

Emotional resilience for the everyday

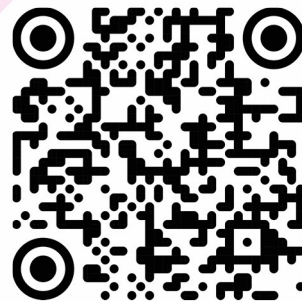
Online learning pathways for your parenting journey and important relationships.

- Antenatal and postnatal learning pathways for the foundations of emotional health
- Children's early development and behaviour
- Special educational needs and disabilities (SEND)
- Adolescence and young people's mental health
- Adult emotional health including trauma

togetherness.co.uk/northern-ireland

Residents of **NORTHERN IRELAND**

In paid partnership with:



For free access, use access code:

NIFAMILIES