SOUTHERN AREA LOCALITY PLANNING GROUPS

CYPSP
Children & Young People's Strategic Partnership



ISSUE 174

5th November 2026

SOUTHERN AREA
LOCALITY PLANNING GROUPS

CYPSP
Children & Young People's Strategic Partnership

WELCOME

Welcome to Issue 174 of our newsletter, 'FYI' (For Your Information).

Another edition packed with lots of events, workshops, activities, resources and opportunities available across the SHSCT Area.

Do you work or volunteer for a service, organisation or group with a remit or aim to improve outcomes for children, young people and/or families? If so, why not join us at one (or more!) of our final Southern Area Locality Planning Group Meetings of the year - See Page 5 for further details.

Thanks again to all who submitted flyers and information for this edition of 'FYI'.

Keep your updates coming!

Locality Development Team, Southern Area

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EBSNA Scoping - Have Your Say: Help Shape Future Support for Children, Young People and Families

CYPSP is seeking views from professionals, practitioners, schools, voluntary and community organisations, parents and carers, children and young people to help improve our understanding of **Emotionally Based School Non-Attendance (EBSNA)**

The survey will remain open until **Friday 27th November 2026**

Complete the survey HERE

CALLING ALL SOUTHERN AREA LPG MEMBERS!

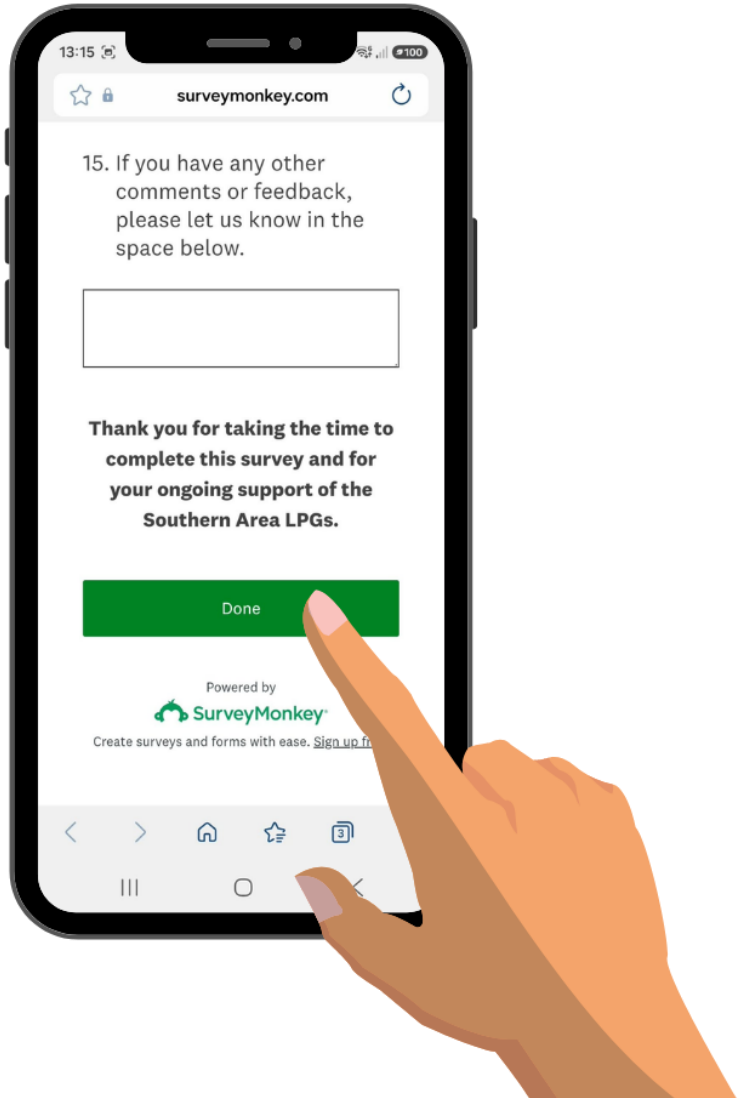
Do you attend any of the following Locality Planning Groups?

Armagh
Banbridge
Craigavon
Dungannon
Newry & Mourne
South Armagh

We are currently considering dates & preferred formats for our 2027 meetings and are also keen to hear your views on the Southern Area LPGs, what we do, and how we might further strengthen partnership links and collaborative working

We encourage you to complete the **Southern Area LPGs Member Survey 2026** HERE

Closing date for responses is **TOMORROW**!



SOUTHERN TRUST AREA

CYPSP UPDATES

SOUTHERN AREA LOCALITY PLANNING GROUPS MEETINGS CALENDAR 2026

CYPSP Children & Young People's Strategic Partnership

ARMAGH	Thursday 8th January Thursday 5th March Thursday 21st May Thursday 3rd September Thursday 5th November	Epicentre Zoom Epicentre Zoom Epicentre	All at 10am
BANBRIDGE	Wednesday 28th January Wednesday 15th April Wednesday 17th June Wednesday 23rd September Wednesday 25th November	Zoom Banbridge Youth Resource Centre Banbridge Youth Resource Centre Zoom Banbridge Youth Resource Centre	All at 10am
CRAIGAVON	Tuesday 13th January Tuesday 10th March Tuesday 12th May Tuesday 8th September Tuesday 10th November	Zoom Brownlow Community Hub Zoom Brownlow Community Hub Zoom	All at 10am
DUNGANNON	Tuesday 3rd February Tuesday 28th April Tuesday 9th June Tuesday 29th September Tuesday 1st December	Zoom Dungannon Youth Resource Centre Zoom Dungannon Youth Resource Centre Zoom	All at 10am
NEWRY & MOURNE	Wednesday 18th February Wednesday 22nd April Wednesday 3rd June* Wednesday 7th October Wednesday 9th December	Newry Youth Resource Centre Zoom Newry Youth Resource Centre Zoom Newry Youth Resource Centre	All at 10am
SOUTH ARMAGH	Tuesday 20th January Tuesday 24th March Wednesday 3rd June* Tuesday 15th September Tuesday 17th November	Zoom N/Hamilton Community Centre Newry Youth Resource Centre Sure Start Camlough Zoom	All at 10am

*Joint Meeting of Newry & Mourne and South Armagh LPGs

FOR ANY RELATED QUERIES, PLEASE CONTACT:

JOANNE PATTERSON (PROGRAMME SUPPORT OFFICER)
TEL: 028 9536 3216 / E-MAIL: LOCALITYPLANNING@CI-NI.ORG.UK



Do you work or volunteer for a service, organisation or group with a remit or aim to improve outcomes for children, young people and/or families?

If so, why not join us at one (or more!) of our 6 **Locality Planning Groups** across the Southern Area

By coming along, you will:

Find out more about what's happening locally for children, young people and families

Meet other key people in the area from similar organisations

Identify the key issues of concern in your local area for families

Work together to do something about it!

E-mail localityplanning@ci-ni.org.uk for further details

SOUTHERN TRUST AREA

TRAINING

Our funding restrictions are such that funded training is only available to those who work/volunteer for a voluntary, charitable, community or faith-based organisation





www.ci-ni.org.uk/training

Children in Northern Ireland

November Paid Courses

Creating and Sustaining Healthy Cultures
Wednesday 11 November, 6:30pm - 9:30pm, Online

Managing Safeguarding Disclosures and Maintaining Wellbeing
Monday 16 November 09:30am - 12:30pm, Online

Nurturing Resilience: Moving Beyond Coping
Wednesday 18 November, 6:30pm - 9:30pm, Online

Children in Northern Ireland

January 2027 Paid Courses

Baby Massage Instructor Training

Thursday 28 - Friday 29 January 2027, 10:00am - 4:00pm, In-person



www.ci-ni.org.uk/training

ACET will be running their next PHA funded online **HIV STIs and Contraception OCN L2 Training Course** on:

Monday 9th, Tuesday 10th, Monday 16th and Tuesday 17th November 2026 from 10.00-11.30am each day

The course will be delivered entirely online via **4 live Zoom sessions**

Please also forward this info on to any colleagues or contacts you think might be interested

We will cover: Sexually Transmitted Infections, Blood-borne viruses - HIV and Hepatitis C, Contraception, Prevention, Condom Use, Local Sexual Health Services

It will be suitable for anyone working or volunteering with either young people or adults in Northern Ireland who would like to improve their understanding of sexual health

The course is funded by the Public Health Agency so free of charge to participants, and is accredited with OCNNI at Level 2

Places are limited to 15 per course and will be allocated on a first-come-first served basis

APPLY HERE

November training sessions

Supporting bereaved students in further/higher education settings

Tuesday 10 November, 9-10am

Child Bereavement UK
REBUILDING LIVES TOGETHER

Child Bereavement UK training for professionals

November training sessions

In depth: Supporting bereaved children and young people

Tuesday 17 November

Child Bereavement UK
REBUILDING LIVES TOGETHER

Child Bereavement UK training for professionals

November training sessions

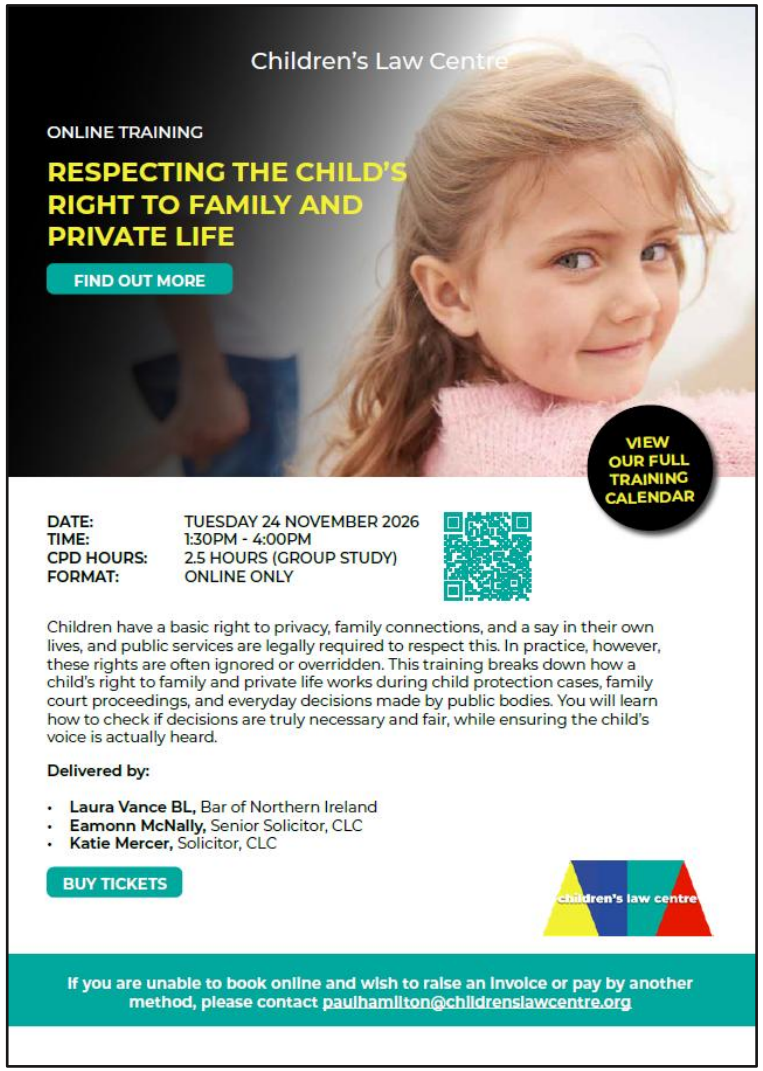
Supporting a bereaved child - for parents, families and carers

Monday 23 November, 5.30 to 6.30pm

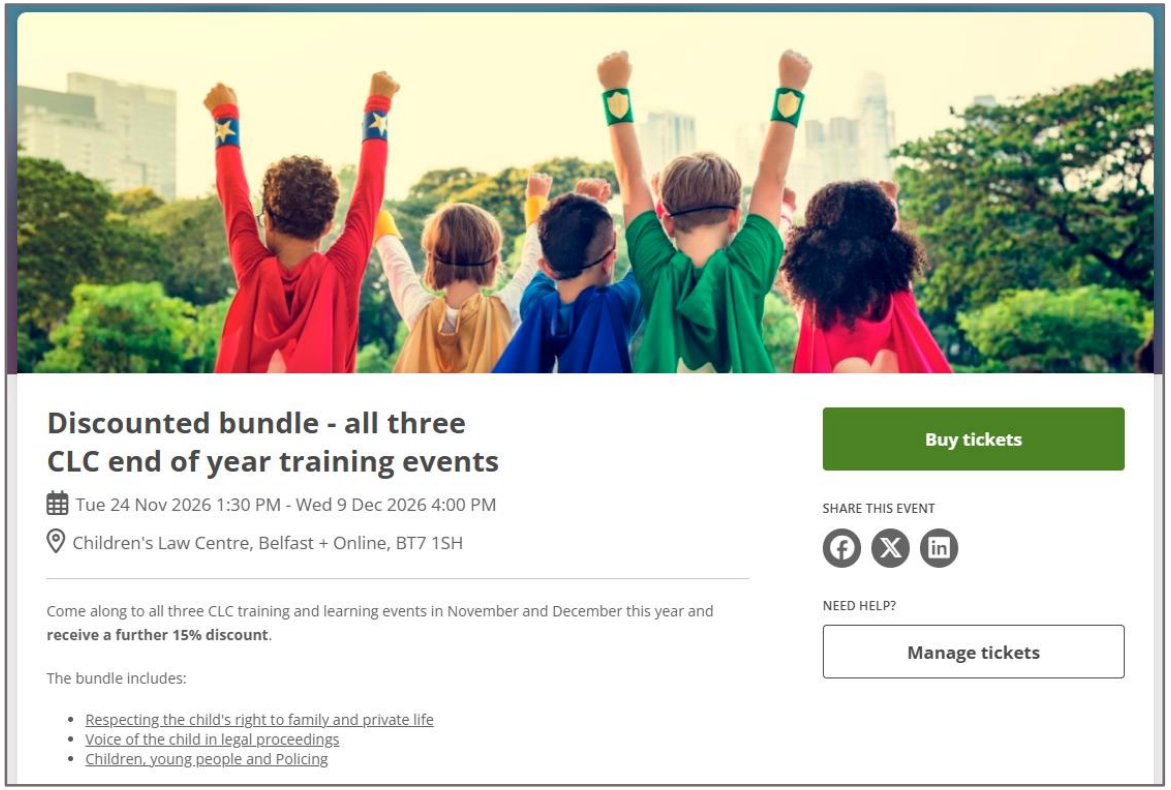
Child Bereavement UK
REBUILDING LIVES TOGETHER

Child Bereavement UK training for professionals

www.childbereavementuk.org/training



www.tickettailor.com/clc/2171573



www.tickettailor.com/clc/2477323

acet



POST QUARAN-TEENS!

Interactive Online Workshop suitable for professionals and volunteers working in the field of family/community/education, etc.

Practical skills for dealing with conflict
Teenage brain development… What the science says
How a parent can really listen to a teenager
Useful resources…and everything else in between!!!

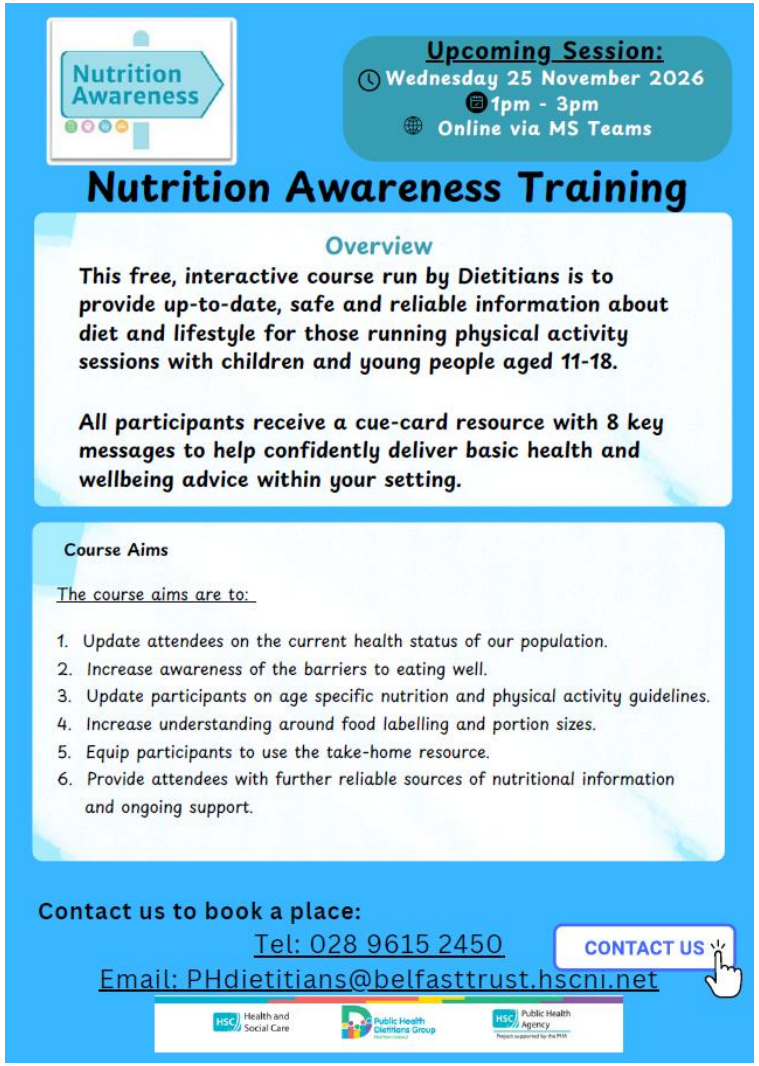
Free of charge

Post-Quaranteens! Online OCNNI Level 2 Tickets, Tuesday 1 December-Wednesday 2 December • 9:30 AM-12:30 PM GMT | Eventbrite

All training and accreditation is funded by the PHA

Accredited at Level 2 by the OCN

Contact Linda Allen (linda@acet-ni.com) for further information





PHdietitians@belfasttrust.hscni.net

www.tickettailor.com/events/clc/2174575

WALK LEADER TRAINING

To equip participants with the skills required to lead safe walks throughout their community and workplaces.



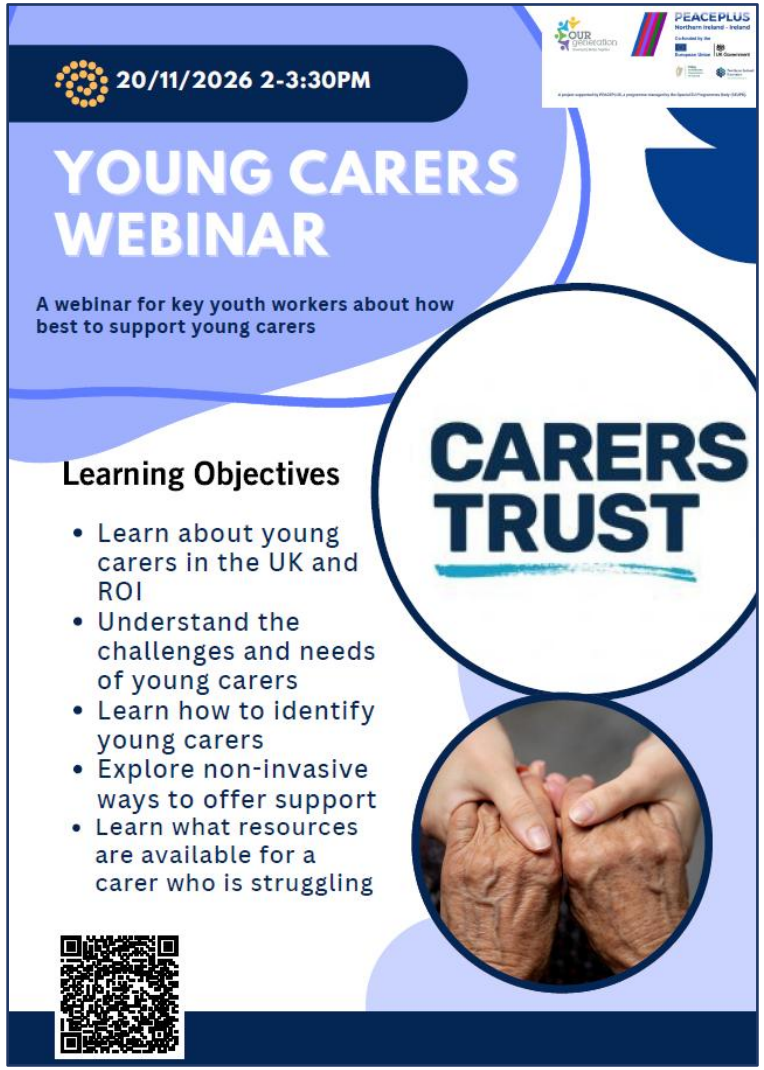
Date	Location	Time
Wed 24th February 2027	Online session	9.30am - 12 noon

For more details and to book a place on a walk leader training course please click here

Southern Health and Social Care Trust

WALKING FOR HEALTH

https://forms.cloud.microsoft/responsepage



www.eventbrite.co.uk/young-carers



www.eventbrite.co.uk/november-imh-lunchtime-learning



www.eventbrite.co.uk/young-carers



Registration Link coming soon…

RCPCH
Royal College of Paediatrics and Child Health Ireland
Leading the way in Children's Health

Every child thriving: Advancing child health in Northern Ireland

The Long Gallery,

Parliament Buildings, Stormont

9th November

Agenda

10am	Tea, coffee and scones/registration	
10:15am	Introduction	Dr Thomas Bourke
10:20am	RCPCH Manifesto and State of Child Health Report	Dr Thomas Bourke
10:35am	A day in the life of a Community Paediatrician	Dr Joe Clarke
10:45am	The case for a Child Death Overview Panel	Dr Julie-Ann Maney
11:00am	Panel discussion	Colin McGrath, MLA (SDLP) Deborah Erskine, MLA (DUP) Órlaithí Flynn, MLA (SF) Nuala McAllister, MLA (Alliance Party)

Enquiries.Ireland@rcpch.ac.uk

National Deaf Children's Society

Tuesday 10th November 2026
Long Gallery, Parliament Buildings, Stormont
Morning Event 9.30 - 11.30am

The event will mark the launch of our forthcoming publication on paediatric audiology services for deaf children in Northern Ireland and will highlight the vital role audiology services play in the identification of deafness, support and opportunities to thrive

We are pleased that George Crockford, Chief Executive Officer of the National Deaf Children's Society, will be joining us for the event, which we hope will bring together MLAs, healthcare professionals, stakeholders and families of deaf children to discuss the current landscape of paediatric audiology services and opportunities to strengthen support for deaf children and young people

If you are able to join us, please do complete this short form to advise of any requirements you may have HERE

FREE LAUNCH EVENTS

Action ON MALE SUICIDE

WHY DO MEN DIE BY SUICIDE AND WHAT NEEDS TO CHANGE?



Join us this autumn for a National Conversation on male suicide, taking place in 7 cities across the UK.

actiononmalesuicide.org

6

NATIONAL CONVERSATIONS

BELFAST



When: Thursday 19 November
10:00am–5:00pm

Where: The MAC, 10 Exchange Street West, Belfast, BT1 2NJ

Book: actiononmalesuicide.org/events

www.eventbrite.co.uk/action-on-male-suicide-belfast-tickets



The **Integrated Education Fund** is delighted to invite you to the launch of two innovative research projects that explore the potential for cross-sector school solutions in Northern Ireland

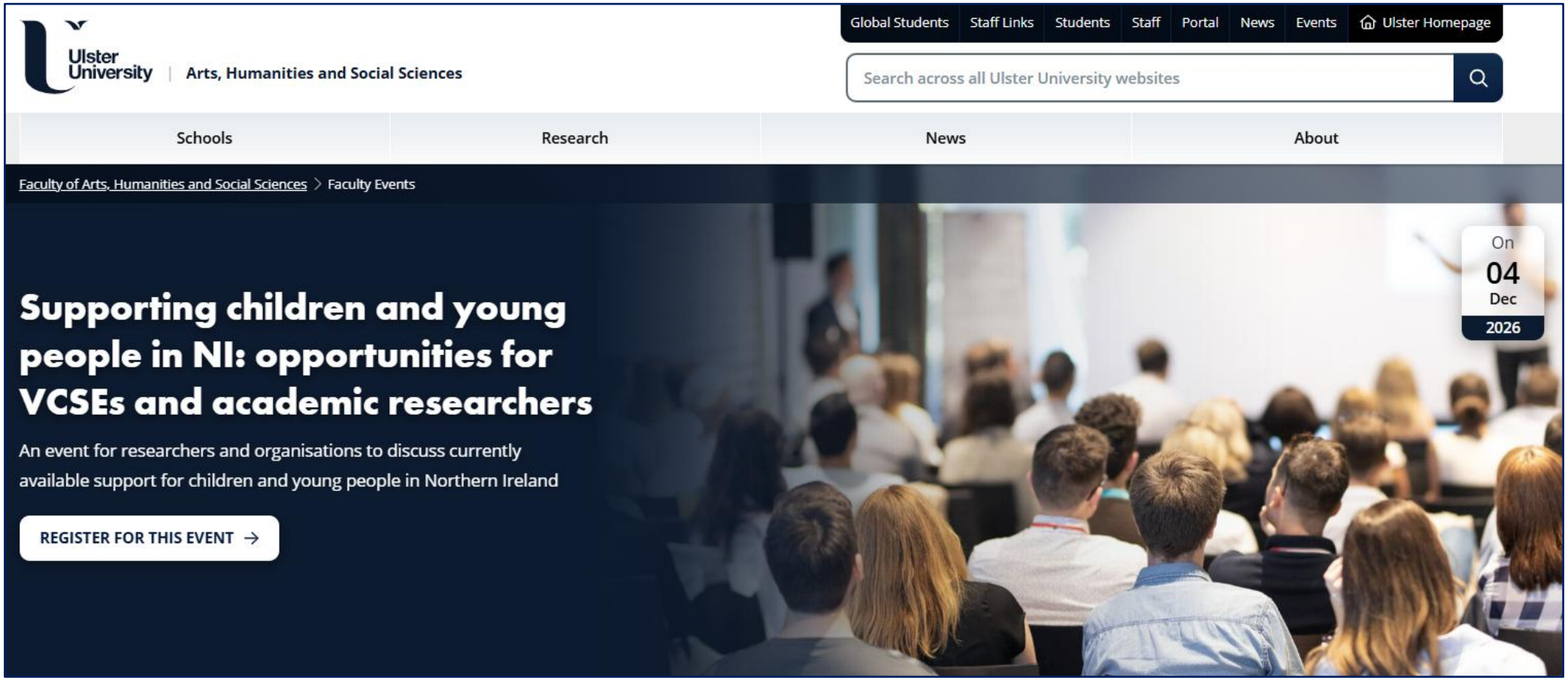
The event will take place at Ulster University, Belfast, on Friday 27th November, 12.30-3pm and we hope you can join us

Please note that registration and lunch will be available from 12pm and the event will start at 12.30pm

To register for your free ticket please visit HERE



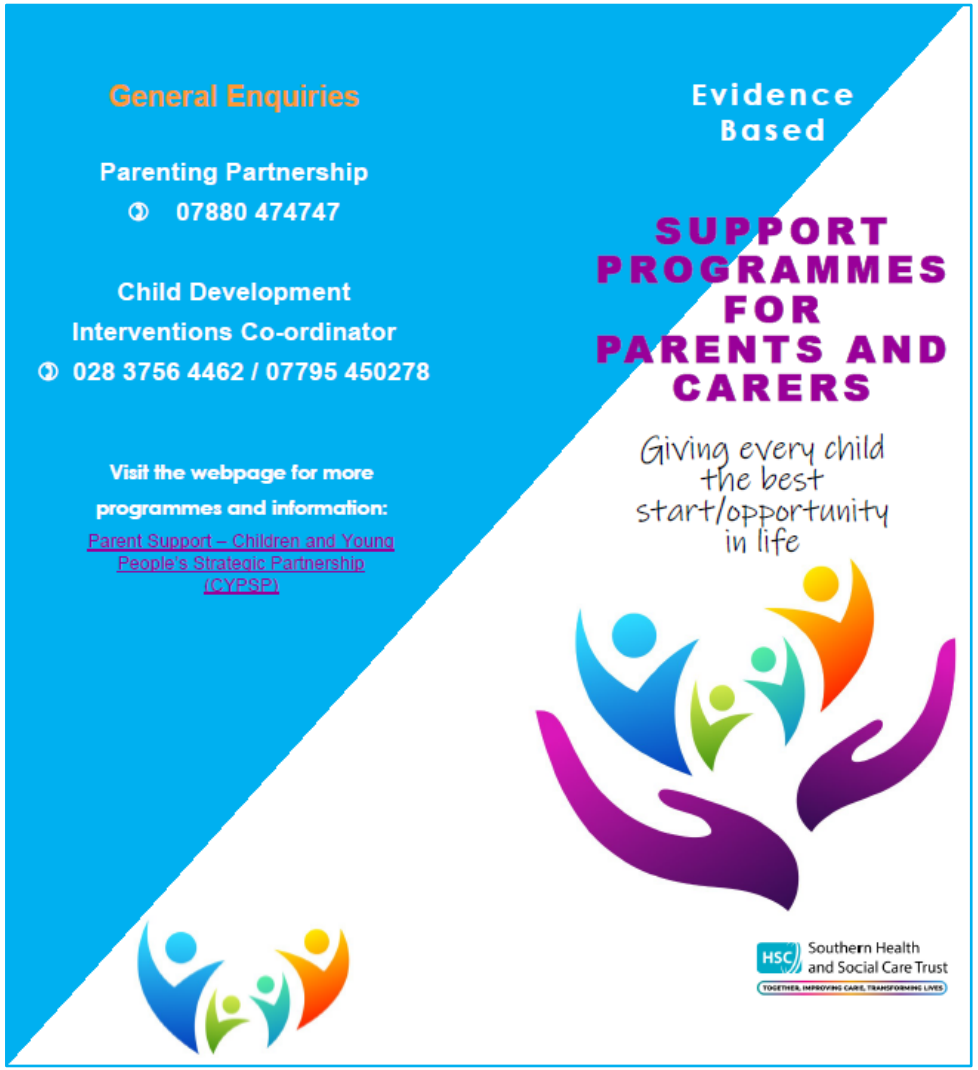
www.womensaidni.org/pathstoprevention



www.ulster.ac.uk/events/supporting-children-and-young-people

SOUTHERN TRUST AREA

PARENTING PROGRAMMES



Evidence-based programmes for parents and carers are now running from September 2026 to June 2027 and are free to access

Parents & carers are very welcome to self-refer or services can apply with consent on a family's behalf

Details have also been uploaded onto the **CYPSP Parent Support Page** HERE

(Please note, additional programmes may be added throughout the year)

SOUTHERN TRUST AREA

WHO WE ARE

The Parenting Partnership is a Trust wide parenting support service that focuses on the delivery of evidence-based support programmes for parents/carers of children & young people aged from pre-birth-18 years. It is a Trust led collaboration between health, social services, education and the community/voluntary sector.

AIM

To provide opportunities for group work support to parents/carers of children and young people in the Southern Trust area in a way that is accessible, meaningful and available at the point of need.

WHERE ARE PROGRAMMES DELIVERED?

Some of our programmes are delivered online and some are face to face in a variety of community settings. They run from September-June each year.

HOW TO ACCESS OUR PROGRAMMES

If you are a parent/carer resident in the Southern Trust Area, you can apply for our programmes using the links overleaf. Family Support Services in the Trust area can also apply on your behalf.



PARENTING PARTNERSHIP

WHAT HAPPENS NEXT?

Once we receive the application we will make contact with the parent/carer to advise of the next appropriate programme.

For further information please contact:

Maria Killen
Parenting Partnership Manager

Email:
parenting.partnership@southerntrust.hscni.net

Phone: 07880 474747

To make an application please scan the QR code or use the link below to apply:

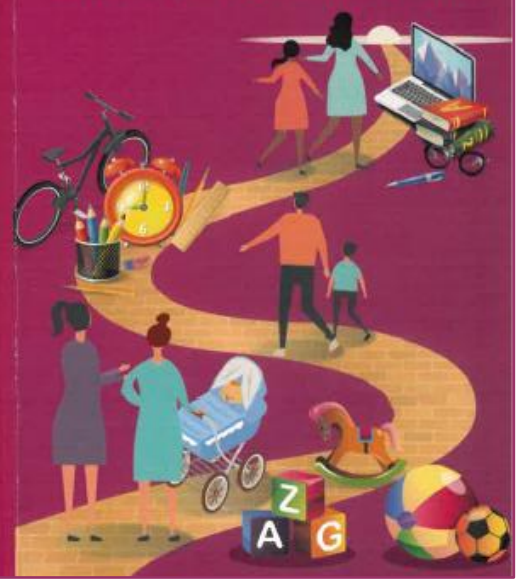
https://forms.office.com/e/KDdPxxQPVU

HSC Southern Health and Social Care Trust

TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

PARENTING PARTNERSHIP

Supporting parents to give their child the best start and opportunities in life



Further information available HERE

SOUTHERN TRUST AREA

PARENTING PROGRAMMES

WHAT PROGRAMMES DO WE DELIVER?

PARENTING PARTNERSHIP

EARLY YEARS PROGRAMMES

PROGRAMME	WHO'S IT FOR?	HOW LONG IS IT FOR?	HOW CAN IT HELP?
Mellow Bumps/Dads to Be	Expectant Mums/Dads to Be From 20+ Weeks gestation	6 weeks	· Prepares parents to welcome their baby into the world · Promotes self-care · Provides a safe place to share experiences
Solihull - Understanding your childs behaviour	Parents/carers of toddlers and pre school children	10 weeks	· Strengthens parent child relationship · Improves child prosocial behaviour · Significant reduction in parental anxiety and stress
Incredible Years Autism and language delay	Parents/carers of children aged 2-6 years with a confirmed Autism diagnosis	14 weeks	· Promotes childs development in communication, language, play and social skills · Helps the children learning self-regulation skills · Reduces stress and challenging behaviour

SCHOOL AGE PROGRAMMES

PROGRAMME	WHO'S IT FOR?	HOW LONG IS IT FOR?	HOW CAN IT HELP?
Parents Plus Childrens Programme	Parents/carers of children aged 6-11 years	9 weeks	· Increases child positive social behaviour · Reduces emotional and behavioural problems · Decreases parental stress · Increases parental confidence
Incredible Years School Age	Parents/carers of children aged 5-12 years	12 weeks	· Increases praising behaviour and positive affirmation by parents · Positive changes in emotional and behavioural difficulties · Increases problem solving · Positive family communication · School readiness and engagement in school activities
Invest in Play	Parents/carers of children 5-12 years	12 weeks	· Reduces child behavioural difficulties · Increases child social skills, self confidence and emotional regulation · Reduces parental stress

TEEN PROGRAMMES

PROGRAMME	WHO'S IT FOR?	HOW LONG IS IT FOR?	HOW CAN IT HELP?
Parents Plus Special Needs	Parents/carers of 11-18 year olds with special needs	7 weeks	· Improves behaviour and emotional regulation · Boosts self esteem of the young person · Helps prepare for transitions · Strengthens family relationships

FOR MORE INFORMATION ON THE SPECIFIC PROGRAMMES AVAILABLE PLEASE VISIT: HTTPS://CYPSP.HSCNI.NET/EBPP/

Further information available HERE



hello@commonyouth.com



The **Support While Waiting Grant Scheme** will enable voluntary and community organisations to provide free support to people on Health and Social Care NI (HSCNI) waiting lists to maintain their health and wellbeing while awaiting treatment

The grant scheme opens for applications on Friday 25th September 2026 and closes at 12 noon on **Friday 6th November 2026**

All eligible Northern Ireland charities are encouraged to apply for grants between £5,000 and £30,000

Proposed projects must provide free support to people on HSC waiting lists and funding must be spent by 31st March 2028

Further information, including the application form and guidance, visit is available on the Department of Health website HERE



Sports Group Grants 2026/27 Now Open!

The **Public Health Agency**, in partnership with **Developing Healthy Communities** through the **Clear Project**, is offering constituted voluntary sports clubs across all five trust areas the opportunity to access training to better support their members, along with up to £500 worth of sports equipment for their club

Closing date for applications is on or before **Friday 13th November 2026 at 3pm**

Further information HERE



Rural Community Network wants to hear from our members and rural communities about what matters most to them

Your views will help inform RCN's future work, including our strategic conversations at the AGM

We want to understand what is working well in rural communities, where the challenges lie, and what needs to change

This is an opportunity to share your experiences, ideas and priorities

The survey should take approximately 3–5 minutes to complete

Take the survey HERE

Southern Health and Social Care Trust

TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

Sexual Health Improvement

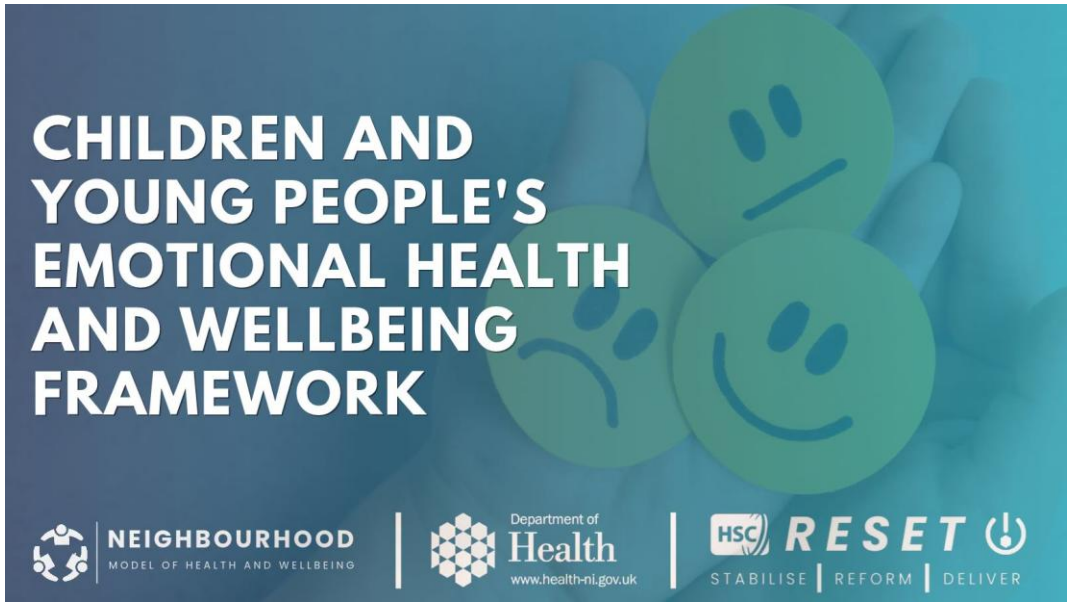
The Sexual Health Improvement Team are seeking your views on the emerging issues, professional skills and educational needs that sexual health professionals within its network would most value developing

Your responses will help us prioritise relevant, practical and accessible learning opportunities

The survey will take no longer than five minutes to complete

We would appreciate if you could respond by **Friday 20 November**

Take the survey HERE



Health Minister, Robbie Butler, has published the finalised

HSC Children and Young People's Emotional Health and Wellbeing Framework

The framework sets out a shared vision for improving the emotional health and wellbeing of children and young people across Northern Ireland over the next ten years, promoting a whole-system approach based on prevention, early intervention, partnership working, and timely access to support

It also recognises that support should be available as early as possible, rather than waiting for difficulties to reach crisis point

Read the full framework HERE



The Department of Health has published the

Young Persons Behaviour & Attitudes Survey 2025: Mental Health & Wellbeing Bulletin

The Young Persons Behaviour & Attitudes Survey (YPBAS) is a school-based survey carried out among 11-16 year olds (school years 8 to 12)

It is commissioned jointly by a number of government departments and includes questions on a wide range of topics - Nine rounds of the survey have now taken place: 2000, 2003, 2007, 2010, 2013, 2016, 2019, 2022 and 2025

This publication presents an overview of the mental health and wellbeing modules from the 2025 Survey

Read the full publication HERE







https://clanryegroup.com/join-clanrye/careers/

November 2026

KING'S TRUST COURSES

All our courses are free to attend and don't impact benefits
We also reimburse transport costs and cover childcare (subject to application)

GET STARTED

Get Started with Brows & Lashes

Age: 16-30 Taster: 9 November
Dates: 16 - 20 November
Location: Belfast
Gain practical experience in a range of techniques, including lash lifting and tinting, lash extensions, and brow lamination and definition.

Get tips and techniques from a professional brows and lashes artist.

Have the opportunity to gain a Beauty Guilds qualification.

Get Started with Content Creation

Age: 16-30 Taster: 16 November
Dates: 23 -27 November
Location: Belfast
On this course you will learn the art of script writing for podcast and video production.

Get valuable support on how to find your audience, and get an introduction to graphic design and visual marketing.

Get Started with PSNI

Age: 16-30 Taster: 19 October
Dates: 2 - 6 November
Location: Various
Learn about the range of opportunities available with the PSNI, including officer roles. Get an introduction to the different areas of policing and the Student Officer training.

Get Started with Make Up

Age: 16-30 Taster: 30 November
Dates: 7 - 11 December
Location: Belfast
Gain practical experience in a range of makeup techniques including skin care, concealing, eyes, brows, lips, and special effects makeup. Have the opportunity to gain a Beauty Guilds qualification.

GET HIRED

Get Hired in Hospitality

Age: 18-30
Dates: 19 - 20 October
Location: Belfast
Develop the skills and confidence needed to start a career in hospitality. Take part in employability workshops while exploring opportunities suited to your interests and strengths. Connect with employers in the hospitality sector and explore pathways into employment.

Get Hired in Health & Social Care

Age: 18-30
Dates: 10 - 11 November
Location: Belfast
Gain insight into the skills needed to get a job in Health and Social Care. Develop your interview skills and learn job application tips.
Get 1:1 support and guidance to help you into the industry.

ENTERPRISE

Age: 18-30
Dates: Available year round
Location: Online with 1:1 support
Take part in expert-led workshops on finance, marketing, business planning, sales, and more. Get support to build a business plan and access grants to help you launch your business.

GET READY

Get Ready for Careers in Coding

Age: 16-30 Taster: 23 November
Dates: 30 November - 11 December
Location: W5 Life, Belfast
Develop practical skills to understand the basic concepts of coding, including HTML and CSS. Create your own multi-page website from scratch.

Discover different routes into coding careers. Work towards OCN NI Level 2 Award in Vocational Skills on Developing Websites, Career Preparation and Planning.

Get Ready for Careers in Digital with W5 Life

Age: 16-30 Taster: 2 November
Dates: 9 - 20 November
Location: W5 Life, Belfast
Develop digital skills and learn about opportunities in STEM.

Build communication, problem-solving and critical-thinking skills.

Work towards an OCN Level 2 qualification in Digital Skills for Life and Work, and gain valuable 1-1 mentoring after the programme.

USEFUL INFO

All our courses:
- are free to attend
- don't impact benefits

We also:
- reimburse transport costs
- cover childcare costs (subject to application)

CONTACT US

outreachni@kingstrust.org.uk
0800 842 842
kingstrust.org.uk

King's Trust

DSN 6411 © The King's Trust 2024 – all rights reserved. The King's Trust is a registered charity incorporated by Royal Charter in England. Registered number RC000772. Registered office: The King's Trust, The King's Trust South London Centre 5 Glade Path London SE1 9EG. Registered charity number in England and Wales 1076675 and Scotland: SC041198.

outreachni@kingstrust.org.uk

VOLUNTEER NOW
Promoting · Building · Advocating

Managing and Motivating Volunteers

Once you've put in the hard work to attract and select a good team of volunteers, it's then important to manage them in the best way possible and ensure they have a great experience. We know that happy and well cared for volunteers make for loyal and long-serving volunteers.

With this in mind, our 3-hour online workshop will show you how to get your volunteer management approach right from the very start.

Join us as we cover best practice in volunteer induction and onboarding, explain how to build and maintain excellent relationship with your volunteers through ongoing support, supervision and recognition arrangements, and even consider how best to solve problems and manage conflicts.

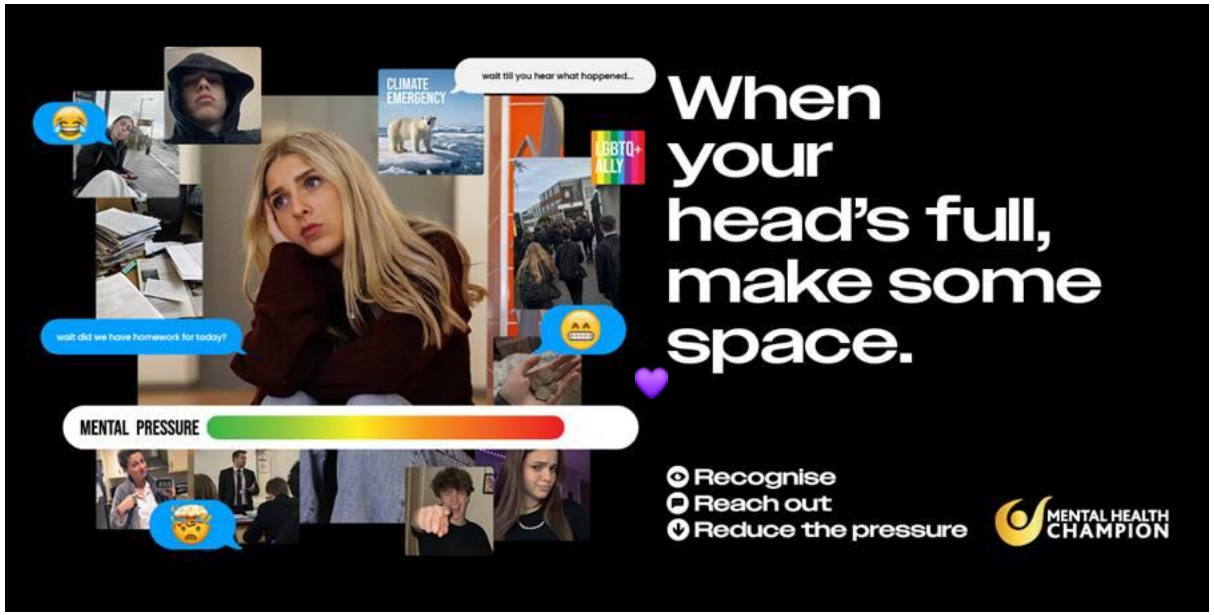
www.volunteernow.co.uk/managing-motivating

Essential Policies & Procedures for Volunteering

In this workshop you will learn how to

- Explain, in your own words, how & why written policies and procedures protect both volunteers and the organisation.
- Identify the key & essential policy /procedure /paperwork that every group should ideally have, whatever its size.
- Recognise good practice and common pitfalls, drawn from real scenarios and shared peer experiences.
- Assess where your own organisation currently stands (using a simple self-audit tool) in comparison to good practice guidelines.
- Leave with a plan of action and at least one concrete, time-bound task to strengthen volunteer management in your own organization.

www.volunteernow.co.uk/policies-procedures



The Mental Health Champion, Professor Siobhan O'Neill, recently launched her new camapign, **'Make Some Space'**

Life for many young people can feel like a balancing act…
Most of the time they navigate these demands successfully, but sometimes the strain can become overwhelming…
They feel they must hide their struggles but pretending 'everything's fine' can take even more out of that person…

By encouraging connections and open conversations at the earliest opportunity, we can help prevent small challenges from becoming bigger problems and ensure young people feel seen, heard and supported

To see more about the campaign, aimed at young people aged 11-19 years old, visit HERE

SOUTHERN TRUST AREA

RESOURCES



https://cypsp.hscni.net/translation-hub



https://cypsp.hscni.net/youth-wellness-web



On 16 April 2026, the **Northern Ireland Executive** agreed proposals for a **Home Heating Oil Support Scheme** to provide financial assistance to households impacted by rising home heating oil costs

The Scheme is funded through a combination of £17.2 million provided by the UK Government and a further £19.2 million from the NI Executive, creating a total support package of £36.4 million to help ease the financial pressures faced by households across Northern Ireland

The Scheme is being delivered by the Department for Communities on behalf of the NI Executive

Funding will provide support of £100 per eligible household in the form of a digital pre-paid card that can only be used with heating oil suppliers in Northern Ireland

Find out more HERE

A LITTLE REASSURANCE

Travel with confidence

Travelling can feel difficult or worrying when you are living with dementia.

LIFT offers a calm, supportive way to stay connected with people, places and everyday life.



Delivered by DART

DART is a registered charity and social enterprise with over 20 years' experience in accessible community transport.

A £430,000 three-year project

Funded by The National Lottery Community Fund.

COMMUNITY FUND

HOW TO GET STARTED

Let's talk about your journey

Call DART to enquire. People living with dementia, their families or carers can ask about LIFT. Healthcare and social care professionals can refer.

1. Register online or by paper form. Family can help.
2. Share mobility, communication and support needs.
3. A short pre-travel assessment may follow before booking.

Jules Jones · LIFT Project Lead

028 3831 7810

07732 746713

info@dartpartnership.co.uk

www.dartpartnership.co.uk

10 Charlestown Avenue, Portadown BT63 5ZF

DOWN ARMAGH RURAL TRANSPORT PARTNERSHIP

lift

Familiar faces. Familiar journeys.



Free supported transport

for people living with dementia and their carers.

Across the Southern Health and Social Care Trust area.

028 3831 7810

SOUTHERN TRUST AREA

FAMILY SUPPORT

WHO IT'S FOR

Support to stay connected

LIFT is for people living with dementia and their carers across the Southern Health and Social Care Trust area.

Armagh · Banbridge · Craigavon
Dungannon · Newry and Mourne

LIFT may be helpful if you:

- Live alone or in a rural community
- Find public or standard community transport difficult to use
- Would welcome reassurance and support when travelling

Support for carers and families is part of the service too.

WHAT TO EXPECT

More support. Less worry.

No charge for eligible journeys

There is currently no charge for eligible LIFT journeys.

Familiar, dementia-aware support

Trained drivers, clear routines and dementia-friendly vehicles.

Support matched to the journey

Additional on-board support may be arranged where available and appropriate.

Journeys to suit your needs

Individual and group travel may be available.

Comfort on board

Sensory items, fidgets and familiar music may be available where helpful.

Please note

All journeys are subject to eligibility, booking and availability.

WHERE YOU CAN GO

Places that matter to you

Subject to suitability and availability, LIFT may support journeys to:

- GP, hospital and healthcare appointments
- Memory clinics and day services
- Dementia cafés and support groups
- Community activities and social events
- Family visits and other important activities

Want to know more?

Call DART to discuss your needs or a referral.

028 3831 7810

info@dartpartnership.co.uk



IT'S OK TO ASK FOR HELP

OUR HELPLINES ARE OPEN

Mon – Thurs 9am – 9pm
Fri 9am – 5pm
Sat 9am – 1pm

Call 0808 8020 400

Calls are FREE from all UK landlines and mobiles

0808 8020 400

parentline@ci-ni.org.uk

www.ci-ni.org.uk/parentline

SOUTHERN TRUST AREA

familysupportNI.gov.uk

Helping You Find the Services You Need

We all need advice and support at different times in our lives....

www.familysupportni.gov.uk provides contact details for various Family Support Services

- ✓ Separating Families
- ✓ Adoption/Fostering
- ✓ Drugs/ Alcohol
- ✓ Support For Carers
- ✓ Cancer Support
- ✓ Domestic/Sexual Abuse
- ✓ Family Support Hubs
- ✓ Bereavement
- ✓ Parenting Support
- ✓ Disability
- ✓ Sure Start
- ✓ Autism



www.FamilySupportNI.gov.uk

E: info@familysupportni.gov.uk Tel: 0845 600 6483

@familysupportni

familysupportNI.gov.uk

Helping You Find the Services You Need



Easy Steps Search

- Go to Family Support
- Choose a Service from categories listed

OR

- 'Keyword Search' e.g.'Child Contact Centre'
- Input Postcode

Other Useful Features

- **TRANSLATION** - Use 'Select Language' at bottom of Page
- Various options can be **printed off** (in English/other language) and given to people to discuss with partner/family
- **Browsealoud** functionality
- **Dedicated telephone and email** which is manned during office hours to respond to public/service providers
- Providers of Family Support Services can quickly add/update details of service provision by contacting **info@familysupportni.gov.uk**

familysupportNI.gov.uk

Helping You Find the Services You Need

Department of Health

HSC Health and Social Care

www.familysupportni.gov.uk

familysupportNI.gov.uk
Helping You Find the Services You Need

Looking for Childcare/Financial Assistance with Childcare Costs?

ALL **REGISTERED** childcare providers are listed on **www.familysupportni.gov.uk** the public register of childcare providers, as required by law.

- Approved Home Care
- Childminders
- Creche
- Day Nursery
- Out of School
- Playgroup
- Statutory Nursery School/Unit
- Summer Scheme





There is also useful related information on this website – including **Financial Assistance with Childcare Costs**

Different types of help towards childcare are available, with support available to working parents through the benefits system, government support schemes or tax relief. The best form of help will be determined by your circumstances

Most working families in Northern Ireland will be entitled to financial support with their childcare costs, although there are some exceptions.

You can only receive help with childcare costs that are being paid to **Registered** or **Approved** childcare providers (as listed on **www.familysupportni.gov.uk**).

T. **0845 600 6483**
E. info@familysupportni.gov.uk
www.familysupportni.gov.uk

@Familysupportni

Easy-Steps Search Guide

Go to Childcare



Select type of provider from Drop-down list.
Then input your **FULL Postcode** and search within 1/5/10 miles.

Results can be filtered (at left of screen) by :

- ✓ **Vacancies**
- ✓ **School Pick-up or Drop-off**
- ✓ **Disability/Complex Needs**
- ✓ **Flexible Working Hours**
- ✓ **Registered for Tax Free Childcare**
- ✓ **Accepts Childcare Vouchers**
- ✓ **Pre-School Funded Places**
- ✓ **Breakfast Club**

Keyword Search – can be used for e.g. town/village or a specific need such as 'autism' or 'epipen' It can also be used If you are looking to contact/ check registration of a particular childcare provider

familysupportNI.gov.uk
Helping You Find the Services You Need

DHSSPS

HSC Health and Social Care

Help with Childcare Costs

The amount of financial support you may be entitled to receive in each scheme will depend on your circumstances. It can be complicated to work out what is best for you but there is help available with this :-

Employers For Childcare Family Benefits Advice Service – provides free, confidential and impartial advice setting out your best options for support, depending on your specific circumstances. The Advisors are available on Freephone 0800 028 3008, Monday to Friday, 9am to 5pm, or by emailing hello@employersforchildcare.org.

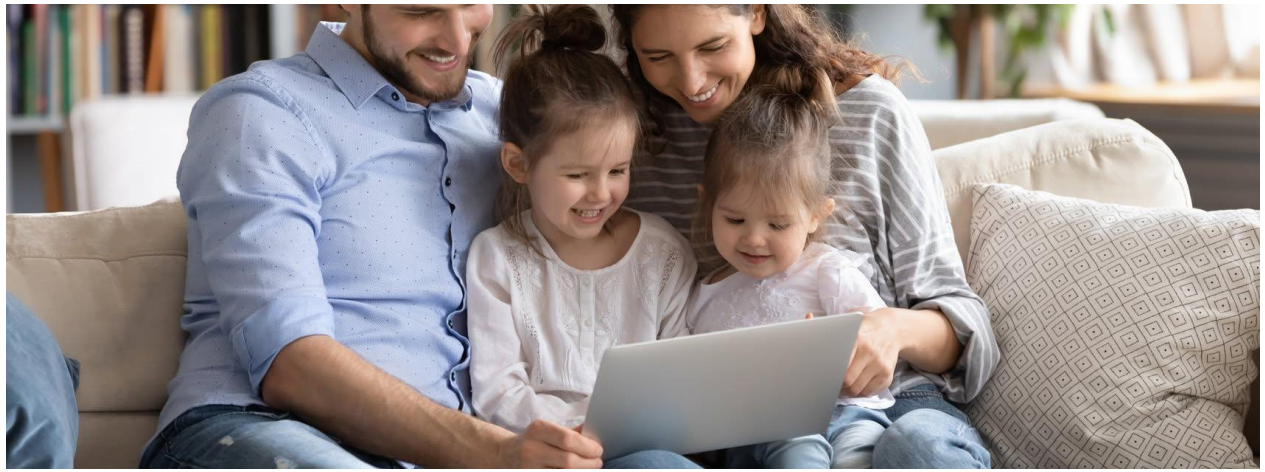
www.childcarechoices.gov.uk is a government website that shows the different types of help available (though not all will be available in Northern Ireland).

Financial help if you have children **https://www.gov.uk/browse/childcare-parenting/financial-help-children** is a government online list of all the main forms of support with the cost of childcare you may be able to claim depending on your circumstances.

www.gov.uk/childcare-calculator – an online calculator that will work out how much money you could get towards registered or approved childcare.

www.familysupportni.gov.uk

familysupportNI.gov.uk
Helping You Find the Services You Need



Family Support NI are delighted to share their new video showcasing the work they do to support parents, practitioners and professionals across NI

The video offers a snapshot of who they are, what they do and the difference their work makes

You can watch the video HERE

If you have any comments or feedback, please click HERE

Please share across your networks and, if you would like to get in contact with the FSNI Team, e-mail: info@familysupportni.hscni.net

SOUTHERN TRUST AREA

Services Available Through The Hub May Include...

Practical Support
Disability Support
Drug & Alcohol Support
Signposting to Other Supports
Emotional Health & Wellbeing
Advice & Guidance
Family Support
Education Support
Youth Support
Parenting Programmes
Behaviour Support
Parenting Support

"The hub linked me with services I didn't know existed"

"It was so simple to make a referral and I got the help I needed"

"After a friend recommended that I contact the hub, I rang and spoke to the hub co-ordinator who helped me to make a self-referral"



There Are 3 Family Support Hubs In the Southern Trust Area

ARMAGH & DUNGANNON HUB
Caroline Williamson
PosAbility, Barnardos
Grange Building Tower Hill
Armagh
BT61 9DR
M: 07514 724926
T: 028 3741 4541

CRAIGAVON & BANBRIDGE HUB
Lisa Grant
NIACRO
26 Carleton Street, Portadown Co. Armagh
BT62 3EP
T: 028 38331168
E: familysupporthub@niacro.co.uk

NEWRY & MOURNE HUB
Allison Slater
Bolster Community
Unit 1, Killeavy Road
Newry
BT35 6UA
T: 028 3083 5764
E: familysupporthub@bolstercommunity.org

Barnardo's Northern Ireland · niacro · Bolster Community

Oh! Design & Print 07858 512722

Southern Area FAMILY SUPPORT HUB

Many families need a little extra help sometimes



Information for Families

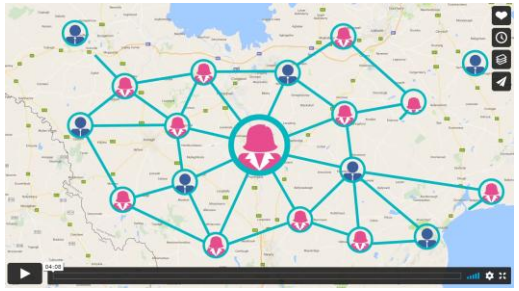
Family Support HUB · Southern Health and Social Care Trust · CYPSP

The 3 **Family Support Hubs** in the Southern Area continue to operate as normal and are open for referrals

Please make any **referrals by e-mail** HERE

Download the **most recent edition** of the **Family Support Hubs newsletter** HERE

Click on the below thumbnail to watch the **Southern Area Family Support Hub promotional video**



SOUTHERN TRUST AREA

What is the Family Support Hub?

- The Family Support Hub is a meeting of representatives from community, voluntary and statutory organisations who deliver services for children and families in your area.
- Each Family Support Hub has a lead body who co-ordinates the meeting and receives the referrals.
- The members of the Family Support Hub are from a range of statutory and community/voluntary agencies who offer services in your area. These agencies include; Education Welfare, Health Visiting, Womens Aid, Homestart, Social Services Surestart and Child and Adolescent Mental Health Services.
- Referrals will not be accepted without your consent. If the young person you are seeking support for is over 16, they must also sign the referral form.
- For more information follow this link https://vimeo.com/216493917

Your Family Support Hub Will

- Meet once a month to discuss referrals to identify and connect you and your family to the service you need at a time when you need it.
- Work in partnership with you and your family.
- Act professionally ensuring all information is treated in a confidential manner.

How The Hub Works

A referral form is submitted to your local hub-coordinator.

The Hub Co-ordinator may contact you for more information prior to the Hub meeting.

Hub Co-ordinator will present all referrals received to the monthly meeting. The Hub members will then discuss your referral and aim to match your family to the best service for you.

Only core Hub Members attend the meeting, you will not need to attend.

You will receive a letter from the Hub Co-ordinator to let you know what service was identified as most appropriate to meet your needs.

The service that was identified as most appropriate will then contact you directly.

You can choose whether or not you wish to accept the support that has been offered. You are in control.

What Are The Criteria For Making A Referral To The Hub?

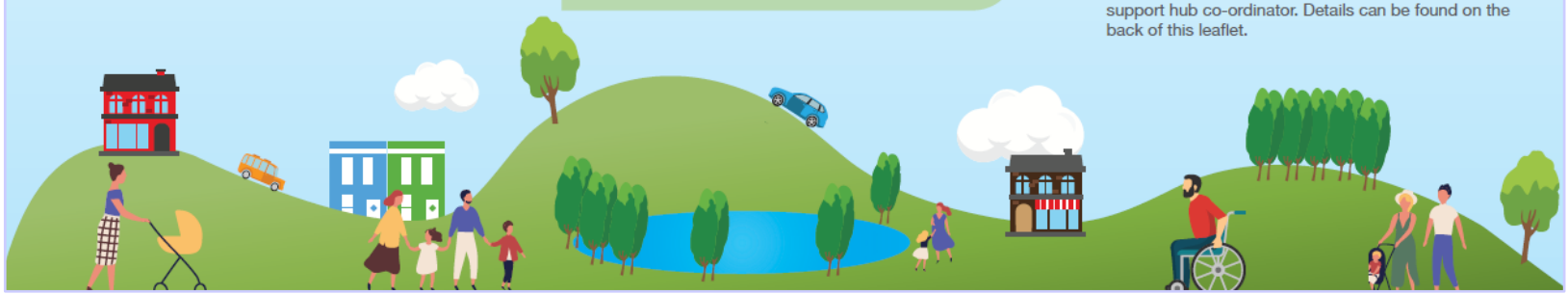
- Your family would like support - this is a voluntary process and you can withdraw your referral at any time.
- You are a family with children aged 0 -17 years.
- No social worker currently involved with your family.

Some of the challenges the Hub can help with

- Children's wellbeing
- Managing behaviours
- Social isolation
- Family routines
- Domestic violence
- Change of family situation
- Support with young children
- Alcohol / drug misuse
- Establishing boundaries .i.e tech
- Teen issues

Who Can Refer To The Hub?

- You can make a self-referral to the family support hub or a referral can be made by anyone working on your behalf i.e. teacher, doctor, health visitor or community group.
- You can download a referral form from http://www.cypsp.hscni.net/family-support-hubs/ or just pick up the phone and call your local family support hub co-ordinator. Details can be found on the back of this leaflet.




EMERGENCY DEPARTMENT
YOUTH WORKERS
CRAIGAVON AREA HOSPITAL
ea
Education Authority
LOOK OUT FOR THE YELLOW T-SHIRTS!
You can identify youth workers by their yellow t-shirts while on shift.
HERE TO SUPPORT YOUNG PEOPLE AGED 15-25
WHAT WE OFFER
1-to-1 confidential support
Advice and guidance
Help to make safer, positive choices
Signposting to local services and ongoing support
WE CAN HELP IF YOU ARE...
In distress or crisis
Affected by alcohol or substance use
Experiencing emotional or mental health difficulties
Involved in risk-taking or harmful situations
WE'RE HERE FOR YOU
Aoileann
07974 534561
Megan
07974 534599
WHEN ARE WE AVAILABLE?
Youth workers are available in the Emergency Department
6 DAYS A WEEK
NEED SUPPORT FOR A YOUNG PERSON?
If you know someone who could benefit from speaking to a youth worker, please
INFORM ED STAFF.
WORKING TOGETHER FOR BETTER OUTCOMES
SUPPORTING YOUNG PEOPLE AT THE RIGHT TIME CAN MAKE A LASTING DIFFERENCE.



New protections are now in place to help reduce young people's access to vaping and nicotine products and support the next generation to grow up free from nicotine addiction

By helping to prevent children and young people from taking up smoking, we can support healthier lives for everyone.

Find out more HERE



Children can catch and spread flu easily, and it can be very unpleasant for them - It can also lead to serious health complications

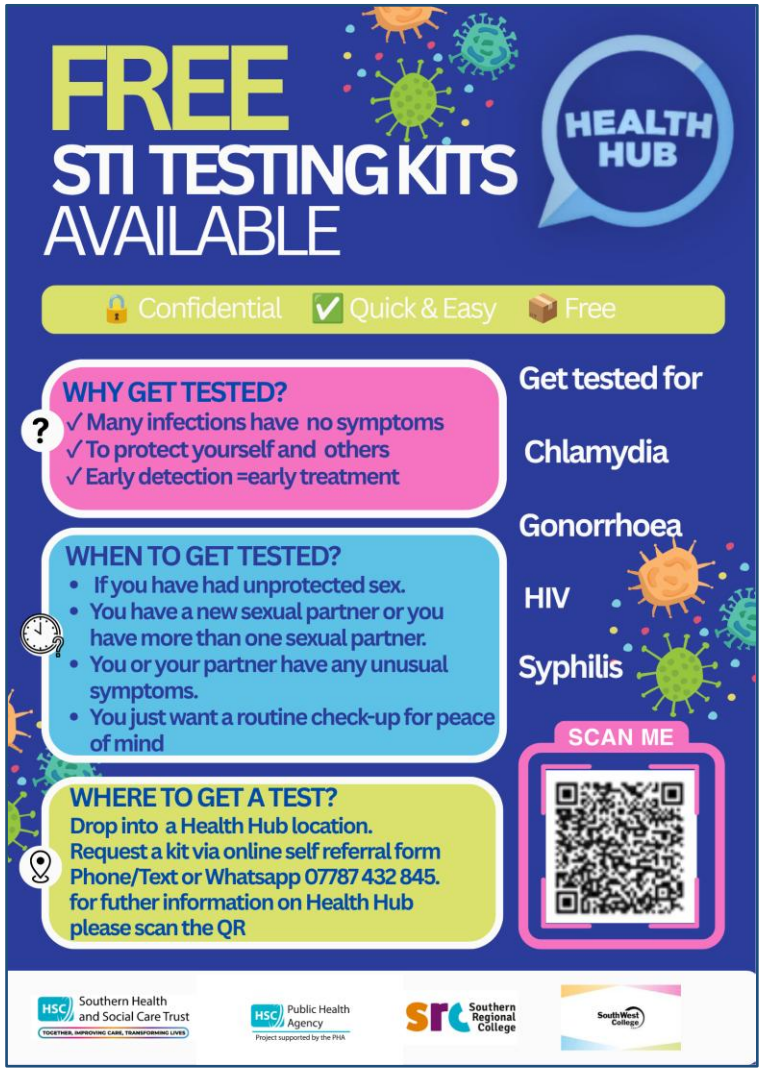
Vaccination helps protect them, as well as others who are at higher risk of getting seriously ill from flu, such as babies, anyone who's pregnant, and older people

Most kids get the vaccine in the form if a quick, painless spray up the nose - It only takes a second, but can help provide the protection needed for them and others over the winter

Look out for the flu vaccination consent form coming home in their schoolbag, complete it and return it so they don't miss out on getting vaccinated

Find out more HERE





https://southerntrust.hscni.net/the-health-hub

ABC COUNCIL AREA





tracy@bolstercommunity.org

fap@armaghbanbridgecraigavon.gov.uk

ABC COUNCIL AREA



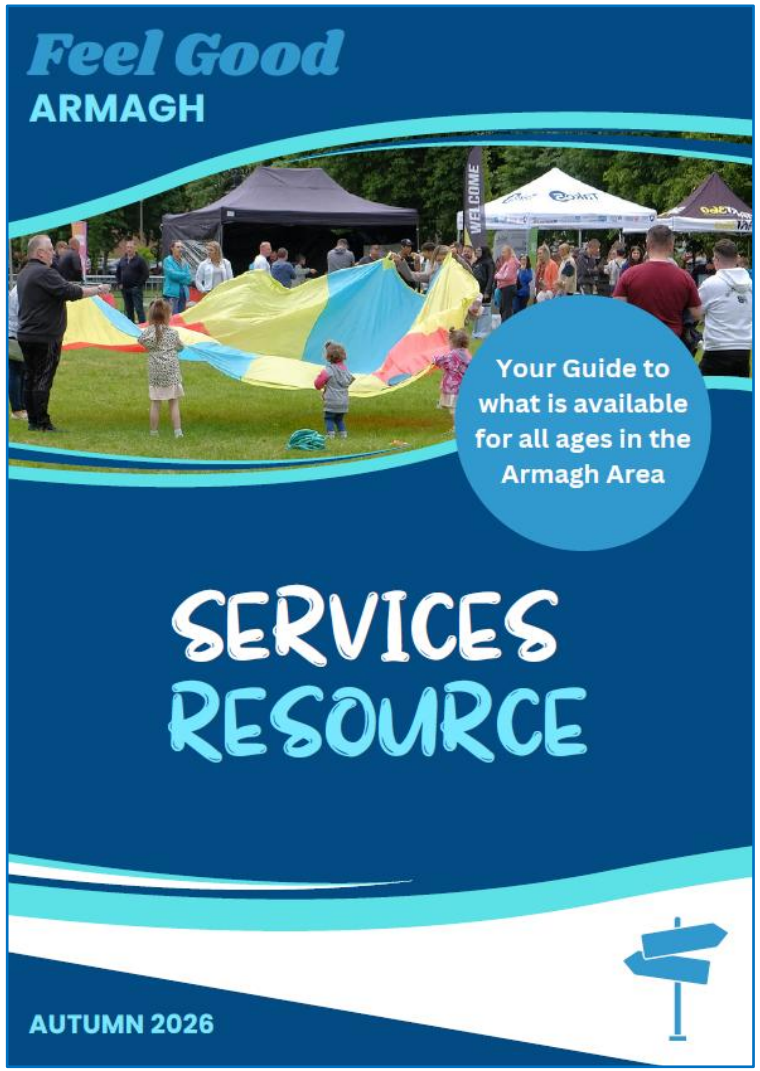
www.facebook.com/photo

ABC COUNCIL AREA



www.eventbrite.com/keep-it-in-the-family

ARMAGH LPG AREA



2026 Edition of the Feel Good Armagh Services Resource NOW Available!

This FREE resource gives you information on a range of supports and opportunities available for all ages in the Armagh Area

Feel Good Armagh is a local multi-agency initiative aimed at increasing awareness of support and services for all ages of communities in the Armagh Area

Since 2023, member organisations have hosted an annual event with the aim of connecting people of all ages with local organisations, under the Feel Good Armagh banner

Services evolve, funded programmes are sometimes only temporary and personnel can change, so the Autumn 2026 edition of the Feel Good Armagh Services Resource provides an updated version of last year's booklet

Download the Feel Good Armagh Services Resource 2026 HERE

If your organisation is not included in this year's edition, but you would like to be, please e-mail localityplanning@ci-ni.org.uk

We hope you find the information included useful and please do share the details on!

ARMAGH LPG AREA

Armagh Foodbank
Together with Trussell

Christmas appeal

Help support your food bank this Christmas

In the three weeks leading up to Christmas, the food bank will provide over 200 food parcels for local individuals and families facing hardship.

Donate food

Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

Donate money

Help to cover the costs of storing and distributing food, as well as developing sustainable projects.

Shopping list

- Tinned meat/fish
- Tinned veg/fruit
- Cooking sauces
- Coffee
- Milk (UHT or powdered)
- Cereals
- Fruit juice (long-life)
- Tinned pudding
- Jam
- Instant mashed potato

Armagh.foodbank.org.uk

Scan QR code to donate

DELETE this note after reading: to change the colour to blue or yellow click on the pink shape and go to Shape Format - Fill.

www.Armagh.foodbank.org.uk



Early Years Programme x 8 weeks

An evidence-based programme for parents of children aged 1-9 years with mild to moderate special needs, promoting well-being, learning and connected family relationships.

- Develop close, connected relationships with your children.
- Build your children's self-esteem, confidence and independence.
- Support children's communication and learning.
- Help children regulate and manage big emotions.
- Support children through behavioural and emotional challenges.
- Establish positive daily routines in the home.
- Manage stress and better understand your own needs.
- Learn to problem solve and to get the support you need as a parent.

Early intervention support through the Family Support Hub for Parents/Carers of children 1-9 years in the **Armagh/Dungannon locality**

Register your interest

Date/Time: Every Tuesday for **8 weeks** starting **19th Jan 2027** **9.45am-12.15pm**

Location: Grange Building, TOWERHILL, Armagh, BT61 9DR

Contact: Maria 07880474747 or Caroline 07561024675

Southern Health and Social Care Trust

ParentsPlus
Empowering Professionals to Support Families

BARNARDO'S NORTHERN IRELAND

07880474747 / 07561024675

BANBRIDGE LPG AREA



changinglivesnimh@gmail.com

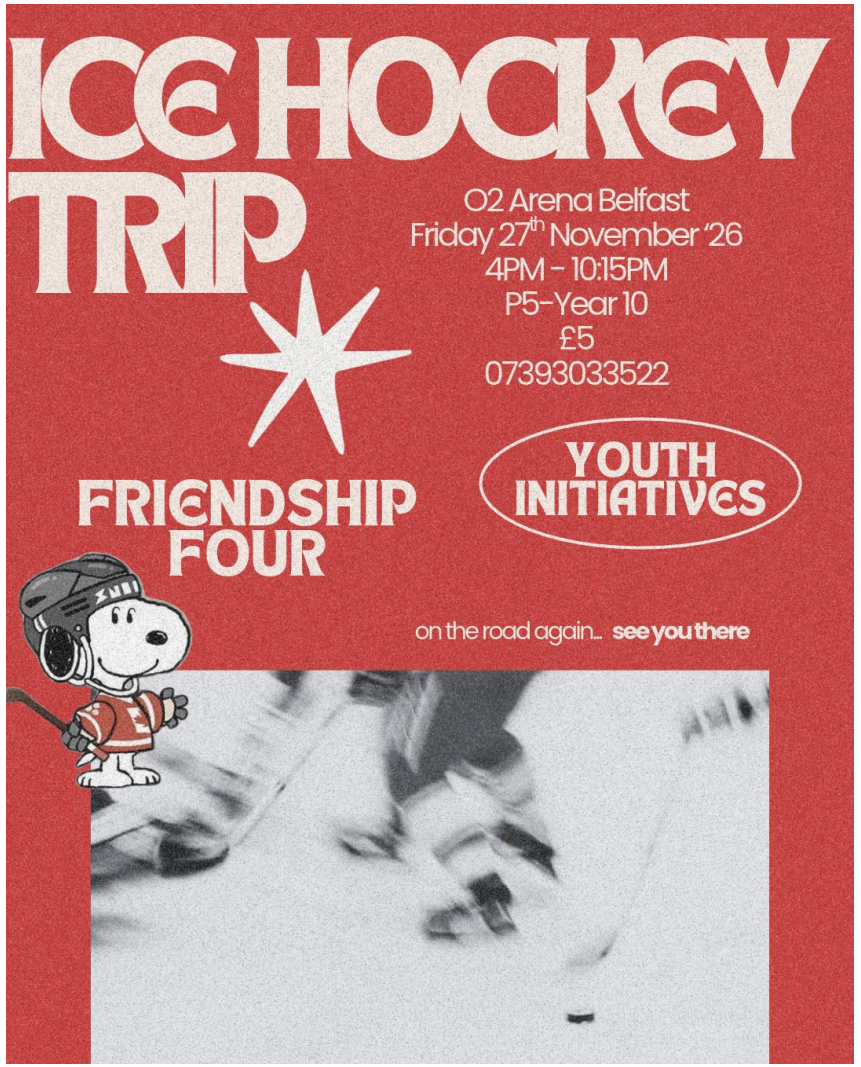


emily.smith@armaghbanbridgecraigavon.gov.uk

BANBRIDGE LPG AREA



07393033522



07393033522

BANBRIDGE LPG AREA



https://docs.google.com/forms



https://docs.google.com/forms

BANBRIDGE LPG AREA







lucinda@futureproofni.org

BANBRIDGE LPG AREA







lucinda@futureproofni.org

BANBRIDGE LPG AREA







lucinda@futureproofni.org

BANBRIDGE LPG AREA

INCREDIBLE YEARS

Southern Health and Social Care Trust

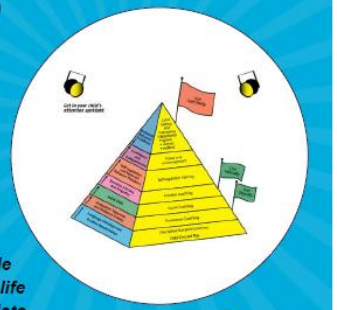
TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

Autism and Language Delay Programme

This programme is available to parents/carers of children aged 2-6 resident in the Southern Trust area, with a confirmed autism diagnosis or awaiting assessment.

Parents/carers will be supported to:

- Promote their childs development in communication, language, play and social skills
- Help their child learn self-regulation skills
- Reduce stress and challenging behaviour



In the parenting groups trained Incredible Years facilitators use video clips of real-life situations to support training and stimulate parenting group discussion.

When: Starting on Tuesday 12th January 2027
Time: 10.00am – 12.00pm
Duration: 14 weeks
Location: Banbridge Leisure Centre, 15 Downshire Place, Banbridge BT32 3JY

For further information/to make a referral please contact Maria:
Email: parenting.partnership@southerntrust.hscni.net
Mob: 07880 474747



PARENTS PLUS

Children's Programme

An evidence-based parenting programme on promoting confidence, learning and positive behaviour in children aged 6 to 12 years.

9 week programme for parents/carers starting
Thursday 14th January 2027 from 10am-12 noon (online)

Priority will be given to families in the Craigavon/Banbridge area. Referrals will however be considered for families across the Southern Trust

For further information, please contact Maria:
Email: parenting.partnership@southerntrust.hscni.net
Mob: 07880 474747

Click or scan here for the Referral Form

BOLSTER COMMUNITY

ParentsPlus

Southern Health and Social Care Trust
TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

Delivery Partners: Parenting Partnership & Bolster

parenting.partnership@southerntrust.hscni.net

parenting.partnership@southerntrust.hscni.net

BANBRIDGE LPG AREA



www.thestiginitiative.com

CRAIGAVON LPG AREA

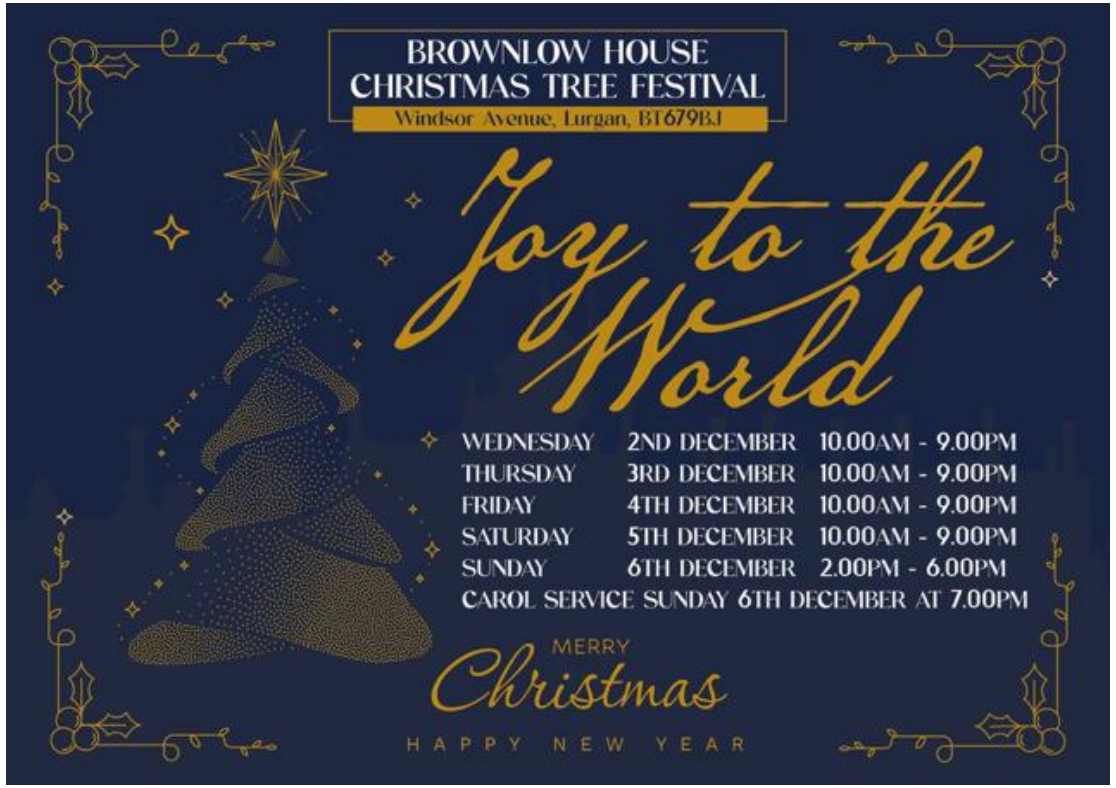


https://docs.google.com/forms



Families / Organisations

CRAIGAVON LPG AREA





parenting.partnership@southerntrust.hscni.net

NEWRY & MOURNE LPG AREA





padraig.harte@nmandd.org

tracy@bolstercommunity.org

NEWRY & MOURNE LPG AREA



https://tinyurl.com/4nfzfnyd



https://tinyurl.com/86ttswse

NEWRY & MOURNE LPG AREA

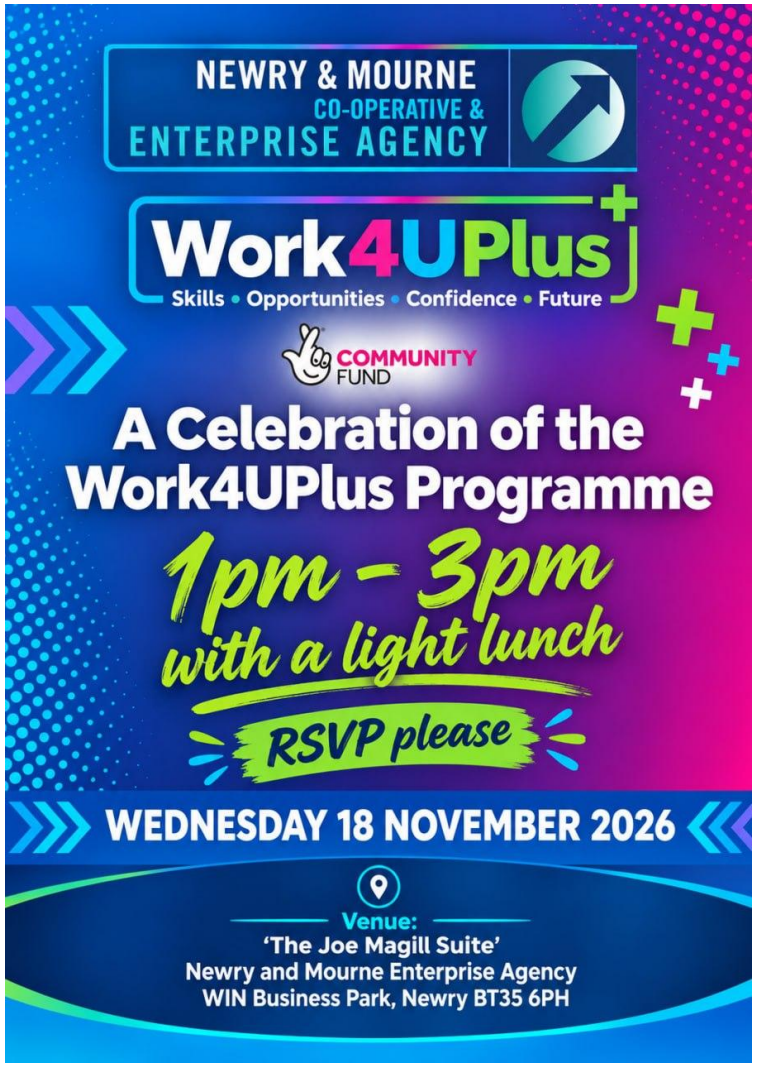




Kilmorey Arms Hotel / Millbrook Lodge / Canal Court Hotel

padraig.harte@nmandd.org

NEWRY & MOURNE LPG AREA



www.work4uplus.com



https://bookwhen.com/ffksolutions

NEWRY & MOURNE LPG AREA





bronagh.demeillers@volunteernow.co.uk

margaretkennefick@simoncommunity.org

NEWRY & MOURNE LPG AREA



The Larder Newry is looking for volunteers to support a food collection in Tesco Newry from 26-28 November 2026

Just a few hours of your time can help collect food and donations for people in need across our community

Find out more and register HERE

NEWRY & MOURNE LPG AREA



Parents & Carers

Are you parenting an adolescent with special needs/additional support needs and living in the Newry & Mourne Area?

Join our **Parents Plus 'Special Needs Programme'** and meet other parents in a supportive group to help your adolescents reach their full potential.

Support your child to:

- ➔ Learn social skills and build friendships
- ➔ Deal with puberty and sexuality
- ➔ Gain confidence and self-esteem
- ➔ Be more independent

As a parent, learn how to:

- ➔ Personally cope and manage stress
- ➔ Deal with the challenges of adolescence
- ➔ Support the needs of your other children
- ➔ Manage challenging behaviour

Dates: Wednesday 13th January-Wednesday 3rd March 2027 (7 weeks)
Time: 10am-12.30pm
Location: St Pauls High School, 108 Camlough Rd, Bessbrook BT35 7EE

For more information please contact:
Maria Killen, Parenting Partnership
Phone: 07880 474747 **Email:** parenting.partnership@southerntrust.hscni.net

Click or scan here for the Referral Form

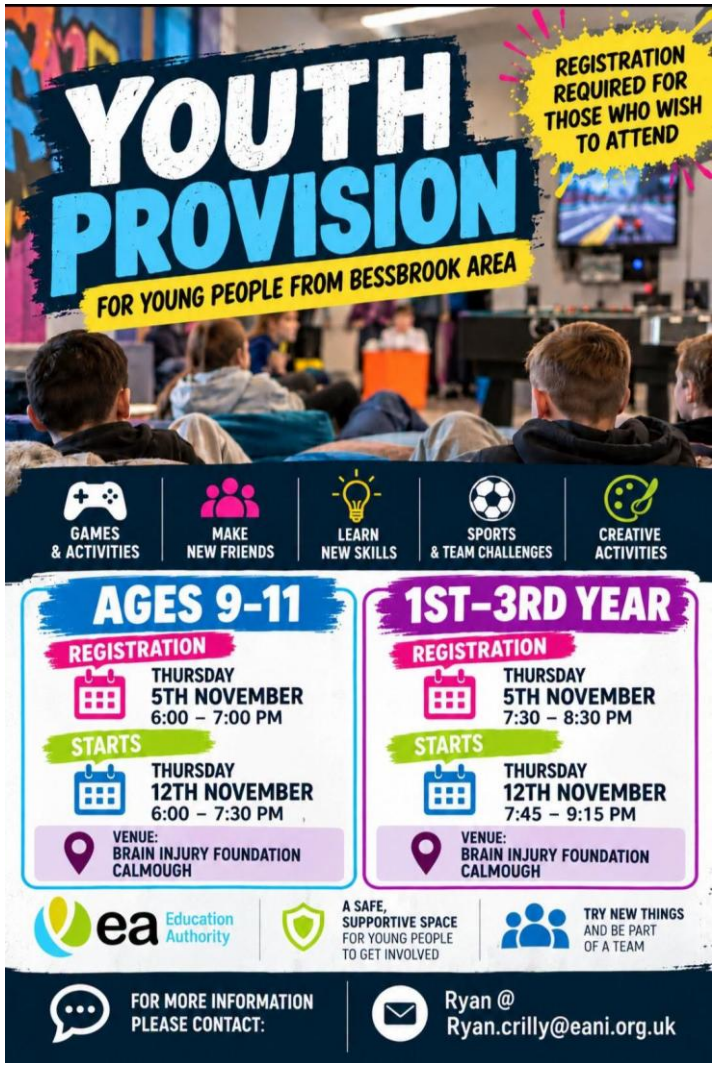
HSC Southern Health and Social Care Trust
TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

ParentsPlus

Delivery Partners: Parenting Partnership & MDT

parenting.partnership@southerntrust.hscni.net

SOUTH ARMAGH LPG AREA





ryan.crilly@eani.org.uk

DUNGANNON LPG AREA





jamie.greer@volunteernow.co.uk

DUNGANNON LPG AREA

first steps Women's Centre
Support. Educate. Empower.

COST OF LIVING SUPPORT

THURSDAY 26/11/26- 10.00-11.30



Does managing money & bills feel impossible?

Do you really struggle to think about saving even a little for a rainy day?

Does banking & E-banking stress you out?

Are you a woman over the age of 18 & currently unemployed?

WE CAN HELP!

Contact:
FSWC.TARA@GMAIL.COM
02887727648

Ministry of Housing, Communities & Local Government | Rural Economic Accelerator Programme | SWC South West College

fswc.tara@gmail.com

NEW!

REAP Employment Programme

Are you unemployed, over 18 years old & not receiving Job Benefit? REAP is a FREE programme where women who would like to gain employment can receive support to help them take their next steps.

How can we help?

1:1 Mentorship:
Time to discuss your individual needs,current barriers to employment & to create a plan together to help you move forward.

Support workshops:
Workshops aimed at breaking barriers to employment such as: finances, childcare concerns, Making a CV, interview skills & confidence building.

Additional support:
Links to other wellbeing programmes, English language courses, citizenship mentoring, community & cultural links, counselling & support services.

Employer & recruitment connections
Opportunities to meet prospective employers & recruitment events

Ongoing Support:
Follow up from staff, once employed for up to 6 months.

What will you need to do?
This programme is a pressure free partnership approach to gaining employment. We will provide support & access to activities for those seeking work. Childcare & transport can be organised to help you attend- Free of charge also.

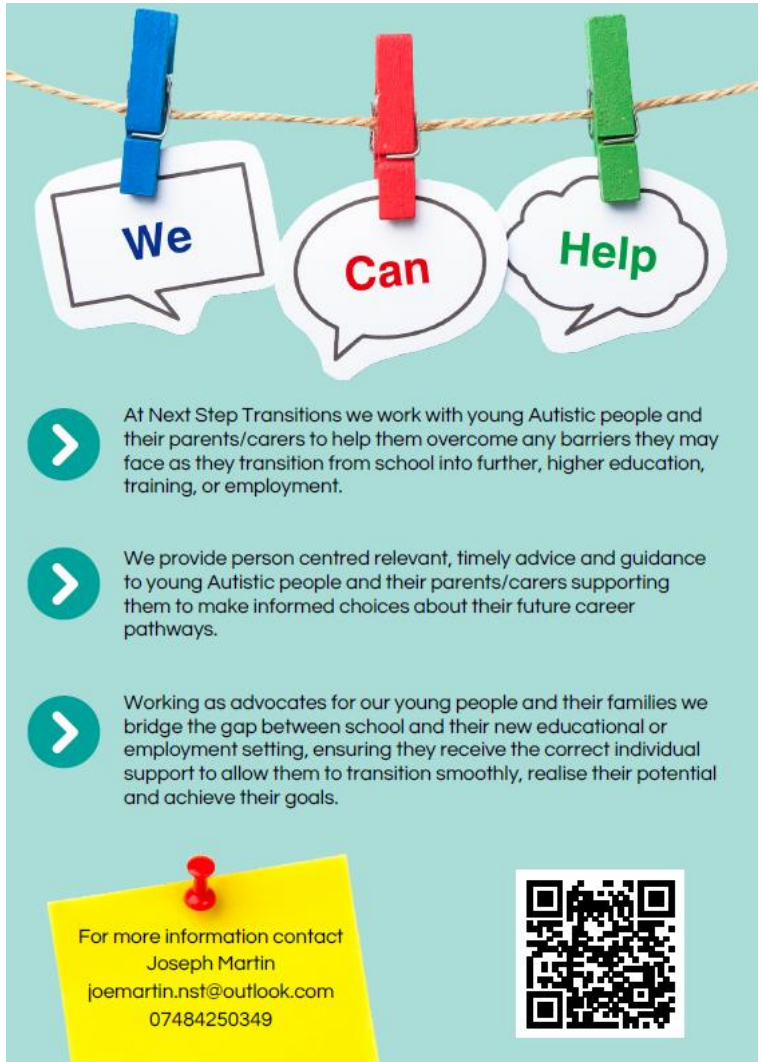
How can I access this?
Contact Tara on: 02887727648
or fswc.tara@gmail.com

SWC | Fermanagh & Omagh District Council | first steps Women's Centre | UK Government | Rural Economic Accelerator Programme | Community Fund

fswc.tara@gmail.com

DUNGANNON LPG AREA





joemartin.nst@outlook.com

SOUTHERN AREA LOCALITY PLANNING GROUPS

CYPSP Children & Young People's Strategic Partnership

SUBMISSION

- Submit the information in the format you would like it to be included. We can't transform a word-heavy document into a flyer.
- Less words, bigger pictures!
- We do not advertise or endorse those events or programmes which are privately funded as a business.
- Information will usually be included for x1 edition, unless otherwise requested.

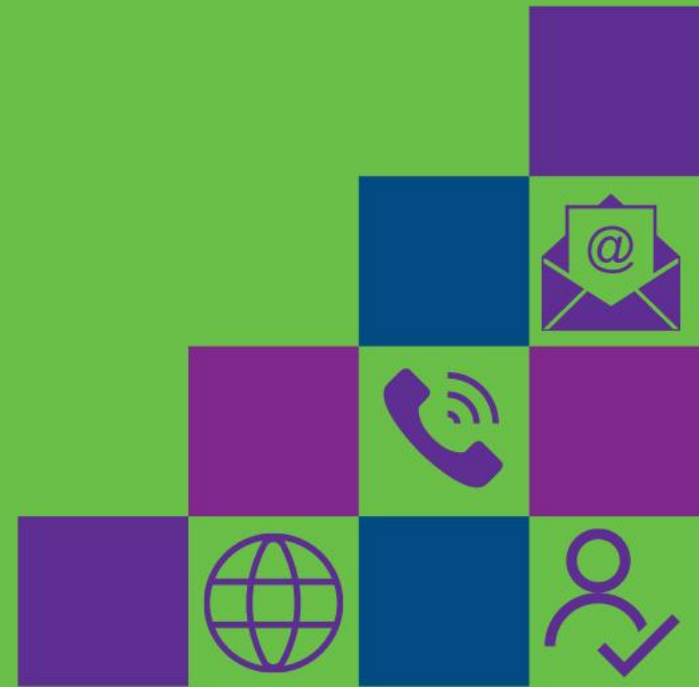
GUIDELINES

- 'FYI' will usually be issued every three weeks, on a Thursday. Please send your articles for inclusion by 4pm of the Tuesday prior to this.
- We may have to decline to advertise information which is not applicable to better outcomes for children and young people.
- Your feedback is welcome. (We are not perfect, but strive to be as good as we can.)
- Please let us know if 'FYI' has helped your service, event or activity in any way.

Click on the below issue nos. to view recent editions of 'FYI':

Issue 173
15th October 2026

Issue 172
24th September 2026



SOUTHERN AREA LOCALITY PLANNING GROUPS

CYPSP
Children & Young People's Strategic Partnership

UPCOMING 2026 LPG MEETINGS

Craigavon	Tues. 10th Nov
South Armagh	Tues. 17th Nov
Banbridge	Wed. 25th Nov
Dungannon	Tues. 1st Dec
Newry & Mourne	Wed. 9th Dec
Armagh	Jan 2027 (TBC)

Meetings are usually scheduled to begin at 10am

Formats will alternate between face-to-face & Zoom

(Refer to the Meetings Calendar on our Linktree)



SCAN QR CODE FOR INSTANT ACCESS TO OUR INFO. HUB

For further information on Locality Planning or 'FYI', contact:

Joanne Patterson (localityplanning@ci-ni.org.uk)

CYPSP, 2nd Floor, Health & Social Care Board, Tower Hill, Armagh. BT61 9DR

'FYI' NEWSLETTER CALENDAR JULY TO DECEMBER 2026

CYPSP
Children & Young People's Strategic Partnership

JUL	ISSUE 169	Publication: 23rd | Deadline: 21st
AUG	ISSUE 170	Publication: 13th | Deadline: 11th
SEP	ISSUE 171	Publication: 3rd | Deadline: 1st
	ISSUE 172	Publication: 24th | Deadline: 22nd
OCT	ISSUE 173	Publication: 15th | Deadline: 13th
NOV	ISSUE 174	Publication: 5th | Deadline: 3rd
	ISSUE 175	Publication: 26th | Deadline: 24th
DEC	ISSUE 176	Publication: 17th | Deadline: 15th



Please submit your artwork in a print-ready format (jpeg, png or pdf) to localityplanning@ci-ni.org.uk

CYPSP
FYI
For Your Information

Advertise in our upcoming issue!

Circulation Date:
26th November 2026
Copy Deadline:
24th November 2026

localityplanning@ci-ni.org.uk

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