

# SOUTHERN AREA LOCALITY PLANNING GROUPS



**ISSUE 162**  
19th February 2026



## WELCOME

Welcome to Issue 162 of our newsletter, 'FYI' (For Your Information).

The health & wellbeing of children and young people is always a top priority. Last week was Children's Mental Health Week, Tuesday 10<sup>th</sup> February was Safer Internet Day, and this week is Sexual Health Week, so, as well as the plethora of useful information which we normally include, we are also sharing information relevant to these specific areas which has been submitted by our contacts.

Thanks to all who have provided information on upcoming training opportunities, events, parenting programmes, reports, surveys, resources and funding opportunities for inclusion.

We hope that this issue is helpful to practitioners working across, and parents/carers living in, the region.

Locality Development Team, Southern Area

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## SOUTHERN TRUST AREA

CYPSP  
UPDATES

### SOUTHERN AREA LOCALITY PLANNING GROUPS MEETINGS CALENDAR 2026



#### ARMAGH

Thursday 8<sup>th</sup> January  
Thursday 5<sup>th</sup> March  
Thursday 7<sup>th</sup> May  
Thursday 3<sup>rd</sup> September  
Thursday 5<sup>th</sup> November

#### BANBRIDGE

Wednesday 28<sup>th</sup> January  
Wednesday 15<sup>th</sup> April  
Wednesday 17<sup>th</sup> June  
Wednesday 23<sup>rd</sup> September  
Wednesday 25<sup>th</sup> November

#### CRAIGAVON

Tuesday 13<sup>th</sup> January  
Tuesday 10<sup>th</sup> March  
Tuesday 12<sup>th</sup> May  
Tuesday 8<sup>th</sup> September  
Tuesday 10<sup>th</sup> November

#### DUNGANNON

Tuesday 3<sup>rd</sup> February  
Tuesday 28<sup>th</sup> April  
Tuesday 9<sup>th</sup> June  
Tuesday 29<sup>th</sup> September  
Tuesday 1<sup>st</sup> December

#### NEWRY & MOURNE

Wednesday 18<sup>th</sup> February  
Wednesday 22<sup>nd</sup> April  
**Wednesday 3<sup>rd</sup> June\***  
Wednesday 7<sup>th</sup> October  
Wednesday 9<sup>th</sup> December

#### SOUTH ARMAGH

Tuesday 20<sup>th</sup> January  
Tuesday 24<sup>th</sup> March  
**Wednesday 3<sup>rd</sup> June\***  
Tuesday 15<sup>th</sup> September  
Tuesday 17<sup>th</sup> November

**\*Joint Meeting of Newry & Mourne and South Armagh LPGs**



All 2026 Locality Planning Group Meeting **venues** and **formats** have been confirmed and are now available to view on the Locality Planning Linktree [HERE](#)



Our funding restrictions are such that funded training is only available to those who work/volunteer for a **voluntary, charitable, faith or community-based** organisation

## February Training

Open to those in voluntary/community sector



### Good Practice in Recording and Reporting

Tuesday 24 February, 09:30am - 12:30pm, Online

### Gaming and Gambling Harm Prevention

Tuesday 24 February, 10:00am - 1:00pm, Online

### Designated Officer Training

Tuesday 24, 10:00am - 4:00pm, In-person



## March Training

Open to those in voluntary/community sector



### Risk Assessment and Risk Management

Tuesday 3 March, 09:30am - 12:30pm, Online

### Mental Health Awareness

Wednesday 4 March, 09:30am - 12:30pm, Online

### Life Story

Tuesday 10 March, 10:00am - 4:00pm, In-person

### Designated Officer

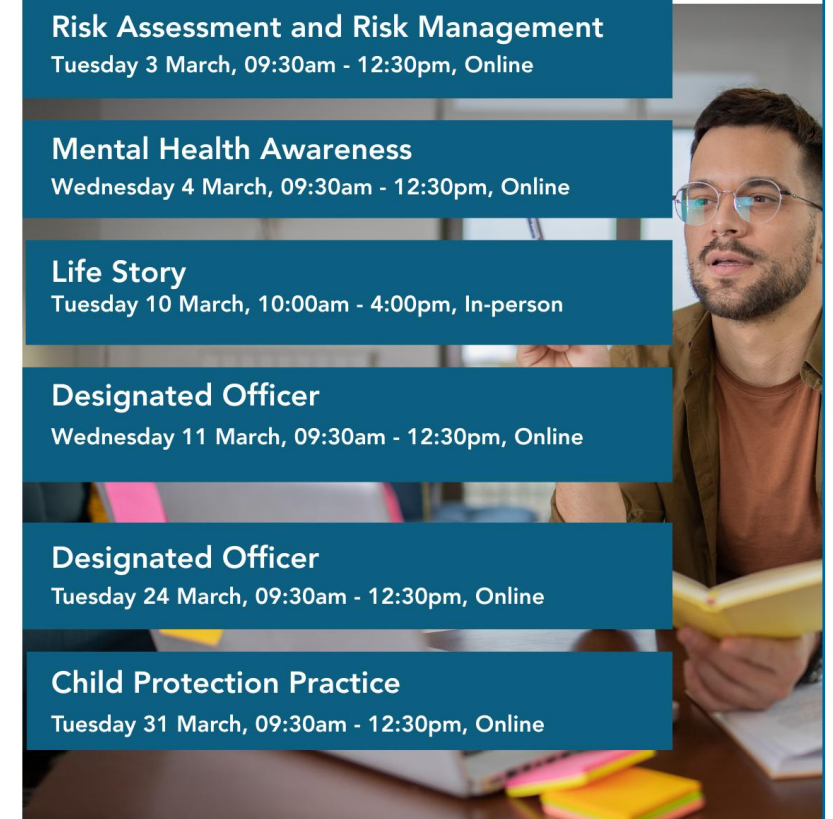
Wednesday 11 March, 09:30am - 12:30pm, Online

### Designated Officer

Tuesday 24 March, 09:30am - 12:30pm, Online

### Child Protection Practice

Tuesday 31 March, 09:30am - 12:30pm, Online



[www.ci-ni.org.uk/training](http://www.ci-ni.org.uk/training)



## February / March Training Paid Courses

Children  
in Northern  
Ireland 

### Understanding Autism

Thursday 26 February, 10:00am - 4:00pm, In-person

### Communicating Effectively with Children and Young People

Tuesday 3 March, 10am - 1pm, Online

### Baby Yoga Instructor Training

Thursday 5 - Friday 6 March, 10am - 4pm, In-person

### Counselling Skills for Everyday Practice

Friday 13 March, 10:00am - 4:00pm, In-person

### Autistic Women and Girls

Thursday 19 March, 10:00am - 4:00pm, In-person

### Supporting School Based Anxiety

Tuesday 24 March, 09:30am - 12:30pm, Online

### Trauma and the Helping Professional

Friday 27 March, 10:00am - 4:00pm, In-person



[www.ci-ni.org.uk/training](http://www.ci-ni.org.uk/training)



**ASCERT**

## VAPING AWARENESS

### FREE ONLINE WORKSHOP

**LEARN WHAT VAPING IS, WHY PEOPLE VAPE, AND THE RISKS INVOLVED, INCLUDING DANGERS FOR YOUNG PEOPLE AND VAPING SUBSTANCES LIKE SPICE**

YOU ONLY NEED TO ATTEND ONE SESSION, AS ALL COVER THE SAME CONTENT

**6.00PM - 7.30PM**

**ZOOM**

**FREE**

**MONDAY 16<sup>TH</sup> FEBRUARY**

**MONDAY 23<sup>RD</sup> FEBRUARY**

**THURSDAY 5<sup>TH</sup> MARCH**

**THURSDAY 12<sup>TH</sup> MARCH**

**MONDAY 16<sup>TH</sup> MARCH**

**FREE TICKETS VIA EVENTBRITE**

**ASCERT**

Registered with the Charity Commission for Northern Ireland NIC101239

**Holistic Options Inc Promoting Resilience**



[www.eventbrite.com/vaping-awareness](https://www.eventbrite.com/vaping-awareness)



**action mental health**

Supporting positive mental health & wellbeing in our Schools and Community

## Applied Suicide Intervention Skills Training (ASIST) in the SHSCT area

**ASIST**

Action Mental Health have a number of fully funded places for individuals and small groups to undertake the ASIST course, available to anyone living/working in the Southern Trust area.

Places are limited and will be allocated on a first come basis. As this is a fully funded course, there is no cost to complete the training however we kindly ask you to ensure you have the time commitment to be able to attend the 2 full days.

**Dates:** Tuesday 24<sup>th</sup> & Wednesday 25<sup>th</sup> February 2026  
**Times:** 09:30 - 16:30 both days  
**Location:** Clan Na Gael, Lurgan, Craigavon BT66 6DP

To book a place on this course and/or for further information please contact [wellbeing@amh.org.uk](mailto:wellbeing@amh.org.uk)

Places are limited, so we cannot usually accept enquiries from large groups. If you want to speak with us in advance please contact us on the email above.

*This is an intensive 2 day course and given the course content it is not recommended for anyone who has recently experienced thoughts of suicide, or been bereaved by suicide.*

**PROTECT LIFE**

**action mental health**

**P.I.P.S. Nigery and Mourae**

[wellbeing@amh.org.uk](mailto:wellbeing@amh.org.uk)



[wellbeing@amh.org.uk](mailto:wellbeing@amh.org.uk)



**NEW YEAR,  
NEW SKILLS**

**Start the  
new year  
informed**

**FREE CPD workshops**



### Upcoming workshops for sports staff and volunteers

Wednesday 25th February 2026

10:00am - 12:00pm

Online

[Book this date](#)

### Upcoming workshops for sports staff and volunteers in community settings

Monday 16th March 2026

1:00pm - 4:00pm

Online

[Book this date](#)

Free CPD certified training for all sports staff and volunteers on how to safeguard children and young people from experiencing gaming and gambling harm

Upon completion, every staff member / volunteer receives their own personal CPD certified certificate, digital credential, and access to our resource portal which contains free downloadable resources to use

Register your place [HERE](#)



The Philosophy Foundation  
THINKING CHANGES

OUR generation  
Thinking Schools, Together

PEACEPLUS  
Northern Ireland - Ireland

Executive Office

**INTRODUCTION TO PHILOSOPHICAL THINKING**

TOOLS FOR RESPECTFUL INQUIRIES

**Learning Outcomes**

- Develop tools to engage in complex topics
- Boost your critical thinking
- Improve communication skills
- Understand what is "Misinformation"
- Practise engaging with opposing viewpoints

**Key Info:**  
**ONLINE TRAINING**  
Wednesday, 25<sup>th</sup> February  
10:00am - 12:00pm  
**FREE**



[www.eventbrite.co.uk/e/critical-thinking](https://www.eventbrite.co.uk/e/critical-thinking)

HSC Public Health Agency  
Project supported by the PHA



## HIV STIs & Contraception OCN Level 2 Course

### COURSE DATES:

Monday 2<sup>nd</sup>, Tuesday 3<sup>rd</sup>, Monday 9<sup>th</sup> and Tuesday 10<sup>th</sup> March 2026 from  
10.00-11.30am each day

### APPLY HERE:

<https://www.eventbrite.com/e/1975587170408?aff=oddttdtcreator>

The course will be delivered online via **4 live Zoom sessions** and will cover:

- Sexually Transmitted Infections
- Blood-borne viruses: HIV and Hepatitis B/C
  - Contraception
  - Prevention
  - Condom Use
- Local Sexual Health Services

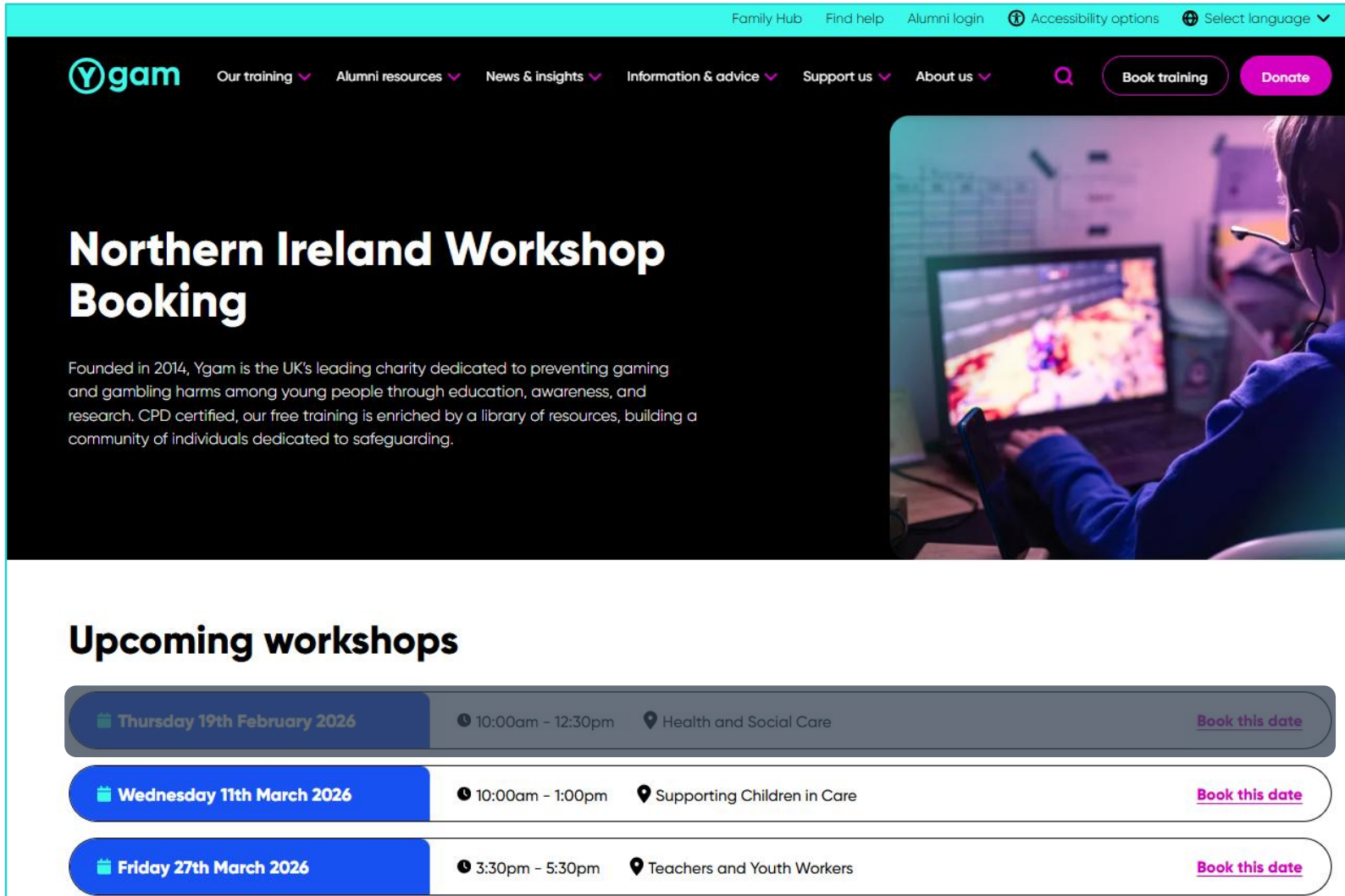
**It will be suitable for anyone working or volunteering with either young people or adults in Northern Ireland who would like to improve their understanding of sexual health.**

If interested, register using the link above or contact [Nigel@acet-ni.com](mailto:Nigel@acet-ni.com)



[Nigel@acet-ni.com](mailto:Nigel@acet-ni.com)





The screenshot shows the Ygam website's 'Northern Ireland Workshop Booking' page. The header includes navigation links like 'Family Hub', 'Find help', 'Alumni login', 'Accessibility options', and 'Select language'. The main navigation bar features 'Our training', 'Alumni resources', 'News & insights', 'Information & advice', 'Support us', and 'About us', along with 'Book training' and 'Donate' buttons. The main content area has a large heading 'Northern Ireland Workshop Booking' and a paragraph about Ygam's mission. Below this is a section titled 'Upcoming workshops' with three entries, each showing a date, time, location, and a 'Book this date' link.

Date	Time	Location	Action
Thursday 19th February 2026	10:00am - 12:30pm	Health and Social Care	<a href="#">Book this date</a>
Wednesday 11th March 2026	10:00am - 1:00pm	Supporting Children in Care	<a href="#">Book this date</a>
Friday 27th March 2026	3:30pm - 5:30pm	Teachers and Youth Workers	<a href="#">Book this date</a>



<https://ygam.org/training/northern-ireland>



Home > Training

## Training

Delivering innovative, needs-based training in volunteer management and safeguarding to empower organisations and individuals.

[View Courses Scheduled](#)



[Attracting and Selecting Volunteers - Volunteer Now](#)

[Risk Assessing Volunteers' Roles and Projects - Volunteer Now](#)

[Managing and Motivating Volunteers - Volunteer Now](#)

[Succession Planning for Volunteering - Volunteer Now](#)

[Managing volunteers: Conflicts, Complaints & Problems - Volunteer Now](#)

[Induct, Supervise and Support Volunteers - Volunteer Now](#)

[Recruit, Retain & Reward Volunteers \(The 3 R's\) - Volunteer Now](#)

[Volunteering and the Law - Volunteer Now](#)

[https://www.volunteernow.co.uk/course/volunteering-and-the-law/cid\\_0/](https://www.volunteernow.co.uk/course/volunteering-and-the-law/cid_0/)

[Succession Planning for Volunteering - Volunteer Now](#)

[https://www.volunteernow.co.uk/course/measuring-volunteering-impact-and-outcomes/cid\\_0/](https://www.volunteernow.co.uk/course/measuring-volunteering-impact-and-outcomes/cid_0/)

[Recruit, Retain & Reward Volunteers \(The 3 R's - Volunteer Now](#)

[Induct, Supervise and Support Volunteers - Volunteer Now](#)

**Upcoming 3 day facilitator  
training for this exciting evidence-  
based parent programme!**

When: 7, 8 and 14 May 2026 10am-4pm

Where: Ramada By Wyndham, Belfast

Cost: £1050 (includes supervision)

*Fee includes access to all programme  
materials and videos*

For information on iIP check out [investinplay.com](https://investinplay.com)

Email Maria to find out more & book a place  
[mariamcaleese2@gmail.com](mailto:mariamcaleese2@gmail.com)



**Building stronger  
relationships for the  
whole family**

**Maria McAleese**  
**Educational Psychologist &**  
**Invest in play® Trainer NI**  
**Training • Supervision • Support**



[mariamcaleese2@gmail.com](mailto:mariamcaleese2@gmail.com)



Two **FREE**  
workshops  
still  
available



## Understanding Self-Harm

Self-harm and suicidal behaviours are interconnected but distinguishing between the two can be challenging. It's crucial to recognize the significant differences in intention and the risks each one presents.

This **FREE** community workshop provides a safe and supportive environment to learn how to recognise the signs, respond with compassion, and connect individuals (if appropriate) to Inspire's SHIP (Self-harm Intervention Programme) or to other relevant support services.

This workshop addresses both self-harm & suicide. It is designed for staff, family members, caregivers, or anyone supporting young people or adults affected or at risk.

**In this workshop we will:**

- Define Self-Harm & explore the motivations behind it.
- Understand risk factors, myths & discuss self-harm & suicide safely
- Learn to recognise the signs of distress & how to offer support
- Equip ourselves with tools to assist someone in crisis
- Consider Harm Minimisation & Safety Plans
- Gain an understanding of the SHIP Service & referral pathways

**Eligibility & Booking Information:**

- Free to community groups in the Southern Trust & South Eastern Trust Areas.
- Workshops must be 2 hours in length.
- Delivered daytime, in-person.
- Target group size - 12 (max of 20)

Jenny Groves, Training Co-ordinator  
j.groves@inspirewellbeing.org  
07834 181303




[j.groves@inspirewellbeing.org](mailto:j.groves@inspirewellbeing.org)





## SOUTHERN TRUST AREA

## WORKSHOPS



Taking place  
**TONIGHT!**



Southern Health  
and Social Care Trust  
TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

### Free Online Adolescent Brain Development Session for Parents/Carers



Understanding  
your child  
Solihull Approach



 **Online session**

 **Thursday 19th February**

 **7pm-8.30pm**

For more info or to book a place contact:

- [lisa.lenaghan@southerntrust.hscni.net](mailto:lisa.lenaghan@southerntrust.hscni.net)
- 07841 970 432



[lisa.lenaghan@southerntrust.hscni.net](mailto:lisa.lenaghan@southerntrust.hscni.net)



 Southern Health and Social Care Trust  
TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

  
Southern Trust Recovery College  
Wellbeing education for everyone

# RECOVERY COLLEGE COURSES

**We have a wide range of courses available**

 **JANUARY, FEBRUARY, MARCH 2026**

**To register your interest / enrol on any of the courses, get in touch.**

**All our courses are free of charge.**

To register your interest in any courses, please get in touch using the contact details below:

Tel: 02837561938

Email: [Recovery.college@southerntrust.hscni.net](mailto:Recovery.college@southerntrust.hscni.net)

Alternatively, you can use the below link to register your interest:  
[Recovery College Register Form | Southern Health & Social Care Trust](#)

To access our Free Online Recovery College Courses, which are available 24 hours a day, register [HERE](#)

THE SOUTHERN HEALTH & SOCIAL  
CARE TRUST  
WELCOMES YOU TO

**Save  
THE  
Date**  
FOR

**“Stronger Together: Information Day for  
Children with Additional Needs”**

Featuring stalls and presentations from a variety of  
statutory, community, voluntary and independent  
sector agencies



THURSDAY **12** MARCH

9.30AM-3.30PM

ARMAGH CITY HOTEL,  
FRIARY ROAD, ARMAGH

**JOIN  
US!**

Lunch & Light refreshments provided

RSVP TO MARK IRWIN  
T: 02837 564330  
E: [MARK.IRWIN@SOUTHERNTRUST.HSCNI.NET](mailto:MARK.IRWIN@SOUTHERNTRUST.HSCNI.NET)



**You  
are  
Invited**  
TO

**Stronger Together: An Information Day for  
Children with Disabilities & Additional Needs**

Featuring stalls from local services and community  
organisations, presentations and information on  
health, education and family support



THURSDAY **12** MARCH

9.30AM-3.30PM

ARMAGH CITY HOTEL  
FRIARY ROAD, ARMAGH

**JOIN  
US!**

Light lunch & refreshments provided

ALL WELCOME TO COME ALONG & CONNECT  
NO NEED FOR PARENTS/ CARERS/ PROFESSIONALS TO  
PRE-REGISTER




[Mark.Irwin@southerntrust.hscni.net](mailto:Mark.Irwin@southerntrust.hscni.net)

Parents & Carers, just come along on the day!





## SOUTHERN TRUST AREA

## EVENTS

# PARENTING PROGRAMME SHOWCASE 2026: NEURODIVERSITY

**SAVE THE DATE:**

**March 31<sup>st</sup> 2026**  
**10am-12pm**  
**Online via Zoom**

Register by clicking here for the link, or scanning the QR code

**Who?**

This event is for parent programme facilitators, peer coaches, managers, funders and anyone interested in finding out more about parent programmes.

**What?**

CDICs and key figures from four evidence-based parenting programmes currently active across NI will speak to their knowledge and experience, highlighting key information about each programme's work with neurodiversity.

**Why?**

Hear about the dynamic range of support available, along with what specific programmes work best to support parents and families with neurodiverse children in NI.

**Any questions, contact:**  
cphillips@ncb.org.uk  
smckeever@ncb.org.uk



<https://forms.office.com/ResponsePage>





### Sexual health – who do you listen to?



#WhoDoYouListenTo  
#SexualHealthWeekNI2026



sexualhealthni.info

The theme of this year's **Sexual Health Week Campaign (14-21 February)** is Sexual Health Information: who do you listen to?

Information overload?

There is a vast amount of sexual health information online

Here are 3 easy steps you can take to be sure you are making informed decisions from reliable resources - Identify a reliable source for information, Cross Reference what you read and if in doubt Consult a professional

Start with websites like [www.sexualhealthni.info](http://www.sexualhealthni.info)

Being informed about sexual health gives you the confidence to make decisions about your own body and to understand what is right for you

#WorldSexualHealthWeek2026NI #WhoDoYouListenTo



### PARENTS PLUS Children's Programme

An evidence-based parenting programme on promoting confidence, learning and positive behaviour in children aged 6 to 11 years.

9 week programme for parents/carers starting  
**Wednesday 4th March from 10am-12 noon (online)**

Priority will be given to families in the Craigavon/Banbridge area.  
Referrals will however be considered for families  
across the Southern Trust

For further information, please contact Maria:

Email: [parenting.partnership@southerntrust.hscni.net](mailto:parenting.partnership@southerntrust.hscni.net)

Mob: 07880 474747



Click or scan here  
for the Referral Form

**BOLSTER**  
COMMUNITY

**ParentsPlus**  
Improving Connections to Support Families

**HSC** Southern Health  
and Social Care Trust  
TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

Delivery Partners: Parenting Partnership & Bolster



Build children's  
social competence,  
self-confidence and  
emotion regulation  
skills.

Help parents to  
respond to  
behavioural  
difficulties.

Support strong  
parent-child  
relationships.

### invest in play®

**Building Stronger Relationships For The Whole Family**

A 12-week programme for parents/carers of children aged 5-12 years

**Start Date: Tuesday 24th March 2026**

**Time: 10am-12pm**

**Location: ABC Community Network, Magharee House, 82 Thomas  
Street, Portadown BT62 3NU**

For more information please contact:

**Maria Killen, Parenting Partnership**

**Phone: 07880 474747**

**Email: [parenting.partnership@southerntrust.hscni.net](mailto:parenting.partnership@southerntrust.hscni.net)**



Click or scan here for  
the Referral Form

**HSC** Southern Health  
and Social Care Trust  
TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

**iiP**  
invest in play



[parenting.partnership@southerntrust.hscni.net](mailto:parenting.partnership@southerntrust.hscni.net)



[parenting.partnership@southerntrust.hscni.net](mailto:parenting.partnership@southerntrust.hscni.net)

### Understanding Your Child's Behaviour

A Solihull Approach (Togetherness)  
programme for parents and carers  
of toddler and  
pre-school aged children



This programme is for parents and carers who want to know more about parenting and how children develop, and to understand children's behaviour better.

Our evaluation of previous programmes has shown that parents have found them helpful, they tend to feel less anxious and their children's behaviour tends to improve.

We will explore issues like:

Having fun  
Development Needs  
Behavioural Difficulties

Communication  
Parenting styles  
Sleep

#### DATES & TIMES

Date of programme is  
**15th April 2026**  
**7.00pm - 9.00pm**  
**For 10 weeks Online**

For more information please  
contact:

**Maria Killen, Parenting  
Partnership**

**Phone: 07880 474747**

**Email:**

[parenting.partnership@southern  
trust.hscni.net](mailto:parenting.partnership@southerntrust.hscni.net)



Click or scan here for  
the Referral Form



[parenting.partnership@southerntrust.hscni.net](mailto:parenting.partnership@southerntrust.hscni.net)

### Teen programmes

**Programme:** Parents Plus Special Needs Programme  
**Start date:** Wed 10th Sept-22nd of Oct 2025  
**Duration:** 7 weeks (10am-12.30pm)  
**Location:** Clanrye, 34 Amagh Business Centre, Loughgall Road, Amagh  
**Attendees:** Parents/carers of young people 11-18 years in the Southern Trust with a confirmed Autism diagnosis.  
**Facilitators:** Clanrye & Parenting Partnership  
**Enquires/Referrals:** e [Claire.convery@clanryegroup.com](mailto:Claire.convery@clanryegroup.com)  
 t: 07483 059876

**Programme:** Parents Plus Special Needs Programme  
**Start date:** Tues 13th Jan-Tues 3rd of March 2026  
**Duration:** 7 weeks (10am-12.30pm)  
**Location:** St Pauls High School Bessbrook  
**Attendees:** All parents/carers of young people 11-18 years with special needs within Newry & Mourne area  
**Facilitators:** Parenting Partnership & Newry MDT Team  
**Enquires/Referrals:** Parenting Partnership-07880474747  
 e [parenting.partnership@southerntrust.hscni.net](mailto:parenting.partnership@southerntrust.hscni.net)  
 t: Or Newry GP MDT Team-07425630856  
 e [Veronica.kerr@southerntrust.hscni.net](mailto:Veronica.kerr@southerntrust.hscni.net)

**Programme:** Parents Plus Special Needs Programme  
**Start date:** Thurs 19th Feb-Thurs 2nd April  
**Duration:** 7 weeks (6pm-8.30pm)  
**Location:** Online  
**Attendees:** Parents/carers of young people 11-18 years in the Southern Trust with a confirmed Autism diagnosis.  
**Facilitators:** Clanrye  
**Enquires/Referrals:** e [Claire.convery@clanryegroup.com](mailto:Claire.convery@clanryegroup.com)  
 t: 07483 059876

### General Enquiries

**Maria Killen**  
 Parenting Partnership Manager  
 ☎ 07880 474747  
 ✉ [parenting.partnership@southerntrust.hscni.net](mailto:parenting.partnership@southerntrust.hscni.net)  
 Or  
**Martina McCooey**  
 Child Development Interventions Co-ordinator  
 ☎ 028 3756 4462 / 07795 450278  
 ✉ [martina.mccooey@southerntrust.hscni.net](mailto:martina.mccooey@southerntrust.hscni.net)

For further information on these and other programmes please visit our webpage below. Additional programme information will be added throughout the year

[Parent Support – Children and Young People's Strategic Partnership \(CYPSP\) \(hscni.net\)](https://www.southerntrust.hscni.net/parent-support)



### Evidence Based SUPPORT PROGRAMMES FOR PARENTS & CARERS

*Giving every child  
the best  
start/opportunity in life*



**2025/ 2026  
Southern Trust**

Please visit our CYPSP webpage to access the range of **evidence-based parenting programmes** available to families resident in the Southern Trust Area from September 2025 to June 2026

The programmes span the age range pre-birth to teens and are available for the families of typically developing/children and young people with special needs

Further information available [HERE](#)





**EMPOWER YOUNG VOICES, CREATE LOCAL IMPACT**  
JOIN THE IGNITE COMMUNITY PROGRAMME TODAY!

-  **A 30-Hour Social Innovation Programme**  
Inspiring youth-led change that makes a real difference in local communities.
-  **Fits into Your Existing Youth Group or Project**  
Delivered during your usual session times - no extra hours needed!
-  **Flexible & Tailored to Your Group**  
We adapt the format, content, and delivery to suit your needs - we meet you where you're at.
-  **Empowers Young Voices**  
Supports young people to speak up, be heard, and lead positive change.



COMMUNITY ENGAGEMENT   FUN!   LEADERSHIP SKILLS   EMPOWERMENT   EMPATHY  
CREATIVITY   ENTREPRENEURSHIP

Want to empower young people with real-world skills?  
We can help!

- ✓ We deliver the programme directly to your youth group
- ✓ Or, we'll train and support you to run it yourself

Learn more here:  
<https://ignitecommunity.carrrd.co/>



REGISTER YOUR INTEREST HERE!




## Ignite Community - Empowering Young People to Lead Change

Ignite Community is a fully funded, cross-border youth programme for young people aged 9-25 across the border counties and Northern Ireland

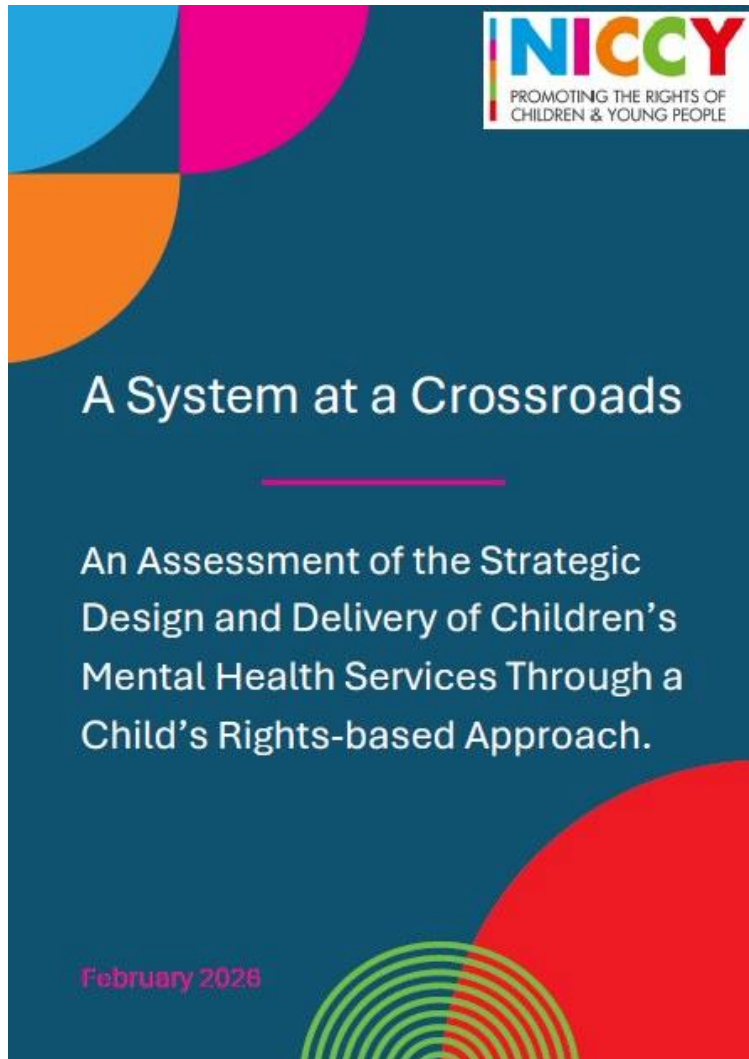
The programme supports young people to explore issues that matter to them, develop leadership and teamwork skills, and design and deliver their own social action projects

Through hands-on workshops and collaborative activities, participants build confidence, strengthen their voice, and learn how to turn ideas into real impact within their communities

Ignite Community is youth-led, inclusive, and focused on creating positive change across all backgrounds and traditions

If you work with young people and would like to find out how Ignite Community could support your group, we'd love to connect!

E-mail: [saleh.rifaie@youngsocialinnovators.ie](mailto:saleh.rifaie@youngsocialinnovators.ie)



 [www.niccy.org/latest-report](http://www.niccy.org/latest-report)



 [https://onlinesafetyhub.org/Ulster\\_University\\_Report](https://onlinesafetyhub.org/Ulster_University_Report)

### Community-Led Research on the Needs of Rural Women and Girls in relation to Violence Against Women and Girls (VAWG)



#### What is this research?

Rural Community Network (RCN) and Northern Ireland Rural Women's Network (NIRWN), are carrying out a community-led research project exploring how women and girls in rural Northern Ireland experience safety, support, and access to services in relation to VAWG.

The research looks at how rural life — including small communities, distance, transport, housing, digital access, and close social networks — can shape people's experiences when they are worried about safety, wellbeing, or harm.

This work forms part of the Ending Violence Against Women and Girls (EVAWG) Delivery Plan, commissioned in partnership with The Executive Office and DAERA.

#### Why is this research needed?

Violence against women and girls affects all communities. However, rural areas often face distinct challenges, including:

- Fewer and less visible services
- Concerns about privacy and being recognised
- Distance, transport, and housing pressures
- Strong community ties that can both support and silence
- Limited opportunities to seek help early, before crisis points

While policy is often designed at a regional level, rural realities are not always well understood or reflected. This research aims to change that by grounding evidence in lived experience and community insight.

#### Who are we speaking to?

We want to hear from people and organisations who are part of everyday rural life, including:

- Farming and agricultural groups
- Sports clubs and sporting organisations
- Faith groups and cultural organisations
- Community and voluntary groups
- Health, housing, youth, and advice services

We are also engaging directly with rural women and girls, including those with lived experience, in a safe and trauma-informed way.



### Community-Led Research on the Needs of Rural Women and Girls in relation to Violence Against Women and Girls (VAWG)



#### Why your voice matters

People often turn first to **trusted local networks** — not formal services — when they are worried or unsure what to do. Groups like yours:

- See patterns others don't
- Understand local pressures and norms
- Influence attitudes, behaviours, and help-seeking
- Are often the first place people look for guidance or reassurance

Your insights can help ensure that future policy and services are **realistic, effective, and appropriate** for rural communities.

#### What will taking part involve?

Participation is flexible and proportionate. This may include:

- A short interview sharing your perspectives based on your experience or role, reflecting on what works well locally and what could work better
- Focus group discussion either online or in person

You do not need specialist knowledge of violence or safeguarding to take part.

#### What difference will this make?

The findings will be used to:

- Inform government policy and rural needs based policy design
- Improve access to early support and prevention
- Reduce unintended harm caused by rural invisibility or service gaps
- Strengthen collaboration between communities, services, and decision-makers

The final recommendations will be **practical, rural-sensitive, and action-focused**, with clear routes to implementation.

#### Confidentiality and care

All engagement is:

- Confidential and handled sensitively
- Trauma-informed and voluntary

Support and signposting will be available where needed.

#### Interested in taking part?

We would welcome a conversation about how your group might be involved.

Contact: [samantha@ruralcommunitynetwork.org](mailto:samantha@ruralcommunitynetwork.org) or [louise@nirwn.org](mailto:louise@nirwn.org)

Time commitment: Agreed in advance and kept manageable

Your perspective can help shape safer, stronger rural communities.



[samantha@ruralcommunitynetwork.org](mailto:samantha@ruralcommunitynetwork.org) / [louise@nirwn.org](mailto:louise@nirwn.org)





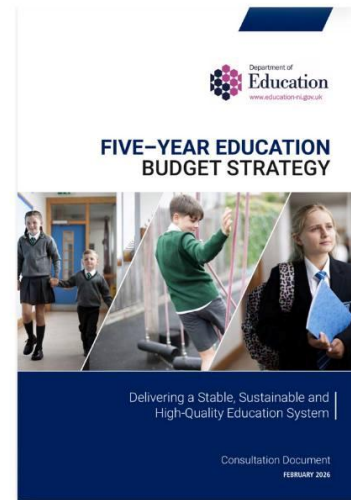
## FIVE-YEAR EDUCATION BUDGET STRATEGY

Public Consultation

**PUBLISHED**



## FIVE-YEAR EDUCATION BUDGET STRATEGY



### HAVE YOUR SAY ON:

-  HOME TO SCHOOL  
TRANSPORT
-  SCHOOL MEALS
-  SEN IN MAINSTREAM  
SCHOOLS
-  SCHOOLS ESTATE
-  FINANCIAL MANAGEMENT  
OF SCHOOLS



[www.education-ni.gov.uk/consultation-five-year-budget-strategy](https://www.education-ni.gov.uk/consultation-five-year-budget-strategy)



# Attendance Matters

SUPPORTING CHILDREN AND  
YOUNG PEOPLE TO ATTEND  
SCHOOL EVERY DAY

CONSULTATION LAUNCHED



Department of  
**Education**  
[www.education-ni.gov.uk](http://www.education-ni.gov.uk)



 [www.education-ni.gov.uk/attendance-matters](http://www.education-ni.gov.uk/attendance-matters)

# Draft Early Learning and Childcare Strategy

LAUNCHED



Department of  
**Education**



 [www.education-ni.gov.uk/elc-strategy](http://www.education-ni.gov.uk/elc-strategy)



The KFC Youth Foundation

### NEW 2026 KFC Youth Foundation - Community Grant Programme

#### \*NOTICE\*

As part of our due diligence process, we may use AI-assisted tools to help review supporting documents you provide (such as policies, governance information or financial reports). These tools help us identify relevant information more efficiently, but **all decisions are ultimately made by our staff.**

We use AI tools in a way that is transparent, fair and lawful in accordance with the UK GDPR and ICO guidance. We do not carry out solely automated decision-making that has legal or significant effects on applicants.

You can contact us if you have questions about how your information is processed.

The KFC Youth Foundation provides grants to support grassroots organisations in the heart of KFC's restaurant communities. Organisations empowering economically disadvantaged young people in the UK to fulfil their potential by providing safe spaces, diversionary activities or social skills. <https://www.kfcyf.org.uk/>

APPLY

Opens

30 Jan 2026 12:00 AM (GMT)

Deadline

27 Feb 2026 12:00 PM (GMT)



[www.kfcyf.org.uk/grants](https://www.kfcyf.org.uk/grants)

### We're Hiring! Join STEP's new InterACT Project



STEP is excited to be recruiting three passionate and dedicated professionals to join our brand-new **InterACT Families & Communities Programme**. Thanks to secured 3-year funding, these roles offer stability, purpose, and the chance to make a **real difference for families across Mid Ulster**.

#### Community Development Lead

Salary £31,100 pro rata, 30-37.5 hrs p/w negotiable

#### Community Development Worker

Salary £27,900 pro rata, 30 hrs per week

#### Family Support Worker

Salary £27,900 pro rata, 30 hrs per week

#### Why work with STEP?

- ✓ Competitive rates of pay
- ✓ 6% Employer pension contribution
- ✓ 36 days leave inclusive of 10 statutory days
- ✓ Access to company healthcare scheme
- ✓ Access to paid training and development



Full information and application pack available, please email [alison.mccann@stepni.org](mailto:alison.mccann@stepni.org)

Closing date for applications: 2.00 pm  
Thursday 26 February 2026



[alison.mccann@stepni.org](mailto:alison.mccann@stepni.org)

FEBRUARY 2026

## KING'S TRUST COURSES

### GET READY

#### Get Ready for Careers in Customer Service

Age: 16-30 Taster: 10 Feb  
Dates: 16 - 20 Feb  
Location: Belfast

Gain insight into the wide variety of careers available in customer service. Receive valuable knowledge and guidance from industry professionals while learning key technical skills

#### Get Ready for Careers in Horticulture

Age: 16-30 Taster: 24 Feb  
Dates: 2 - 6 Mar  
Location: Derry/Londonderry

Receive practical training in gardening and horticulture with The Conservation Volunteers. Build teamwork and problem-solving skills, while learning key technical skills from experts in the field

#### Get Ready for Careers in Health & Social Care

Age: 16-30 Taster: 24 Feb  
Dates: 2 - 13 Mar  
Location: Belfast

Get relevant experience through practical activities. Gain insight into a wide variety of careers in Health & Social Care. Work towards an OCN Level 2 Award in Employability and Health & Social Care and an RQF qualification in First Aid at Work

### EXPLORE+

Age: 16-24 Taster: 28 Jan  
Start date: 2 Feb  
Location: Belfast

A six-month personal development programme. Take part in a range of activities on areas such as employability skills, good relations, citizenship, and positive progression

### GET INTO

#### Get Into Security

Age: 16-30 Taster: 9 Feb  
Dates: 16 Feb - 6 Mar  
Location: Belfast

Gain a Level 2 Award in Door Supervision, a First Aid qualification, and qualify for your SIA licence. Job opportunities available after the course

#### Get Into M&S

Age: 16-30 Taster: 18 Feb  
Dates: 2 - 27 Mar  
Location: Across NI

Gain four weeks of work experience in a local M&S store, boost your employability skills, and receive 1:1 mentor support. Job opportunities available after the course

### ENTERPRISE

Age: 18-30  
Dates: Available year round  
Location: Online with 1:1 support

Take part in expert-led workshops on finance, marketing, business planning, sales, and more. Get support to build a business plan and grants to launch your business

### GET STARTED

#### Get Started with Makeup

Age: 16-30 Taster: 10 Feb  
Dates: 16 - 20 Feb  
Location: Derry/Londonderry

Gain practical experience from a professional makeup artist and learn about working in the industry. Work towards Beauty Guilds qualifications

#### Get Started with Music

Age: 16-30 Taster: 17 Feb  
Dates: 23 - 27 Feb  
Location: Belfast

Build new skills or learn from scratch from a professional music producer, and learn what it's like to work in the music industry

### DROP IN

Drop in to chat to our friendly staff and find out about our programmes. Get money back for your travel in by bus or train

#### King's Trust Belfast Centre

6E Weavers Court, Belfast, BT12 5GH  
20 Feb, 1pm - 3pm  
Free parking is available at our centre, or we are easily walkable from Grand Central Station



### USEFUL INFO

All our courses:

- are free to attend
- don't impact benefits

We also:

- reimburse transport costs
- cover childcare costs (subject to application)

### CONTACT US

outreachni@kingstrust.org.uk  
0800 842 842  
kingstrust.org.uk

©2024 © The King's Trust 2024 - all rights reserved. The King's Trust is a registered charity incorporated by Royal Charter in England. Registered number 8000072. Registered office: The King's Trust, The King's Trust South London Centre 9 Glade Path London SE1 8GQ. Registered charity number in England and Wales: 1079079 and Scotland: SC041995.



[outreachni@kingstrust.org.uk](mailto:outreachni@kingstrust.org.uk)






**Skills for Life & Work  
and Youth Academy  
Open Days 2026**

Are you 16-17 or up to 22 with a disability and interested in a Level 1 vocational qualification commencing September 2026

**Vocational Qualifications include:**

- ✓ ICT
- ✓ Horticulture
- ✓ Warehousing
- ✓ Retail
- ✓ IT Technician
- ✓ Hospitality
- ✓ Construction
- ✓ Business Administration

**Locations:**

- Slieve Gullion Courtyard, Newry
- Mayfair Business Centre, Portadown

**Dates:**

- Monday 2nd March 10am to 12pm
- Wednesday 11th March 10am to 12pm

**10am: Overview of Programme, 10:30am -12pm: Tour & Individual Meetings**

For more information contact 028 3089 8119 or [info@clanryegroup.com](mailto:info@clanryegroup.com)

Department for the Economy | An Roinn Geilleagair  
[www.economy-ni.gov.uk](http://www.economy-ni.gov.uk)



[info@clanryegroup.com](mailto:info@clanryegroup.com)

## APPRENTICESHIPS NI

**GET STARTED. GET SKILLED.**

**This programme is open to all school leavers aged 16+**

Clanrye Group, via Apprenticeships NI, can provide you with high-quality vocational training to help you build real skills and confidence.

**Train in a real job**

**Earn while you learn**

**Build a career**

**Areas include:**

- Retail & Customer Service
- Warehousing
- Horticulture

Scan the QR code and take your first step - **APPLY TODAY!**

**SCAN ME**

**To get started contact us today ...**

**CONTACT US**  
Chloe Marron  
028 3089 8119  
[chloe.marron@clanryegroup.com](mailto:chloe.marron@clanryegroup.com)

**LOCATIONS**  
Newry  
Slieve Gullion  
Lurgan

**FIND US ON**  
f o in

Department for the Economy | An Roinn Geilleagair | Apprenticeships  
[www.economy-ni.gov.uk](http://www.economy-ni.gov.uk)



[chloe.marron@clanryegroup.com](mailto:chloe.marron@clanryegroup.com)



## The Disability Upskilling Programme

Empowering individuals with disabilities to grow, learn and thrive.

Are you **employed**, with a **disability**? Want to **progress** your **career** and gain relevant **qualifications**?



**Take the next step!**

**Contact us** by scanning the **QR code** to find out how **we** can **support you**.

If you have a disability or health condition and are interested in gaining support to:

- **Up-skill** your current **qualifications**
- **Change roles**
- **Increase your working hours**

We offer:

- **Personalised** career **guidance and mentoring**
- Access to **training and upskilling** opportunities
- Support with **job searches and applications**
- Help to build **confidence and independence** in employment

**SCAN HERE**



### Who can apply?

Residents within the Armagh  
Banbridge and Craigavon  
council area.

### About the Programme:

The **Armagh, Banbridge and Craigavon Labour Market Partnerships**, in collaboration with the **Cedar Foundation**, are supporting individuals **across the council area** to enhance their **skills, confidence and career**.



[a.Lupari@cedar-foundation.org](mailto:a.Lupari@cedar-foundation.org)

## WHY CHOOSE SPECIALISTERNE?

- ✓ All programmes are **fully funded**
- ✓ We welcome all who are **diagnosed** and **self-identify** as autistic, and/or dyslexic, and individuals who have ADHD, OCD, Dyspraxia, Dyscalculia, or Tourettes!
- ✓ Programmes are all **co-designed** with our autistic and neurodivergent community
- ✓ Proud to be named on the **Forbes Accessibility 100 list!** Recognised as one of the world's top innovators in accessibility for our work advancing neurodivergent inclusion in the workplace.

### SOCIAL & WELLBEING

"I feel like I can be more like myself when I am at the sessions"

### EMPLOYABILITY

"One to one sessions helped me to communicate what I needed support with and provided specific feedback."

### IN-WORK SUPPORT

"Great opportunity to ask questions and help to make ideas happen for me to explore reasonable adjustments at work."

## SUPPORTING YOU TO

- Build confidence
- Thrive
- Connect with others
- Be yourself
- Pursue Goals
- Employment
- Grow
- Self-advocate
- +

For additional information or to arrange a meeting to discuss how we can best support you, please contact us at:



Email Us

sharond@specialisterne.com



Call Us

028 9073 9601



## SUPPORTING NEURODIVERGENT ADULTS TO THRIVE.

Build meaningful connections.  
Kickstart, and/or progress in your career.  
Thrive and work at your best.

Northern Ireland  
**SPECIALISTERNE**



[sharond@specialisterne.com](mailto:sharond@specialisterne.com)





## 1 Connect with others and grow in confidence with In This Together

I.T.T. offers neurodivergent people an opportunity to **connect** with and **learn** from neurodivergent people across **NI and border counties**, to enjoy a range of activities, and to learn wellbeing strategies of neurodivergent people.

### EXAMPLES OF ACTIVITIES

Coffee Groups  
Interest Groups  
Managing Emotions  
Neurodiversity and Wellbeing  
Strategies of neurodivergent people  
ADHD /Dyslexia/OCD/  
Autism/Dyspraxia Thinking tools  
and more!

Increased confidence

Feeling more socially connected

More able to self-advocate



IN THIS TOGETHER  
Supported by PEACEPLUS,  
a programme managed by  
the Special EU  
Programmes Body (SEUPB)



PEACEPLUS  
Northern Ireland - Ireland

Co-funded by the  
European Union  
UK Government  
Northern Ireland Executive



Funded by  
UK Government



## 2 Start and/or progress in careers with Empower

Empower is funded by the UK government through the UK Shared Prosperity Fund.



Receive 1-1 employability support for preparation, securing, and progressing in careers



Join our community and connect with others who share similar experiences, backgrounds, or aspirations!



Connect with mentors and learn what it is like to work in different roles as a neurodivergent person



## 3 Stay and thrive in work with WorkableNI

Workable is an NI-wide in-work support programme for people with disabilities and their employers. Specialisterne is delivering Workable, a DFC-funded programme, through Workable provider Disability Action.

Support involves **1-1 meetings** with an Autism and Neurodiversity Consultant, to help you **achieve your work goals**.

It also includes supporting your manager and/or team to **better understand the experience of working as a neurodivergent person**, so that there is shared understanding at work.



[sharond@specialisterne.com](mailto:sharond@specialisterne.com)



## Labour Market Partnerships Childminding Academy

**Are you interested in becoming a registered Childminder or approved home Childcarer?**

This is an exciting opportunity to become a self-employed Childminder or an approved home Childcarer. The academy provides free access to the training, advice and support needed to enhance your qualifications whilst gaining the experience and resources required for a new career.

**Why choose a career path in home based Childcare?**

- The opportunity to earn a living by caring for other people's children
- The option to stay at home and care for your own children as well as caring for others
- Become self-employed
- Support the development of children up to 12 years of age
- Be eligible to benefit from the Tax Free Childcare scheme

**What are the eligibility criteria?**

- Must be over the age of 18
- Have the right to work in the UK
- Willing to commit and fully participate in all aspects of the academy



**Ready to take the next step?**  
For more information or to apply,  
contact our delivery partner NICMA:  
**Email:** [enquiries@nicma.org](mailto:enquiries@nicma.org)  
**Tel:** 028 9181 1015



Labour Market Partnership  
Working Together



\* Places are limited and applications may need to be prioritised. Whilst every effort will be taken to accommodate all enquiries, submitting an application does not guarantee a placement on the academy.



[enquiries@nicma.org](mailto:enquiries@nicma.org)



**ARE YOU INTERESTED  
IN BECOMING A  
REGISTERED  
CHILDMINDER?**

**WOULD YOU LIKE TO  
WORK AS AN APPROVED  
HOME CHILDCARER?**

**ARE YOU A PARENT WHO  
NEEDS INFORMATION  
ABOUT HOME BASED  
CHILDCARE?**

**We can help!**

**Contact:  
Ellie McKenna**

**Southern Trust Childminding  
Development & Engagement  
Officer**

**07739 753187**

**[ellie.mckenna@nicma.org](mailto:ellie.mckenna@nicma.org)**



[ellie.mckenna@nicma.org](mailto:ellie.mckenna@nicma.org)



## SOUTHERN TRUST AREA

## VOLUNTEERING



### FAMILY VOLUNTEERING

**WE NEED HELP WITH**

- Sat 21 Feb 2026: Newry Library – Oxfam jewellery relabelling
- Sat in March 2026: tbc
- Sat 18 April 2026: Tesco Newry food donation collection
- Sat 16 May 2026: Newry Canal Tow Path IWAI
- Sun 14 June 2026: Gateway choir event

**INTERESTED IN JOINING US?**

Contact Bronagh:  
07708 077 954  
bronagh.demeillers@volunteernow.co.uk

**VOLUNTEER NOW**  
*Volunteers change lives*



[bronagh.demeillers@volunteernow.co.uk](mailto:bronagh.demeillers@volunteernow.co.uk)





We're looking for volunteers to support our Street Collection on 17th March,  
10am - 4pm in Armagh City Centre

By giving just a couple of hours, you can help us raise vital funds and  
awareness for those affected by sexual violence

Every donation and every conversation helps us continue providing specialist  
support to those who need it most

Whether you can help for an hour or few, your time will make a real difference

📍 Armagh City Centre

📅 17th March

🕒 10am - 4pm

If you'd like to volunteer, please message us to get involved

Together, we can stand with survivors and create change

Get in touch - E-mail: [info@advocacyvsv.com](mailto:info@advocacyvsv.com) or call 07852 594 677



Advocacy  
VOICE OF HOPE VSV

# WE'RE RECRUITING BOARD MEMBERS

**AdvocacyVSV is looking for new Board Members with skills in:**

- ✓ Accountancy & Financial Management
- ✓ Money Management & Governance
- ✓ Legal Expertise
- ✓ Social Care / Health & Wellbeing
- ✓ Business Development & Strategy

Use your expertise to help strengthen support for victims and survivors of sexual violence.  
Voluntary role | Strategic impact

**APPLY NOW →** [info@advocacyvsv.com](mailto:info@advocacyvsv.com)

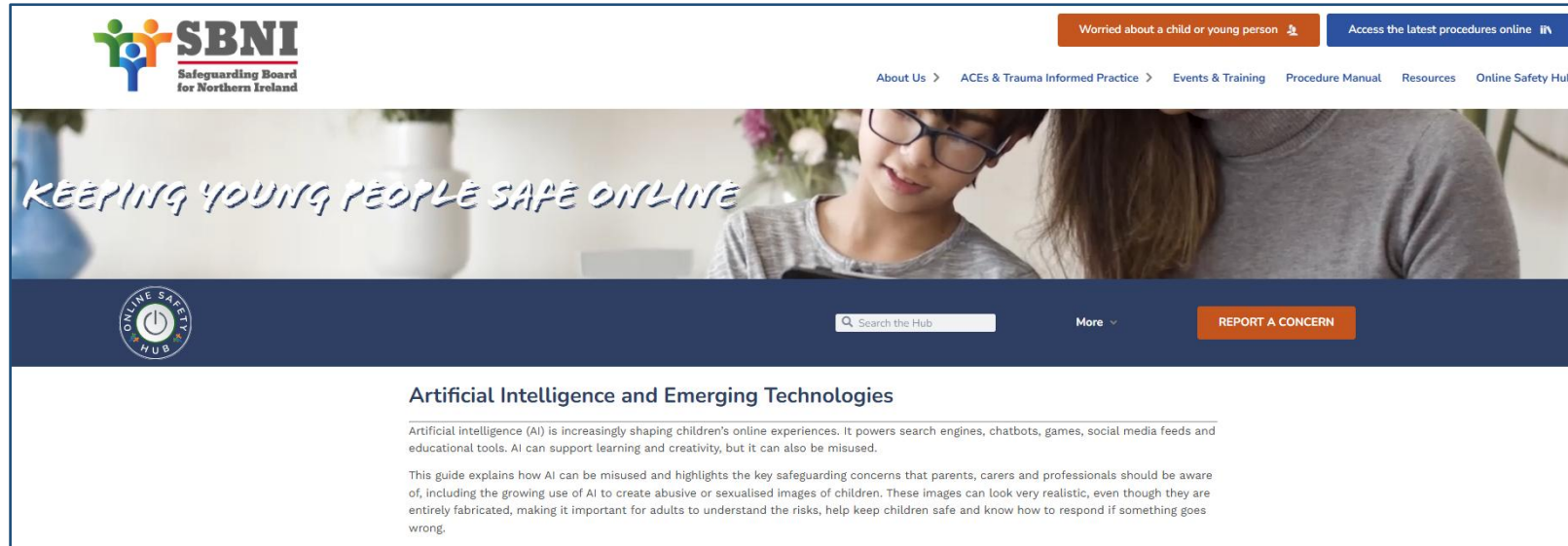
[www.advocacyvsv.com](http://www.advocacyvsv.com) 07852 594 677

COMMUNITY FUND



[info@advocacyvsv.com](mailto:info@advocacyvsv.com)





## Information for parents and carers on AI generated and manipulated images involving young people

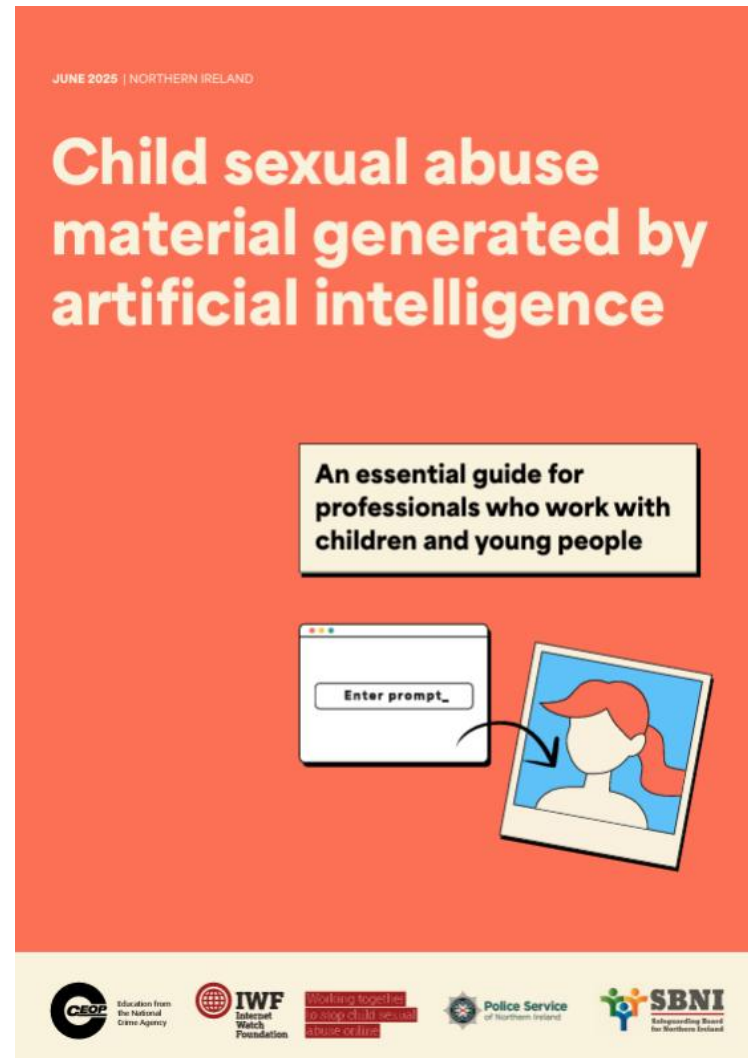
Parents and carers are encouraged to speak with their children about safe online behaviour and to seek help if anything causes concern

Anyone affected by harmful or manipulated images, or involved in creating or sharing them, is urged to contact their school, college or youth club safeguarding lead, or the police

Further advice is available on the **Online Safety Hub**, which includes guidance on [AI and Emerging Technologies](#) explaining the key safeguarding concerns to be aware of and how to respond

To assist professionals, the SBNI and partners have produced '**Child Sexual Abuse Material Generated by Artificial Intelligence: An Essential Guide for Professionals Who Work with Children and Young People**'

(See next page to download the pdf document)



<https://onlinesafetyhub.safeguardingni.org/uploads>



Rural Support provides a range of programmes and services for farmers and farm families in support of their business and personal wellbeing. All support is accessible via our freephone confidential Support Line 0800 138 1678, which is open Monday to Friday 9am to 9pm.

These include;

- ✓ On-farm Business Support
- ✓ Bereavement and Loss Support
- ✓ Person-Centred Support
- ✓ Farm Business Programmes
- ✓ Support for Older Farmers
- ✓ Social Farming Support Service
- ✓ Agri Sector Training.



Support Line:

**0800 138 1678**

General Enquiries:

**028 8676 0040**

Email:

**info@ruralsupport.org.uk**

Website:

**www.ruralsupport.org.uk**



Unit 3, Part 2nd Floor,  
Molesworth Place, Molesworth Street,  
Cookstown, Co. Tyrone, BT80 8NX

JCS1678 02/25 www.coleraineprinting.com



[www.ruralsupport.org.uk](http://www.ruralsupport.org.uk)



## SOUTHERN TRUST AREA

## RESOURCES



# FACTS MATTER.

At FactCheckNI we want to empower everyone in NI with accurate information to help them understand the world around them. Our fact checking articles are free for anyone to access.

**THINK.  
CHECK.  
SHARE.**

factcheckni.org



<https://factcheckni.org>





English



The CYPSP Translation Hub provides you with important information on Health, Education, Housing, Employment, Government Services, Cost of living, Contacts for support and much more.....





[www.cypsp.hscni.net/translation-hub](https://cypsp.hscni.net/translation-hub)





<https://cypsp.hscni.net/translation-hub>



## Youth Wellness Web

A place where everyone deserves to be helped at any time, no matter how big or small the problem is!

If you're struggling, it's okay to reach out:

Visit  
[cypsp.hscni.net/youth-wellness-web/](https://cypsp.hscni.net/youth-wellness-web/)



Scan QR code

SCHOOL  
BULLYING  
WELLBEING  
BEREAVEMENT  
MENTAL HEALTH

Call Childline on:  
0800 1111

Call LIFELINE on:  
0808 808 8000

Text Shout:  
852558

Deaf & hard of hearing  
textphone users:  
18001 0808 808 8000



<https://cypsp.hscni.net/youth-wellness-web>



"Behind every child who believes in themselves is a parent who believed in them first" Matthew Jacobson



## PARENT SUPPORT

**Resources to help you:**

Your influence as a parent is one of the most significant factors in your child's life chances. We want to support and work with you as the primary care giver and educator for your children to ensure what we offer is meaningful, consistent and available at the point of need.

Scan QR codes or visit our parents support pages for lots of advice, information, support services, parenting programmes and much more .....






<https://cypsp.hscni.net/youth-wellness-web/parent-teacher-zone> / <https://cypsp.hscni.net/ebpp/>



SOUTHERN TRUST AREA

FAMILY  
SUPPORT



**Separated Dad?  
You're not alone.**



**DADS  
TALK**



**Safe Space for Separated dads**



Virtual meet ups by zoom



Real talk, shared Experiences



Phone Parentline on 0808 8020 400  
for information on self-referral.



0808 8020 400

Parents, carers, family members...

**If you need us  
we're here**

**0808 8020 400**



0808 8020 400



[parentline@ci-ni.org.uk](mailto:parentline@ci-ni.org.uk)



[www.ci-ni.org.uk/parentline](http://www.ci-ni.org.uk/parentline)




## SOUTHERN TRUST AREA

FAMILY  
SUPPORT

Information

March 25, 2026


**ANGEL EYES NI** 

Calling all new and existing families.

Please join Lisa Online to hear about our current services and support available to you and your child/ young person.

This is the perfect opportunity to meet other families and have a chat with Lisa

To book in and receive the Zoom link please contact Lisa on [Lisa.allen@angeleyesni.org](mailto:Lisa.allen@angeleyesni.org) or 07546970883



**Lisa Allen**

Family Services Coordinator



[Lisa.allen@angeleyesni.org](mailto:Lisa.allen@angeleyesni.org)



## Dementia Information Programme

### Promoting good dementia care



Free virtual programme for carers, family and friends of people living with dementia or anyone who has questions about dementia

In partnership with Craigavon and Banbridge Memory Services.  
Four consecutive Thursday afternoons from 2 – 4pm on Zoom.

26 February	Introduction to Dementia – Consultant Psychiatrist, Dr Southwell Information, Guidance and Signposting – Dementia Navigators Sheena McSherry and Catherine McCorry
5 March	Changes in Behaviour – Memory Services Nurse, Nina McCabe and Michelle McGirr Carers First, Clanrye Group – Michelle Moulton
12 March	Driving with Dementia/Memory Impairment – Angela Hutchison Disability action mobility centre Eating, Drinking and Dementia – Joy Sloan, Community Dietitian
19 March	Self-Directed Support - Chris, Centre for independent living Alzheimer's Society Services – Pauline, Dementia Adviser

For more information, please contact: -  
Pauline Murphy, Dementia Adviser on 07725 215610 or  
email [southern@alzheimers.org.uk](mailto:southern@alzheimers.org.uk) for Zoom link



Registered charity no. 296645. Alzheimer's Society operates in England, Wales and Northern Ireland.



[southern@alzheimers.org.uk](mailto:southern@alzheimers.org.uk)

### Services Available Through The Hub May Include...

Practical  
Support

Disability  
Support

Drug &  
Alcohol Support

Signposting to  
Other Supports

Emotional  
Health &  
Wellbeing

Advice &  
Guidance

Family  
Support

Education  
Support

Youth  
Support

Parenting  
Programmes

Parenting  
Support

Behaviour  
Support

"The hub linked me with services I didn't know existed"

"It was so simple to make a referral and I got  
the help I needed"

"After a friend recommended that I contact the  
hub, I rang and spoke to the hub co-ordinator  
who helped me to make a self-referral"



### There Are 3 Family Support Hubs In the Southern Trust Area

#### ARMAGH & DUNGANNON HUB

Caroline Williamson  
PosAbility, Barnardos  
Grange Building Tower Hill  
Armagh  
BT61 9DR  
M: 07514 724926  
T: 028 3741 4541

#### CRAIGAVON & BANBRIDGE HUB

Lisa Grant  
NIACRO  
26 Carleton Street, Portadown Co. Armagh  
BT62 3EP  
T: 028 38331168  
E: familysupporthub@niacro.co.uk

#### NEWRY & MOURNE HUB

Allison Slater  
Bolster Community  
Unit 1, Killeavy Road  
Newry  
BT35 6UA  
T: 028 3083 5764  
E: familysupporthub@bolstercommunity.org



ONI Design & Print 07858 512722

## Southern Area FAMILY SUPPORT HUB

*Many families need a little extra  
help sometimes*



Information for Families



The 3 **Family Support Hubs** in the Southern Area continue to operate as normal and are open for referrals

Please make any **referrals by e-mail** [HERE](#)

Download the **December edition** of the **Family Support Hubs newsletter** [HERE](#)

Click on the below thumbnail to watch the **Southern Area Family Support Hub promotional video**



### What is the Family Support Hub?

- The Family Support Hub is a meeting of representatives from community, voluntary and statutory organisations who deliver services for children and families in your area.
- Each Family Support Hub has a lead body who co-ordinates the meeting and receives the referrals.
- The members of the Family Support Hub are from a range of statutory and community/voluntary agencies who offer services in your area. These agencies include; Education Welfare, Health Visiting, Womens Aid, Homestart, Social Services Surestart and Child and Adolescent Mental Health Services.
- Referrals will not be accepted without your consent. If the young person you are seeking support for is over 16, they must also sign the referral form.
- For more information follow this link <https://vimeo.com/216483917>

### Your Family Support Hub Will

- Meet once a month to discuss referrals to identify and connect you and your family to the service you need at a time when you need it.
- Work in partnership with you and your family.
- Act professionally ensuring all information is treated in a confidential manner.

### How The Hub Works

A referral form is submitted to your local hub-coordinator.

The Hub Co-ordinator may contact you for more information prior to the Hub meeting.

Hub Co-ordinator will present all referrals received to the monthly meeting. The Hub members will then discuss your referral and aim to match your family to the best service for you.

Only core Hub Members attend the meeting, you will not need to attend.

You will receive a letter from the Hub Co-ordinator to let you know what service was identified as most appropriate to meet your needs.

The service that was identified as most appropriate will then contact you directly.

You can choose whether or not you wish to accept the support that has been offered. You are in control.

### What Are The Criteria For Making A Referral To The Hub?

- Your family would like support - this is a voluntary process and you can withdraw your referral at any time.
- You are a family with children aged 0 -17 years.
- No social worker currently involved with your family.

### Some of the challenges the Hub can help with



### Who Can Refer To The Hub?

- You can make a self-referral to the family support hub or a referral can be made by anyone working on your behalf i.e. teacher, doctor, health visitor or community group.
- You can download a referral form from <http://www.cypsp.hscni.net/family-support-hubs/> or just pick up the phone and call your local family support hub co-ordinator. Details can be found on the back of this leaflet.







**Could you be the change in a young person's life?**

**Supported Lodgings/STAY**

Supported lodgings/STAY hosts provide accommodation to care-experienced young people and young refugees, and offer practical and emotional support to guide them towards independent living.

Hosts receive training, support and financial assistance.

**0800 0720 137**  
adoptionandfostercare.hscni.net



The **STAY** project, (**Supported Transition Accommodation for young people**) offers a bedroom to a 16-21 year old, who needs lodging type accommodation. These young people are usually in work, college, apprenticeships or school. They have faced challenges in life, but are managing well, and are close to being able to live independently, but need that final bit of 'long arm' support!

You can be working full-time, or be unemployed, have experience as a parent, or none at all. We will talk you through the process, and explain the financial and emotional support we offer to our hosts and young people, and we do a short assessment and some basic background checks.

You may want to offer a short-term option to a young person who has arrived to NI and has no family supports or networks, a long-term situation, or respite.

All you need is a desire to help, and a spare bedroom.

If you are interested you can contact Fidelma Ruddy **07354168277** or Mark Coiley on **07860918712** for an informal chat, with no obligation

# SAY NO TO VAPING



## DID YOU KNOW?

YOUNG PEOPLE WHO VAPE ARE BETWEEN 3 AND 5 TIMES MORE LIKELY TO START SMOKING COMPARED TO THOSE WHO HAVE NEVER VAPE.



### Say no to vaping!

10-15 vape puffs are roughly equivalent to one cigarette

The Public Health Agency want to encourage and support families to have open and engaging conversations with young people to steer them away from these products

For help and advice on talking to your child about vaping visit [HERE](#)

## FREE 1-TO-1 SUPPORT PROVIDED BY VERVE HEALTH TRAINERS



**WANT TO CREATE YOUR OWN PERSONAL HEALTH PLAN?  
WANT TO IMPROVE YOUR HEALTH THROUGH MOTIVATION AND SUPPORT?**

### The Health Trainer Service is:

- Completely FREE!
- Available across the Southern Health and Social Care Trust

### The Health Trainer will:

- Help you develop your own personalised health plan
- Signpost and refer to activities, programmes and services
- Provide encouragement and motivation to help you achieve your personalised goals

### The areas in which the Health Trainer can provide support are:

- Physical activity
- Alcohol awareness
- Eating a healthier diet
- Mental and emotional wellbeing



If you live in the SHSCT and would like to talk to a qualified Health Trainer contact:

Motivational support available by phone or face to face. Self-referrals welcome to this FREE service.

[www.verve-network.co.uk](http://www.verve-network.co.uk)

Contact the Community Health Trainer Service  
T: 028 3756 3946 E: [verve.network@southerntrust.hscni.net](mailto:verve.network@southerntrust.hscni.net)



SCAN ME

## HEALTH TRAINER ONE TO ONE HEALTH AND WELLNESS COACHING

SUPPORTING YOU TO MAKE HEALTHIER CHOICES...



Supporting you to **become more active**



Supporting you to look after your **mental and emotional wellbeing**



Supporting you to assess **how much alcohol is too much**



Supporting you to **connect to services and activities**



Supporting you to **make healthier eating choices**



Motivational support available by phone or face to face. Self-referrals welcome to this FREE service.

[www.verve-network.co.uk](http://www.verve-network.co.uk)

Contact the Community Health Trainer Service  
T: 028 3756 3946

E: [verve.network@southerntrust.hscni.net](mailto:verve.network@southerntrust.hscni.net)



SCAN ME



[verve.network@southerntrust.hscni.net](mailto:verve.network@southerntrust.hscni.net)



# All about **YOUTH**

A conference for those working with

## Children and Young People

 Thursday 26th February  
 9.30am-3.30pm  
 Craigavon Civic & Conference Centre  
 Light refreshments and lunch



Spaces are limited so booking is essential.










Self-Care  
 Networking  
 Sharing & Celebrating Good Practice

 <https://orlo.uk/FtmVC>

# Funding ABC Public Engagement Workshops

Join us and have your say on community grants!

**ARMAGH**  
 Hayloft, Palace Demesne  
 25 February  
 6.15pm - 8.30pm

**PORTADOWN**  
 Town Hall  
 5 March  
 6.15pm - 8.30pm

**BANBRIDGE**  
 Old Town Hall  
 3 March  
 6.15pm - 8.30pm

**ONLINE**  
 12 March  
 6.15pm - 8.30pm

For further information and to register please email [fap@armaghbanbridgecraigavon.gov.uk](mailto:fap@armaghbanbridgecraigavon.gov.uk)





[armaghbanbridgecraigavon.gov.uk](https://armaghbanbridgecraigavon.gov.uk)


 Armagh City Banbridge & Craigavon Borough Council

 [fap@armaghbanbridgecraigavon.gov.uk](mailto:fap@armaghbanbridgecraigavon.gov.uk)



## ABC COUNCIL AREA



### NETWORKING EVENT

## CONNECT, SHARE AND SUPPORT

**YOU ARE INVITED!**

DO YOU WORK OR VOLUNTEER ACROSS THE COMMUNITY, EDUCATION, VOLUNTARY OR STATUTORY SECTORS AND WISH TO ENHANCE YOUR KNOWLEDGE OF THE SERVICES AVAILABLE LOCALLY? WE INVITE YOU TO COME ALONG AND CONNECT WITH OTHERS WORKING ACROSS THE AREA.

**Benefits:**

- Increase awareness of local services
- Share information and support
- Strengthen partnerships
- Make new connections

**10.00 - 12.00**  
**5th March 2026**  
**Jethro Centre Lurgan**

**FREE REFRESHMENTS**

**Website** [www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)

IF YOU ARE A SERVICE PROVIDER AND WOULD LIKE TO HOST A STAND, PLEASE EMAIL [SHERENE.LIVINGSTONE@START360.ORG](mailto:SHERENE.LIVINGSTONE@START360.ORG)



[sherene.livingstone@start360.org](mailto:sherene.livingstone@start360.org)



# TOGETHER WE WALK 2026

**5 KM**

**Newry Leisure Centre**  
**Saturday 7<sup>th</sup> March**

**South Lake Leisure Centre**  
**Sunday 8<sup>th</sup> March**

**Walk begins at 10am sharp**

**Come walk with us to support Ending Violence Against Women & Girls and support WAAD**

**Registration is essential**  **This is a women's only event**  
[womensaidarmaghdown.org/events](https://womensaidarmaghdown.org/events)

**Refreshments will be provided at the end of the walk**





<https://womensaidarmaghdown.org/events>



## ABC COUNCIL AREA

# Coffee & Connection

Neurodivergent and need support? Let's talk it over.

 Saturdays:

14 February | 14 March | 9 May | 13 June

 Portadown Wellness Centre, Armagh Road  
Portadown

 1 pm – 2 pm

Let's share stories, swap tips, and find community over a cuppa.

Sharon: 02830 8357 64  
[autismconnect@bolstercommunity.org](mailto:autismconnect@bolstercommunity.org)

**BOLSTER**  
COMMUNITY

Federation of Family Practices  
Newry & District

 **COMMUNITY**  
FUND



[autismconnect@bolstercommunity.org](mailto:autismconnect@bolstercommunity.org)

## YOU ARE NOT ALONE

ADDICTION AFFECTS THOUSANDS ACROSS NORTHERN IRELAND AND RECOVERY STARTS WITH **REACHING OUT**. IN 2022/23, NEARLY 3,000 PEOPLE ACCESSED TREATMENT FOR DRUG OR ALCOHOL MISUSE. AND IN 2023 ALONE, 169 LIVES WERE LOST TO DRUG-RELATED DEATHS — MANY OF THEM YOUNG ADULTS.

ADDICTION TAKES MANY FORMS, BUT NO MATTER THE STRUGGLE, **YOU ARE NOT ALONE**. AT HAND OF HOPE NI, WE OFFER REAL HELP, REAL SUPPORT, AND A REAL PATH FORWARD. WHETHER YOU'RE FACING SUBSTANCE MISUSE, EMOTIONAL PAIN, OR JUST NEED SOMEONE TO TALK TO — WE'RE READY TO HELP.



[www.handofhopeni.com](http://www.handofhopeni.com)

[handofhopeni@gmail.com](mailto:handofhopeni@gmail.com)

Emma: 07395347448 Seany: 07922137738

Roisin: 07548 271130 Wayne: 07393430210 Zaira: 07703648683

Website, Logo & Flyer by [www.pillarplx.com](http://www.pillarplx.com)



[handofhopeni@gmail.com](mailto:handofhopeni@gmail.com)





ARMAGH, BANBRIDGE  
AND CRAIGAVON  
**Labour Market Partnership**  
Working Together

## Return to Work Programme

Out of work? Interested in returning?  
Let's help you get there!



### We're here to help you:

- › Build confidence, self-esteem, and motivation
- › Gain accredited qualifications and training - online and in person
- › Receive employment support - job matching, industry visits, CVs, and interview preparation
- › Develop new skills and meet others on a similar journey

### Eligibility:

- › Living in the Armagh, Banbridge & Craigavon area
- › Economically inactive or unemployed for 6+ months

This programme is designed for women and individuals with caring responsibilities, childcare challenges, health issues, or other life circumstances. **Let us help you get the job you want!**

### For more information or to register your interest:

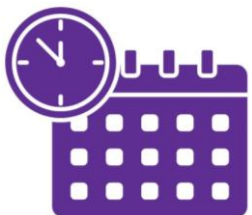
- 📞 0283 089 8119
- ✉ [Cora.Green@clanryegroup.com](mailto:Cora.Green@clanryegroup.com)
- 🌐 [clanryegroup.com](http://clanryegroup.com)



[Cora.Green@clanryegroup.com](mailto:Cora.Green@clanryegroup.com)



## CRAIGAVON LPG AREA



Commences  
**THIS  
SATURDAY!**



"DADDY & ME  
WHILE  
MUMMY HAS  
TEA"

### DADS & BABIES

5 WEEK INFANT  
MASSAGE CLASS



Everybody  
loves a massage...  
....Especially babies!

#### Benefits:

better sleep; bonding; relaxation; reduced gas & colic.

- Free for Dads living in Craigavon area & babies (pre crawling).
- Starts **Sat 21st Feb '26**, 10-11.30am, Mount Zion House, Edward, Lurgan.
- Refreshments, oils & booklets provided. Fully certified IAIM instructor.

#### To book or find out more:

Call 028 38 345357, DM or

Email [homestart.craigavon@btopenworld.com](mailto:homestart.craigavon@btopenworld.com)



[homestart.craigavon@btopenworld.com](mailto:homestart.craigavon@btopenworld.com)



Infant  
massage  
courses

Home visiting  
volunteer  
Befriender  
support



Online  
counselling

Support for parents with  
children 0-5 years old

Parenting  
courses

Mount Zion House, Edward Street, Lurgan BT66 6DB

TEL: 028 38345357 Email: [homestart.craigavon@btopenworld.com](mailto:homestart.craigavon@btopenworld.com)



[homestart.craigavon@btopenworld.com](mailto:homestart.craigavon@btopenworld.com)





**PEACEPLUS**  
Northern Ireland - Ireland

Co-funded by the

 European Union
  UK Government

 Rialtas na hÉireann  
Government of Ireland
  Northern Ireland  
Executive  
[www.northernireland.gov.uk](http://www.northernireland.gov.uk)

## SKILLS CONNECT

Skills Connect is a project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB). The programme is delivered by Cedar in partnership with the NOW Group, OCN NI, Ulster University and the Dundalk Institute of Technology.

Skills Connect provides person-centred support to empower individuals with disability, autism or brain injury. The programme aims to overcome barriers to employment through skills-based training, attainment of accredited vocational qualifications, and the development of meaningful career pathways.

**If you are interested in retraining or upskilling in one of the following areas, Skills Connect is designed for you.**

- Hospitality and Tourism
- Health and Social Care
- Green Economy
- Employability Skills

**If you would like to speak to a member of the Skills Connect team contact:**

Maria Kelly, Employer Liaison Officer  
Telephone: 07483520622  
Email: [maria.kelly@cedar-foundation.org](mailto:maria.kelly@cedar-foundation.org)




**Cedar**  
Opportunity Choice Inclusion



## GARVAGHY HEALTH & WELLBEING FAYRE

'Empowering our community to take better care of ourselves'

### SAVE THE DATE

FRIDAY	<b>SATURDAY</b>	SUNDAY
4	<b>25</b>	2
	<b>APRIL</b>	

 10AM to 4PM

 Garvaghy Presbyterian Church,  
102 Garvaghy Church Road, BT32 3SB

This will be an opportunity to gain information on how to improve your overall health featuring stalls from The Big Bus health checks, ABC council, Rural Chaplaincy, PSNI, TADA Rural Support Network, Carers NI and many more ....





[maria.kelly@cedar-foundation.org](mailto:maria.kelly@cedar-foundation.org)



## Silent reading night

If you love books but rarely get the space to be with them, this evening is for you. Join us for a gentle night of reading together in quiet company. We'll start with a few minutes of chat about what we're reading and the authors who've caught our hearts, then settle into peaceful, silent reading time. The courtyard at The Cosy Corner is fully enclosed — a perfectly gothic little hideaway with an outdoor fire, great coffee, and homemade bakes. It's the kind of place where time slows down and you can lose yourself in a good story without feeling alone.

 **Silent Reading Night**  
 **The Cosy Corner, Newry**  
**Thursday 19<sup>th</sup> Feb from 7pm–9pm**  
 ♥ **Free | Neurodivergent-friendly | All welcome**

A quiet night for book lovers and wandering minds.  
 Soft conversation, then silent reading by firelight in a cosy, enclosed courtyard.

Come as you are. Read how you read.  
 Be together without pressure.



<https://forms.office.com/pages/responsepage>



## FAMILY VOLUNTEERING

### WE NEED HELP WITH

- Oxfam jewellery relabelling help us label stock to be sold in Oxfam charity shops
- Sat 21 Feb 2026 @ 10.30am in Newry Library

### INTERESTED IN JOINING US?

Contact Bronagh:  
 07708 077 954  
[bronagh.demeillers@volunteernow.co.uk](mailto:bronagh.demeillers@volunteernow.co.uk)



[bronagh.demeillers@volunteernow.co.uk](mailto:bronagh.demeillers@volunteernow.co.uk)



## NEWRY & MOURNE LPG AREA

Community  
Safety & Wellbeing  
Event

NEWRY LEISURE CENTRE  
FRIDAY 6TH MARCH  
10AM-1PM

**FREE ADVICE**  
**GOODIE BAGS**  
**LOCAL SERVICES**  
**HEALTH CHECKS**

**SPRING INTO WELLNESS**

**Logos:** P&C Policing & Community Safety Partnership, drugs and alcoholni, Ambulance, Fire, Police



[Kaitlyn.Martin@nmandd.org](mailto:Kaitlyn.Martin@nmandd.org)

**TOGETHER WE WALK 2026** 5 KM

**Women's Aid ARMAGH DOWN**  
International Women's Day

**Newry Leisure Centre**  
Saturday 7<sup>th</sup> March  
**South Lake Leisure Centre**  
Sunday 8<sup>th</sup> March

**Walk begins at 10am sharp**

Come walk with us to support Ending Violence Against Women & Girls and support WAAD

**Registration is essential** [womensaidarmaghdown.org/events](https://womensaidarmaghdown.org/events) **This is a women's only event**

Refreshments will be provided at the end of the walk

**Logos:** Armagh City, Down & Craigavon, HSC, Public Health, Southern Health, Promoting Wellbeing Division, VOLUNTEER NOW, COMMUNITY FUND, P&C Policing & Community Safety Partnership



<https://womensaidarmaghdown.org/events>





## NEWRY & MOURNE LPG AREA

# Walking Warriors

**AUTISM CONNECT**

**Autism Connect: A Social Program for Autistic Adults (awaiting or identify).**

**Starting Friday**  
**13<sup>th</sup> March**  
**(Running fortnightly)**

**Meeting @Grounded, Newry 6 pm**  
**The goal is to get out and chat at your own pace.**

**Interested? Register with**  
**Sharon : 02830 8357 64**

[autismconnect@bolstercommunity.org](mailto:autismconnect@bolstercommunity.org)

Federation of Family Practices  
Newry & District

**BOLSTER COMMUNITY**

COMMUNIT FUND



[autismconnect@bolstercommunity.org](mailto:autismconnect@bolstercommunity.org)

# Coffee & Connection

**Neurodivergent and need support? Let's talk it over.**

**17 Saturdays:**

**25 April | 29 May | 27 June | 29 August**

**📍 Bolster Marcus St Office, Newry**

**🕒 11 am – 1 pm**

**Let's share stories, swap tips, and find community over a cuppa.**

**Sharon: 02830 8357 64**  
**[autismconnect@bolstercommunity.org](mailto:autismconnect@bolstercommunity.org)**

**BOLSTER COMMUNITY**

Federation of Family Practices  
Newry & District

COMMUNITY FUND



[autismconnect@bolstercommunity.org](mailto:autismconnect@bolstercommunity.org)





**Newry & Mourne**  
**FREE TASTER TRAINING SESSION**

**Home-Start Newry & Mourne**

We can offer a one hour taster session to your group including:

Sleep 	Sensory Play 
Play 	Incredible Years Awareness 
Infant Massage 	Baby Yoga 
Drawing & Talking Therapy 	Sand Therapy 
Preparing for Baby 	

**One hour taster session available FREE of charge at your venue!**

Contact us to register your interest:  
 Email: [info@homestartnewry.com](mailto:info@homestartnewry.com)  
 Call: 028 302 66139 / 028 417 64120

Full courses available on request



[info@homestartnewry.com](mailto:info@homestartnewry.com)



**RECRUITING NOW**



**VOLUNTEERS NEEDED**

Are you a mum, dad, grandparent or carer?  
 We need people with your experience to volunteer at your local Home-Start.

- Make a difference to the lives of parents and children
- Enhance your well-being
- Access free, high quality training

Find out more:  
[www.home-start.org.uk/volunteertoday](http://www.home-start.org.uk/volunteertoday)



[www.home-start.org.uk/volunteertoday](http://www.home-start.org.uk/volunteertoday)



## NEWRY & MOURNE LPG AREA

**Newry  
Sure Start**  
*Supporting Local Families*

**SURE START  
SOUNDS**

**THE LAUNCH**

Join Emma for singing lessons with the aim of having the first Sure Start singing group in Northern Ireland. All levels of talent welcome to these fun and energetic sessions

Parents/Carers Welcome

Derrybeg Community Centre

Contact for more information or to 'Book in'  
02830833780  
info@newrysurestart.org



[info@newrysurestart.org](mailto:info@newrysurestart.org)



## DUNGANNON LPG AREA



[dungannon@thehygienebank.com](mailto:dungannon@thehygienebank.com) /  07411139550

**ANGEL EYES NI** 

**Dungannon Family Day**

Saturday 18th April

**What to expect?**

Fitness Freddie accessible movement fun

Bouncy castles

Petting Farm













Arts and crafts, sensory play and snacks

Join us - Booking essential - E-mail Janine



[Janine.Dougan@angeleyesni.org](mailto:Janine.Dougan@angeleyesni.org)



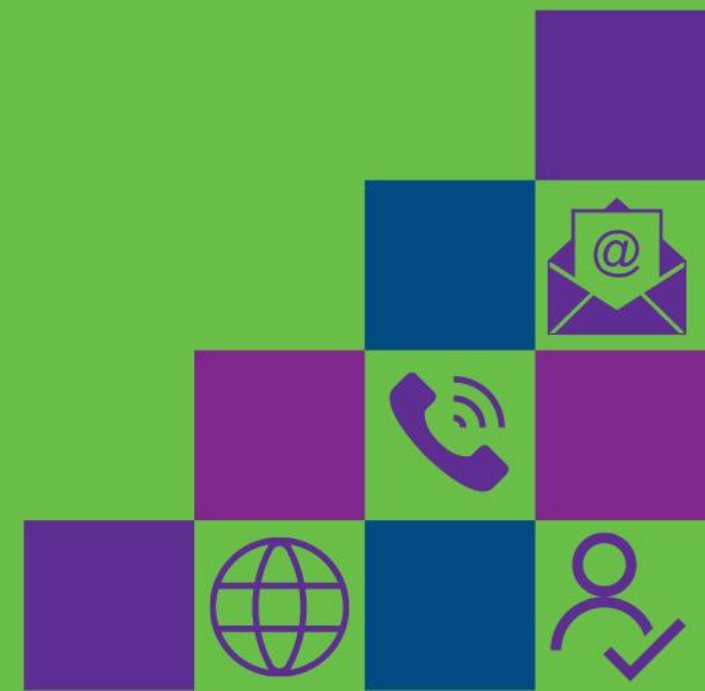
SUBMISSION		GUIDELINES
<ul style="list-style-type: none"> <li>✓ Submit the information in the format you would like it to be included. We can't transform a word-heavy document into a flyer.</li> <li>✓ Less words, bigger pictures!</li> <li>✓ We do not advertise or endorse those events or programmes which are privately funded as a business.</li> <li>✓ Information will usually be included for x1 edition, unless otherwise requested.</li> </ul>	           	<ul style="list-style-type: none"> <li>✓ 'FYI' will usually be issued every three weeks, on a Thursday. Please send your articles for inclusion by 4pm of the Tuesday prior to this.</li> <li>✓ We may have to decline to advertise information which is not applicable to better outcomes for children and young people.</li> <li>✓ Your feedback is welcome. (We are not perfect, but strive to be as good as we can.)</li> <li>✓ Please let us know if 'FYI' has helped your service, event or activity in any way.</li> </ul>



Click on the below issue nos.  
to view recent editions of 'FYI':

[Issue 161](#)  
29<sup>th</sup> January 2026

[Issue 160](#)  
8<sup>th</sup> January 2026



## UPCOMING 2025 LPG MEETINGS

Armagh	Thur. 5 <sup>th</sup> Mar
Craigavon	Tues. 10 <sup>th</sup> Mar
South Armagh	Tues. 24 <sup>th</sup> Mar
Banbridge	Wed. 15 <sup>th</sup> Apr
Newry & Mourne	Wed. 22 <sup>nd</sup> Apr
Dungannon	Tues. 28 <sup>th</sup> Apr

Meetings are usually scheduled to begin at 10am  
Formats will alternate between face-to-face & Zoom  
(Refer to the Meetings Calendar on our [Linktree](#))



SCAN QR CODE  
FOR INSTANT  
ACCESS TO OUR  
INFO. HUB



For further information on Locality Planning or 'FYI', contact:

Joanne Patterson ([localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk))

CYPSP, 2<sup>nd</sup> Floor, Health & Social Care Board, Tower Hill, Armagh. BT61 9DR



**'FYI' NEWSLETTER CALENDAR  
JANUARY TO JUNE 2026**



**JAN** ISSUE 160 Publication: 8<sup>th</sup> | Deadline: 6<sup>th</sup>  
ISSUE 161 Publication: 29<sup>th</sup> | Deadline: 27<sup>th</sup>

**FEB** ISSUE 162 Publication: 19<sup>th</sup> | Deadline: 17<sup>th</sup>

**MAR** ISSUE 163 Publication: 12<sup>th</sup> | Deadline: 10<sup>th</sup>

**APR** ISSUE 164 Publication: 2<sup>nd</sup> | Deadline: 31<sup>st</sup>  
ISSUE 165 Publication: 23<sup>rd</sup> | Deadline: 21<sup>st</sup>

**MAY** ISSUE 166 Publication: 14<sup>th</sup> | Deadline: 12<sup>th</sup>

**JUN** ISSUE 167 Publication: 4<sup>th</sup> | Deadline: 2<sup>nd</sup>  
ISSUE 168 Publication: 25<sup>th</sup> | Deadline: 23<sup>rd</sup>



Please submit your artwork in a  
print-ready format (jpeg, png or pdf)  
to [localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk)



**Advertise in our upcoming issue!**

**Circulation Date:**

**12th March 2026**

**Copy Deadline:**

**10th March 2026**



**[localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk)**





# Sign up to receive 'FYI' Newsletter TODAY!

E-mail: [localityplanning@ci-ni.org.uk](mailto:localityplanning@ci-ni.org.uk)

