

inourplace



Online course for residents of Northern Ireland 'Understanding your baby'

11 Modules

Available 24/7

Take any time. Any place.

This course gives you information about your baby's brain development and physical and emotional development.

It integrates the traditional information given on a postnatal course with this new approach to developing your relationship with your baby.

Some of what this course covers:

- Understanding feelings: Both your own and your baby's
- How to respond to crying
- Developing healthy sleep patterns
- Understanding your baby's feeding
- Understanding your baby's childcare



*Sign In or Registration required

Languages: Professionally translated into Modern Standard Arabic, Welsh and Urdu. Plus more using Google Translate widget.



For technical support, contact: 0121 296 4448 or <u>solihull.approach@uhb.nhs.uk</u>