

Online course for residents of Northern Ireland

'Understanding your child'

11 Modules

Available 24/7

Take any time. Any place.

Popular online course about being the best parent, grandparent or carer you can be. Covers from 0-19 years.

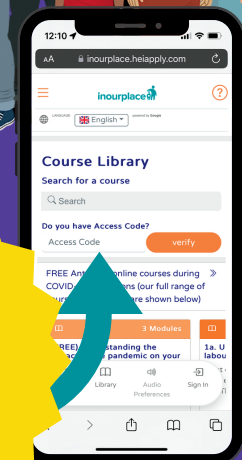
Award-winning content you can trust; written by Psychologists, Psychotherapists, Health Visitors and NHS Professionals.

Some of what this course covers:

- How your child develops
- Tuning into what your child needs
- Responding to how your child is feeling
- Having fun together
- Why is sleep important
- Self-regulation and anger



FREE
using the
Access Code*
NIFAMILIES



*Sign In or
Registration
required

Languages: Professionally translated into Bulgarian, Modern Standard Arabic, Simplified Chinese, Somali, Welsh and Urdu. Plus more using Google Translate widget.

www.inourplace.co.uk

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