

## Emotional Wellbeing Teams in Schools (EWTs)

A Programme of support for Post-Primary Schools



**What is this programme about?** The EWTs programme has been developed in conjunction with CAMHS as part of the implementation of the [Children & Young People's Emotional Health and Wellbeing in Education Framework](#). The main focus of the Framework is to provide overarching guidelines to support those working in educational settings to help them promote emotional wellbeing and strengthen self-esteem and resilience in all our children & young people.

EWTs is a dedicated team of practitioners who have relevant qualifications and experience working with children and young people. Your school will be assigned a named practitioner who will work with your school in line with your school model over one academic year to offer support for capacity development in the following areas related to emotional wellbeing:

### Information

about emotional wellbeing using shared language that can more easily be understood by everyone

### Knowledge

for teachers and pupils through a range of training and educational resources

### Services

in the community to ensure your school has access to people with skills to provide support for emotional wellbeing needs

### Student Voice

forums to support pupils to be active participants in ensuring their EWB needs are met

### Champions

who are staff members at all levels to support, excite and challenge around your school's EWB issues

### EWB Networks

across education, health and the voluntary sectors, collaborating together to ensure more timely and accurate support for pupils

**We are currently oversubscribed for the academic year (2023-2024) and no longer accepting Expressions of Interest for this year.**

However, [the next call for EOIs \(2024-2025\) is expected to open in March 2024](#) and schools that have not received the programme will be contacted with an invitation to apply. In the meantime, if you have any queries about the programme or would like to read more, please [click here](#).