

Feel Good

ARMAGH



Your Guide to
what is available
for all ages in the
Armagh Area

SERVICES RESOURCE

AUTUMN 2026



Feel Good **ARMAGH**

CONTENTS



Introduction



List of Services



Feel Good Armagh
Planning Group



Armagh LPG



Further Info.



INTRODUCTION

Welcome to this free resource which gives you information on a range of supports and opportunities available for all ages in the Armagh area.

Feel Good Armagh is a local multi-agency initiative aimed at increasing awareness of support and services for all ages of communities in the Armagh Area.

Since 2023, member organisations have hosted an annual event with the aim of connecting people of all ages with local organisations, under the Feel Good Armagh banner.

Services evolve, funded programmes are sometimes only temporary and personnel can change. So, the Autumn 2026 edition of the Feel Good Armagh Services Resource provides an updated version of last year's booklet.

We hope you find the information included useful and please do share the details on!

Feel Good Armagh Planning Group
Autumn 2026



LIST OF SERVICES

Feel Good
ARMAGH

Action Mental Health
ABC Council Community Development & Good Relations
ABC Council Community Development & Health Improvement
ABC Council Get Moving ABC
ArKE Sure Start
Armagh Rural Transport
Barnardo's Family Support Hub
Barnardo's PosAbility (6th Sense)
Belfast Central Mission
Bolster Community
Cedar Foundation
Children & Young People's Strategic Partnership (CYPSP)
CiNI Parent Participation Service
Clanrye Group Carers First
Clanrye Group Skills For Life & Work
Dunlewey Addiction Services
Education Authority (EA) Youth Service
Extern
Family support NI
NICMA - The Childminding Association
Parentline NI
Rosie's Trust
Scouting Ireland
Supported Employment Skills
SHSCT Community Development Team
SHSCT - Parenting Partnership
Simon Community
The Verve Healthy Living Network
USEL
Volunteer Now
Youth Action Northern Ireland

To add your organisation to this resource, contact:
CYPSP Southern Area Locality Development Team
localityplanning@ci-ni.org.uk

ORGANISATION DETAILS

E-mail:

Sophie.Lester@armaghbanbridgecraigavon.gov.uk

Kelly.Mallon@armaghbanbridgecraigavon.gov.uk

Caelan.Donnelly@armaghbanbridgecraigavon.gov.uk

Tel. No.: 07909004666

Website: www.armaghbanbridgecraigavon.gov.uk

Facebook:

www.facebook.com/armaghbanbridgecraigavon

AREA(S) COVERED

- Armagh,
Banbridge &
Craigavon
Borough
Council Area

NAME OF SERVICE / PROGRAMME

- Community Development & Good
Relations Department

WHEN DOES YOUR SERVICE RUN

N/A

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

- Support with setting up a new Community Group
- Capacity Building Support for Community Groups
- Funding Support
- Delivery of Good Relations projects and programmes

AGES COVERED BY YOUR SERVICE

All Ages

ADDITIONAL INFORMATION

N/A



**Armagh City
Banbridge
& Craigavon**
Borough Council

ARMAGH CITY, BANBRIDGE AND CRAIGAVON BOROUGH COUNCIL

ORGANISATION DETAILS

Address: The Palace Demesne, Armagh, BT60 4EL.

E-mail: info@armaghbanbridgecraigavon.gov.uk

Tel. No.: 0300 0300900

Website: www.armaghbanbridgecraigavon.gov.uk

AREA(S) COVERED

- Armagh,
Banbridge &
Craigavon
Borough
Council Area

NAME OF SERVICE / PROGRAMME

- Community Development, Health
Improvement

WHEN DOES YOUR SERVICE RUN

N/A

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Council's Community Development Health Improvement Team provide a range of community-based health and wellbeing programmes and health information sessions. All programmes are funded by the Public Health Agency and have a focus on addressing health inequalities within the Council area.

AGES COVERED BY YOUR SERVICE

All Ages

ADDITIONAL INFORMATION

N/A

ORGANISATION DETAILS

Address: Lough Neagh Discovery Centre, Oxford Island, Lurgan, BT66 6NJ.

E-mail:

sportsdevelopment@armaghbridgecraigavon.gov.uk

Tel. No.: 0300 0300 900

Website: <https://getactiveabc.com/get-moving/>

Facebook: <https://www.facebook.com/getactiveabc/>

AREA(S) COVERED

- Borough wide in the delivery of our programmes

NAME OF SERVICE / PROGRAMME

- Get Moving ABC

WHEN DOES YOUR SERVICE RUN

Varies depending on the programme

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Get Moving ABC aims to encourage, motivate and support everyone to be more active and achieve the Chief Medical Officers recommended Physical Activity Guidelines.

Programmes in the Armagh area include:

- MUGA (Multi Use Games Area) Programmes
- Multi Skills and Dance Camps during holiday periods
- Couch 2 5k
- Strength and Balance
- Get Out, Get Active Programmes including Tai Chi for Health and GOGA Fit
- Inclusive Sport and Leisure Programmes including Autism in Sport Programme and an Inclusive Summer Scheme
- All Out Trekking at Gosford Forest Park
- Get Businesses Moving
- Get Schools Moving

AGES COVERED BY YOUR SERVICE

All Ages

ADDITIONAL INFORMATION

N/A



ACTION MENTAL HEALTH

ORGANISATION DETAILS

Address: 13 Church St, Portadown, Craigavon, BT62 3LN.
E-mail: lmcminn@amh.org.uk, Eatingdisorders@amh.org.uk
Tel. No.: 028 3839 2314
Website: www.amh.org.uk

AREA(S) COVERED

- Armagh
- Southern Trust Catchment Area Covered

NAME OF SERVICE / PROGRAMME

- Eating Disorder Support Project and Mensanna Project (Mental Health Awareness)

WHEN DOES YOUR SERVICE RUN

Days, Evenings

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Eating disorder support for adults affected by eating disorders. Support also available for carers of those affected by eating disorders. 'BodyTalk' Awareness raising workshop available to all schools (11+ years), youth and adult community groups free of charge, within the Southern Trust area.

Free Mental Health Awareness programmes / workshops available to all schools, youth groups and community groups in the Southern Trust area.

For more information and bookings please get in touch at the e-mail provided.

AGES COVERED BY YOUR SERVICE

Youth and Adult - All Ages

ADDITIONAL INFORMATION

N/A



ARKE SURE START

ORGANISATION DETAILS

Address: Unit 17, Armagh Shopping Centre, Armagh BT61 7AE.

E-mail: arke.surestart@southerntrust.hscni.net

Tel. No.: 02837518569

Website: <https://www.arkesurestart.com>

Facebook: www.facebook.com/p/ArKe-Sure-Start

AREA(S) COVERED

- Armagh
- Keady, Callanbridge, Downs, Abbey Park, Derrynoose, parts of the Mall and parts of the Observatory ward areas

NAME OF SERVICE / PROGRAMME

- ArKe Sure Start offers a variety of services for families from pregnancy until 4 years old

WHEN DOES YOUR SERVICE RUN

The project seeks to cater to the needs of each family by running a variety of programmes on weekdays at various times which include, morning, afternoon and evening sessions. We also offer Saturday activities.

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

ArKe Sure Start project involves a multi-agency partnership of health, education, voluntary and community groups working closely together in the development of services for families with young children.

ArKe Sure Start aims to give every child the best start in life by providing a variety of FREE programmes and activities for preschool children and their families. Services are offered both in your home, ArKe premises or local venues.

The project engages a multidisciplinary team, including a Midwife, Health Visitor, Dietetic Practitioner, Speech and Language Therapist, Developmental Programme for Two-Three Year Old Team, Parenting Workers and Family Support Workers, providing services to children and families from antenatal to 4 years old.

AGES COVERED BY YOUR SERVICE

From pregnancy to 4 years old

ADDITIONAL INFORMATION

If you live within the listed ward areas and are pregnant or have a child under 4 years old, please do get in touch!



ARMAGH RURAL TRANSPORT

ORGANISATION DETAILS

Address: Armagh Business Centre, Office Suite 1, 2
Loughgall Rd., Armagh, BT61 7NH.

E-mail: admin@armaghruraltransport.com

Tel. No.: 02837518151

Website: <https://armaghruraltransport.com/>

Facebook:

<https://www.facebook.com/ArmaghRuralTransport1/>

AREA(S) COVERED

- Armagh Area Only

NAME OF SERVICE / PROGRAMME

- Armagh Rural Transport

WHEN DOES YOUR SERVICE RUN

Monday to Friday 8 - 6 for
community transport group hire
7 days per week

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Armagh Rural Transport provides accessible, affordable transport services for people living in rural areas of County Armagh and surrounding districts. It helps residents who may have difficulty accessing public transport, including older people, individuals with disabilities, and those without access to a car.

Services include door-to-door community transport, group travel, and connections to essential destinations such as healthcare appointments, shopping centres, social activities, education, and employment.

The organisation aims to reduce social isolation, improve mobility, and support independent living. By offering flexible and reliable transport options, it helps rural communities stay connected and access vital services and opportunities.

AGES COVERED BY YOUR SERVICE

- 18+

ADDITIONAL INFORMATION

N/A



Changing childhoods.
Changing lives.



(BARNARDO'S) FAMILY SUPPORT HUB

ORGANISATION DETAILS

Address: Grange Building, Towerhill, Armagh, BT61 9DR.

Generic E-mail: familysupporthub@barnardos.org.uk

Hub Co-Ordinator E-mail:

caroline.williamson@barnardos.org.uk
(Caroline Williamson)

Tel. No.: 02837 414541 / 07561024675

AREA(S) COVERED

- Armagh
- Dungannon

NAME OF SERVICE / PROGRAMME

- Family Support Hub

WHEN DOES YOUR SERVICE RUN

Monthly Hub Meetings

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The Family Support Hub provides early intervention support for families who may be experiencing difficulties.

Support can include help with parenting, disability, emotional health and wellbeing, behaviour, social isolation, bereavement, family relationships, and other issues affecting family life. The hub works with a range of statutory and voluntary organisations to identify the service best suited to each family's circumstances.

The family must not be open to Social Services.

AGES COVERED BY YOUR SERVICE

0-17 Year Olds

ADDITIONAL INFORMATION

You can make a self-referral to the Family Support Hub or a referral can be made by anyone working on your behalf, i.e. teacher, doctor, health visitor or community group.



Changing childhoods.
Changing lives.

BARNARDO'S POSABILITY (6TH SENSE)

ORGANISATION DETAILS

Address: Grange Building, Towerhill, Armagh, BT61 9DR.

E-mail: posability@barnardos.org.uk /

gillian.mcckeown@barnardos.org.uk

Tel. No.: 028 37414541

Website: www.barnardos.org.uk/get-support/services/6th-sense

Facebook: Advised of parent/young person Facebook page once sessions begin

AREA(S) COVERED

- Armagh
- Southern Trust

NAME OF SERVICE / PROGRAMME

- 6th Sense

WHEN DOES YOUR SERVICE RUN

1.5 - 2 hours per per month.

Normally on a Saturday
however day and time can vary.

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Bringing disabled and neurodiverse children and young people together each month.

Activities include influencing, capacity building and to explore social opportunities in the area.

AGES COVERED BY YOUR SERVICE

8-24 Year Olds

ADDITIONAL INFORMATION

N/A



BELFAST CENTRAL MISSION

ORGANISATION DETAILS

Address: 5 Glengall St Belfast (Staff are remote)

E-mail: dmullin@belfastcentralmission.org

Tel. No.: 07825146054

Website: www.belfastcentralmission.org

Facebook: www.facebook.com/wearebcmni

Twitter: <https://twitter.com/missionbelfast>

Instagram: www.instagram.com/wearebcmni

AREA(S) COVERED

- Armagh
- Dungannon

NAME OF SERVICE / PROGRAMME

- Parent Support Service

WHEN DOES YOUR SERVICE RUN

We work with families for a 12 week period. If there is a further need, we have access to further support for families also.

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

BCM's Parent Support Service is a home-based early intervention family support service designed to meet the varying needs of families.

We work across the Armagh and Dungannon areas with parents of all ages and children from 5-13 years of age.

AGES COVERED BY YOUR SERVICE

Parents with child aged 5-13 years old

ADDITIONAL INFORMATION

- Emotional support
- Practical support
- Financial support
- Behavioural support

ORGANISATION DETAILS

Address: 1 Whitegates Business Centre, Unit 1,
Newry, BT35 6UA.

E-mail: admin@bolstercommunity.org.

Tel. No.: 028 30 83 57 64

Website: <https://bolstercommunity.org/>

Facebook:

<http://www.facebook.com/bolstercommunity>

AREA(S) COVERED

- Social Hub in
Craigavon &
Coffee
Mornings in
Portadown
Wellness
Centre

NAME OF SERVICE / PROGRAMME

- Autism Connect

WHEN DOES YOUR SERVICE RUN

Social Hub runs weekly
The coffee mornings are held
monthly

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Autism Connect provides autistic adults with opportunities for connection, belonging, friendship, personal development, and peer support through a range of social, learning, and wellbeing activities.

AGES COVERED BY YOUR SERVICE

18+

ADDITIONAL INFORMATION

Please contact
autismconnect@bolstercommunity.org
for more details.

ORGANISATION DETAILS

Address: 1 Ravenhill Reach Close, Ormeau Embankment, Belfast, BT6 8RB.

E-mail: communications@cedar-foundation.org.

Tel. No.: 028 90461834

Website: www.cedar-foundation.org.

Facebook: @cedarfoundation

Twitter: @cedarfoundation

Instagram: cedar_ni

AREA(S) COVERED

- Regional
- Southern Trust

NAME OF SERVICE / PROGRAMME

Children & Young People: Short Breaks 0-18 (ABD and N&M only), Youth Matters 0-18, Peace of Mind 9-25

Living Options: Floating support -18+

Community Inclusion: ABI Choices 18+ (Specialist Brain Injury), Arrow 18+ (Specialist Brain Injury), Right Support, Right Time

Employability: SES Workable NI 16+, Skillset 16+, Inclusion Works (Brain Injury/ Learning Disability) 18+, Skills Connect 16+

WHEN DOES YOUR SERVICE RUN

Various Times

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The Cedar Foundation delivers a range of services supporting individuals and families living with disability, autism, and brain injury to live the lives they choose.

We support over 2,500 individuals across Northern Ireland each year. Services include:

Community Inclusion: helping individuals with disabilities develop independence, social confidence and skills for daily living.

Employability and Training: helping adults with disabilities develop skills, find and sustain employment.

Living Options: support services, suited to adults with disability based on individual need.

AGES COVERED BY YOUR SERVICE

See 'Name of Service' Section

ADDITIONAL INFORMATION

We have specialist expertise in physical / sensory disability, autism, acquired brain injury and learning disability. Services are developed around the needs of individuals, promoting opportunity, choice, and inclusion at all life stages.

ORGANISATION DETAILS

Address: Unit 9, 40 Montgomery Road, Belfast, BT6 9HL

E-mail: ppinbox@ci-ni.org.uk

Tel. No.: 07340662469 / 0778037722

Website:

www.ci-ni.org.uk/parentline/parent-participation-service

AREA(S) COVERED

- All of Northern Ireland

NAME OF SERVICE / PROGRAMME

- The Parent Participation Service

WHEN DOES YOUR SERVICE RUN

Times vary.

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The Parent Participation Service seeks to facilitate engagement with parents ensuring their voices influence the activities of CYPSP. The project aims to build capacity within service provision in order to improve and develop strong co-production practice with parents.

Direct Participation - Supporting parents and organisations to become directly involved in the work of CYPSP.

Developing Partnerships - Nurturing relationships through transparency, trust, equality and kindness.

AGES COVERED BY YOUR SERVICE

Parents and Carers All Ages

ADDITIONAL INFORMATION

Contact ppinbox@ci-ni.org.uk for further information.

ORGANISATION DETAILS

Address: SPPG, Dep. of Health, Tower Hill, Armagh BT61 9DR.

E-mail: localityplanning@ci-ni.org.uk

Tel. No.: 02895 363966

Website: <https://cypsp.hscni.net>

Facebook: www.facebook.com/cypspni

Twitter: www.twitter.com/cypsp

Instagram: www.instagram.com/cypspni

Linktree: <https://linktr.ee/CYPSPLocalityPlanning>

AREA(S) COVERED

- Armagh
- Other ABC Council Areas
- Southern Trust Area

NAME OF SERVICE / PROGRAMME

- Armagh Locality Planning Group (LPG)

WHEN DOES YOUR SERVICE RUN

5 days a week (Monday-Friday)

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The Armagh Locality Planning Group (LPG) is open to any practitioner (worker) or volunteer in the Armagh area, working towards improving the lives of children, young people and families.

We hold 5 meetings a year for services/organisations to come together, share information, learn about what is available in the area, identify unmet need and take actions in partnership to address them.

We also have a fortnightly newsletter to inform on activities and opportunities for children, young people, parents/carers and practitioners in the local area, and invite anyone to contact us to receive this free resource.

AGES COVERED BY YOUR SERVICE

Pre-birth to 18 (25 for young adults with a disability), parents & carers

ADDITIONAL INFORMATION

Contact us on localityplanning@ci-ni.org.uk to find out more and get included on our mailing list, so we can send local information on opportunities for children, young people, parents/carers and practitioners.

ORGANISATION DETAILS

Address: Slieve Gullion Courtyard, 89 Drumintee Rd, Killeavey, Newry BT35 7RD.

E-mail: info@clanryegroup.com

Tel. No.: 028 300 50200

Website: <https://clanryegroup.com/services/health-wellbeing/carers-first/>

AREA(S) COVERED

- Armagh Area
- Southern Trust Wide

NAME OF SERVICE / PROGRAMME

- Carers First

WHEN DOES YOUR SERVICE RUN

Monday to Friday

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Carers First programme is open to all 18+ adult carers living in the Southern Trust area. Carers are recognised as people supporting someone else and don't need to be in receipt of carers allowance, we recognise all carers including those who also work or are in education.

AGES COVERED BY YOUR SERVICE

18+

ADDITIONAL INFORMATION

N/A

ORGANISATION DETAILS

Address: Slieve Gullion Courtyard, 89 Drumintee Rd, Killeavey, Newry BT35 7RD.

E-mail: info@clanryegroup.com

Tel. No.: 028 30898119

Website: <https://clanryegroup.com/>

Facebook: <https://www.facebook.com/clanryegroup/>

Instagram: <https://www.instagram.com/clanryegroup/>

LinkedIn: <https://www.linkedin.com/company/clanrye-group-limited/>

AREA(S) COVERED

- Armagh Area
- Banbridge & Craigavon
- Newry, Mourne & Down

NAME OF SERVICE / PROGRAMME

- Skills For Life & Work

WHEN DOES YOUR SERVICE RUN

Monday to Thursday 9am to 3.30pm

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAUGH AREA

SfL&W is a training programme designed to help school leavers address personal and development needs and gain recognised skills and qualifications to help them move into employment or progress to higher level education or training. It has a duration of up to 3 years. Whilst on the programme, trainees will receive a weekly allowance of £40. The training centres are located in Slieve Gullion courtyard, Newry, and Mayfair Business Centre, Portadown. Clanrye offers four vocational qualifications: Retail, Horticulture, Construction and Hospitality. The last 2 delivered at the Southern Regional College, Newry or Portadown campus. Other qualifications included in the curriculum are Essential Skills (Literacy, Numeracy and ICT), personal development and employability.

AGES COVERED BY YOUR SERVICE

16 to 21

ADDITIONAL INFORMATION

N/A

ORGANISATION DETAILS

Address: 247 Cavehill Road, Belfast, BT15 5BS.

E-mail: admin@dunlewey.org.

Tel. No.: 02890 392547

Website: www.dunlewey.org.

Facebook: <https://www.facebook.com/profile.php?id=61577989162388>

Instagram: @dunlewey_addiction_services

AREA(S) COVERED

- Armagh,
Portadown,
Craigavon,
Newry,
Dungannon,
Banbridge

NAME OF SERVICE / PROGRAMME

- Dunlewey Young People's Service

WHEN DOES YOUR SERVICE RUN

Face-to-face support Monday to Friday, 9:00am to 5:00pm, as well as remote sessions during selected evenings up to 8pm.

For added flexibility, our Armagh Drop-In service runs every Tuesday from 4pm to 6pm, giving young people and families another opportunity to access support when they need it.

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Dunlewey's Young People's Service supports children, young people and families affected by substance misuse. The service provides early intervention, counselling, mentoring and emotional support to help young people understand and cope with the impact of alcohol, drugs and related issues. It works with both young people experiencing difficulties themselves and those affected by a family member's substance misuse. The service aims to build resilience, improve wellbeing, strengthen family relationships and promote positive life choices. Support is delivered in a safe, confidential and welcoming environment by experienced staff, helping young people develop the skills and confidence needed for healthier futures.

AGES COVERED BY YOUR SERVICE

11-25 Year olds and family members over 18

ADDITIONAL INFORMATION

We also deliver group work sessions in the community for young people, providing education, information and peer support around substance use, risk-taking behaviours, emotional wellbeing and making healthy choices.

ORGANISATION DETAILS

Address: Lisanally Lane, Armagh, BT61 7HF.

E-mail: Breigeen.Shields@eani.org.uk

Tel. No.: 028 9598 5908

Website: www.eani.org.uk/epicentre-armagh

Facebook: www.facebook.com/EpicentreArmagh

AREA(S) COVERED

- Armagh Area

NAME OF SERVICE / PROGRAMME

- Epicentre

WHEN DOES YOUR SERVICE RUN

Epicentre provides youth provision 4 evenings a week.

Monday - YES programme 7pm-9pm

Tuesday - Juniors (P4-p7) 4pm-6pm & Seniors (yr 8+) 6.45pm-9.15pm

Thursday - Seniors (yr 10+) 6.45pm-9.15pm

Friday - Intermediates (P7-yr 9) 6.45pm-9.15pm

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

All Youth work delivered in the centre and by the Education Authority is designed to improve the well-being of children and young people through:

- Improving physical and mental health
- Enjoyment of play and leisure
- Learning and achievement
- Living in safety and stability
- Economic and environmental well-being
- Making a positive contribution to society
- Living in a society which respects their rights
- Living in a society in which equality of opportunity and good relations are promoted

AGES COVERED BY YOUR SERVICE

9-25 yrs

ADDITIONAL INFORMATION

Young people can attend different programmes which are age specific along with a range of workshops with input from outside agencies.



EXTERN NI

ORGANISATION DETAILS

Address: Hydepark House, 3 McKinney Road,
Newtownabbey, BT36 4PE.

Tel. No.: 028 9084 0555

Website: <https://www.extern.org/>

Facebook: <https://www.facebook.com/ExternCharity/>

Service Specific Facebook Page:

<https://www.facebook.com/share/1EuABuN8Y8/>

Instagram:

https://www.instagram.com/extern_charity/

AREA(S) COVERED

- Low Threshold
- Entire
Southern and
Northern
Health and
social care
trusts

NAME OF SERVICE / PROGRAMME

- Extern Southern Low Threshold Drug
And Alcohol Service

WHEN DOES YOUR SERVICE RUN

9-5 Mon- Fri
Closed bank holidays

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Extern's Low Threshold Services works with each individual to reduce the harms associated with substance/ alcohol use and focus' on realistic goals and priorities.

The service has an open referral pathway and does not have strict entry requirements. The service is delivered in client homes or a location of their choosing. The service will focus on holistic needs and will work with the individuals to ensure the appropriate supports are in place where possible.

AGES COVERED BY YOUR SERVICE

18+

ADDITIONAL INFORMATION

Contact southernasm@extern.org for a referral form or contact 07822872468 for more information or to self refer.

ORGANISATION DETAILS

Address: DoH/SPPG, Gransha Park House, Clooney Road, Londonderry, BT47 6FN.

E-mail: info@familysupport.gov.uk

Tel. No.: 0845 600 6483

Website: <https://www.familysupportni.gov.uk/>

Facebook: <https://www.facebook.com/FamilySupportNI>

X: <https://x.com/familysupportni>

Instagram:

<https://www.instagram.com/familysupportni/>

AREA(S) COVERED

- Regional website covering whole of NI

NAME OF SERVICE / PROGRAMME

- Family Support NI

WHEN DOES YOUR SERVICE RUN

Phone lines and e-mails 9-5
Monday to Friday

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

We are a website which lists contact details for Family Support services throughout Northern Ireland, Community, Voluntary and Statutory.

We also hold the official list of all Registered Childcare Providers throughout Northern Ireland.

AGES COVERED BY YOUR SERVICE

All

ADDITIONAL INFORMATION

Visit: <https://www.familysupportni.gov.uk/>



NICMA - THE CHILDMINDING ASSOCIATION

ORGANISATION DETAILS

Address: Elizabeth House, Suite 3, 116-118 Holywood Road, Belfast, BT4 1NU.

E-mail: info@nicma.org

Tel. No.: 028 9181 1015

Website: www.nicma.org

Facebook:

<http://facebook.com/nicmathechildmindingassociation>

Instagram: @NICChildminding

AREA(S) COVERED

- Regional (including Southern Trust Area)

NAME OF SERVICE / PROGRAMME

- NICMA is a regional charity and membership organisation. We support Registered Childminders and Approved Home Childcarers in Northern Ireland, to meet the needs of children, families and communities.

WHEN DOES YOUR SERVICE RUN

Office hours are Monday to Thursday 9am-4pm and Fridays 9am-1pm

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

We provide a regional support, advice and training service to those going through the registration process as well as established home-based childcare providers.

NICMA continues to ensure that the voices of registered childminders are heard by lobbying and advocating for all of our members across Northern Ireland.

AGES COVERED BY YOUR SERVICE

To become a registered childminder or approved home childcarer you must be over the age of 18.

ADDITIONAL INFORMATION

N/A

ORGANISATION DETAILS

Address: Unit 9, 40 Montgomery Road, Belfast, BT6 9HL

E-mail: parentline@ci-ni.org.uk

Tel. No.: 0808 8020 400

Website: www.ci-ni.org.uk/parentline

Facebook: facebook.com/parentlineNI

AREA(S) COVERED

- Armagh
- Other ABC Council Areas
- Southern Trust Wide
- Regional Service, covers all NI

NAME OF SERVICE / PROGRAMME

- Parentline NI

WHEN DOES YOUR SERVICE RUN

We are open:

- Mon-Thurs 9am-9pm
- Fri 9am-5pm
- Sat 9am-1pm

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Parentline NI are the regional helpline for parents and carers in Northern Ireland. Here for support, advice and guidance and a listening ear.

Every parent will feel valued, respected and nurtured on every call and are encouraged to both spend time connecting with their children and treating themselves with care and compassion.

AGES COVERED BY YOUR SERVICE

Parents and Carers All Ages

ADDITIONAL INFORMATION

Parentline NI is a free and confidential service with no waiting lists.

Call us today.



ROSIE'S TRUST

ORGANISATION DETAILS

Address: The Fountain Centre, 2 Queen's Parade, Fountain Centre, Bangor, BT20 3BJ.

E-mail: mail@rosiestrust.org

Tel. No.: 028 91641340

Website: www.rosiestrust.org

Facebook: <https://www.facebook.com/rosiestrust>

X: <https://x.com/RosiesTrust>

Instagram: <https://www.instagram.com/rosiestrust/>

AREA(S) COVERED

- Armagh
- We are active in all Health Trust Areas, with the exception of the Western Trust

NAME OF SERVICE / PROGRAMME

- Rosie's Trust

WHEN DOES YOUR SERVICE RUN

We provide daily visits Monday to Friday 52 weeks a year and our foster service is active 365 days a year.

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Rosie's Trust is Northern Ireland's only charity dedicated to helping cancer patients, those receiving end of life care and older people with a disability hold on to their companion pets at a time when they need each other the most.

AGES COVERED BY YOUR SERVICE

18+

ADDITIONAL INFORMATION

We help three groups of people: 1. People undergoing cancer treatment 2. People receiving end of life care 3. People who are 65 and over with mobility issues.

ORGANISATION DETAILS

Address: 61 Duncairn Gardens, Belfast BT15 2GB.

E-mail: gogoan@scouts.ie

Tel. No.: 07386502588

Website: <https://www.scouts.ie/> / <https://sfni.org/>

Facebook: <https://www.facebook.com/ScoutingIreland>

Instagram: <https://www.instagram.com/scoutingireland>

LinkedIn: <https://www.linkedin.com/company/scouting-ireland>

TikTok: <https://www.tiktok.com/@scoutingireland>

AREA(S) COVERED

- Delivered across the whole of Northern Ireland
- Find your local scouting group by visiting [HERE](#)

NAME OF SERVICE / PROGRAMME

- Youth Development Programme
- Outdoor & Adventure Education
- Leadership & Teamwork
- Practical Life Skills
- Community Participation
- Youth-Led Activities

WHEN DOES YOUR SERVICE RUN

Scouting Groups generally meet once a week during school term time, with meeting evenings varying between Groups. In addition to weekly meetings, young people have opportunities to participate in: Weekend camps Day activities Hikes and expeditions Community projects County, Provincial and National events International camps and exchanges.

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Scouting Ireland provides young people with opportunities to develop confidence, independence and life skills through adventure, outdoor activities and learning by doing.

Our local Scout Groups provide a safe, welcoming environment where young people can make friends, work as part of a team and take on new challenges.

Activities include camping, hiking, practical skills, community projects and leadership opportunities.

Supported by trained adult volunteers, Scouting encourages young people to play an active role in their communities while developing skills and experiences that will stay with them throughout their lives.

AGES COVERED BY YOUR SERVICE

- Beaver Scouts: 6-8 years
- Cub Scouts: 9-11 years
- Scouts: 12-15 years
- Venture Scouts: 15-17 years
- Rover Scouts: 18-25 years

ADDITIONAL INFORMATION

Scouting Ireland welcomes young people and adult volunteers from all backgrounds. No previous Scouting experience is required to volunteer, with training and ongoing support provided. We are also keen to work with local organisations, schools and community groups to develop and grow Scouting opportunities across the Armagh area.

ORGANISATION DETAILS

Address: 4A Steeple Road, Antrim, BT41 1AF.
E-mail: pkelly@amh.org.uk
Tel. No.: 07976640226
Website: www.sesni.org.uk
Facebook: Supported Employment Solutions
X: @WeareSES

AREA(S) COVERED

- Armagh Area
- ABC Council Area
- Province-wide coverage

NAME OF SERVICE / PROGRAMME

- Workable N.I. Programme

WHEN DOES YOUR SERVICE RUN

Mon - Fri 8.30 - 4.30 daily

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Workable N.I. supports individuals who are in employment who have a disability or health condition and require support to retain employment.

AGES COVERED BY YOUR SERVICE

16 onwards (No upper limit)

ADDITIONAL INFORMATION

N/A

ORGANISATION DETAILS

Armagh & Dungannon Area:

Tracey Powell - 028 37 564495

Tracey.powell@southerntrust.hscni.net

Catherine McCormack - 028 37 564494

Catherine.mccormack@southerntrust.hscni.net

AREA(S) COVERED

- Armagh
- Banbridge & Craigavon
- SHSCT Area

NAME OF SERVICE / PROGRAMME

- Community Development Team

WHEN DOES YOUR SERVICE RUN

N/A

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Community Development Workers within the trust have a dual role:

- Supporting people in local communities to set up and sustain community initiatives and self-help groups to improve health and wellbeing.
- Supporting Trust staff to better understand the benefits of collaborative working with local communities and to maximize the opportunities to do so.

We improve health and wellbeing by addressing health needs. This is achieved through supporting staff and community organisations to empower communities, build connections and drive change.

AGES COVERED BY YOUR SERVICE

All

ADDITIONAL INFORMATION

For more information on community development work within the Southern Health and Social Care Trust, see:

<https://southerntrust.hscni.net/health-wellbeing/>

ORGANISATION DETAILS

Address: Drumglass Lodge, 20 Coalisland Rd,
Dungannon, BT71 6LA.

E-mail:
parenting.partnership@southerntrust.hscni.net

Tel. No.: 07880474747

Website: <https://cypsp.hscni.net/ebpp/>

AREA(S) COVERED

- Armagh Area
- ABC Council Area
- Southern Trust wide

NAME OF SERVICE / PROGRAMME

- Parenting Partnership

WHEN DOES YOUR SERVICE RUN

The programmes run from September to June each year. Some are delivered online and some are face to face in a variety of settings.

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The Parenting Partnership is a Trust wide parenting support service which focuses on the delivery of evidence based parenting programmes for parents/carers of children and young people from pre-birth to 18years.

AGES COVERED BY YOUR SERVICE

Parents and carers of children and young people aged from pre-birth to 18 years

ADDITIONAL INFORMATION

Feedback from a parent on completion of a programme: "The programme has helped strengthen my relationship with my child. We have made so many positive changes."



THE VERVE HEALTHY LIVING NETWORK

ORGANISATION DETAILS

Address: Promoting Wellbeing, Brownlow Health & Social Services Centre, 1 Legahory, Brownlow, BT65 5BE.

E-mail: verve.network@southerntrust.hscni.net

Tel. No.: 028 3756 3946

Website: www.verve-network.co.uk

Facebook:

<https://www.facebook.com/vervehealthylivingnetwork/>

AREA(S) COVERED

- Armagh Area
- Craigavon (Portadown and Lurgan) and Banbridge Area
- All the SHSCT

NAME OF SERVICE / PROGRAMME

- 1-2-1 Support Service

WHEN DOES YOUR SERVICE RUN

Our service is available as needed through online referrals.

Please complete the online referral form at:

www.verve-network.co.uk

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

The Verve Healthy Living Network is a group of local organisations working together to offer health and wellbeing programmes in specific community areas. Our network includes a team of Community Health Trainers who use a combination of health coaching and social prescribing. They offer both one-on-one and group sessions. The goal of our Health Trainers is to help people make positive lifestyle changes and support healthy choices within communities. The Verve Model provides a consistent schedule of activities focused on physical activity, healthy eating, weight management, and mental and emotional wellbeing. This allows our Health Trainers to connect clients with local and accessible activities, supports, and programmes offered through the Verve Network.

AGES COVERED BY YOUR SERVICE

Adults Only

ADDITIONAL INFORMATION

For more details and contact information, please visit our website:

www.verve-network.co.uk

ORGANISATION DETAILS

Address: 17 Bedford Street, Belfast, BT2 7EG.

E-mail: info@simoncommunity.org

Tel. No: 02890232882

Website: www.simoncommunity.org

Facebook: <https://www.facebook.com/SimonCommunity/>

Twitter: <https://twitter.com/SimonCommNI>

Instagram: <https://www.instagram.com/simoncommunityni/>

YouTube:

https://www.youtube.com/channel/UCyVxiacE_Wfz7ivzGkEVjw

LinkedIn: <https://www.linkedin.com/company/simon-community-ni/>

AREA(S) COVERED

- Armagh
- ABC Council Area
- Some Simon Community Services are available throughout Northern Ireland

NAME OF SERVICE / PROGRAMME

- Simon Community Services

WHEN DOES YOUR SERVICE RUN

Our Free Support Line and website are available 24/7.

To enquire about spaces at our temporary accommodation service in Armagh please also call our Free Support Line.

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Simon Community provides a range of services for people at risk of or experiencing homelessness in the ABC Council areas.

As well as a temporary accommodation service in Armagh, Simon Community can offer advice and support and financial help with tenancy deposits and other essential costs.

We encourage people to call our FREE support line which is available 24/7 on 0800-171-2222 or visit our website to complete a Get Help form.

AGES COVERED BY YOUR SERVICE

All Ages

ADDITIONAL INFORMATION

The Housing Executive provides accommodation for those legally homeless. If you are not eligible for temporary housing (no FDA status), you may self-refer to us. Due to high demand and limited space, we cannot always offer a bed, but we will discuss your options and provide advice and guidance where possible.



USEL

ORGANISATION DETAILS

Address: 39c Abbey St. Armagh, BT61 7DY. (Armagh Campus) 182-188 Cambrai Street, Belfast, BT13 3JH. (Belfast HQ)

E-mail: info@usel.co.uk

Tel. No.: 028 9035 6600

Website: www.usel.co.uk

Instagram: @usel182

AREA(S) COVERED

- Armagh Area
- Banbridge & Craigavon.
- Newry, Mourne and Down

NAME OF SERVICE / PROGRAMME

- Skills for Life and Work

WHEN DOES YOUR SERVICE RUN

Monday - Thursday, 9am - 4pm

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Skills for Life and Work (SfLW) supports young people aged 16-22 (or up to 24 for those with care experience) in preparing for adult life, further learning and employment.

Delivered over a period of up to three years, the programme combines personal growth, workplace preparation and nationally recognised qualifications.

Learners can develop Essential Skills in Literacy, Numeracy and ICT, alongside vocational training in ICT User and Customer Care.

Training takes place in our new campus in Armagh, with participants receiving a weekly allowance of £40 while they work towards their future goals.

AGES COVERED BY YOUR SERVICE

16-24 years

ADDITIONAL INFORMATION

Following completion of the SfLW programme, learners may have the opportunity to progress onto USEL's Empower and Workable NI programmes, offering further support towards employment and independence.

ORGANISATION DETAILS

Address: Ballybot House, 28 Cornmarket Newry, BT35 8BG.

E-mail: Raguel.rodrigues.keenan@volunteernow.co.uk

Tel. No.: 075 8511 0855

Website: www.volunteernow.co.uk

Facebook: www.facebook.com/Volunteer.Now

Twitter: @VolunteerNow1 / @VNEnterprise

Instagram: @volunteer.now

YouTube: www.youtube.com/user/VolunteerNow1

AREA(S) COVERED

- Armagh
- Dungannon

NAME OF SERVICE / PROGRAMME

- Volunteer Now

WHEN DOES YOUR SERVICE RUN

All year round, Mon-Fri 9am-5pm mostly but occasionally at weekends as well.

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

Volunteer Now is the lead organisation for promoting and supporting volunteering across Northern Ireland. We advertise volunteer roles available with a wide range of charities and not for profit organisations based in Armagh and surround areas, and help connect individuals, groups and families to these. We do talks and presentations across schools and youth organisations to introduce young people to the benefits of volunteering and help them find meaningful and enjoyable opportunities in their local area. Whilst volunteering they can get recognition for their commitment through the Youth Impact Award scheme. We also offer mobile volunteering activities to young people and host volunteer action days. We facilitate youth groups and schools to complete a Social Action project to address current challenges in their communities.

AGES COVERED BY YOUR SERVICE

All Ages

ADDITIONAL INFORMATION

We have a dedicated Youth Engagement Team based in Belfast that will travel out and can be reached via youth@volunteernow.co.uk

This is the exact page to our youth volunteering section on our website - [Youth Volunteering - Volunteer Now](#)

ORGANISATION DETAILS

Address: St. Patrick's Trián, 38a Upper English Street, Armagh, BT61 7BA.

E-mail: michael@youthaction.org

Tel. No.: 028 3751 1624

Website: www.youthaction.org

Facebook: www.facebook.com/YouthActionNI

Twitter: @YouthActionNI

Instagram: @youthactionni

AREA(S) COVERED

- Armagh Area
- All ABC
- Northern Ireland wide with regional offices in Belfast, Derry, Enniskillen, Kilkeel & Newry

NAME OF SERVICE / PROGRAMME

- We offer a variety of youth work & youth work training programmes to young people aged 14 - 25yrs
- We also deliver safeguarding and governance support to Youth & Community organisations

WHEN DOES YOUR SERVICE RUN

Project delivery is at times that suit the needs of the young people engaged i.e. morning, afternoon, evenings, weekends & over residential based work.

Membership support at times that suit the needs of group.

GIVE A BRIEF SUMMARY OF WHAT YOUR SERVICE PROVIDES FOR THE COMMUNITY IN THE ARMAGH AREA

In the Armagh Area, YouthAction offer the following:

- AMPLIFY (Peace Building Youth Work Project)
- CyberQuest (Peace Building Youth Work Project offering accredited IT training)
- Ending Violence Against Women & Girls (Gender Conscious Youth Work Project with young women & men)
- Our Generation (Building Peace through Emotional Resilience Youth Work Project)
- Suite of accredited OCNNI training including Levels 1, 2 & 3 in Youth Work Practice & Youth Achievement Awards
- Membership support including Good Governance Toolkit training & Keeping Safe Training

AGES COVERED BY YOUR SERVICE

14 - 25 yrs

ADDITIONAL INFORMATION

YouthAction is a membership based regional voluntary youth organisation, a charity, with over 80 years history supporting young people & the organisations that are working with them.

Thank to the members of the 2026
Feel Good Armagh Services Networking
Event Planning Group:



ARMAGH LPG

The Armagh Locality Planning Group (LPG) is made up of services and organisations working with children, young people and families across the Armagh and surrounding areas. Any relevant organisation or service can become involved, examples of this being:

Community/Residents Associations, Schools/Colleges,
Playgroups, Church Based Organisations, Sports Clubs, Arts
Based Clubs, Statutory Organisations/Services, Other
Voluntary/Community Organisations

We meet 5 times a year to share information and support, identify relevant local issues and work together to address these. Meetings are informal and alternate between face-to-face and online. We support each other in these challenging times for families.

We also produce a newsletter which includes information and opportunities across the Southern Trust area, including Armagh, which is free to access and also free to advertise in.

To find out more about all of this, contact us at localityplanning@ci-ni.org.uk

Feel Good ARMAGH



For further information, or to add your organisation, contact:

CYPSP Southern Area Locality Development Team

localityplanning@ci-ni.org.uk

<https://cypsp.hscni.net>



AUTUMN 2026