

# Understanding your preterm or sick baby

Online courses for parents and families of babies receiving neonatal care



To support you to develop your relationship with your baby



Easy-to-follow modules, access online anytime, anywhere



Postnatal course uniquely tailored by clinical psychologists in partnership with health professionals and parents



**9 out of 10** parents would recommend inourplace courses



**1-in-7** babies receive neonatal care  
You are not alone



[www.inourplace.co.uk](http://www.inourplace.co.uk)

Courses for parents from bump to 19yrs+. Nurturing mental health and wellbeing for all children, parents, carers and grandparents