon area. We are available Monday-Friday but can be flexible to meet the needs of the service user.

## ORGANISATION DETAILS

**Address:** 393 Holywood Road, Belfast, BT4 2LS.

**E-mail:** [info@cause.org.uk](mailto:info@cause.org.uk)

**Tel. No.:** 028 9065 0650

**Website:** [www.cause.org.uk](http://www.cause.org.uk)

**Facebook:** <https://www.facebook.com/CAUSEcarers>

**Instagram:** <https://www.instagram.com/cause.ni>

## AREA(S) COVERED

- Armagh
- All ABC Council Areas
- Southern Trust Wide

## NAME OF SERVICE / PROGRAMME

- Mental Health Family & Carer Advocate

## WHEN DOES YOUR SERVICE RUN

Monday to Friday (Hours may vary)

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

CAUSE understands that caring for someone with a serious and severe mental illness can be extremely challenging. We have a professional and compassionate team of staff who provide quality, confidential support and advocacy to those who are caring for someone with a mental health challenge that heavily impacts on their day to day.

## AGES COVERED BY YOUR SERVICE

Carer Adults

## ADDITIONAL INFORMATION

Range of Services include:

- One-to-one Advocacy
- Support group facilitation
- Helpline support
- Engaging with carers on service and policy development

## ORGANISATION DETAILS

**Address:** 1 Ravenhill Reach Close, Ormeau Embankment, Belfast, BT6 8RB.  
**E-mail:** [communications@cedar-foundation.org](mailto:communications@cedar-foundation.org)  
**Tel. No.:** 028 90461834  
**Website:** [www.cedar-foundation.org](http://www.cedar-foundation.org)  
**Facebook:** @cedarfoundation  
**Twitter:** @cedarfoundation  
**Instagram:** cedar\_ni

## AREA(S) COVERED

- Southern Trust

## NAME OF SERVICE / PROGRAMME

Children & Young People: Short Breaks 0-18 (A&D and N&M only), Youth Matters 0-18  
 Living Options: Floating support -18+  
 Community Inclusion: ABI Choices 18+ (Specialist Brain Injury), Arrow 18+ (Specialist Brain Injury)  
 Employability: SES Workable NI 16+, Skillset 16+  
 Inclusion Works (Brain Injury/ Learning Disability) 18+

## WHEN DOES YOUR SERVICE RUN

Various Times

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The Cedar Foundation delivers a range of services supporting individuals and families living with disability, autism, and brain injury to live the lives they choose.

We support over 2,500 individuals across Northern Ireland each year. Services include:

**Community Inclusion:** helping individuals with disabilities develop independence, social confidence and skills for daily living.

**Employability and Training:** helping adults with disabilities develop skills, find and sustain employment.

**Living Options:** support services, suited to adults with disability based on individual need.

## AGES COVERED BY YOUR SERVICE

See 'Name of Service' Section

## ADDITIONAL INFORMATION

We have specialist expertise in physical / sensory disability, autism, acquired brain injury and learning disability. Services are developed around the needs of individuals, promoting opportunity, choice, and inclusion at all life stages.



# CHILD BRAIN INJURY TRUST

## ORGANISATION DETAILS

Address: 1 Ravenhill Reach Close, Belfast, BT6 8RB.

E-mail: [info@cbituk.org](mailto:info@cbituk.org).

Tel. No: 02890 817145

Website: <https://childbraininjurytrust.org.uk/>

Facebook: <https://www.facebook.com/childbraininjurytrust>

Twitter: <https://x.com/cbituk>

Instagram: <https://www.instagram.com/cbituk/>

LinkedIn: <https://www.linkedin.com/company/child-brain-injury-trust/>

Pinterest: <https://uk.pinterest.com/childbraininjurytrust/>

YouTube: <https://www.youtube.com/user/cbit1>

## AREA(S) COVERED

- Armagh Area
- Northern, Southern, Southeastern, Western and Belfast Trust Areas
- UK-Wide Charity

## NAME OF SERVICE / PROGRAMME

- Acquired Brain Injury Family Support

## WHEN DOES YOUR SERVICE RUN

We are an as-needed service that will adjust to fit needs of the family. With typically hours being weekdays between 8-6, with some activities hosted in the evenings and weekends.

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The Child Brain Injury Trust (CBIT) provides vital support to children and young people who have acquired brain injuries, as well as their families and professionals involved in their care. CBIT offers practical and emotional assistance, helping families navigate complex medical, educational, and legal systems. They provide information, advocacy, and access to regional support coordinators, ensuring tailored help throughout recovery and development.

The charity also delivers training and resources for schools and professionals to enhance understanding and support. Through their services, CBIT empowers families, promotes inclusion, and advocates for the rights and needs of children affected by brain injuries.

## AGES COVERED BY YOUR SERVICE

0-25 (As long as injury is sustained before 18th birthday)

## ADDITIONAL INFORMATION

N/A

## ORGANISATION DETAILS

**Address:** SPPG, Dep. of Health, Tower Hill, Armagh BT61 9DR.

**E-mail:** [localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk)

**Tel. No.:** 02895 363966

**Website:** [www.cypsp.hscni.net](http://www.cypsp.hscni.net)

**Facebook:** [www.facebook.com/cypspni](https://www.facebook.com/cypspni)

**Twitter:** [www.twitter.com/cypsp](https://www.twitter.com/cypsp)

**Instagram:** [www.instagram.com/cypspni](https://www.instagram.com/cypspni)

**Linktree:** <https://linktr.ee/CYPSPLocalityPlanning>

## AREA(S) COVERED

- Armagh
- Other ABC Council Areas
- Southern Trust Area

## NAME OF SERVICE / PROGRAMME

- Armagh Locality Planning Group (LPG)

## WHEN DOES YOUR SERVICE RUN

5 days a week 9am-5pm  
(Monday-Friday)

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Armagh Locality Planning Group (LPG) is open to any practitioner (worker) or volunteer in the Armagh area, working towards improving lives of children, young people and parents/carers.

We hold 5 meetings a year for services/organisations to come together, share information, learn about what is available in the area, identify unmet need and take actions in partnership to address them.

We also have a fortnightly newsletter to inform on activities and opportunities for children, young people, parents/carers and practitioners in the local area, and invite anyone to contact us to receive this free resource.

## AGES COVERED BY YOUR SERVICE

Pre-birth to 18 (25 for young adults with a disability), parents & carers

## ADDITIONAL INFORMATION

Contact us on [localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk) to find out more and get included on our mailing list so we can send local information on opportunities for children, young people, parents/carers and practitioners.

## ORGANISATION DETAILS

**Address:** Floor 4, 3 Glengall St, Belfast, BT12 5AB.

**E-mail:** [ppinbox@ci-ni.org.uk](mailto:ppinbox@ci-ni.org.uk)

**Tel. No.:** 07340662469 / 0778037722

**Website:**

[www.ci-ni.org.uk/parentline/parent-participation-service](http://www.ci-ni.org.uk/parentline/parent-participation-service)

## AREA(S) COVERED

- All of Northern Ireland

## NAME OF SERVICE / PROGRAMME

- The Parent Participation Service

## WHEN DOES YOUR SERVICE RUN

Times vary.

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The Parent Participation Service seeks to facilitate engagement with parents ensuring their voices influence the activities of CYPSP. The project aims to build capacity within service provision in order to improve and develop strong co-production practice with parents.

Direct Participation - Supporting parents and organisations to become directly involved in the work of CYPSP.

Developing Partnerships - Nurturing relationships through transparency, trust, equality and kindness.

## AGES COVERED BY YOUR SERVICE

Parents and Carers All Ages

## ADDITIONAL INFORMATION

Contact [ppinbox@ci-ni.org.uk](mailto:ppinbox@ci-ni.org.uk) for further information.



## ORGANISATION DETAILS

**Address:** Slieve Gullion Courtyard, 89 Drumintee Rd, Killeavey, Newry BT35 7RD.

**E-mail:** [info@clanryegroup.com](mailto:info@clanryegroup.com) /

[jordi.boxberger@clanryegroup.com](mailto:jordi.boxberger@clanryegroup.com)

**Tel. No.:** 028 30898119

**Website:** <https://clanryegroup.com/>

**Facebook:** <https://www.facebook.com/clanryegroup/>

**Instagram:** <https://www.instagram.com/clanryegroup/>

**LinkedIn:** <https://www.linkedin.com/company/clanrye-group-limited/>

## AREA(S) COVERED

- Armagh Area
- Banbridge & Craigavon
- Newry, Mourne & Down

## NAME OF SERVICE / PROGRAMME

- Skills For Life & Work

## WHEN DOES YOUR SERVICE RUN

Monday to Thursday 9am to 3.30pm

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAUGH AREA

SfL&W is a training programme designed to help school leavers address personal and development needs and gain recognised skills and qualifications to help them move into employment or progress to higher level education or training. It has a duration of up to 3 years. Whilst on the programme, trainees will receive a weekly allowance of £40. The training centres are located in Slieve Gullion courtyard, Newry, and Mayfair Business Centre, Portadown. Clanrye offers four vocational qualifications: Retail, Horticulture, Construction and Hospitality. The last 2 delivered at the Southern Regional College, Newry or Portadown campus. Other qualifications included in the curriculum are Essential Skills (Literacy, Numeracy and ICT), personal development and employability.

## AGES COVERED BY YOUR SERVICE

16 to 21

## ADDITIONAL INFORMATION

N/A



## COMMUNITY ADVICE ABC (ARMAGH BANBRIDGE & CRAIGAVON LTD)

### ORGANISATION DETAILS

E-mail: [contact@adviceabc.co.uk](mailto:contact@adviceabc.co.uk)

Tel. No.: 03301359733

Website: [www.adviceabc.co.uk](http://www.adviceabc.co.uk)

Facebook: Community Advice ABC

Instagram: Community Advice ABC

### AREA(S) COVERED

- Armagh Area
- All ABC Area

### NAME OF SERVICE / PROGRAMME

- Community Advice ABC

### WHEN DOES YOUR SERVICE RUN

Monday - Friday 9am - 5pm

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Community Advice is a free and confidential service that helps people with everyday issues like housing, benefits and employment. We also have a specialist debt team to support those struggling with money and a dedicated Macmillan cancer benefits team to help people affected by cancer access the support they need.

Available throughout the ABC Area, we have main offices in Armagh, Banbridge, Lurgan and Portadown with outreaches in ALL 'PANTRY' social supermarkets, we are also in Markethill, Keady, Rathfriland, Women's Aid Portadown and Dromore.

To find your local pantry go to [www.yourlocalpantry.co.uk](http://www.yourlocalpantry.co.uk).

### AGES COVERED BY YOUR SERVICE

18 - 100+

### ADDITIONAL INFORMATION

WE ARE FREE INDEPENDENT &  
CONFIDENTIAL



CONFEDERATION OF  
COMMUNITY GROUPS

## CONFEDERATION OF COMMUNITY GROUPS

### ORGANISATION DETAILS

**Address:** Ballybot House, 28 Cornmarket Newry, Co. Down, BT35 8BG.

**E-mail:** [info@ccgnewry.org](mailto:info@ccgnewry.org)

**Tel. No.:** 02830261022

### AREA(S) COVERED

- Armagh Area
- ABC Council Area
- Newry & Mourne Council Area

### NAME OF SERVICE / PROGRAMME

- Good Morning Service

### WHEN DOES YOUR SERVICE RUN

Generally, service runs mornings  
5 days per week.

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Good Morning is a confidential telephone service for people who are feeling isolated and lonely. It is for anyone living in Newry and Mourne and the Armagh, Banbridge Craigavon council Areas. The service is a collaboration between CCG Newry and the Southern Health and Social Care Trust, and our volunteers. Users must be 60 or over and suffering from isolation, housebound, or a Carer. People can self refer to the service, or through their GP practice, a key worker, a friend/ family member, or through one of our partners in the Voluntary Sector.

### AGES COVERED BY YOUR SERVICE

60+

### ADDITIONAL INFORMATION

Often a Good Morning call can be the only voice one of users will hear all day. The Good Morning Service helps people feel connected, signposts them to services, and raises people's mood and sense of well-being. 97% of our users rate our service as 'Good' or 'Excellent'. The need for volunteers is greater than ever. We provide a flexible, enjoyable role with lots of training and social opportunities to help support our crucial volunteers.



## COUNTY ARMAGH COMMUNITY DEVELOPMENT

### ORGANISATION DETAILS

**Address:** 27a Main Street, Markethill, BT60 1PH.

**E-mail:** [david@cacd.org.uk](mailto:david@cacd.org.uk)

**Tel. No.:** 028 37552103

**Website:** [www.cacd.org.uk](http://www.cacd.org.uk)

### AREA(S) COVERED

- Armagh
- ABC Council Area
- Newry City and South Down

### NAME OF SERVICE / PROGRAMME

- Community Development Support Network

### WHEN DOES YOUR SERVICE RUN

Monday to Thursday:  
9.30am -2.30pm

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

County Armagh Community Development is a community development sub regional support network providing information, guidance and mentoring support to voluntary community organisations and groups in Armagh City, Banbridge & Craigavon Borough Council & Newry, Mourne & Down District Council. We offer a range of support services and accredited training to ensure that charities, community groups, sports clubs and social enterprises can thrive and continue to make a huge contribution to local life. CACD is a registered Helper Group with the Charity Commission for Northern Ireland, assisting people with the registration process and charity returns.

### AGES COVERED BY YOUR SERVICE

18+

### ADDITIONAL INFORMATION

N/A

### ORGANISATION DETAILS

**Address:** 167-169 Great Portland Street, 5th Floor, London, W1W 5PF.

**E-mail:** [northernireland@deafblind.org.uk](mailto:northernireland@deafblind.org.uk)

**Tel. No.:** 0800 132320

**Website:** [www.deafblind.org.uk](http://www.deafblind.org.uk)

**Facebook:** <https://www.facebook.com/DBUKCharity>

**Instagram:** [www.instagram.com/deafblindukcharity/](https://www.instagram.com/deafblindukcharity/)

### AREA(S) COVERED

- Armagh
- Across Northern Ireland

### NAME OF SERVICE / PROGRAMME

- Deafblind UK Community Sensory Connections

### WHEN DOES YOUR SERVICE RUN

Deafblind Helpline is available Monday to Thursday 9am - 5pm and 9am to 4:30pm on a Friday.

Please check local library opening times for their opening hours.

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Deafblind UK has received funding from the National Lottery Community Fund to deliver its Community Sensory Connections project across Northern Ireland.

This three-year project is a collaboration with Libraries NI to create accessible information hubs for people who are deafblind across Northern Ireland. The hubs will be accessible places where members of the community can be connected to support services from Deafblind UK and other local partner organisations.

### AGES COVERED BY YOUR SERVICE

All Ages

### ADDITIONAL INFORMATION

Deafblind UK have a range of other services available for people living with Dual Sensory Loss. Including Emotional Support, Children's and Young Peoples Service, Befriending, Virtual Social Opportunities, Employability and more.

## ORGANISATION DETAILS

**Address:** Armagh Jobs & Benefits Office, Alexander Road, Armagh.

**E-mail:** [CSNI@economy-ni.gov.uk](mailto:CSNI@economy-ni.gov.uk)

**Tel. No.:** 03002007820

**Website:** [www.nidirect.gov.uk/careers](http://www.nidirect.gov.uk/careers)

**Facebook:** Department for the Economy NI

**Twitter:** @Economy\_NI

**Instagram:** @economy\_ni

## AREA(S) COVERED

- Armagh
- ABC Council Area
- The DfE Careers Service covers all council areas in NI

## NAME OF SERVICE / PROGRAMME

- DfE Careers Service

## WHEN DOES YOUR SERVICE RUN

Telephone 03002007820 from 9.30 am - 4.30 pm

Careers webchat is available from 9.30 am to 4.30 pm from Monday to Friday

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The Careers Service provides free, impartial careers information, advice and guidance to young people, adults and parents/guardians, helping with subject choices, career planning and pathways into further education, training, apprenticeships or employment.

The service is delivered by professionally qualified Careers Advisers, delivering support through multiple channels - face-to-face, web chat, telephone or email across various settings including schools, community outreach and regional offices.

## AGES COVERED BY YOUR SERVICE

All age careers information, advice and guidance service

## ADDITIONAL INFORMATION

Outside of the above hours, or if staff are unavailable, you can visit [ask questions online](#) (External link opens in a new window / tab).

[Chat with Careers](#) (External link opens in a new window / tab).



## EARLY YEARS ORGANISATION : TOYBOX PROJECT

### ORGANISATION DETAILS

**Address:** 6C Apollo Road, Boucher Road, Belfast, BT12 6TA.

**Tel. No.:** 02890662825

**Website:** [www.early-years.org](http://www.early-years.org)

### AREA(S) COVERED

- Armagh
- Toybox works across Northern Ireland

### NAME OF SERVICE / PROGRAMME

- Toybox Project

### WHEN DOES YOUR SERVICE RUN

Weekdays 9am -5pm

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Toybox is an outreach home visiting service carrying out play sessions. Toybox aims to reduce social and educational inequalities experienced by Traveller and Roma children. The programme empowers parents to support their children's early learning and development within the home environment.

Through a strong partnership approach involving a range of key stakeholders, Toybox promotes the inclusion of Traveller and Roma families in Sure Start, pre-school, and primary school settings. The programme also serves as an advocacy initiative, working to improve access to and the quality of services for children and their families.

Toybox is committed to fostering inclusive educational experiences and supporting families to engage confidently with local services, ensuring every child has the opportunity to thrive.

### AGES COVERED BY YOUR SERVICE

0-4 Years

### ADDITIONAL INFORMATION

Toybox also support expectant mothers as they prepare for parenthood.

## ORGANISATION DETAILS

**Address:** Lisanally Lane, Armagh, BT61 7HF.

**E-mail:** [Breigeen.Shields@eani.org.uk](mailto:Breigeen.Shields@eani.org.uk)

**Tel. No.:** 02837511400

**Website:** [www.eani.org.uk/epicentre-armagh](http://www.eani.org.uk/epicentre-armagh)

**Facebook:** [www.facebook.com/EpicentreArmagh](https://www.facebook.com/EpicentreArmagh)

## AREA(S) COVERED

- Armagh Area

## NAME OF SERVICE / PROGRAMME

- Epicentre

## WHEN DOES YOUR SERVICE RUN

Epicentre provides youth provision 4 evenings a week.

Monday - YES programme 7pm-9pm

Tuesday - Juniors (P4-p7) 4pm-6pm & Seniors (yr 8+) 6.45pm-9.15pm

Thursday - Seniors (yr 10+) 6.45pm-9.15pm

Friday - Intermediates (P7-yr 9) 6.45pm-9.15pm

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

All Youth work delivered in the centre and by the Education Authority is designed to improve the well-being of children and young people through:

- Improving physical and mental health
- Enjoyment of play and leisure
- Learning and achievement
- Living in safety and stability
- Economic and environmental well-being
- Making a positive contribution to society
- Living in a society which respects their rights
- Living in a society in which equality of opportunity and good relations are promoted

## AGES COVERED BY YOUR SERVICE

9-25 yrs

## ADDITIONAL INFORMATION

Young people can attend different programmes which are age specific along with a range of workshops with input from outside agencies.



## ORGANISATION DETAILS

**Address:** Banbridge Youth Centre, Hill Street,  
Banbridge, BT32 4DP.

**E-mail:** [catherine.carr@eani.org.uk](mailto:catherine.carr@eani.org.uk)

**Tel. No.:** 07902701085

**Website:** [www.eani.org.uk/services/youth-service](http://www.eani.org.uk/services/youth-service)

**Facebook:** [www.facebook.com/EAFLAREproject](https://www.facebook.com/EAFLAREproject)

**Twitter:** <https://twitter.com/eayouthservice>

**Instagram:** [www.instagram.com/educationauthority](https://www.instagram.com/educationauthority)

## AREA(S) COVERED

- Armagh Area
- Other ABC Council Areas
- Regional Service: Catherine Carr covers Armagh, Banbridge and Craigavon

## NAME OF SERVICE / PROGRAMME

- FLARE - Part of the Education Authority Youth Service

## WHEN DOES YOUR SERVICE RUN

Times and Dates are Subject to the Needs of Young People/Group Work/1:1 Work

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

FLARE offer, through a youth worker, a social inclusion model of practice to engage young people with moderate mental health needs or risks. We aim to support young people to build the internal reserves of confidence, resilience and positive aspirations that we know can provide the best opportunity to promote mental wellbeing and providing the best foundation for enabling young people to thrive.

- 1:1 Individual Work
- Building Capacity
- Group Work

## AGES COVERED BY YOUR SERVICE

Regional - All over Northern Ireland

## ADDITIONAL INFORMATION

FLARE support young people to develop their personal strengths and capabilities towards positive mental wellbeing.



## LEGION OF MARY

### ORGANISATION DETAILS

**Address:** c/o 1-5 Chapel Lane, Armagh.

**E-mail:** [toal.denise@gmail.com](mailto:toal.denise@gmail.com)

**Tel. No.:** 07856 172206

### AREA(S) COVERED

- Armagh, Keady, Ballymacnab, Portadown
- Moy, Dungannon, Ballygawley
- All over Northern Ireland, Ireland & Worldwide

### NAME OF SERVICE / PROGRAMME

- The Legion of Mary are a lay apostolate organisation found worldwide with roughly 5 million active members

### WHEN DOES YOUR SERVICE RUN

Junior (7 - 11 yo's) & Intermediate (12-17yo's) meetings are Mondays @ 6pm in Armagh.

Adult meetings are Tuesdays at 6.15pm in Armagh.

Services we provide (such as visitation) are arranged as needed.

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

We provide a prayer and formation group for children and adults with weekly Praesidium meetings with our prayer centred on the Rosary.

We work alongside the Parish Priest to help with certain needs arising in the local community.

Some of our works include visiting care homes and people who are housebound and also visits to local schools throughout the year.

### AGES COVERED BY YOUR SERVICE

7 Years +

### ADDITIONAL INFORMATION

The meetings in areas outside of Armagh City occur at different times.

Please get in contact for more information.

## ORGANISATION DETAILS

**Address:** Libraries NI Headquarters: Lisburn City Library, 23 Linenhall Street, Lisburn, Co. Antrim, BT28 1FJ.

**E-mail:** [enquiries@librariesni.org.uk](mailto:enquiries@librariesni.org.uk)

**Tel. No.:** 0345 450 4580

**Website:** [www.librariesni.org.uk](http://www.librariesni.org.uk)

**Facebook:** [www.facebook.com/LibrariesNorthernIreland](https://www.facebook.com/LibrariesNorthernIreland)

**Twitter:** <https://twitter.com/LibrariesNI>

**Instagram:** [www.instagram.com/librariesni](https://www.instagram.com/librariesni)

## AREA(S) COVERED

- Armagh
- Other ABC Council Areas
- Whole of NI

## NAME OF SERVICE / PROGRAMME

- Public Library Services

## WHEN DOES YOUR SERVICE RUN

Branches are open a mixture of morning, afternoon and evening shifts.

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Libraries NI provides free access to a range of reading material (including books, eBooks, eAudiobooks and eMags).

We also provide a range of activities for all ages: Rhythm and Rhyme, Story-Time, Lego Clubs, Craft Sessions, Junior Book Clubs, Adult Books Clubs, Knit and Natter.

Libraries NI also provides space for families to enjoy books, do homework and gain free access to Wi-fi or computers with their library card.

## AGES COVERED BY YOUR SERVICE

All Ages

## ADDITIONAL INFORMATION

We cover the whole ABC Council Area, with 10 branch libraries, a Heritage Library, a Mobile Library service and a Homecall Service.

### ORGANISATION DETAILS

**Address:** 23a Castle Lane, Lurgan, BT67 9BD.

**E-mail:** [info@linkscounselling.com](mailto:info@linkscounselling.com)

**Tel. No.:** 028 3834 2825

**Website:** [www.linkscounselling.com](http://www.linkscounselling.com)

**Facebook:** Links Counselling Service

**Instagram:** linkscounselling

### AREA(S) COVERED

- Armagh Area
- Other ABC Council Areas: Lurgan & Tandragee

### NAME OF SERVICE / PROGRAMME

- Community Service

### WHEN DOES YOUR SERVICE RUN

Monday to Thursday 9am to 9pm  
Friday 9am to 130pm

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Links Counselling Service is a charity that exists to make counselling accessible to everyone within the community. We offer professional counselling for children, young people, adults, and couples to ensure that no one journeys alone. Our team of highly skilled counsellors are trained to work with a variety of issues including: depression, anxiety, grief, low self-esteem, relational issues, symptoms of trauma, suicidal ideation, and self-harm.

### AGES COVERED BY YOUR SERVICE

Adults, Children and Young People,  
Couples

### ADDITIONAL INFORMATION

N/A

### ORGANISATION DETAILS

**Address:** Macmillan Information Centre

**E-mail:**

[macmillaninfosupport@southerntrust.hscni.net](mailto:macmillaninfosupport@southerntrust.hscni.net)

**Tel. No.:** 02837 561001

**Website:** Our Trust website page is currently under review (Use: <https://www.macmillan.org.uk/cancer-information-and-support/in-your-area?pcode=>)

**Facebook:** [www.facebook.com/SouthernHSCT](https://www.facebook.com/SouthernHSCT)

### AREA(S) COVERED

- Armagh Area
- ABC Council Area
- We cover the whole of the Southern Trust

### NAME OF SERVICE / PROGRAMME

- Macmillan Information and Support Service

### WHEN DOES YOUR SERVICE RUN

Macmillan Information Centre Drop in: Monday to Friday 10am-4pm\*

Macmillan Information and Support phone line: Monday to Friday 9am - 5pm\*

\*Excluding Bank and Public Holidays

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Access to free and confidential information and support for people living with and beyond cancer, their family and friends either face to face, over the telephone or through email.

It offers signposting and referral to counselling, complementary therapy, programmes to improve wellbeing, information on work and cancer, benefits advice, self-help and support and an understanding and compassionate listening ear.

Help navigating the healthcare system and with linking in with the right person at the right time.

### AGES COVERED BY YOUR SERVICE

18+

### ADDITIONAL INFORMATION

Telephone: 02837 561001

Email:

[macmillaninfosupport@southerntrust.hscni.net](mailto:macmillaninfosupport@southerntrust.hscni.net)



## NICMA - THE CHILDMINDING ASSOCIATION

### ORGANISATION DETAILS

**Address:** Elizabeth House, Suite 3, 116-118 Holywood Road, Belfast, BT4 1NU.

**E-mail:** [info@nicma.org](mailto:info@nicma.org).

**Tel. No.:** 028 9181 1015

**Website:** [www.nicma.org](http://www.nicma.org).

**Facebook:** nicmathechildmindingassociation

**Twitter:** @NICChildminding

**Instagram:** @nicma\_ni

### AREA(S) COVERED

- Regional (including Southern Trust area)

### NAME OF SERVICE / PROGRAMME

- Registered Childminding & Approved Home Childcare

### WHEN DOES YOUR SERVICE RUN

The NICMA team are available Monday to Thursday 9am-4pm and Fridays from 9am-1pm.

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

NICMA was established in 1984 as a charity and membership organisation to support and develop registered childminding for the benefit of children, families and communities. The NICMA team welcome all enquires, whether you are interested in a career in home based childcare, or are a parent considering your childcare options.

### AGES COVERED BY YOUR SERVICE

Applicants must be over 18, to provide home based childcare for ages 0-12

### ADDITIONAL INFORMATION

N/A

## ORGANISATION DETAILS

E-mail: [support@nirdp.org.uk](mailto:support@nirdp.org.uk)

Tel. No.: 0770 447 2723

Website: [www.nirdp.org.uk](http://www.nirdp.org.uk)

Facebook: [facebook.com/NIRDP.org](https://facebook.com/NIRDP.org)

Instagram: [@nirdp\\_ni](https://www.instagram.com/nirdp_ni)

## AREA(S) COVERED

- Armagh Area
- All Northern Ireland

## NAME OF SERVICE / PROGRAMME

- Northern Ireland Rare Disease Partnership (NIRDP)

## WHEN DOES YOUR SERVICE RUN

Monday to Friday

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The Northern Ireland Rare Disease Partnership (NIRDP) is a charity dedicated to connecting, supporting, and advocating for individuals and families affected by rare, unknown, or undiagnosed conditions across Northern Ireland.

NIRDP brings together patients, carers, clinicians, researchers, and policymakers to improve services, raise awareness, and influence positive change in health and social care.

Through regional events, information sharing, and collaboration, NIRDP ensures that the voices of those living with rare conditions are heard and represented.

NIRDP operates a Rare Disease Support Hub, offering information, guidance, and peer support for anyone impacted by a rare or undiagnosed condition.

## AGES COVERED BY YOUR SERVICE

All Ages

## ADDITIONAL INFORMATION

NIRDP also runs a Power of Connection support group for patients and carers affected by rare conditions, meeting regularly at the Dobbin Street Community Centre, Armagh.

### ORGANISATION DETAILS

**Address:** ABC Council Area

**E-mail:** [Jennifer.hamill@nowgroup.org](mailto:Jennifer.hamill@nowgroup.org)

**Tel. No.:** 07706326821

**Website:** <https://www.nowgroup.org/>

**Facebook:** <https://www.facebook.com/nowgrouporg>

### AREA(S) COVERED

- Armagh, Banbridge, Craigavon Area
- All council areas in the North
- We also cover Dublin & provide a Digital Service in Galway

### NAME OF SERVICE / PROGRAMME

- Skillset: Training Jobs Academies (Age 16+)
- In-Work Support Programme (Workable)

### WHEN DOES YOUR SERVICE RUN

All year round. There is no time limit on our Skillset programme. We meet on a one-to-one basis in a public place such as a coffee shop, library, somewhere of the participants choosing during the week.

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

We support people who are neurodiverse, autistic, have ADHD, learning disability or learning difficulty. We operate across all of Northern Ireland as well as the counties of Donegal, Dublin, Monaghan, Cavan, Louth and Meath delivering innovative programmes and services list below.

- We provide participant-led, tailored support for those seeking sustainable employment. Each participant in our academies is assigned an employment officer who guides them throughout their journey.
- Our In-Work Support Programme helps employees with health conditions and disabilities thrive in their employment. It is tailored to individual needs and offers varying levels of support.
- It also provides advice and guidance to both employees and employers regarding reasonable adjustments in the workplace.

### AGES COVERED BY YOUR SERVICE

Participants must be aged 16+.

### ADDITIONAL INFORMATION

Participants do not need a formal diagnosis, and we do require any evidence of any medical records. Participants must be out of full-time education.



## ORGANISATION DETAILS

**Address:** Floor 4, 3 Glengall Street, Belfast.

**E-mail:** [parentline@ci-ni.org.uk](mailto:parentline@ci-ni.org.uk)

**Tel. No.:** 0808 8020 400

**Website:** [www.ci-ni.org.uk/parentline](http://www.ci-ni.org.uk/parentline)

**Facebook:** [facebook.com/parentlineNI](https://facebook.com/parentlineNI)

## AREA(S) COVERED

- Armagh
- Other ABC Council Areas
- Southern Trust Wide
- Regional Service, covers all NI

## NAME OF SERVICE / PROGRAMME

- Parentline NI

## WHEN DOES YOUR SERVICE RUN

We are open:

- Mon-Thurs 9am-9pm
- Fri 9am-5pm
- Sat 9am-1pm

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Parentline NI are the regional helpline for parents and carers in Northern Ireland. Here for support, advice and guidance and a listening ear.

Every parent will feel valued, respected and nurtured on every call and are encouraged to both spend time connecting with their children and treating themselves with care and compassion.

## AGES COVERED BY YOUR SERVICE

Parents and Carers All Ages

## ADDITIONAL INFORMATION

Parentline NI is a free and confidential service with no waiting lists.

Call us today.

### ORGANISATION DETAILS

**Address:** 50 Mill Street, Newry, BT34 1AG. / 39-41 Union Street, Lurgan, BT66 8DY.

**E-mail:** [info@pipshopeandsupport.org](mailto:info@pipshopeandsupport.org)

**Tel. No.:** Newry: 028 3026 6195 / Lurgan: 028 3831 0151

**Website:** [www.pipshopeandsupport.org](http://www.pipshopeandsupport.org)

**Facebook:** [www.facebook.com/pipshopeandsupport](http://www.facebook.com/pipshopeandsupport)

**Twitter:** <https://twitter.com/PIPSHopeSupport>

**Instagram:** [www.instagram.com/pipshopeandsupport](http://www.instagram.com/pipshopeandsupport)

**Other:** [www.youtube.com/channel/](http://www.youtube.com/channel/)

### AREA(S) COVERED

- Armagh
- Banbridge, Craigavon, Portadown
- All Areas within SHSCT

### NAME OF SERVICE / PROGRAMME

- We provide crisis intervention to those in need and also provide support for those bereaved by suicide.

### WHEN DOES YOUR SERVICE RUN

PIPS is open in both Newry & Lurgan Monday to Friday 9am - 5pm.

Drop-in for WELL-Bean Café in Newry (3 River St):

Fridays 5-10pm, Saturdays & Sundays 12-7pm, Mondays 5-10pm

Alternatively, call 028 3044 2326 during operational hours to make an appointment to attend in person, or 028 3026 6195 outside of operational hours.

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAUGH AREA

PIPS Hope and Support provides a wide range of professional counselling & therapies to those in crisis, suffering with high levels of anxiety & depression or experiencing suicidal thoughts, including: Person Centred Therapy, Art Therapy, Play Therapy, Complementary Therapy & Bereavement Support. We deliver information / education awareness workshops, presentations and talks.

Our bereavement support group is open to anyone who has experienced the loss of a loved one through suicide, whether they are family members, friends, or acquaintances. This support provides members with an experience of healing and community with other survivors. In addition, it gives participants an opportunity to join in a process which leads to comfort, support & information exchange.

### AGES COVERED BY YOUR SERVICE

- Training and awareness workshops from 8yrs +
- Counselling & Complementary Therapies 18yrs +
- Bereavement Support - Bereaved Families including children

### ADDITIONAL INFORMATION

**Our Motto:** Kindness, Compassion and Respect

**Our Vision:** A world where suicide, self-harm and stigma have been replaced by HOPE, self-care and acceptance



## REACT

### ORGANISATION DETAILS

**Contact:** Pdraig McBrien (Project Officer Mentor Programme)

**Address:** Unit 14 Armagh Shopping Centre, Thomas Street. (Above Eurospar)

**E-mail:** [pdraigreactni@gmail.com](mailto:pdraigreactni@gmail.com)

**Tel. No.:** 07709134680

### AREA(S) COVERED

- REACT LTD operates primarily in the County Armagh, Mourne and Tyrone areas

### NAME OF SERVICE / PROGRAMME

- Schools, Homes and Community 1-1 Mentoring Programme (10-18years)
- Victim and Survivor Services (Victims of the Troubles Services)
- Outreach Work and Services
- Youth Programmes, Drop in and Youth Workshops (10-18years)

### WHEN DOES YOUR SERVICE RUN

Monday to Thursdays 9am-8pm.

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

REACT LTD has 25 years experience of successfully delivering a range of community support, development and relations projects. REACT currently delivers a range of support services to victims and survivors of the Northern Ireland Troubles and to children and young people primarily identified as at risk, vulnerable or disadvantaged.

REACT recognises that addressing all the needs of victims and survivors, children and young people is not easily or effectively achieved by working alone, and that by working in partnership and collaboration with a range of statutory and community agencies we can better meet the needs of service users and our community.

Most importantly, REACT continues to rise to the challenge of dealing with developing needs within the community, promoting empowerment and peace, and being mindful of how best to provide accessible and responsive services that support and transform the lives of those most in need, vulnerable and disadvantaged.

### AGES COVERED BY YOUR SERVICE

10-18years & 18years +

### ADDITIONAL INFORMATION

At REACT we believe that Trauma can be healed by friendship, working, growing and digging in the soil. Throughout the year we encourage seasonal activities that bring together all the families to promote togetherness.

Our Spring to Summer Allotment is always worth a visit. Our September to December Halloween and Christmas events are always nights to remember.



## ROSIE'S TRUST

### ORGANISATION DETAILS

**Address:** 2 Queen's Parade, Fountain Centre, Bangor, BT20 3BJ.

**E-mail:** [mail@rosiestrust.org](mailto:mail@rosiestrust.org)

**Tel. No.:** 028 91641340

**Website:** [www.rosiestrust.org](http://www.rosiestrust.org)

**Facebook:** Rosie's Trust

**Twitter:** @RosiesTrust

**Instagram:** @rosiestrust

### AREA(S) COVERED

- Armagh
- All ABC Council Area
- All of NI except the Western Health Trust Area

### NAME OF SERVICE / PROGRAMME

- Rosie's Trust

### WHEN DOES YOUR SERVICE RUN

7 days a week, 365 days a year between 8.30am and 7.30pm (with the exception of foster which is naturally a 24 hour service)

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Rosie's Trust is Northern Ireland's only charity dedicated to helping cancer patients, those receiving end of life care and older people with a disability hold on to their companion pets at a time when they need each other the most.

### AGES COVERED BY YOUR SERVICE

Cancer Patients and people receiving end of life care 18+ and people over 65 with mobility issues

### ADDITIONAL INFORMATION

N/A

## ORGANISATION DETAILS

Armagh & Dungannon Area:

Tracey Powell - 028 37 564495

[Tracey.powell@southerntrust.hscni.net](mailto:Tracey.powell@southerntrust.hscni.net)

Catherine McCormack - 028 37 564494

[Catherine.mccormack@southerntrust.hscni.net](mailto:Catherine.mccormack@southerntrust.hscni.net)

## AREA(S) COVERED

- Armagh
- Banbridge & Craigavon
- SHSCT Area

## NAME OF SERVICE / PROGRAMME

- Community Development Team

## WHEN DOES YOUR SERVICE RUN

N/A

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Community Development Workers within the trust have a dual role:

- Supporting people in local communities to set up and sustain community initiatives and self-help groups to improve health and wellbeing.
- Supporting Trust staff to better understand the benefits of collaborative working with local communities and to maximize the opportunities to do so.

We improve health and wellbeing by addressing health needs. This is achieved through supporting staff and community organisations to empower communities, build connections and drive change.

## AGES COVERED BY YOUR SERVICE

All

## ADDITIONAL INFORMATION

For more information on community development work within the Southern Health and Social Care Trust, see:

<https://southerntrust.hscni.net/health-wellbeing/>



## ORGANISATION DETAILS

E-mail: [user.involvement@southerntrust.hscni.net](mailto:user.involvement@southerntrust.hscni.net)

Tel. No.: 028 3756 4474

Website: <https://southerntrust.hscni.net/involving-you>

## AREA(S) COVERED

- Armagh
- Banbridge & Craigavon
- SHSCT Area

## NAME OF SERVICE / PROGRAMME

- User Involvement Team

## WHEN DOES YOUR SERVICE RUN

9am-5pm Monday - Friday, but our team will meet with groups outside of these hours.

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

We work across the Southern Trust to support colleagues to include service users and carers in improving the services the Trust provides. We deliver training on what user involvement is, ways to bring this into practice and to support service users and carers. We are always looking for service users and carers to expand our Community of Involvement - a team of service users, carers and staff to work together to make improvements within services.

## AGES COVERED BY YOUR SERVICE

All Ages

## ADDITIONAL INFORMATION

N/A



## SOUTHERN TRUST - SHORT BREAKS SERVICE

### ORGANISATION DETAILS

**Address:** Hill Building, St Luke's Hospital, Loughgall Road, Co. Armagh, BT61 7NQ.

**E-mail:** [Shortbreaks.team@southerntrust.hscni.net](mailto:Shortbreaks.team@southerntrust.hscni.net)

**Tel. No.:** 02837 564350

**Website:**

<https://southerntrust.hscni.net/service/children-with-disabilities/short-breaks-team/>

### AREA(S) COVERED

- Armagh
- Newry and Mourne
- Dungannon / South Tyrone

### NAME OF SERVICE / PROGRAMME

- Short Breaks Service

### WHEN DOES YOUR SERVICE RUN

Applicable all year

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Short Break foster care is a reliable and flexible service designed to give parents of children with disabilities a regular overnight break.

We urgently require more carers to meet growing demands of children who require a short break.

We ask prospective carers to be able to commit to providing a minimum of one overnight of care per month in their own home. We offer dedicated support, allowances/expenses and bespoke training.

### AGES COVERED BY YOUR SERVICE

0-18 Years Old

### ADDITIONAL INFORMATION

N/A



## SPORT CHANGES LIFE

### ORGANISATION DETAILS

**Address:** Argyle Business Centre, 39 North Howard Street, Belfast, BT13 2AP.

**E-mail:** [info@sportchangeslife.com](mailto:info@sportchangeslife.com)

**Tel. No.:** 028 9621 8637

**Website:** <https://sportchangeslife.com>

**Facebook:** Sport Changes Life

**Twitter:** @Sportchanges

**Instagram:** @sportchangeslife

**LinkedIn:** Sport Changes Life Foundation

**TikTok:** @sportchangeslife

### AREA(S) COVERED

- Armagh, Banbridge and Craigavon
- Mid Ulster
- Newry, Mourne and Down

### NAME OF SERVICE / PROGRAMME

- Sport Changes Life

### WHEN DOES YOUR SERVICE RUN

All Sessions run weekdays  
between 9am - 9pm

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The Sport Changes Life Foundation is a Belfast-based charity using the power of sport to raise aspirations and create positive change in the lives of young people and older adults. Through community-driven programmes, we work to improve health and wellbeing, support educational achievement, increase access to employment opportunities, and promote peace and reconciliation through sport led intervention initiatives in schools and communities. Our mission is to inspire individuals of all ages to believe in themselves and build brighter, more connected futures.

### AGES COVERED BY YOUR SERVICE

All Ages

### ADDITIONAL INFORMATION

Please contact us for more information regarding sessions in your area or if you are interested in joining any of our sessions.



## ORGANISATION DETAILS

**Address:** Mount Zion House, Edward Street, Lurgan, Co. Armagh, BT66 6BD.

**E-mail:** [info@start360.org](mailto:info@start360.org).

**Tel. No:** 028 38322714

**Website:** [www.start360.org](http://www.start360.org)

**Facebook:** <https://www.facebook.com/Start360org>.

**Twitter:** <https://x.com/Start360org>.

**Instagram:** <https://www.instagram.com/start360org/>

**LinkedIn:** <https://www.linkedin.com/company/start360org/>

**TikTok:** <https://www.tiktok.com/@start360org>.

## AREA(S) COVERED

- Armagh
- Banbridge & Craigavon Areas
- Newry and Mourne Areas - South Armagh, South Down
- Mid-Ulster (Southern) Area - Dungannon, Coalisland, Fivemiletown

## NAME OF SERVICE / PROGRAMME

- Connections Service - Southern Trust
- Targeted Lifeskills Service - Southern Trust
- Protect Life - Southern Trust

## WHEN DOES YOUR SERVICE RUN

Connections - Monday to Friday, morning, afternoon and evening sessions available as required.

Targeted Lifeskills - As above.

Protect Life - Tuesday to Friday via appointment.

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

- The Connections Service develops and delivers drug and alcohol-related projects, events and initiatives, working closely with local community groups and forums, service user representatives/networks and with drug and alcohol service providers ensuring that emerging trends, issues of concern and gaps or pressures in service delivery are addressed appropriately.
- Targeted Lifeskills offers 4 - 8 Lifeskills and Harm Reduction sessions to groups of young people from 11-21 focusing on addressing harmful behaviours around substances.
- Protect Life is a mentoring programme supporting vulnerable young people aged 11-24 with issues/concerns such as: suicidal ideation, suicide prevention, self-harm and emotional health & well-being issues across the Southern Trust.

## AGES COVERED BY YOUR SERVICE

Connections - All ages

Targeted Lifeskills - 11 - 21

Protect Life - 11 - 24

## ADDITIONAL INFORMATION

All services are funded by the Public Health Agency and are free of charge.



# THE BRAIN INJURY FOUNDATION

## ORGANISATION DETAILS

**Address:** 23 Newry Road, Camlough, Newry, BT35 7JP.

**E-mail:** [management@thebraininjuryfoundation.com](mailto:management@thebraininjuryfoundation.com)

**Tel. No.:** 028 3083 9943 (Landline), 07511 210281 (Olive), 07511 210293 (Claire)

**Website:** [www.thebraininjuryfoundation.com](http://www.thebraininjuryfoundation.com)

**Facebook:** Brain Injury Foundation

## AREA(S) COVERED

- Armagh
- Portadown, Milford
- Southern Trust Wide
- Southern Trust with premises in Camlough outside Newry

## NAME OF SERVICE / PROGRAMME

- The Brain Injury Foundation (BIF)

## WHEN DOES YOUR SERVICE RUN

Camlough

Monday: 11-12 - Introduction to Irish Language

Tuesday: 10.30-12.30 - Crafts, Pool, Movie, Bingo, Quizzes (week about), 12.30-1 - Lunch 1-2 - Boccia

Wednesday: 7.30-9.30 - Pool Practice

Thursday: 11.30-1 - Art Therapy

Friday: 7.30-9.30 Boccia

Armagh

Tuesday: 2-4 - Horticulture

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Our vision is:

"People with brain injuries, their carers and families have access to all the supports they need to create meaningful and sustainable lifestyles."

Our aims are:

- To empower brain injury survivors and their carers and families to design, deliver and monitor a programme of activities and a range of services which enhance their quality of life and address their needs, in particular social isolation
- To provide brain injury survivors, their families and carers with information and emotional support
- To raise awareness of the needs of brain injury survivors, their carers and families

## AGES COVERED BY YOUR SERVICE

18+

## ADDITIONAL INFORMATION

N/A



## THE CONSERVATION VOLUNTEERS

### ORGANISATION DETAILS

**Address:** Beech House, 159 Ravenhill Road, Belfast, BT9 0BP.

**E-mail:** [j.mcgetrick@tcv.org.uk](mailto:j.mcgetrick@tcv.org.uk) or [kathy.dawson@tcv.org.uk](mailto:kathy.dawson@tcv.org.uk)

**Tel. No.:** 07764655646 or 07483050764

**Website:** [www.tcv.org.uk/northernireland](http://www.tcv.org.uk/northernireland)

**Facebook:** The Conservation Volunteers Northern Ireland

### AREA(S) COVERED

- Armagh
- All ABC Areas
- All Across NI

### NAME OF SERVICE / PROGRAMME

- Community Gardens, Allotments, Green Gym

### WHEN DOES YOUR SERVICE RUN

We run weekday mornings, afternoons and evenings.

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

We provide opportunities across Northern Ireland to connect people with green spaces, to improve the environment, improve health and wellbeing, and learn new skills. Activities include: improving green spaces, nature conservation, environmental activities, food growing, wildlife gardening, horticulture, practical conservation skills.

### AGES COVERED BY YOUR SERVICE

18+

### ADDITIONAL INFORMATION

Times and activities can be tailored to meet the needs of the group.

**ORGANISATION DETAILS**

**Address:** Ballybot House, Corn Market, Newry, BT35 8BG.

**E-mail:** [elainefogarty42@gmail.com](mailto:elainefogarty42@gmail.com)

**Tel. No.:** 028 3025 2423

**Website:** [www.thementalhealthforum.co.uk](http://www.thementalhealthforum.co.uk)

**Facebook:** @serviceuservice

**AREA(S) COVERED**

- Armagh Area

**NAME OF SERVICE / PROGRAMME**

- The Mental Health Forum

**WHEN DOES YOUR SERVICE RUN**

Weekdays 9am - 5pm (subject to change re public holidays etc)

**GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA**

Offering information, signposting and advice about Mental Health services and supports, as well as peer-mentored lived-experience involvement & consultation opportunities for those who have lived with some form of mental health challenge.

- Monthly online membership meetings with support, confidence-building, learning, and discussion of wellness topics.
- Confidential and tailored peer support by appointment via our 'PeerChat' service.
- Gathering and sharing positive wellbeing & recovery stories via our Flights of Hope Project.
- Café Conversations - a survivor led suicide awareness Course.
- Expressions - a relaxed peer-led workshop to explore and personally express themes of wellness and recovery.

**AGES COVERED BY YOUR SERVICE**

18+

**ADDITIONAL INFORMATION**

The Mental Health Forum is a peer-led organisation.



## THE VERVE HEALTHY LIVING NETWORK

### ORGANISATION DETAILS

**Address:** Promoting Wellbeing, Brownlow Health & Social Services Centre, 1 Legahory, Brownlow, BT65 5BE.

**E-mail:** [verve.network@southerntrust.hscni.net](mailto:verve.network@southerntrust.hscni.net)

**Tel. No.:** 028 3756 3946

**Website:** [www.verve-network.co.uk](http://www.verve-network.co.uk)

**Facebook:**

<https://www.facebook.com/vervehealthylivingnetwork/>

### AREA(S) COVERED

- Armagh Area
- Craigavon (Portadown and Lurgan) and Banbridge Area
- All the SHSCT

### NAME OF SERVICE / PROGRAMME

- 1-2-1 Support Service

### WHEN DOES YOUR SERVICE RUN

Our service is available as needed through online referrals.

Please complete the online referral form at:

[www.verve-network.co.uk](http://www.verve-network.co.uk)

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The Verve Healthy Living Network is a group of local organisations working together to offer health and wellbeing programmes in specific community areas. Our network includes a team of Community Health Trainers who use a combination of health coaching and social prescribing. They offer both one-on-one and group sessions. The goal of our Health Trainers is to help people make positive lifestyle changes and support healthy choices within communities. The Verve Model provides a consistent schedule of activities focused on physical activity, healthy eating, weight management, and mental and emotional wellbeing. This allows our Health Trainers to connect clients with local and accessible activities, supports, and programmes offered through the Verve Network.

### AGES COVERED BY YOUR SERVICE

Adults Only

### ADDITIONAL INFORMATION

For more details and contact information, please visit our website:

[www.verve-network.co.uk](http://www.verve-network.co.uk)

### ORGANISATION DETAILS

**Address:** Ballybot House, 28 Cornmarket Newry,  
BT35 8BG.

**E-mail:** [Raguel.rodrigues.keenan@volunteernow.co.uk](mailto:Raguel.rodrigues.keenan@volunteernow.co.uk)

**Tel. No.:** 075 8511 0855

**Website:** [www.volunteernow.co.uk](http://www.volunteernow.co.uk)

**Facebook:** [www.facebook.com/Volunteer.Now](https://www.facebook.com/Volunteer.Now)

**Twitter:** @VolunteerNow1 / @VNEnterprise

**Instagram:** @volunteer.now

**Other:** [www.youtube.com/user/VolunteerNow1](https://www.youtube.com/user/VolunteerNow1)

### AREA(S) COVERED

- Armagh
- Dungannon

### NAME OF SERVICE / PROGRAMME

- Volunteer Now

### WHEN DOES YOUR SERVICE RUN

All year round, Mon-Fri 9am-5pm  
mostly but occasionally at weekends  
as well.

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Volunteer Now is the lead organisation for promoting and supporting volunteering across Northern Ireland. We advertise volunteer roles available with a wide range of charities and not for profit organisations based in Armagh and surround areas, and help connect individuals, groups and families to these. We do talks and presentations across schools and youth organisations to introduce young people to the benefits of volunteering and help them find meaningful and enjoyable opportunities in their local area. Whilst volunteering they can get recognition for their commitment through the Youth Impact Award scheme. We also offer mobile volunteering activities to young people and host volunteer action days. We facilitate youth groups and schools to complete a Social Action project to address current challenges in their communities.

### AGES COVERED BY YOUR SERVICE

All Ages

### ADDITIONAL INFORMATION

We have a dedicated Youth Engagement Team based in Belfast that will travel out and can be reached via [youth@volunteernow.co.uk](mailto:youth@volunteernow.co.uk)

This is the exact page to our youth volunteering section on our website - [Youth Volunteering - Volunteer Now](#)



West Armagh Consortium

## WEST ARMAGH CONSORTIUM

### ORGANISATION DETAILS

**Address:** 20 Cathedral Rd, Armagh, BT61 7QX.

**E-mail:** [westarmaghconsortium@gmail.com](mailto:westarmaghconsortium@gmail.com)

**Tel. No.:** 028 37522759

**Website:** [www.westarmaghconsortium.org](http://www.westarmaghconsortium.org)

**Facebook:** [www.facebook.com/westarmaghconsortium](https://www.facebook.com/westarmaghconsortium)

### AREA(S) COVERED

- Despite the name, West Armagh Consortium covers the Armagh City area

### NAME OF SERVICE / PROGRAMME

- Community Development & Support

### WHEN DOES YOUR SERVICE RUN

Basic office hours, evening and weekends.

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

We aim to promote and develop a spirit of co-operation between community and voluntary groups in Armagh City in order that they may work collectively. We deliver a community support and development programme working in partnerships with local based community-based groups and projects.

We also work in partnership statutory bodies to deliver locally beneficial projects. We sit on several outside bodies where we promote issues central to local community groups.

We deliver several projects that include: a handyman service, free one-to-one counselling, referral pathways to local foodbank services. We provide affordable premises (based on a social enterprise model) for groups to enable them delivery their own bespoke projects.

### AGES COVERED BY YOUR SERVICE

All Ages

### ADDITIONAL INFORMATION

We operate out of our office at 20 Cathedral Road and we are an umbrella groups for several community-based groups.

### ORGANISATION DETAILS

**Address:** Unit 4C Weavers Court, Linfield Road, Belfast, BT12 5GH.

**E-mail:** [info@wheelworksarts.com](mailto:info@wheelworksarts.com)

**Tel. No.:** 028 9024 4063

**Website:** <https://www.wheelworksarts.com/>

**Facebook:** <https://www.facebook.com/WheelWorksArts>

**Twitter:** <https://x.com/WheelWorksArts>

**Instagram:** <https://www.instagram.com/wheelworksarts/>

### AREA(S) COVERED

- Armagh Area
- ABC Council Area
- Regional

### NAME OF SERVICE / PROGRAMME

- WheelWorks Arts - ArtCart - ChillCart

### WHEN DOES YOUR SERVICE RUN

Anytime!

### GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Workshops, community events, festivals and creative projects in traditional and digital artforms; two mobile arts & performance units available for hire, including one for neurodivergent people; creative community consultations; youth & schools work.

### AGES COVERED BY YOUR SERVICE

4 to 25

### ADDITIONAL INFORMATION

N/A



## ORGANISATION DETAILS

**Address:** 7 Downshire Place, Newry, BT34 1DZ.

**E-mail:** [admin@womensaidarmaghdown.org](mailto:admin@womensaidarmaghdown.org).

**Tel. No.:** 028 3025 0765

**Website:** [www.womensaidarmaghdown.org](http://www.womensaidarmaghdown.org).

**Facebook:** [www.facebook.com/womensaidarmaghdown](https://www.facebook.com/womensaidarmaghdown)

**Twitter:**

<https://x.com/WomensAidAD/status/1861432225759121730>

**Instagram:** [https://www.instagram.com/womensaid\\_ad/?hl=en](https://www.instagram.com/womensaid_ad/?hl=en)

## AREA(S) COVERED

- Armagh Area

## NAME OF SERVICE / PROGRAMME

- Women's Aid Armagh Down

## WHEN DOES YOUR SERVICE RUN

Monday - Friday: 09:00- 17:30

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Women's aid is the lead agency in tackling domestic abuse and seeks through its work to promote healthy and non-abusive relationships.

We also provide refuge for women and children in need of a place of safety.

## AGES COVERED BY YOUR SERVICE

Children 5+  
Women

## ADDITIONAL INFORMATION

N/A

## ORGANISATION DETAILS

**Address:** 38 Upper English St., Armagh, BT61 7BA.

**E-mail:** [michael@youthaction.org](mailto:michael@youthaction.org).

**Tel. No.:** 028 3751 1624

**Website:** [www.youthaction.org](http://www.youthaction.org).

**Facebook:** [www.facebook.com/YouthActionNI](https://www.facebook.com/YouthActionNI)

**Twitter:** @YouthActionNI

**Instagram:** @youthactionni

## AREA(S) COVERED

- Armagh Area
- All ABC
- Northern Ireland wide with regional offices in Belfast, Derry, Enniskillen, Kilkeel & Newry

## NAME OF SERVICE / PROGRAMME

- We offer a variety of youth work programmes to young people aged 14 - 25 & governance support to Youth & Community organisations

## WHEN DOES YOUR SERVICE RUN

Project delivery is at times that suit the needs of the young people engaged i.e. morning, afternoon, evenings, weekends & over residential based work.

## GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The projects currently on offer in the Armagh area are AMPLIFY (Peace Building Project), Our Generation (Building Peace through Emotional Resilience), YouthStart (Employability Project), Ending Violence Against Women & Girls (Gender Conscious Project), our suite of accredited OCNNI training including the Level 1, 2 & 3 in Youth Work Practice & the Youth Achievement Awards.

To our members we also offer governance support including Keeping Safe Training.

## AGES COVERED BY YOUR SERVICE

Young People aged 14 - 25

## ADDITIONAL INFORMATION

YouthAction is a membership based regional voluntary youth organisation, a charity with an 80 year history of supporting young people & the organisations that are working with them.

## Members of the 2025 Feel Good Armagh Event Planning Group:



## ARMAGH LOCALITY PLANNING GROUP

Armagh Locality Planning Group (LPG) is made up of services and organisations working with children, young people and families across the Armagh and surrounding areas. Any relevant organisation or service can become involved, examples of this being:

Community/Residents Associations, Schools/Colleges,  
Playgroups, Church Based Organisations, Sports Clubs, Arts  
Based Clubs, Statutory Organisations/Services, Other  
Voluntary/Community Organisations

We meet 5 times a year to share information and support, identify relevant local issues and work together to address these. Meetings are informal and alternate between face-to-face and online. We support each other in these challenging times for families.

Feel Good Armagh was originally organised to follow on from the Bounceback Event in Armagh City Hotel in 2022, supported by Ark & Triangle Housing through the Shared Housing Programme, in partnership with ABC Council, who are members of our network. We aim to help the communities of Armagh of all ages learn of the great wealth of support and opportunities available on their doorstep.

We also produce a fortnightly newsletter which includes information and opportunities across the Southern Trust area, including Armagh, which is free and also free to advertise in.

To find out more about all of this, contact us at [localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk)

# ***Feel Good*** **ARMAGH**

This resource has been funded by the SHSCT Community Inclusion Promoting Wellbeing Service, with thanks



We also wish to express our sincere thanks to The Mall Trustees for their permission to use The Mall for Feel Good Armagh 2025

To view last year's Services Resource, scan the QR code:



# ***Feel Good*** **ARMAGH**



For further information, contact:

CYPSP Southern Area Locality Development Team

[localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk)

[www.cypsp.hscni.net](http://www.cypsp.hscni.net)

SCAN QR CODE FOR  
DIGITAL VERSION  
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