

This is our health.

A new relationship between people and the health and care system

This is our health is designed to reshape how people and the health system work together.

It focuses on how people manage their health day to day and what they are willing to do differently in practice. It recognises that most of what shapes our health happens in everyday settings, like at home, with family and in our communities, not just when we use health and care services.

Take part online



<https://consultations2.nidirect.gov.uk/hsc/tiohbhsc>

www.thisisourhealth.org.uk

thisisourhealth@hscni.net

This is our health.

Programme Summary

Northern Ireland needs a new conversation about health. One that strengthens people's sense of contribution, builds confidence in what they can do for themselves and each other and helps protect the capacity of the health and care system for the moments when it is most needed. Currently, demand for health and care is rising faster than the system can sustainably meet. On its current trajectory, the gap between rising need and available capacity will continue to widen.

Consider a spectrum of health and care. At one end are the areas where only a professional system can act, such as emergency care, surgery, acute medical intervention, diagnostics, therapies and hospital admission. At the other end are the everyday things that keep people well, such as relationships, movement, food, purpose and community connection. These everyday things are critical to health and wellness, but they don't require and shouldn't rely on the formal system.

If more people feel able and supported to do the small daily things that help them stay well, the system can focus on the areas where professional expertise is essential. This creates greater capacity, resilience and stability over time.

The aim of "*This is our health*" is to understand what a shared promise, or "deal", between the public and the health and care system might look like. A capacity-building promise where:

- The health and care system protects and invests in the things the public need most, and
- People contribute in the ways they are able to, for themselves, their families and their communities

so that everyone stays as well as possible and between us all we can deliver more.

To shape this responsibly, we need to hear people describe:

- What helps them stay well
- The part of the system they most need us to protect
- What they feel able to contribute by supporting themselves and those around them

The conversations themselves are part of the intervention. When people talk openly and without barriers about what keeps them well, and when they hear themselves say out loud what they can do, their sense of identity and agency shifts. These small shifts, at scale, add up. And when people go on to share these messages through conversations with others, the impact spreads naturally.

Our engagement model is designed around this. We will start early in 2026 with visible, accessible, in-person conversations in public spaces, then extend naturally into peer-to-peer sharing and wider participation through partnerships and digital and media channels.

We will collect thousands of insights to analyse and reflect back to people across Northern Ireland, and we will use these to frame a new "deal" to share in the Autumn. We also hope to hear hundreds of powerful stories that will make this feel very human, real and important as the work evolves.

If you have any information you would like to share across our Locality Planning Group members in Belfast please email:

LocalityPlanning@belfasttrust.hscni.net

Drama, Art and Digital Arts Academies this Summer



We're delighted to announce that Digital Arts Academy Summer Programmes will be returning across July & August 2026, delivering another exciting Summer of creative opportunities for young people across Belfast.

This year's programmes will run from 6th July - 21st August 2026 across a range of venues in the North, South, East and West of the city, delivered on behalf of **Belfast City Council PEACEPLUS Youth Empowerment initiative**.

The programmes are completely free to attend for boys and girls aged 9-12. **Please note these places are available only to participants who did not previously attend our 2025 summer camps and will be automatically checked against previous applicants info & post codes.**

All sessions are designed to be modern, creative and engaging, while embedding positive good relations themes throughout the overall programme experience.

Whether participants are interested in digital creativity, performance, storytelling, collaboration or developing new skills, the programmes provide a welcoming & inspiring environment to learn, create & connect.

Participants can choose from either morning or afternoon sessions running consecutively from Monday to Friday:

Morning Sessions Mon - Friday Take Place
09:00 - 12:15

Afternoon Sessions Mon - Friday Take Place
13:00 - 16:15

Across these five-day programmes, young people can take part in either:

- Digital Arts Workshops - Digital Arts Academy
- Drama & Arts Workshops - Beam Creative Network



[Belfast City Council PEACEPLUS Registration Form | Digital Arts Academy](#)



Belfast City Council

The Belfast Local Community Action Plan is supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB).

BEAM CREATIVE NETWORK
DRAMA & ART
SUMMER 2026

DIGITAL ARTS
ACADEMY
SUMMER 2026



PEACEPLUS
Northern Ireland - Ireland

Co-funded by the
European Union UK Government
Northern Ireland Executive



Belfast
City Council

The Belfast Local Community Action Plan is supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB).

5 X FREE HALF DAY WORKSHOPS IN GOOD RELATIONS ART & DRAMA OR DIGITAL ARTS, ELIGIBLE FOR BOYS & GIRLS AGED 9-12 WHO DID NOT TAKE PART IN OUR SUMMER 2025 PROGRAMMES



BEAM CREATIVE NETWORK

DRAMA & ART

SCHOOLS & COMMUNITY PARTNERSHIP PROGRAMMES

FREE GOOD RELATIONS ART & DRAMA PROGRAMMES FOR BOYS & GIRLS AGED 9-12

DIGITAL ARTS ACADEMY

2025-2027

FREE GOOD RELATIONS DIGITAL ARTS PROGRAMMES FOR BOYS & GIRLS AGED 9-12

PEACEPLUS
Northern Ireland - Ireland


Co-funded by the
European Union | UK Government

Belfast City Council


The Belfast Local Community Action Plan is supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB).

SUMMER BBQ & FAMILY FUN DAY


 Saturday 27th June

 11am – 2pm

 Ability Café, The Stables, Lady Dixon Park

Wired/Different CIC is delighted to be supporting USEL's Ability Café for a FREE Summer BBQ & Family Fun Day that celebrates inclusion, connection and having fun together. 

This is a welcoming event for neurodivergent individuals, people living with disabilities or health conditions, their families, friends and supporters — but everyone is welcome to come along and enjoy the day!

 What can you expect?

-  Free BBQ
-  Arts & Crafts
-  Face Painting
-  Gaming Fun
-  Music & DJ
-  Delicious food and drinks available from Ability Café
-  A friendly, inclusive atmosphere where everyone belongs

Whether you're coming along to meet new people, spend time with family, enjoy the activities, or simply relax with a coffee and a chat, we'd love to see you there.

At Wired/Different, we believe that everyone deserves opportunities to connect, have fun and feel accepted exactly as they are. This event is all about bringing people together, celebrating differences and creating positive memories in a safe and welcoming environment.

 Best of all – it's completely FREE!

 [Booking - Wired Different](#)



The poster features a background image of a stone building with a blue door. At the top right, there are logos for 'ABILITY CAFE', 'USEL', and 'Wired/Different'. The main text reads 'Ability Cafe Summer BBQ'. Below this, it says 'A free, family-friendly event welcoming individuals and families living with, health conditions, disabilities and neurodivergence.' There are four white buttons with black text: 'Arts & Crafts', 'DJ', 'Face Painting', and 'Gaming'. At the bottom, there is a blue box with white text: '11am - 2pm Saturday 27 June', 'The Stables Lady Dixon Park BT17 9LA'. To the right of this box is a white box with a QR code and the text 'Free! Scan here'.



Are you experiencing thoughts of suicide?

We provide free, confidential crisis support to help reduce the risk of suicidal crisis, available in person and over the phone.

Weekly support sessions
Friendly, full trained staff
Self-referrals and agency referrals welcome

Crisis Drop In
Every Monday
10am - 3pm

Opening Hours
Monday - Friday
9am - 5pm

Contact Us:
The Spectrum Centre,
331 Shankill Road, Belfast
0800 085 4808
Crisisteam@extern.org

Need Immediate Support?

If you require immediate support outside our opening hours, please contact:

Emergency Services
Your GP
Lifeline



extern

Safe Project

Suicide Aftercare for Everyone

Weekly Support Group

Losing someone to suicide can feel isolating and overwhelming. This group offers a safe, confidential, understanding space where you can:

- Share experiences and feelings
- Connect with others that understand
- Find comfort and support in community

Every Wednesday 10.30-12.30
Spectrum Centre 331 Shankill Road Belfast

'Extern's support feels unconditional, they are always there for me.'

'They have been my lifeline.'

'It's an amazing, non-judgemental service and I met lovely people there'

Whether you want to talk or simply listen, you are welcome.

Please contact Calli.yohanis@extern.org / 07442530578

Community Suicide Liaison Officer





In February 2025, the UK Government launched its Digital Inclusion Action Plan to remove barriers to digital access and ensure everyone can participate in the digital world.

Through the Digital Inclusion Innovation Fund (DIIF), funding has been allocated to Northern Ireland to support local digital inclusion initiatives focused on:

- Opening up opportunities through skills
- Tackling data and device poverty
- Breaking down barriers to digital services
- Building confidence and supporting local delivery

As part of this initiative, **300 new laptop devices** are available for donation to eligible VCSE organisations across Northern Ireland. These devices are intended to support community-led digital inclusion projects aligned with DIIF objectives.

Each organisation may apply for **one laptop device**.

To be eligible, your organisation must:

- be registered with the Charity Commission for Northern Ireland (CCNI)
- have an annual income of £100,000 or less, as recorded on the CCNI website
- use the laptop to support one or more DIIF focus areas

By submitting this application, you confirm that:

- the information provided is accurate and complete
- your organisation meets the eligibility criteria
- the device will be used for the purpose described in this application

Closing date for applications: 21 June 2026

[Digital Inclusion Innovation Fund: Device Request form - NI Direct - Citizen Space](#)



Get help to buy healthy food and milk with NHS Healthy Start.



Apply online at:
www.healthystart.nhs.uk



NHS Healthy Start promotional materials for Northern Ireland

The NHS Healthy Start scheme helps families with children under four and those who are more than 10 weeks pregnant to access healthy food, milk and vitamins.

If you work with pregnant women and families you can play a key role in signposting people to the scheme. By talking about NHS Healthy Start and how to apply, you can help us reach as many eligible families as possible.

You can download free materials to promote the scheme locally. The materials, which feature the Department of Health Northern Ireland logo, are designed to encourage people to check if they're eligible for the scheme and apply online. They include:

- posters
- leaflets
- digital screens
- social media content

Keep up to date with NHS Healthy Start

You can sign up to receive regular stakeholder update emails about the scheme. The emails include links to promotional materials, guidance to help you support applicants and people on the scheme, case studies highlighting the work of stakeholders to promote NHS Healthy Start, and more.

[Click here to sign up to receive our stakeholder update emails](#). Please feel free to share this link with any colleagues who may be interested in receiving these updates.

Find out more about NHS Healthy Start and how people can apply by [clicking here](#).

If you have any questions on promoting the scheme, please get in touch at communicationsteam@nhsbsa.nhs.uk.

[NHS Healthy Start promotional materials for Northern Ireland](#)

Mosaic CHOPPING BOARD WORKSHOP

Join us for a fun and creative workshop
where you'll design and make your
very own mosaic chopping board!

 **MONDAY
29TH JUNE**

 **MONDAY
7TH JULY**

**ALL MATERIALS
PROVIDED
NO EXPERIENCE
NEEDED!**

**ONLY
12
PLACES
AVAILABLE!**

 **WHITEROCK
CHILD & FAMILY CENTRE**

**PLACES ARE LIMITED -
BOOKING IS ESSENTIAL!**




To book your place, please email:
e.craig@whiterockchildrenscentre.org



Hot Air BALLOON CRAFT WORKSHOP

Join us for a fun and creative workshop
where you'll design and make your
very own hot air balloon craft!

 **MONDAY
20TH JULY**

 **MONDAY
27TH JULY**

**ALL MATERIALS
PROVIDED
NO EXPERIENCE
NEEDED!**

**ONLY
12
PLACES
AVAILABLE!**

 **WHITEROCK
CHILD & FAMILY CENTRE**

**PLACES ARE LIMITED -
BOOKING IS ESSENTIAL!**



To book your place, please email:
e.craig@whiterockchildrenscentre.org



CHOICE Platform

CHOICE has an online platform that contains all our community partners and what they have to offer. The Community Navigator will guide you through your choices.



We accept referrals from individuals and services across Northern Ireland, including Action Mental Health, Inspire Wellbeing, Mindwise and Praxis Care.

CHOICE does not affect your use of existing mental health services.

Housing is not provided as part of this service.

CHOICE

Everyone has the right to access and use all of the spaces and places in our communities, improving their physical and mental wellbeing.

CHOICE has been developed with people who have experienced mental health problems, and they continue to provide advice and guidance on every aspect of the project.

Referrals and Enquiries:

You can email us at choice@ulster.ac.uk

If you already use services provided by Action Mental Health, Inspire Wellbeing, Mindwise or Praxis Care, you can also ask your support worker for more information.

Address:

Ulster University, Belfast Campus, York Street, Belfast, BT15 1ED

Website:

ulster.ac.uk/CHOICE

Email:

choice@ulster.ac.uk



Connecting you with community - places and spaces that help you stay well

- ✓ Would you like support and advice to connect you with community?
- ✓ Are you over the age of 18?
- ✓ Do you have a long-term mental health problem?



About CHOICE

CHOICE brings together local people, projects, and groups across Northern Ireland to connect you with opportunities in your area that support better health and wellbeing.

With support from Ulster University, the NHS, local GPs, and community groups, CHOICE makes finding activities, volunteering, events, and support close to home easy.

A Community Navigator will help to support you on your CHOICE journey.

Our skilled Community Navigators are experienced support workers who will help you choose activities and access them while settling in.

Our Community Navigators are based in:

- **Action Mental Health**
- **Inspire Wellbeing**
- **Mindwise**
- **Praxis Care**



Joining CHOICE

Getting Involved

Just contact us at choice@ulster.ac.uk

Or speak to your keyworker who can contact us on your behalf.

Meet your Community Navigator

Community navigators work with you to co-produce a plan to get you back to doing the things you want to do, or to try new things!

Do Things You Enjoy!

CHOICE connects you to the vast range of events, activities, networks, and opportunities. Discover things to do within your community and be supported in doing them!

Here are some of the things you could do:

- Educational courses and classes
- Walks in the countryside or parks
- Arts and Crafts
- Musical events
- Sporting events
- Visiting museum and galleries
- Sports and leisure activities
- Friendship groups



Range of Support Available



One-to-One Support

A Community Navigator will advise and support you throughout your time with CHOICE.



Opportunities

A wide range of local spaces, places and activities for you to explore and enjoy.



Connection

Connecting you with new people, groups and activities.



Expenses

You will have £50 to help you with any expenses, for example, travel costs.

Signs you might need professional support

You might need help if you have been experiencing any of the reactions listed below for several weeks and things are not getting better.

- You want to talk about what happened and feel you don't have anyone to speak to.
- You are easily startled and agitated.
- You are experiencing vivid images of what you saw and having intense emotional reactions to them.
- You have disturbed sleep, with disturbing thoughts stopping you from sleeping or dreams and nightmares.
- You experience overwhelming emotions that you feel unable to cope with or experience changes in mood for no obvious reason.
- You are suffering from tiredness, loss of memory, rapid heartbeat, dizziness, shaking, aching muscles, feeling sick, diarrhoea, poor concentration, breathing difficulties or a choking feeling in your throat and chest.
- You feel emotionally numb.
- Relationships are being impacted.
- You are worried about your alcohol or drug use.
- Your performance at work has suffered.
- Someone close to you tells you they are concerned.

If you need help, contact your GP.

Support available

Your GP can provide you with support or refer you to the appropriate service this could include:

- trust mental health services
- counselling services

You can find out more about mental health and wellbeing, including local support services by visiting www.mindingyourhead.info

You can also find useful resources on the HSC's Bereavement Network at: <https://bereaved.hscni.net/bereavement-support/sudden-death/sudden-death/>

In a crisis you can call Lifeline or ask to speak with your GP urgently.

Lifeline

0808 808 8000

Lifeline is Northern Ireland's crisis response helpline for people experiencing distress or despair. Lifeline is available 24 hours a day, 7 days a week, every day of the year. Calls to Lifeline are free.

For more information about Lifeline, including interpreting support, visit www.lifelinehelpline.info

In an emergency situation call 999 or go to your local Emergency Department.

This leaflet contains material adapted from the NHS leaflet *Coping with stress following a major incident*.

 Public Health Agency

Public Health Agency
12-22 Linenhall Street, Belfast BT2 8BS.
Tel: 0300 555 0114 (local rate).
www.publhealth.hscni.net

Find us on:



08/25



Coping after a traumatic event

Information for adults

Being involved in, or affected by, a traumatic event can affect how we feel mentally and physically. It is important to understand how these incidents may impact on our thoughts, feelings and behaviours, and what to do if things don't get better.

This leaflet explains how people may feel after a recent trauma, and provides information on what might help and where to go for support.

 Public Health Agency

Feelings after a traumatic event

Feeling distress after a traumatic experience is normal. Even if you were not directly involved in the event, you may still be emotionally impacted by it and your feelings are valid – don't dismiss them.

We all respond to traumatic events in different ways. People that have experienced the same event might react differently and have different needs.

Some common initial feelings after a traumatic event include:

- shock – being unable to connect with what is going on around you
- numbness – blocking feelings and withdrawing from your normal activities
- denial – being unable to accept what has happened, sometimes acting as if it has not happened



Common feelings in the days and weeks after the event might include:

- sadness – particularly if someone was injured or killed
- anger – about what has happened or with whomever is responsible
- worry – that the same thing might happen again or that you will lose control of your feelings
- guilt – that you have survived when others have suffered or died
- shame or embarrassment – about the strength of your feelings and the support you need from others

Many people will be able to recover after a traumatic event with support from family, friends and their workplace, but sometimes professional help may be needed.



Things that might help after a traumatic event

In the days and weeks after an event there are things you can do to help yourself.

Look after your health and wellbeing

Take time out to get your normal amount of sleep, eat regularly and healthily, exercise, rest and relax.

Talk to people you trust

Talking about your experience and how you are feeling can help. Also tell people what support you need. Bottling up your thoughts is often unhelpful.

Keep life as normal as possible

Keep your normal routine, but reduce outside demands on you and avoid taking on extra responsibilities for the time being.

Be careful around the home and when driving

Accidents are more common after a traumatic or stressful event, take extra care.

Go to a place where you feel safe

Make the time to go over what happened in your mind when you are in a safe place. Don't force yourself to do this if the feelings are too strong.

Don't dismiss or avoid your feelings

Your thoughts and feelings about a traumatic event are normal reactions, don't get embarrassed by or dismiss these.

childline

ONLINE, ON THE PHONE, ANYTIME

WORRYING ABOUT THE RIOTS

Rioting across parts of the UK has left many young people feeling scared and worried about their safety.

[Worrying about the riots | Childline](#)

[Racism and racial bullying | Childline](#)

RACISM AND RACIAL BULLYING

It's illegal to treat people differently because of their race or culture. If it happens to you, remember - no one has the right to make you feel bad or abuse you for who you are.

Talking to children about racism

Advice to help you understand how to talk to children about race and racism, and what you can do to support a child who's experiencing racist bullying.

[Talking to children about racism | NSPCC](#)

[Discrimination, hate crime and equality | Childline](#)

DISCRIMINATION, HATE CRIME AND EQUALITY

Discrimination and hate crime are against the law. If you've been treated differently, unfairly or have been hurt because of who you are, we're here to help.

Shaping Integrated Neighbourhood Teams: VCSE Insights Survey

At various points, we will have shared information, engaged in discussions, or participated in workshops relating to the Neighbourhood Policy for Health and Wellbeing. We are keen to gather perspectives from across the sector on the policy and its development in practice, recognising that there is a range of views on its current progress. It is important to us that these diverse perspectives are captured and reflected.

There is a valuable opportunity for the VCSE sector to reflect on the current direction of travel, as well as to contribute to the co-design of the anchor model within Integrated Neighbourhood Teams (17 to be developed across Northern Ireland). We would greatly welcome your input to help shape this co-design process and to inform how best we can support meaningful sector engagement as this important policy is implemented.

By designing an approach that effectively supports the sector, there is potential to inform future practice more broadly. We would therefore appreciate you taking a few minutes to share your views through

➔ [this survey](#).

Please feel free to circulate this within your networks; however, if you do so, we would be grateful if you could let us know where it has been shared to help us understand its reach.

HMRC Voluntary and Community Sector Grant Funding 2027-2030

Further details

Background

His Majesty's Revenue and Customs (HMRC) is the UK's tax, payments and customs department, which collects the money that pays for the UK's public services and gives financial support to people.

HMRC has worked with the voluntary and community sector (VCS) for more than two decades to deliver support and access to services for customers HMRC finds hardest to reach. In the first two years of HMRC's 2024-27 grant funding programme, the funded organisations have supported over 85,000 customers.

Objectives of Fund

The funding is intended to support customers back into mainstream HMRC channels by building their capability and confidence and resolving issues which may have become a barrier to direct engagement with HMRC. These may include, for example, HMRC debts and outstanding tax obligations.

The funding is for organisations who can provide tax and related support services to unrepresented HMRC customers who need extra help, including but not limited to customers with:

- Reduced mobility or physical disabilities
- Sensory disabilities, including visual and hearing impairments
- Low digital capability or confidence or limited access to digital devices
- HMRC enquiries are likely to need the most support, such as those impacted by Making Tax Digital (MTD) ITSA, small businesses, and pensioners impacted by fiscal drag
- Experiencing age related difficulties
- Neurodiverse customers, such as customer with dyslexia, autism, ADHD or cognitive difficulties
- Mental health conditions, including depression, stress and anxiety
- Language barriers
- Extreme distress through life events such as bereavement, breakdown of a relationship or safeguarding concerns including domestic or economic abuse
- Otherwise would not engage with HMRC, or who HMRC finds hardest to reach, such as prisoners and those on probation.

Value Notes

There is a total of £11 million in funding (£3.7 million per year) for a three-year period (April 2027 to March 2030).

Grants of between £40,000 and £1 million per year, with a maximum threshold set at 50% of the organisation's turnover (last audited accounts) are available.

The funding programme is to commence 1 April 2027.

Who Can Apply

Applications are accepted from public sector and non-profit organisations who are one of the following:

- Registered charities
- Voluntary and community sector organisations
- Social enterprises
- Mutuals
- Co-operatives.

To be eligible, applicants must have:

- Three years' financial history in place
- A turnover of no less than £80,000 per year
- Sound and comprehensive financial systems and processes that enable them to track the amount of funding spent throughout the year and to demonstrate that they have allocated the funding to the specific activity detailed in their bid.

Applicants must be able to:

- Identify customers who have HMRC-related issues and be competent in supporting with HMRC services.
- Demonstrate how they will reach customers and what evidence of demand there is for the service in their communities.
- Provide the required performance data and information to HMRC throughout the programme.
- Identify and source suitable customers and staff to assist HMRC with research requests.
- Ensure a representative attends and participates in the quarterly Individual Stakeholder Forum (ISF), which is HMRC's main consultation forum to give a voice to the VCS and other organisations representing individual customers.

Restrictions

The following are not eligible for funding:

- Organisations with directors who have been disqualified in the last five years, and or any directors, trustees, treasurers or anyone in a position of financial responsibility who have had a conviction such as for fraud, within the last five years.
- Organisations who will use the grant to support or promote religious activity or for any activity that is party political in intention, use or presentation.

Eligible Expenditure

Serviced need to be accessible in England, Northern Ireland, Scotland and Wales. This can be through organisations either providing UK coverage or community outreach for deprived or remote areas.

Proposals must address two of the following three activities:

- Supporting customers with 'simple' tax and tax related enquiries.
- Supporting customers with 'complex' tax and tax related enquiries.
- Supporting customers to use HMRC's digital services.

Funding Opportunities

Support can take various forms, such as 1-2-1 advisor help that is face-to-face, by telephone, Teams or web chat, or f2f or virtual webinars, outreach or workshops.

Location

England, Wales, Northern Ireland and Scotland

How To Apply

Applications are accepted from 8 June 2026 (12:01am) to 3 July 2026 (23:59). Notification of decisions to all applicants by 31 October 2026.

HMRC's grant funding team will be hosting live [Q&A Sessions](#) with interested applicants on 11 June and 17 June 2026.

Applications are to be made via the Government's 'Find a Grant' system.

Contact HMRC's Voluntary & Community Sector team for further information on the application process.

Documents & links

- [Government's 'Find a Grant' System](#)

Contacts

For further information on how to obtain this fund, please contact the following:

1. **Voluntary and Community Sector team**
HM Revenue and Customs (HMRC)
Tel: 0845 010 9000
Email: voluntaryandcommunitysectorgrantfunding@hmrc.gov.uk

Apply for a £50,000 donation for your charity

Funding Opportunities

The Foundation runs an open application programme for registered charities that meet its aims. Find out how to apply below.

The Foundation launched its open application programme in 2025 to enable more charities and community groups to access donations.

There are two rounds of funding, with a total of £300,000 available for distribution each year, in the form of six £50,000 donations. The first round opens in March, with three successful applicants selected in May. The second round opens in June, with three donations awarded in September.

The programme is currently accepting applications. For this second round of funding, the Foundation welcomes applications from registered charities for UK-based projects that focus on:

- children and young people aged 14 to 25
- employability
- areas of economic and social deprivation.

Before applying, organisations should consider the criteria above and decide whether their project meets the Foundation's focus for this round of funding.

 [Open Application Programme |](#)



THE 7 STARS
FOUNDATION



Apply for Funding

We offer several different grant programmes.
Find the one that best fits your organisation below.

Funding Opportunities

Child Poverty

● **Open.** Closes 13.07.26

Two-year grants of £60,000 (£30,000 per year) dedicated to supporting UK charities committed to ending child poverty. These long-term, unrestricted awards give organisations the freedom to act strategically – addressing the many interconnected factors which trap children in poverty, rather than being limited to a single project.

Social Impact Funding

● **Open.** Closes 13.07.26

Two-year grants of £10,000 (£5,000 per year) for UK charities tackling key societal issues affecting young people. The awards are unrestricted; they can be used for any purpose that supports your organisation.

Individual Funding

● **Open.** Closes 13.07.26

One-off grants up to £500 made via safeguarding professionals to meet a critical need of an individual child in care, facing abuse, addiction, homelessness or carer responsibilities.

Apprenticeships

● **Open.**

Fully funded apprenticeships (up to Level 4) for registered UK charities and other organisations supporting vulnerable young people.



[Apply for Funding –
the7stars foundation](#)

Job and Training Opportunities

JOB | FULL TIME

SAIL (Social And Independent Living) Project Support Worker X 2

Autonomie

Friday / 26 June 2026 12:00pm

Job Role: Carer Professions

Salary: £24030 (currently waiting pay review)

Hours per week: 35.00

Web link: <https://www.autonomie.org.uk/>



SAIL (Social and Independent Living)

Project Support Worker x 2 | CommunityNI