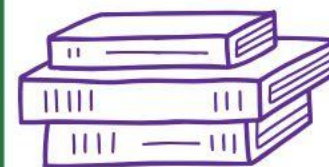
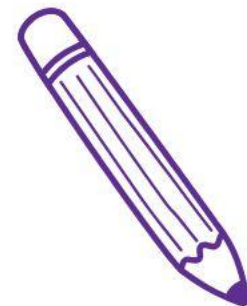


SOUTHERN AREA LOCALITY PLANNING GROUPS



ISSUE 171

3rd September 2026



WELCOME

Welcome to Issue 171 of our newsletter, 'FYI' (For Your Information).

Summer has come and gone in the blink of an eye! Back to school and we hope we have been able to reflect the wide range of supports and opportunities available across the Southern Trust Area for children, young people and their families in this edition.

Our Locality Planning Groups have resumed meeting this morning (3rd September) in Armagh and will operate at full speed throughout the rest of the year. We welcome anyone working or volunteering to improve outcomes for children, young people & families and you will find our 2026 LPG Meetings Calendar on the [next page](#). We'll be delighted to tell you more, if you are interested.

Stay connected!

Locality Development Team, Southern Area

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[Next Issue Key Dates & Subscribe](#)





SOUTHERN TRUST AREA

CYPSP
UPDATES



SOUTHERN AREA LOCALITY PLANNING GROUPS MEETINGS CALENDAR 2026



ARMAGH	Thursday 8 th January Thursday 5 th March Thursday 21 st May Thursday 3 rd September Thursday 5 th November	Epicentre Zoom Epicentre Zoom Epicentre	All at 10am
BANBRIDGE	Wednesday 28 th January Wednesday 15 th April Wednesday 17 th June Wednesday 23 rd September Wednesday 25 th November	Zoom Banbridge Youth Resource Centre Banbridge Youth Resource Centre Zoom Banbridge Youth Resource Centre	All at 10am
CRAIGAVON	Tuesday 13 th January Tuesday 10 th March Tuesday 12 th May Tuesday 8 th September Tuesday 10 th November	Zoom Brownlow Community Hub Zoom Brownlow Community Hub Zoom	All at 10am
DUNGANNON	Tuesday 3 rd February Tuesday 28 th April Tuesday 9 th June Tuesday 29 th September Tuesday 1 st December	Zoom Dungannon Youth Resource Centre Zoom Dungannon Youth Resource Centre Zoom	All at 10am
NEWRY & MOURNE	Wednesday 18 th February Wednesday 22 nd April Wednesday 3 rd June* Wednesday 7 th October Wednesday 9 th December	Newry Youth Resource Centre Zoom Newry Youth Resource Centre Zoom Newry Youth Resource Centre	All at 10am
SOUTH ARMAGH	Tuesday 20 th January Tuesday 24 th March Wednesday 3 rd June* Tuesday 15 th September Tuesday 17 th November	Zoom N/Hamilton Community Centre Newry Youth Resource Centre Sure Start Camlough Zoom	All at 10am

*Joint Meeting of Newry & Mourne and South Armagh LPGs

FOR ANY RELATED QUERIES, PLEASE CONTACT:
JOANNE PATTERSON (PROGRAMME SUPPORT OFFICER)
TEL: 028 9536 3216 / E-MAIL: LOCALITYPLANNING@CI-NI.ORG.UK

Do you work or volunteer for a service, organisation or group with a remit or aim to improve life for children, young people and/or families?

If so, why not join us at one (or more!) of our 6 **Locality Planning Groups** across the Southern Area

By coming along, you will:

Find out more about what's happening locally for children, young people and families

Meet other key people in the area from similar organisations

Identify the key issues of concern in your local area for families

Work together to do something about it!

Details on all remaining 2026 Locality Planning Group Meeting **venues** and **formats** are available to view on the Locality Planning Linktree [HERE](#)

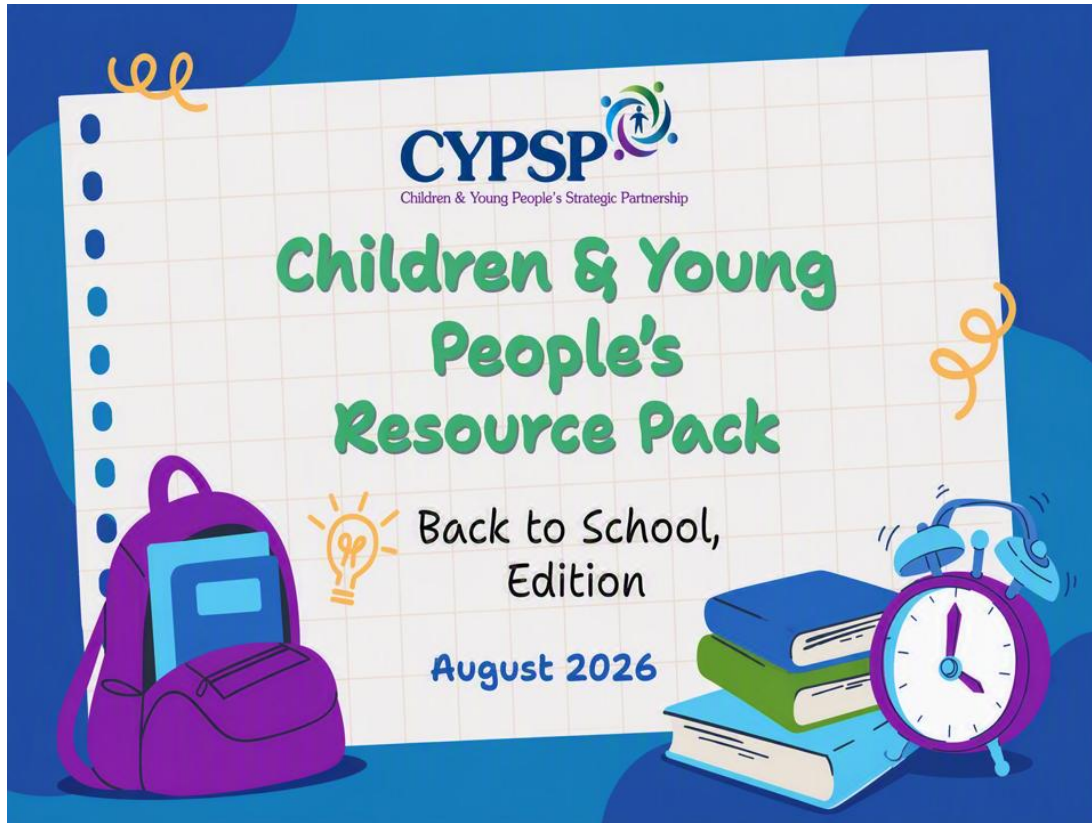


MAKING A SPLASH AT PGA SUMMER!

The CYPSP Southern Area Locality Planning Team was delighted to join Oasis and partners at the **Portadown Gets Active 'Enchanted Forest' Family Event** on 24th July, bringing a new interactive **Adopt A Duck** engagement initiative along for a day filled with fun, connection and community

Our ducks proved to be a fantastic conversation starter, giving us the opportunity to engage with children, young people, parents/carers and practitioners and hear their views about what helps children and young people thrive, the support they need and what they would like to see more of in their communities

The feedback gathered will contribute to emerging and ongoing needs discussions following the summer engagement programme, ensuring that the voices of children, young people and families help inform and shape our locality planning work. A huge well done to Oasis and all their partners on another successful Summer Gets Active Programme, creating positive and meaningful opportunities for children, young people and families to connect, have fun and strengthen community networks



The **Back to School Edition** of the **Children & Young People's Resource Pack** is now available!

As summer holidays come to an end and a new school year begins, many families will be busy getting back into routines, preparing school bags, and helping children and young people settle into the months ahead

While this time of year can be exciting, it can also bring a few worries and challenges, especially when children are starting a new school, moving up a year group, or adapting to new routines

In this edition, we've gathered together a range of information, activities and support services to help families make the transition back to school as smooth as possible

The resource pack is free to access and all resources and activities included are in the public domain

You can view and download the resource pack [HERE](#)

Please share this resource with your networks, colleagues, children, young people, parents and carers who may find it useful



Edition 2/2026
August 2026




Family Support Hubs Newsletter

Special Focus: Back to School




EVERYONE IS WELCOME HERE, EVERYONE BELONGS

Welcome to Edition 2/2026 of the CYPSP Family Support Hub Newsletter providing advice, support, resources and updates as at 27 August 2026. If you would like a service or information to be included in the next edition of the newsletter please send details to: cypsp@hscni.net Hubs are continuing to work hard to provide vital support to children and families. We have 29 Family Support Hubs in operation covering all of Northern Ireland since 2013.

Hubs co-ordinate existing statutory/community and voluntary services:-

- To improve access to early intervention family support services by matching the needs of referred families to family support providers.
- To improve coordination of early intervention family support services by creating a collaborative network of community, voluntary and statutory providers.
- To improve awareness of early intervention family support services.
- To assess the level of unmet need for early intervention family support services and inform the Trust's CYPSP Outcomes Groups.

For More information or to make a referral visit <https://cypsp.hscni.net/family-support-hubs>

Where are the hubs?



The **Back To School Edition** of the **Family Support Newsletter** is now available [HERE](#)

As summer holidays come to an end and a new school year begins, many families will be busy getting back into routines, preparing school bags, and helping children and young people settle into the months ahead

While this time of year can be exciting, it can also bring a few worries and challenges, especially when children are starting a new school, moving up a year group, or adapting to new routines

In this edition, we've gathered together a range of information, activities and support services to help families make the transition back to school as smooth as possible

Whether you're looking for practical advice, local opportunities, or information about the support available in your area, we hope you'll find something useful inside



CYPSP
Children & Young People's Strategic Partnership

"Behind every child who believes in themselves is a parent who believed in them first" Matthew Jacobson

PARENT SUPPORT

Resources to help you:

Your influence as a parent is one of the most significant factors in your child's life chances. We want to support and work with you as the primary care giver and educator for your children to ensure what we offer is meaningful, consistent and available at the point of need.

Scan QR codes or visit our parents support pages for lots of advice, information, support services, parenting programmes and much more

Parent Support

The Parent Support webpage is designed for Parents and Organisations working to support families using group work approaches.

cypsp.hscni.net/ebpp/

**WELCOME TO THE
YOUTH WELLNESS WEB**

Parents/Carers support

tinyurl.com/kxf2yk7v

Parent Programmes starting this September!

Are you looking for support, advice, or new parenting skills?

The **CYPSP Parent Programme Calendar** is now live, with a wide range of programmes

Find the right support for you:

Parenting courses

Practical advice

Local support services

View the full calendar & sign up [HERE](#)

Voluntary and Community Sector Recruitment to CYPSP

CYPSP is Northern Ireland's strategic multi-agency partnership for improving outcomes for children, young people and families

It brings together leaders from statutory, voluntary, community and faith sectors to provide shared leadership, shape strategic priorities and work collaboratively to develop and deliver the Children's Services Plan

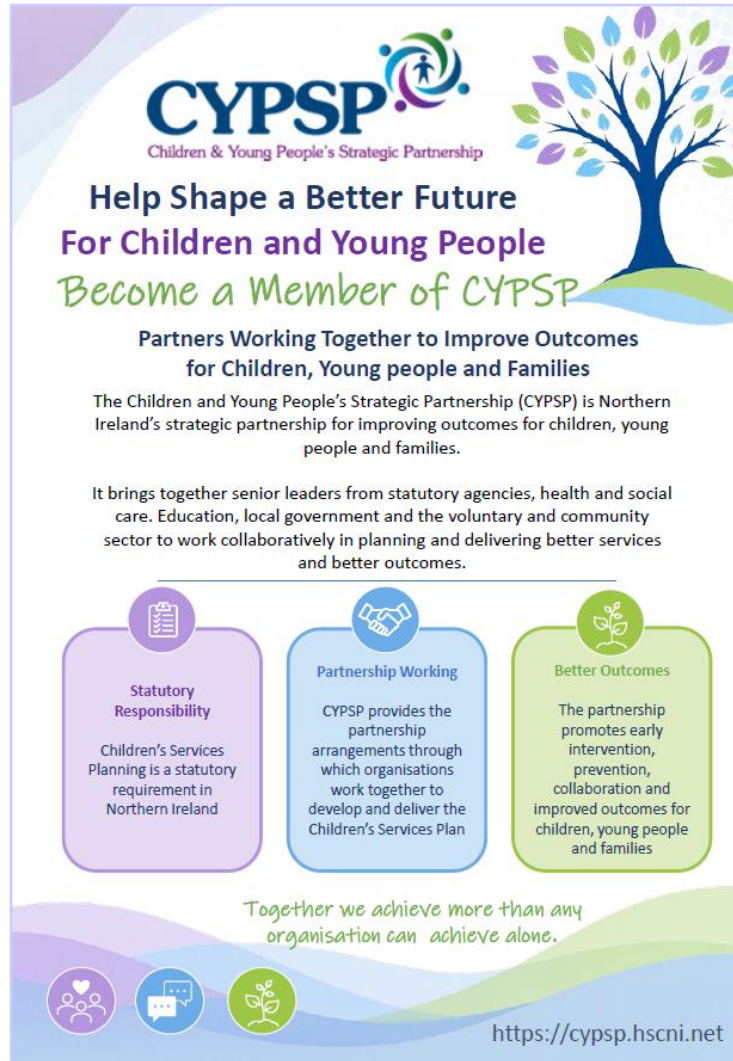
As the Partnership continues to evolve, there is an increasing emphasis on active participation, collective leadership and shared accountability for improving outcomes

There are up to 18 places available for representatives from the voluntary and community sector and applications will imminently be invited from voluntary and community sector organisations wishing to become members of the Partnership for the next three-year term

Organisations that are committed to improving outcomes for children, young people and families and believe in the value of partnership working are encouraged to consider applying

Completed applications required, by e-mail, before the deadline of
Wednesday 30th September 2026 at 5pm

Find out more and apply [HERE](https://cypsp.hscni.net)



CYPSP
Children & Young People's Strategic Partnership

**Help Shape a Better Future
For Children and Young People**

Become a Member of CYPSP

**Partners Working Together to Improve Outcomes
for Children, Young people and Families**

The Children and Young People's Strategic Partnership (CYPSP) is Northern Ireland's strategic partnership for improving outcomes for children, young people and families.

It brings together senior leaders from statutory agencies, health and social care. Education, local government and the voluntary and community sector to work collaboratively in planning and delivering better services and better outcomes.

- Statutory Responsibility**
Children's Services Planning is a statutory requirement in Northern Ireland
- Partnership Working**
CYPSP provides the partnership arrangements through which organisations work together to develop and deliver the Children's Services Plan
- Better Outcomes**
The partnership promotes early intervention, prevention, collaboration and improved outcomes for children, young people and families

Together we achieve more than any organisation can achieve alone.

<https://cypsp.hscni.net>

Charity Director in new role to champion the 'power of partnership'

Lorna Ballard, National Director at **Action for Children NI**, has been appointed as the new deputy chairperson at the **Children and Young People's Strategic Partnership (CYPSP)**.

CYPSP brings together leaders from statutory bodies, and community/voluntary sectors to improve the lives of children and families. It coordinates joint planning and resources to deliver early intervention and family support.

Read the full press release [HERE](#)



“CYPSP is a powerhouse with representation across sectors, covering all Northern Ireland and united with a common goal - to make life better for infants, children, young people and families here.

In my first meeting as Deputy Chair, I was struck by how much passion and willingness there was in the room to collaborate and find new ways to solve old challenges. The power of partnership is at the heart of CYPSP and is the golden thread that I'll be following during my time in this position.

”



Our funding restrictions are such that funded training is only available to those who work/volunteer for a **voluntary, charitable, faith or community-based** organisation

September training

Funded training - open to those in voluntary, charitable, community or faith-based organisations

Online Safety

Tuesday 8 Sept, 09:30am - 12:30pm, Online

Designated Officer

Tuesday 15 Sept, 09:30am - 12:30pm, Online

Child Protection Practice

Monday 21 Sept, 09:30am - 12:30pm, In-person

Safe Sleep

Tuesday 22 Sept, 09:30am-11:30am, Online

Good Practice in Recording and Reporting

Monday 28 Sept, 09:30am - 12:30pm, Online

Understanding Emotions and Behaviours in Middle Childhood (4-12 years)

Tuesday 29 Sept, 09:30am - 12:30pm, Online

October training

Funded training - open to those in voluntary, charitable, community or faith-based organisations

Child Protection Practice

Monday 5 October, 09:30am - 12:30pm, Online

Designated Officer

Tuesday 6 October, 09:30am - 12:30pm, Online

Child Sexual Exploitation

Wednesday 7 October, 09:30am - 12:30pm, Online

Child Protection Practice

Monday 12 October, 09:30am - 12:30pm, Online

The Benefits of Outdoors for Children (Trauma Informed Perspective)

Tuesday 13 October, 09:30am - 1:30pm, In-person

Mental Health Awareness

Wednesday 14 October, 09:00am - 1:00pm, Online

Designated Officer

Tuesday 20 October, 09:30am - 12:30pm, Online





Our funding restrictions are such that funded training is only available to those who work/volunteer for a **voluntary, charitable, faith or community-based** organisation

November training

Funded training - open to those in voluntary, charitable, community or faith-based organisations

Understanding and Supporting Those Who Self Harm

Tuesday 3 November, 09:30am - 12:30pm, Online

Professional Boundaries

Wednesday 11 November, 09:30am - 12:30pm, Online

Child Protection Case Conferences

Tuesday 17 November, 6:30pm - 9:30pm, Online

Safe Sleep

Monday 30 November, 09:30am - 12:30pm, Online



www.ci-ni.org.uk/training

September training (continued) Paid Courses

Understanding Autism

Thursday 24 Sept, 10:00am - 4:00pm, In-person

Youth Participation: Giving Young People a Voice in Your Organisation

Monday 28 Sept, 09:30am - 12:30pm, Online

Understanding ADHD: A Strengths Based Neuroaffirming Approach

Wednesday 30 Sept, 10:00am - 1:00pm, Online

October / November Training Paid Courses

Safer by Design: Delivering Organised Activities with Confidence

Thursday 1 October, 09:30am - 12:30pm, Online

Baby Yoga Instructor Training

Thursday 1 - Friday 2 October, 10:00am - 4:00pm,
In-person

Managing Safeguarding Disclosures and Maintaining Wellbeing

Monday 16 November, 09:30am - 12:30pm, Online





Migration
Justice
Project



Immigration Advice Authority adviser registration explained

This FREE session is designed to provide practical guidance on the key stages of the IAA application process and help organisations make effective use of the IAA portal.

During the session, the IAA team will:

- Talk you through the key stages of the IAA application process
- Explain the continued registration process
- Demonstrate how to raise an adviser's registration level
- Show you how to add a new adviser to your organisation's registration
- Highlight key portal features and functionality
- Answer any questions you may have

Whether you are new to the portal or would like a refresher on the application process, we hope you will find the session helpful.



Wednesday 9 September 2026
11:00 AM - 1PM



Online

Register here: [bit.ly/4zicOXn](https://forms.cloud.microsoft/responsepage)



<https://forms.cloud.microsoft/responsepage>

Children's Law Centre

TRAINING

SEND LEGAL RIGHTS: NAVIGATING A SYSTEM IN TRANSITION

FIND OUT MORE



CHECK OUT OUR FULL TRAINING CALENDAR

DATE: WED 9TH SEPTEMBER

TIME: 1:30 PM - 4:00 PM

FORMAT: HYBRID



Drawing on the Children's Law Centre's extensive legal experience, this essential training cuts through complexity to provide a practical understanding of the legal framework protecting vulnerable learners.

FIND OUT MORE

Delivered by:

- Rachel Hogan BL, CLC's SEND Specialist Legal Adviser
- Liam Mackle, CLC's Advice Manager
- Kathryn Stevenson, CLC's Head of Legal

BUY TICKETS



If you are unable to book online and wish to raise an invoice or pay by another method, please contact paulhamilton@childrenslawcentre.org



www.tickettailor.com/events/2171277

Children's Law Centre

TRAINING

GDPR AND CHILDREN'S RIGHTS: PROTECTING PRIVACY, EMPOWERING YOUNG PEOPLE

FIND OUT MORE



CHECK OUT OUR FULL TRAINING CALENDAR

DATE: WED 23RD SEPTEMBER

TIME: 1:30 PM - 4:00 PM

FORMAT: HYBRID



This session will cover the legal requirements, key data protection principles, consider lawful basis for processing personal data and the key steps everyone can take toward compliance. We will also consider some of the other challenges that have emerged for those working with personal data since the introduction of the legislation in 2018.

FIND OUT MORE

Delivered by:

- Trevor Wright, Head of Corporate Services, Welcome Trust, who has experience supporting organisations in the compliance with GDPR

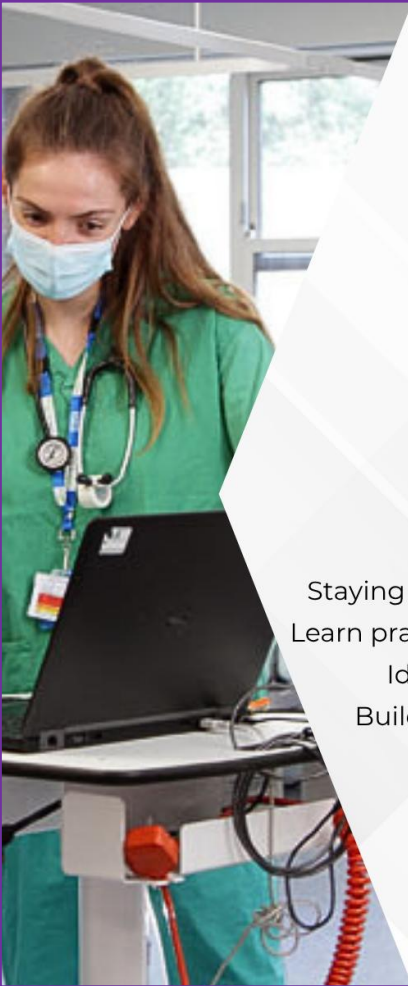
BUY TICKETS



If you are unable to book online and wish to raise an invoice or pay by another method, please contact paulhamilton@childrenslawcentre.org



www.tickettailor.com/events/2171536



adviceⁿⁱ
the independent advice network

SAFER LONE WORKING FOR FRONTLINE STAFF

Limited Spots Available — Enroll Now

**10 SEPTEMBER
10:00 – 13:00
ZOOM**

- Staying safe when working alone with the public ●
- Learn practical strategies to manage & reduce risk ●
- Identifying risks across different situations ●
- Building awareness of daily safety challenges ●

02890 645919 

training@adviceni.net 

 www.adviceni.net/training

Autism Awareness Training for practitioners

Thursday 8th October 2026
10-12.30pm Online

Closing Date
Wednesday 23rd
September 2026



Join the Autism Services team online for an awareness session aimed at professionals working with a child or working with a parent of a child who has:

- A confirmed diagnosis
- Waiting on an assessment or
- Concerns that their child may be on the spectrum

The session aims to provide you with an increased understanding of:

- How children and young people with autism perceive the world
- How children and young people with autism think and learn
- How to use children's and young people's strengths to help them reach their potential
- The reasons behind the difficulties faced by children and young people with autism in learning, social interaction and communication
- Applying strategies when teaching, supporting and interacting with children and young people with autism.



To apply Click here

<https://forms.cloud.microsoft/e/7jCHaVX7cm>

 <https://forms.office.com/e/HwPk2nWnZM>



RESOURCES FOR WELLBEING

The theme for this year's mental health campaign is anxiety
What can contribute to helping people with worry and anxiety?

The tools and resources on the **Thriving Mind** platform holds short clips for relaxed breathing, an introduction to mindfulness, calming skills, the revised Dealing with Worry Booklet, and four online interventions including Self-compassion and Bend Don't Break and more

Thriving Mind is available [HERE](#)

Workshops, free and all using zoom, are planned for September to December 2026 to explore the four on-line resources people can use for their own wellbeing or with their service users

All workshops run from 10 am to 1pm

Sign up to any of the workshops is through the Western Trust's Training Brochure [HERE](#)



RESOURCES FOR WELLBEING

By attending any training, you agree to provide a short evaluation after the training to give feedback of the impact of this training

Training sessions include:

Building emotional regulation in children with parents using *Building our Children's Developing Brain* - 22nd of September

Making use of the Thriving Mind resources - 23rd of September 2026

Using low intensity CBT based tools to build resilience (revised Bend Don't Break) - 17th of November 2026

Making Our Nervous System Work For Us - Using the Polyvagal Theory to Improve Well-Being - 19th of November 2026

Using Self-compassion to improve well - 24th of November 2026

Building emotional regulation in children with parents using *Building our Children's Developing Brain* - 2nd of December

For more information, contact Ed Sipler, the facilitator of these workshops: ed.sipler@setrust.hscni.net

Trauma Informed Approach Training

Transform the way you support children and young people while building a trauma informed approach across your organisation.

Delivered regionally across Northern Ireland by **Action Mental Health's OUR Generation** team, this CPD accredited programme developed by the Safeguarding Board for Northern Ireland (SBNI) empowers professionals to understand trauma, respond with confidence, and strengthen trauma informed practice in their everyday work with children and young people aged 9–25.

About the Training

Our trauma-informed programme supports individuals and organisations to better understand:

- ✓ Adversity and trauma
- ✓ The impact on development and behaviour
- ✓ Building resilience and supporting recovery

It is a key step towards becoming a trauma-informed workplace, improving outcomes for children, young people, and the staff who support them.



OUR Generation is a project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB).

Training Structure

Module 1: Adversity, Trauma & Resilience Awareness (3 CPD credits)

Module 2: Developing a Trauma Informed Approach in Practice (3 CPD credits)

Duration: 3.5 hours per module.

Delivery can be split into two workshops, 1x2hr and 1x 1.5hr

Who is it for?

Anyone working with children or young people aged 9–25 years:

Senior Leadership Teams | Teaching Staff | Lecturers & Tutors | Youth Workers & Volunteers | Support Workers & Key Workers | Social Workers | Community Workers

Why this training?

- ✓ Supports your journey to becoming a trauma-informed organisation
- ✓ Builds staff confidence in responding to trauma
- ✓ Increases awareness of how adversity impacts behaviour
- ✓ Promotes resilience and recovery-focused practice



Flexible delivery, tailored and adapted to meet the needs of your team.

- ✓ Interactive and engaging workshops
- ✓ Real-life application to your setting
- ✓ Space for discussion, reflection, and shared learning
- ✓ Practical tools you can use immediately



Interested?

Get in touch to discuss how we can support your team in becoming trauma-informed.



Contact: ogteam@amh.org.uk



@OURGenCYP1



@OURGenCYP1



@OURGenCYP1



our-generation-project



ourgeneration-cyp.com



ogteam@amh.org.uk



Coping with change workshop



September 15



Coping with change workshop

Has someone important to you got an incurable illness?

This free online workshop for young people aged 13+ explores how life can change when someone you care about is going to die.

Through a creative activity and shared experiences, we'll talk about anticipatory grief and explore ways to cope with change.



www.childbereavementuk.org/supportive-talks-and-webinars







A project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB).

Digital Wellbeing Webinar

Wayne Denner

The internet is a powerful tool but it can also be dangerous. Protect yourself and others by learning good online safety habits.



Learning objectives:

- Understand online safety with evolving technology
- Learn practical tips to keeping safe
- Best security practise for passwords and user accounts



25.09.26
2:00pm - 3:00pm





www.eventbrite.com/digital-wellbeing







A project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB).

Dr Chris Willard

MINDFULNESS IN ACTION

Free Online Webinar

Combining Neuroscience, Psychology and Mental Health, Dr Willard will give practical advice on how to stay mindful in a hectic world.





DATE
SEP 30, 2025



TIME
3:00 - 5:00PM

REGISTER NOW




www.eventbrite.co.uk/mindfulness-in-action



IMH Lunchtime Learning

**Why Relational Support Matters in the First 3 Years:
Findings from a qualitative study of EY Workforce &
Families in NI**

hosted by Dr Aisling Hylands, Stranmillis College

**Wednesday 28th October 2026
12:00PM - 1:00PM, online**

HSC Public Health
Agency
Project supported by the PHA

**NATIONAL
CHILDREN'S
BUREAU**

 www.eventbrite.co.uk/e/october-imh-lunchtime



IMH Lunchtime Learning

Alarm Baby Distress Pilot
hosted by Claire Green (NHSCT)

**Wednesday 25th November 2026
12:00PM - 1:00PM, online**

HSC Public Health
Agency
Project supported by the PHA

**NATIONAL
CHILDREN'S
BUREAU**

 www.eventbrite.co.uk/e/november-imh-lunchtime



EMERGING DRUG TRENDS BRIEFING EVENT

Sharing intelligence. Improving awareness. Reducing harm.

Join statutory, community and voluntary sector partners to hear the latest intelligence on emerging drug trends, drug-related deaths, harm reduction initiatives and public health responses across Northern Ireland.

 **15 September 2026**

 **Venue: Corrs Corner Hotel, Antrim** ⌚ **9.30am – 1.00pm** (Lunch included)

Who should attend?

- Community and voluntary organisations
- RAPID partners
- Drug and alcohol services
- Health and social care professionals
- Community safety practitioners
- Local government representatives
- Criminal justice partners

Please register your attendance by clicking on the link below or scanning the QR code in attached email

[Emerging Drug Trends Information Sharing Event – Fill in form](#)



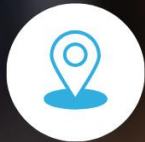
<https://forms.office.com/ResponsePage>

Save the date!

Inclusion & Wellbeing Shared Learning Event



Thursday 15th
October 2026
09:00-17:00



Killyhevlin Lakeside
Hotel & Lodges
Enniskillen, Northern
Ireland, BT74 6RW



PEACEPLUS
Northern Ireland - Ireland

Co-funded by the



European Union



UK Government



Rialtas na hÉireann
Government of Ireland



Northern Ireland
Executive
www.northernireland.gov.uk

A project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB).



www.eventbrite.co.uk/inclusion-and-wellbeing



The **Public Health Agency**, together with **HSCTs**, will be running a **Mental Health Awareness Campaign** **‘Feeling Anxious?’**

The campaign will run from **10th September to 10th October 2026**

We need your support to amplify this important campaign in your organisation, workplace and community!

You can support and raise awareness of the campaign in different ways including:

Share the campaign messages using the campaign resources and tools with your audience | Promote the campaign messages in your buildings and online via social media/websites | Host an event using ‘Calming Skills’ | Encourage people to practice the Take 5 Steps to Wellbeing

Following the conclusion of the campaign, the PHA will share a short feedback form - Your insights will help us evaluate the campaign’s impact and inform future campaign development

Find out how your organisation can get involved [HERE](#)



Parenting Week 2026 will run from Monday 19th to Friday 23rd October, with Parentline NI taking the lead on the campaign. Every year families, organisations and communities celebrate the vital role and importance of parents - Look out for more news of Parenting Week 2026!

This year's theme is "The Importance of Connection"
#ParentingWeek26 #ParentlineNI

Getting involved:

We would love to highlight the fantastic work your organisation is doing

If you are planning any events, activities, or campaigns during Parenting Week, please let us know so we can help spread the word and signpost parents to what's happening locally

Please share your Parenting Week activities with us by [completing this form](#) by **Friday 2nd October**

INCREDIBLE YEARS

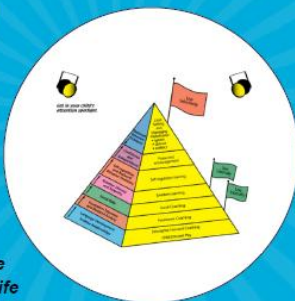


Autism and Language Delay Programme

This programme is available to parents/carers of children aged 2-6 resident in the Southern Trust area, with a confirmed autism diagnosis or awaiting assessment.

Parents/carers will be supported to:

- Promote their child's development in communication, language, play and social skills
- Help their child learn self-regulation skills
- Reduce stress and challenging behaviour



In the parenting groups trained Incredible Years facilitators use video clips of real-life situations to support training and stimulate parenting group discussion.

When: Starting on Thursday 10th September 2026
Time: 10.00am – 12.00pm
Duration: 14 weeks
Location: Autism Services The Oaks, Old Longstone Hospital Site, St Lukes, Armagh, BT61 7PR

For further information/to make a referral please contact Maria:
 Email: parenting.partnership@southerntrust.hscni.net
 Mobile: 07880 474747



Parents & Carers

Are you parenting an adolescent in the Southern Trust with a confirmed Autism diagnosis?

Join our **Parents Plus 'Special Needs Programme'** and meet other parents in a supportive group to help your adolescents reach their full potential.

Support your child to:

- Learn social skills and build friendships
- Deal with puberty and sexuality
- Gain confidence and self-esteem
- Be more independent

As a parent, learn how to:

- Personally cope and manage stress
- Deal with the challenges of adolescence
- Support the needs of your other children
- Manage challenging behaviour

Starting: Thursday 10th September 2026 for 7 weeks
Time: 10am-12.30pm
Location: Clanrye Group, Unit 34, Armagh Business Centre, 2 Loughgall Rd, Armagh BT61 7NH

For more information please contact:
 Claire Convery, Clanrye Group Phone: 07483059876
 Email: claire.convery@clanryegroup.com
 Link to referral form: <https://forms.office.com/e/9Me89jNnsa>



parenting.partnership@southerntrust.hscni.net



claire.convery@clanryegroup.com



"The programme has helped strengthen my relationship with my child"

"It has been a really good investment of my time. We have made so many positive changes"

"Getting that connection with your child through play, the relationship improves, cooperation improves, everything improves."

invest in play®

Building Stronger Relationships For The Whole Family

A 12-week programme for parents/carers of children aged 5-12 years, living in the Southern Trust area

Start Date: Tuesday 15th September 2026

Time: 10am-12pm

Location: Clanrye, Unit 34, Armagh Business Centre, 2 Loughgall Rd, Armagh BT61 7NH

For more information please contact:
Maria Killen, Parenting Partnership
Phone: 07880 474747
Email: parenting.partnership@southerntrust.hscni.net



Click or scan here for the Referral Form





For Dads to be

A 6-week online program to support you get ready for the birth of your baby

Starting Tuesday 16th September 2025

7pm - 8.30pm

For further information please contact:
 Jacqueline Masterson, Promoting Wellbeing Team,
[Southern Health & Social Care Trust](https://www.southerntrust.hscni.net)
 02837564489 / 07867208352
mellow.parenting@southerntrust.hscni.net




parenting.partnership@southerntrust.hscni.net



mellow.parenting@southerntrust.hscni.net

Tiny Steps

19 week parent infant (0-4 months) programme facilitated by Home-Start



HSC Southern Health and Social Care Trust
Quality Care - for you, with you

Key programme criteria

- For parents/carers and infants 0-4 months resident outside Sure Start areas in the Southern Trust
- Primarily, but not exclusively first-time parents/carers
- Plus one or more of the following:-
- Parent experiencing isolation/loneliness
- Parent reporting anxiety/low mood
- Family needing additional support as identified by Health Visitors or other family support services.



What's included? (19 weeks)

- Incredible Babies (A & D, Banbridge & Newry) or Mellow Parenting Programme (Craigavon) x 8 weeks
- Infant Massage x 5 weeks
- Additional 6 sessions to include e.g. sleep support, weaning, sensory play/physical activity sessions

Programme details/Next steps

Expressions of interest will be taken from parents, carers and supporting organisations by contacting the relevant Home-Start in your Locality.



Newry & Mourne: based in Kilkeel
Start date: **Mon 21st Sept '26, 1-3pm**
Tel: Home-Start on 028 3026 6139
Email: info@homestartnewry.com

FULL

Armagh & Dungannon: based in Moy
Start Date: **Tues 15th Sept '26, 10-12**
Tel: Home-Start on 028 8778 9489
Email: homestartad@btconnect.com

FULL

Banbridge: based in Banbridge
Start date: **Mon 14th Sept '26, 10-12**
Tel: Home-Start on 028 4062 6234
Email: homestartbanbridge1@btconnect.com

LIMITED AVAILABILITY

Craigavon, Lurgan & Portadown: based in Lurgan
Start date: **Wed 21st Oct '26, 10-12**
Tel: Home-Start on 028 3834 5357
Email: homestart.craigavon@openworld.com

AVAILABILITY



info@homestartnewry.com



homestartad@btconnect.com



homestartbanbridge1@btconnect.com



homestart.craigavon@btconnect.com



ParentsPlus
Empowering Professionals to Support Families

FAMILY

8
WEEK COURSE



PARENTS PLUS ADHD Programme
Limited places available!

Parenting a child with ADHD can bring special challenges but with the right support parents can learn to overcome these challenges and help their children reach their full potential. Open to parents of children with a confirmed ADHD diagnosis. Remaining places are available for parents of children currently undergoing assessment. This 8-week evidence-based parenting programme addresses the needs of parents raising a child with an ADHD diagnosis.

Location: Niacro, 26 Carleton Steet, Portadown, BT62 3EP

Start Date: Wed 7th Oct- Wed 2nd Dec 2026 (break over Halloween Wed 9th oct)

Time:
10:30am-12:30pm.

Criteria:
For parents with a child diagnosed with ADHD/awaiting an assessment, aged 6-12 years and who are resident in the Southern Trust area.

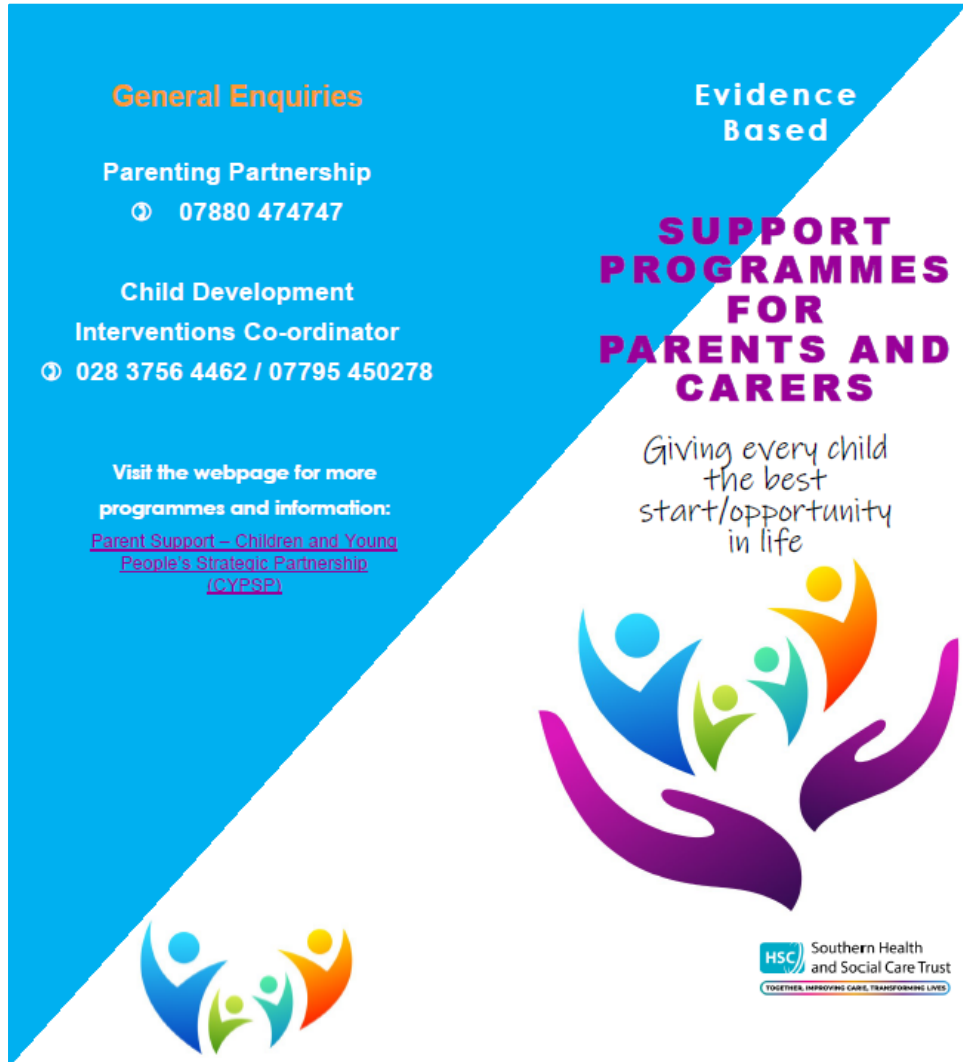
Call Gemma at Bolster Community to register on 028 3083 5764 or email gemma@bolstercommunity.org

Delivered by: **BOLSTER COMMUNITY**

Funded by: **HSC** Southern Health and Social Care Trust



gemma@bolstercommunity.org



General Enquiries

Parenting Partnership
☎ 07880 474747

Child Development
Interventions Co-ordinator
☎ 028 3756 4462 / 07795 450278

Visit the webpage for more
programmes and information:
[Parent Support – Children and Young
People's Strategic Partnership
\(CYPSP\)](#)

**Evidence
Based**

**SUPPORT
PROGRAMMES
FOR
PARENTS AND
CARERS**

*Giving every child
the best
start/opportunity
in life*



HSC Southern Health
and Social Care Trust
TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

Arrangements have now been made for our **upcoming evidence-based programmes for parents and carers** of typically developing children and children and young people with special needs, resident in the Southern Trust Area

They will run from September 2026 to June 2027 and are free to access. Parents & carers are very welcome to self-refer or services can apply with consent on a family's behalf.

Details have also been uploaded onto the **CYPSP Parent Support Page** [HERE](#)

(Please note, additional programmes may be added throughout the year)

WHO WE ARE

The Parenting Partnership is a Trust wide parenting support service that focuses on the delivery of evidence-based support programmes for parents/carers of children & young people aged from pre-birth-18 years. It is a Trust led collaboration between health, social services, education and the community/voluntary sector.

AIM

To provide opportunities for group work support to parents/carers of children and young people in the Southern Trust area in a way that is accessible, meaningful and available at the point of need.

WHERE ARE PROGRAMMES DELIVERED?

Some of our programmes are delivered online and some are face to face in a variety of community settings. They run from September-June each year.

HOW TO ACCESS OUR PROGRAMMES

If you are a parent/carer resident in the Southern Trust Area, you can apply for our programmes using the links overleaf. Family Support Services in the Trust area can also apply on your behalf.



WHAT HAPPENS NEXT?

Once we receive the application we will make contact with the parent/carer to advise of the next appropriate programme.

For further information please contact:

Maria Killen
Parenting Partnership Manager

Email:
parenting.partnership@southerntrust.hscni.net

Phone: 07880 474747

To make an application please scan the QR code or use the link below to apply:



<https://forms.office.com/e/KDdPxxQPvU>

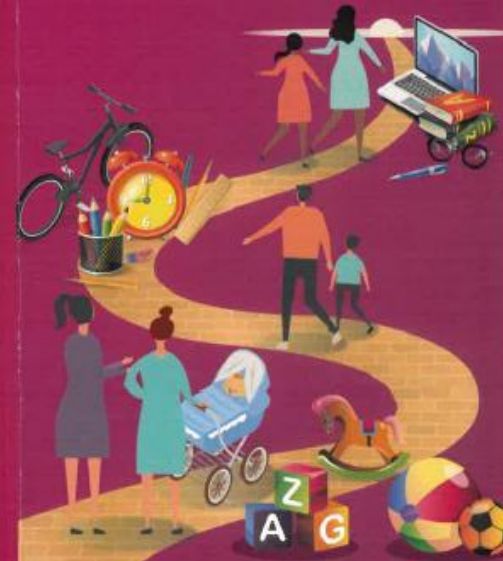


Southern Health
and Social Care Trust

TOGETHER, IMPROVING CARE, TRANSFORMING LIVES



Supporting parents
to give their child the best
start and opportunities in life



WHAT PROGRAMMES DO WE DELIVER?



EARLY YEARS PROGRAMMES

PROGRAMME	WHO'S IT FOR?	HOW LONG IS IT FOR?	HOW CAN IT HELP?
Mellow Bumps/Dads to Be	Expectant Mums/Dads to Be From 20+ Weeks gestation	6 weeks	- Prepares parents to welcome their baby into the world - Promotes self-care - Provides a safe place to share experiences
Solihull - Understanding your child's behaviour	Parents/carers of toddlers and pre school children	10 weeks	- Strengthens parent child relationship - Improves child prosocial behaviour - Significant reduction in parental anxiety and stress
Incredible Years Autism and language delay	Parents/carers of children aged 2-6 years with a confirmed Autism diagnosis	14 weeks	- Promotes child's development in communication, language, play and social skills - Helps the children learning self-regulation skills - Reduces stress and challenging behaviour

SCHOOL AGE PROGRAMMES

PROGRAMME	WHO'S IT FOR?	HOW LONG IS IT FOR?	HOW CAN IT HELP?
Parents Plus Childrens Programme	Parents/carers of children aged 6-11 years	9 weeks	- Increases child positive social behaviour - Reduces emotional and behavioural problems - Decreases parental stress - Increases parental confidence
Incredible Years School Age	Parents/carers of children aged 5-12 years	12 weeks	- Increases praising behaviour and positive affirmation by parents - Positive changes in emotional and behavioural difficulties - Increases problem solving - Positive family communication - School readiness and engagement in school activities
Invest in Play	Parents/carers of children 5-12 years	12 weeks	- Reduces child behavioural difficulties - Increases child social skills, self confidence and emotional regulation - Reduces parental stress

TEEN PROGRAMMES

PROGRAMME	WHO'S IT FOR?	HOW LONG IS IT FOR?	HOW CAN IT HELP?
Parents Plus Special Needs	Parents/carers of 11-18 year olds with special needs	7 weeks	- Improves behaviour and emotional regulation - Boosts self esteem of the young person - Helps prepare for transitions - Strengthens family relationships

FOR MORE INFORMATION ON THE SPECIFIC PROGRAMMES AVAILABLE PLEASE VISIT: [HTTPS://CYPSP.HSCNI.NET/EBPP/](https://cypsp.hscni.net/ebpp/)

Further information available [HERE](#)

TARGETED **LIFE SKILLS** SERVICE

Preventing Drug & Alcohol related harm



The **Targeted Life Skills Service** delivers age-appropriate life skills and harm reduction programmes

The service is delivered to small, targeted groups of young people aged 11-13yrs, 14-15yrs and 16-21 yrs covering topics including, but not limited to:

- Health = Wealth
- Dealing with Difficult Emotions
- Media and its influence
- Healthy Relationships
- Risk Taking Behaviour
- Energy Drinks
- Alcohol
- Nicotine/Vaping

If you are interested in this service being delivered, or want the full leaflet emailed to you, contact tom.mcallister@start360.org




Mental Health Ambassador

The **Mental Health Ambassador Programme** by Action Mental Health is a dynamic young leadership initiative designed for individuals aged 16-25 who are passionate about mental health, peer support and making a positive impact. This programme equips young people with the skills, knowledge, and confidence to become mental health ambassadors in their schools, colleges, universities, and communities.

The programme is delivered over the course of five sessions. Sessions one to four last for 1.5 hours. The fifth session is a full-day event, consisting of two parts: a morning intergroup workshop and an afternoon featuring the accredited **safeTALK** course.

The programme is delivered using diverse and engaging methods, including group discussions, real-life scenarios and interactive workshops, creative planning sessions, peer-led projects, mental health tool kits community mapping, vision-building and opportunities to collaborate with other youth groups.






A project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB).

What the Programme Covers...

Ambassadors will:

- Understand mental health and its impact on daily life, relationships, and communities
- Learn how to be a positive peer and promote inclusive, respectful relationships
- Develop skills in communication, empathy, and active listening
- Explore the CBT model to build resilience and support others
- Gain knowledge of safeguarding, referral pathways, and peer support boundaries
- Create action plans for mental health events and inclusive support spaces
- Improve awareness of local and NI-wide support services and groups

Participants will build:

- Confidence in mental health literacy, peer support, and emotional intelligence
- Skills in empathy, leadership, communication, and planning
- Ability to deliver inclusive, purposeful mental health activities
- Awareness of diverse identities and how to build community belonging

Completers receive:

- A Mental Health Ambassador badge
- A certificate of completion for the full programme/SafeTALK accreditation

To find out more, scan the QR code or contact us:

OUR Generation Project
 Bloomfield House
 395-405 Newtownards Road
 Belfast BT4 1RH
 E: ogteam@amh.org.uk
 T: 02891828494



SCAN ME

www.ourgeneration-cyp.com
www.amh.org.uk

Follow us on social media:

-  @OURGenCYP1
-  @OURGenCYP1
-  @OURGenCYP1



nmctaggart@amh.org.uk



A New Good Relations Framework - Call For Views

Overview

Good relations (community relations) affect everyone in society. When community relations are poor, they can contribute to division, segregation, prejudice, hate crime, sectarianism, racism, contested spaces and tensions around cultural expression.

These issues can also be linked to inequality, deprivation and poverty. They can affect everyday life, including education, housing, safety, access to services and opportunities to take part fully in society.

The current NI Executive Good Relations Strategy, Together: Building a United Community (T:BUC), was published in 2013. T:BUC has delivered many positive impacts in communities across the country, though challenges remain.

Our society has changed significantly since 2013. This has brought new issues to be addressed. These include online harms, growing economic pressures, the impact of global events, and the need to build cohesion across a wider and more diverse society with evolving identities.

A new Good Relations Framework is now needed to build on the progress made through T:BUC and to set a renewed strategic direction that meets the needs of society today. This framework should impact every citizen and support building cohesion between all communities to further progress peace and reconciliation and deliver a truly shared society for all.

Closes 21 Sep 2026

Opened 24 Aug 2026

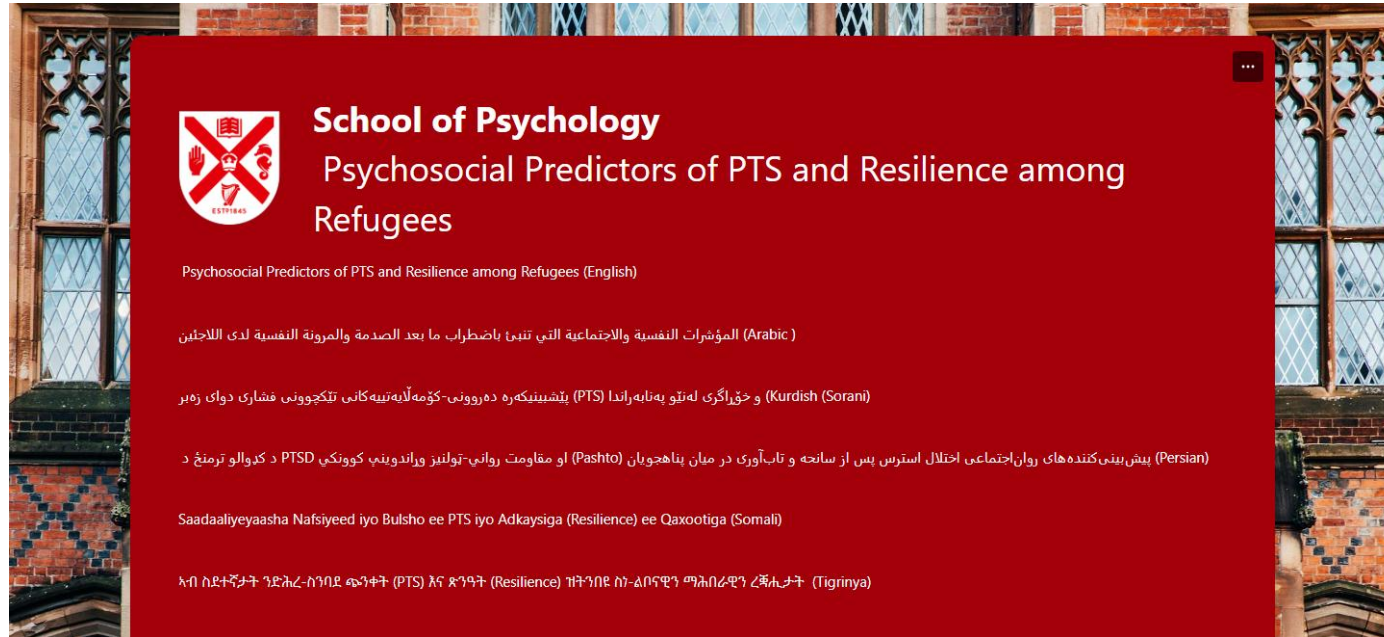
Contact

Good Relations Team, The Executive Office

GoodRelations.Consultation@executiveoffice-ni.gov.uk



<https://consultations.nidirect.gov.uk/teo/good-relations-call-for-views>



As part of a study on the psychosocial factors that predict post-traumatic stress (PTS) and resilience among refugees affected by conflict, Queen's University Belfast is seeking to recruit approximately 200 refugees living in the UK to participate in an online survey

Please share the survey link with refugees within your networks and communities

The survey is available in several languages, including English, Arabic, Somali, Farsi/Dari, Kurdish Sorani and Tigrinya, to make participation more accessible

The survey can be accessed [HERE](#)



Rural Action is delighted to announce that the **Rural Action Awards** are now open for applications, offering £1,000/€1,000 to support practical projects that make a positive difference in rural communities

We would really appreciate your help in spreading the word by sharing the attached poster and information through your networks, mailing lists, social media channels and with any rural community organisations you work with

The Awards are open to constituted rural community-based organisations across NI and the border counties, including community groups, charities, sporting and cultural groups, heritage groups, PTAs, youth groups/clubs and social enterprises

Projects should be practical, achievable within 12 weeks, and could include improving shared spaces, supporting wellbeing, purchasing equipment or bringing people together

To find out more and apply [HERE](#)

The graphic features a computer monitor displaying the 'COMMUNITY FUND' logo, which includes a stylized hand icon. A keyboard and a pen are visible on the desk in front of the monitor. A dark blue rounded rectangle is overlaid on the right side of the monitor, containing text about funding information sessions. The background has yellow and orange geometric shapes.

Funding Information sessions

Join an upcoming webinar to hear more about funding options for groups in Northern Ireland and meet some of our team.

The logo consists of a stylized hand icon with the index finger pointing up, next to the words 'COMMUNITY FUND' in a bold, sans-serif font.

Want to find out about **National Lottery funding opportunities** for Voluntary, Community and Social Enterprise organisations in Northern Ireland?

We are hosting some lunch time information sessions to tell you more

Places are still available for our next session at 1.00pm on Tuesday 8 September

Find out more and register [HERE](#)

The logo consists of a stylized letter 'R' formed by two overlapping shapes: a light green one on top and a darker green one on the bottom.

WE'RE HIRING

CONNECT PROGRAMME COORDINATOR - PORTADOWN
(FULL-TIME)

CLOSING 5PM ON FRIDAY 11TH SEPTEMBER

A group of approximately 15 diverse young people of various ethnicities and ages are standing together, smiling. They are dressed in casual clothing like sweaters, jackets, and jeans.

Reach Mentoring's vision is that every young person unleashes their full potential to be the best version of themselves that they can be

Our mission is to create positive, informing, and empowering mentoring relationships with children and young people while working in partnership with local schools, churches, and relevant agencies

As Reach Mentoring continues to develop, we seek to employ a full time

Connect Programme Coordinator, in which we are looking for an enthusiastic person to build upon established partnerships in local schools and become engrained in the local community

Links with further information and applications [HERE](#)



Moodsings (ABC Toy Library) is recruiting for the following position:

Project Co-ordinator

8 hours per week, NJC Scale 5, Pt 15 £30,024 per annum pro rata

Two-year contract initially

This project is funded through the National Lottery Community Fund Awards For All until September 2028

For an application pack (application form, Job Description and Person Specification)
email: enquiries@ltca.com

Closing date: Friday 18th September 2026

Moodsings is an Equal Opportunities Employer

Charity Number 108380



enquiries@ltca.com



The **Careers Service** is here to support young people and their parents/guardians as they continue to consider their next steps further to exam results time

Young people have important decisions to make about what comes next and their options include continuing in full-time education, starting an apprenticeship/traineeship, getting a job or taking a gap year

Parents/guardians also play a vital role in supporting young people at this time, particularly if they do not receive the results they had anticipated

Are you aware of the support the Careers Service can offer?

Professionally qualified Careers Advisers provide free impartial advice and guidance for young people and for their parents/guardians who want support with next-step decisions

Using up-to-date labour market information and knowledge of growing sectors, Careers Advisers can help identify suitable pathways and opportunities that may not previously have been considered

Support for young people with special educational needs

Careers Advisers can support young people with special educational needs to explore suitable options in education, training and employment



Contacting the Careers Service

If you or your child need support after receiving exam results, the Careers Service can provide practical advice and guidance

Support is available for young people at different stages of their educational and career journey, including those who have already left school

Telephone: 0300 200 7820

E-mail Careers Service by completing the online form [HERE](#)

Go online and chat with a Careers Adviser [HERE](#)

The Careers Service is available to provide support to students and parents/guardians from 9.30am to 4:30pm Monday to Friday (excluding public holidays)





A Level Students - Links for UCAS Clearing/Universities

[UCAS Results, Confirmation & Clearing](#)

[Queen's University Belfast](#)

[Ulster University](#)

[Stranmillis University College](#)

[St Mary's University College](#)

[Open University](#)

Further Education (FE) Colleges which provide full-time and part-time Higher and Further Education courses

[Belfast Met](#)

[College of Agriculture, Food and Rural Enterprise - CAFRE](#)

[North West Regional College](#)

[Northern Regional College](#)

[South Eastern Regional College](#)

[South West College](#)

[Southern Regional College](#)

[A Guide to Career Entry Routes](#) - A concise resource offering an overview of entry routes available locally, and the progression between different levels of qualification, from **Entry Level through to Level 8**





government services | seirbhísí rialtais

[Home](#) [News](#) [Contacts](#) [Help](#)

[Home](#) > [Education](#) > [11-19: your learning and career options](#) > [School and other options](#)

Options after Year 12

At the end of Year 12 you need to start thinking about the career path you want to take. You should find out what qualifications are required if you have a particular career in mind. You can carry on learning, get a job or do a training course or apprenticeship.

Contents

- [Careers service advice when you receive GCSE results](#)
- [Careers guidance for Year 12 students](#)
- [Staying on at school](#)
- [Further education](#)
- [Apprenticeships](#)
- [Careers Service advice on apprenticeships](#)
- [Skills for Life and Work](#)
- [Employment](#)
- [Help with your decisions](#)



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[Home](#) > [Education](#) > [11-19: your learning and career options](#) > [School and other options](#)

Options after Year 14

After year 14 there are lots of options open to you. The choice you make will be influenced by many things such as your career aspirations, financial situation, if you want to continue with your education and also employment opportunities.

Contents

- [Careers service advice when you receive A Level results](#)
- [Careers guidance for Year 14 students](#)
- [Higher Education \(HE\)](#)
- [Further Education \(FE\)](#)
- [Training](#)
- [Careers Service advice on apprenticeships](#)
- [Work Experience Programme](#)
- [Employment](#)
- [Volunteering](#)





SOUTHERN TRUST AREA

EMPLOYABILITY

September 2026

KING'S TRUST COURSES

GET STARTED

Get Started with Nails

Age: 16-30 **Taster:** 7 Sept

Dates: 14 - 18 Sept

Location: Belfast

Gain practical experience from a professional nails technician, including manicure, pedicure, gel nails, and BIAB nails. Work towards a Beauty Guild qualification and learn about working in the industry.

Get Started with Sport

Age: 16-30 **Taster:** 28 Sept

Dates: 5 - 10 Oct

Location: Belfast

Learn from Ulster GAA, Ulster Rugby and IFA industry professionals and develop practical skills across all three sports. Explore volunteering and career opportunities within the sports sector. Plan and deliver a sports tournament for local primary schools.

TEAM

Age: 16-25

Dates: Starting late Sept

Location: NWRC, Derry/Londonderry

A 12-week personal development programme. Gain valuable skills and experience, earn a qualification, boost confidence, and work towards your next steps.

GET HIRED

Get Hired with Health and Social Care

Age: 18-30

Dates: 17 - 18 Sept

Location: Belfast

Take part in tailored employability workshops, including application and interview techniques. Get support to apply for opportunities in the Health and Social Care sector.

EXPLORE+

Age: 16-24

Taster: 22 Sept

Start date: 28 Sept

Location: Belfast

A six-month personal development programme. Take part in a range of activities on areas such as employability skills, good relations, citizenship, and positive progression. Opportunities to gain qualifications, identify strengths, and receive 1:1 support to help you progress towards your goals!

ENTERPRISE

Age: 18-30

Dates: Available year round

Location: Online with 1:1 support

Take part in expert-led workshops on finance, marketing, business planning, sales, and more. Get support to build a business plan and access grants to help you launch your business.

GET INTO

Get Into Security

Age: 16-30 **Taster:** 15 Sept

Dates: 21 Sept - 16 Oct

Location: Belfast

Gain a Level 2 Award in Door Supervision, a First Aid qualification, and qualify for your SIA licence. Job opportunities available after the course.

Get Into Tesco

Age: 16-30 **Taster:** 14 Sept

Dates: 21 Sept - 16 Oct

Location: Job opportunities across NI

Take part in employment skills workshops, growing your skills and building your confidence. Get on-the-job work experience with Tesco, with opportunities for employment after the course.

DROP IN

Drop in to chat to our friendly staff and find out about our programmes. Get money back for your travel in by bus or train.

King's Trust Belfast Centre

4 Sept, 10am - 3pm

6E Weavers Business Park, Belfast, BT12 5GH

Free parking is available at our centre, or we are easily walkable from Grand Central Station.

USEFUL INFO

All our courses:

- are free to attend
- don't impact benefits

We also:

- reimburse transport costs
- cover childcare costs (subject to application)

CONTACT US

outreachni@kingstrust.org.uk

0800 842 842

kingstrust.org.uk



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outreachni@kingstrust.org.uk



SOUTHERN TRUST AREA

EMPLOYABILITY



An employability programme to assist and support individuals aged 16+ to enter the work force or return to employment.



Funded by
UK Government

Unlock your potential, get ready for work!

Suitable for individuals aged 16+ who may want to (re)enter the world of work and need support to achieve this goal.

Including specialist support for those who are:

- › Over 50
- › Women returning to work
- › Long-term unemployed
- › Individuals with a disability

What's involved?

Skills Development

- Confidence Building
- Personal Development

Support

- Personal Development to include confidence building and motivation
- Health and Well-being focusing on physical and mental health
- Bespoke 1:1 support available

Employability

- Support with Job Search, CV, Applications, Interviews, Starting your own business
- Assistance to source employment

To find out more information contact:

 [clanryegroup.com](https://www.clanryegroup.com)  info@clanryegroup.com  028 3089 8119





info@clanryegroup.com



Volunteering opportunities at the **Newry Mela Festival!**

Newry Indian Arts Club are looking for friendly and enthusiastic volunteers to help make this event unforgettable

Roles include meet & greet, kids activities area, and helping to create a fun and welcoming atmosphere

Find out more and register to volunteer at this event [HERE](#)



Calling All Families: Volunteer Together and Make a Difference!

Looking for a rewarding way to spend time together as a family while supporting an amazing cause?

Volunteer with Cancer Fund for Children at their 10th and final Bog Run and help raise vital funds to ensure that no child has to face cancer alone

Sunday 11th October 2026 | Castlewellan Forest Park

This is a fantastic opportunity for families to volunteer side by side, meet new people, and play an important role in a fun community event

As this is family friendly volunteering role, children are welcome to support with their parents or an adult

Teenagers 16+ can take on the role with friends or family

Volunteer roles include: Registration support, Face painting Bag drop assistance, Route marshals, Medal distribution, Water stations along the route, Sweet stations along the route

Find out more and register to help at this event today

[Event Volunteers](#)

[Face Painters](#)



ADULT VOLUNTEERS NEEDED!

Inspire. Support. Grow.

Scouting Ireland is calling on local adults to make a real difference in the lives of children and young people.

AS A VOLUNTEER YOU CAN:

- Help young people build confidence, skills and resilience
- Develop your own skills and leadership abilities
- Be part of a welcoming community
- Make a positive impact locally

YOU DON'T NEED TO HAVE BEEN A SCOUT TO MAKE A DIFFERENCE.

Full training and ongoing support provided.

GIVE YOUR TIME. SHAPE THEIR FUTURE.

AREAS INCLUDED:

WAITING LIST

- Slievegullion
- Newry
- Lurgan
- Craigavon
- Armagh
- Dungannon
- Cookstown
- Portadown
- Omagh
- Enniskillen
- Lisnaskea
- Dromore
- Irvinestown

JOIN OUR WAITING LIST AND WE'LL BE IN TOUCH AS NEW GROUPS DEVELOP IN YOUR AREA.

Get Involved Today!

CONTACT PADRAIG MCBRIEN

Mobile: 07386489364

Email: pmcbrien@scouts.ie

ADVENTURE. FRIENDSHIP. FUN. FOR LIFE.

Scouting Ireland - Be Prepared



pmcbrien@scouts.ie

Go to Starting a new school

Parent LineNI
0808 8020 400

How do you feel about your child's move?
Try to take time to acknowledge your own feelings as you oversee practical preparations. This way, you will be supporting your child to do the same.

If this is a change from primary to secondary, embrace & encourage the increasing independence your child will need.

We all cope better with change if we feel well prepared and supported. It may be useful to consider together...

- What does your child already know?
- What will stay the same?
- What will change?
- Are there any worries?
- What could help?
- What would they like to know?
- Where would you find information?

Maybe include an older child to help with hints & tips from their own experience.

Practicalities
Getting the basics sorted in advance creates confidence and avoids last minute panics. e.g. practise the journey to school, plan arrangements for lunch, agree mobile rules.

As much as possible, aim to be 'alongside' and supportive, rather than directing and organising.

Some anxiety can actually be a good thing.
Some feelings of anxiety during new experiences are really healthy. The increased awareness means we are better prepared to notice differences and process changes. Some anxiety means our body is helping us to manage new environments more successfully.

If anxiety levels have become too high, help is available.

Go To for Emotionally Based School Avoidance

We are here to support, listen or advise anytime. Contact us Monday to Thursday 9am to 9pm. Friday 9am to 5pm and Saturday 9am to 1pm

Go-to for Emotionally Based School Avoidance

Parent LineNI
0808 8020 400

Emotionally Based School Avoidance (EBSA) refers to difficulty in attending school due to intense, adverse emotional factors. It is estimated to affect 1-5% of school-age children and is more prevalent in secondary schools.

School Avoidance
School avoidance is different from truancy (skipping school) and school refusal or being kept home by parents.

In school avoidance, the child may want to go to school but feel they can't because of anxiety and emotional distress.

School Avoidance Cycle
Once anxiety manifests, children and young people frequently fall into a school avoidance cycle.

Early intervention is key!
Try to avoid waiting until your child stops going to school before you get help.

Stay alert for early signs.

- Talking negatively about school
- Intense emotions when preparing for school, especially after a break or illness
- Complaining of headaches or stomach aches
- Becoming more distant from family and friends
- Trouble sleeping and reluctance to get out of bed in the morning
- Feeling nauseous or unwell

"School avoidance is not about CAN'T. It is about not feeling safe enough right now."

REMEMBER....

Tune in and talk about their/your feelings.
Be prepared for regression - more cuddles needed. This is normal.

Supporting your child through the school year

- Familiarise yourself with what your child is learning
- Get access to school rules/policies
- What facilities are there in the school for children and for parents?
- Attend parent meetings
- Are there any courses or workshops in the school for parents?
- ASK advice on how you can best support your child's learning at home?
- Seek advice and support when you need

Parent LineNI
0808 8020 400

PARENTLINE ARE HERE

Mon-Thurs 9am-9pm
Fri 9am-5pm
Sat 9am-1pm

webchat; ci-ni.org.uk
email; parentline@ci-ni.org.uk

A Guide for Parents

Parent LineNI
0808 8020 400

A B C

- Here for you
- Ear to listen
- Respect
- Every parent

Download a range of 'Go-To' Resources relating to starting / back to school and more [HERE](#)



Starting School

USEFUL RESOURCES

- Book recommendations
- Fun play ideas
- Transition tips
- Language development support
- Routine guidance
- Toilet training advice

 **ea** Education Authority



**Moving into
SECONDARY SCHOOL**

Your Journey. Your future. Your School.

Welcome to this webinar for young people who are moving from primary school to

 **SCAN ME**



www.youtube.com/watch?v=JnHyBXknF1o



www.gettingreadytolearn.co.uk



English



Children & Young People's Strategic Partnership

The CYPSP Translation Hub provides you with important information on Health, Education, Housing, Employment, Government Services, Cost of living, Contacts for support and much more.....





Scan me

www.cypsp.hscni.net/translation-hub

 Health	 Family Support	 SureStart	 Caters	 Cost of Living Crisis	 Education
 Housing	 Employment	 Safety / Community	 Police	 Money / Grant Advice	 COVID-19
 Government Services	 Return Translated Information	 Ukraine Advice	 Sign Language	 EU Settlement / Migration	 Youth Wellness Web



<https://cypsp.hscni.net/translation-hub>



Children & Young People's Strategic Partnership

Youth Wellness Web

A place where everyone deserves to be helped at any time, no matter how big or small the problem is!

If you're struggling, it's okay to reach out:

SCHOOL
BULLYING
WELLBEING
BEREAVEMENT
MENTAL HEALTH

Visit
cypsp.hscni.net/youth-wellness-web/



Scan QR code

Call Childline on:
0800 1111

Call LIFELINE on:
0808 808 8000

Text Shout:
852558

Deaf & hard of hearing
textphone users:
18001 0808 808 8000



<https://cypsp.hscni.net/youth-wellness-web>



SOUTHERN TRUST AREA

FAMILY
SUPPORT

New Workshop

Parent LineNI
0808 8020 400

WHEN EVERY DAY PARENTING FEELS
LIKE FIGHTING FIRES...
TAKE A STEP BACK AND JOIN US TO

Step 1: Think about how you Parent
Step 2: Explore what works and why

Wednesday 9th September
7-8.30pm on Zoom

Call 0808 8020 400 for more
information or to book a place.

0808 8020 400

Parents, carers, family members...

**If you need us
we're here**

0808 8020 400



0808 8020 400



parentline@ci-ni.org.uk



www.ci-ni.org.uk/parentline

Pharos Service

A Barnardo's service supporting children, young people and their families affected by problematic substance use by parents



Changing childhoods.
Changing lives.

Pharos is a support service for families and children affected by parental substance misuse

Sessions are provided on an individual, family or group basis, and includes outreach and centre-based work

We know looking after your family can be tough at times - We support parents, carers and families with guidance and activities so children and young people can feel safe, happy, healthy and hopeful

Watch the video [HERE](#) to find out more



At Henry, we believe every child deserves the healthiest start in life
We support families with free, practical programmes on healthy eating, parenting, and
early childhood development
From tips on nutrition to building strong family bonds, our videos provide expert advice
to help children thrive
Follow us to discover resources that make a real difference for families and
practitioners across Northern Ireland
Watch the Henry Explainer Video [HERE](#)
Find Henry Support Near You [HERE](#)

Dementia Information Programme

Promoting good dementia care



Free virtual programme for carers, family and friends of people living with dementia or anyone who has questions about dementia

In partnership with Newry and Mourne Memory Services.

Four consecutive Thursday evenings from 7pm – 9pm on Zoom.

3 September	The Role of the Memory Nurse and Behaviours in Dementia – Marie Canning (Memory Nurse) The Role of Occupational Therapy in Dementia – Karen Maybin (Occupational Therapist, Memory Services)
10 September	Introduction to Dementia – Dr Southwell (Consultant Psychiatrist) Information, Guidance and Signposting – Therese (Dementia Navigator)
17 September	Accessing benefits – James (Community Advice NM & D) Alzheimer's Society Services – Pauline (Dementia Adviser)
24 September	Self-Directed Support – Margaret (Centre for independent living) Enduring Power of Attorney Controller ship – Olga (Office of Care and Protection)

For more information, please contact:

Pauline Murphy, Dementia Adviser on 07725 215610 or email southern@alzheimers.org.uk for Zoom link.

NSC Southern Health and Social Care Trust



It will take a society to beat dementia

Alzheimer's Society is a registered charity in England and Wales (296645) and the Isle of Man (1128).



southern@alzheimers.org.uk

familysupportNI.gov.uk

Helping You Find the Services You Need

We all need advice and support at different times in our lives....

www.familysupportni.gov.uk provides contact details for various Family Support Services

- | | | |
|-----------------------|-------------------------|---------------------|
| ✓ Separating Families | ✓ Cancer Support | ✓ Parenting Support |
| ✓ Adoption/Fostering | ✓ Domestic/Sexual Abuse | ✓ Disability |
| ✓ Drugs/ Alcohol | ✓ Family Support Hubs | ✓ Sure Start |
| ✓ Support For Carers | ✓ Bereavement | ✓ Autism |



www.FamilySupportNI.gov.uk

E: info@familysupportni.gov.uk Tel: 0845 600 6483

f x @familysupportni f x

familysupportNI.gov.uk
Helping You Find the Services You Need



Easy Steps Search

- Go to Family Support
- Choose a Service from categories listed

OR

- 'Keyword Search' e.g. 'Child Contact Centre'
- Input Postcode

Other Useful Features

- **TRANSLATION** - Use 'Select Language' at bottom of Page
- Various options can be **printed off** (in English/other language) and given to people to discuss with partner/family
- **Browsealoud** functionality
- **Dedicated telephone and email** which is manned during office hours to respond to public/service providers
- Providers of Family Support Services can quickly add/update details of service provision by contacting info@familysupportni.gov.uk

familysupportNI.gov.uk
Helping You Find the Services You Need



www.familysupportni.gov.uk

familysupportNI.gov.uk

Helping You Find the Services You Need



Looking for Childcare/Financial Assistance with Childcare Costs?

ALL **REGISTERED** childcare providers are listed on www.familysupportni.gov.uk the public register of childcare providers, as required by law.

- Approved Home Care
- Childminders
- Creche
- Day Nursery
- Out of School
- Playgroup
- Statutory Nursery School/Unit
- Summer Scheme



There is also useful related information on this website – including **Financial Assistance with Childcare Costs**

Different types of help towards childcare are available, with support available to working parents through the benefits system, government support schemes or tax relief. The best form of help will be determined by your circumstances

Most working families in Northern Ireland will be entitled to financial support with their childcare costs, although there are some exceptions.

You can only receive help with childcare costs that are being paid to **Registered** or **Approved** childcare providers (as listed on www.familysupportni.gov.uk).



T. **0845 600 6483**

E. info@familysupportni.gov.uk

www.familysupportni.gov.uk



@Familysupportni

Easy-Steps Search Guide

Go to Childcare



Select type of provider from Drop-down list.
Then input your **FULL Postcode** and search within 1/5/10 miles.

Results can be filtered (at left of screen) by :

- ✓ Vacancies
- ✓ School Pick-up or Drop-off
- ✓ Disability/Complex Needs
- ✓ Flexible Working Hours
- ✓ Registered for Tax Free Childcare
- ✓ Accepts Childcare Vouchers
- ✓ Pre-School Funded Places
- ✓ Breakfast Club

Keyword Search – can be used for e.g. town/village or a specific need such as ‘autism’ or ‘epipen’ It can also be used If you are looking to contact/ check registration of a particular childcare provider

Help with Childcare Costs

The amount of financial support you may be entitled to receive in each scheme will depend on your circumstances. It can be complicated to work out what is best for you but there is help available with this :-

Employers For Childcare Family Benefits Advice Service – provides free, confidential and impartial advice setting out your best options for support, depending on your specific circumstances. The Advisors are available on Freephone 0800 028 3008, Monday to Friday, 9am to 5pm, or by emailing hello@employersforchildcare.org.

www.childcarechoices.gov.uk is a government website that shows the different types of help available (though not all will be available in Northern Ireland).

Financial help if you have children
<https://www.gov.uk/browse/childcare-parenting/financial-help-children> is a government online list of all the main forms of support with the cost of childcare you may be able to claim depending on your circumstances.

www.gov.uk/childcare-calculator – an online calculator that will work out how much money you could get towards registered or approved childcare.

familysupportNI.gov.uk
Helping You Find the Services You Need

DHSSPS
Department of Health, Social Services and Public Safety
www.dhssps.gov.uk

HSC Health and Social Care



www.familysupportni.gov.uk

Services Available Through The Hub May Include...



There Are 3 Family Support Hubs In the Southern Trust Area

ARMAGH & DUNGANNON HUB

Caroline Williamson
PosAbility, Barnardos
Grange Building Tower Hill
Armagh
BT61 9DR
M: 07514 724926
T: 028 3741 4541

CRAIGAVON & BANBRIDGE HUB

Lisa Grant
NIACRO
26 Carleton Street, Portadown Co. Armagh
BT62 3EP
T: 028 38331168
E: familysupporthub@niacro.co.uk

NEWRY & MOURNE HUB

Allison Slater
Bolster Community
Unit 1, Killeavy Road
Newry
BT35 6UA
T: 028 3083 5764
E: familysupporthub@bolstercommunity.org



Southern Area FAMILY SUPPORT HUB

*Many families need a little extra
help sometimes*



Information for Families



The 3 **Family Support Hubs** in the Southern Area continue to operate as normal and are open for referrals

Please make any **referrals by e-mail** [HERE](#)

Download the **most recent edition** of the **Family Support Hubs newsletter** [HERE](#)

Click on the below thumbnail to watch the **Southern Area Family Support Hub promotional video**



What is the Family Support Hub?

- The Family Support Hub is a meeting of representatives from community, voluntary and statutory organisations who deliver services for children and families in your area.
- Each Family Support Hub has a lead body who co-ordinates the meeting and receives the referrals.
- The members of the Family Support Hub are from a range of statutory and community/voluntary agencies who offer services in your area. These agencies include; Education Welfare, Health Visiting, Womens Aid, Homestart, Social Services Surestart and Child and Adolescent Mental Health Services.
- Referrals will not be accepted without your consent. If the young person you are seeking support for is over 16, they must also sign the referral form.
- For more information follow this link <https://vimeo.com/216483917>

Your Family Support Hub Will

- Meet once a month to discuss referrals to identify and connect you and your family to the service you need at a time when you need it.
- Work in partnership with you and your family.
- Act professionally ensuring all information is treated in a confidential manner.

How The Hub Works

A referral form is submitted to your local hub-coordinator.

The Hub Co-ordinator may contact you for more information prior to the Hub meeting.

Hub Co-ordinator will present all referrals received to the monthly meeting. The Hub members will then discuss your referral and aim to match your family to the best service for you.

Only core Hub Members attend the meeting, you will not need to attend.

You will receive a letter from the Hub Co-ordinator to let you know what service was identified as most appropriate to meet your needs.

The service that was identified as most appropriate will then contact you directly.

You can choose whether or not you wish to accept the support that has been offered. You are in control.

What Are The Criteria For Making A Referral To The Hub?

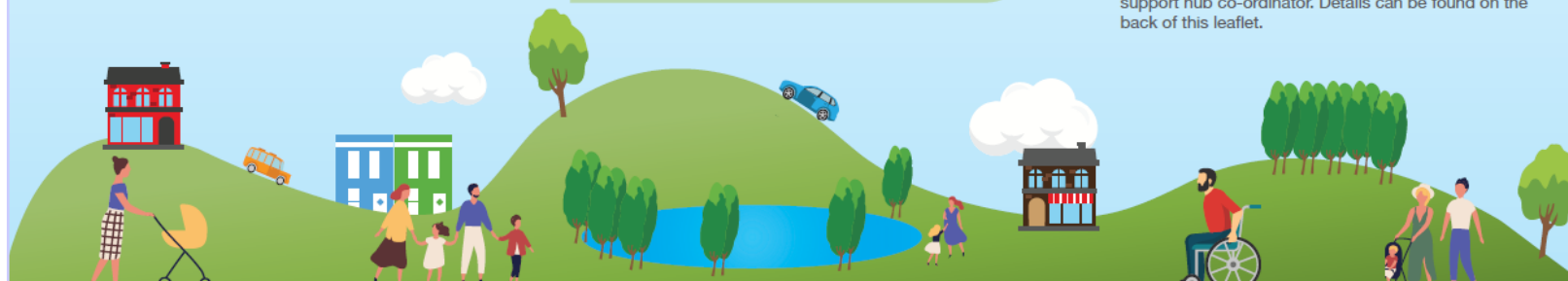
- Your family would like support - this is a voluntary process and you can withdraw your referral at any time.
- You are a family with children aged 0 -17 years.
- No social worker currently involved with your family.

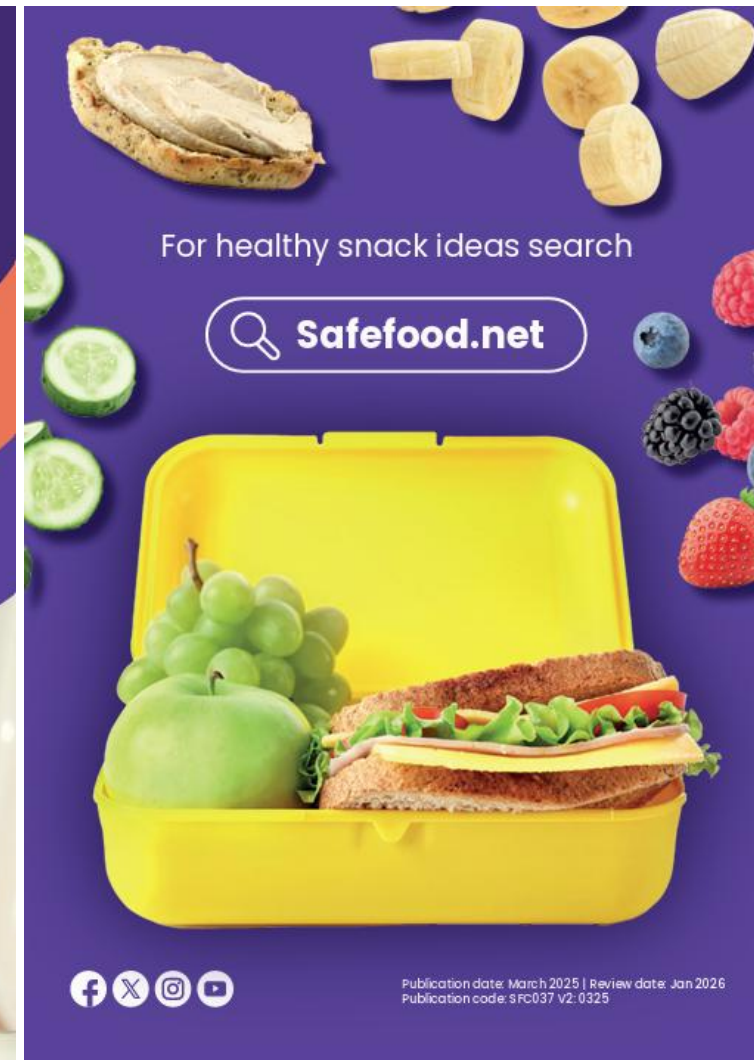
Some of the challenges the Hub can help with



Who Can Refer To The Hub?

- You can make a self-referral to the family support hub or a referral can be made by anyone working on your behalf i.e. teacher, doctor, health visitor or community group.
- You can download a referral form from <http://www.cypsp.hscni.net/family-support-hubs/> or just pick up the phone and call your local family support hub co-ordinator. Details can be found on the back of this leaflet.





www.safefood.net/education/healthy-lunchboxes



ABC COUNCIL AREA

abc Community Development

FREE EVENT

CULTURE IN THE PARK

SATURDAY 12 SEPTEMBER
Lurgan Park | 1pm - 5pm

SAVE THE DATE

T:buc Councils
Northern Ireland Executive
T:buc
Armagh City Banbridge & Craigavon Borough Council

COMMUNITY WELLBEING EVENT

South Lake Leisure Centre
Wednesday 21st October 2026
6.00pm - 8.00pm

Guest Speakers
RORY SLOAN
RESOLUTE.MINDS,
'JUST A CHAT'

Health Checks | Mocktail Bar
Advice and Guidance on Alcohol and Drugs
Improving Your Mental Health
Goodie Bags | Light Refreshments

To register your attendance - RSVP by Wednesday 14th October 2026 to
✉ aisling.gillespie@armaghbanbridgecraigavon.gov.uk

drugsand alcoholni
"Addressing drugs and alcohol together"

HSC Public Health Agency
Project supported by the PHA

PCP Policing & Community Safety Partnership
Involving Armagh, Banbridge & Craigavon

Armagh City Banbridge & Craigavon Borough Council

Supported by Armagh, Banbridge & Craigavon Policing & Community Safety Partnership (PCSP) and Southern Drugs & Alcohol Co-Ordination Team (SDACT Connection Service)



aisling.gillespie@armaghbanbridgecraigavon.gov.uk



Changing Lives NI Mental Health Charity is delighted to invite your organisation to host an information stall at our upcoming Community Mental Health & Wellbeing Day, taking place from 12 noon on Saturday 19th September 2026 at Tullylish GAC Grounds, 12 Drumnascamph Road, Laurencetown, BT63 6DR

This special event aims to bring people together to promote positive mental health, strengthen community connections and break the stigma surrounding mental health and suicide

If your organisation would like to take part, or if you require any further information, please RSVP

Email: changinglivesnimh@gmail.com

WhatsApp: [07841 802989](https://www.whatsapp.com/channel/002991234567890123)



ABC COUNCIL AREA



Funding ABC
Online applications now open!

- **Community Grants**
- **Good Relations Grants**
- **Arts, Culture & Events Grants**
- **Small Capital Grants**

🌐 armaghbanbridgecraigavon.gov.uk/fundingabc

 armaghbanbridgecraigavon.gov.uk

 **Armagh City
Banbridge
& Craigavon**
Borough Council

Eligible groups in the voluntary, community and social enterprise sector can apply now for financial assistance for the period 1 Dec 2026 - 31 Mar 2027 for running costs, programmes and events (including Christmas tree switch-on events from 16 Nov 2026)

Find out more [HERE](#)



ABC COUNCIL AREA



Community / Voluntary / Support Organisations Survey

Armagh City, Banbridge and Craigavon Labour Market Partnership is developing its 2027-2030 Strategic and Action Plan. The plan will identify local employment, skills and labour market priorities and help shape future support for residents, employers and communities. ABC has a strong labour market overall, with an employment rate of 79.3%, above the NI average of 74.3%. However, evidence also shows local challenges, including around economic inactivity, health and disability, caring responsibilities, young people not in education, employment or training, localised deprivation, transport, skills and progression into better-paid work. We are asking for your views because local experience is essential. Your response will help us understand what is happening “on the ground” and what practical support is most needed over the next three years. ABC LMP wants to hear from organisations working directly with residents, communities and priority groups. Regional evidence highlights the importance of community-based organisations in reaching people furthest from the labour market, particularly where trust, outreach and tailored support are needed. Your local knowledge will help us understand barriers, gaps in provision and what practical support should be prioritised in the 2027-2030 Action Plan.



<https://form.jotform.com/262314007690047>



ABC COUNCIL AREA



JOIN IN ACROSS ARMAGH, BANBRIDGE & CRAIGAVON

Walk Name	Day	Time & Meeting Point
Loughgall Amblers	Mondays	10:30 @ Loughgall Country Park
Banbridge Walking Together	Tuesdays (fortnightly)	10:30 @ Banbridge Leisure Centre
Dromore Walking for All	Tuesdays	11:00 @ Dromore Park (Lurgan Road)
Glenanne Garden Walkers	Wednesdays (Fortnightly)	2:30 @ Glenanne Community Hut
Friends of the Folly River	Thursdays (starts 10.09.26)	6:30 @ Folly Glen (Barrack Hill entrance)
Cline Road Community Walk	Thursdays (starts 10.09.2)	7pm @ Cline Raod Stores, Banbridge
Loughgall Striders	Fridays	9:30 @ Loughgall Country Park



Let us know you're coming
Register at:
www.walkingforall.com

Short weekly walks around the local area
Led by a trained Walk Leader
Free to join
Spend time outdoors
Meet others



A project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB)



Walk Leader Training

Wednesday 16th September at 6:30pm
Changing Lives NI, Gilford

Contact Ryan for more information
Email: WalkingforAll@armaghbanbridgecraigavon.gov.uk
Tel: 07500 099243
www.walkingforall.com



A project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB)



Walk Leader Training

Wednesday 21st of October
City of Armagh Cricket Club

Contact Ryan for more information
Email: WalkingforAll@armaghbanbridgecraigavon.gov.uk
Tel: 07500 099243
www.walkingforall.com



A project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB)

 <https://walkingforall.com/find-a-walk>

 WalkingForAll@armaghbanbridgecraigavon.gov.uk



ARMAGH LPG AREA



HOW TO BOOK APPOINTMENT SLOTS

In partnership with our Southern Primary Care MDT Project we are delighted to offer



Virtual Dementia Training



Virtual Dementia Training is an immersive, evidence-based training, that uses simulation to help participants better understand the daily experiences of people living with dementia, including memory loss, confusion and sensory changes.

This training is open to family members, carers and those supporting people living with dementia. The full experience lasts approx. 15 minutes. Relevant information and support services will be available & free health checks.

Dates Venues

Thursday 10th September from 10am - 4.30pm at Tommy Makem Centre, Keady, Armagh
Friday 11th September from 10am - 4.30pm at Dobbin Street Community Centre, Armagh

Register for the Dementia Awareness Bus by contacting:

dolores.king@armaghbanbridgecraigavon.gov.uk

**028 3752 1810**





Cruse
Bereavement
Support

hopeagain
young people
living after loss

**Grief can be overwhelming,
especially for children
and young people!**

**Cruse Bereavement Support is currently
open for referrals for young people
aged 7-17 who have been bereaved.**

**To refer a young person contact your
local branch on 028 8778 4004
and we will advise you on the next step
and ways to support you and your young person**

For information on the range of services, we offer visit

www.hopeagain.org.uk

www.cruse.org.uk



Registered Charity No. 208078



dolores.king@armaghbanbridgecraigavon.gov.uk



<https://www.cruse.org.uk/postcode-lookup/>



ARMAGH LPG AREA



DON'T BOX ME IN

VOLUNTEER INFORMATION NIGHT

THURSDAY 1ST OCTOBER 8-9PM
TOMMY MAKEM CENTRE KEADY

WE NEED YOUR HELP!!
We are looking for volunteers aged 16 and over.
To help us encourage and support young people with mixed abilities to provide a safe, positive and enjoyable space for them to learn and play through creative arts, music & drama.



FOR MORE INFORMATION CONTACT
colleendbmioct17@gmail.com



colleendbmioct17@gmail.com



PARENTS PLUS Children's Programme

An evidence-based parenting course on promoting confidence, learning and positive behaviour in children aged 6 to 12 years.

9 week programme for parents/carers starting
Wednesday 14th October 2026 from 10am-12 noon (online)

Priority will be given to families in the Armagh/Dungannon area.
Referrals will however be considered for families
across the Southern Trust

For further information, please contact Maria:
Email: parenting.partnership@southerntrust.hscni.net
Mob: 07880 474747



Click or scan here
for the Referral Form



Delivery Partners: Parenting Partnership & BCM



parenting.partnership@southerntrust.hscni.net

ARMAGH LPG AREA



Become a Scout Leader Lead the Way!

Inspire Young People

Help shape the next generation and support them to achieve more than they think possible.

Be part of Something Different

Join a friendly team and be part of a worldwide movement.

Develop Yourself

Gain valuable skills, confidence and experience – all while having amazing adventures.

Fun, Flexible, Fulfilling

Volunteering that fits around you and gives you memories that last a lifetime.



Interested?

Get in touch to find out more
📍 1st Armagh Scouts
✉️ armaghscouts@gmail.com



armaghscouts@gmail.com



We are putting the finishing touches to the **Feel Good Armagh Services Resource 2026** and want to ensure that all relevant organisations' details are included and are up-to-date, so that those seeking support in the Armagh Area are connected with the appropriate service/programme

If you wish to be (re-)included in the 'Feel Good Armagh Services Resource 2026', please do the following:

1. Check to see if your organisation is included in the 'Feel Good Armagh Services Resource **2025**' [HERE](#)
2. Update or Register your organisation's information for the 'Feel Good Armagh Services Resource 2026' by clicking [HERE](#)

The deadline for receipt of submissions is **Friday 11th September 2026 at 2pm**
(Please note, this year's resource will be released as a digital booklet and will be housed on the CYPSP website as a LIVE document)



BANBRIDGE LPG AREA

**BANBRIDGE
MEN'S
HEALTH**
& LIFESTYLE PROGRAMME

8 Week Programme
Commencing
Monday 7 September 2026 | 6.30pm
Banbridge Leisure Centre

Weekly Physical Activities and Health Information Sessions.
Programme is free of charge and is open to all men in the community.

Interested in coming along?
Numbers are limited, please register your interest with
Leanne McGivern, star.surestart@southerntrust.hscni.net
or ☎ 07375 947 861 or ☎ 02840 622 475







star.surestart@southerntrust.hscni.net



NEWRY MELA 2026
Many Routes, One Celebration

FREE EVENT

SCAN FOR TICKETS

NEWRY MELA FESTIVAL
Exploring and Celebrating Cultural Diversity

SUNDAY 6TH SEPTEMBER | 12:00PM - 6:00PM
MCCLELLAND PARK, NEWRY

Activities on the day include:

- ★ Cultural Performances ★ World Food Corner
- ★ Fun Fair Activities ★ Live Music ★ Fashion Show
- ★ Arts & Crafts ★ Exhibition Centre

Food and drinks are available to purchase at your own expense

Join in, have fun and celebrate diversity!

Kindly funded and supported by

Northern Ireland Executive, T:buc, Housing for all, Housing Executive, RADIUS, COMMUNITY FUND, and others.



PARENTS PLUS
Children's Programme

An evidence-based parenting programme on promoting confidence, learning and positive behaviour in children aged 6 to 12 years.

9 week programme for parents/carers starting
Tuesday 8th September 2026 from 10am-12 noon (online)

Priority will be given to families in the Newry/Mourne area.
Referrals will however be considered for families across the Southern Trust

For further information, please contact Maria:
Email: parenting.partnership@southerntrust.hscni.net
Mob: 07880 474747

Click or scan here for the Referral Form

BOLSTER COMMUNITY, **ParentsPlus**, **HSC Southern Health and Social Care Trust**

Delivery Partners: Parenting Partnership & Bolster



parenting.partnership@southerntrust.hscni.net

TBUC Programme

MOVING FORWARD, MOVING UP

Connecting young people across Newry and Slieve Gullion.

For First Years / Year 8s | **Programme runs Sept 2026 – Feb 2027** | **20 Sessions** | **Halloween Residential**

WHAT TO EXPECT

- TEAM CHALLENGES
- ART & IDENTITY
- CULTURE & MUSIC
- NEW FRIENDSHIPS
- SOCIAL ACTION
- CELEBRATION EVENT

RESIDENTIAL DURING HALLOWEEN WEEK!

KEY DATES

- September 2026 – Programme starts
- October 2026 – Team Building Day
- October 2026 – Halloween Residential
- December 2026 – Christmas Panto Trip
- January 2027 – Celebration Event
- February 2027 – Reunion

Get involved!

More details coming soon

TBUC: Moving Forward Moving up

ea Education Authority

EXPRESSION OF INTEREST IN THE WONDER GROUP!

For 16-23 year olds

For young people aged 16-23 with SEN and/or disabilities

BASED IN NEWRY
YOUTH RESOURCE CENTRE

STARTING THURSDAY 17TH SEPTEMBER 2026

A 2 YEAR PROGRAMME!

MEET NEW PEOPLE. TRY NEW THINGS. MAKE A DIFFERENCE.

- MEET NEW FRIENDS**
Build friendships and be part of an amazing group.
- GAIN QUALIFICATIONS**
Develop your skills and boost your future!
- PARTICIPATE IN CONSULTATIONS**
Have your say on the things that matter to you.
- GET INVOLVED IN SOCIAL ACTION PROJECTS**
Make a positive difference in your community.
- HAVE LOTS OF FUN!**
Activities, trips, challenges and so much more!

IF THIS SOUNDS LIKE YOU – WE'D LOVE TO HEAR FROM YOU!

EXPRESS YOUR INTEREST TODAY!

ANY QUERIES CONTACT NIAMH:
Niamh.mcnamee@eani.org.uk

02895 985907

ea Education Authority



Autism Connect Autism & Me

This 6-week programme explores autistic self-understanding through creative, body-based reflection. It blends:

Somatic awareness and Creative expression - exploring ideas through clay, collage, printing, and weaving with gentle conversation and peer connection

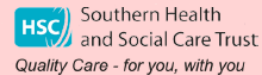
You can talk, create, reflect, listen – or simply be there.

When & Where

Saturday 12 & 26 September
Saturday 10 & 24 October
Saturday 14 & 28 November

 **11 am - 1 pm**

 **Bolster Community Offices**
Marcus Street, Newry



Meet Your Facilitator

Ursula Leighton, Founder of Aeon Community Arts

This year, Ursula Leighton, founder of Aeon Arts and Minds, will be facilitating Autism & Me. Ursula will bring her passion for creativity, mental health, inclusion and community connection, creating spaces where people can explore ideas and express themselves in ways that feel comfortable and meaningful.

Aeon Arts and Minds is a grassroots community hub and registered mental health charity based in Lurgan. Their work centres around healing, inclusion and connection through the arts, with creative and therapeutic programmes for people of all ages, abilities and needs.

As well as mental health and wellbeing services, Aeon Community Arts offers educational workshops, community programmes and creative activities for neurodiverse adults and children.

Together with Ursula, we will explore what it means to understand yourself as an autistic person (diagnosed, awaiting, thinking you might be) – not through what others expect of you, but through your own experiences, strengths, senses, body and creativity.

Places are limited, so please register your interest before Friday 4 September

Questions, registration, directions: please contact me, Sharon:

 autismconnect@bolstercommunity.org

028 30 83 57 64



autismconnect@bolstercommunity.org

NEWRY & MOURNE LPG AREA

You and baby

A supportive group for first time mums and their babies under 1 year

The **Southern Trust Social Work Team** in the GP Practice are running this group for you and your little one.



Connect
Learn
Support

START DATE
14th Sept – 19th Oct
Every Monday

TIME
10am – 12pm

LOCATION
Newry Leisure Centre

PROFESSIONALS ATTENDING

- Mindfulness and Wellbeing
- Speech and Language
- Perinatal Mental Health
- Dietician
- Health Visitor

Alongside weekly baby massage

Light refreshments
Tea and Coffee

For more information please contact
Eibhlin Nugent
Tel: 07521754072

Supported by the Southern Trust Social Work Team in the GP Practice

You're not alone, we're here for you



07521754072

HOME START

Newry & Mourne

Tuesday 22nd September 2026

Referrers Breakfast
Join us for a morning of connection, information and collaboration.

Find out about:

- Our **service provision**
- Volunteer** opportunities
- Student** placements
- Launch of our new **website**
- Our new **referral process**
- Opportunity to meet and talk with **staff and volunteers**

8.30am to 11.00 am
Drop in

Kilmorey Arms Hotel, Kilkeel

Register your attendance
<https://www.smartsurvey.co.uk/s/58YTV7/>



<https://www.smartsurvey.co.uk/s/58YTV7/>

NEWRY & MOURNE LPG AREA



NURTURING PROGRAMME

10 week Parenting Programme

The Nurturing Programme aims to help parents understand and manage feelings and behaviour whilst becoming more positive and nurturing in their relationships with their children and others.

Monday 14th September 

10am-12noon 

Fiveways Premises 

Limited creche available 

Book Now
 rebekahm@newrysurestart.org
 07885208393



rebekahm@newrysurestart.org




How to talk about Suicide

A course for everyday folk living everyday lives...
 Led by survivors of suicidal crisis

- Confidence and skills to start and navigate a 'suicide conversation'
- Relaxed and comfortable atmosphere with no role-play or clinical jargon
- Benefit of lived experience commentary, insight, and live Q&A opportunities
- Improved understanding of helpful language, approaches, and signposting
- Improved self-care awareness
- Optional follow-up 1:1 confidential chat appointment to reflect or ask questions

24th September 2026
 9.30am - 1.00pm
 Ballybot House, Newry BT35 8BG

Age 18+
 Scan to Register

or to learn more contact Elaine 07876261033

Zero Suicide  **HSC** Southern Health and Social Care Trust  **FLIGHTS OF HOPE** 

Mental Health Forum (NIC104166) Ballybot House, 28 Corn Market, Newry, BT358BG Office Telephone: 028 30252423 www.mentalhealthforum.co.uk



<https://uk.surveymonkey.com/r/5P555B2>



NEWRY & MOURNE LPG AREA

Cruse
Bereavement
Support

hopeagain
young people
living after loss

Grief can be overwhelming,
especially for children
and young people!

Cruse Bereavement Support is currently
open for referrals for young people
aged 7-17 who have been bereaved.

To refer a young person contact your
local branch on 028 8778 4004
and we will advise you on the next step
and ways to support you and your young person

For information on the range of services, we offer visit

www.hopeagain.org.uk

www.cruse.org.uk



Registered Charity No. 208078



<https://www.cruse.org.uk/postcode-lookup/>



chloe@bolstercommunity.org



NEWRY & MOURNE LPG AREA

NEWRY **WALK & TALK** for Carers

Starting Thursday 6th August
Every Thursday from
10:00AM - 11AM

 **WIN Industrial
Estate Entrance**

A catch up for carers
followed by tea, coffee and
refreshments in Newry
Enterprise Agency

No need to book.
For more information contact
info@clanryegroup.com



 **Southern Health
and Social Care Trust**

 **Clanrye Group**
Here To Support You



info@clanryegroup.com

“Connecting communities, building confidence”: PSNI Connect is launching in your area

Your area has been chosen as part of the initial launch of PSNI Connect, a free messaging service that enables residents, businesses and community groups to keep in touch with local police. By signing up to PSNI Connect you can be in direct contact with the neighbourhood officers working in your area.

We will share information about the work we are doing along with crime prevention tips and traffic disruption.

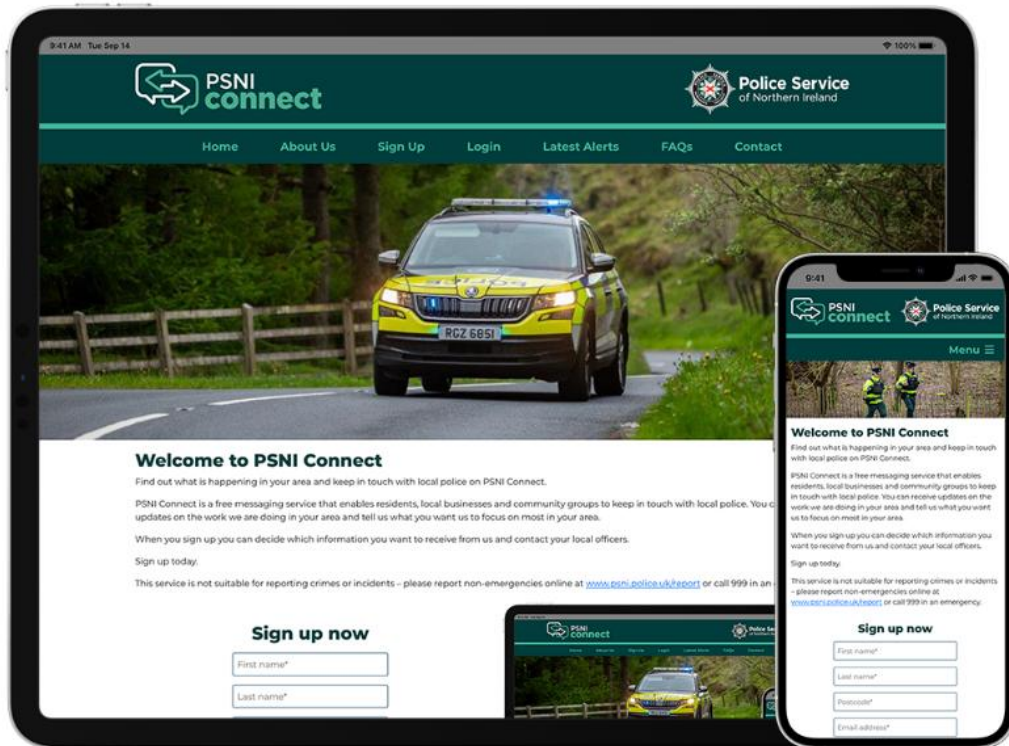
You can tell us what impacts you, share feedback and help shape local policing priorities.

We will listen and we will be able to provide a more targeted, responsive service for our local communities as a result.

Get involved, sign up today, and when you do sign up you can decide which information you want to receive from us and which information you're not interested in.

Any contact will be private, it won't be seen by anyone else in your community and therefore won't receive any unwanted comments.

To sign up to your local PSNI Connect, or to find out more about it, visit [HERE](#).





SOUTH ARMAGH LPG AREA

SLIEVE GULLION DEA PRESENTS

ROOTED IN CONFIDENCE

Hair Loss Workshop

*Empowering you with expert knowledge,
meaningful connections and the confidence
to embrace your hair loss journey*

14 **SEPT** **Monday 14**
September

7:00 PM
9:00 PM

Swankey
Coffee
35 Silverbridge Road
BT35 9LG

WORKSHOP STRICTLY FOR INDIVIDUALS EXPERIENCING HAIR LOSS - BOOKING ESSENTIAL - EMAIL:
AOIFE.MCCOMISKEY@NMANDD.ORG

LIMITED SPACES
PRIORITY WILL BE GIVEN TO RESIDENTS
OF THE SLIEVE GULLION DEA

Hair Loss Discussion
Expert discussion on causes of hair loss (including menopause; medical treatments; alopecia; hormone changes and stress); recommended medical tests; treatments/ services available locally and funding provision.

Hair Piece Display
Learn about the different hair piece solutions including hair toppers; wigs and a range of hair systems.

Live Demos
Hair topper live styling workshop and hair follicle scanner demonstration.

Bridgen King

Maria McGuinness

INFO STANDS, GOODIE BAGS & REFRESHMENTS

HSC Public Health Agency
Project supported by the PHA

Newry & District
Federation of Family Practices

HSC Southern Health and Social Care Trust
TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

Comhairle Ceantair an Iúir, Mhúrn agus an Dúin
Newry, Mourne and Down District Council



aoife.mccomiskey@nmandd.org



DUNGANNON LPG AREA

**HOW TO BOOK APPOINTMENT SLOTS**

In partnership with our Southern Primary Care MDT Project we are delighted to offer

**Virtual Dementia Training**

Virtual Dementia Training is an immersive, evidence-based training, that uses simulation to help participants better understand the daily experiences of people living with dementia, including memory loss, confusion and sensory changes.

This training is open to family members, carers and those supporting people living with dementia. The full experience lasts approx. 15 minutes. Relevant information and support services will be available & free health checks.

Date & Venue

Wednesday 9th September from 10am - 4.30pm at The Torrent Complex, Donaghmore

Register for the Dementia Awareness Bus by contacting:

 damian.torrentcomplex@hotmail.co.uk

 02887769051



#MDT #DeliveringTogether Project supported by the PHA



**Grief can be overwhelming,
especially for children
and young people!**

**Cruse Bereavement Support is currently
open for referrals for young people
aged 7-17 who have been bereaved.**

**To refer a young person contact your
local branch on 028 8778 4004
and we will advise you on the next step
and ways to support you and your young person**

**For information on the range of services, we offer visit
www.hopeagain.org.uk
www.cruse.org.uk**



Registered Charity No. 208078



dolores.king@armaghbanbridgecraigavon.gov.uk



<https://www.cruse.org.uk/postcode-lookup/>



DUNGANNON LPG AREA



The poster for the South West College Freshers Fair features a blue background with white and yellow text. The SWC logo is in the top left. The main title 'FRESHERS FAIR' is in large, bold letters, with 'FAIR' in yellow and 'FRESHERS' in white. A 'SAVE THE DATES' box on the right lists the dates for three campuses: Dungannon (Tuesday 22 September), Enniskillen (Wednesday 23 September), and Omagh (Thursday 24 September). The event is held at the Central Hall from 10AM to 12PM. At the bottom, it lists benefits for attendees: student discounts, freebies, and support services.

SWC
SOUTH WEST COLLEGE

FRESHERS FAIR

JOIN US & BENEFIT FROM:

- STUDENT DISCOUNTS
- FREEBIES
- SUPPORT SERVICES & MORE

SAVE THE DATES

DUNGANNON TUESDAY	ENNISKILLEN WEDNESDAY	OMAGH THURSDAY
22 SEPTEMBER	23 SEPTEMBER	24 SEPTEMBER
CENTRAL HALL 10AM - 12PM		

Find support, discover opportunities, collect freebies and make valuable connections

As **South West College** prepares to welcome students for the 2025/26 academic year, they would love to invite your organisation to take part in their **Annual Freshers' Fair**

The Freshers' Fair is a great opportunity to meet students, promote your services, share current offers, and connect with other organisations from across the local community

If you would like to attend, e-mail niall.marlow@swc.ac.uk confirming which campus/date you'd like to attend and how many staff members will be representing your organisation

The deadline for registrations is **Friday 11th September 2026**

We look forward to welcoming you to SWC and helping students discover the services, support and opportunities available to them



DUNGANNON LPG AREA

Bite Size Employment Support

YOU

GET

14/09/26

Career Advice

Not sure where to start or even what type of job would work for you?

Come along & let us help you!

17/09/26

CV Workshop

Not sure what your strengths are or how to make a CV? Join our practical 'make-and-take' workshop & let us support you.

15/10/26

Interview Skills

Why choose me? It can be hard when you're on the spot trying to promote yourself. Practice makes perfect & we can show you how to shine in any interview.

Contact Tara: 02887727648 fswc.tara@gmail.com


Ministry of Housing,
Communities &
Local Government


Rural Economic
Accelerator
Programme


SWC
SOUTH WEST COLLEGE


first
steps
Women's Centre
Support. Educate. Empower.



fswc.tara@gmail.com


first
steps
Women's Centre
Support. Educate. Empower.



HERITAGE JOURNEYS: VOICES OF MIGRANT WOMEN IN MID ULSTER



- Empowering migrant women to tell their stories
- Providing a legacy of tradition, culture and history
- Raising awareness

If you would like to have an opportunity to tell your story please contact fswc.gilliang@gmail.com for more information. We would love to hear from you!

www.firststepswomenscentre.org

028 87727648

21A William Street Dungannon,
Bt70 1DX



fswc.gilliang@gmail.com

NEW!

REAP

Employment Programme

Support • Confidence • Skills • Opportunities

A **FREE** programme for women over 18 who are unemployed, not in full time education & not receiving Job Benefit.

Your future doesn't have to look like your past.

You don't have to do it alone. We're here in your corner.



Personal Support
One-to-one mentoring and ongoing support every step of the way.



Practical Help
Workshops, skills building, confidence & career advice.



Extra Support
Childcare, transport & links to other services available.



New Opportunities
Helping you take those first steps towards employment.

REAP Support Sessions
Sept – Nov 2026

✓ Career Advice	Mon 14th Sept
✓ CV Workshop	Thurs 17th Sept
✓ Childcare Benefits	Mon 19th Oct
✓ Interview Skills	Thurs 15th Oct
✓ Challenging Work Relationships	Wed 4th Nov
✓ Cost of Living	Thurs 26th Nov

All sessions are **FREE** to attend.

*It all starts with saying **YES** to yourself.*

Get in touch today
028 8772 7648
fswc.tara@gmail.com

Small steps. Real support. New opportunities.

A partnership approach supporting women in our community










fswc.tara@gmail.com

UNITY in DIVERSITY

Unity in Diversity celebrates the rich tapestry of cultures across the Mid Ulster Council area — fostering meaningful connections within our communities through events, activities, and shared experiences **open to all** residents.

Celebrate Culture -
explore and honour the diverse cultural identities that make Mid Ulster unique.

Build Connection -
forge meaningful links between individuals, groups and organisations across our area.

Get Involved -
join events and programme activities designed for all — communities, groups and individuals.

Let's Connect
Rosie McCreanor, First Steps Women's Centre (FSWC)
Unity in Diversity, Programme Manager, Email: fswc.rosie@gmail.com

We welcome individuals, community groups and organisations who share our vision of an inclusive and connected Mid Ulster to reach out and explore how we can work together.




fswc.rosie@gmail.com

TIMETABLE AUTUMN 2026

Course Title	Start Date	Day	Time	Duration
WELLBEING				
Building Self Confidence	07/09/2026	Monday	12.30pm - 2.30pm	6 weeks
Unlock Your DIY Potential	14/09/2026	Mon	9.45am - 12.45pm	4 weeks
Forest Bathing	14/09/2026	Mon	10.00am - 11.30am	4 weeks
Spotting Early Red Flags in Relationships	16/09/2026	Wed	10.00am - 12 noon	One off
African Drumming	16/09/2026	Wed	12.30pm - 2.30pm	6 weeks
Music Therapy Taster	22/09/2026	Tues	10.00am - 11.00am	One off
Respectful Relationships	23/09/2026	Wed	9.45am - 11.45am	4 weeks
Music Therapy	29/09/2026	Tues	9.45am - 11.45am	4 weeks
Mindset Matters (on Zoom)	12/10/2026	Mon	7.00pm - 8.30pm	4 weeks
Wellbeing Morning	08/10/2026	Thurs	10.00am - 2.00pm	One off
Holistic Self Care for the Menopause	02/11/2026	Mon	9.45am - 11.45am	6 weeks
Creative Connections	02/11/2026	Mon	12.30pm - 2.30pm	6 weeks
Chi Flow	03/11/2026	Tues	9.45am - 11.15am	6 weeks
Creative Writing	03/11/2026	Tues	12.30pm - 2.30pm	6 weeks
Holiday Spanish	04/11/2026	Wed	9.45am - 11.45am	9 weeks
Good for Me	04/11/2026	Wed	12.30pm - 2.30pm	3 weeks
What's Your Body Telling You?	25/11/2026	Wed	12.30pm - 2.00pm	3 weeks
Sound Bath	TBA			

ENGLISH

English for Beginners	17/09/2026	Thurs	9.45am – 11.45am	Ongoing
ESOL Entry Level 1	07/09/2026	Mon & Tues	9.45am – 11.45am	Ongoing
ESOL Entry Level 2	07/09/2026	Mon & Wed	9.45am – 12.45pm	Ongoing
ESOL Entry Level 3	08/09/2026	Tues & Thurs	9.45am – 12.45pm	Ongoing
Improve Your English	09/09/2026	Mon & Wed	9.45am – 11.45am	Ongoing

EMPLOYABILITY

Career Advice	14/09/2026	Mon	10.00am – 12.00pm	One off
CV Workshop	17/09/2026	Thurs	11.30am – 1.30pm	One off
Interview Skills	15/10/2026	Thurs	11.30am – 1.30pm	One off
Childcare Benefits	19/10/2026	Mon	10.00am – 11.00am	One off
Challenging Work Relationships	04/11/2026	Wed	10.00am – 11.00am	One off
Cost of Living	26/11/2026	Thurs	1.00pm – 3.00pm	One off

****All courses are subject to change****

Tel: 028 8772 7648 Email: thewomenscentre@gmail.com Apply: www.firststepswomenscentre.org/apply

First Steps Women's Centre, 21a William Street, Dungannon



www.firststepswomenscentre.org



DUNGANNON LPG AREA

Apprenticeships

Earn while you learn, gain real work skills and open doors to a bright future!

Level 2 & 3 Business Administration	Level 2 & 3 Children's Care Learning & Development
Level 2 & 3 Customer Service	Level 2 Team Leading
Level 3 Management	Level 2 Warehousing & Storage
Level 3 Logistics Operations	Level 2 & 3 Retail

Scan here for more Info!

Must be aged 16+ and working at least 21 hours per week!

Don't have GCSE's in English, Maths or ICT? **Don't worry!** we will help you to complete Essential Skills qualifications as part of your Apprenticeship (up to grade 'C').

Get in touch!
Call: 028 7963 1032
Email: info@networkpersonnel.org.uk

All qualifications are National Vocational Qualifications (NVQs)

Department for the Economy
An Roinn Geilleagair
Apprenticeships
network personnel
Together Towards Employment

Apprenticeships are delivered through the ApprenticeshipsNI programme and are funded through the Department for the Economy



jillian.lennox@networkpersonnel.org.uk

DIGITAL ICT ESSENTIAL SKILLS LEVEL 1 CERTIFICATE

*Eligibility criteria applies

- ✓ MICROSOFT OFFICE
- ✓ PORTFOLIO WORK
- ✓ RECOGNISED QUALIFICATION

REGISTER NOW

EVERY MONDAY
14TH SEPTEMBER - 28TH SEPTEMBER
10:00AM - 3:30PM
MAGHERAFELT
028 7963 1032
referral@networkpersonnel.org.uk

Funded by UK Government

network personnel
Together Towards Employment

GROW PARTNERSHIP

This project is funded by the UK Government through the Local Growth Fund



jillian.lennox@networkpersonnel.org.uk

DUNGANNON LPG AREA



Level 3 Emergency First Aid at Work

Wednesday 9th September
The Junction, Dungannon
10:00am - 3:30pm

*Eligibility Criteria Applies

Funded by
UK Government

network
personnel
Together Towards Employment

GROW
PARTNERSHIP

This project is funded by the UK Government through the UK Local Growth Fund.

Could you save a life in an emergency?

This course provides the knowledge and practical skills needed to deal with emergency first aid situations in the workplace.



During the course you will learn how to:

- Assess emergency situations safely
- Perform CPR on an adult casualty
- Use an Automated External Defibrillator (AED)
- Respond to choking incidents
- Control bleeding and manage shock
- Treat common workplace injuries and illnesses
- Understand the responsibilities of a workplace first aider
- At the end of the course, learners will complete a multiple-choice assessment.

This qualification is delivered by an approved training provider.

Training includes:

- Practical, hands-on training
- Demonstrations and interactive activities
- Real-life emergency scenarios
- Multiple-choice assessment

Get in touch!

☎ 028 7963 1032

✉ info@networkpersonnel.org.uk



*Eligibility Criteria Applies

Funded by
UK Government

network
personnel
Together Towards Employment

GROW
PARTNERSHIP

This project is funded by the UK Government through the UK Local Growth Fund.



jillian.lennox@networkpersonnel.org.uk

Success Starts at 40



It's never too late to start something new...

Looking for work at 40+ can feel challenging, but it can also be an opportunity to reassess your goals and discover new strengths. Your experience, skills, and life knowledge are valuable assets that employers continue to seek.

Whether you're:

- ✓ Returning to work after a break
- ✓ Changing careers
- ✓ Starting your own business
- ✓ Learning new skills
- ✓ Seeking a role with better work-life balance



SUCCESS



Funded by
UK Government



This project is funded by the UK Government through the UK Local Growth Fund.

Success Starts at 40



A new job, a new career, new skills, new confidence.
Your next chapter starts with one step.

Day 1: Monday 7th September, 10:00am - 12:00pm
Support to build a CV and tailor to different job roles.

Day 2: Tuesday 8th September, 10:00am - 12:00pm
Guidance on signing up to and accessing job sites for different services and roles.

Day 3: Monday 14th September, 10:00am - 12:00pm
Applying for and getting ready for a job - Application forms/Interview skills.

Day 4: Tuesday 15th September, 10:00am - 3:00pm
Gain a new skill, Level 2 Principles of Manual Handling.



A draw will take place on Day 4 for attendees - £50 Tesco's/Asda Voucher



Jillian Lennox
07736350773 / 028 7963 1032

referral@networkpersonnel.org.uk

<https://networkpersonnel.org.uk>

Network Personnel

*Eligibility Criteria Applies



Funded by
UK Government



This project is funded by the UK Government through the UK Local Growth Fund.



jillian.lennox@networkpersonnel.org.uk

DUNGANNON LPG AREA

★ Free Accredited Qualifications ★



Level 1 ES Digital Skills
14th, 21st and 28th September
10am to 3pm in Magherafelt



Level 2 Food Safety and Hygiene
18th August 2026
10am to 3pm in Magherafelt
16th September 2026
10am to 3pm in Magherafelt



Level 2 Food Allergy and Risks
1st September
10am to 3pm in Magherafelt



Level 3 Emergency First Aid at Work
2nd September
10am to 3-30pm in Magherafelt
9th September
10am to 3-30pm in Dungannon



Level 2 Understanding Mental Wellbeing
9th September 2026
10am to 3pm in Magherafelt



jillian.lennox@networkpersonnel.org.uk



DUNGANNON LPG AREA



PARENTS PLUS Children's Programme

An evidence-based parenting course on promoting confidence, learning and positive behaviour in children aged 6 to 12 years.

9 week programme for parents/carers starting
Wednesday 14th October 2026 from 10am-12 noon (online)

Priority will be given to families in the Armagh/Dungannon area.
Referrals will however be considered for families
across the Southern Trust

For further information, please contact Maria:
Email: parenting.partnership@southerntrust.hscni.net
Mob: 07880 474747



Click or scan here
for the Referral Form



Delivery Partners: Parenting Partnership & BCM



parenting.partnership@southerntrust.hscni.net



www.surveymonkey.com/r/DZRSQD9

DUNGANNON AREA SCHOOLS NETWORKING EVENT

FRIDAY 23RD OCTOBER 2026

2PM TO 5PM

INTEGRATED COLLEGE DUNGANNON



CONNECTING SCHOOLS WITH LOCAL SUPPORT

Come along to our networking event to learn about the range of support services for children, young people and families available across the Dungannon Area

YOU ARE INVITED!

The event is aimed at staff from **Primary** and **Post Primary Schools** and ALL relevant **Service Providers** in the local area

Light refreshments will be available on the day

REGISTER TO ATTEND

If you are a **service provider**, click [HERE](#) to register your information stall for FREE

If you are a **member of school staff**, please let us know how many from your school are coming, by e-mailing:
localityplanning@ci-ni.org.uk

Event kindly hosted & supported by:



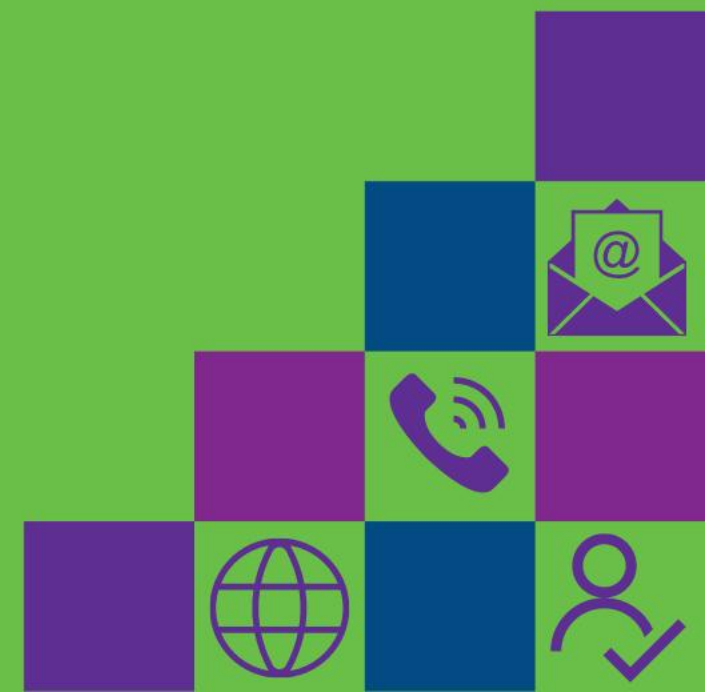
SUBMISSION		GUIDELINES
✓ Submit the information in the format you would like it to be included. We can't transform a word-heavy document into a flyer. ✓ Less words, bigger pictures! ✓ We do not advertise or endorse those events or programmes which are privately funded as a business. ✓ Information will usually be included for x1 edition, unless otherwise requested.	           	✓ 'FYI' will usually be issued every three weeks, on a Thursday. Please send your articles for inclusion by 4pm of the Tuesday prior to this. ✓ We may have to decline to advertise information which is not applicable to better outcomes for children and young people. ✓ Your feedback is welcome. (We are not perfect, but strive to be as good as we can.) ✓ Please let us know if 'FYI' has helped your service, event or activity in any way.



Click on the below issue nos. to view recent editions of 'FYI':

[Issue 170](#)
13th August 2026

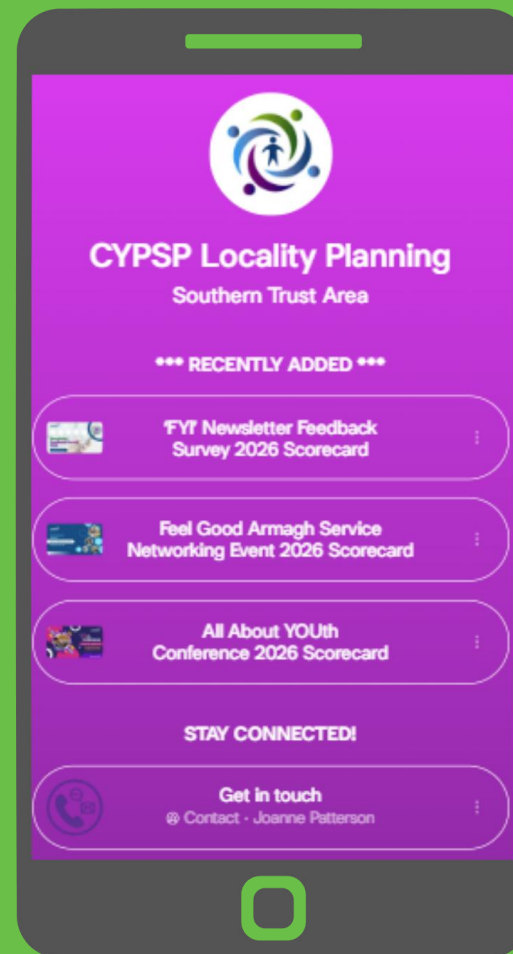
[Issue 169](#)
23rd July 2026



UPCOMING 2026 LPG MEETINGS

Craigavon	Tues. 8 th Sep
South Armagh	Tues. 15 th Sep
Banbridge	Wed. 23 rd Sep
Dungannon	Tues. 29 th Sep
Newry & Mourne	Wed. 7 th Oct
Armagh	Thur. 5 th Nov

Meetings are usually scheduled to begin at 10am
Formats will alternate between face-to-face & Zoom
(Refer to the Meetings Calendar on our [Linktree](#))



SCAN QR CODE
FOR INSTANT
ACCESS TO OUR
INFO. HUB



For further information on Locality Planning or 'FYI', contact:

Joanne Patterson (localityplanning@ci-ni.org.uk)

CYPSP, 2nd Floor, Health & Social Care Board, Tower Hill, Armagh. BT61 9DR



**'FYI' NEWSLETTER CALENDAR
JULY TO DECEMBER 2026**



JUL	ISSUE 169	Publication: 23 rd Deadline: 21 st
AUG	ISSUE 170	Publication: 13 th Deadline: 11 th
SEP	ISSUE 171 ISSUE 172	Publication: 3 rd Deadline: 1 st Publication: 24 th Deadline: 22 nd
OCT	ISSUE 173	Publication: 15 th Deadline: 13 th
NOV	ISSUE 174 ISSUE 175	Publication: 5 th Deadline: 3 rd Publication: 26 th Deadline: 24 th
DEC	ISSUE 176	Publication: 17 th Deadline: 15 th



Please submit your artwork in a
print-ready format (jpeg, png or pdf)
to localityplanning@ci-ni.org.uk



Advertise in our upcoming issue!

Circulation Date:
24th September 2026
Copy Deadline:
22nd September 2026



localityplanning@ci-ni.org.uk



Sign up to receive 'FYI' Newsletter TODAY!

E-mail: localityplanning@ci-ni.org.uk

