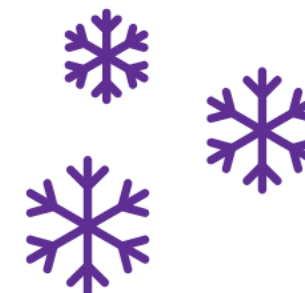


# SOUTHERN AREA LOCALITY PLANNING GROUPS



**ISSUE 159**  
18th December 2025



## WELCOME

Welcome to Issue 159 of our fortnightly newsletter, 'FYI' (For Your Information).

In our last edition of 'FYI' for 2025, we would like to wish you greetings for the festive season.

It has been another challenging year for families and supporting services, but we still need to highlight and promote the work carrying on from all sectors in the Southern Area and across Northern Ireland. They continue to be more vital than ever!

Please keep sending us your information and we will do our best to keep spreading the word!!

Locality Development Team, Southern Area

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## SOUTHERN TRUST AREA

CYPSP  
UPDATES

### SOUTHERN AREA LOCALITY PLANNING GROUPS MEETINGS CALENDAR 2026



#### ARMAGH

Thursday 8<sup>th</sup> January  
Thursday 5<sup>th</sup> March  
Thursday 7<sup>th</sup> May  
Thursday 3<sup>rd</sup> September  
Thursday 5<sup>th</sup> November

#### BANBRIDGE

Wednesday 28<sup>th</sup> January  
Wednesday 15<sup>th</sup> April  
Wednesday 17<sup>th</sup> June  
Wednesday 23<sup>rd</sup> September  
Wednesday 25<sup>th</sup> November

#### CRAIGAVON

Tuesday 13<sup>th</sup> January  
Tuesday 10<sup>th</sup> March  
Tuesday 12<sup>th</sup> May  
Tuesday 8<sup>th</sup> September  
Tuesday 10<sup>th</sup> November

#### DUNGANNON

Tuesday 3<sup>rd</sup> February  
Tuesday 28<sup>th</sup> April  
Tuesday 9<sup>th</sup> June  
Tuesday 29<sup>th</sup> September  
Tuesday 1<sup>st</sup> December

#### NEWRY & MOURNE

Wednesday 18<sup>th</sup> February  
Wednesday 22<sup>nd</sup> April  
**Wednesday 3<sup>rd</sup> June\***  
Wednesday 7<sup>th</sup> October  
Wednesday 9<sup>th</sup> December

#### SOUTH ARMAGH

Tuesday 20<sup>th</sup> January  
Tuesday 24<sup>th</sup> March  
**Wednesday 3<sup>rd</sup> June\***  
Tuesday 15<sup>th</sup> September  
Tuesday 17<sup>th</sup> November

**\*Joint Meeting of Newry & Mourne and South Armagh LPGs**

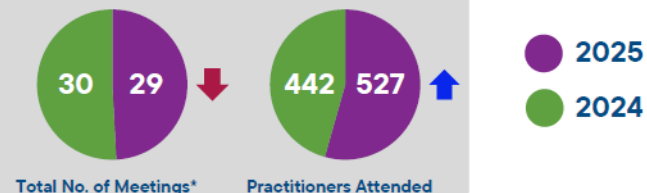


2026 Locality Planning Group Meeting **venues** and **formats** available to view on the Locality Planning Linktree [HERE](#)



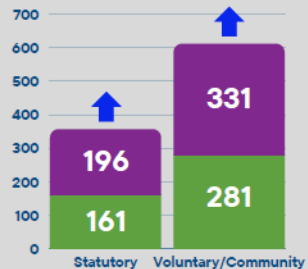
## SOUTHERN AREA LPG MEETINGS YEAR IN REVIEW 2025

### General Attendance

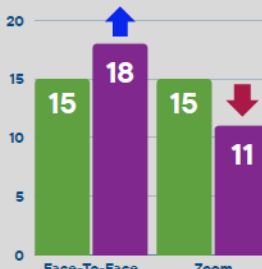


\*Joint Meeting of Newry & Mourne and South Armagh LPGs took place in June 2025

### Attendance by Sector



### Meeting Formats



For further info., contact the Southern Area Locality Development Team on [localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk)



## SOUTHERN AREA LPG MEETINGS YEAR IN REVIEW 2025

### Attendance by Individual Locality Planning Group



Uplift of 19% (+85) in Overall Attendance at LPG Meetings during 2025



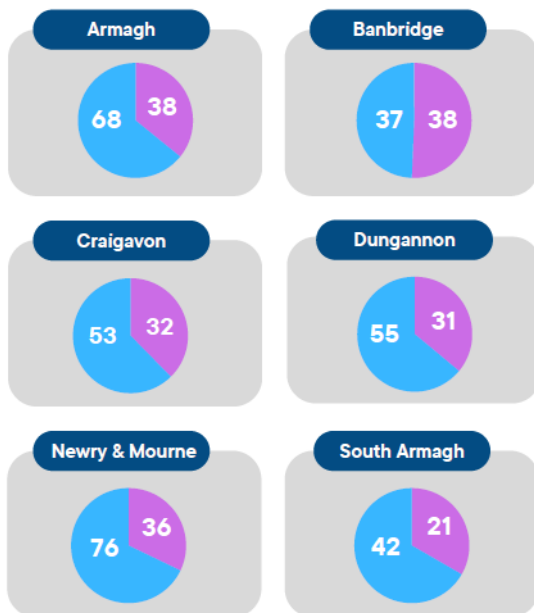
For further info., contact the Southern Area Locality Development Team on [localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk)

Take a closer look at the breakdown of overall & area-specific attendee nos., including sectoral splits, and what our LPG Members have said about our LPG Meetings in 2025 [HERE](#)





## SOUTHERN AREA LPG MEETINGS YEAR IN REVIEW 2025



● Statutory

● Community/Voluntary

Overall 2025 Sectoral Split:

37% Statutory

63% Community/Voluntary

For further info., contact the Southern Area Locality Development Team on [localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk)



## SOUTHERN AREA LPG MEETINGS YEAR IN REVIEW 2025

I always take away so much from the meetings, your organisations are a gold mine of information. Thank you.

You have been the most welcoming bunch, and I cannot recommend being part of the LPGs enough and that's down to you!

There's so much fantastic work taking place out there. I really enjoyed this morning's meeting as it was great opportunity to meet people and learn more about what is happening.

Now that I have officially retired, I wish to extend my deepest gratitude to you both and to everyone at the LPG. I have learnt a lot from my engagements with CYPSP and met some lovely genuine people.

I just wanted to say thanks so much for all you do. It's really inspiring to see such a supportive network in Newry and I am amazed at all the great things everyone is working on to support the community and such a lovely feeling of collaboration that doesn't exist without support.



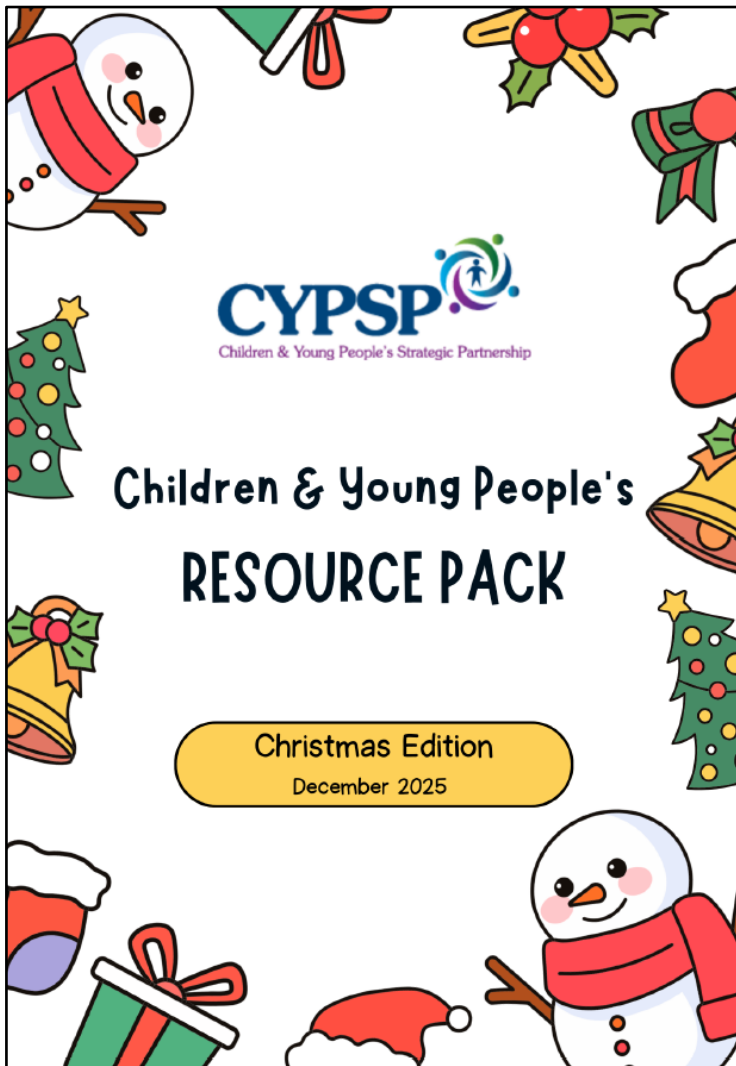
JOIN US AT ONE OF OUR 6 LOCALITY PLANNING GROUPS ACROSS THE SOUTHERN AREA

[CONTACT US TODAY](#)

**ALL FREE! ALL VOLUNTARY!**

For further info., contact the Southern Area Locality Development Team on [localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk)

Take a closer look at the breakdown of overall & area-specific attendee nos., including sectoral splits, and what our LPG Members have said about our LPG Meetings in 2025 [HERE](#)



As Christmas draws near, we are excited to share the Christmas Edition of the Children and Young People's Resource Pack, packed with fun, creative, and seasonal activities to support children, young people, and families across Northern Ireland

Whether you are a parent, carer, youth worker, teacher, or young person looking for something exciting to do on the run up to Christmas, this pack is bursting with Creative Crafts & Activities, Inclusive Resources, Wellbeing & Kindness Calendars and Bereavement Support

Download your free copy [HERE](#)

Resources and activities are free and in the public domain

Please share widely with colleagues, families, and community groups!



The **Christmas** edition of the **Family Support Hub Newsletter** is now available [HERE](#)

As we approach the festive season, this edition is filled with events, activities, and services designed to support families across our region during what can be both a joyful and challenging time of year - Whether you are a parent, carer, or professional working with families, we hope you find something helpful and uplifting within these pages

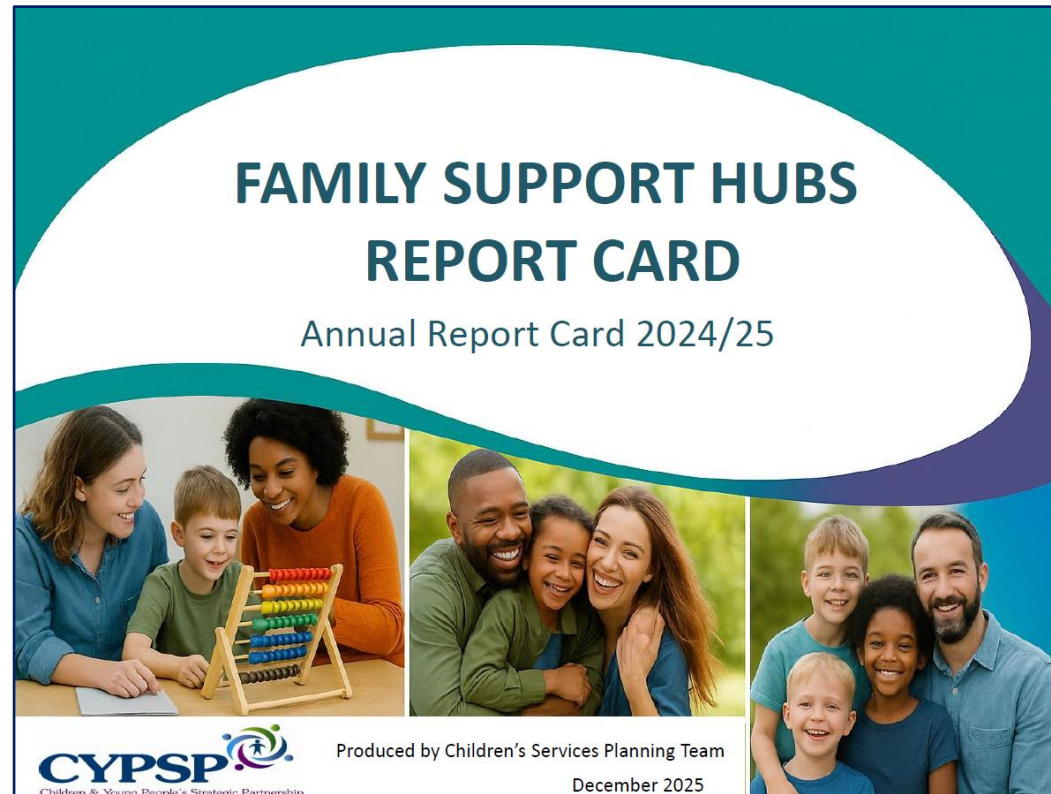
This newsletter is a celebration of the incredible work happening in our communities and the commitment of everyone involved in supporting families

It's also a reminder that help is always available, no one should feel alone during the holidays

It is also packed full of information for parents/carers, early years, children & young people with a disability, mental health and wellbeing advice, helplines and much more - Make sure you download your copy now!

Previous editions of the newsletter are available [HERE](#) under Family Support Newsletter section





The **FSH Annual Report Card 2024/25** is now available on the website under Family Support Hub Monitoring on the Family Support Hub page along with the Trust reports

The Annual FSH Report card is in a new format and this updated version includes commentary on regional variations, highlighting differences across areas

Our aim with this new approach is to make the report more informative and useful for planning and decision-making

Download the report [HERE](#)



Our funding restrictions are such that funded training is only available to those who work/volunteer for a **voluntary, charitable, faith or community-based organisation**





## January / February training

Open to those in community/voluntary sector

Tuesday January 13	Designated Officer 9:30am - 12:30pm, Online
Thursday January 15	Child Protection Practice 10:00am - 1:00pm, Online
Monday January 26	Child Protection Practice 6:00pm - 9:00pm, Online
Thursday January 29	Designated Officer 9:30am - 12:30pm, Online
Tuesday February 3	Child Protection Practice 9:30am - 12:30pm, Online
Tuesday February 10	Designated Officer 9:30am - 12:30pm, Online
Tuesday February 10	Child Protection Practice 10:00am - 1:00pm, Online
Tuesday February 17	Understanding Emotions and Behaviours in Middle Childhood Years (4-12) 10:00am - 4:00pm, In-person
Tuesday February 24	Designated Officer 10:00am - 4:00pm, In-person
Tuesday February 24	Gaming and Gambling Harm Prevention 10:00am - 1pm, Online

 [www.ci-ni.org.uk/training](http://www.ci-ni.org.uk/training)




## January / February training

Paid courses

Friday January 16	Counselling Skills for Everyday Practice 10:00am - 4:00pm, In-person
Tuesday January 20	Supporting School Based Anxiety 09:30am - 12:30pm, Online
Thursday January 22	Autistic Women and Girls 10:00am - 4:00pm, In-person
Monday January 26	Communicating Effectively with Children and Young People 10:00am - 1:00pm, In-person
Tuesday February 3	Trauma and the Helping Professional 10:00am - 4:00pm, In-person
Thurs/Fri February 5/6	Baby Massage Instructor Training 10:00am - 4:00pm, In-person
Friday February 20	Understanding ADHD: A Strengths Based, Neuroaffirming Approach 10:00am - 1:00pm, Online
Thursday February 26	Understanding Autism 10:00am - 4:00pm, In-person

 [www.ci-ni.org.uk/training](http://www.ci-ni.org.uk/training)

Book CiNI Training

## Autism Awareness Training for practitioners

Tuesday 27<sup>th</sup> Jan 2026  
2-4.30pm Online

Closing Date

Tuesday 13<sup>th</sup> Jan 2026



Join the Autism Services team online for an awareness session aimed at professionals working with a child or working with a parent of a child who has:

- A confirmed diagnosis
- Waiting on an assessment or
- Concerns that their child may be on the spectrum

The session aims to provide you with an increased understanding of:

- How children and young people with autism perceive the world
- How children and young people with autism think and learn
- How to use children's and young people's strengths to help them reach their potential
- The reasons behind the difficulties faced by children and young people with autism in learning, social interaction and communication
- Applying strategies when teaching, supporting and interacting with children and young people with autism.

To Apply Click here: <https://forms.office.com/e/zC3t0ZyiYy>



<https://forms.office.com/responsepage>



## Understanding Self-Harm

Self-harm & suicidal behaviours are interconnected but distinguishing between the two can be challenging. It's crucial to recognize the significant differences in intention and the risks each one presents.

This **FREE** community workshop provides a safe and supportive environment to learn how to recognise the signs, respond with compassion, and connect individuals (if appropriate) to Inspire's SHIP (Self-harm Intervention Programme) or to other relevant support services.

This workshop addresses both self-harm & suicide. It is designed for staff, family members, caregivers, or anyone supporting young people or adults affected or at risk.

**In this workshop we will:**

- Define Self-Harm & explore the motivations behind it.
- Understand risk factors, myths & discuss self-harm & suicide safely
- Learn to recognise the signs of distress & how to offer support
- Equip ourselves with tools to assist someone in crisis
- Explore Harm Minimisation & Safety Plans
- Gain an understanding of the SHIP Service & referral pathways

No personal sharing is required; we will maintain a safe & supportive environment. **PLEASE NOTE:** This workshop may not be appropriate if you have recently been bereaved by suicide.

**Eligibility & Booking Information:**

- Free to community groups in the Southern Trust and South Eastern Trust Areas.
- Workshops must be 2 hours in length.
- Delivered daytime, in-person.
- Target group size - 12 (max of 20)

Jenny Groves, Training Co-ordinator  
j.groves@inspirewellbeing.org  
07834 181303





[j.groves@inspirewellbeing.org](mailto:j.groves@inspirewellbeing.org)





The poster features a QR code in the top left corner. To its right is the 'IGNITE COMMUNITY' logo, which includes the text 'Inspiring Tomorrow's Changemakers' and a graphic of people jumping. A diagonal banner on the right side reads 'IGNITING POTENTIAL, INSPIRING CHANGE, TRANSFORMING COMMUNITIES'. The main title 'Free Training for Youth Workers' is in large orange letters. Below it, green diagonal lines precede the text 'Learn creative tools to spark engagement and innovation' and 'Resources and ongoing support to help you put learning into action'. An orange lightning bolt graphic is to the right of this text. Below, the text 'Sign Up Using The QR Code' is in orange. Further down, blue text states 'Train with YSI and develop the skills to facilitate a social innovation programme with your young people.' At the bottom, logos for 'YOUNG SOCIAL INNOVATORS' (a 3x3 dot grid), 'PEACEPLUS Northern Ireland - Ireland' (with a rainbow flag), and 'Co-funded by the European Union' and 'UK Government' are displayed. The website 'ysi.ie' is at the bottom center.

**Free Training for Youth Workers**

Learn creative tools to spark engagement and innovation  
Resources and ongoing support to help you put learning into action

**Sign Up Using The QR Code**

Train with YSI and develop the skills to facilitate a social innovation programme with your young people.

**YOUNG SOCIAL INNOVATORS** | **PEACEPLUS** Northern Ireland - Ireland  
Co-funded by the European Union | UK Government

**ysi.ie**

CPD ACCREDITED TRAINING



<https://docs.google.com/forms>

## A QUALIFICATION In Infant Massage

### GETTING STARTED

#### Who?

The IAIM is the largest, longest standing association dedicated solely to baby massage. The original and trusted infant massage provider for organisations, trusts, charities, independent instructors and families. Our reputable programme is known all around the globe and has been evidenced as a successful positive intervention for parents.

#### How?

The IAIM training equips delegates to teach parents to massage their babies in weekly sessions (60-90mins) over 5 weeks, this can be in group or 1:1 settings. Our training is delivered through in-house or open training over 4 days.

#### Core Curriculum

The delivery of the core curriculum has an important underlying principle: understanding and valuing parents and families. This includes demonstrating respect and recognition for the parents' expertise and encouraging parents to trust their abilities and intuition. Our comprehensive training covers 15 essential core curriculum points.



## CERTIFICATION *Your Training*



The IAIM training programme is designed to leave you feeling inspired, motivated and confident to lead your classes. Our comprehensive curriculum includes the invitation of parents and babies to join us on 3 of the 4 days, allowing you to see the class in action and even have a go at a small teaching segment yourself.

We don't just want you to learn, we want you to feel, as well as connect with our work, the association and each other, through a variety of teaching methods.



**Next Dates: Newry**  
**Full Training: 9<sup>th</sup>-12<sup>th</sup> March**  
**Refresher Day: 13<sup>th</sup> March**  
[crystal@connectedbabies.co.uk](mailto:crystal@connectedbabies.co.uk)

#### *What our students say:*

*"The training will stay with me forever, it truly touched my heart"*

*"One of the best courses I have ever attended. I loved the holistic approach and the scientific evidence"*



4-Day Training / Refresher Training



SOUTHERN TRUST AREA

WORKSHOPS



**Parent Well**

A source of inspiration



0808 8020 400

## Staying Safer & Smarter Online

\*Content \*Contact \*Conduct \*Consequences  
Supporting children 11yrs & over to stay safer online



Small group information  
session for parents

Thursday 8<sup>th</sup> January 2026  
10-11.30am on Zoom

To book your place call  
0808 8020 400



0808 8020 400



## Expression of Interest

# Thriving Mind Self-Compassion Workshop

*Would you, your community group or workplace benefit from a FREE wellbeing boost?*

### What the session offers:

- Increased understanding of how self-compassion supports mental wellbeing
- Learn practical strategies and exercises to treat yourself with more kindness
- Improved awareness of local and online sources of support

### Session Details

- Duration: 3 hours
- Format: Face-to-face or online
- Available within the **Southern and South Eastern** Health & Social Care Trust areas
- Workshops must take place between **1<sup>st</sup> November 2025 - 28<sup>th</sup> February 2026**

**To book a session:**

 [training@ascert.biz](mailto:training@ascert.biz)



developing healthy communities



Clear



HSC Public Health Agency  
Project supported by the PHA



[training@ascert.biz](mailto:training@ascert.biz)



CPD Certified

## Expression of Interest

# Thriving Mind Bend Don't Break Workshop

*Are you a professional supporting others through challenging situations?*

### What the session offers:

- Describes how stress can affect us
- Explores the concept of resilience
- Learn and practice skills such as "Catch It, Pause It, Challenge It, Change It"
- Identify additional resources and sources of support

### Session Details

- Duration: 3 hours
- Format: Face-to-face or online
- Available within the **Southern and South Eastern** Health & Social Care Trust areas
- Workshops must take place between **1<sup>st</sup> November 2025 - 28<sup>th</sup> February 2026**

**To book a session:**  [training@ascert.biz](mailto:training@ascert.biz)



developing healthy communities



Clear



HSC Public Health Agency  
Project supported by the PHA



[training@ascert.biz](mailto:training@ascert.biz)





## SOUTHERN TRUST AREA

## WORKSHOPS



The poster features a central title 'Empower & Elevate' with the King's Trust logo above it. Below the title is the text 'The King's Trust in collaboration with Wellbeing For Us' and the 'wellbeing for us.' logo. The poster is decorated with several colorful icons: a sun with 'I'm a ray of sunshine', a speech bubble with 'I CAN & I WILL', a triangle with 'SHOULD NOT I AM STRONG', a green shield with 'YOU ARE ENOUGH', and a blue circle with 'reward small wins'. A red oval with 'Signing Off' is also present.

### Empower & Elevate

The King's Trust in collaboration with Wellbeing For Us

**Signing Off**

#### A safe space to grow & learn

Our Empower & Elevate workshop is designed to help those build confidence and take a first step towards personal growth. It will guide you through important wellbeing tools for managing stress, healthy relationships, setting boundaries and building self-esteem.

Eligibility

- Age 16-30.
- Not in work or employed.
- Not in education or training.
- If on benefits must have job search requirements turned off.
- Help with childcare costs.
- Public Transport costs reimbursed.
- Location: Kings Trust Belfast Office or at your own organisation or online.

If you have a group of young people that meet the eligibility, who you think would benefit from wellbeing support by an experienced Mental Health Practitioner, please contact us below to set this up.

**Monthly Newsletter**



**Email:** [outreachni@kingstrust.org.uk](mailto:outreachni@kingstrust.org.uk)  
**Call:** 0800 842 842

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[outreachni@kingstrust.org.uk](mailto:outreachni@kingstrust.org.uk)



Southern Health  
and Social Care Trust  
TOGETHER, IMPROVING CARE, TRANSFORMING LIVES



Southern Trust Recovery College  
Wellbeing education for everyone

# RECOVERY COLLEGE COURSES

**We have a wide range of courses available**



**JANUARY, FEBRUARY,  
MARCH 2026**

**To register your interest / enrol on any  
of the courses, get in touch.**

**All our courses are free of charge.**

To register your interest in any courses, please get in touch using the contact details below:

Tel: 02837561938

Email: [Recovery.college@southerntrust.hscni.net](mailto:Recovery.college@southerntrust.hscni.net)

Alternatively, you can use the below link to register your interest:  
[Recovery College Register Form | Southern Health & Social Care Trust](#)

To access our Free Online Recovery College Courses, which are available 24 hours a day, register [HERE](#)



**Human Library Event – 22 January 2026**  
**Save The Date**

A unique Human Library experience where “human books” share their lived stories to challenge stereotypes and build understanding.


**Thursday, 22 January 2026**  
**Millennium Court, Portadown**  
**10:00 am – 2:00 pm**


In partnership with:  
Southern Health & Social Care Trust  
ABC Community Network, Portadown


Places are limited – please book early  
✉ [Agnieszka.Judkiewicz@southerntrust.hscni.net](mailto:Agnieszka.Judkiewicz@southerntrust.hscni.net)


**Special requirements:**  
Please let us know if you have any specific needs, such as:

- Accessibility or mobility support
- Translation / interpreting
- Dietary requirements
- Any other adjustments to support your participation

 Southern Health and Social Care Trust

 Promoting Wellbeing DIVISION

 **ABC COMMUNITY NETWORK**  
ARMAGH BANBRIDGE CRAIGAVON



[Agnieszka.Judkiewicz@southerntrust.hscni.net](mailto:Agnieszka.Judkiewicz@southerntrust.hscni.net)



Since 2006, the **Community Relations Council's Good Relations Awards** has highlighted exceptional achievement in promoting good community relations, intercultural work and peacebuilding in Northern Ireland

Previous Award winners have come from all parts of the region and worked in a wide variety of settings including women and peacebuilding, faith-based work, youth work, community development, cross community work at interfaces, and ethical remembering/commemorative work in a history of conflict

For the 2026 Good Relations Awards, the Community Relations Council will be working in partnership with The Executive Office, NICVA, NI Youth Forum, Volunteer Now, The Community Foundation for Northern Ireland, NI Housing Executive and Sported

There are seven Award categories and we would particularly welcome nominations from the T:BUC family of programmes

Find out more about the Awards and nominate [HERE](#)



## Childhood vaccinations

This webinar session is aimed at community and voluntary staff working with children. The webinar aims to cover:

- the importance of childhood vaccination
- an overview of the childhood vaccination schedule in Northern Ireland
- information regarding the introduction of the changes to the childhood vaccination schedule commencing January 2026

- [Register your interest – Fill in form](#)

**WEDNESDAY 21ST  
JANUARY 2025 1PM – 2PM**

[Join the meeting now](#)

Meeting ID: 374 367 293 014 29  
Passcode: GN3Qz2J5

**TUESDAY 27TH JANUARY  
2025 1PM – 2PM**

[Join the meeting now](#)

Meeting ID: 365 127 165 462 22  
Passcode: Rm3UY3UP



<https://forms.office.com/responsepage>





## SOUTHERN TRUST AREA

## PARENTING PROGRAMMES



**For Dads to be**

**A 6-week online program to support you get ready for the birth of your baby**

**Starting Monday 19<sup>th</sup> January 2026**

**7pm - 8.30pm**

For further information please contact:

Jacqueline Masterson, Promoting Wellbeing Team,

[Southern Health & Social Care Trust](#)

02837564489 / 07867208352

[mellow.parenting@southerntrust.hscni.net](mailto:mellow.parenting@southerntrust.hscni.net)



**For Mums to be**

**A 6-week online program to support you get ready for the birth of your baby**

**Starting Monday 26<sup>th</sup> January 2026**

**10.30am -12.30pm**

For further information please contact:

Jacqueline Masterson, Promoting Wellbeing Team,

[Southern Health & Social Care Trust](#)

02837564489 / 07867208352

[mellow.parenting@southerntrust.hscni.net](mailto:mellow.parenting@southerntrust.hscni.net)



[mellow.parenting@southerntrust.hscni.net](mailto:mellow.parenting@southerntrust.hscni.net)



[mellow.parenting@southerntrust.hscni.net](mailto:mellow.parenting@southerntrust.hscni.net)



Build children's social competence, self-confidence and emotion regulation skills.

Help parents to respond to behavioural difficulties.

Support strong parent-child relationships.

### invest in play®

#### Building Stronger Relationships For The Whole Family

A 12-week programme for parents/carers of children aged 5-12 years

**Start Date: Wednesday 21st January 2026**

**Time: 10am-12pm**

**Location: PWB Training Room, Main Building, St Lukes, Armagh BT61 7NQ**

For more information please contact:  
**Maria Killen, Parenting Partnership**  
**Phone: 07880 474747**  
**Email: [parenting.partnership@southerntrust.hscni.net](mailto:parenting.partnership@southerntrust.hscni.net)**




Click or scan here for the Referral Form


 Southern Health and Social Care Trust  
 TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

 invest in play



[parentingpartnership@southerntrust.hscni.net](mailto:parentingpartnership@southerntrust.hscni.net)



 ParentsPlus  
 Empowering Professionals to Support Families

**FAMILY**

**8 WEEK COURSE**

### PARENTS PLUS ADHD Programme - Limited places available

Parenting a child with ADHD can bring special challenges but with the right support parents can learn to overcome these challenges and help their children reach their full potential.

This 8 week evidence-based parenting programme addresses the needs of parents raising a child with an ADHD diagnosis, helping them manage behaviour and emotional problems.


**Location: Armagh Business Centre**  
 2 Loughgall Rd, Armagh, BT61 7NH


**Start Date: Thurs 22nd Jan to Thurs 19th March 2026**

**Time: 10:30am-12:30pm.**

**Criteria: For parents with a child diagnosed with ADHD/awaiting an assessment, aged 6-11 years and who are resident in the Southern Trust area.**

Call Gemma at Bolster Community to register on 028 3083 5764 or email [gemma@bolstercommunity.org](mailto:gemma@bolstercommunity.org)

Delivered by:  BOLSTER COMMUNITY

Funded by:  Southern Health and Social Care Trust



[gemma@bolstercommunity.org](mailto:gemma@bolstercommunity.org)



Children  
in Northern  
Ireland



### WALKING on EGGSHELLS

Non-violent resistance programme



Child to parent violence is an abuse of power, where a child or adolescent attempts to coerce, control or dominate others in the family

#### About the Programme

Walking on Eggshells is an 8 week programme to support parents and carers in achieving a calmer, violence-free home

**It can help you:**

- Overcome feelings of helplessness
- Develop a support network
- Stop destructive behaviours
- Improve family relationships

- Starting Tuesday 3 February 2026
- Runs for 8 consecutive Tuesdays, 10am - 12pm (with a week off for mid-term)
- Online

**Open to parents and carers in the Southern Health and Social Care Trust area**

All parents / carers will complete an initial assessment to ensure the programme is suitable for their family circumstances

Take the first step towards a safer, more peaceful home

**Register now:** 028 9040 1290  
info@ci-ni.org.uk

 [info@ci-ni.org.uk](mailto:info@ci-ni.org.uk)



### Parents & Carers

#### Are you parenting an adolescent with an Autism diagnosis and living in the Southern Trust Area?

Join our **Parents Plus 'Special Needs Programme'** and meet other parents in a supportive group to help your adolescents reach their full potential.

#### Support your child to:

- Learn social skills and build friendships
- Deal with puberty and sexuality
- Gain confidence and self-esteem
- Be more independent

#### As a parent, learn how to:

- Personally cope and manage stress
- Deal with the challenges of adolescence
- Support the needs of your other children
- Manage challenging behaviour

Dates/Times: Thurs 19<sup>th</sup> Feb 2026 x 7 weeks / 6pm-8.30pm  
Location: Online

Priority will be given to families known to the Southern Trust Autism and Disability Services. However referrals will be considered from all families living in the Trust who meet the criteria

For more information/ please contact:  
Claire Convery    Clanrye    07483 059876    [claire.convery@clanryegroup.com](mailto:claire.convery@clanryegroup.com)  
Application form link: <https://forms.office.com/e/9Me89jNnsa>  
Closing date for completed applications Friday 30<sup>th</sup> January 2026



Southern Health  
and Social Care Trust

TOGETHER, IMPROVING CARE, TRANSFORMING LIVES



ParentsPlus

Supporting Professionals to Support Families



Clanrye Group

Here To Support You

 [claire.convery@clanryegroup.com](mailto:claire.convery@clanryegroup.com)





### Parents & Carers

## Are you parenting an adolescent with an Autism diagnosis and living in the Southern Trust Area?

Join our **Parents Plus 'Special Needs Programme'** and meet other parents in a supportive group to help your adolescents reach their full potential.

#### Support your child to:

- Learn social skills and build friendships
- Deal with puberty and sexuality
- Gain confidence and self-esteem
- Be more independent

#### As a parent, learn how to:

- Personally cope and manage stress
- Deal with the challenges of adolescence
- Support the needs of your other children
- Manage challenging behaviour

Dates/Times: Thurs 19<sup>th</sup> Feb 2026 x 7 weeks / 6pm-8.30pm  
Location: Online

Priority will be given to families known to the Southern Trust Autism and Disability Services. However referrals will be considered from all families living in the Trust who meet the criteria

#### For more information/ please contact:


Claire Convery Clanrye 07483 059876 [claire.convery@clanryegroup.com](mailto:claire.convery@clanryegroup.com)

Application form link: <https://forms.office.com/e/9Me89iNnsa>

Closing date for completed applications Friday 30<sup>th</sup> January 2026



[claire.convery@clanryegroup.com](mailto:claire.convery@clanryegroup.com)



### A Solihull Approach Course for Foster Carers

#### Understanding your foster child's behaviour-Spring 2026

- Are you interested to know more about your foster child's development and how their behaviour might be influenced by their previous experiences?
- Would you like to develop your strategies further to support your foster child's development?

We are offering a programme in the New Year (details below) for Southern Trust Foster Carers of children from birth- 5 years and would love you to get in touch if this applies to you.

The programme will explore:

❖ Emotional & developmental needs	❖ Parenting styles	❖ Communication/Play
❖ Brain development/Dan Siegel/Bruce Perry.	❖ Behaviour challenges/	❖ Sleep
	❖ Behaviour for Learning	

**Programme details.**  
The course will run weekly on Wednesdays from 25 02 2026 -13 05 2026 (ex Easter Tues)  
Time/Location: 7-9pm. Sessions 1 and 12-Promoting Wellbeing Training Room, St Lukes Building Armagh. Remaining 10 sessions online

**Commitment:** It is important to commit to attending all 12 sessions unless unforeseen circumstances should arise.

**What previous attendees said**

Understanding my foster child's brain/emotional development helped me tune into her differently and acknowledge her emotions. It has improved our relationship.

Learning how the brain develops and changes within nurturing, predictable relationship with parent/ carers has given me confidence. (Foster Carer)

Previous evaluations have shown that carers found this course very helpful. They reported feeling less anxious and have noted improvements in their foster children's behaviour.

**How to apply**

- If you would like to speak to one of the course facilitators before applying, you can contact Lisa Leneghan on 07841970432.
- To apply please send an email mentioning "Solihull Course" to both persons listed below:
- [mark.watt@southerntrust.hscni.net](mailto:mark.watt@southerntrust.hscni.net)
- [jude.muldoon@southerntrust.hscni.net](mailto:jude.muldoon@southerntrust.hscni.net)



[jude.muldoon@southerntrust.hscni.net](mailto:jude.muldoon@southerntrust.hscni.net) /  
[mark.watt@southerntrust.hscni.net](mailto:mark.watt@southerntrust.hscni.net)

### Teen programmes

**Programme:** Parents Plus Special Needs Programme  
**Start date:** Wed 10th Sept-22nd of Oct 2025  
**Duration:** 7 weeks (10am-12.30pm)  
**Location:** Clanrye, 34 Amagh Business Centre, Loughgall Road, Amagh  
**Attendees:** Parents/carers of young people 11-18 years in the Southern Trust with a confirmed Autism diagnosis.  
**Facilitators:** Clanrye & Parenting Partnership  
**Enquires/Referrals:** e [Claire.convery@clanryegroup.com](mailto:Claire.convery@clanryegroup.com)  
 t: 07483 059876

**Programme:** Parents Plus Special Needs Programme  
**Start date:** Tues 13th Jan-Tues 3rd of March 2026  
**Duration:** 7 weeks (10am-12.30pm)  
**Location:** St Pauls High School Bessbrook  
**Attendees:** All parents/carers of young people 11-18 years with special needs within Newry & Mourne area  
**Facilitators:** Parenting Partnership & Newry MDT Team  
**Enquires/Referrals:** Parenting Partnership-07880474747  
 e [parenting.partnership@southerntrust.hscni.net](mailto:parenting.partnership@southerntrust.hscni.net)  
 t: Or Newry GP MDT Team-07425630856  
 e [Veronica.kerr@southerntrust.hscni.net](mailto:Veronica.kerr@southerntrust.hscni.net)

**Programme:** Parents Plus Special Needs Programme  
**Start date:** Thurs 19th Feb-Thurs 2nd April  
**Duration:** 7 weeks (6pm-8.30pm)  
**Location:** Online  
**Attendees:** Parents/carers of young people 11-18 years in the Southern Trust with a confirmed Autism diagnosis.  
**Facilitators:** Clanrye  
**Enquires/Referrals:** e [Claire.convery@clanryegroup.com](mailto:Claire.convery@clanryegroup.com)  
 t: 07483 059876

### General Enquiries

**Maria Killen**  
 Parenting Partnership Manager  
 ☎ 07880 474747  
 ✉ [parenting.partnership@southerntrust.hscni.net](mailto:parenting.partnership@southerntrust.hscni.net)  
 Or  
**Martina McCooey**  
 Child Development Interventions Co-ordinator  
 ☎ 028 3756 4462 / 07795 450278  
 ✉ [martina.mccooey@southerntrust.hscni.net](mailto:martina.mccooey@southerntrust.hscni.net)

For further information on these and other programmes please visit our webpage below. Additional programme information will be added throughout the year

[Parent Support – Children and Young People's Strategic Partnership \(CYPSP\) \(hscni.net\)](https://www.southerntrust.hscni.net/parent-support)



### Evidence Based SUPPORT PROGRAMMES FOR PARENTS & CARERS

*Giving every child  
the best  
start/opportunity in life*




**2025/ 2026  
Southern Trust**


Please visit our CYPSP webpage to access the range of **evidence-based parenting programmes** available to families resident in the Southern Trust Area over the coming year, September 2025 to June 2026


The programmes span the age range pre-birth to teens and are available for the families of typically developing/children and young people with special needs

Further information available [HERE](#)





[Worried about a child or young person](#)

[Access the latest procedures online](#)

[About us](#) > [Trauma Informed Approaches](#) > [Events & Training](#) [Procedure manual](#) [Resources](#) [Online Safety Hub](#)

[Home](#) > [Strategic Plan 2026 - 2030 Consultation](#)

[Search](#)

## Strategic Plan 2026 - 2030 Consultation

### Welcome to the SBNI Consultation on the Draft Strategic Plan 2026–2030

We are pleased to share the **draft SBNI Strategic Plan 2026–2030** for consultation. This is the SBNI's fourth Strategic Plan and has been shaped by the views of **children and young people, parents/carers, and partner agencies**.

They have told us that, to help keep children and young people safe from risk and harm, we should focus on the following priorities over the next four years:

- **Online Safety**
- **Domestic Violence and Abuse**
- **Child Exploitation** (including sexual, criminal, and radicalisation)

Now we want to hear **your views**.

### Deadline for responses

Please return your comments by **midnight on 23 February 2026**.



[www.safeguardingni.org/strategic-plan-2026-2030-consultation](https://www.safeguardingni.org/strategic-plan-2026-2030-consultation)



# Attendance Matters

SUPPORTING CHILDREN AND  
YOUNG PEOPLE TO ATTEND  
SCHOOL EVERY DAY

CONSULTATION LAUNCHED



# Draft Early Learning and Childcare Strategy

LAUNCHED



 [www.education-ni.gov.uk/consultation/attendance-matters](http://www.education-ni.gov.uk/consultation/attendance-matters)

 [www.education-ni.gov.uk/consultations](http://www.education-ni.gov.uk/consultations)



## Your Youth Research Group - Help us learn from you

Hello

We are a team of researchers based at Queen's University Belfast exploring how to involve children & young people in research on rare diseases. We're hoping to set up a children & young people's research group in Northern Ireland to help guide and shape our research, and we'd love to hear from others who have already gone through the process of setting up this type of group.

We're keen to hear how your group got started, what worked well, and any tips or lessons you'd like to share with others setting up a group like yours.

This form may be completed by adults or children & young people, so if you are filling it in on behalf of your group, please try to include their voices where possible.

You don't need to answer every question, just share what you can. The form will take between 10 and 30 minutes to complete, depending on the detail of your responses.

If you're happy to be contacted for a follow-up chat, there's a space at the end of the form to leave your contact details - if you are under 18 years please make sure an adult's contact details are included.

When you submit this form, it will not automatically collect your details like name and email address unless you provide it yourself.



<https://forms.office.com/e/2QYyQMvKGP>



## Ending Violence Against Women and Girls Involves Men and Boys Too

## JOIN THE CONVERSATION

*Do you work with young men in Northern Ireland?*

*We want to hear from **YOU!***



### WHAT'S THIS ABOUT?

The Executive Office has commissioned Queen's University Belfast to conduct research on **masculinities** and attitudes of men and boys in relation to **violence against women and girls (VAWG)** in Northern Ireland.

### WHAT'S INVOLVED?

Take part in a **one-hour** interview (online or in person).

Share **your views** on:

- Working with young men in NI.
- How young men and boys view **masculinity**.
- Young men and boys' **attitudes** towards violence against women.

### WHO CAN PARTICIPATE?

- Groups or individuals who work with young men and boys.
- Based in Northern Ireland.



### WHY TAKE PART?

- **Influence** policy and practice across Northern Ireland.
- Ensure **young men's voices** are included — and heard.
- Help **end** violence against women and girls.

### WANT TO KNOW MORE?

E-mail: Dr Aoibheann Brennan-Wilson

[a.brennan-wilson@qub.ac.uk](mailto:a.brennan-wilson@qub.ac.uk)



[a.brennan-wilson@qub.ac.uk](mailto:a.brennan-wilson@qub.ac.uk)





QUEEN'S  
UNIVERSITY  
BELFAST

**Share your views:**  
**HOW DO BOYS & YOUNG MEN  
REALLY FEEL ABOUT VIOLENCE  
AGAINST WOMEN AND GIRLS?**

**BOY or YOUNG MAN AGED 16-24?**  
**We want to hear from YOU!**  
**YOUR VOICE MATTERS**

Scan to complete a short online survey:



<https://tinyurl.com/QUBmasculinities>

For more information contact: [a.brennan-wilson@qub.ac.uk](mailto:a.brennan-wilson@qub.ac.uk)




<https://tinyurl.com/QUBmasculinities>



 [https://NorthernIreland\\_NPS2025.pdf](https://NorthernIreland_NPS2025.pdf)



 [www.jrf.org.uk/poverty-in-ni-2025](http://www.jrf.org.uk/poverty-in-ni-2025)



## Family Fund provide grants for essential items, and wider support services

Established for more than 50 years, and operating across the UK, Family Fund provides practical support to families raising disabled or seriously ill children.

The charity helps families in a number of ways: through grant programmes to provide items to improve day-to-day life; information and support to empower families to manage the challenges of raising a disabled child, and advocacy to enable families to share their lived experience (for example, through research and consultation) with the policy-makers and stakeholders who shape the wider support landscape.

Last financial year (April 2024 – March 2025) Family Fund brought more than £37m of support to circa 100,000 families across the UK, making it one of the leading sources of trusted support for families with disabled and seriously ill children.

### In Northern Ireland Family Fund administers the following programmes:

- The Family Fund NI grant programme, which provides items such as white goods, family breaks, laptops and IT equipment, clothing, sensory toys and furniture to support the needs of families on a low-income raising a disabled or seriously ill child.
- In 2024/5, this programme awarded: 3880 grants across Northern Ireland, the most popular grant items awarded via the programme were tablets, clothing and family breaks.
- Family Fund's Information and Support programme, which offers a range of self-serve material on topics such as money and benefits, budget planning and health and well-being. The programme also includes online workshops for parent/carers to develop digital inclusion, and online creative sessions for disabled children to allow them to develop their skills and confidence through play.

### Eligibility

Families in Northern Ireland can apply for a Family Fund grant every 24 months.

### You can apply if:

- you're the main carer for a disabled or seriously ill child aged 17, or younger
- you have been resident in Northern Ireland for at least six months
- you have a low income from working, or benefits

### Need more information?

Contact Ruth (Partnerships manager for Northern Ireland) on: [ruth.kane@familyfund.org.uk](mailto:ruth.kane@familyfund.org.uk) or [partnerships@familyfund.org.uk](mailto:partnerships@familyfund.org.uk)

Our latest Cost of Caring research can be found here:



community: [facebook.com/familyfund](https://www.facebook.com/familyfund) [@familyfund](https://www.instagram.com/familyfund) [@family\\_fund](https://www.instagram.com/family_fund)

[www.familyfund.org.uk](http://www.familyfund.org.uk)

Family Fund Trust. Private company limited by guarantee, incorporated in England and Wales. Registration no. 2066027. Registered charity no. 1055866. Scottish charity no. SC040810. Registered office: Unit 5, Alpha Court, Pinnock Green Drive, Harington, York YO32 9WH. Family Fund Trust is authorised and regulated by the Financial Conduct Authority (FCA) under reference number 195556.



[Ruth.Kane@familyfund.org.uk](mailto:Ruth.Kane@familyfund.org.uk)

**Project location:** Northern Ireland

**Amount:** £300 to £20,000

**A decision in:** 12 weeks

**Programme status:** Open to applications

This funding is for voluntary, community and social enterprise (VCSE) organisations in Northern Ireland.

It helps organisations to:

- build skills and capacity
- be more resilient
- prepare for future challenges

### We fund projects that strengthen your organisation

This might include improving:

- confidence and skills in digital technology
- how you track and measure your impact
- financial management
- governance and leadership
- volunteer recruitment and management



We'll only fund work that makes your organisation stronger

We do not fund the delivery of activities in your community. For example, we cannot fund expanding an existing service into new areas.



[www.tnlcommunityfund.org.uk/dormant-assets-for-all](http://www.tnlcommunityfund.org.uk/dormant-assets-for-all)





Minister Nesbitt recently launched the **Department of Health Support While Waiting Grant Scheme**

The Scheme offers grants of £5,000 to £30,000 to voluntary and community sector (VCS) organisations delivering community-based initiatives that strengthen wellbeing, resilience and self-management - These may include mental health support, practical assistance, peer programmes, and activities designed to help individuals maintain their health while awaiting treatment

The Scheme is open for applications from Thursday 4<sup>th</sup> December and will close at **noon on Friday 30<sup>th</sup> January**

For information on the scheme, visit [HERE](#)

## Labour Market Partnerships Childminding Academy

### Are you interested in becoming a registered Childminder or approved home Childcarer?

This is an exciting opportunity to become a self-employed Childminder or an approved home Childcarer. The academy provides free access to the training, advice and support needed to enhance your qualifications whilst gaining the experience and resources required for a new career.

### Why choose a career path in home based Childcare?

- The opportunity to earn a living by caring for other people's children
- The option to stay at home and care for your own children as well as caring for others
- Become self-employed
- Support the development of children up to 12 years of age
- Be eligible to benefit from the Tax Free Childcare scheme

### What are the eligibility criteria?

- Must be over the age of 18
- Have the right to work in the UK
- Willing to commit and fully participate in all aspects of the academy



### Ready to take the next step?

For more information or to apply, contact our delivery partner NICMA:

Email: [enquiries@nicma.org](mailto:enquiries@nicma.org)

Tel: 028 9181 1015



\* Places are limited and applications may need to be prioritised. Whilst every effort will be taken to accommodate all enquiries, submitting an application does not guarantee a placement on the academy.



[enquiries@nicma.org](mailto:enquiries@nicma.org)



Community  
Sector  
Training

Good practice training for  
community and voluntary groups  
across the Southern Trust area



### Could you deliver safeguarding training to local community and voluntary groups in the Southern Trust Area?

Community Sector Training (CST) is interested in taking on sessional trainers who have the following attributes:

- A background in community involvement, including work with children / young people.
- An interest and strong awareness of safeguarding issues in a community setting.
- Completed a minimum of Level 3 Child Safeguarding Training within the last 3 years (or Refresher training).
- Experience and skills in training delivery and facilitating group work.
- Availability to deliver evening training sessions in various locations across the Southern Trust area and remotely via Zoom / Teams. (Will require access to own transport.)

We aim to deliver other courses for the community in the near future, but are primarily interested in safeguarding trainers at present.

Trainers will be provided with full training in our courses, up to date training materials and ongoing support from CST. Trainers use their own laptop but will be supplied with all other materials such as speakers, projector, flip charts, etc. All training is booked and co-ordinated through CST. Trainers are paid sessional fees and mileage allowances.

If you are interested, please contact me to have a chat and get some further information.

Email: [alison.daly@southerntrust.hscni.net](mailto:alison.daly@southerntrust.hscni.net) or call 028 3756 1441.

Community Sector Training is a community partnership service of the Southern Health and Social Care Trust.



Southern Health  
and Social Care Trust

TOGETHER, IMPROVING CARE, TRANSFORMING LIVES



[alison.daly@southerntrust.hscni.net](mailto:alison.daly@southerntrust.hscni.net)



The **Skills Connect Programme** is led by the NOW Group, and is in Partnership with the Cedar Foundation, Open College Network NI, Ulster University and Dundalk Institute of Technology, and funded by the PEACEPLUS programme

Over the 4-year program we are aiming to deliver 180 training academies in the sectors of: Health and Social Care, Green Economy, Travel and Hospitality and Employability skills

The programme is designed to address critical skills gaps and aims to support individuals with disabilities, neurodiversity, brain injuries or long-term health conditions


Through 12-week training academies and inclusive learning pathways, Skills Connect seeks to empower participants to access higher-level skills and meaningful employment, with participants receiving an OCN qualification

We will liaise with employers in the locality for potential progression routes into employment and further training

Please contact us for more information:  
Maria Kelly (Employer Liaison Officer - Skills Connect)  
Mobile: 07483 520622

E-mail: [maria.kelly@cedar-foundation.org](mailto:maria.kelly@cedar-foundation.org)  
Find Us Online: [The Cedar Foundation: Linktree](#)






# STRENGTHEN VOLUNTEER MANAGEMENT

empower your team  
to train others

Attend our  
Train the Trainers  
course

**Sign Up Today**

[www.volunteernow.co.uk/training](http://www.volunteernow.co.uk/training)




[www.volunteernow.co.uk/course](http://www.volunteernow.co.uk/course)



# TRAINING courses

## NOVEMBER

- 6 Measuring the Impact of Volunteering
- 11 Succession Planning for Volunteering
- 12 Keeping Children & Adults Safe: Creating a Safe Environment Refresher
- 12 Keeping Adults Safe: Creating a Safe Environment - LISBURN
- 20 Volunteers and the Law
- 25 Diversity, Equality & Inclusion Workshop - Listen, Speak, Lead
- 25 The 3 R's: Recruit, Retain, Reward
- 27 Induction, Support & Supervision of Volunteers
- 28 Keeping Adults Safe: Implementing Standards for Good Practice - OMAGH

## DECEMBER

- 1 Keeping Children Safe: Designated Officer Training
- 2 Keeping Adults Safe: Recognising, Responding & Reporting
- 2 Online Safety: Keeping Children & Adults Safe in a Digital World
- 2 Keeping Adults Safe: Recognising, Responding & Reporting
- 3 Keeping Adults Safe: Recognising, Responding & Reporting
- 10 Attracting & Selecting Volunteers
- 18 Diversity, Equality & Inclusion Workshop - Connection, Purpose, Culture

*All courses available at time of publishing*

<https://bit.ly/VNCoursesScheduled>



[www.volunteernow.co.uk/training/on-demand-courses/](http://www.volunteernow.co.uk/training/on-demand-courses/)



[www.volunteernow.co.uk/courses](http://www.volunteernow.co.uk/courses)



## SOUTHERN TRUST AREA

## VOLUNTEERING

**Belfast**

**VOLUNTEER NOW**  
*Volunteers change lives*

# Be part of the Fleadh

Celebrating Together **2-9 August**

Join the Volunteer Now Events Team

- Range of volunteer roles
- Training provided
- 4 hour shifts

events@volunteernow.co.uk  
004428 90232020

Scan here and sign up to Volunteer

**Comhaltas Fleadh Cheoil na hÉireann Belfast 2026**

Belfast City Council Comhaltas



[events@volunteernow.co.uk](mailto:events@volunteernow.co.uk)



'When someone special dies' is a series of leaflets aimed at helping young people to understand their feelings after a bereavement. There are versions available to download for children under 7 and from 7-11 and for young people.

To view and download the leaflets [HERE](#)

Free downloadable resources  
from Child Bereavement UK





[www.psni.police.uk/e-scooter-scrambler-and-quad-safety](http://www.psni.police.uk/e-scooter-scrambler-and-quad-safety)

## Looking for English Language classes in Northern Ireland?



How to search the ESOL NI website?



👉 On the 'Home' page, you will find the searching box and different options.

📍 We recommend you start your search by selecting a 'City/Town' and scroll down the options available. Select the location closer to where you live.

📄 To achieve the wider range of results possible per location, you should then click directly onto the blue button called 'Search Providers'.

Search Providers

Translate this page into other languages. Select your language from the dropdown list below.  
Select Language  Powered by Google Translate

If you wish to **translate the website into another language** you will find this feature below the ESOL NI logo and just above the searching fields, to the right of the screen.

Follow us on Facebook



All 6 Further Education Colleges in Northern Ireland deliver accredited ESOL courses. English for Speakers of Other Languages (ESOL) courses provided by Further Education colleges in Northern Ireland are free for refugees, asylum seekers and other specific categories of displaced migrants.



<https://esolwebapp.azurewebsites.net/>





**Candle safety  
is merry and  
bright...  
from a distance!**  
**Keep flames away  
from decor!**



Southern Health  
and Social Care Trust

TOGETHER, IMPROVING CARE, TRANSFORMING LIVES



[www.nifrs.org/home/staying-safe](http://www.nifrs.org/home/staying-safe)



**This Christmas, could you give the gift of a short break to a child with a disability?**

***Did you know that parents of a child with a disability regard a short break as one of the best gifts they've ever been given?  
Yet we still don't have enough short break carers to meet the demand for children and families waiting on  
this essential service***

***Can you open your heart and home and provide one overnight of care per month for a child in need of a short break?  
Your time, skills and expertise could be the gift that children, parents and families are waiting on this Christmas***

**We provide: *Allowances | Training | Dedicated Support***

**Get in [touch](#) today or call us on 02837 564350 for more information**

**Explore our [webpage](#) to learn more about our short breaks service and the difference you could make**



***Be part of something *amazing****



**HSC  
Northern Ireland  
Foster Care**



## SOUTHERN TRUST AREA

FAMILY  
SUPPORT

Children in Northern Ireland

Connect with other parents and carers who understand the challenges of emotionally based school avoidance

**Emotionally Based School Avoidance PARENT GROUP**

**Venue: Online\***  
**Date: Monday 12<sup>th</sup> January '26**  
**Time: 7 - 8pm**

Supported by The Parent Participation Service

For Parents / Carers in the Southern Trust

\*Email [ppinbox@ci-ni.org.uk](mailto:ppinbox@ci-ni.org.uk) for zoom link

CYPSP Children & Young People's Strategic Partnership



[ppinbox@ci-ni.org.uk](mailto:ppinbox@ci-ni.org.uk)



Whatever you're facing  
this Christmas as a  
parent, we're here for you.

No question is too big or  
too small.

Call us for free on  
0808 8020 400.



0808 8020 400



[parentline@ci-ni.org.uk](mailto:parentline@ci-ni.org.uk)



[www.ci-ni.org.uk/parentline](http://www.ci-ni.org.uk/parentline)



### Services Available Through The Hub May Include...

Practical  
Support

Disability  
Support

Drug &  
Alcohol Support

Signposting to  
Other Supports

Emotional  
Health &  
Wellbeing

Advice &  
Guidance

Family  
Support

Education  
Support

Youth  
Support

Parenting  
Programmes

Parenting  
Support

Behaviour  
Support

"The hub linked me with services I didn't know existed"

"It was so simple to make a referral and I got  
the help I needed"

"After a friend recommended that I contact the  
hub, I rang and spoke to the hub co-ordinator  
who helped me to make a self-referral"



### There Are 3 Family Support Hubs In the Southern Trust Area

#### ARMAGH & DUNGANNON HUB

Caroline Williamson  
PosAbility, Barnardos  
Grange Building Tower Hill  
Armagh  
BT61 9DR  
M: 07514 724926  
T: 028 3741 4541

#### CRAIGAVON & BANBRIDGE HUB

Lisa Grant  
NIACRO  
26 Carleton Street, Portadown Co. Armagh  
BT62 3EP  
T: 028 38331168  
E: familysupporthub@niacro.co.uk

#### NEWRY & MOURNE HUB

Allison Slater  
Bolster Community  
Unit 1, Killeavy Road  
Newry  
BT35 6UA  
T: 028 3083 5764  
E: familysupporthub@bolstercommunity.org



ONI Design & Print 07858 512722

## Southern Area FAMILY SUPPORT HUB

*Many families need a little extra  
help sometimes*



Information for Families

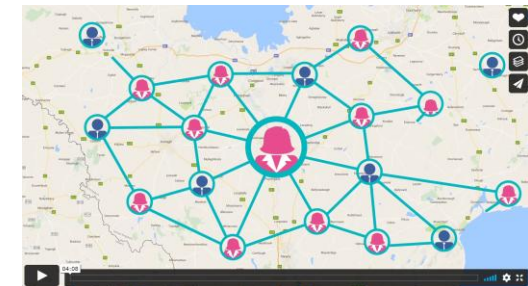


The 3 **Family Support Hubs** in the Southern Area continue to operate as normal and are open for referrals

Please make any **referrals by e-mail** [HERE](#)

Download the **December edition** of the **Family Support Hubs newsletter** [HERE](#)

Click on the below thumbnail to watch the **Southern Area Family Support Hub promotional video**



### What is the Family Support Hub?

- The Family Support Hub is a meeting of representatives from community, voluntary and statutory organisations who deliver services for children and families in your area.
- Each Family Support Hub has a lead body who co-ordinates the meeting and receives the referrals.
- The members of the Family Support Hub are from a range of statutory and community/voluntary agencies who offer services in your area. These agencies include; Education Welfare, Health Visiting, Womens Aid, Homestart, Social Services Surestart and Child and Adolescent Mental Health Services.
- Referrals will not be accepted without your consent. If the young person you are seeking support for is over 16, they must also sign the referral form.
- For more information follow this link <https://vimeo.com/216483917>

### Your Family Support Hub Will

- Meet once a month to discuss referrals to identify and connect you and your family to the service you need at a time when you need it.
- Work in partnership with you and your family.
- Act professionally ensuring all information is treated in a confidential manner.

### How The Hub Works

A referral form is submitted to your local hub-coordinator.

The Hub Co-ordinator may contact you for more information prior to the Hub meeting.

Hub Co-ordinator will present all referrals received to the monthly meeting. The Hub members will then discuss your referral and aim to match your family to the best service for you.

Only core Hub Members attend the meeting, you will not need to attend.

You will receive a letter from the Hub Co-ordinator to let you know what service was identified as most appropriate to meet your needs.

The service that was identified as most appropriate will then contact you directly.

You can choose whether or not you wish to accept the support that has been offered. You are in control.

### What Are The Criteria For Making A Referral To The Hub?

- Your family would like support - this is a voluntary process and you can withdraw your referral at any time.
- You are a family with children aged 0 -17 years.
- No social worker currently involved with your family.

### Some of the challenges the Hub can help with



### Who Can Refer To The Hub?

- You can make a self-referral to the family support hub or a referral can be made by anyone working on your behalf i.e. teacher, doctor, health visitor or community group.
- You can download a referral form from <http://www.cypsp.hscni.net/family-support-hubs/> or just pick up the phone and call your local family support hub co-ordinator. Details can be found on the back of this leaflet.





## Your festive tablecloth could cause a serious burn this Christmas



Small children can pull on the hanging fabric and spill hot drinks or food



It's best to avoid tablecloths if you have little ones in the house, but it's especially important at Christmas time when you might be distracted by the festivities

It only takes a second for little ones to pull on the hanging fabric and pull the table contents onto themselves

Hot drinks, steaming jugs of gravy, candles and even hot Christmas dinners have all caused serious burns when tipped over in this way



**HSC** Southern Health and Social Care Trust  
TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

## Antenatal Face to Face Breastfeeding Workshop

Sign up for 2026 dates - 10am - Noon  
Antenatal Education Room (Antenatal Clinic)

<b>Craigavon</b>	<b>Daisy Hill</b>
7 January	2 February
11 March	13 April
13 May	8 June
8 July	10 August
9 September	12 October
11 November	7 December

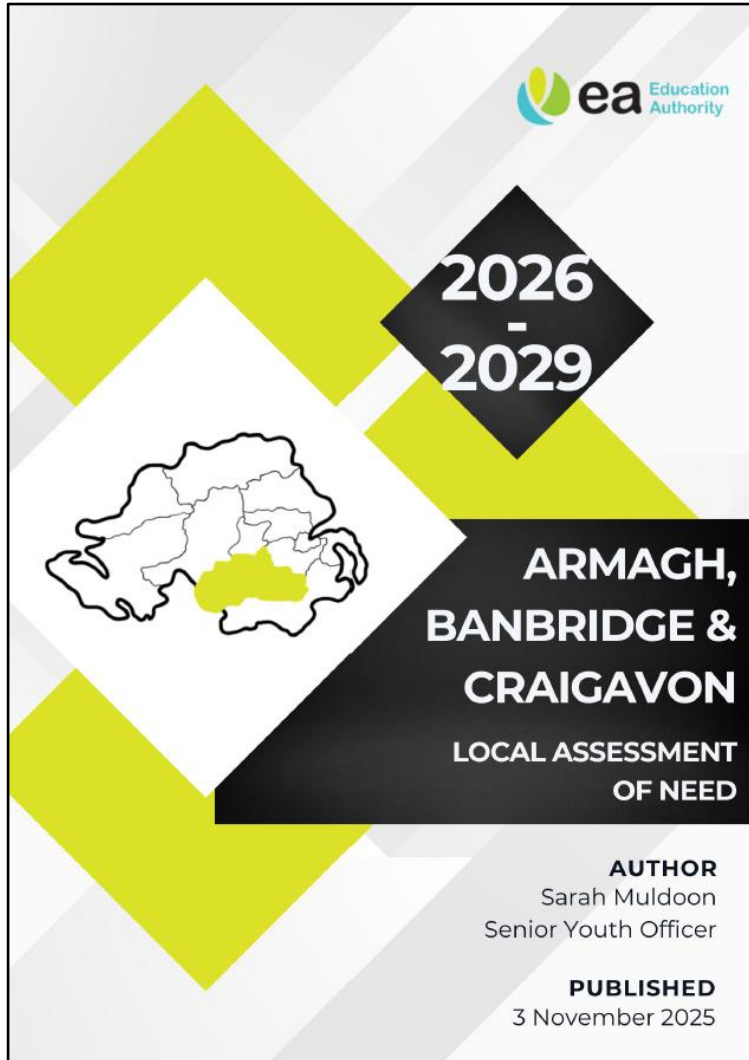
Register your interest via link in post


*This class is open to all who are thinking about breastfeeding.*

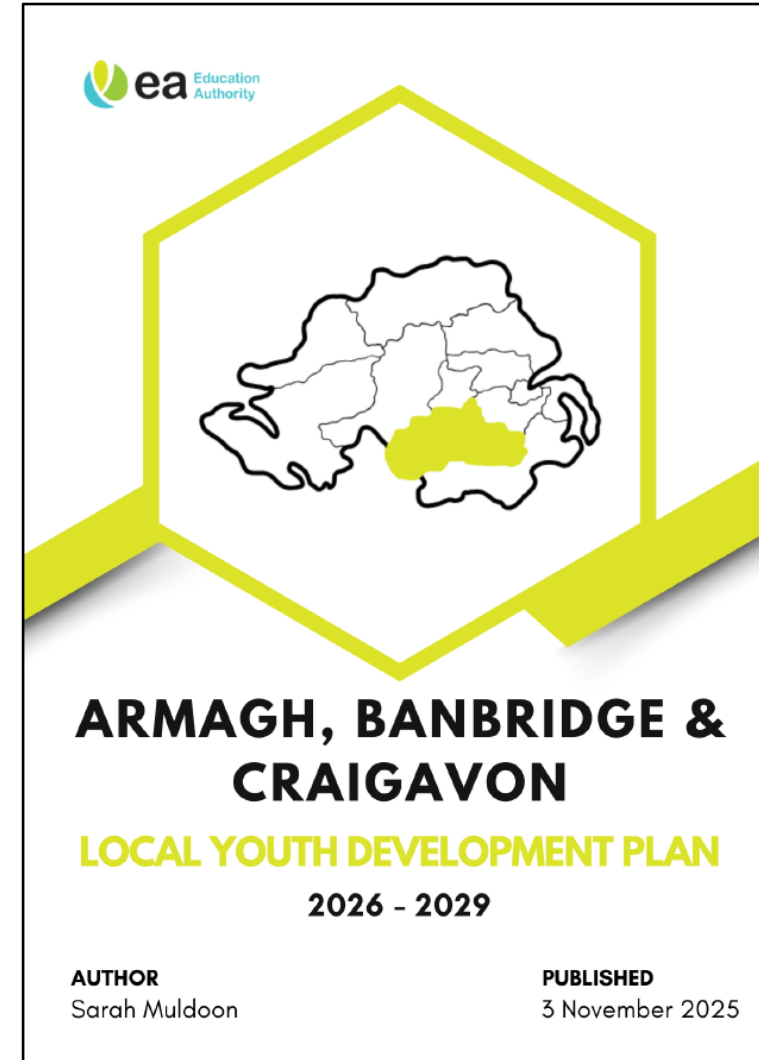


<https://forms.office.com/responsepage>





 <https://eanifunding.org.uk/LAoN-2026.pdf>



 <https://eanifunding.org.uk/LYDP-2026.pdf>



**Couch to 5k**

**START WEEK COMMENCING 19 JANUARY ACROSS ALL VENUES**

**£40 PER PERSON**  
Includes t-shirt

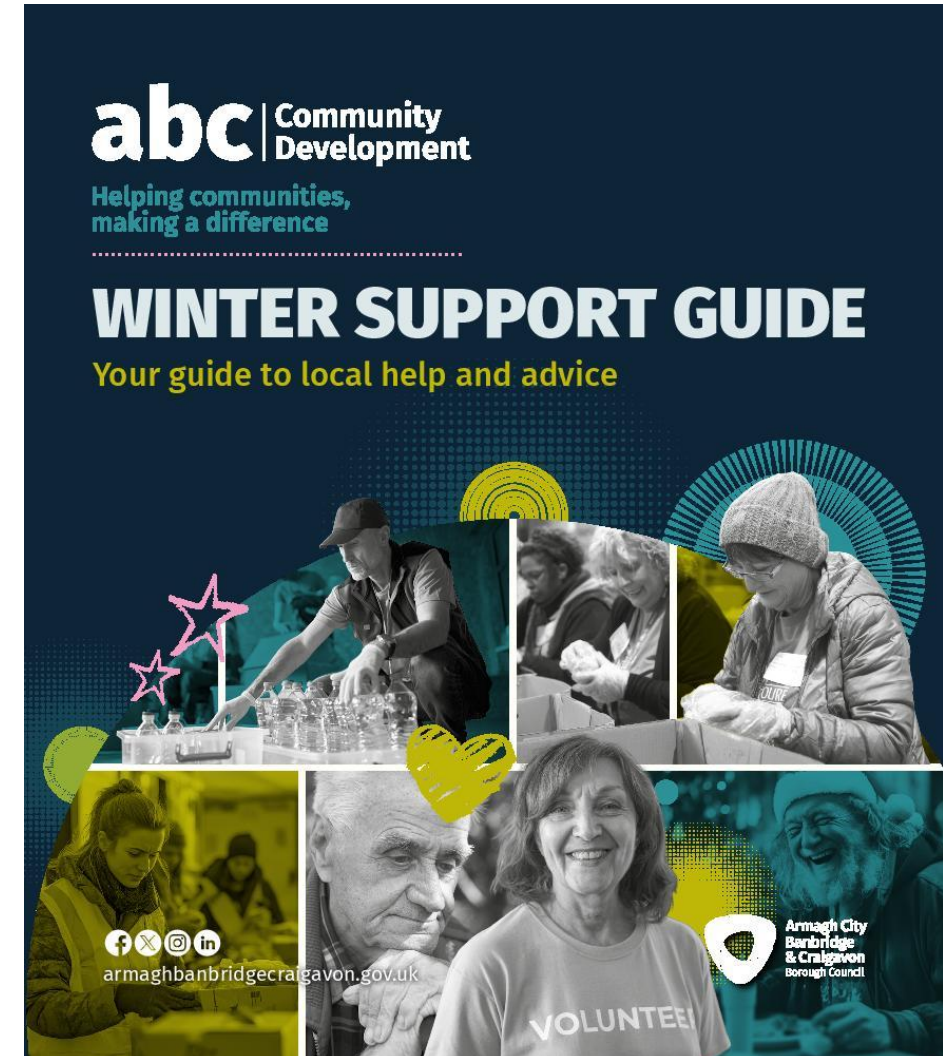
VENUE	DAYS	TIME
THE MALL, ARMAGH	MONDAY & WEDNESDAY	6.30PM
SOLITUDE PARK, BANBRIDGE	MONDAY & WEDNESDAY	6.30PM
KEDDY RECREATION CENTRE	TUESDAY & THURSDAY	7.00PM

To register  
**getactive** [abc.com/couchto5k](http://abc.com/couchto5k)

**RUN** NORTHERN IRELAND

Armagh City Banbridge & Craigavon Borough Council

 [www.getactiveabc.com/couchto5k](http://www.getactiveabc.com/couchto5k)



**abc** | Community Development  
Helping communities, making a difference

**WINTER SUPPORT GUIDE**  
Your guide to local help and advice

[armaghbanbridgecraigavon.gov.uk](http://armaghbanbridgecraigavon.gov.uk)

Armagh City Banbridge & Craigavon Borough Council

 [www.armaghbanbridgecraigavon.gov.uk/winter-support-guide](http://www.armaghbanbridgecraigavon.gov.uk/winter-support-guide)



ABC COUNCIL AREA

# All about **YOUTH**

## Save the date



Thursday 26th February



9.30am-3.30pm



Craigavon Civic & Conference Centre



Save the date... Further details to follow in the new year!





## ARMAGH LPG AREA

### ARMAGH & DUNGANNON BRANCH UPDATE

### WE ARE MOVING TO NEW PREMISES TO CONTINUE OUR SERVICES

**Cruse**  
Bereavement  
Support

We will operate from our new location from the 5th January 2026  
Cruse Bereavement Support provides information, support and sign-  
posting to children, young people and adults who have been be-  
reaved.

We Help people through one of the most painful times in life.

We will be offering services for the Armagh & Dungannon Areas  
from our new address: **Formation Works, 2 Edenaveys Ind Es-  
tate, Edenaveys Road, Armagh, BT60 1NF**

For information and support contact

Cruse Bereavement Support  
Armagh and Dungannon Area  
02887784004

E- [armaghanddungannonarea@cruse.org.uk](mailto:armaghanddungannonarea@cruse.org.uk)

*You're not alone.*

Registered Charity No: 208078 | A Company Limited By Guarantee No: 638709 (London)  
Cruse Bereavement Support, 5 Kew Road Richmond TW9 2PR



PARENTS PLUS

## Early Years Programme

A practical and positive parenting course promoting confidence,  
learning and good behaviour in young children aged 1 to 6 years.

This programme is for parents/carers of children 1-6 years with  
Special Needs/additional support needs, resident in the Armagh &  
Dungannon locality.

**Time:** Every Tues 9.45am-12.15pm x 6 weeks  
**Dates:** 17<sup>th</sup> February-24<sup>th</sup> March 2026  
**Location:** Barnardo's, Grange Building, Towerhill, ARMAGH  
**To apply:** Call Caroline 07561024675 or  
email [caroline.williamson@barnardos.org.uk](mailto:caroline.williamson@barnardos.org.uk)

  
**ParentsPlus**  
Empowering Professionals to Support Families

Parents Plus is an Irish charity that develops practical, evidence-based  
parenting and mental health programmes. We train professionals  
working with children and families to deliver the programmes in  
communities and clinical settings. Our programmes support families to  
communicate effectively, build satisfying relationships and overcome  
emotional and behavioural problems.  
[www.parentsplus.ie](http://www.parentsplus.ie)



[armaghanddungannonarea@cruse.org.uk](mailto:armaghanddungannonarea@cruse.org.uk)



[caroline.williamson@barnardos.org.uk](mailto:caroline.williamson@barnardos.org.uk)





## ARMAGH LPG AREA

**VOLUNTEER NOW**  
*Volunteers change lives*



### FEEL-GOOD MONDAY: GIVE IT A GO!

**ARMAGH LIBRARY**  
**Monday 19<sup>th</sup> January 2026**  
**10 am to 12 noon**



Get the feel-good factor by doing something good for others!  
**Write a message**, a letter or share a drawing with someone who may be experiencing loneliness this January with **The Kindness Postbox**. Take some time for you and get a **free Health Check** done by the Verve Network and Southern Health and Social Care Trust.

Refreshments and good vibes available!  
**All are welcome!**  
No prebooking required, just drop-in on the day.

For more details, contact Jamie:  
07850 851 824 / [jamie.greer@volunteernow.co.uk](mailto:jamie.greer@volunteernow.co.uk)

**Take5** steps to wellbeing  
[www.makinglifecolorstogether.com](http://www.makinglifecolorstogether.com)

**libraries**   
[www.libraries.org.uk](http://www.libraries.org.uk)

**community health trainees**  
[www.southernhealth.org.uk](http://www.southernhealth.org.uk)

**Promoting Wellbeing DIVISION**  
**Southern Health and Social Care Trust**  
[www.southernhealth.org.uk](http://www.southernhealth.org.uk)



[jamie.greer@volunteernow.co.uk](mailto:jamie.greer@volunteernow.co.uk)

## TANDRAGEE MEN'S HEALTH

**& LIFESTYLE PROGRAMME**

### 10 Week Programme

Commencing  
**Tuesday 20 January 2026 | 10am - 12pm**  
TANDRAGEE RECREATION CENTRE



Health Checks, Weekly Physical Activities and Health Information Sessions. Programme is Free and open to all men in the Tandragee Locality.

**Interested in coming along?**  
Numbers will be restricted so please register your details by  
**Thurs 8 Jan 2026 to: Paul Holmes, Centre Manager**  
[paul.holmes@armaghbanbridgecraigavon.gov.uk](mailto:paul.holmes@armaghbanbridgecraigavon.gov.uk)  
028 3884 1110



**HSC** Public Health Agency  
Project supported by the PHA

**Armagh City Banbridge & Craigavon Borough Council**



[frances.haughey@armaghbanbridgecraigavon.gov.uk](mailto:frances.haughey@armaghbanbridgecraigavon.gov.uk)

## ARMAGH LPG AREA



*Are you*  
**VOLUNTEER FRIENDLY?**

**Volunteer Friendly Award**

Gain Volunteer Friendly accreditation for your good practice in volunteer management with the support of Volunteer Now. Based on the Investing in Volunteers Standard, Volunteer Friendly provides volunteer involving organisations with an income of less than £200,000 with the opportunity to gain accreditation for good practice.

You don't have to be constituted and we can support you to meet any gaps in practice!

*"Achieving Volunteer Friendly has given us great pride in our organisation."*  
*The Kindness Postbox*

**Contact the Volunteering Support Officer for your area:**

Armagh / Dungannon	
<b>Jamie Greer</b>	<b>Raquel Rodrigues Keenan</b>
07850 851824	07585 110855
<a href="mailto:info@volunteernow.co.uk">info@volunteernow.co.uk</a>	

**VOLUNTEER NOW**  
*Promoting Building Advancing*

**DfC**  
Department for Communities  
[www.communities-ni.gov.uk](http://www.communities-ni.gov.uk)



[info@volunteernow.co.uk](mailto:info@volunteernow.co.uk)





## GILFORD MEN'S HEALTH & LIFESTYLE PROGRAMME

**10 Week Programme**  
Commencing  
**Wednesday 7 January 2026 | 6.00pm**  
GILFORD COMMUNITY CENTRE, BANBRIDGE

Weekly Physical Activities and Health Information Sessions.  
Programme is Free and open to all men in the Banbridge Locality.

**Interested in coming along?**  
Numbers will be restricted so please register your details by  
**Fri 19 Dec 2025 to: Frances Haughey, Health Inequalities Officer**  
✉ [frances.haughey@armaghbanbridgecraigavon.gov.uk](mailto:frances.haughey@armaghbanbridgecraigavon.gov.uk)  
☎ 07500 772 905

*Youth Initiatives Banbridge presents...*

# EMPOWER<sup>2</sup> TRANSFORM



**A 15+ educational youth group that focuses on these five pillars...**

- GOOD RELATIONS
- POSITIVE PROGRESSION
- PERSONAL DEVELOPMENT
- EMPLOYABILITY
- CITIZENSHIP



**FIND EXPRESSION OF INTEREST  
FORM AND MORE INFO ON E2T  
HERE!**






[frances.haughey@armaghbanbridgecraigavon.gov.uk](mailto:frances.haughey@armaghbanbridgecraigavon.gov.uk)



<https://forms.gle/bA5CsLfadzxYmN1k8>



## Chat & Connect on Christmas Day.

**DON'T BE ALONE THIS CHRISTMAS DAY...  
COME CELEBRATE IT WITH US!**

Christmas can feel quiet - so we're **opening our doors** for a warm, friendly Chat & Connect on **Christmas Day**.

Pop in for conversation, company, and a welcoming space to share the day.

No pressure, no expectations - just a chance to **be together** and enjoy some tea/coffee and above all some **good company!**

2pm to 4pm | **25** | DECEMBER 2025

**The Haven/ Salvation Army,  
14A Trevor Hill, Newry BT34 1DN**



Christmas can be a difficult and quiet time for many, and no one should have to face it alone

The doors of **The Haven, Newry** will be **open on Christmas Day from 2–4pm** for anyone who would like to come along for a chat and some connection  
Call in, take a seat, and enjoy **tea, coffee, and light refreshments** in a safe, welcoming space - You'll be very welcome!

Please feel free to share this flyer, so it reaches anyone who might need it  
If you would like to volunteer to create this space for others you can sign up [HERE](#)



## NEWRY & MOURNE LPG AREA



You are invited to attend our forthcoming **Networking Event for Schools**  
on Wednesday 4<sup>th</sup> February 2026 at Newry High School, 2-5pm

The aim is to meet with staff from post primary schools across Newry & Mourne and South Armagh to promote your service and tell us how it can benefit pupils, school staff and parents in these local areas

Click [HERE](#) to register, and we have asked for some information so we can share it on the day to promote all services attending

Please do not hesitate to contact me at [localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk) should you have any queries and please share with relevant contacts



## NEWRY & MOURNE LPG AREA



### Parents & Carers

Are you parenting an adolescent with special needs/additional support needs and living in the Newry & Mourne Area?

Join our **Parents Plus 'Special Needs Programme'** and meet other parents in a supportive group to help your adolescents reach their full potential.

#### Support your child to:

- Learn social skills and build friendships
- Deal with puberty and sexuality
- Gain confidence and self-esteem
- Be more independent

#### As a parent, learn how to:

- Personally cope and manage stress
- Deal with the challenges of adolescence
- Support the needs of your other children
- Manage challenging behaviour

**Dates:** Tuesday 13th January-Tuesday 3rd March 2026 (7 weeks)  
**Time:** 10am-12.30pm  
**Location:** St Pauls High School, Bessbrook

For more information please contact:  
**Maria Killen, Parenting Partnership**

**Phone:** 07880 474747 **Email:** [parenting.partnership@southerntrust.hscni.net](mailto:parenting.partnership@southerntrust.hscni.net)



Click or scan here  
for the Referral Form



Delivery Partners: Parenting Partnership & MDT



[parentingpartnership@southerntrust.hscni.net](mailto:parentingpartnership@southerntrust.hscni.net)

NEWRY, SLIEVE GULLION AND CROTLIEVE DEAS

## LAUGH YOUR BLUES AWAY AT CLOUGHREACH

A social afternoon tackling isolation and loneliness this Blue Monday!



**MONDAY 19<sup>TH</sup> JANUARY**  
**1:30PM - 5:00PM**  
**CLOUGHREACH**  
**COMMUNITY**  
**CENTRE**

- ☺ Afternoon Tea
- ☺ Health & Wellbeing Activities
- ☺ Feel-Good Activities
- ☺ Comedian Sean Hegarty
- ☺ Photo Booth
- ☺ Ukuleles
- ☺ Goodie Bags
- ☺ Mocktail Bar



**BOOK NOW**

<https://bit.ly/4oKYFMw>



**LIMITED NUMBERS  
PER DEA**



[www.eventbrite.com/laugh-your-blues-away](https://www.eventbrite.com/laugh-your-blues-away)





## Are you VOLUNTEER FRIENDLY?

Gain Volunteer Friendly accreditation for your good practice in volunteer management with the support of Volunteer Now. Based on the Investing in Volunteers Standard, Volunteer Friendly provides volunteer involving organisations with an income of less than £200,000 with the opportunity to gain accreditation for good practice.

You don't have to be constituted and we can support you to meet any gaps in practice!

*"Achieving Volunteer Friendly has given us great pride in our organisation."  
The Kindness Postbox*

**Contact the Volunteering Support Officer for your area:**

Newry, Mourne & South Down  
Bronagh Demeillers Raquel Rodrigues Keenan  
07708 077954 07585 110855  
info@volunteernow.co.uk

**VOLUNTEER NOW**  
Promoting - Building - Advancing

**DfC**  
Department for Communities  
www.northernireland.gov.uk



[info@volunteernow.co.uk](mailto:info@volunteernow.co.uk)



## Autism Support

- Aims to support Arbour and Radius Housing tenants over the next year, as well as the Newry community, by assisting parents of newly diagnosed autistic children and those pending an autism assessment.
- Support and advice, a listening ear and information on relevant services, support groups, visuals, and other entitlements.
- A service tailored to your family's individual needs providing bespoke resources within the family home.



For further info please contact Family Support on 028 9040 1729 (opt 1) or email [info@autismni.org](mailto:info@autismni.org)

[www.autismni.org](http://www.autismni.org)

Autism NI is a company limited by guarantee (Company number NI 058548) NI Charity Commission Number: NIC 100 240

**Northern Ireland Executive**  
www.northernireland.gov.uk

**T:buc**  
Changing for the better, together

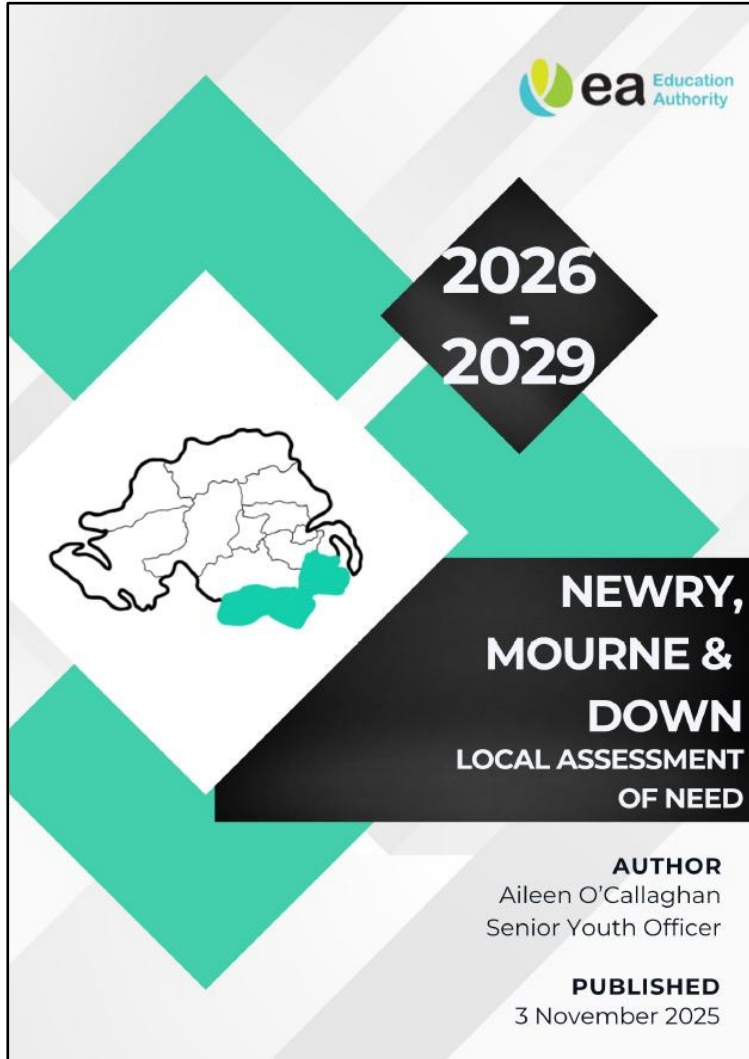
**Housing for all**

**Housing Executive**

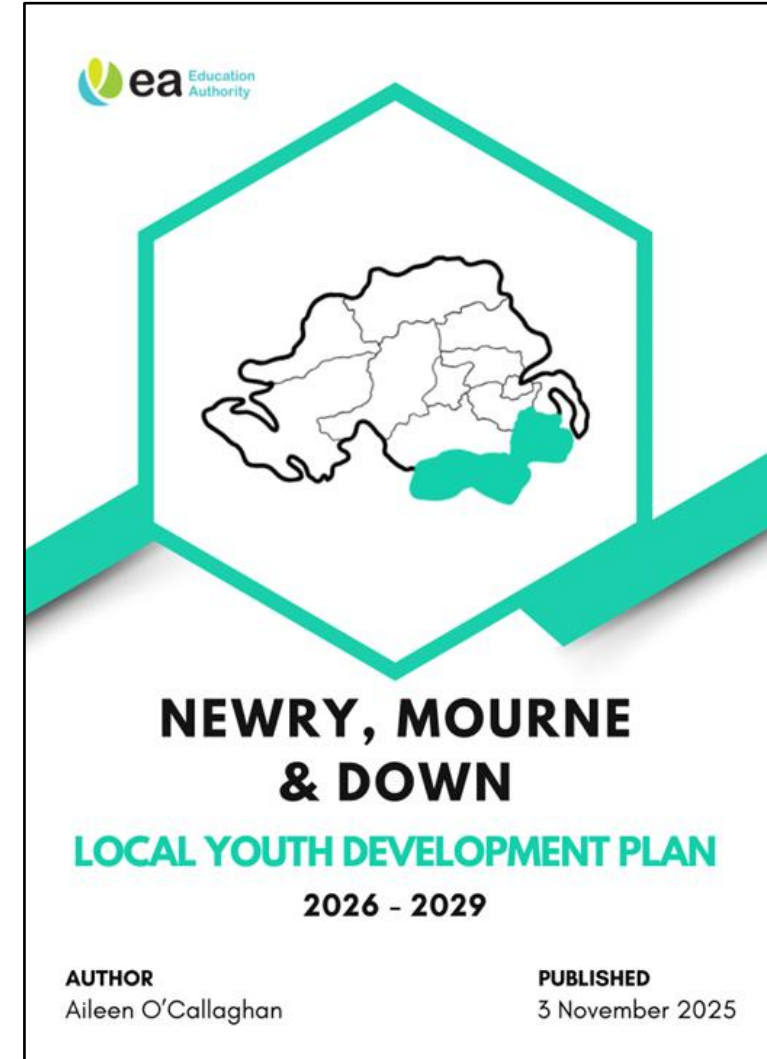


[info@autismni.org](mailto:info@autismni.org)

## NEWRY & MOURNE LPG AREA




 <https://eanifunding.org.uk/LAoN-2026.pdf>



 <https://eanifunding.org.uk/LYDP-2026.pdf>





# YOUTH NIGHT

Mondays 7-9pm  
Coming January  
2026

Newtownhamilton  
Community Centre  
**Year 8+**

Parents- drop in for  
registration info

**Contact Ryan on 07300987080** **Monday 15th December**  
**ryan.crilly@eani.org.uk** **Anytime between 7-9pm**



[ryan.crilly@eani.org.uk](mailto:ryan.crilly@eani.org.uk)

## Need Extra Support for Your Family?

**Sure Start South Armagh  
is here for you!**

### Family Support Team:

- ✓ Health professionals
- ✓ Parenting specialists
- ✓ Family support workers
- ✓ Child development



If you are a family or know a family who  
needs support beyond scheduled  
programmes, we can help.



**Contact us today:**  
**028 3083 0022**

Sure Start South Armagh



**028 3083 0022**



## SOUTH ARMAGH LPG AREA



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Volunteer Friendly Award®

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*The Kindness Postbox*

**Contact the Volunteering Support Officer for your area:**

Newry, Mourne & South Down  
**Bronagh Demeillers**   **Raquel Rodrigues Keenan**  
07708 077954   07585 110855  
[info@volunteernow.co.uk](mailto:info@volunteernow.co.uk)

**VOLUNTEER NOW**  
Promoting · Building · Advancing

**DfC**  
Department for Communities  
[www.communities-ni.gov.uk](http://www.communities-ni.gov.uk)



[info@volunteernow.co.uk](mailto:info@volunteernow.co.uk)



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The aim is to meet with staff from post primary schools across Newry & Mourne and South Armagh to promote your service and tell us how it can benefit pupils, school staff and parents in these local areas

Click [HERE](#) to register, and we have asked for some information so we can share it on the day to promote all services attending

Please do not hesitate to contact me at [localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk) should you have any queries and please share with relevant contacts





## DUNGANNON LPG AREA

### ARMAGH & DUNGANNON BRANCH UPDATE

#### WE ARE MOVING TO NEW PREMISES TO CONTINUE OUR SERVICES

**Cruse**  
Bereavement  
Support

We will operate from our new location from the 5th January 2026

Cruse Bereavement Support provides information, support and signposting to children, young people and adults who have been bereaved.

We Help people through one of the most painful times in life.

We will be offering services for the Armagh & Dungannon Areas from our new address: **Formation Works, 2 Edenaveys Ind Estate, Edenaveys Road, Armagh, BT60 1NF**

#### For information and support contact

Cruse Bereavement Support  
Armagh and Dungannon Area  
02887784004

E- [armaghanddungannonarea@cruse.org.uk](mailto:armaghanddungannonarea@cruse.org.uk)

*You're not alone.*

Registered Charity No: 208078 | A Company Limited By Guarantee No: 638709 (London)  
Cruse Bereavement Support, 5 Kew Road Richmond TW9 2PR



### PARENTS PLUS

## Early Years Programme

A practical and positive parenting course promoting confidence, learning and good behaviour in young children aged 1 to 6 years.

This programme is for parents/carers of children 1-6 years with Special Needs/additional support needs, resident in the Armagh & Dungannon locality.

**Time:** Every Tues 9.45am-12.15pm x 6 weeks  
**Dates:** 17<sup>th</sup> February-24<sup>th</sup> March 2026  
**Location:** Barnardo's, Grange Building, Towerhill, ARMAGH  
**To apply:** Call Caroline 07561024675 or  
email [caroline.williamson@barnardos.org.uk](mailto:caroline.williamson@barnardos.org.uk)

  
**ParentsPlus**  
Empowering Professionals to Support Families

Parents Plus is an Irish charity that develops practical evidence-based parenting and mental health programmes. We train professionals working with children and families to deliver the programmes in communities and clinical settings. Our programmes support families to communicate effectively, build satisfying relationships and overcome emotional and behavioural problems.  
[www.parentsplus.ie](http://www.parentsplus.ie)



[armaghanddungannonarea@cruse.org.uk](mailto:armaghanddungannonarea@cruse.org.uk)



[caroline.williamson@barnardos.org.uk](mailto:caroline.williamson@barnardos.org.uk)



## DUNGANNON LPG AREA



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Armagh / Dungannon	
<b>Jamie Greer</b>	<b>Raquel Rodrigues Keenan</b>
07850 851824	07585 110855
<a href="mailto:info@volunteernow.co.uk">info@volunteernow.co.uk</a>	

**VOLUNTEER NOW**  
Promoting Building Advancing

**DfC**  
Department for Communities  
www.communities-ni.gov.uk



[info@volunteernow.co.uk](mailto:info@volunteernow.co.uk)

# DUNGANNON LPG AREA

## Feel Good DUNGANNON

Community Information Day  
Saturday 27th September 2025  
Hill of The O'Neill & Ranfurly House







REPORT CARD 25.4




## Feel Good DUNGANNON

### What did we do?

-  **6 Meetings** of the Planning Group across a period of 8 months
-  **Resource** produced with info. on all services attending on the day, to be made freely available online
-  **Evaluation** taken from Information Stand Holders at end of event to obtain feedback
-  **1 Community Information Day** at Hill of The O'Neill & Ranfurly House on Saturday 27<sup>th</sup> September 2025, 10am - 2pm

Event to include information stalls of services in the Dungannon area supporting all ages of the local community  
Event to also include free activities for children, food and music


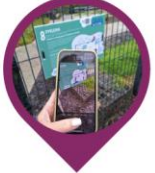
Event funded by:



2

## Feel Good DUNGANNON

### How well did we do it?


-  **41** Services / Agencies / Organisations attended the day to set up an information stand
-  Free Activities for Children on the day included: Brilliant Trails, Arts & Crafts and the Kindness Postbox initiative
-  Traybakes & Tea / Coffee / Juice were provided to all attendees and all stand holders on the day
-  Service Directory produced, to be made available online as a live resource

4

## Feel Good DUNGANNON

### What has changed as a result?













 Have you any more comments on today's event? What worked well? How it could have been improved? What is the impact of today on your service / organisation in Dungannon?

-  Excellent, many thanks for the invite. Great to make connections!
-  Today was beneficial for networking and learning about local services in Dungannon.
-  Good event, good selection of stalls, great to be included. Look forward to future events in the area. Would be great to have a few regular events like this. Thank you!
-  A well run valuable event. I don't know how you could do it better. It can be really hard getting people to attend.
-  Very well organised, lots of great services attended. Thank you for the tea & coffee.

12

View the **Feel Good Dungannon Community Information Day Scorecard** [HERE](#)



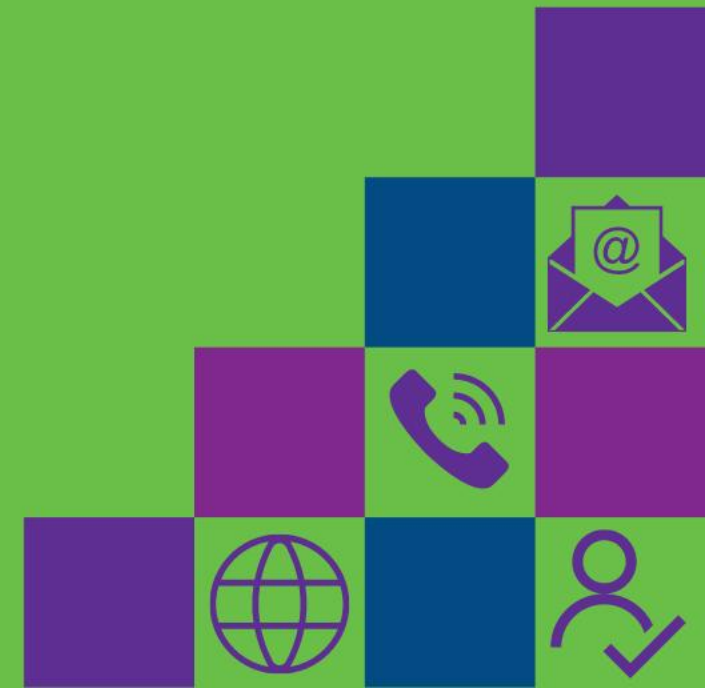
SUBMISSION		GUIDELINES
<ul style="list-style-type: none"> <li>✓ Submit the information in the format you would like it to be included. We can't transform a word-heavy document into a flyer.</li> <li>✓ Less words, bigger pictures!</li> <li>✓ We do not advertise or endorse those events or programmes which are privately funded as a business.</li> <li>✓ Information will usually be included for x1 edition, unless otherwise requested.</li> </ul>	           	<ul style="list-style-type: none"> <li>✓ 'FYI' will usually be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.</li> <li>✓ We may have to decline to advertise information which is not applicable to better outcomes for children and young people.</li> <li>✓ Your feedback is welcome. (We are not perfect, but strive to be as good as we can.)</li> <li>✓ Please let us know if 'FYI' has helped your service, event or activity in any way.</li> </ul>



Click on the below issue nos.  
to view recent editions of 'FYI':

[Issue 158](#)  
27<sup>th</sup> November 2025

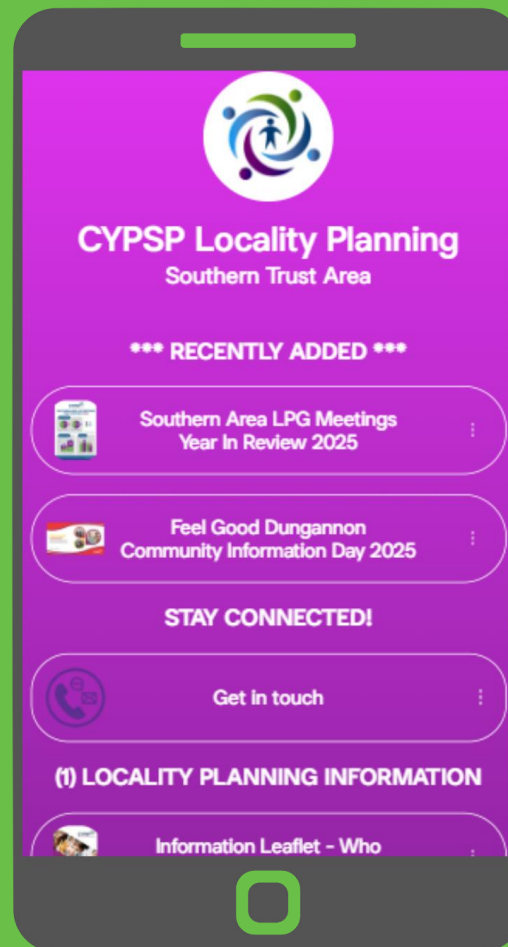
[Issue 157](#)  
6<sup>th</sup> November 2025



## UPCOMING 2025 LPG MEETINGS

Armagh	Thur. 8 <sup>th</sup> Jan
Craigavon	Tues. 13 <sup>th</sup> Jan
South Armagh	Tues. 20 <sup>th</sup> Jan
Banbridge	Wed. 28 <sup>th</sup> Jan
Dungannon	Tues. 3 <sup>rd</sup> Feb
Newry & Mourne	Wed. 18 <sup>th</sup> Feb

Meetings are usually scheduled to begin at 10am  
Formats will alternate between face-to-face & Zoom  
(Refer to the Meetings Calendar on our [Linktree](#))



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For further information on Locality Planning or 'FYI', contact:  
Joanne Patterson ([localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk)) or Darren Curtis (07725232566)  
CYPSP, 2<sup>nd</sup> Floor, Health & Social Care Board, Tower Hill, Armagh. BT61 9DR





**'FYI' NEWSLETTER CALENDAR  
JANUARY TO JUNE 2026**



**JAN** ISSUE 160 Publication: 8<sup>th</sup> | Deadline: 6<sup>th</sup>  
ISSUE 161 Publication: 29<sup>th</sup> | Deadline: 27<sup>th</sup>

**FEB** ISSUE 162 Publication: 19<sup>th</sup> | Deadline: 17<sup>th</sup>

**MAR** ISSUE 163 Publication: 12<sup>th</sup> | Deadline: 10<sup>th</sup>

**APR** ISSUE 164 Publication: 2<sup>nd</sup> | Deadline: 31<sup>st</sup>  
ISSUE 165 Publication: 23<sup>rd</sup> | Deadline: 21<sup>st</sup>

**MAY** ISSUE 166 Publication: 14<sup>th</sup> | Deadline: 12<sup>th</sup>

**JUN** ISSUE 167 Publication: 4<sup>th</sup> | Deadline: 2<sup>nd</sup>  
ISSUE 168 Publication: 25<sup>th</sup> | Deadline: 23<sup>rd</sup>



Please submit your artwork in a  
print-ready format (jpeg, png or pdf)  
to [localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk)



**Advertise in our upcoming issue!**

**Circulation Date:**

**8th January 2026**

**Copy Deadline:**

**6th January 2026**



**[localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk)**