

Teen programmes

Programme: Odyssey Parenting Your Teen x 2 Prog's

Attendees: Parents and Carers
Start date: **Programme 1—Tues 26th Sept 2023**
Priority for Armagh & Dungannon Area

Programme 2— Wed 24th Jan 2024
Priority for Craigavon & Banbridge Area

Duration: 8 Weeks (7pm—9pm)
Location: Face to face-to be confirmed
Facilitators: Parenting NI
Enquiries/Referrals: 080 880 10722 (Freephone)

Programme: Parents Plus Special Needs Programme

Start date: Tues 3rd October 2023
Duration: 7 weeks (10am—12.30pm)
Location: Newry Teachers Centre
Attendees: Parents/carers of young people 11-18 years with a learning disability in Newry/Mourne area
Facilitators: Parenting Partnership and Newry MDT Team
Enquires/Referrals: Parenting Partnership— 07880474747
parenting.partnership@southerntrust.hscni.net
Newry GP MDT Team—07503937693
john.flett@southerntrust.hscni.net

Programme: Parents Plus Special Needs Programme

Start date: Tues 12th September 2023
Duration: 7 weeks (10am—12.30pm)
Location: Online
Attendees: Parents/carers of young people 11-18 years in the Southern Trust with a confirmed Autism diagnosis.
Facilitators: Clanrye
Enquires/Referrals: Claire.convery@clanryegroup.com
07483 059876

Programme: Parents Plus Special Needs Programme

Start date: Thurs 1st Feb 2024
Duration: 7 weeks 10am—12.30pm)
Location: Face to face-to be confirmed
Attendees: Parents/carers of young people 11-18 years in the Southern Trust with a confirmed Autism diagnosis.
Facilitators: Clanrye and Parenting Partnership, Southern Trust
Enquires/Referrals: Clanrye 07483 059876
Claire.convery@clanryegroup.com
Parenting Partnership— 07880474747
parenting.partnership@southerntrust.hscni.net

Additional contacts / information

Lorraine O'Neill

Parenting Partnership Manager
CASS Centre, Lough Road, LURGAN
t: 028 38 310920 / 07880 474747
e: lorraine.oneill2@eani.org.uk

Martina McCooey

Child Development Interventions Co-ordinator
Southern Health & Social Care Trust
Promoting Wellbeing Division
t: 028 3756 4462 / 07795 450278
e: martina.mccooey@southerntrust.hscni.net

For further information on these and
other programmes please
visit our webpage:

www.cypsp.hscni.net/ebpp/



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PARENTING SUPPORT PROGRAMME DELIVERY

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the best
start/opportunity in life
in life.*



2023 / 2024
Southern Trust

	Programme Name	Attending	Start Date	Duration / Time	Location	Referrals/Enquires	Additional info
Early Years	Mellow Bumps <u>x 4 Programmes</u>	For Mums to be	1.Tues 29 Aug '23 2.Wed 1st Nov '23 3.Thurs 11th Jan '24 4.Tues 23 April '24	7 weeks 6.30pm—8.30pm	Online	E: mellow.parenting@southerntrust.hscni.net t: 028 3756 4489	Referrals taken at any time for later programmes For Mums to be 20+ weeks gestation
	Mellow Dads	For Dads to be	Fri 6 Oct '23	7 weeks 10.30—12.30pm	Splash Surestart Craigavon	e: mellow.parenting@southerntrust.hscni.net t: 028 3756 4489	Referrals considered from across Southern Trust area
	Solihull 'Understanding Your Child' (0-5 years)	Parents/ Carers	Wed 17 Jan 24	10 weeks 7pm—9pm	Online	Enquiries / Referrals: Parenting Partnership t: 07880 474747 e: parenting.partnership@southerntrust.hscni.net	For parents of children in Day-care, Child-minding & Nursery settings across the Southern Trust Delivery by Parenting Partnership
	Parent/Infant Programme Suite (0-4 months) <u>x 4 programmes</u> Inc of Incredible Years Baby	Parents/ Carers & Babies	Newry, A & D (Moy) & Banbridge-Oct '23 Craigavon Nov 2023	19 weeks (IY Baby 8 weeks)	Newry A & D Banbridge Craigavon/ Portadown	info@homestartnewry.com 028 3026 6139 homestartad@btconnect.com 028 8778 9489 homestartbanbridge1@btconnect.com 028 4062 6234 homestart.craigavon@bopenworld.com 028 3834 5357	For parents/babies 0-4 months <u>living outside Sure Start areas</u> in the Southern Trust. This face to face Parent/Infant Programme Suite includes Incredible Yrs, Infant massage, sensory play and sleep support
	Incredible Years Baby (0-4 months)	Parents/ Carers & Babies	Thurs 25 April 24	8 weeks 10am-12pm	Newry Teachers Centre	Enquiries / Referrals: t: 07880 474747 e: parenting.partnership@southerntrust.hscni.net <u>or</u> jenna.hanna.Z00536@gp.hscni.net t: 07385462726	Preference given to parents of babies 0-4 months at time of programme in the Newry & Mourne locality. Delivery Partners: GP MDT Team and Parenting Partnership
	Incredible Years Autism & Speech & Lang Delay Programme (2-6 years) <u>x 3 Programmes</u>	Parents/ Carers Parents/ Carers	Thurs 14 Sept '23 <u>or</u> Thurs 11th Jan 24 Wed 31 Jan 24	14 weeks 10am—12pm 14 Weeks	Online STEP Dungannon	Enquiries / Referrals: Parenting Partnership t: 07880 474747 e: parenting.partnership@southerntrust.hscni.net STEP 028 87750211 Bernadetta.viana@stepni.org	For parents of children 0-6 with a confirmed Autism diagnosis Delivery Partners: Parenting Partnership & Southern Trust Autism Services For parents/carers of children with a confirmed Autism diagnosis living in the Dungannon and Coalisland Neighbourhood Renewal Areas
School Age	Incredible Years School Age (5—12 years)	Parents/ Carers	Wed 13 Sept '23	12 weeks 10am-12pm	Online	Enquiries/Referrals: Parenting Partnership t: 07880 474747 e: parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> Parenting Partnership & Bolster Community. Priority for families from the N & M area
	Incredible Years School Age (5-12 years)	Parents/ Carers	Tues 19 Sept '23	12 weeks 10am-12pm	Online	Enquiries / Referrals: Parenting Partnership t: 07880 474747 e: parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> BCM & Parenting Partnership. Priority to families from A & D area
	Incredible Years School Age (5-12 years)	Parents/ Carers	Wed 10 Jan 24	12 weeks 10am-12pm	Online	Enquiries / Referrals: Parenting Partnership t: 07880 474747 e: parenting.partnership@southerntrust.hscni.net	Delivery Partners: Parenting Partnership & Parenting NI. Priority for families from C & B area
	Incredible Years School Age (5-12 years)	Parents/ Carers	Wed 10 April 24	12 weeks 7—9pm	TBC	Enquiries / Referrals: Parenting Partnership t: 07880 474747 e: parenting.partnership@southerntrust.hscni.net	<u>Delivery by:</u> Parenting Partnership Available to families across the Southern Trust
	Incredible Years School Age (5-12 years)	Parents/ Carers	Thurs 11 April 24	12 weeks 10am—12pm	TBC	Enquiries / Referrals: Parenting Partnership t: 07880 474747 e: parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> Parenting Partnership & Tier 2 CAMHS. Available to families across the Southern Trust Area.