

SOUTHERN AREA LOCALITY PLANNING GROUPS



ISSUE 157
6th November 2025



WELCOME

Welcome to Issue 157 of our fortnightly newsletter, 'FYI' (For Your Information).

Thanks, as always, for your submissions for this new edition of 'FYI': more opportunities, activities, programmes and support for children, young people, parents and families.

Why not come to one of our 6 Locality Planning Groups in the Southern Area to share your information directly with practitioners across the area in Armagh, Banbridge, Craigavon, Dungannon, Newry & Mourne and South Armagh? Drop us a line and we'll explain how you can do this and the benefits of doing so to you, your organisations and the families with whom you work.

Locality Development Team, Southern Area

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Our funding restrictions are such that funded training is only available to those who work/volunteer for a **voluntary, charitable, faith or community-based organisation**



November / December training

Open to those in community/voluntary sector

Tuesday November 11	Safeguarding in the Digital World 9:30am - 12:30pm, Online
Thursday November 13	Designated Officer Training 10:00am - 4:30pm, In-person
Tuesday November 18	Understanding Emotions and Behaviours: Early Years (0-5 years) 10:00am - 3:00pm, In-person
Tuesday November 25	Designated Officer Training 9:30am - 12:30pm, Online
Thursday November 27	Understanding and Supporting those who Self-harm 9:30am - 12:30pm, Online
Thursday December 4	Professional Boundaries 9:30am - 12:30pm, Online
Tuesday December 9	Good Practice in Recording and Reporting 9:30am - 12:30pm, Online
Wednesday December 10	Designated Officer 9:30am - 12:30pm, Online
Monday December 15	Child Protection Practice 9:30am - 12:30pm, Online

[Book CiNI Training](#)



www.ci-ni.org.uk/training



November / December training

Paid courses

Wednesday November 12	Communicating Effectively with Children and Young People 10:00am - 1:00pm, In-person
Friday November 21	Counselling Skills for Everyday Practice 10:00am - 4:00pm, In-person
Tuesday November 25	Supporting School Based Anxiety 9:30am - 12:30pm, Online
Friday 28-Monday 1 November	Baby Yoga Instructor Training 10:00am - 4:00pm, In-person
Wednesday December 3	Trauma and the Helping Professional 10:00am - 4:30pm, In-person
Monday December 8	Understanding ADHD: A Strengths-based Neuroaffirming Approach 10:00am - 1:00pm, Online
Thursday December 11	Understanding Autism 10:00am - 4:00pm, In person



www.ci-ni.org.uk/training



Children's Law Centre

HYBRID TRAINING

THE RIGHTS OF CHILDREN WITH SPECIAL EDUCATIONAL NEEDS

[FIND OUT MORE](#)



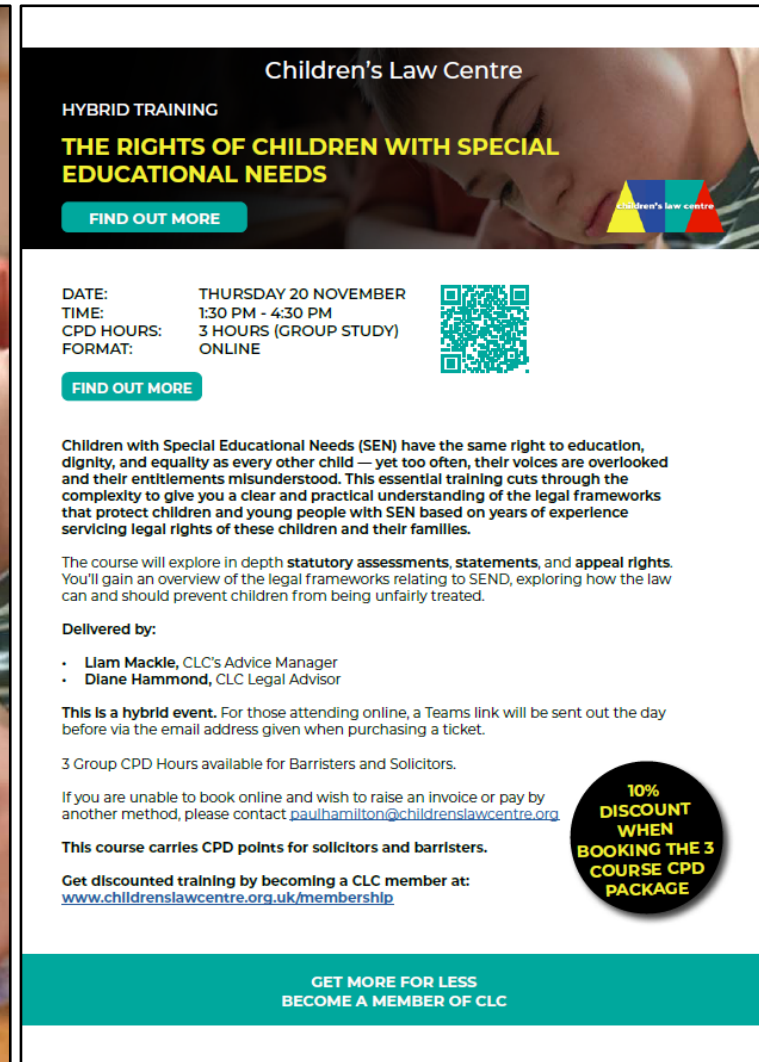






[childrenslawcentre.org.uk/training](https://www.childrenslawcentre.org.uk/training)

children's law centre



Children's Law Centre

HYBRID TRAINING

THE RIGHTS OF CHILDREN WITH SPECIAL EDUCATIONAL NEEDS

[FIND OUT MORE](#)

DATE: THURSDAY 20 NOVEMBER
 TIME: 1:30 PM - 4:30 PM
 CPD HOURS: 3 HOURS (GROUP STUDY)
 FORMAT: ONLINE



[FIND OUT MORE](#)

Children with Special Educational Needs (SEN) have the same right to education, dignity, and equality as every other child — yet too often, their voices are overlooked and their entitlements misunderstood. This essential training cuts through the complexity to give you a clear and practical understanding of the legal frameworks that protect children and young people with SEN based on years of experience servicing legal rights of these children and their families.

The course will explore in depth **statutory assessments, statements, and appeal rights**. You'll gain an overview of the legal frameworks relating to SEND, exploring how the law can and should prevent children from being unfairly treated.

Delivered by:

- Liam Mackle, CLC's Advice Manager
- Diane Hammond, CLC Legal Advisor

This is a hybrid event. For those attending online, a Teams link will be sent out the day before via the email address given when purchasing a ticket.

3 Group CPD Hours available for Barristers and Solicitors.

If you are unable to book online and wish to raise an invoice or pay by another method, please contact paulhamilton@childrenslawcentre.org

This course carries CPD points for solicitors and barristers.

Get discounted training by becoming a CLC member at: www.childrenslawcentre.org.uk/membership

10% DISCOUNT WHEN BOOKING THE 3 COURSE CPD PACKAGE

[GET MORE FOR LESS
BECOME A MEMBER OF CLC](#)



<https://www.tickettailor.com/events/childrenslawcentre/1856278>

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HYBRID TRAINING

VOICE OF THE CHILD IN LEGAL PROCEEDINGS

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[childrenslawcentre.org.uk/training](https://www.childrenslawcentre.org.uk/training)

Children's Law Centre

HYBRID TRAINING

VOICE OF THE CHILD IN LEGAL PROCEEDINGS

[FIND OUT MORE](#)

DATE: THURSDAY 27 NOVEMBER
 TIME: 1:30 PM - 4:30 PM
 CPD HOURS: 3 HOURS (GROUP STUDY)
 FORMAT: ONLINE



[FIND OUT MORE](#)

This training explores how children's voices can be meaningfully heard in legal proceedings. We will look at best practice in assessing legal competency, effective approaches to communicating with child clients, and the importance of genuine participation in court. Key legal considerations and recent case law in care proceedings will also be reviewed, giving you practical knowledge to apply in your work. We are pleased to welcome cSOLA Emma Rose Duffy and Malread Holder, BL and Elmer Coll from the Official Solicitor's Office to deliver their perspectives on the voice of the child.

Delivered by:

- **Malread Holder**, Official Solicitor for Northern Ireland and a Commissioner with the Northern Ireland Human Rights Commission. She is accompanied by **Elmer Coll**, an OSO experienced solicitor.
- **Emma Rose Duffy**, Child Sexual Offences Legal Advisor, Victim Support.
- **Eamonn McNally**, CLC Senior Solicitor and **Hannah Newburn**, CLC solicitor.

This is a hybrid event. For those attending online, a Teams link will be sent out the day before via the email address given when purchasing a ticket.

If you are unable to book online and wish to raise an invoice or pay by another method, please contact paul.hamilton@childrenslawcentre.org.

This course carries CPD points for solicitors and barristers.

Get discounted training by becoming a CLC member at: www.childrenslawcentre.org.uk/membership

10% DISCOUNT WHEN BOOKING THE 3 COURSE CPD PACKAGE

[GET MORE FOR LESS
BECOME A MEMBER OF CLC](#)



<https://www.tickettailor.com/events/childrenslawcentre/1856232>

Children's Law Centre

HYBRID TRAINING

ADVOCATING ON BEHALF OF CHILDREN IN NEED

[FIND OUT MORE](#)










childrenslawcentre.org.uk/training



Children's Law Centre

HYBRID TRAINING

ADVOCATING ON BEHALF OF CHILDREN IN NEED

[FIND OUT MORE](#)



DATE: TUESDAY 2 DECEMBER
 TIME: 1:30 PM - 4:30 PM
 CPD HOURS: 3 HOURS (GROUP STUDY)
 FORMAT: ONLINE



[FIND OUT MORE](#)

"The law must remain an unwavering guardian for our children. They rely on adults and the systems we create – including the legal system – to safeguard their rights and well-being." — Lady Chief Justice of Northern Ireland, 2025.

This specialist training provides practical guidance on advocating for children and their carers facing vulnerability and hardship. Participants will gain a clear understanding of the legal framework governing children's rights, statutory duties, and best practice in representing their interests including a review of current case law and an exploration of the Children's Services Co-operation Act which mandates inter-agency collaboration. Designed for legal professionals, social workers, child advocates and anyone who works with or represents children and young people, this event offers actionable knowledge to strengthen your role.

The Children's Law Centre stands as a beacon of advocacy, legal expertise, and unwavering commitment to the rights of children in Northern Ireland,' Lady Chief Justice of Northern Ireland, 2025.

Delivered by:

- Eammon McNally, Senior Solicitor, CLC.
- Kathryn Stevenson, Head of Legal, CLC
- Claran White, BL

If you are unable to book online and wish to raise an invoice or pay by another method, please contact paul.hamilton@childrenslawcentre.org

This course carries CPD points for solicitors and barristers.

Get discounted training by becoming a CLC member at: www.childrenslawcentre.org.uk/membership

10% DISCOUNT WHEN BOOKING THE 3 COURSE CPD PACKAGE

[GET MORE FOR LESS
BECOME A MEMBER OF CLC](#)



<https://www.tickettailor.com/events/childrenslawcentre/1856267>





COERCIVE CONTROL TRAINING

FREE training designed for youth-facing professionals who want to better understand Coercive control, it's signs and appropriate methods of response

Learning Outcomes

- Introduction & Overview on Using the Training Toolkit
- Coercive Control and the Law
- What does Coercive Control Look Like?
- Types of Coercive Control & Social-Cultural Considerations
- What does Coercive Control Feel Like & Who can be a Victim?
- Risk Factors & Myth Busting
- Recognising the Signs & Professional Responses
- Responding Safely and Supportively within your remit of responsibility

DATES

21st November 2025
Fermanagh House Broadmeadow PI,
Enniskillen BT74 7HR

4th December 2025
Shankhill Women's Centre, 3
Mayo Link, Belfast BT13 3BD

KEY INFO:

- Training led by Aspire2Acheive
- Two separate dates for the same training session
- Sessions will run from 10:00 to 16:00 (lunch provided)
- Available to anyone 18+ working with children, young people and adults in a professional or volunteer capacity.

 21st November / 4th December



Sow a seed of HOPE: Funded Suicide Prevention Training in Northern Ireland for rural communities

Do you work live or work rurally? Do you support those living in a rural or farming community? Want to know how to support someone with thoughts of suicide?

This SPEAK (3.5 hours) training course has been kindly funded by the NFU Mutual Charitable Trust.



Suicide Prevention
Explore, Ask, Keep-Safe

Date: 28 November 2025
Time: 10:00-13:30
Location: Online (Zoom)

Training to develop suicide prevention skills.
The key objectives are:

- To recognise the 'signs' that may indicate someone is having thoughts of suicide.
- To talk openly about suicide with that person and how we ask about those thoughts.
- To understand how to listen to someone talking about suicide – and why that's important.
- To support a safety plan with someone thinking of suicide.



SCAN ME



NFU Mutual Charitable Trust



PAPYRUS
PREVENTION OF YOUNG SUICIDE

Registered Charity Number: 1070886
 OSCR Registered Charity Number: SC032566
 Registered Company Number: 93555482

Training time is 3.5 hours.

<https://www.papyrus-uk.org/funded-suicide-prevention-training-in-your-area/>

 www.papyrus-uk.org/training

BE A PART OF THE **FIRST-EVER SOCIAL INNOVATION PROGRAMME**
FOR YOUNG PEOPLE FROM
OUTSIDE OF THE MAINSTREAM EDUCATION SYSTEM!

Accredited Training
Gain official certification to deliver this groundbreaking youth-led programme in your organisation.

Tailored Support
Receive ongoing support to successfully implement the programme and ensure its impact.

Flexible Delivery
Integrate the 30-hour programme into your existing youth group/project hours with ease.

Inspiring Change
Empower young people to create positive social change and lead innovation within their communities.

ignite 4 COMMUNITY
Inspiring Tomorrow's Change-makers

WE ARE RECRUITING:
YOUTH WORKERS: TO TRAIN IN HOW TO DELIVER THIS PROGRAMME WITHIN THEIR ORGANISATION

LEADERSHIP SKILLS
FUN!
EMPATHY
EMPOWERMENT
COMMUNITY ENGAGEMENT
CREATIVITY
ENTREPRENEURSHIP

YOUNG SOCIAL INNOVATORS
Northern Ireland - Ireland
Co-funded by the European Union | UK Government



www.youngsocialinnovators.ie

JOIN OUR **ignite 4 COMMUNITY** PROGRAMME AND UNLOCK YOUR POTENTIAL!

ignite 4 COMMUNITY
Inspiring Tomorrow's Change-makers

FREE Accredited Training for Youth Workers

Enhance Your Skills
Empower Your Impact

2 Half-Day Interactive Sessions
Practical Tools and Resources for Real-World Impact

**IGNITING POTENTIAL,
INSPIRING CHANGE,
TRANSFORMING COMMUNITIES**

Contact us here for more information:
saleh.rifaie@youngsocialinnovators.ie
barry.fennell@youngsocialinnovators.ie

YOUNG SOCIAL INNOVATORS
Northern Ireland - Ireland
Co-funded by the European Union | UK Government

PEACEPLUS
Northern Ireland - Ireland
Co-funded by the European Union | UK Government



saleh.rifaie@youngsocialinnovators.ie

LEADING WITH A TRAUMA INFORMED LENS

A leadership development programme designed for leaders who want to deepen their understanding of trauma-informed principles and their impact on organisational culture

This fully funded programme supports leaders to build practical skills, reflect on their experiences, and connect with others

Participants will :

- ✓ Understand trauma-informed leadership and know how its principles influence organisational culture
- ✓ Recognise signs of organisational trauma and its effects on individuals and teams
- ✓ Understand how psychological safety can create safe team environments
- ✓ Reflect on their leadership journey to promote self awareness and regulation of self and others
- ✓ Leave with practical tools, strategies, and a clear action plan for implementation

In Person Dates & Locations

22nd Jan 2026 – Lisburn 9:30am 4:00pm
 26th March 2026 – Omagh 9:30am 4:00pm
 4th June 2026 – Antrim 9:30am–4:00pm

Online Reflective Learning Sessions

2hr session February
 2hr session May

Trauma Informed Leadership

Leadership

For cross sector middle to senior managers committed to embedding trauma-informed leadership in their organisation

To register your interest please [Click here](#)

FREE online specialist gaming and gambling harm workshops

Ygam are offering a fully funded CPD workshop delivered through the Young People's Gambling Harm Prevention Programme. This workshop is aimed at professionals who work with children or young people.

On completion you will receive a CPD Certificate and Digital Credential, and have access to over 1000 resources, including 1:1 and small group work activities which you can download and use in your setting.

Go online to book your FREE place, or email us at training@ygam.org

For more about our work, visit www.ygam.org

What are the similarities between gaming and gambling?

What is a Loot Box?

Could you spot the signs of harm?

Topics covered:

- Gaming and gambling harm
- Advertising
- Mental health and wellbeing
- Blurred lines between gaming and gambling
- How to spot the signs of harm
- Where to get help and support

Ygam | **City & Guilds ASSURED**



<https://forms.office.com/pages/responsepage>



training@ygam.org



Community Dental Service
Oral Health Information Session for Parents/Carers

You are invited

Looking after your child's teeth

This 1 hr FREE information session will include information on:

- ☉ Toothbrushing tips
- ☉ Healthy eating advice

Scan QR code to register



Tuesday 18 November 2025 at 11.00am –12.00am

Training is provided by the Community Dental Service Team



Parent Well
A source of inspiration



Parent Line NI
0808 8020 400

Staying Safer & Smarter Online

***Content *Contact *Conduct *Consequences**
Supporting children 11yrs & over to stay safer online

stay safe

Small group information session for parents

Thursday 20th November
10–11.30am on Zoom

To book your place call
0808 8020 400



<https://events.teams.microsoft.com/event>



0808 8020 400



To register your interest in any courses, please get in touch using the contact details below:

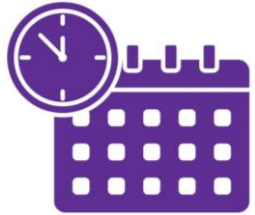
Tel: 02837561938

Email: Recovery.college@southerntrust.hscni.net

Alternatively, you can use the below link to register your interest:

[Recovery College Register Form | Southern Health & Social Care Trust \(hscni.net\)](#)

To access our Free Online Recovery College Courses, which are available 24 hours a day, register [HERE](#)



Event
taking place
TOMORROW!

Live
Music
Now

YOU ARE INVITED

NORTHERN IRELAND NETWORKING EVENT



Musical Connections

Nurturing Musical
Cultures in Autism
Resource Bases

Friday 7th November
1pm - 4pm
The MAC
Belfast (BT1 2NJ)

Join us for a session to
explore music education
in Specialist Provision in
Mainstream Schools
(SPiMS).



CLICK HERE OR
SCAN THE QR CODE
TO REGISTER YOUR
ATTENDANCE

Live
Music
Now



Live
Music
Now

NORTHERN IRELAND NETWORKING EVENT

We want every autistic child and young person to access creative, child-centred music education. With AHRC funding, Live Music Now and the University of South Wales are building an evidence-informed picture of music learning in Specialist Provision (Autism Resource Bases) across the UK.

What it's for?

- Share what's working & where the gaps are.
- Hear perspectives from autistic professionals, carers and learners.
- Identify barriers (practical, cultural, structural) and realistic solutions.
- Prioritise next steps for research & practice.
- Grow a network for ongoing exchange & support in Northern Ireland.

What can you expect?

- Overview of research aims & timeline.
- Hear from **Dr Beth Pickard** (University of South Wales), **Alex Lupo** (Autistic Musician and Creative Lead, Live Music Now), **Gary Day** (NI Project Lead), and the Education Authority Specialist Provision Team.
- An open call to contribute insights, case studies and lived experience to the research.

Why now?

A Youth Music-supported pilot project over the past 3 years has shown benefits for autistic pupils' social, emotional and academic development—and raised important questions we want to explore together.

Your expertise and networks are essential to shaping practical, sustainable change & ensuring the research outcomes are relevant in Northern Ireland.



CLICK HERE OR
SCAN THE QR CODE
TO REGISTER YOUR
ATTENDANCE

Let us know of any access requirements and we'll readily accommodate them.

Live
Music
Now



www.eventbrite.co.uk/e/musical-connections



Carers Rights Day

Join us!
Thursday 20th November
10.30 AM – 2.00 PM

Ranfurly House Dungannon
26 Market Square,
Dungannon, County Tyrone

**Know your rights,
use your rights**

- Meet other carers
- Information Stands
- Guest Speakers
- Free Raffle for attendees

Tea, Coffee, and Light Lunch provided

**If you have caring responsibilities for another person
YOU ARE A CARER**

This is a **FREE** event but
Booking is Essential!
028 3089 8119
info@clanryegroup.com

To find out more about our Support for Carers visit: **clanryegroup.com**

 Southern Health and Social Care Trust



info@clanryegroup.com





A MAN FOR ALL REASONS

27th November 2025
Dunadry Hotel, Antrim
9am - 1.30pm

This workshop will explore the barriers, myths, challenges and opportunities to build a more gender balanced Early Years, Education and Childcare workforce in Northern Ireland.

The keynote speaker and panel members will provide good practice examples both home and abroad relating to developing effective targeted recruitment campaigns, providing support for male practitioners, showcasing male role models to challenge stereotypes, creating supportive environments, rethinking existing working practices to retain male practitioners and highlighting the benefits a more diverse workforce can have on improving outcomes for children and families.

This workshop is aimed at:
Senior Early Years and Childcare Practitioners/Managers, policy leads, employers, employer support agencies, workforce development leads, careers advisors, representatives from the local registering authorities and individuals with an interest in exploring a career in this sector.

To Book:
Please click on the link below:
<https://forms.office.com/Pages/ResponsePage.aspx?id=8DtjS5ESUS3R6dl6jWf-DHRhNjE5ctKmsLhRlgWhKVUQTa3OVhYSIk3VlB0Rk42T0t0OU1VRFNzSy4u>

- Who Dares Wins**
Kenny Spence
- Where are all the men?**
Shane Murphy
- Why men matter?**
Shane Murphy
- Fatherhood and Foundations**
Darren Beggs
- It's men's work too!**
Francis Loye



<https://forms.office.com/ResponsePage>



The festive season is just around the corner and we'd love you to join us on **Friday 5th December 2025** for the annual **Northern Ireland Daily Mile Santa Run!**

It's the perfect way to bring pupils together, enjoy some festive fun, and celebrate the benefits of 15 minutes of movement
Once you've registered, you'll get access to electronic resources to help your school prepare for the big day

Register [HERE](#)

Mind Wise

Children's Mental Health Week

9-13TH FEBRUARY 2026

BUILDING BLOCKS FOR A STRONGER FOUNDATION

- Introductory LEGO-Based Therapy training
- Advanced LEGO-Based Therapy training
- An evening of connection, research, and real-world experience in early intervention and prevention, featuring keynote speakers including Dr. Daniel Legoff, creator of LEGO-Based Therapy, Dr. Mary Lavelle, School of Psychology, Queen's University Belfast, and many more.



<https://register.enthuse.com/ps/event/MindWise>

Sugar Awareness Week (17th - 23rd November)



Latest figures from the National Diet and Nutrition Survey show that 9 in 10 children and 4 in 5 adults are exceeding their recommended daily sugar limits, increasing the risk of lifelong health issues, such as obesity, type 2 diabetes and tooth decay

Making small swaps can make a big difference!

Find out more in our brand-new short videos on the Public Health Dietitians YouTube channel:

Sugar [HERE](#)

Understanding Food Labels [HERE](#)

Teen programmes

Programme: Parents Plus Special Needs Programme
Start date: Wed 10th Sept-22nd of Oct 2025
Duration: 7 weeks (10am-12.30pm)
Location: Clanrye, 34 Amagh Business Centre, Loughgall Road, Amagh
Attendees: Parents/carers of young people 11-18 years in the Southern Trust with a confirmed Autism diagnosis.
Facilitators: Clanrye & Parenting Partnership
Enquires/Referrals: e Claire.convery@clanryegroup.com
 t: 07483 059876

Programme: Parents Plus Special Needs Programme
Start date: Tues 13th Jan-Tues 3rd of March 2026
Duration: 7 weeks (10am-12.30pm)
Location: St Pauls High School Bessbrook
Attendees: All parents/carers of young people 11-18 years with special needs within Newry & Mourne area
Facilitators: Parenting Partnership & Newry MDT Team
Enquires/Referrals: Parenting Partnership-07880474747
 e parenting.partnership@southerntrust.hscni.net
 t: Or Newry GP MDT Team-07425630856
 e Veronica.kerr@southerntrust.hscni.net

Programme: Parents Plus Special Needs Programme
Start date: Thurs 19th Feb-Thurs 2nd April
Duration: 7 weeks (6pm-8.30pm)
Location: Online
Attendees: Parents/carers of young people 11-18 years in the Southern Trust with a confirmed Autism diagnosis.
Facilitators: Clanrye
Enquires/Referrals: e Claire.convery@clanryegroup.com
 t: 07483 059876

General Enquiries

Maria Killen
Parenting Partnership Manager
 ☎ 07880 474747
 ✉ parenting.partnership@southerntrust.hscni.net
 Or
Martina McCooey
Child Development Interventions Co-ordinator
 ☎ 028 3756 4462 / 07795 450278
 ✉ martina.mccooey@southerntrust.hscni.net

For further information on these and other programmes please visit our webpage below. Additional programme information will be added throughout the year

[Parent Support – Children and Young People's Strategic Partnership \(CYPSP\) \(hscni.net\)](https://www.southerntrust.hscni.net/parent-support)



Evidence Based
SUPPORT PROGRAMMES FOR PARENTS & CARERS

Giving every child the best start/opportunity in life



2025/ 2026
Southern Trust

Please visit our CYPSP webpage to access the range of **evidence-based parenting programmes** available to families resident in the Southern Trust Area over the coming year, September 2025 to June 2026

The programmes span the age range pre-birth to teens and are available for the families of typically developing/children and young people with special needs

Further information available [HERE](#)

PROJECT PARTNERS

The lead partner of the project, **Verbal** works through storytelling and the language arts to support positive mental health, resilience and cross-community dialogue in areas of high-level sectarianism, community conflict, deprivation and marginalisation.

The Cedar Foundation delivers a diverse range of services that support children and adults with disabilities, autism, and brain injury to get the most out of life and to be fully included in their communities.

Inspire is an all-island charity and social enterprise with the aim of Wellbeing for All. Inspire works together with people living with mental ill health, intellectual disability, autism and addictions to ensure they live with dignity and realise their full potential; and campaigns to create a society free from stigma and discrimination with a culture of compassion that focuses on people and their abilities.

The Open University is the largest university in the UK with a mission to be "open to people, places, methods and ideas". It promotes educational opportunity and social justice by providing high-quality university education. The OU will provide academic expertise and offer insights into the design and execution of a comprehensive, peer-led evaluation plan.

AT A GLANCE

PEACE of Mind is a new project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB). PEACE of Mind is designed to address the significant mental health challenges prevalent among young people in Northern Ireland and the border counties of the Republic of Ireland.

CONTACT

VERBAL



✉ peaceofmind@theverbal.co
☎ 028 7126 6946

CEDAR



✉ peaceofmind@cedar-foundation.org
☎ 075 2589 8325

INSPIRE



✉ peaceofmind@inspirewellbeing.org
☎ 078 8546 5775

THE OPEN UNIVERSITY



✉ PeaceofMindOU@open.ac.uk
☎ 019 0865 4031



PEACEPLUS
Northern Ireland - Ireland

Co-funded by the



European Union



UK Government



Rialtas na hÉireann
Government of Ireland



Northern Ireland
Executive
www.northernireland.gov.uk



Cedar
Opportunity Choice Inclusion



peaceofmind@theverbal.co



PROJECT BENEFICIARIES

- ★ Young people in both mainstream and special needs schools
- ★ Employees and clients of youth-centred mental health services
- ★ Members of youth and community groups

PROJECT ACTIVITIES



DIRECT DELIVERY

Participants will engage in a 6-week programme focused on building resilience and promoting positive mental health and wellbeing among young people.

Delivered by Verbal



PEER MENTORING

Young people will be offered facilitation training to deliver the programme to their peers.

Delivered by Verbal



YOUTH WORK TRAINING

Training for youth workers with specific attention to young people with physical or mental disabilities (Cedar) and complex social/behavioural needs (Inspire).

Delivered by Cedar & Inspire



YOUTH ADVISORY ASSEMBLY

Led by the Open University, young people will help make decisions that will ensure the programme reflects their values.

Delivered by The Open University



DIGITAL INCLUSION

A closed digital platform by young people, for young people will be developed.

Delivered by Inspire

PROJECT OBJECTIVES

Provide a sustainable, evidence-backed, peer-facilitated community relations programme to improve the mental health and wellbeing of young people aged 9-25 years.

Enhance the capacity of all children and young people to form positive and effective relationships with others regardless of community background.

Assist children and young people to develop coping strategies, acquire a sense of self-efficacy, and build resilience.





Additional Opportunities

For those who complete the programme there will be an opportunity to access training to become a peer mentor. This training will empower them to:

- Deliver elements of the programme to their peers
- Gain leadership skills and experience to support and enhance their opportunities for further education and employment.

How to get started?

We would love to discuss the programme further and explore how it can benefit those who use your services.

Please reach out to us to arrange a meeting so that we can discuss this further.

You can contact us on peaceofmind@inspirewellbeing.org

Let's work together to support the emotional wellbeing and resilience of our young people!



PEACEPLUS
Northern Ireland - Ireland

Co-funded by the
European Union | UK Government



PEACE of Mind
empowering young minds,
building resilience

A project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB)



PEACE of Mind
empowering young minds,
building resilience

The PEACE of Mind is a regional personal development programme delivered across a six-week period and is designed to enhance the emotional resilience and wellbeing of young people aged 9-25.

For more information, please contact:

peaceofmind@inspirewellbeing.org



peaceofmind@inspirewellbeing.org

What is the PEACE of Mind programme?

The PEACE of Mind Programme is an interactive, fully funded personal development initiative designed to enhance emotional resilience, coping skills, and overall mental wellbeing in young people.

Delivered by Inspire Wellbeing Youth Facilitators, the programme is tailored for individuals aged 14 to 25 years who would be considered marginalised or at risk. Young people can engage in the programme through self-referral and existing community engagement or they can be referred by CAMHS, MHAC, CMHT and/or GP Federation.



Why Choose PEACE of Mind?

- No cost to you—the programme is fully funded.
- Supports your commitment to nurturing young people's wellbeing and personal development.
- Provides young people with practical tools to take ownership of managing their emotional wellbeing.

Programme Overview

- Age Groups: Post-Primary (ages 14–17), & Young Adults (ages 18–25)
- Session Duration: 1 to 2 hours, adaptable to fit your sessions.
- Delivery Format: Delivered in person by experienced Youth Facilitators, using interactive groupwork and discussion based activities to engage participants.

Key Focus Areas:

The programme is delivered over 6 sessions, each focusing on a key area of personal development:

- Getting to Know You: Exploring identity, who we are and celebrating ourselves.
- Coping Skills: Learning practical strategies to manage life's challenges and protect our mental wellbeing.
- Building Resilience: Adapting to change, recognising our purpose and improving self esteem.
- Building Relationships: Importance of connection, building meaningful and safe relationships, exploring our circle of influence and support.
- Social Media: how to create a safe space for online presence, influence and activity. Exploring harm reduction and informed choice to manage risk.
- Moving Forward: How do we take our learning forward to maintain ownership of our emotional wellbeing beyond the programme. What is there after this?



peaceofmind@inspirewellbeing.org



PEACE of Mind

empowering young minds,
building resilience

The PEACE of Mind is a regional personal development programme delivered across a six-week period and is designed to enhance the emotional resilience and wellbeing of young people.

Inspire's delivery of the programme will be open to 14-25 year olds considered marginalised or at risk.

The programme is delivered over 6 sessions, each focusing on a key area of personal development:

- Getting to know you
- Building Relationships
- Coping Skills
- Social Media
- Building Resilience
- Moving Forward

For more information, please contact:
peaceofmind@inspirewellbeing.org




PEACEPLUS
Northern Ireland - Ireland

Co-funded by the
European Union



UK Government





A project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB)



peaceofmind@inspirewellbeing.org



PEACE of Mind

empowering young minds,
building resilience

PEACE of Mind is a **FREE** new project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB). PEACE of Mind is designed to address the significant mental health challenges prevalent among young people in Northern Ireland and the border counties of the Republic of Ireland.

Delivered by Verbal, in partnership with The Cedar Foundation, Open University and Inspire Wellbeing, the project is aiming to enhance the capacity of all children and young people aged 11-25 to form positive and effective relationships with others, whilst developing strategies to support self-efficacy, resilience and coping strategies leading to positive mental health and well-being outcomes.

This will take the form of a free 6-week applied storytelling programme aimed at various age groups within secondary schools across the country.

The project will focus both on building resilience amongst young people (including emotional resilience) and promoting positive mental health and wellbeing.

Themes will include:

- Social media
- Positive roles and relationships
- Conflict resolution
- Building a cohesive society
- Stress and worry
- Managing emotions

More Information
www.theverbal.co
info@theverbal.co
028 7126 6946









PEACEPLUS
Northern Ireland - Ireland

Co-funded by the
European Union



UK Government



Northern Ireland Executive



peaceofmind@theverbal.co







Join the Youth Advisory Assembly

Help us design and improve how we research the Peace of Mind project!

You will:

- 1) Work with us to **improve and design new ways of researching**
- 2) Help us **make sure what we do works for people your age**
- 3) Help us **plan a celebration event** at the end of the project

Help other young people & their mental health

Learn new skills & boost your CV

Impact how we do our research

What will you do?

- Join 1+ youth sessions (4 per year)
- Talk and learn about how to do research
- Provide advice to the researchers
- Answer questions about your experience on the Youth Advisory Assembly
- Earn a certificate and expertise for your CV

To sign up:

Email us at:
PeaceofMindOU@open.ac.uk

Or speak to your
Peace of Mind facilitator

Contact Us
PeaceofMindOU@open.ac.uk

This project is supported by the European Union's PEACE IV Programme, managed by the Special EU Programmes Body (SEUPB)



PEACEPLUS
Northern Ireland - Ireland

Co-funded by the
 European Union
  UK Government



peaceofmind@open.ac.uk

FREE mental health & well-being programme for children aged 9-11 years

OUR Generation: Spaces to Be

PlayBoard NI, the lead organisation for the development and promotion of play is delivering *Spaces to Be* – an innovative, cross-community and cross-border personal development programme supporting peacebuilding for children and young people.

Spaces to Be is a unique and interactive initiative designed to enhance the mental health and well-being of children aged 9 to 11. Rooted in the advocacy of the *Child's Right to Play*, the programme aims to:

- Increase mental health literacy
- Enhance emotional resilience
- Develop self-help and coping skills
- Encourage inclusivity and acceptance of difference
- Increase knowledge of community

Programme overview:

- A free, fully facilitated programme delivered by PlayBoard's experienced staff team
- Interactive staff training
- 5 dynamic play-based sessions for children

Play sessions themes:

1. **ME (Mind & Emotions)** - Exploring emotions, promoting positive physical and mental health, well-being and resilience, through play.
2. **ME and My Connections** - Exploring problem solving, empathy and intrapersonal skills.
3. **ME, My Connections and My Community** - Supporting children to consider the multiple social groups they are part of, and how they contribute to building peaceful communities.
4. **Better Together** - Supporting children to consider a range of perspectives and have positive attitudes towards other communities.
5. **Better Together Celebration** - Celebrating the power of play and how it can promote peacebuilding on a cross-community basis.



GET IN TOUCH: OurGeneration@playboard.co.uk OR +44 28 9080 3380
www.playboard.org/resources/our-generation
www.ourgeneration-cyp.com



PlayBoard NI is registered with the Charity Commission for NI NIC104724, company limited by guarantee no. NI30225, charity no. XF86639.



IGNITE COMMUNITY

A 30 hour social innovation programme that inspires community engagement, critical thinking, empowerment, leadership skills & youth led change

Supports young people to use their voices to create a project that will have a positive social impact within their community

Flexibility in the format, content & delivery tailored to your youth group's needs - we will meet you where you're at!

Delivered during the hours of your existing youth group/project

Join our Ignite Community Programme to support young people to have their voices heard whilst making a positive impact within their local community.



**COMMUNITY
ENGAGEMENT**

FUN!

CREATIVITY

LEADERSHIP

ENTREPRENEURSHIP

SKILLS

We are recruiting:

- Young people to participate in this 30 hour programme
- Youth workers to whom we will offer free training on how to deliver this programme to their existing youth groups



www.playboard.org/resources/our-generation



<https://ignitecommunity.carrrd.co/>



THE ESTABLISHMENT OF A NEW
ORGANISATION TO SUPPORT
CONTROLLED SCHOOLS

Consultation



Department of
Education

CONSULTATION

**ON THE ESTABLISHMENT
OF A NEW
ORGANISATION TO
SUPPORT CONTROLLED
SCHOOLS**

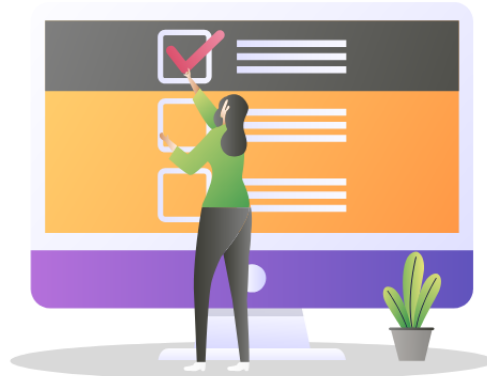
NOW OPEN



www.education-ni.gov.uk/consultations

Northern Ireland Victim Survey

If you've been
the victim of a
crime
**your voice
matters.**



www.cvocni.org/victim-survey

The Commissioner for Victims of Crime Office Survey is now live!

This survey seeks to understand the experiences that victims of crime have had with the criminal justice system in Northern Ireland

The main job of the Victims of Crime Commissioner Office is to tell our government and criminal justice organisations what victims think and what they need to change to make the system better

This will include giving examples of where victims are not treated in the way that is promised by the Victim Charter

To do this, they need to hear from victims of crime

If you have been the victim of a crime since 2020 or reported a historical crime since 2020 and you did not complete last year's survey, you are eligible to complete this years

The survey runs until **22 December 2025** and if you have any questions, you can contact office@cvocni.org

If you are interested, you can complete the survey here:

www.cvocni.org/victim-survey

Care Opinion

Care Opinion is a place where you can share your experience of health or care services, and help make them better for everyone.

Care Opinion make it safe and simple to share your story online and see other people's stories too. You can see how stories are leading to change. If you wish to get in contact with us within Southern Health and Social Care Trust please email - care.opinion@southerntrust.hscni.net

Our children may wish to share their story - Tell your story with help from Bear



Bear needs your help!

Hi there, I'm the Care Opinion Bear with a heart as big as the mountains!

I love listening to stories, because it brings us closer together. I am here to listen to what you have to say and lend you a helping paw!

Select the link below to begin sharing your story on Care Opinion.

[Tell your story with help from Bear](#)

Or you can also [tell your story without Bear](#)

Visit the [Children and young people help page](#) for more information.



Southern Health and Social Care Trust



Values Your Opinion

Care Opinion is an independent service where you can safely share feedback anonymously about your experience of care from:-

Southern Health and Social Care Trust

We want to **learn**:-

- What was good?
- What could have been better?
- How did you feel ?

Scan Here



Website
careopinion.org.uk



Freephone
0800 122 3135
Mon-Fri 9.30am-4pm

Your story will be published anonymously on careopinion.org.uk. A staff member will aim to respond in a timely manner to your story.

Together we learn from your feedback to improve Health and Social Care services for everyone.



www.careopinion.org.uk/tellyourstory



FUNDING OPPORTUNITY

GRANTS
OF UP TO

£1000

For grassroots initiatives to support community initiatives and activities that bring people together and create lasting social impact.

.....

Eligible projects areas include:

- Social isolation
- Mental health support
- Food poverty
- Youth engagement
- Support for vulnerable people

Funded by The Co-operative Bank



www.co-operativebank.co.uk/customer-donation-fund

Labour Market Partnerships Childminding Academy

Are you interested in becoming a registered Childminder or approved home Childcarer?

This is an exciting opportunity to become a self-employed Childminder or an approved home Childcarer. The academy provides free access to the training, advice and support needed to enhance your qualifications whilst gaining the experience and resources required for a new career.

Why choose a career path in home based Childcare?

- The opportunity to earn a living by caring for other people's children
- The option to stay at home and care for your own children as well as caring for others
- Become self-employed
- Support the development of children up to 12 years of age
- Be eligible to benefit from the Tax Free Childcare scheme

What are the eligibility criteria?

- Must be over the age of 18
- Have the right to work in the UK
- Willing to commit and fully participate in all aspects of the academy



Ready to take the next step?

For more information or to apply,
contact our delivery partner NICMA:
Email: enquiries@nicma.org
Tel: 028 9181 1015



* Places are limited and applications may need to be prioritised. Whilst every effort will be taken to accommodate all enquiries, submitting an application does not guarantee a placement on the academy.



enquiries@nicma.org



JOB OPPORTUNITY
IMPACT & COMMUNICATIONS
ADMINISTRATOR

PART-TIME (30 HRS PER WEEK) - NEWRY

FOLLOW THE QR CODE
FOR MORE INFORMATION



YouthAction
NORTHERN IRELAND

Young at  for
80
1944
YEARS
2024

PEACEPLUS
Northern Ireland - Ireland
Co-funded by the
 European Union  UK Government

 www.communityni.org/job/impact



YouthAction
NORTHERN IRELAND

Young at  for
80
1944
YEARS
2024

**WE ARE
HIRING!**

**QUALITY ASSURANCE
COORDINATOR FOR TRAINING**

THE CORE RESPONSIBILITY OF THE QUALITY
ASSURANCE COORDINATOR FOR TRAINING IS TO
IMPLEMENT QUALITY ASSURANCE SYSTEMS AND
PROCESSES TO ENSURE THE HIGHEST
STANDARDS OF TRAINING AND ASSESSMENT IN
LINE WITH AWARDING BODY REQUIREMENTS.

 joanne@youthaction.org
or scan the QR code for more information



 www.communityni.org/job/quality-assurance



Lurgan Jobs & Benefits office presents

Self Employment Event

Lurgan Jobs & Benefits office
Wednesday 12 November 2025, 2.00pm – 3.30pm

Self-employability and support providers will attend including:

- ▶ Go succeed
- ▶ NI Childminding Association (NICMA)
- ▶ King's Trust
- ▶ Craigavon Industrial Development Organisation (CIDO)





The Department for Communities has announced the launch of a new **JobStart Scheme**, an employability scheme for working age benefit claimants who are currently unemployed or economically inactive

This launch builds on the success of the previous JobStart Schemes, with the first launching in 2021

Since then, over 4,000 employers have sought to use the schemes; more than 3,000 jobseekers have participated; 2,178 gained employment; and 160 moved into education or training

The scheme will provide quality job opportunities with a range of employers, in various sectors across Northern Ireland

The Minister has allocated £12.4 million, to run this phase of the Scheme

[A press release outlining the funding allocated has been issued.](#)

Detailed information on the new JobStart Scheme is available on the [nidirect website](#)

Information for employers is also available on the [nibusinessinfo website](#)

All current JobStart opportunities can be viewed at [JobApplyNI](#)

Potential participants who are claiming a working age benefit must speak to their Work Coach on [0800 001 5782](#) to discuss eligibility and the application process.

If you have any further queries, you can call the JobStart team on [028 90726788](#) or by e-mail at jobstart.scheme@communities-ni.gov.uk



SOUTHERN TRUST AREA

VOLUNTEERING

Belfast

Be part of the Fleadh

Celebrating Together **2-9 August**

Join the Volunteer Now Events Team

- Range of volunteer roles
- Training provided
- 4 hour shifts

events@volunteernow.co.uk
004428 90232020

Scan here and sign up to Volunteer

Comhaltas Fleadh Cheoil na hÉireann Belfast 2026

Belfast City Council Comhaltas



events@volunteernow.co.uk



www.nihe.gov.uk/migrant-housing-myths

RESOURCE PACK
FOR CHILDREN & YOUNG PEOPLE



The most recent edition of the **Children & Young People's Resource Pack** is OUT NOW!

Packed full of activity ideas, recipes and much more!

Resources and activities are free and in the public domain

(Note: Newsletter will download directly to your device - Look out for the pop-up box and click on open file when it appears)

Please share with contacts who you think would find it useful

Download your copy TODAY [HERE](#)



English

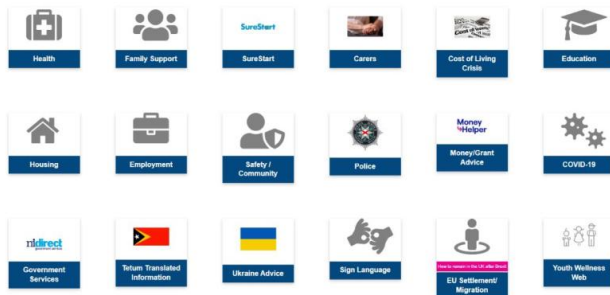


The CYPSP Translation Hub provides you with important information on Health, Education, Housing, Employment, Government Services, Cost of living, Contacts for support and much more.....





[www.cypsp.hscni.net/translation-hub](https://cypsp.hscni.net/translation-hub)





<https://cypsp.hscni.net/translation-hub>

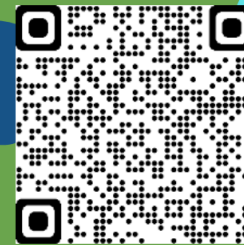


Youth Wellness Web

A place where everyone deserves to be helped at any time, no matter how big or small the problem is!

If you're struggling, it's okay to reach out:

Visit
cypsp.hscni.net/youth-wellness-web/



Scan QR code

SCHOOL
BULLYING
WELLBEING
BEREAVEMENT
MENTAL HEALTH

Call Childline on:
0800 1111

Call LIFELINE on:
0808 808 8000

Text Shout:
852558

Deaf & hard of hearing
textphone users:
18001 0808 808 8000



<https://cypsp.hscni.net/youth-wellness-web>



CYPSP
Children & Young People's Strategic Partnership

"Behind every child who believes in themselves is a parent who believed in them first" Matthew Jacobson

PARENT SUPPORT

Resources to help you:

Your influence as a parent is one of the most significant factors in your child's life chances. We want to support and work with you as the primary care giver and educator for your children to ensure what we offer is meaningful, consistent and available at the point of need.

Scan QR codes or visit our parents support pages for lots of advice, information, support services, parenting programmes and much more

Parent Support

The Parent Support webpage is designed for Parents and Organisations working to support families using group work approaches.

cypsp.hscni.net/ebpp/

WELCOME TO THE YOUTH WELLNESS WEB

Parents/Carers support

tinyurl.com/kxf2yk7v



<https://cypsp.hscni.net/youth-wellness-web/parent-teacher-zone> / <https://cypsp.hscni.net/ebpp/>

The Together Project



Supporting families of disabled children from 0-12 years with complex needs across Northern Ireland, including those with deafblindness.

Activities include:

Family Fun Days
Early Intervention (0-5 yrs)
Stay & Play sessions
Home visits
Sibling activities



All activities are free and designed to help families connect and create positive memories

If you are interested in being involved, please contact:

Amanda.Johnston@sense.org.uk

Belfasthub@sense.org.uk

Telephone: 02890833430



aine.donnelly@sense.org.uk



SOUTHERN TRUST AREA

FAMILY
SUPPORT

PARENTLINE NI

A safe space for every parent,
every step of the way!

Parentline NI
CHECKLIST



- ☒ FREE
- ☒ Instant connection
- ☒ No waiting list

Call us today on 0808 8020 400



0808 8020 400



parentline@ci-ni.org.uk



www.ci-ni.org.uk/parentline

Services Available Through The Hub May Include...

Practical
Support

Disability
Support

Drug &
Alcohol Support

Signposting to
Other Supports

Emotional
Health &
Wellbeing

Advice &
Guidance

Family
Support

Education
Support

Youth
Support

Parenting
Programmes

Parenting
Support

Behaviour
Support

"The hub linked me with services I didn't know existed"

"It was so simple to make a referral and I got
the help I needed"

"After a friend recommended that I contact the
hub, I rang and spoke to the hub co-ordinator
who helped me to make a self-referral"



There Are 3 Family Support Hubs In the Southern Trust Area

ARMAGH & DUNGANNON HUB

Caroline Williamson
PosAbility, Barnardos
Grange Building Tower Hill
Armagh
BT61 9DR
M: 07514 724926
T: 028 3741 4541

CRAIGAVON & BANBRIDGE HUB

Lisa Grant
NIACRO
26 Carleton Street, Portadown Co. Armagh
BT62 3EP
T: 028 38331168
E: familysupporthub@niacro.co.uk

NEWRY & MOURNE HUB

Allison Slater
Bolster Community
Unit 1, Killeavy Road
Newry
BT35 6UA
T: 028 3083 5764
E: familysupporthub@bolstercommunity.org



ONI Design & Print 07858 512722

Southern Area FAMILY SUPPORT HUB

*Many families need a little extra
help sometimes*



Information for Families



The 3 **Family Support Hubs** in the Southern Area
continue to operate as normal and
are open for referrals

Please make any **referrals by e-mail** [HERE](#)

Download the **August edition** of the
Family Support Hubs newsletter [HERE](#)

Click on the below thumbnail to watch the
**Southern Area Family Support Hub
promotional video**



What is the Family Support Hub?

- The Family Support Hub is a meeting of representatives from community, voluntary and statutory organisations who deliver services for children and families in your area.
- Each Family Support Hub has a lead body who co-ordinates the meeting and receives the referrals.
- The members of the Family Support Hub are from a range of statutory and community/voluntary agencies who offer services in your area. These agencies include; Education Welfare, Health Visiting, Womens Aid, Homestart, Social Services Surestart and Child and Adolescent Mental Health Services.
- Referrals will not be accepted without your consent. If the young person you are seeking support for is over 16, they must also sign the referral form.
- For more information follow this link <https://vimeo.com/216483917>

Your Family Support Hub Will

- Meet once a month to discuss referrals to identify and connect you and your family to the service you need at a time when you need it.
- Work in partnership with you and your family.
- Act professionally ensuring all information is treated in a confidential manner.

How The Hub Works

A referral form is submitted to your local hub-coordinator.

The Hub Co-ordinator may contact you for more information prior to the Hub meeting.

Hub Co-ordinator will present all referrals received to the monthly meeting. The Hub members will then discuss your referral and aim to match your family to the best service for you.

Only core Hub Members attend the meeting, you will not need to attend.

You will receive a letter from the Hub Co-ordinator to let you know what service was identified as most appropriate to meet your needs.

The service that was identified as most appropriate will then contact you directly.

You can choose whether or not you wish to accept the support that has been offered. You are in control.

What Are The Criteria For Making A Referral To The Hub?

- Your family would like support - this is a voluntary process and you can withdraw your referral at any time.
- You are a family with children aged 0 -17 years.
- No social worker currently involved with your family.

Some of the challenges the Hub can help with



Who Can Refer To The Hub?

- You can make a self-referral to the family support hub or a referral can be made by anyone working on your behalf i.e. teacher, doctor, health visitor or community group.
- You can download a referral form from <http://www.cypsp.hscni.net/family-support-hubs/> or just pick up the phone and call your local family support hub co-ordinator. Details can be found on the back of this leaflet.



The supported lodgings/STAY process

If you think you could offer a young person a safe and secure home through STAY/Supported Lodgings or if you would simply like to find out more about what is involved, please get in touch. You can expect the process to involve:

- 1 Contact us**
Get in touch with our experienced team who are available to answer all your questions.
- 2 Receive a Call Back**
Within two days of contacting us, a social worker will be in touch.
- 3 Meet with your social worker**
You can expect this to take place within ten days of your call back.
- 4 Apply**
You should have all the information you need to submit your application.
- 5 Social Work Interviews**
The interview will consider your background, your support network, your lifestyle, your family setup and your skills.
- 6 STAY/Supported Lodgings Panel**
Your application will be presented and assessed by the STAY/supported lodgings panel.



Every child/young person deserves a safe and stable home.

0800 0720 137
adoptionandfostercare.hscni.net

f @HSCAdoptionAndFosterCare
t @HSCAdopt_Foster



We need people who can change young people's lives, we need people like you

Supported lodgings / STAY prepares young people for adult life.



Supported lodgings / STAY

Supported Transition & Accommodation for Young people.

Supported Lodgings / STAY is accommodation provided in the home of an approved individual or family, known as a 'Host', who offers a safe and secure home for young people in care. These young people are aged from 16 to 21 years and are not quite ready to live on their own.

The young person may require accommodation as a move on from foster or residential care or they may be homeless or experiencing difficulties within their current home environment. Some young people are engaged in formal education or employment while others have an education package to meet their individual needs.

Some young people at university may also use this accommodation for holidays / weekend accommodation. They need emotional and practical support to help them develop their skills so they can move to the next stage of their lives to live independently.

About the young people:

- They will be aged 16-21 years
- They will need advice and support, and will be open to accepting it
- They may be still in education, or will be in training or employment.

STAY Hosts provide:

- A family based placement for care experienced young people
- Support to young people to develop social, practical and other independence skills
- Support to young people to achieve their potential in relation to education, training & employment
- A safe and supportive home; working in partnership with social workers and other professionals to promote the personal development of the young person
- A positive adult role model to young people
- Support to young people to make or re-establish links to their family and community.

The focus is on improving outcomes for vulnerable young people, giving them the necessary supports and advice that they require in their journey to independence.

Who can be a Host?

There is no such thing as a typical Host and each application will be assessed individually. We welcome applications from all backgrounds, regardless of marital, employment or home ownership status, or whether you are already a parent. Applications are considered from any race, religion, language, culture, gender, disability, age or sexual orientation.

It is important that Hosts:

- Like young people and enjoy their company
- Can offer a young person their own bedroom
- Have an understanding of the issues that young people face on day to day basis
- Are willing to teach the young person independent skills such as cooking, cleaning, basic DIY, managing money and household bills
- Have a keen desire to make a difference in a young person's life in preparing them to live independently
- Do not have a police record for violent or sexual offences
- Are available to attend all relevant training
- Are warm, caring and patient
- Have a good sense of humour.

What support do Hosts receive?

- You will receive a weekly payment to contribute towards rent, food and utilities
- An allocated worker to advise and support you.
- Opportunities to receive on-going training.



Sarah is a STAY host and currently has Laura living with her.

Sarah says: "We really enjoy spending time together; shopping, going for coffee and working out at the gym. I work full time and being a STAY host allows me to have the right balance between supporting Laura and having the freedom to work and have my own time. I have really benefited from the support from the STAY support worker and I love having Laura in my home."





The rise of vaping among young people has become a pressing public health concern

The Public Health Agency want to encourage and support families to have open and engaging conversations with young people to steer them away from these products

For help and advice on talking to your child about vaping visit [HERE](https://www.pha.site/vaping)

Ending Violence Against Women and Girls Invitation



Date & Time:

Tuesday, 25 November 2025 - 9:00am - 1:30pm

Venue:

Craigavon Civic Centre, Lakeview Road, Craigavon, BT64 1AL

Event Overview:

Soroptimist International invites you to attend an important event focused on ending violence against women and girls. During the event, the club will launch its report and findings on public awareness of domestic abuse. The survey was supported by the Police Service of Northern Ireland, the Policing and Community Safety Partnership, and the ABC Youth Voices Forum.

Speakers:

- Representatives from Armagh City, Banbridge and Craigavon Council
- Department of Justice
- Police Service of Northern Ireland
- Other service providers

Master of Ceremonies: Marcella Leonard, renowned activist for ending violence for all people

Registration: Places are limited. To secure your ticket, please contact siportadown@gmail.com



siportadown@gmail.com



ABC COUNCIL AREA

ABC Funding Opportunities

Armagh City, Banbridge & Craigavon Borough Council is offering financial assistance to eligible groups in the voluntary, community and social enterprise sector for the period **1 April 2026 - 31 March 2027** for:-

- Running costs (for eligible organisations)
- Programmes
- Events

Funding is available through the following grant programmes:

- Community Grants
- Arts, Culture and Events Grants
- Good Relations Grants
- International Linkages Grant

Applications are open at 9.00am on Monday 3 November to 12 noon Friday 28 November 2025.

To further assist groups there are the normal Information Sessions and additional Drop-in sessions for support on the following dates:-

- **Tuesday 4 November at Brownlow Hub, 6.30pm - 9.00pm**
Information sessions followed by Drop-in support sessions, 7.00pm - 9.00pm
- **Wednesday 5 November, 3.00pm**
Virtual Information Sessions
- **Thursday 6 November at The Old Town Hall, Banbridge, 6.30pm - 9.00pm**
Drop-in support sessions
- **Tuesday 11 November at the Hayloft, Palace Stables, Armagh, 6.30pm - 9.00pm**
Drop-in support sessions

To register for these sessions email fap@armaghbanbridgecraigavon.gov.uk



armaghbanbridgecraigavon.gov.uk



Community Training

COURSES INCLUDE

**Safeguarding | First aid
Mental Health First Aid | Food Hygiene
Manual Handling**

This initiative is supported through The Executive Office District Council Good Relations Programme



fap@armaghbanbridgecraigavon.gov.uk



www.armaghbanbridgecraigavon.gov.uk/community



ARMAGH LPG AREA



We are looking forward to our Information evening that we are hosting in our multi-sensory centre, The Sensory Xperience, based in Armagh City, and we are inviting relevant local services to this free event so families can meet with representatives to gain knowledge about services available in the area

The event is taking place on Thursday 13th November 2025 at 5.30pm - 7.30pm

Our address is Units 1- 3 Dobbin Centre, 6 Dobbin Lane. Armagh. BT61 7QP

We know first-hand what it is like to need support for a family that has daily struggles with caring for a loved one with additional needs and that any help is so appreciated and we would really love for you to be there so people can learn more about organisations/services in the local area

We would be grateful if you could let us know if you would like to attend by e-mailing us to

info@thesensoryxperience.com



BANBRIDGE LPG AREA

HSC Public Health Agency
Project supported by the PHA

futureproof
engage | educate | empower

Nurture Group

Support • Listen • Empower

15A COMMERCIAL ROAD
BANBRIDGE

REFERRALS VIA:
LUCINDA@FUTUREPROOFNI.ORG

A SAFE SPACE FOR YOUNG WOMEN AGE 11-14: FOCUSING ON MENTAL HEALTH AND WELLBEING. GET CREATIVE WITH CRAFTS, GAMES WHILE BUILDING FRIENDSHIPS.

BANBRIDGE_YES



lucinda@futureproofni.org

HSC Southern Health and Social Care Trust
Quality Care - for you, with you

Federation of Family Practices
Newry & District

Are you 14-17?

Are you Neurodiverse?

You're invited

Have your voice heard for what you want and need from
YOUR peer led group

Join us
Tuesday
every
4.00 – 5.30

15a Commercial Road
Banbridge
BT32 3ES

Activities include.....

Crafts Bead Work Origami Mini Canvas Painting
Bottle cap badges Nerf wars Board Games Card Games
Movies Table games Pictionary Charades

And many more

To register please contact
Lucinda 07540049938 or Veronica 07425330856



07540049938



BANBRIDGE LPG AREA

YOUTH
ENGAGEMENT
SERVICE

futureproof
engage | educate | empower

LGBTQIA+ +GROUP

WEDNESDAY
4.30-6PM

15A COMMERCIAL ROAD,
BANBRIDGE

COME ON DOWN!

Cara-Friend

CONTACT LUCINDA: 07540049938
LUCINDA@FUTUREPROOFNI.ORG

 
BANBRIDGE_YES

futureproof
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HSC Public Health
Agency

 07540049938

ECLIPSE
YOUTH
GROUPS

A SPACE TO BELONG. CONNECT AND GROW

AGE
11-18

ASD YOUTH GROUP

WEDNESDAY EVENINGS
6.30 PM-8 PM

A WELCOMING AND
SUPPORTIVE SPACE TO
MAKE FRIENDS. LEARN NEW
SKILLS AND HAVE FUN

15A COMMERCIAL RD. BANBRIDGE
BT323ES

CONTACT
SHAUNEY: 07599567942
ANNE: 07899666068

 07599567942 / 07899666068

Step Into Autumn with Our

WELLBEING WALKING GROUP

**ALL AGES
WELCOME!**

**FREE
REFRESHMENTS!**

Breathe in the fresh air, crunch through the autumn leaves, and enjoy friendly company on our 6-week walking adventure through Derrymore Woods, starting Monday 27th October.

If you need 1-1 support, please bring a chaperone.

When: Mondays
from 27th Oct – 1
Dec

Time: 11am

Where:
Derrymore Woods

Register with us on 028 3083 5764

Register with us on 028 3083 5764




Southern Health
and Social Care Trust

 028 3083 5764




**BOLSTER
COMMUNITY**

TOTS & TEA

Join our meet up's
Fun Activities | Safe Space
Cuppas & Catch-ups | Peer Support

**WE MEET THE LAST THREE
WEDNESDAYS' OF EACH MONTH
AT THE MEADOW & ARMAGH
ROAD COMMUNITY CENTRE
(10AM-12 NOON)**

Plus Parents only meet up once a month!

For further info & to register, please call
Julie-Anne at Bolster Community on
028 3083 5764








Southern Health
and Social Care Trust

 028 3083 5764

»»»»

Careers Fairs

For 5th & 6th year students

Local employers with potential & future vacancies can exhibit for **FREE** to engage with students, principals & careers teachers to develop a prospective talent pipeline

20th January 2026
Newry Leisure Centre

4th February 2026
Down Leisure Centre

Register via link in post



NEWRY, MOURNE AND DOWN Labour Market Partnership Working Together

Department for Communities
www.communities-ni.gov.uk

Comhairle Ceantair an Iúir, Mhúrn agus an Duín
Newry, Mourne and Down District Council

 <https://forms.office.com/pages/responsepage>

DO YOU LIVE IN THE NEWRY CITY AREA?

DO YOU WANT TO BE MORE ACTIVE?

WE WANT TO HEAR YOUR VIEWS?



✓ **What activities would you be interested in?**

✓ **Where would you like activities to be held?**

✓ **When should we deliver these activities?**

PLEASE TAKE A FEW MINUTES TO COMPLETE OUR SURVEY TO HELP US MEET THE NEEDS OF PEOPLE LIVING IN THE NEWRY CITY AREA

SCAN ME



Southdown Health and Social Care Trust Quality Care - for you, with you

Department for Communities Pobal Department for Communities Promoting Wellbeing Division

 www.surveymonkey.com/r/7M5NSRX

SUBMISSION

- ✓ Submit the information in the format you would like it to be included. We can't transform a word-heavy document into a flyer.
- ✓ Less words, bigger pictures!
- ✓ We do not advertise or endorse those events or programmes which are privately funded as a business.
- ✓ Information will usually be included for x1 edition, unless otherwise requested.



GUIDELINES

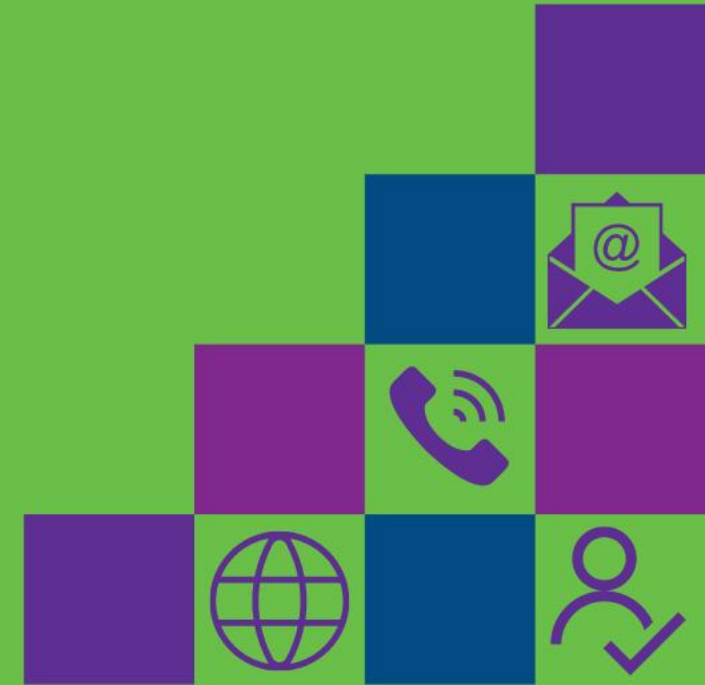
- ✓ 'FYI' will usually be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.
- ✓ We may have to decline to advertise information which is not applicable to better outcomes for children and young people.
- ✓ Your feedback is welcome. (We are not perfect, but strive to be as good as we can.)
- ✓ Please let us know if 'FYI' has helped your service, event or activity in any way.



Click on the below issue nos.
to view recent editions of 'FYI':

[Issue 156](#)
16th October 2025

[Issue 155](#)
25th September 2025



UPCOMING 2025 LPG MEETINGS

Craigavon	Tues. 11 th Nov
South Armagh	Tues. 18 th Nov
Banbridge	Wed. 26 th Nov
Dungannon	Tues. 2 nd Dec
Newry & Mourne	Wed. 10 th Dec
Armagh	January 2026

Meetings are usually scheduled to begin at 10am
Formats will alternate between face-to-face & Zoom
(Refer to the 2025 Meetings Calendar on our [Linktree](#))



SCAN QR CODE
FOR INSTANT
ACCESS TO OUR
INFO. HUB



For further information on Locality Planning or 'FYI', contact:
Joanne Patterson (localityplanning@ci-ni.org.uk) or Darren Curtis (07725232566)
CYPSP, 2nd Floor, Health & Social Care Board, Tower Hill, Armagh. BT61 9DR



**'FYI' NEWSLETTER CALENDAR
JUNE TO DECEMBER 2025**



JUN	ISSUE 151	Publication: 26 th Deadline: 24 th
JUL	ISSUE 152	Publication: 17 th Deadline: 15 th
AUG	ISSUE 153	Publication: 14 th Deadline: 12 th
SEP	ISSUE 154 ISSUE 155	Publication: 4 th Deadline: 2 nd Publication: 25 th Deadline: 23 rd
OCT	ISSUE 156	Publication: 16 th Deadline: 14 th
NOV	ISSUE 157 ISSUE 158	Publication: 6 th Deadline: 4 th Publication: 27 th Deadline: 25 th
DEC	ISSUE 159	Publication: 18 th Deadline: 16 th



Please submit your artwork in a
print-ready format (jpeg, png or pdf)
to localityplanning@ci-ni.org.uk



Advertise in our upcoming issue!

**Circulation Date:
27th November 2025**

**Copy Deadline:
25th November 2025**



localityplanning@ci-ni.org.uk