

**SOUTHERN AREA
LOCALITY PLANNING GROUPS**



ISSUE 161
29th January 2026



WELCOME

Welcome to Issue 161 of our newsletter, 'FYI' (For Your Information).

Another jam-packed edition and thanks to all who submitted flyers on upcoming training opportunities, events, parenting programmes, youth programmes, resources, funding opportunities and surveys for inclusion in this issue.

Please continue to share these important details with us, so that we can further spread the word to practitioners, parents & carers working across / living in the Southern Trust Area during 2026!

Locality Development Team, Southern Area

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SOUTHERN AREA LOCALITY PLANNING GROUPS MEETINGS CALENDAR 2026



ARMAGH

Thursday 8th January
Thursday 5th March
Thursday 7th May
Thursday 3rd September
Thursday 5th November

BANBRIDGE

Wednesday 28th January
Wednesday 15th April
Wednesday 17th June
Wednesday 23rd September
Wednesday 25th November

CRAIGAVON

Tuesday 13th January
Tuesday 10th March
Tuesday 12th May
Tuesday 8th September
Tuesday 10th November

DUNGANNON

Tuesday 3rd February
Tuesday 28th April
Tuesday 9th June
Tuesday 29th September
Tuesday 1st December

NEWRY &
MOURNE

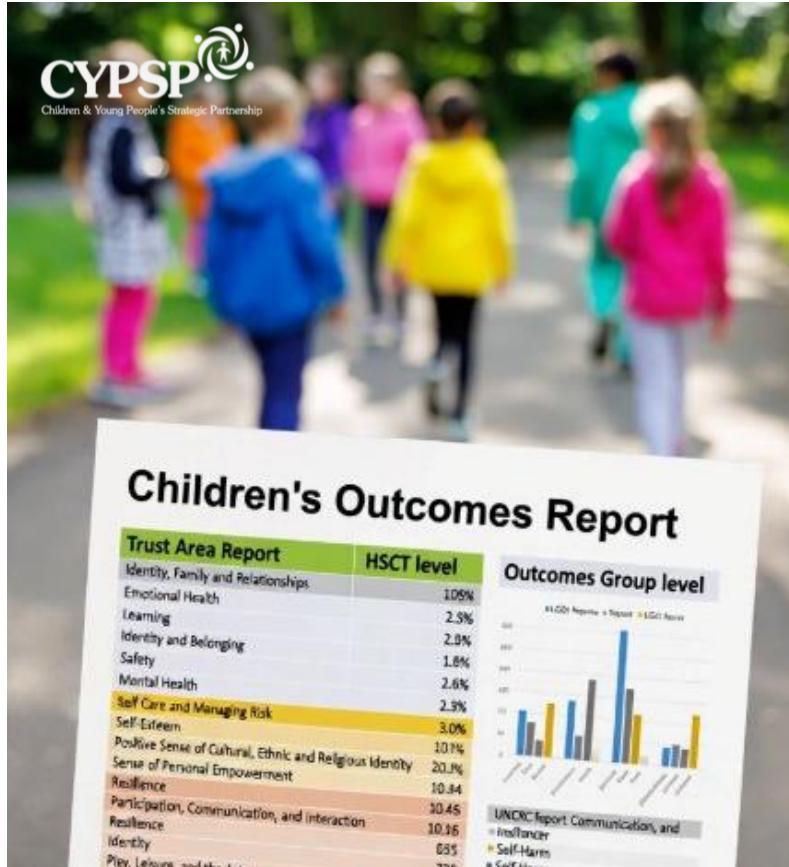
Wednesday 18th February
Wednesday 22nd April
Wednesday 3rd June*
Wednesday 7th October
Wednesday 9th December

SOUTH
ARMAGH

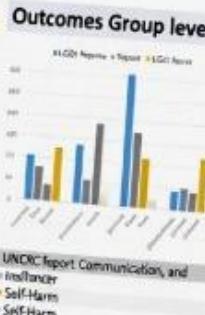
Tuesday 20th January
Tuesday 24th March
Wednesday 3rd June*
Tuesday 15th September
Tuesday 17th November

*Joint Meeting of Newry & Mourne and South Armagh LPGs





Trust Area Report	HSCT level
Identity, Family and Relationships	10.6%
Emotional Health	2.5%
Learning	2.0%
Identity and Belonging	1.8%
Safety	2.6%
Mental Health	2.3%
Self Care and Managing Risk	3.0%
Self-Esteem	10.1%
Positive Sense of Cultural, Ethnic and Religious Identity	20.0%
Sense of Personal Empowerment	10.84
Resilience	10.45
Participation, Communication, and Interaction	10.16
Resilience	0.83
Identity	7.76
Play, Leisure, and the Arts	



Essential reading for anyone supporting young people in NI!

The CYPSP Children's Services Planning Team has recently published updated interactive statistical reports on the CYPSP maps platform

These reports provide valuable, high-level data on children's wellbeing, drawn from the CYPSP outcomes framework

They allow for easy comparisons at regional, trust, and local levels – perfect for planning, service development, advocacy, and understanding local needs

All reports are interactive and accessible [HERE](#)

These tools can offer timely evidence to inform your day-to-day work, whether in schools, health services, youth provision, social care, or community initiatives

The reports will be updated as and when new data becomes available

Please share widely with your teams and across your networks



Our funding restrictions are such that funded training is only available to those who work/volunteer for a voluntary, charitable, faith or community-based organisation



February training

Open to those in community/voluntary sector

Tuesday
10 February
Designated Officer
9:30am - 12:30pm, Online

Tuesday
17 February
Understanding Emotions and Behaviours in Middle Childhood Years (4-12)
10:00am - 4:00pm, In-person

Tuesday
24 February
Good Practice in Recording and Reporting
09:30am - 12:30pm, Online

Tuesday
24 February
Gaming and Gambling Harm Prevention
10:00am - 1pm, Online

Tuesday
24 February
Designated Officer
10:00am - 4:00pm, In-person



March training

Open to those in community/voluntary sector

Tuesday
3 March
Child Protection Practice
09:30am - 12:30pm, Online

Tuesday
3 March
Risk Assessment and Risk Management
09:30am - 12:30pm, Online

Wednesday
04 March
Mental Health Awareness
09:30am - 12:30pm, Online

Tuesday
10 March
Life Story
10:00am - 4:00pm, In-person

Wednesday
11 March
Designated Officer
09:30am - 12:30pm, Online

Monday
23 March
Child Protection Practice
6:00pm - 9:00pm, Online



Book CiNI Training



www.ci-ni.org.uk/training



February / March training Paid courses

Tuesday **Trauma and the Helping Professional**
3 February 10:00am - 4:00pm, In-person

Friday **Understanding ADHD: A Strengths Based, Neuroaffirming Approach**
20 February 10:00am - 1:00pm, Online

Thursday **Understanding Autism**
26 February 10:00am - 4:00pm, In-person

Tuesday **Communicating Effectively with Children and Young People**
3 March 10:00am - 1:00pm, Online

Thurs-Fri **Baby Yoga Instructor Training**
5-6 March 10:00am - 4:00pm, In-person

Friday **Counselling Skills for Everyday Practice**
13 March 10:00am - 4:00pm, In-person

Thursday **Autistic Women and Girls**
19 March 10:00am - 4:00pm, In-person

Tuesday **Supporting School Based Anxiety**
24 March 09:30am - 12:30pm, Online





OUR generation

PEACEPLUS
Northern Ireland - Ireland

Co-funded by the
European Union | UK Government
Makemore Committee of Ireland | Northern Ireland Executive

Youth Leadership Training

FREE

Theme: 'You Become What You Believe'

Saturday 7 February 2026
Lisburn YMCA (28 Market Sq)
11am-2pm

Develop your:

- Communication skills
- Leadership skills
- Public speaking skills

Lunch provided

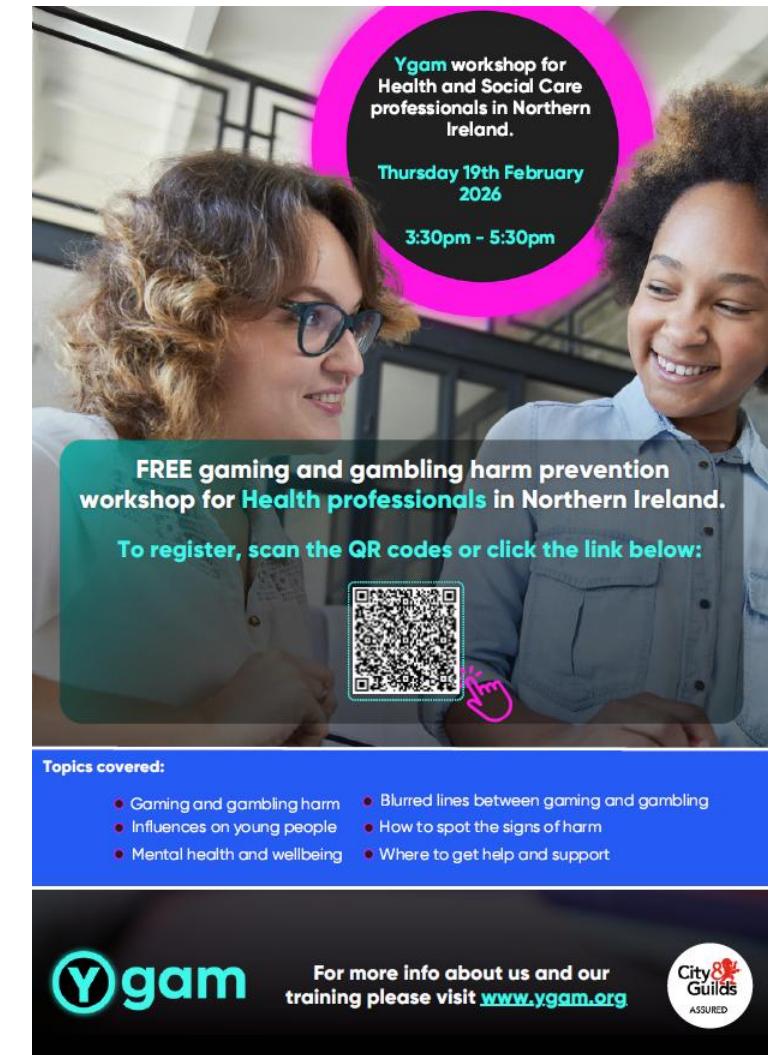
To sign up visit:
<https://register.enthuse.com/ps/event/YouthLeadershipTrainingLisburnYMCA>

co-operationireland
working for a future together

aspire2achieve
MENTAL WELLBEING SERVICES

action
mental
health

 <https://register.enthuse.com/YouthLeadershipTraining>



Ygam workshop for Health and Social Care professionals in Northern Ireland.

Thursday 19th February 2026
3:30pm - 5:30pm

FREE gaming and gambling harm prevention workshop for **Health professionals** in Northern Ireland.

To register, scan the QR codes or click the link below:



Topics covered:

• Gaming and gambling harm	• Blurred lines between gaming and gambling
• Influences on young people	• How to spot the signs of harm
• Mental health and wellbeing	• Where to get help and support

Ygam For more info about us and our training please visit www.ygam.org



 <https://ygam.org/health-social-care-open>



**NEW YEAR,
NEW SKILLS**

Start the new year informed

FREE CPD workshops

Upcoming workshops for sports staff and volunteers

Wednesday 25th February 2026

10:00am - 12:00pm



Online

[Book this date](#)

Upcoming workshops for sports staff and volunteers in community settings

Monday 16th March 2026

1:00pm - 4:00pm



Online

[Book this date](#)

Free CPD certified training for all sports staff and volunteers on how to safeguard children and young people from experiencing gaming and gambling harm

Upon completion, every staff member / volunteer receives their own personal CPD certified certificate, digital credential, and access to our resource portal which contains free downloadable resources to use

Register your place [HERE](#)



inspire
wellbeing, acuity, recovery

Understanding Self-Harm

Self-harm and suicidal behaviours are interconnected but distinguishing between the two can be challenging. It's crucial to recognize the significant differences in intention and the risks each one presents.

This FREE community workshop provides a safe and supportive environment to learn how to recognise the signs, respond with compassion, and connect individuals (if appropriate) to Inspire's SHIP (Self-harm Intervention Programme) or to other relevant support services.

This workshop addresses both self-harm & suicide. It is designed for staff, family members, caregivers, or anyone supporting young people or adults affected or at risk.

In this workshop we will:

- Define Self-Harm & explore the motivations behind it.
- Understand risk factors, myths & discuss self-harm & suicide safely
- Learn to recognise the signs of distress & how to offer support
- Equip ourselves with tools to assist someone in crisis
- Consider Harm Minimisation & Safety Plans
- Gain an understanding of the SHIP Service & referral pathways

Eligibility & Booking Information:

- Free to community groups in the Southern Trust & South Eastern Trust Areas.
- Workshops must be 2 hours in length.
- Delivered daytime, in-person.
- Target group size - 12 (max of 20)

Jenny Groves, Training Co-ordinator
j.groves@inspirewellbeing.org
07834 181303



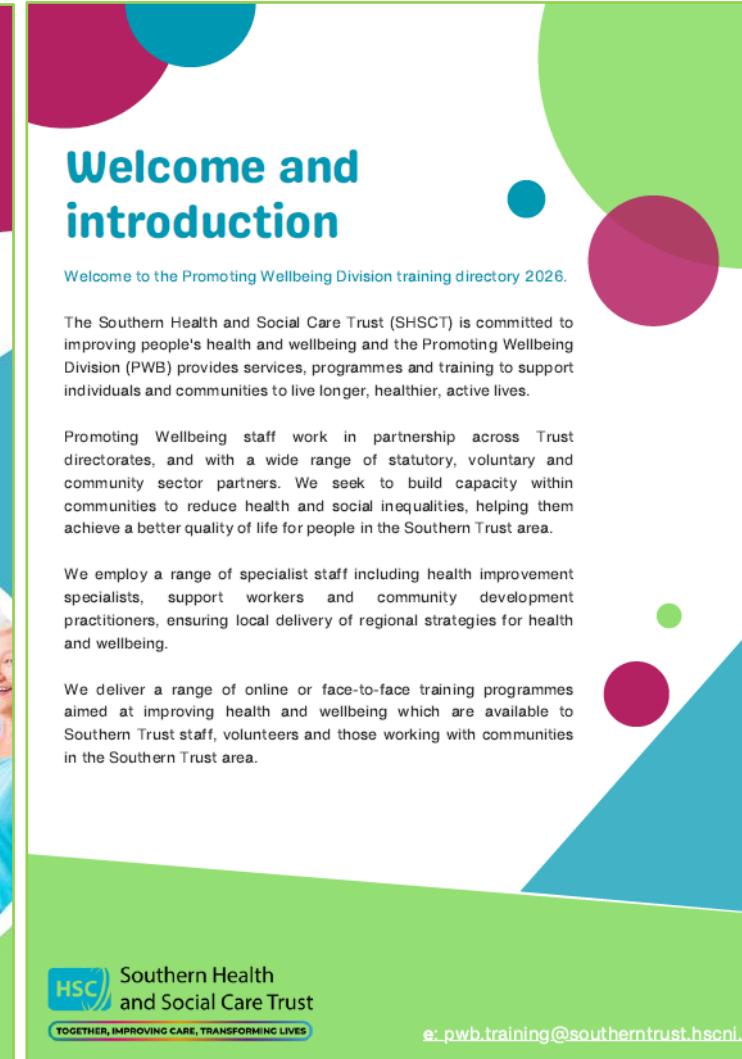
j.groves@inspirewellbeing.org



**PROMOTING WELLBEING
TRAINING DIRECTORY
2026**



Promoting Wellbeing DIVISION



Welcome and introduction

Welcome to the Promoting Wellbeing Division training directory 2026.

The Southern Health and Social Care Trust (SHSCT) is committed to improving people's health and wellbeing and the Promoting Wellbeing Division (PWB) provides services, programmes and training to support individuals and communities to live longer, healthier, active lives.

Promoting Wellbeing staff work in partnership across Trust directorates, and with a wide range of statutory, voluntary and community sector partners. We seek to build capacity within communities to reduce health and social inequalities, helping them achieve a better quality of life for people in the Southern Trust area.

We employ a range of specialist staff including health improvement specialists, support workers and community development practitioners, ensuring local delivery of regional strategies for health and wellbeing.

We deliver a range of online or face-to-face training programmes aimed at improving health and wellbeing which are available to Southern Trust staff, volunteers and those working with communities in the Southern Trust area.

 Southern Health and Social Care Trust
TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

e: pwb.training@southerntrust.hscni.net



COURSES

- Families and Children**
- Food and Nutrition**
- Mental Health**
- Physical Activity**
- Safeguarding**
- Sexual Health**
- SHSCT Staff Health & Wellbeing**
- Supporting Health & Wellbeing**
- User Involvement, Co-production & Community Development**

e: pwb.training@southerntrust.hscni.net
w: <https://southerntrust.hscni.net/your-health/>





PIPS HOPE AND SUPPORT

Training and Workshops for Your Organisation

Contact us for any enquiries on 028 30266195 or email training@pipshopeandsupport.org

<p>Take5</p> <p>Duration: 1 - 1.5 Hrs Participant Number: up to 35</p> <p>Learn how to maintain and improve your mental wellbeing with five simple ways: Connect, Be Active, Take Notice, Keep Learning, Give.</p>	<p>safeTALK</p> <p>Duration: 3-3.5 Hrs Participant Number: minimum of 10 /maximum of 30</p> <p>This workshop is designed to help build the skills and confidence necessary to recognise individuals with thoughts of suicide and direct them to someone who can keep them safe.</p> <p>Key Themes: Suicide alertness; Signposting. (Participants must be 15yrs and over)</p>	<p>ASIST</p> <p>Duration: 16 Hrs (delivered over 2 days) Participant Number: minimum of 10 /maximum of 24</p> <p>A workshop designed to increase a person's willingness, confidence, and capacity to provide suicide first aid.</p> <p>Key Themes: Personal and community attitudes towards suicide; Suicide awareness and intervention skills; Developing a safety plan with the person to connect them to further support. (Participants must be 18yrs and over)</p>
<p>GIMME 5 A fun filled activity-based workshop designed for children.</p> <p>Duration: 1 - 1.5 Hrs Participant Number: up to 35</p> <p>Created by the SHSCT, this workshop introduces children to the concept of the 5 ways to wellbeing.</p> <p>Key Theme: Introducing the concept of wellbeing.</p>	<p>Shoulder to Shoulder</p> <p>Duration: Option 1 (condensed) 1.5 -2 Hrs Option 2: (OCN Level 2 certificate) 6 - 8 Hrs Participant Number: up to 30</p> <p>This is a suicide awareness workshop.</p> <p>Key Themes: Exploring attitudes; Suicide awareness; Signposting; Selfcare. (Participants must be 15yrs and over)</p>	<p>Mental Health First Aid</p> <p>Duration: 16 Hrs (delivered over 2 days) Participant Number: minimum of 10 /maximum of 24</p> <p>This course is designed to increase a person's willingness, confidence, and capacity to provide help to a person who is developing a mental health problem or who is currently in a mental health crisis, until professional help is available or until the crisis resolves.</p> <p>Key Themes: Recognising the symptoms of mental health problems; Providing initial help; Guiding a person towards appropriate professional help. (Participants must be 18 yrs and over)</p>
<p>Be ALERT</p> <p>MENTAL HEALTH AWARENESS</p> <p>Duration: 1.5 – 2 hrs Participant Number: up to 35</p> <p>The aim of this course is to provide an understanding around mental health, versus mental ill health, and how to take steps towards helping yourself or someone else you are concerned about.</p> <p>Key Theme: Recognition, Awareness, Signposting, Self-care</p>	<p>●BUILDING PERSONAL RESILIENCE or ●BUILDING PERSONAL RESILIENCE IN THE WORKPLACE or ●BUILDING THE RESILIENT STUDENT</p> <p>Duration: 1 – 1.5 Hrs Participant Number: up to 35</p> <p>Group and individual learning on how to develop the skills needed to cope, survive, and thrive in challenging circumstances. This course can be adapted to suit adults, students, or younger age groups.</p> <p>Key themes: what is resilience; resilient thinking and mindset; stress management; self-awareness; selfcare.</p>	<p>B+POSITIVE</p> <p>Duration: 2.5 - 3 Hrs Participants Number: up to 35</p> <p>This workshop helps to provide an understanding of the issues affecting our mental health and promoting positive mental health through group discussion and activities.</p> <p>Key Themes: Developing self-care plans; Breaking the stigma cycle. (Participants should be 11 yrs and over)</p>



training@pipshopeandsupport.org



Southern Health and Social Care Trust
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Southern Trust Recovery College
Wellbeing education for everyone

RECOVERY COLLEGE COURSES

We have a wide range of courses available



JANUARY, FEBRUARY, MARCH 2026

To register your interest / enrol on any of the courses, get in touch.
All our courses are free of charge.

To register your interest in any courses, please get in touch using the contact details below:

Tel: 02837561938

Email: Recovery.college@southerntrust.hscni.net

Alternatively, you can use the below link to register your interest:
[Recovery College Register Form | Southern Health & Social Care Trust](#)

To access our Free Online Recovery College Courses, which are available 24 hours a day, register [HERE](#)



Mark.Irwin@southerntrust.hscni.net



Parents & Carers, just come along on the day!

Children in Northern Ireland

WALKING on EGGHELLS

Non-violent resistance programme

Child to parent violence is an abuse of power, where a child or adolescent attempts to coerce, control or dominate others in the family

About the Programme

Walking on Eggshells is an 8 week programme to support parents and carers in achieving a calmer, violence-free home

It can help you:

- Overcome feelings of helplessness
- Develop a support network
- Stop destructive behaviours
- Improve family relationships

All parents / carers will complete an initial assessment to ensure the programme is suitable for their family circumstances

Take the first step towards a safer, more peaceful home

Register now: 028 9040 1290 info@ci-ni.org.uk



info@ci-ni.org.uk



Parents & Carers

Are you parenting an adolescent with an Autism diagnosis and living in the Southern Trust Area?

Join our **Parents Plus 'Special Needs Programme'** and meet other parents in a supportive group to help your adolescents reach their full potential.

Support your child to:

- Learn social skills and build friendships
- Deal with puberty and sexuality
- Gain confidence and self-esteem
- Be more independent

As a parent, learn how to:

- Personally cope and manage stress
- Deal with the challenges of adolescence
- Support the needs of your other children
- Manage challenging behaviour

Dates/Times:

Thurs 19th Feb 2026 x 7 weeks / 6pm-8.30pm

Location:

Online

Priority will be given to families known to the Southern Trust Autism and Disability Services. However referrals will be considered from all families living in the Trust who meet the criteria

For more information/ please contact:

Claire Convery Clanyre 07483 059876 claire.convery@clanyregroup.com

Application form link: <https://forms.office.com/e/9Me89Innsa>

Closing date for completed applications Friday 30th January 2026



claire.convery@clanyregroup.com



Talking to Children about Parental Mental Illness

This course equips parents and carers with the tools and confidence to support children when a parent is experiencing mental illness

Dates: 19th and 26th February 2026
Time: 10 am - 1 pm
Venue: Promoting Wellbeing Room, St. Luke's Hospital Site, Armagh
Please note attendance at both sessions is required

To register please email recovery.college@southerntrust.hscni.net or phone 028 3756 1938



Southern Health and Social Care Trust
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recovery.college@southerntrust.hscni.net

Teen programmes

Programme: Parents Plus Special Needs Programme
 Start date: Wed 10th Sept-22nd of Oct 2025
 Duration: 7 weeks (10am-12.30pm)
 Location: Clanrye, 34 Armagh Business Centre, Loughgall Road, Armagh
 Attendees: Parents/carers of young people 11-18 years in the Southern Trust with a confirmed Autism diagnosis.
 Facilitators: Clanrye & Parenting Partnership
 Enquiries/Referrals: e Claire.convery@clanryegroup.com t: 07483 059876

Programme: Parents Plus Special Needs Programme
 Start date: Tues 13th Jan-Tues 3rd of March 2026
 Duration: 7 weeks (10am-12.30pm)
 Location: St Pauls High School Bessbrook
 Attendees: All parents/carers of young people 11-18 years with special needs within Newry & Mourne area
 Facilitators: Parenting Partnership & Newry MDT Team
 Enquiries/Referrals: Parenting Partnership-07880474747 e parenting.partnership@southerntrust.hscni.net t: Or Newry GP MDT Team-07425630856 e Veronica.kern@southerntrust.hscni.net

Programme: Parents Plus Special Needs Programme
 Start date: Thurs 19th Feb-Thurs 2nd April
 Duration: 7 weeks (6pm-8.30pm)
 Location: Online
 Attendees: Parents/carers of young people 11-18 years in the Southern Trust with a confirmed Autism diagnosis.
 Facilitators: Clanrye
 Enquiries/Referrals: e Claire.convery@clanryegroup.com t: 07483 059876

General Enquiries

Maria Killen
 Parenting Partnership Manager
 ① 07880 474747
 ✉ parenting.partnership@southerntrust.hscni.net
 Or
 Martina McCooey
 Child Development Interventions Co-ordinator
 ① 028 3756 4462 / 07795 450278
 ✉ martina.mccooey@southerntrust.hscni.net

For further information on these and other programmes please visit our webpage below. Additional programme information will be added throughout the year

[Parent Support – Children and Young People's Strategic Partnership \(CYPSP\) \(hscni.net\)](#)



Evidence Based

SUPPORT PROGRAMMES FOR PARENTS & CARERS

Giving every child the best start/opportunity in life



2025/ 2026
 Southern Trust

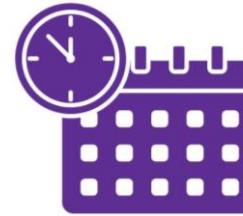
Please visit our CYPSP webpage to access the range of **evidence-based parenting programmes** available to families resident in the Southern Trust Area over the coming year, September 2025 to June 2026

The programmes span the age range pre-birth to teens and are available for the families of typically developing/children and young people with special needs

Further information available [HERE](#)



 [Ages 14-17 / Ages 18-25](#)



Applications
close
TOMORROW!



The Executive Office

T:buc

Applications now open for 2026/27



Applications close on Friday
30 January 2026

The **Central Good Relations Fund for 2026/27** is now open for applications

The fund is open to community and voluntary groups wishing to deliver projects with a focus on building good relations and aiming to address sectarian and/or racial tensions

For more information including how to apply, visit [HERE](#)



Areas include
Customer Service
Retail
Warehousing
Horticulture

APPRENTICESHIPS NI

EARN. LEARN. PROGRESS

EVENT

Come along to our AppsNI Event and find out how you can build your career in...

RETAIL, CUSTOMER SERVICE, WAREHOUSING OR HORTICULTURE!

Monday 2nd February at Drumalane Mill, The Quays, Newry 10-12:30pm

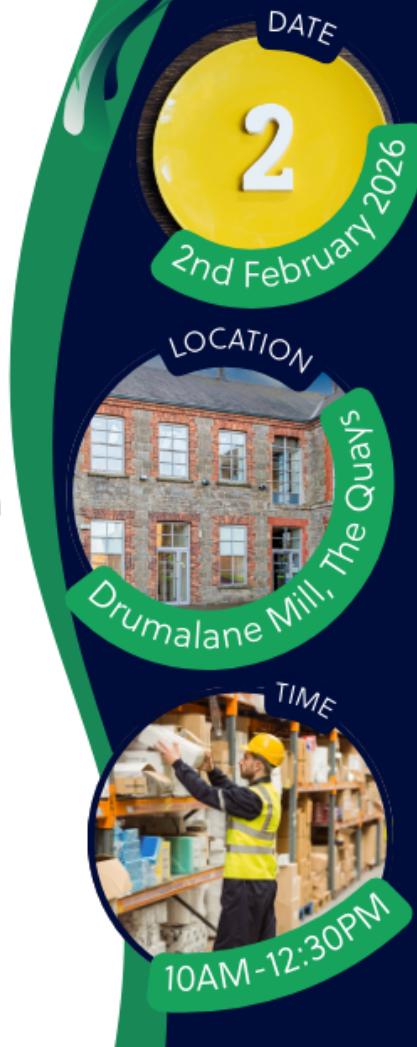
Meet a range of employers on the day including:

MJM MARINE **Wood Innovations** **MYLIFE** **S&W WHOLESALE**

CLICK THE LINK TO BOOK YOUR PLACE OR GET IN TOUCH FOR MORE INFORMATION

028 3089 8119 chloe.marron@clanryegroup.com

 Department for the Economy | An Roinn Geilleagair | [www.economy-ni.gov.uk](#)  Apprenticeships  **Clanrye Group**
Here To Support You



DATE
2nd February 2026
LOCATION
Drumalane Mill, The Quays
TIME
10AM-12:30PM

<https://forms.office.com/ResponsePage>



LIVERPOOL JOHN MOORES UNIVERSITY

NORTHERN IRELAND APPLICANT DAY

BELFAST, SATURDAY 7 MARCH 2026

Morning Event 9:30am-12:30pm Afternoon Event 2:00pm-5:00pm

To find out more and book your place

- Apply to LJMU
- Scan the QR code or go to ljmu.ac.uk/applicant to access the Applicant Hub
- Book your place on either the morning or afternoon event




The experiences and opportunities that you gain studying away from home are incredible, and I am grateful to LJMU every single day.
Lucy from Belfast BA (Hons) Primary Education with QTS

Enquiries
0151 231 5090 | outreach@ljmu.ac.uk | www.ljmu.ac.uk





LIVERPOOL JOHN MOORES UNIVERSITY

SUMMER UNIVERSITY

FREE Three Day Residential for Year 13 students

8 – 10 July 2026

Choose ONE of the below academic routes

1. LAW AND CRIMINAL JUSTICE
2. HISTORY, AND INTERNATIONAL RELATIONS AND POLITICS

EXPERIENCE LIFE AS A UNIVERSITY STUDENT

Our summer university is a busy and fun experience designed to prepare you for university study. It is free of charge, includes meals, academic sessions, flights, and two nights in an en-suite room in our approved city-centre student accommodation.

Across three days you will:

- explore your chosen subjects with academic staff and current students
- develop transferable and academic study skills
- experience Liverpool, make new friends and enjoy social activities.



Not sure if it's for you?
Scan the QR code to watch highlights from last year



SCAN TO APPLY AND FIND OUT MORE



PARTICIPANTS MAY BE ELIGIBLE FOR A REDUCED UCAS OFFER SHOULD THEY APPLY TO LJMU IN THE FUTURE

ENQUIRIES Email: outreach@ljmu.ac.uk Tel: 0151 231 5090





outreach@ljmu.ac.uk



We're Hiring

Mini-Bus Driver

Flexible hours to suit your circumstances

Competitive rate of pay offered

REQUIREMENTS ➤

- ✓ Full D1 Licence
- ✓ In Date CPC Card
- ✓ Minimum of 5 Years Driving Experience

Give us a call on

028 3751 8151

We would love to hear from you

✉ info@armagh ruraltransport.com

APPLY NOW



info@armagh ruraltransport.com



WE ARE HIRING!

JOIN OUR TEAM

✓ **YOUTH ENGAGEMENT CO-ORDINATOR**

Apply before Friday 6 Feb 2026 at 4.00pm

VOLUNTEER NOW



<https://bit.ly/VNCurrentVacancies>



The poster features the King's Trust logo at the top center. Surrounding the text are various colorful stickers: a yellow sun sticker with 'I'm a ray of sunshine', a red crown logo with 'King's Trust', a blue sticker with 'YOU ARE TOUGH', an orange oval with 'I CAN & I WILL', a red triangle with 'BRIGHT & SHINING' and 'I AM STRONG', and a blue circle with 'reward' and 'small wins'. The main title 'Empower & Elevate' is in large, bold, black serif font. Below it, a subtext reads 'The King's Trust in collaboration with Wellbeing For Us' and 'wellbeing for us.' with a heart icon. A red oval on the left contains the text 'Signing Off' and 'A safe space to grow & learn' in red. The central text describes the workshop's purpose: 'Our Empower & Elevate workshop is designed to help those build confidence and take a first step towards personal growth. It will guide you through important wellbeing tools for managing stress, healthy relationships, setting boundaries and building self-esteem.' A section titled 'Eligibility' lists requirements: Age 16-30, Not in work or employed, Not in education or training, If on benefits must have job search requirements turned off, Help with childcare costs, Public Transport costs reimbursed, and Location: King's Trust Belfast Office or at your own organisation or online. At the bottom, it says 'If you have a group of young people that meet the eligibility, who you think would benefit from wellbeing support by an experienced Mental Health Practitioner, please contact us below to set this up.' It includes an email address 'Email: outreachni@kingstrust.org.uk' and a phone number 'Call: 0800 842 842'. A QR code is also present. A small note at the bottom states: 'DSN 6378 © The King's Trust 2024 – all rights reserved. The King's Trust is a registered charity incorporated by Royal Charter in England. Registered number RC000772. Registered office: The King's Trust The King's Trust South London Centre 8 Glade Path London SE1 8EJ. Registered charity number in England and Wales: 1079675 and Scotland: SC041196.'



outreachni@kingstrust.org.uk

Labour Market Partnerships Childminding Academy

Are you interested in becoming a registered Childminder or approved home Childcarer?

This is an exciting opportunity to become a self-employed Childminder or an approved home Childcarer. The academy provides free access to the training, advice and support needed to enhance your qualifications whilst gaining the experience and resources required for a new career.

Why choose a career path in home based Childcare?

- The opportunity to earn a living by caring for other people's children
- The option to stay at home and care for your own children as well as caring for others
- Become self-employed
- Support the development of children up to 12 years of age
- Be eligible to benefit from the Tax Free Childcare scheme

What are the eligibility criteria?

- Must be over the age of 18
- Have the right to work in the UK
- Willing to commit and fully participate in all aspects of the academy

Ready to take the next step?
For more information or to apply, contact our delivery partner NICMA:
Email: enquiries@nicma.org
Tel: 028 9181 1015

 Department of Education
www.education-ni.gov.uk

 Department for Communities
www.communities-ni.gov.uk

 Labour Market Partnership
Working Together

 NICMA

* Places are limited and applications may need to be prioritised. Whilst every effort will be taken to accommodate all enquiries, submitting an application does not guarantee a placement on the academy.



enquiries@nicma.org



**ARE YOU INTERESTED
IN BECOMING A
REGISTERED
CHILDMINDER?**

**WOULD YOU LIKE TO
WORK AS AN APPROVED
HOME CHILDCARER?**

**ARE YOU A PARENT WHO
NEEDS INFORMATION
ABOUT HOME BASED
CHILDCARE?**



We can help!

Contact:
Ellie McKenna
Southern Trust Childminding
Development & Engagement
Officer
07739 753187
ellie.mckenna@nicma.org



ellie.mckenna@nicma.org





VOLUNTEER NOW
IMPACT AWARDS
YOUTH VOLUNTEERS INSPIRING CHANGE

Based in Northern Ireland?
Work with young people aged 10-25?
Do they engage in volunteering, social action or activism?

1 RECOGNITION MATTERS
Volunteers don't seek reward or recognition... BUT Acknowledging and celebrating their efforts is crucial

We issue digital certificates and badges at each milestone

2 HOW DOES IT WORK?
Volunteers receive their first award after just 10 hours and there is no limit to how many they can achieve as they continue to log their hours and give back

Every hour you volunteer COUNTS

3 SUPPORT FOR YOUTH ORGANISATIONS
Lots of youth volunteer roles are listed on our website & Be Collective
We deliver info sessions and will support and advise you on how to recruit and retain young volunteers
Our youth team host recognition events at key times

4 WHAT YOU CAN DO...
Offer meaningful opportunities
Draw on young people's skills and expertise to maximise their volunteer experience
Celebrate when new milestones are reached

5 GET INVOLVED!
Send us an email for more information or to register interest:
youth@volunteernow.co.uk

VOLUNTEER NOW
Volunteers change lives



youth@volunteernow.co.uk

TRAINING COURSES

2 10 11 19 20 28
9 16 17 18 21 22 29 30 31

VOLUNTEER NOW
enterprises limited

JANUARY

- Keeping Adults Safe: Creating a Safe Environment
- Faith-based Youth Volunteering: Train the Trainer (over 2 days)
- Keeping Adults Safe: Creating a Safe Environment
- Diversity, Equality & Inclusion Workshop: Ask, Learn, Act
- VOLT Session: Sharing Your Story
- Keeping Children & Adults Safe: Recognising, Responding & Reporting
- Managing & Motivating Volunteers
- Succession Planning for Volunteering
- Keeping Adults Safe: Adult Safeguarding Champion & Appointed Person Refresher
- Keeping Children Safe: Designated Officer Training

FEBRUARY

- Keeping Adults Safe: Creating a Safe Environment
- Keeping Children Safe: Designated Officer Refresher Training
- Keeping Adults Safe: Implementing Standards for Good Practice
- Managing Problems, Challenges & Conflicts with Volunteers
- Keeping Children & Adults Safe: Creating a Safe Environment
- VOLT Session: UN Year Workshop
- Diversity, Equality & Inclusion Workshop: Connection, Purpose, Culture
- Keeping Children & Adults Safe in a Digital World
- Induction, Support & Supervision of Volunteers
- Keeping Adults Safe: Adult Safeguarding Champion & Appointed Person Refresher

MARCH

- Keeping Children & Adults Safe: Recognising, Responding & Reporting
- Keeping Adults Safe: Adult Safeguarding Champion & Appointed Person
- Keeping Children & Adults Safe: Creating a Safe Environment
- VOLT Session: Stop Counting, Start Influencing - Leveraging the Strategic Impact of Volunteering
- The 3 Rs: Recruit, Retain, Reward Volunteers
- Keeping Children Safe: Designated Officer Training
- Measuring the Impact of Volunteering
- Keeping Adults Safe: Creating a Safe Environment
- Keeping Adults Safe: Implementing Standards for Good Practice
- Keeping Adults Safe: Adult Safeguarding Champion & Appointed Person Refresher

All courses available at time of publishing

<https://bit.ly/VNCoursesScheduled>

VOLUNTEERING EVENTS CALENDAR

VOLUNTEER NOW
Volunteers change lives



VOLUNTEERS NEEDED
HELP TO MARSHAL THE SPAR CRAIC 10K ROUTE!
Tuesday 17th March
8:30-11am
Belfast City Centre starting point, finishing Ormeau Park (crossing Marlborough Street through the route)



Belfast
Comhaltas Fleadh Cheoil na hÉireann Belfast 2026
Sunday 2 - Sunday 9 August 2026
Celebrating Together



IFA EVENT VOLUNTEERS
UEFA EUROPEAN WOMENS UNDER 17 CHAMPIONSHIP 2026
You can volunteer. You can change lives.

Your chance to get involved with short-term or one-off volunteering opportunities throughout Northern Ireland!

You can volunteer. You can change lives.



www.volunteernow.co.uk/training

www.volunteernow.co.uk/volunteering/events



The CYPSP Translation Hub provides you with important information on Health, Education, Housing, Employment, Government Services, Cost of living, Contacts for support and much more.....

English

CYPSP
Children & Young People's Strategic Partnership

The CYPSP Translation Hub provides you with important information on Health, Education, Housing, Employment, Government Services, Cost of living, Contacts for support and much more.....

Flags of various countries: Bulgaria, Hungary, Ireland, Poland, Lithuania, Philippines, Portugal, Romania, China, India, and Arabic.

www.cypsp.hscni.net/translation-hub

Icons representing various services: Health, Family Support, SureStart, Careers, Cost of Living Crisis, Education, Housing, Employment, Safety / Community, Police, Money/rent Advice, COVID-19, Government Services, Totara Translated Information, Ukraine Advice, Sign Language, EU Settlement Migration, and Youth Wellness Web.

 <https://cypsp.hscni.net/translation-hub>



Youth Wellness Web

A place where everyone deserves to be helped at any time, no matter how big or small the problem is!

If you're struggling, it's okay to reach out:

Visit cypsp.hscni.net/youth-wellness-web/

Call Childline on: 0800 1111

Call LIFELINE on: 0808 808 8000

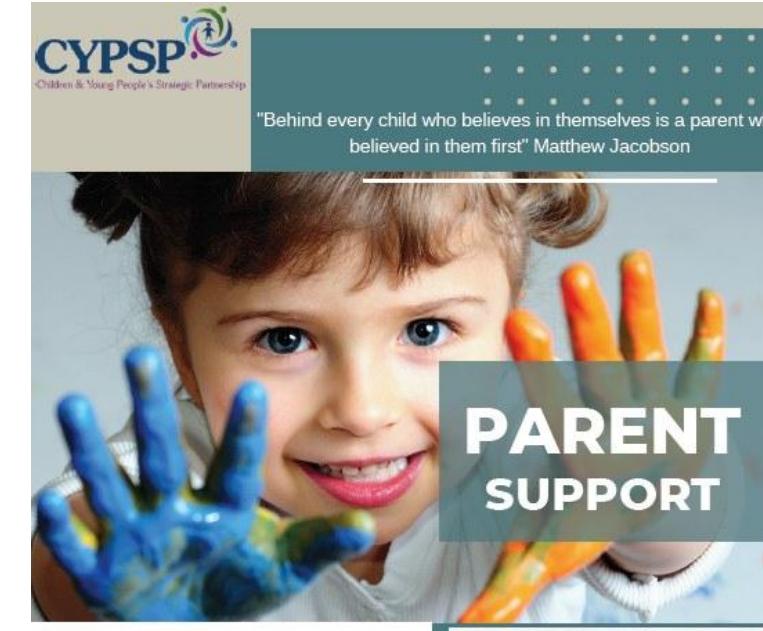
Text Shout: 852558

Deaf & hard of hearing textphone users: 18001 0808 808 8000

SCHOOL BULLYING WELLBEING BEREAVEMENT MENTAL HEALTH

Scan QR code

 <https://cypsp.hscni.net/youth-wellness-web>



Resources to help you:

Your influence as a parent is one of the most significant factors in your child's life chances. We want to support and work with you as the primary care giver and educator for your children to ensure what we offer is meaningful, consistent and available at the point of need.

Scan QR codes or visit our parents support pages for lots of advice, information, support services, parenting programmes and much more



<https://cypsp.hscni.net/youth-wellness-web/parent-teacher-zone> / <https://cypsp.hscni.net/ebpp/>

**Parent Line NI**
0808 8020 400

Dads Talk 2026

Start the New Year with Support

You're not alone

DADS TALK



Safe Space for Separated dads

-  Virtual meet ups by zoom
-  Real talk, shared Experiences
-  Phone Parentline on 0808 8020 400
for information on self-referral.

 0808 8020 400

Parents, carers, family members...

If you need us
we're here

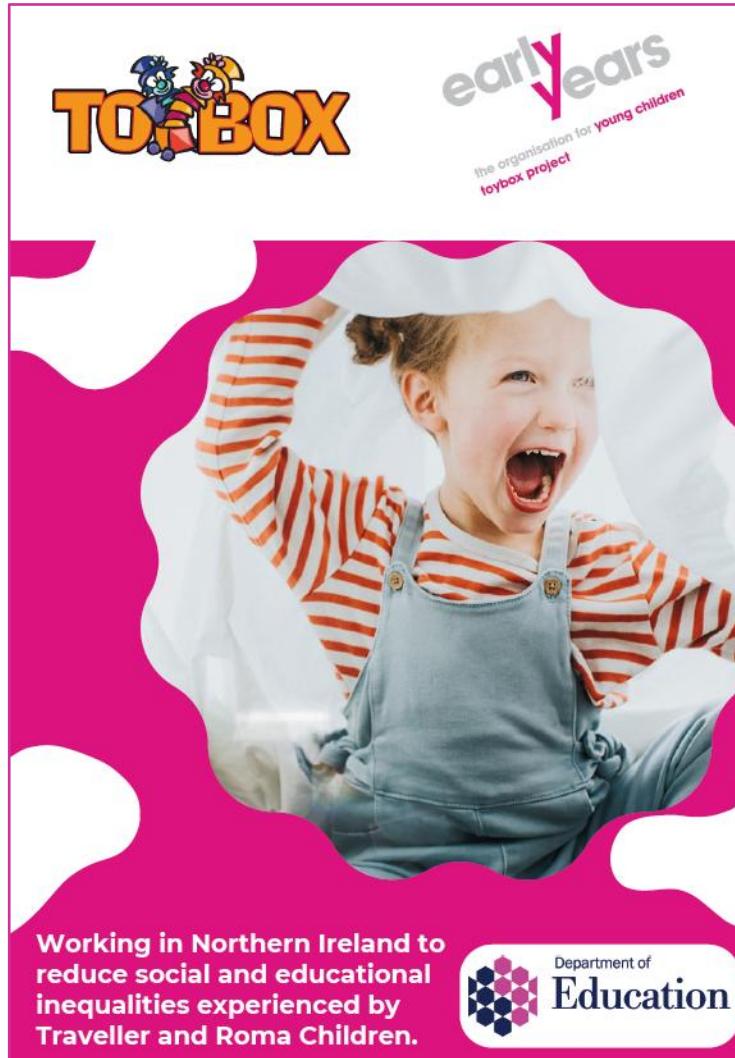
0808 8020 400



 0808 8020 400

 parentline@ci-ni.org.uk

 www.ci-ni.org.uk/parentline



TOYBOX
early years
the organisation for young children
toybox project

Working in Northern Ireland to reduce social and educational inequalities experienced by Traveller and Roma Children.

Department of Education

Toybox Aims to:

- Strengthen the capacity of Traveller and Roma parents to support their children's well-being and eagerness to learn through home visits.
- Enhance the social, emotional, physical, language and cognitive development of Traveller and Roma Children from pre-birth to four years.
- Empower Traveller and Roma parents to become involved in the education process for their children and themselves.
- Maximize the participation of Traveller and Roma children in early learning and development opportunities and in at least one year's pre-school/nursery provision, and to close the gap in enrolment levels between Traveller, Roma and settled children.
- Encourage Traveller and Roma families to engage in local community groups including parent and toddler groups and Sure Start services.
- Ensure that community and statutory early childhood services develop inclusive practices to ensure the full participation of traveller and Roma children and families.
- Strengthen effective partnership working between parents, traveller and Roma support groups, NGO's health and education professionals to support the social and educational development of young traveller and Roma children, at home and in school.
- Work progressively to ensure that traveller and Roma values and perspectives are reflected in development and practice.
- Contribute effectively to the development of wider policy and practice that challenges discrimination and inequalities experienced by young traveller and Roma children.

For further information on the Toybox Programme, please contact:

Judith Thompson – Toybox Manager
judith@early-years.org
07968874414



The Toybox Service Design Manual

The Toybox Service Design Manual has been developed to support and assist Toybox staff in the implementation of the Toybox programme approach and create effective partnerships with families and other agencies.

The Toybox programme consists of the following key components:

- 1 An outreach home visit service aimed at empowering parents to support their young children's optimal development.
- 2 An access programme aimed at supporting the inclusion of children and parents in Sure Start, pre-school and primary schools.
- 3 An advocacy programme including a partnership approach with a range of key stakeholders aimed at improving policies and services for children and families.



Services Available Through The Hub May Include...

Practical Support
Disability Support
Drug & Alcohol Support
Emotional Health & Wellbeing
Signposting to Other Supports
Family Support
Education Support
Advice & Guidance
Youth Support
Parenting Programmes
Behaviour Support
Parenting Support

"The hub linked me with services I didn't know existed"

"It was so simple to make a referral and I got the help I needed"

"After a friend recommended that I contact the hub, I rang and spoke to the hub co-ordinator who helped me to make a self-referral!"



There Are 3 Family Support Hubs In the Southern Trust Area

ARMAGH & DUNGANNON HUB

Caroline Williamson
PosAbility, Barnardos
Grange Building Tower Hill
Armagh
BT61 9DR
M: 07514 724926
T: 028 3741 4541

CRAIGAVON & BANBRIDGE HUB

Lisa Grant
NIACRO
26 Carleton Street, Portadown Co. Armagh
BT62 3EP
T: 028 38331168
E: familysupporthub@niacro.co.uk

NEWRY & MOURNE HUB

Alison Slater
Bolster Community
Unit 1, Killeavy Road
Newry
BT35 6UA
T: 028 3083 5764
E: familysupporthub@bolstercommunity.org



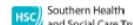
Ont Design & Print: 07888 512722

Southern Area **FAMILY SUPPORT HUB**

Many families need a little extra help sometimes



Information for Families



The 3 **Family Support Hubs** in the Southern Area continue to operate as normal and are open for referrals

Please make any **referrals** by e-mail [HERE](#)

Download the **December edition** of the **Family Support Hubs** newsletter [HERE](#)

Click on the below thumbnail to watch the **Southern Area Family Support Hub promotional video**



What is the Family Support Hub?

- The Family Support Hub is a meeting of representatives from community, voluntary and statutory organisations who deliver services for children and families in your area.
- Each Family Support Hub has a lead body who co-ordinates the meeting and receives the referrals.
- The members of the Family Support Hub are from a range of statutory and community/voluntary agencies who offer services in your area. These agencies include; Education Welfare, Health Visiting, Womens Aid, Homestart, Social Services Surestart and Child and Adolescent Mental Health Services.
- Referrals will not be accepted without your consent. If the young person you are seeking support for is over 16, they must also sign the referral form.
- For more information follow this link <https://vimeo.com/216493917>

Your Family Support Hub Will

- Meet once a month to discuss referrals to identify and connect you and your family to the service you need at a time when you need it.
- Work in partnership with you and your family.
- Act professionally ensuring all information is treated in a confidential manner.

How The Hub Works

A referral form is submitted to your local hub-coordinator.

The Hub Co-ordinator may contact you for more information prior to the Hub meeting.

Hub Co-ordinator will present all referrals received to the monthly meeting. The Hub members will then discuss your referral and aim to match your family to the best service for you.

Only core Hub Members attend the meeting, you will not need to attend.

You will receive a letter from the Hub Co-ordinator to let you know what service was identified as most appropriate to meet your needs.

The service that was identified as most appropriate will then contact you directly.

You can choose whether or not you wish to accept the support that has been offered. You are in control.

What Are The Criteria For Making A Referral To The Hub?

- Your family would like support - this is a voluntary process and you can withdraw your referral at any time.
- You are a family with children aged 0 -17 years.
- No social worker currently involved with your family.

Some of the challenges the Hub can help with



Who Can Refer To The Hub?

- You can make a self-referral to the family support hub or a referral can be made by anyone working on your behalf i.e. teacher, doctor, health visitor or community group.
- You can download a referral form from <http://www.cypsp.hscni.net/family-support-hubs/> or just pick up the phone and call your local family support hub co-ordinator. Details can be found on the back of this leaflet.





**Could you be the change
in a young person's life?**

Supported Lodgings/STAY

Supported lodgings/STAY hosts provide accommodation to care-experienced young people and young refugees, and offer practical and emotional support to guide them towards independent living.

Hosts receive training, support and financial assistance.

0800 0720 137
adoptionandfostercare.hscni.net



The **STAY** project, (**Supported Transition Accommodation for young people**) offers a bedroom to a 16-21 year old, who needs lodging type accommodation. These young people are usually in work, college, apprenticeships or school. They have faced challenges in life, but are managing well, and are close to being able to live independently, but need that final bit of 'long arm' support!

You can be working full-time, or be unemployed, have experience as a parent, or none at all. We will talk you through the process, and explain the financial and emotional support we offer to our hosts and young people, and we do a short assessment and some basic background checks.

You may want to offer a short-term option to a young person who has arrived to NI and has no family supports or networks, a long-term situation, or respite.

All you need is a desire to help, and a spare bedroom.

If you are interested you can contact Fidelma Ruddy **07354168277** or Mark Cooley on **07860918712** for an informal chat, with no obligation

The **Farm Families Health Checks Programme** is making a significant impact across NI.

The Programme has been screening the physical and mental health and well-being of farmers and their families since 2012 by attending Marts, Community Events and selected Agri-food Businesses.

This unique and detailed service has and will continue to have life changing impacts for rural dwellers.

A client who attended a local livestock mart and was diagnosed with high blood pressure said:

"I didn't know my blood pressure was high. It was good this was picked up early before I developed further complications."

It is a NI wide initiative **jointly funded** by **DAERA** and the **Public Health Agency**.

For further information

If you have any questions about the service that the Farm Families Health Checks Programme provides or would like to book the Mobile Unit to attend a Rural Event please contact:

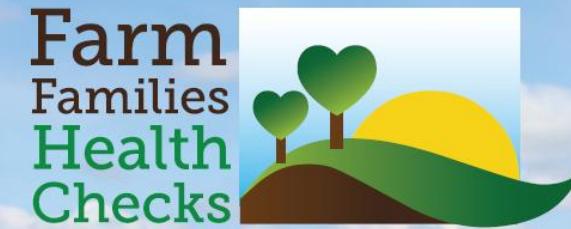
Programme Support Officer

 Telephone:
028 2563 5573

 Email:
farm.families6@northerntrust.hscni.net

 Public Health Agency

 Department of
Agriculture, Environment
and Rural Affairs
www.daera-ni.gov.uk



FREE HEALTH ASSESSMENTS AND ADVICE

Tailored especially for you



farm.families6@northerntrust.hscni.net



farm.families6@northerntrust.hscni.net



We are now recruiting new schools to join the Active School Travel Programme

Application available to download from
www.walkwheelcycletrust.org.uk/NIschools
or request from
schoolsNI@walkwheelcycletrust.org.uk
Deadline: 27 March 2026

Walk Wheel
Cycle Trust

For our health. Our wellbeing. Our world.



www.walkwheelcycletrust.org.uk/NIschools

FREE 1-TO-1 SUPPORT PROVIDED BY VERVE HEALTH TRAINERS



WANT TO CREATE YOUR
OWN PERSONAL HEALTH PLAN?
WANT TO IMPROVE YOUR HEALTH THROUGH MOTIVATION AND SUPPORT?

The Health Trainer Service is:

- Completely FREE!
- Available across the Southern Health and Social Care Trust
- The Health Trainer will:**

 - Help you develop your own personalised health plan
 - Signpost and refer to activities, programmes and services
 - Provide encouragement and motivation to help you achieve your personalised goals

The areas in which the Health Trainer can provide support are:

- Physical activity
- Alcohol awareness
- Eating a healthier diet
- Mental and emotional wellbeing



If you live in the SHSCT and would like to talk to a qualified Health Trainer contact:

Motivational support available by phone or face to face. Self-referrals welcome to this **FREE** service.

www.verve-network.co.uk

~

Contact the Community Health Trainer Service

T: 028 3756 3946 E: verve.network@southerntrust.hscni.net



SCAN ME

HEALTH TRAINER ONE TO ONE HEALTH AND WELLNESS COACHING

SUPPORTING YOU TO MAKE HEALTHIER CHOICES...



Supporting you to
become more active



Supporting you to look
after your **mental and
emotional wellbeing**



Supporting you to assess **how
much alcohol is too much**



Supporting you to **connect to
services and activities**



Supporting you to **make
healthier eating choices**



Motivational support available by phone or
face to face. Self-referrals welcome to this
FREE service.

www.verve-network.co.uk

~

Contact the Community Health Trainer Service

T: 028 3756 3946

E: verve.network@southerntrust.hscni.net



SCAN ME



verve.network@southerntrust.hscni.net



ABC COUNCIL AREA

All about **YOUTH**

A conference for those working with

Children and Young People

Thursday 26th February
9.30am-3.30pm
Craigavon Civic & Conference Centre
Light refreshments and lunch

Spaces are limited so booking is essential.

Self-Care
Networking
Sharing & Celebrating Good Practice

<https://orlo.uk/FtmVC>

Autism Reality Experience

10.00am - 1.00pm or 1.30pm - 4.30pm
Tuesday 10 February 2026 | Brownstown Jubilee Community Centre, Craigavon
Wednesday 11 February 2026 | Gilford Community Centre Gilford
Thursday 12 February 2026 | Brownlow Community Hub, Craigavon

The Autism Reality Experience is an innovative and inspirational training session designed to give participants a virtual experience of living with Autism.

There will be two time slots available - You only need to attend one session. Places are limited so book your place now. Registration will close on Wednesday 4 February 2026.

A number of support services will be available on the day.

Contact:

- claire.mccann@armaghbanbridgecraigavon.gov.uk
- 0300 0300 900 ext 61814
- pat.prunty@armaghbanbridgecraigavon.gov.uk
- 0300 0300 900 ext 61837

Southern Health and Social Care Trust
TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

Public Health Agency
Project supported by the PHA

Armagh City Banbridge & Craigavon Borough Council



claire.mccann@armaghbanbridgecraigavon.gov.uk



FREE PROGRAMME

ARTS OF THE WORLD PROGRAMME

Age group: 6-11 year olds

Venues: Palace Stables Hayloft, Rathfriland Community Centre & Brownstown Community Centre

Dates: 11th, 12th & 13th February
10.30am - 12.30pm
for each venue

T:buc Councils
The Executive Office
T:buc
Armagh City, Banbridge & Craigavon Borough Council

 <https://form.jotform.com/260193294195058>



ABC Funding Opportunities

Armagh City, Banbridge & Craigavon Borough Council is offering financial assistance to eligible groups in the voluntary, community and social enterprise sector for Community Grants 2026/2027

Large Capital Project Fund 2026/2027
Opens for applications 9am on Monday 12 Jan and closes 12noon on Fri 16 Oct 2026, or when the budget is fully committed, whichever comes first.

Small Capital Project Fund 2026/2027
Opens for applications 9am on Mon 12 Jan and closes 12noon on Fri 6 Feb 2026.

New: Events Equipment Grant 2026/2027
Opens for applications 9am on Mon 12 Jan and closes 12noon on Fri 6 Feb 2026.

New: Coronation Bursary Scheme 2026/2027
Opens for applications 9am Mon 12 Jan 2026 and closes 12noon on Fri 5 Feb 2027.

Projects must not commence before 1 April 2026.

Groups wishing to be notified of future funding opportunities and other relevant information should request their details be added to the Council database by emailing fap@armaghbanbridgecraigavon.gov.uk

Further information including details of how to apply can be found at armaghbanbridgecraigavon.gov.uk/communitygrants
First point of contact is  Valerie Armstrong 07515 607 480

armaghbanbridgecraigavon.gov.uk

 Armagh City, Banbridge & Craigavon Borough Council

 www.armaghbanbridgecraigavon.gov.uk/fundingabc



ABC COUNCIL AREA



STEWARD

Community Events

Stewarding Training

This initiative is supported through The Executive Office District Council Good Relations Programme

T:buc Councils Delivering together for the better

Northern Ireland Executive www.northernireland.gov.uk

T:buc Changing for the better, together

Armagh City Banbridge & Craigavon Borough Council

 www.eventbrite.com/training-4804851



Community Events

Management Training

This initiative is supported through The Executive Office District Council Good Relations Programme

T:buc Councils Delivering together for the better

Northern Ireland Executive www.northernireland.gov.uk

T:buc Changing for the better, together

Armagh City Banbridge & Craigavon Borough Council

 www.eventbrite.com/training-4804851



ABC COUNCIL AREA

Community Training

COURSES INCLUDE
Safeguarding | First aid
Mental Health First Aid | Food Hygiene
Manual Handling

This initiative is supported through The Executive Office District Council Good Relations Programme

T:buc Councils **Northern Ireland Executive** **T:buc** **Armagh City Banbridge & Craigavon Borough Council**

 <https://bit.ly/4aFM1rE>

abc | Community Development

Helping communities, making a difference

WINTER SUPPORT GUIDE

Your guide to local help and advice

    armaghbanbridgecraigavon.gov.uk

 www.armaghbanbridgecraigavon.gov.uk/winter

Armagh City Banbridge & Craigavon Borough Council

ARMAGH LPG AREA

Childminding Information Event

Wednesday 11th February
10.30am - 12pm @ ArKe Sure Start

Find out about becoming a Registered Childminder or Approved Home Childcarer, and how NICMA can support you with training, registration etc.

We also provide advice, guidance and signposting to parents that are returning to work or considering their childcare options.

This is a drop-in session, no appointment required.

Everyone welcome.



PARENTS PLUS Early Years Programme

A practical and positive parenting course promoting confidence, learning and good behaviour in young children aged 1 to 6 years.

This programme is for parents/carers of children 1-6 years with Special Needs/additional support needs, resident in the Armagh & Dungannon locality.

Time: Every Tues 9.45am-12.15pm x 6 weeks

Dates: 17th February-24th March 2026

Location: Barnardo's, Grange Building, Towerhill, ARMAGH

To apply: Call Caroline 07561024675 or
email caroline.williamson@barnardos.org.uk



Parents Plus is an Irish charity that develops practical, evidence-based parenting and mental health programmes. We train professionals working with children and families to deliver the programmes in communities and clinical settings. Our programmes support families to communicate effectively, build satisfying relationships and overcome emotional and behavioural problems.
www.parentsplus.ie



caroline.williamson@barnardos.org.uk



Event taking place
THIS AFTERNOON!

BANBRIDGE LPG AREA

Personal Development • Good Relations • Citizenship • Positive Progression • Employability

EMPOWER 2 TRANSFORM

Youth Initiatives BANBRIDGE



EMPOWER 2 TRANSFORM

THURSDAY 29TH JANUARY
4PM UNTIL 6PM
THE BRIDGE, BANBRIDGE

Empower to Transform (E2T) is a positive and engaging programme for young people aged 15+ across Northern Ireland. Funded by PEACE PLUS through the Special EU Programmes Body (SEUPB), E2T helps young people grow in confidence, try new things, build skills, and make friends from different backgrounds. Delivered by Youth Initiatives Banbridge, the programme supports young people to get involved, feel connected, and make a positive difference in their communities.

INTERESTED, GET IN TOUCH... OUR DETAILS ARE:
STAFF - GARETH WHITE AND ROBBIE RUSSELL
EMAIL - GARETH.WHITE@YOUTHINITIATIVES.COM
BASED - THE BRIDGE, 100 BANBURY ROAD, BANBRIDGE,
INSTAGRAM - @YOUTHINITIATIVESBANBRIDGE

Scan here if interested!!



PEACEPLUS Northern Ireland - Ireland
Co-funded by the European Union | UK Government

Youth Initiatives Banbridge presents...

EMPOWER 2 TRANSFORM



A 15+ educational youth group that focuses on these five pillars...

GOOD RELATIONS
POSITIVE PROGRESSION
PERSONAL DEVELOPMENT
EMPLOYABILITY
CITIZENSHIP



FIND EXPRESSION OF INTEREST FORM AND MORE INFO ON E2T HERE!



YOUTH INITIATIVES

EMPOWER 2 TRANSFORM

PEACEPLUS Northern Ireland - Ireland
Co-funded by the European Union | UK Government



gareth.white@youthinitiatives.com

BANBRIDGE LPG AREA


HSC Southern Health and Social Care Trust
Quality Care - for you, with you


Federation of Family Practices
Newry & District

Are you 14-17?
Are you Neurodiverse?
You're invited

Have your voice heard for what you want and need from YOUR peer led group

Join us
Every
Tuesday
4.00 – 5.30

Futureproof
15a
Commerical
Road
Banbridge
BT32 3ES

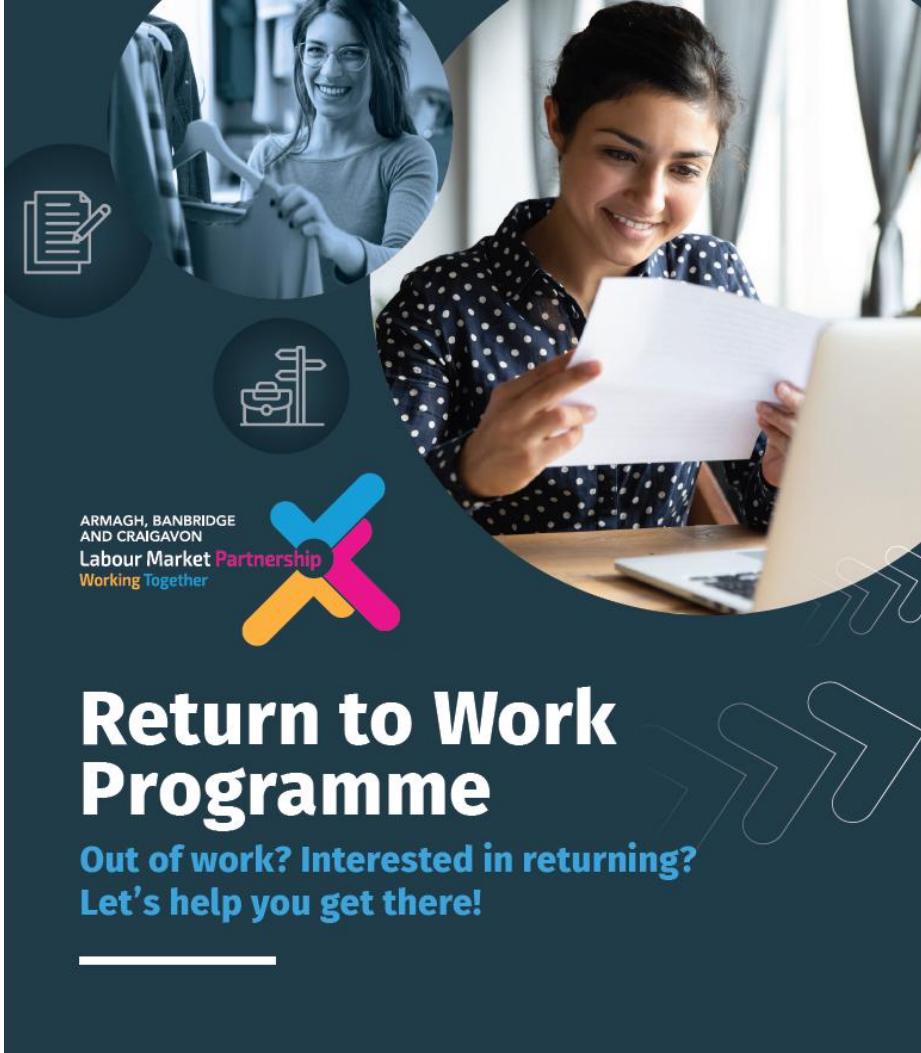
Activities include.....

Crafts Bead Work Origami Mini Canvas Painting
Bottle cap badges Nerf wars Board Games Card Games
Movies Table games Pictionary Charades
And many more

To register please contact
Lucinda 07793822389 or Veronica 07425330856



07540049938



ARMAGH, BANBRIDGE
AND CRAIGAVON
Labour Market Partnership
Working Together

Return to Work Programme

Out of work? Interested in returning?
Let's help you get there!



We're here to help you:

- Build confidence, self-esteem, and motivation
- Gain accredited qualifications and training - online and in person
- Receive employment support - job matching, industry visits, CVs, and interview preparation
- Develop new skills and meet others on a similar journey

Eligibility:

- Living in the Armagh, Banbridge & Craigavon area
- Economically inactive or unemployed for 6+ months

This programme is designed for women and individuals with caring responsibilities, childcare challenges, health issues, or other life circumstances. **Let us help you get the job you want!**

For more information or to register your interest:

- 0283 089 8119
- Cora.Green@clanryegroup.com
- clanryegroup.com



Cora.Green@clanryegroup.com

BANBRIDGE LPG AREA

RETURN TO WORK CONFIDENCE BUILDING & SELF BELIEF WORKSHOP

A friendly, supportive workshop
Take some time for yourself

SUPPORT WITH CHILDCARE AND TRAVEL COSTS AVAILABLE

Would you like to feel more
confident in yourself?
This relaxed workshop offers
a safe space to pause,
reflect, and gently build
confidence — at your own
pace.

What to expect:

- Small group setting
- No pressure to speak or share
- Open to beginners- no experience needed

⌚ Wednesday 28th January

⌚ 10am-12pm

📍 Clanrye Group- Mayfair Business Centre, Portadown

FOR MORE INFORMATION, CONTACT US ON:

✉️ info@clanryegroup.com ☎ (028) 3089 8119



RETURN TO WORK

Level 1 Customer Care & Assertiveness

SUPPORT WITH CHILDCARE AND TRAVEL COSTS AVAILABLE

Free Accredited Level 1
Course helping you build
confidence in Customer Care
and Assertiveness.

You will learn:

- The importance of good practice in customer care
- To communicate effectively with customers
- How to deal with customer complaints
- How to be assertive in the workplace

Hybrid format | Face-to-face learning | Home-based learning

⌚ Tuesday

⌚ Beginning 03/02/26 for 6 weeks

📍 Clanrye Group- Mayfair Business Centre, Portadown

FOR MORE INFORMATION, CONTACT US ON:

✉️ info@clanryegroup.com ☎ (028) 3089 8119



RETURN TO WORK

Free Computer Course- Level 1

BANBRIDGE AREA

SUPPORT WITH CHILDCARE AND TRAVEL COSTS AVAILABLE

New Year, New Start- Would
you like to build confidence
using computers?

Join our FREE ICT course, designed
to help you learn at a comfortable
pace and develop essential
computer skills.

You can learn:

- Email and online essentials
- Microsoft Word, Excel and presentations
- IT fundamentals and online safety

Free Qualification | Flexible Start Dates | Employer Recognised

⌚ Thursdays

⌚ Morning & Afternoon Sessions Available

📍 Clanrye Group- 17 Rathfriland Street, Banbridge

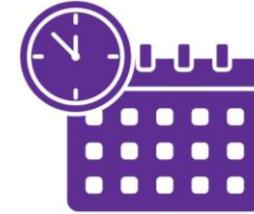
FOR MORE INFORMATION, CONTACT US ON:

✉️ info@clanryegroup.com ☎ (028) 3089 8119



info@clanryegroup.com

NEWRY & MOURNE LPG AREA



Applications
close
TOMORROW!

YOUTH AND FUTURE TALENT AWARDS

Who we are

Newry, Mourne & Down Youth Voice are a district wide consultative group under the Northern Ireland structure of Youth Voice which gives young people the opportunity to engage with decision makers and have a say on local issues. The group is supported by the Education Authority.



Our Partnership

Youth Voice is a collaboration with Newry, Mourne and Down District Council Community Planning Department and are closely aligned to the Community Planning partnership.



The Awards

The Youth and Future Talent Awards (YFTAs) were created in 2012 by the Newry & Mourne Youth Council to help raise the positive profiles of the work young people are involved in across our district. The aim was to highlight the "unsung heroes" who don't normally receive recognition.

This year will be the ninth awards ceremony and they will be hosted within the council area.

All aspects of this programme have been designed and managed by young people for young people.

An independent panel will shortlist the nominations, without knowing names of nominees or nominator, so they cannot be influenced with their decisions.



<https://forms.office.com/e/aw1ZwewBBU>

NETWORKING EVENT



CONNECTING SCHOOLS WITH LOCAL SUPPORT SERVICES

Come along to our networking event to learn about the range of support for children, young people and families available across Newry & Mourne and South Armagh

YOU ARE INVITED!

The event is aimed at School Staff from **Primary** and **Post Primary Schools** and **ALL** relevant **Service Providers** in the local area

Light refreshments will be available on the day

REGISTER TO ATTEND

If you are a **service provider**, click [HERE](#) to register your information stall for FREE

If you are a member of **school staff**, please let us know how many from your school are coming, by e-mailing: localityplanning@ci-ni.org.uk

Kindly hosted by:

- CYPSp** Children & Young People's Strategic Partnership
- Local Government** an tSeirbhís agus an Dúin Newry, Mourne and Down District Council
- Police** Newry, Mourne and Down District Council



localityplanning@ci-ni.org.uk



Community Safety & Wellbeing Event

NEWRY LEISURE CENTRE
FRIDAY 6TH MARCH
10AM-1PM

PSP Policing & Community Safety Partnership
making Newry, Mourne & Down safer

drugsand alcoholni
"Addressing drugs and alcohol together"



SPRING INTO WELLNESS



Kaitlyn.Martin@nmandd.org



**HOME
START**
Newry & Mourne

FREE TASTER TRAINING SESSION

Home-Start Newry & Mourne

We can offer a one hour taster session to your group including:

Sleep 	Sensory Play 
Play 	Incredible Years Awareness 
Infant Massage 	Baby Yoga 
Drawing & Talking Therapy 	Sand Therapy 
Preparing for Baby 	

One hour taster session available
FREE of charge at **your venue!**

Contact us to register your interest:

Email: info@homestartnewry.com
Call: 028 302 66139 / 028 417 64120

Full courses available on request



info@homestartnewry.com



**RECRUITING
NOW**



VOLUNTEERS NEEDED

Are you a mum, dad, grandparent or carer?
We need people with your experience to volunteer
at your local Home-Start.

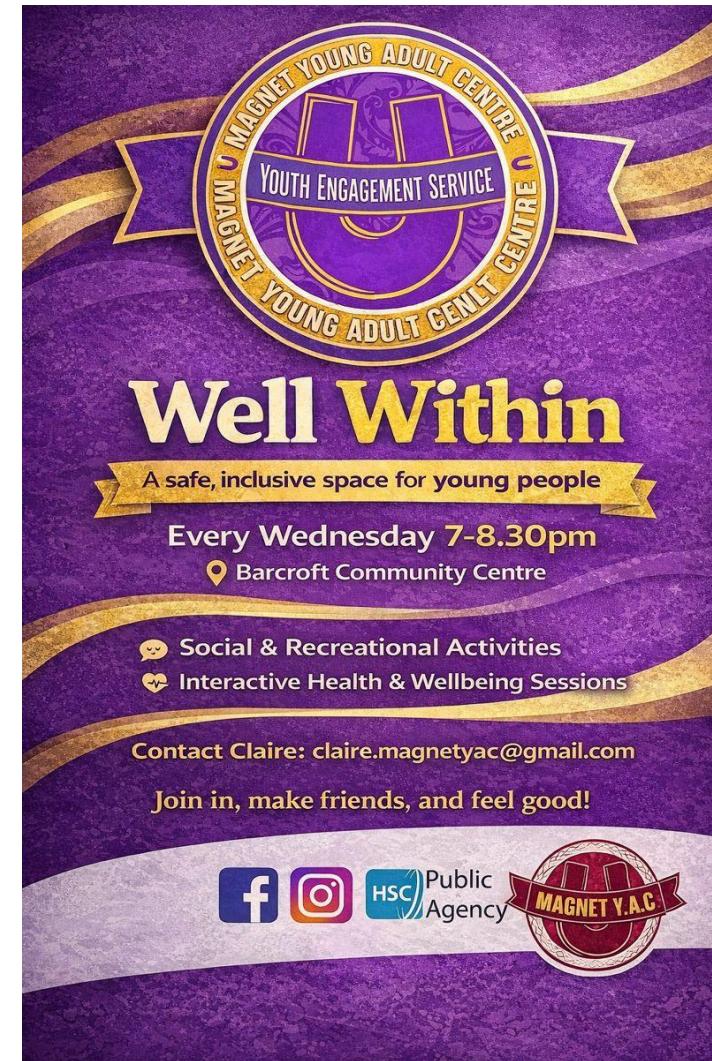
- Make a difference to the lives of parents and children
- Enhance your well-being
- Access free, high quality training

Find out more:
www.home-start.org.uk/volunteertoday

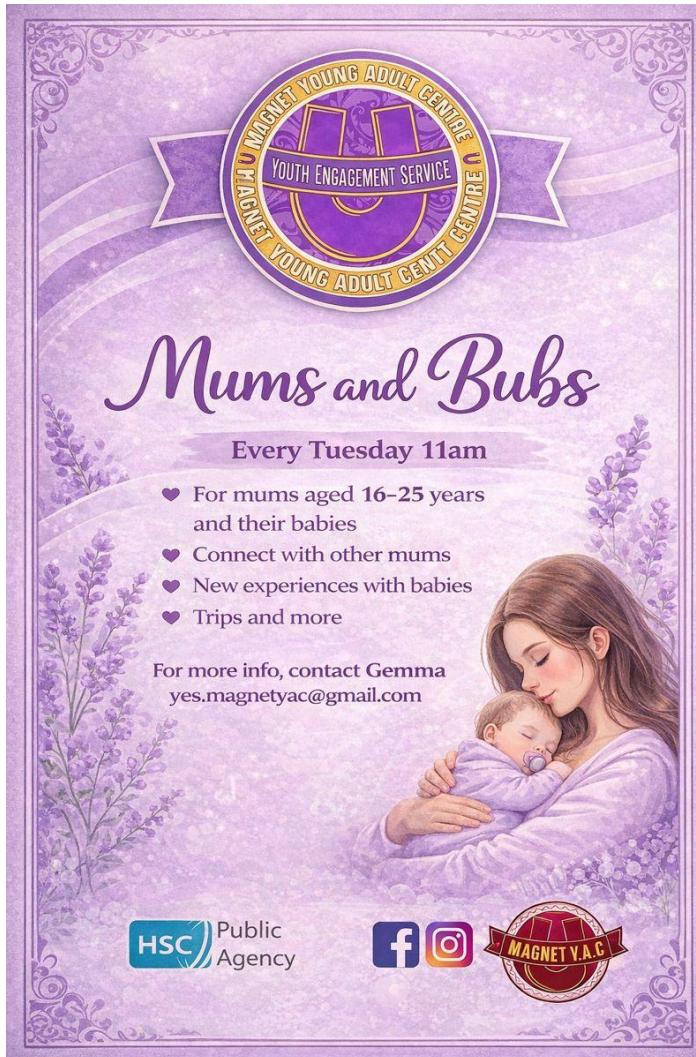
**HOME
START**



www.home-start.org.uk/volunteertoday



For further information, contact Gemma (E-mail: yes.magnetyac@gmail.com / Tel: 02830252214)



Mums and Bubs
Every Tuesday 11am

- For mums aged 16-25 years and their babies
- Connect with other mums
- New experiences with babies
- Trips and more

For more info, contact Gemma
yes.magnetyac@gmail.com

HSC Public Agency   



IGNITE COMMUNITY
YOUTH ENGAGEMENT SERVICE
YOUTH ENGAGEMENT SERVICE

CREATIVE MINDS

FOR YOUNG PEOPLE AGED 18-21> YEARS WITH ASD
NEW PROJECT - IGNITE

A weekly meet-up for young people with **Autism Spectrum Disorder (ASD)** aged **18-21 years!**

EVERY THURSDAY • BURREN COMMUNITY HUB • 7PM

- Fun Activities
- Make Friends
- Build Confidence
- Learn New Skills

An inclusive, supportive space where you can be yourself, meet others, and be part of something exciting!

EVERYONE IS WELCOME - COME ALONG!

  For more info, contact **MICHELLE** - michelle.magnetyac@gmail.com

For further information, contact Gemma (E-mail: yes.magnetyac@gmail.com / Tel: 02830252214)



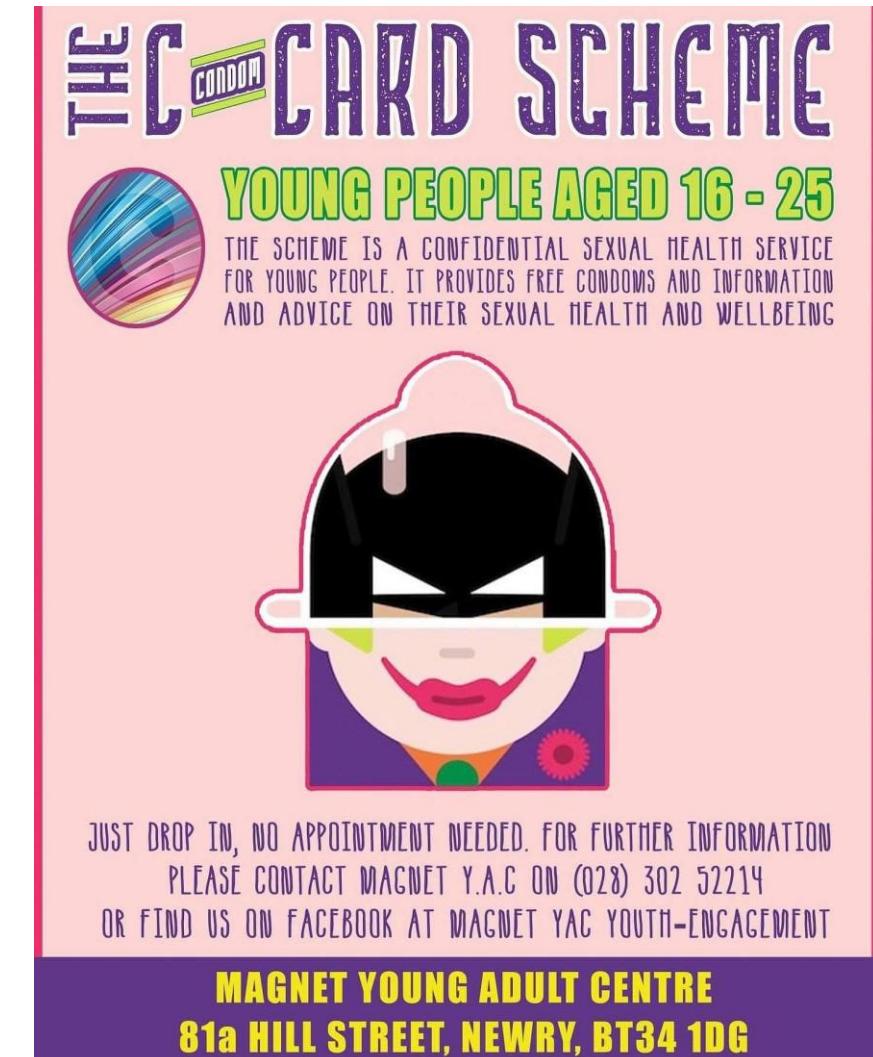
Pink Present

If you require sanitary products please avail of these **FREE** at the following points

MAGNET YOUNG ADULT CENTRE
81A HILL STREET
NEWRY
BT34 1DG

TEL: (028) 30269070 / 30252214

#pinkpresent #periodpoverty



THE C-CONDOM CARD SCHEME
YOUNG PEOPLE AGED 16 - 25

THE SCHEME IS A CONFIDENTIAL SEXUAL HEALTH SERVICE FOR YOUNG PEOPLE. IT PROVIDES FREE CONDOMS AND INFORMATION AND ADVICE ON THEIR SEXUAL HEALTH AND WELLBEING



JUST DROP IN, NO APPOINTMENT NEEDED. FOR FURTHER INFORMATION
PLEASE CONTACT MAGNET Y.A.C ON (028) 302 52214
OR FIND US ON FACEBOOK AT MAGNET YAC YOUTH-ENGAGEMENT

MAGNET YOUNG ADULT CENTRE
81a HILL STREET, NEWRY, BT34 1DG

For further information, contact Gemma (E-mail: yes.magnetyac@gmail.com / Tel: 02830252214)

NEWRY & MOURNE LPG AREA



ea Education Authority

Come along for a Cuppa

Meet new friends

A warm, safe space to hang out with friends

Chat with youth workers



Young Cafe
FOR ALL

AGE 14+

Starting 5th November from 7-9pm
Every Wednesday

WHERE? CARING COINS CAFE UPPER EDWARD ST

For more info contact niamh.mcnamee@eani.org.uk Tel: 02830251515



niamh.mcnamee@eani.org.uk



SOUTH ARMAGH LPG AREA

NETWORKING EVENT



CONNECTING SCHOOLS WITH LOCAL SUPPORT SERVICES

Come along to our networking event to learn about the range of support for children, young people and families available across Newry & Mourne and South Armagh

YOU ARE INVITED!

The event is aimed at School Staff from **Primary** and **Post Primary Schools** and **ALL** relevant **Service Providers** in the local area. Light refreshments will be available on the day

**Wednesday
4th February 2026
2pm to 5pm
Newry High School**

REGISTER TO ATTEND

If you are a **service provider**, click [HERE](#) to register your information stall for FREE

If you are a member of **school staff**, please let us know how many from your school are coming, by e-mailing: localityplanning@ci-ni.org.uk

Kindly hosted by: **CYPSP**
Children & Young People's Strategic Partnership



localityplanning@ci-ni.org.uk

DUNGANNON LPG AREA



PARENTS PLUS Early Years Programme

A practical and positive parenting course promoting confidence, learning and good behaviour in young children aged 1 to 6 years.

This programme is for parents/carers of children 1-6 years with Special Needs/additional support needs, resident in the Armagh & Dungannon locality.

Time: Every Tues 9.45am-12.15pm x 6 weeks

Dates: 17th February-24th March 2026

Location: Barnardo's, Grange Building, Towerhill, ARMAGH

To apply: Call Caroline 07561024675 or

email caroline.williamson@barnardos.org.uk



Parents Plus is an Irish charity that develops practical, evidence-based parenting and mental health programmes. We train professionals working with children and families to deliver the programmes in communities and clinical settings. Our programmes support families to communicate effectively, build satisfying relationships and overcome emotional and behavioural problems.



caroline.williamson@barnardos.org.uk



Comhairle Ceantair
Lár Uladh
Mid Ulster
District Council

OPEN NOW

Community Investment Programme

2026 - 2029



midulstercouncil.org/communityinvestment



www.midulstercouncil.org/grants

SUBMISSION

Submit the information in the format you would like it to be included. We can't transform a word-heavy document into a flyer.

Less words, bigger pictures!

We do not advertise or endorse those events or programmes which are privately funded as a business.

Information will usually be included for x1 edition, unless otherwise requested.

GUIDELINES

'FYI' will usually be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.

We may have to decline to advertise information which is not applicable to better outcomes for children and young people.

Your feedback is welcome. (We are not perfect, but strive to be as good as we can.)

Please let us know if 'FYI' has helped your service, event or activity in any way.



Click on the below issue nos. to view recent editions of 'FYI':

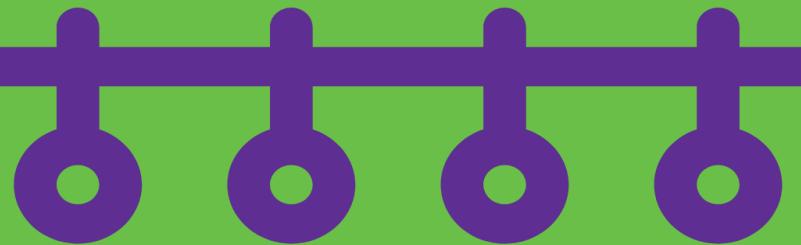
[Issue 160](#)
8th January 2026

[Issue 159](#)
18th December 2025





SOUTHERN AREA LOCALITY PLANNING GROUPS

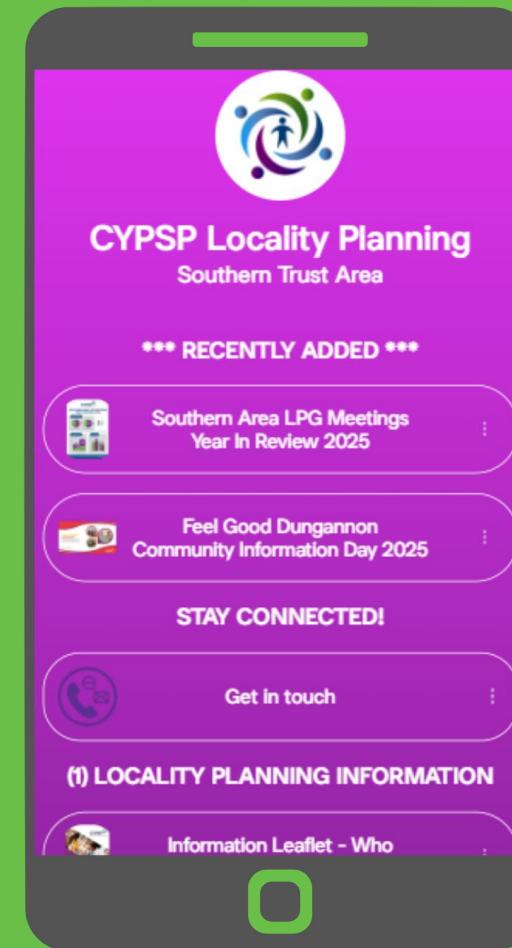


UPCOMING 2025 LPG MEETINGS

Dungannon
Newry & Mourne
Armagh
Craigavon
South Armagh
Banbridge

Tues. 3rd Feb
Wed. 18th Feb
Thur. 5th Mar
Tues. 10th Mar
Tues. 24th Mar
Wed. 15th Apr

Meetings are usually scheduled to begin at 10am
Formats will alternate between face-to-face & Zoom
(Refer to the Meetings Calendar on our [Linktree](#))



SCAN QR CODE
FOR INSTANT
ACCESS TO OUR
INFO. HUB



For further information on Locality Planning or 'FYI', contact:

Joanne Patterson (localityplanning@ci-ni.org.uk) or Darren Curtis (07725232566)

CYPSP, 2nd Floor, Health & Social Care Board, Tower Hill, Armagh. BT61 9DR

'FYI' NEWSLETTER CALENDAR
JANUARY TO JUNE 2026



JAN

ISSUE 160 Publication: 8th | Deadline: 6th
ISSUE 161 Publication: 29th | Deadline: 27th

FEB

ISSUE 162 Publication: 19th | Deadline: 17th

MAR

ISSUE 163 Publication: 12th | Deadline: 10th

APR

ISSUE 164 Publication: 2nd | Deadline: 31st
ISSUE 165 Publication: 23rd | Deadline: 21st

MAY

ISSUE 166 Publication: 14th | Deadline: 12th

JUN

ISSUE 167 Publication: 4th | Deadline: 2nd
ISSUE 168 Publication: 25th | Deadline: 23rd



Please submit your artwork in a
print-ready format (jpeg, png or pdf)
to localityplanning@ci-ni.org.uk



Advertise in our upcoming issue!

**Circulation Date:
19th February 2026**
**Copy Deadline:
17th February 2026**



localityplanning@ci-ni.org.uk