

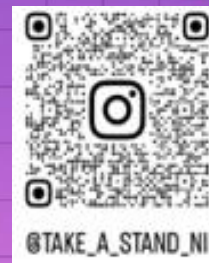


Take A Stand NI



Stand Against

Teenage Domestic Abuse



Follow us

@take_a_stand_ni



If you have any information you would like to share across our Locality Planning Group members in Belfast please email:

LocalityPlanning@belfasttrust.hscni.net



Heatwave Tips For Neurodivergent People



If you struggle to realise when you're thirsty, you could set reminders and keep a drink nearby where you will see it. If water is not appealing, try adding different flavours or enjoy a frozen snack.

Wear loose, lightweight clothing and sit near a fan if possible, or apply a wet towel to your skin to cool down. Stay out of the sun at the hottest times of day, and if you need to go out, wear sun protection. A hat and sunglasses will also help in bright light.

Try to spend as much time as possible in the coolest part of your home. Leave curtains/blinds closed during the day to avoid heating up the room.

If you can, work on more demanding tasks in the morning or evening when it is cooler, and take regular breaks throughout the day.

Allow yourself extra time to adjust to temperature changes, and move slowly/avoid too much physical exertion.

In very hot weather, those who are neurodivergent may struggle with interoception, temperature regulation or sensory overload.

Nervous system and processing differences, as well as being on certain medications, can all make it harder to tolerate heat.



**EAST
SIDE
ARTS**
INSPIRING BELFAST

JULY
27th -
30th

funKademy!

Come join EastSide Arts, the Vault artist studios and Boom Clap Play for The FunkAdemy - a fun filled creative summer extravaganza!

This funky fun place is where your imagination can flow and enjoy a whole day of creative activities. Join the artists as they give you a taster into all things arty! This year we will have taster sessions in comedy silly skills, cardboard clay city - make art using what you've got in your recycling box, nature based artworks, and much much more !

Bring your summer scheme group down to **Banana Block** at Portview Trade Centre **10am - 3.30pm** for **one day** between **27th - 30th July** for a day of free creative activities !

All groups must be accompanied by staff members and bring a packed lunch.



Register interest now by completing the form or
 emailing: alannah.mcmullan@eastsidepartnership.com
[FUNKADEMY 27th-30th July \(10:00am-3:30pm\) – Fill in form](#)

 Diverse Youth NI     

— presents —

Together in the PARK

Roots and Routes

MEET NEIGHBORS. MAKE MEMORIES.
BUILD COMMUNITY.

— ♥ —

Stronger Together ♥

TOGETHER WE BUILD COMMUNITY ♥

 **NEW DATE!**
27th
JUNE, 2026

 **TIME**
12pm

 **Holy Family Youth Centre**
224A Limestone Road,
BT15 3AP,
Belfast

 *Welcome Everyone*

 **PHONE**
07466802524

 **WEBSITE**
diverseyouthni.com

⇒ **COME FOR THE FUN, STAY FOR THE CONNECTION!** ⇐

 Register Here

 **Housing Executive**



Together in the Park: Roots and Routes

Please note that the event details have been updated.

The event will now take place as follows:

 **Date: Saturday, 27 June 2026**

 **Time: 12:00pm**

 **Venue: Holy Family Youth Centre, 224A Limestone Road, Belfast, BT15 3AP**

New on-demand webinars for autistic adults

We are delighted to expand our on-demand webinars for autistic adults, with topics including positive autistic identity, employment rights and supports, and positive interactions and relationships.



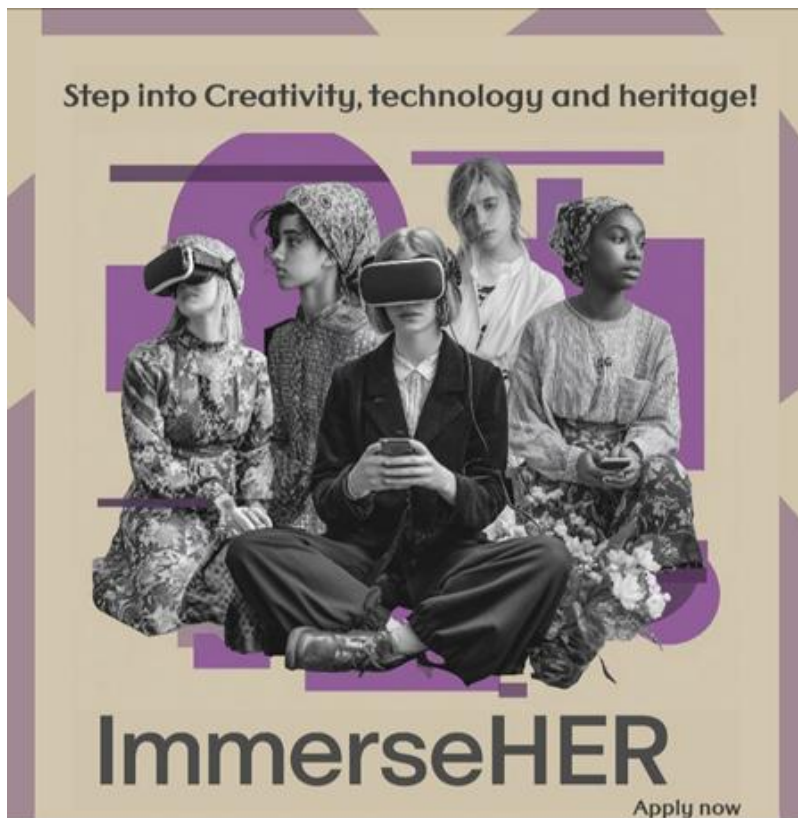
These pre-recorded video webinars explore these topics and a range of strategies, to help you understand more and build positive supports that work for you.

To access any of the webinars, follow the link below and sign up using the booking form and online checkout. An individual link to access the webinar will then be sent to your email, to enable access.

Please note: This on demand webinar is for autistic adults only.

[Access the webinars](#)





For young women creatives aged 16-25

Explore AR, VR, digital fashion, 360° filming, virtual reality, photogrammetry, textiles and heritage. Gain new skills, meet new people, and take part in creative collaboration.

Find out more and sign up via dkit.ie/forms

Key Dates

Information Session: 17 June 2026

Workshops:

- Induction: 21 August 2026
- Bootcamp 1: 8–10 September 2026
- Bootcamp 2: 29–30 October 2026
- Bootcamp 3: 15–16 January 2027
- Bootcamp 4: 18–19 March 2027
- 🎤 Final Showcase: 2 July 2027

🌟 What's included

- No experience needed
- Completely FREE
- Transport, food & materials provided
- Certificate of participation
- Exclusive programme merchandise

♥ Why join?

Build digital skills, boost your confidence, make new friends, and gain hands-on experience in the future of the creative industries.

💎 Places are limited - don't miss your chance to be part of something creative, collaborative and future-focused.

✍ To apply, tell us:

- Your name, age & location
- A little about yourself
- Why you'd like to join ImmerseHER



Kids Together Belfast

Stable Minds

Stable Minds is a collaborative, hands-on therapeutic approach involving a person, a horse, and a trained therapist to promote emotional and physical well-being build confidence, strengthen motor skills, and encourage emotional resilience. Our inclusive approach ensures every child feels supported, empowered, and celebrated in a safe, welcoming environment.



Equine-Assisted Therapy

Where a mental health professional and an equine specialist work with clients and horses to address emotional, behavioural, and mental health issues



Therapeutic Horseback Riding

A form of equine-assisted therapy that uses horseback riding to help individuals with physical, cognitive, or emotional challenges develop specific skills and improve their overall well-being



Equine-assisted services

A range of programs that incorporate horses and other equines to help people with physical, cognitive, emotional, and behavioral challenges

ENQUIRE NOW

 02890611034
 info@kidstogetherbelfast.org

For more information, please see [UBUNTU NI | Barnardo's](#).

For any questions, please contact Emy Robertson:
emy.robertson@barnardos.org.uk.



QUEEN'S
UNIVERSITY
BELFAST

THE INSTITUTE FOR GLOBAL FOOD SECURITY

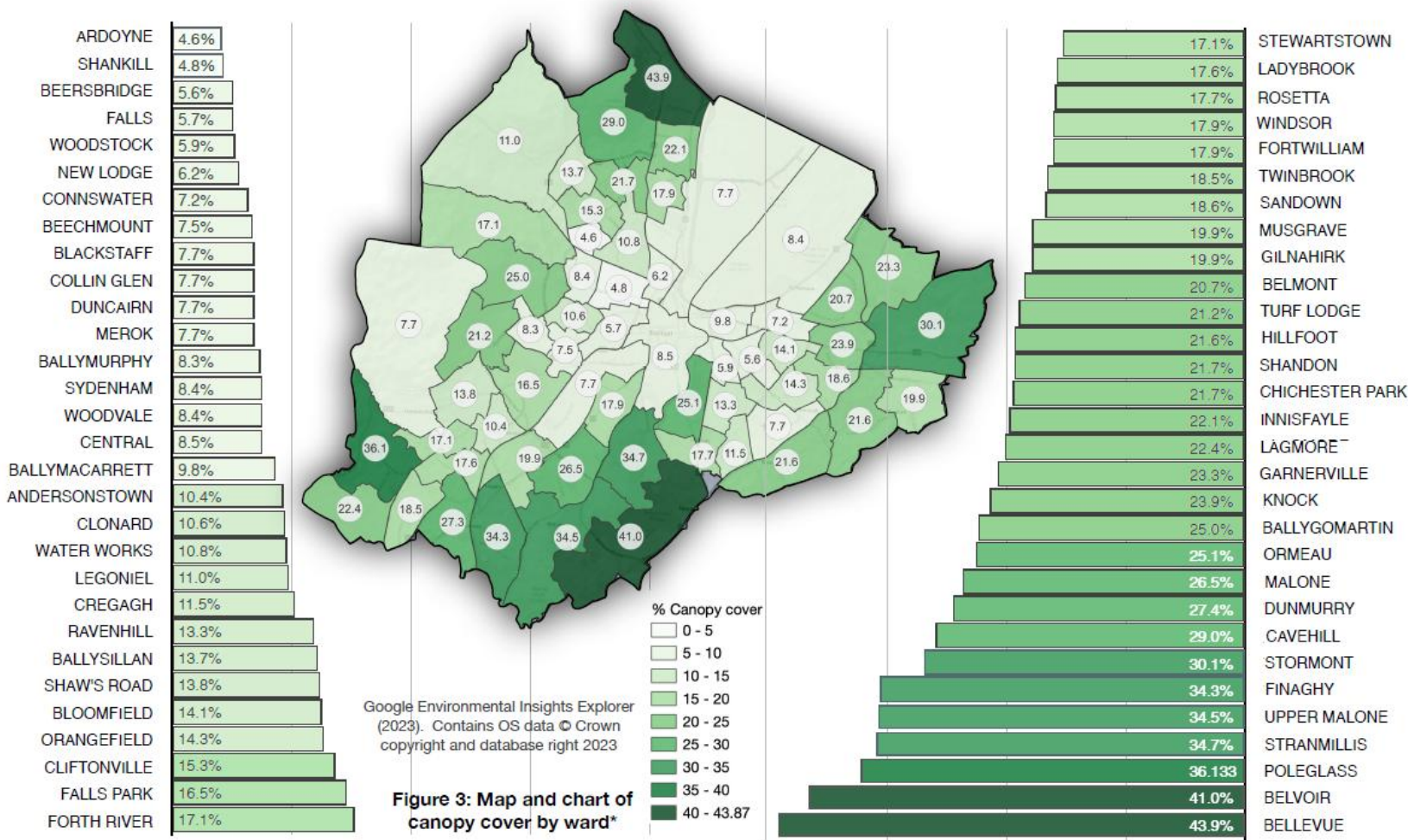
Researchers from Queens University Belfast, University College Cork and Ulster University have launched the Household Food and Health Study to uncover household eating patterns and food habits.

‘The study will examine dietary habits, household food waste and health outcomes, such as blood pressure and body weight. Updated information for individuals across the population, collected at a household level, will provide insights that can guide policymakers, public health authorities, retailers, farmers, food producers, and organisations providing meals outside the home. Insights from the study can help them to better support households in accessing healthier, more sustainable diets.’

For more details see: [Largest ever all-island household food study seeks participants | Research | Queen's University Belfast](#)



3.2 Canopy Cover by Ward



*These percentages are an average of the canopy cover for each ward area. To better understand the reality for neighbourhoods and residents, street canopy cover or LSOA level assessment may be preferable.

Fruit Orchard Project

We are sharing information on a community orchard project that is currently being coordinated.

The project supports communities to establish fruit orchards, increasing green space and promoting health, wellbeing and environmental benefits.

Groups in areas of lower tree canopy cover that have access to suitable open grassed or unused green spaces are particularly encouraged to get involved. Attached is a document outlining canopy cover by ward across the city, which may help identify areas that could particularly benefit from increased tree planting.

The project can provide:

- A variety of fruit trees free of charge
- Advice on site suitability and orchard design
- Support with planting and establishment
- Training opportunities and workshops once the orchard is established
- Information on the health, wellbeing and nutritional benefits of community orchards

If your group, or a group you work with has access to a suitable site and would like to explore the possibility of establishing a community orchard, please get in touch with Susan Lynn, Woodland Officer, Belfast City Council - lynnsusan@belfastcity.gov.uk for further information.

Skills for Life and Work

Your Choice- **Your Journey**- Your Future

COURSES INCLUDE:

- BUSINESS ADMIN
- BRICKLAYING
- CHILDCARE
- HEALTH AND SOCIAL CARE
- JOINERY
- STORES & WAREHOUSING
- LITERACY
- PERSONAL DEVELOPMENT
- WELLBEING/LEARNING SUPPORT
- BEAUTY
- CATERING
- HAIRDRESSING
- IT
- PLAYWORK
- RETAIL
- MATHS
- EMPLOYABILITY
- DIGITAL ICT

Register today 

Call: 02890428211

Text: 07730527528

Email:

skills@brysonpathways.org

Bryson
PATHWAYS

Skills Based Training

Bryson Training - Online
Registration Form



Department for the
Economy
An Roinn
Geilleagair
www.economy-ni.gov.uk

Skills for Life
and Work

Your Choice- Your Journey- Your Future

Look what you can get with Bryson

- £40 WEEKLY EMA
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- PAID TRAVEL
- £70 JOINING BONUS
- BONUSES
- LEARNING SUPPORT & MENTORING
- £80 PLACEMENT BONUS
- SUPPORT WITH WORK PLACEMENTS
- WORKWEAR VOUCHERS
- FREE TOOLS & EQUIPMENT
- EMERGENCY RELIEF PAYMENTS
(GAS/ELECTRIC/FOOD)
- FREE OUTINGS, TRIPS & ACTIVITIES
- FREE LUNCH CLUB

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Stockman House
39-43 Bedford Street
Belfast
BT2 7EE

Call: 02890428211

Text: 07730527528

Email: skills@brysonpathways.org



Building
Resilience in
Communities



CIVIL CONTINGENCIES
RESILIENCE
Be Ready for Emergencies

Please find below a link to the **Getting Weather Ready – Summer 2026** edition which is now available.

- This E-zine continues to highlight ongoing developments to enhance community resilience, to share experiences and spread the positive work of Community Resilience Groups across Northern Ireland.
- Given that we have experienced periods of dry and hot weather conditions already this Summer and more good weather forecast, it provides important information in relation to water safety, when visiting Northern Ireland Water sites.
- The PSNI provides some advice on the reporting of non-emergency incidents, by using the PSNI on-line reporting page. Please do take some time to read this and the other important articles.
- The newsletter is available at: <https://www.infrastructure-ni.gov.uk/publications/getting-weather-ready-regional-community-resilience-group-newsletter>
- The E-zine is also being issuing via social media and we would appreciate it if you could tweet/post/like and share the publication online to bring this important message to as wide an audience as possible.



Please see the attached flyer for St Malachy's Preschool Playgroup.

There are currently 12 places available for children starting in September 2026.

The sessions run from 9:30am–1:00pm in a small, nurturing setting with a focus on supporting children's development and preparing them for nursery.

If you are working with a family who you feel may benefit from this provision, please contact Natasha to request an application form.

Contact details:

- **Natasha Brennan**
- **Phone:** 07753 144928
- **Email:** nbrennan1004@gmail.com

Henry Smiths Foundation's Welcome for Newcomers Fund to Open 15th July 2026

New funding for charitable organisations and partnerships supporting newcomers to the UK to rebuild their lives.



The Henry Smith Foundation is offering 20 grants of £200,000 over three years to local organisations and partnerships across the UK who are working to help people who are newcomers to the UK to rebuild their lives.

The funding is flexible designed to support the running costs of organisations and partnerships who are supporting newcomers (refugees, people seeking asylum and other migrants including people with no recourse to public funds) to the UK to rebuild their lives, feel at home and become active members of their local communities.

Applicants should have ongoing, long-term access to safe physical spaces and have a proven track record of providing comprehensive help through three core elements of 'Welcome' work:

- **Specialist support** enabling high-quality support, either directly or through specialist providers, for activities such as IAA-regulated immigration advice, help with rights and entitlements, destitution and housing matters, healthcare and therapeutic trauma support, English language education and employment.
- **Enabling belonging** through regular social contact and relationship building within newcomer communities and between newcomers and other residents.
- **Influencing work** to help improve local conditions for Welcome.

Applications will be accepted from charitable organisations registered in and working in the UK including:

- Registered charities and Charitable Incorporated Organisations (CIOs)
- Community Interest Companies (CICs) that are not-for-profit with an asset lock
- Other not for profit charitable organisations delivering work aligned with the Foundation's objects

A live webinar will be held on 14 July 2026 (11 am to 12 noon). A recording and transcript will be available for those who cannot attend. [Registration](#) is required.

The first step in the application process is to take the 'simple' online eligibility checker to determine whether the organisation is eligible to apply. This is currently available.

Expressions of interest will be accepted from 15 July (9am) until the deadline of 26 August 2026 (17:00).



Discover something New at Girdwood Community Hub's Open Weekend:

Everyone Welcome!

Join us on **18th and 19th July** for a weekend packed with activities for all ages! Try *badminton, basketball, gym sessions, fitness challenges, and fitness classes*. Many activities are FREE or available at a reduced prices.

[Girdwood Community Hub](#) | [Spa & Sports](#) | [Better](#)

 **Saturday 18th July: Adult & Junior Badminton, Strength & Conditioning class, Group fitness Master Class, Gym & Fitness Challenges.**

 **Sunday 19th July: Adult & Junior Basketball, Gym & Fitness Challenges.**

Not a member? No Problem. Simply create a free onlin account or register via the app to book your place: [Bookings](#) | [Register](#)

Bring your friends and family and discover everything Girdwood Community Hun has to offer!

Volunteer now are excited to announce the upcoming UN Year of Volunteering Awards 2026! 🌱🌱

These awards will celebrate the impact of volunteers in Northern Ireland, alongside The Minister for Communities, Gordon Lyons MLA, Volunteer Now, and UN international Volunteer Year 2026.

[UN Year of Volunteering Awards 2026 - Volunteer Now](#)

What is it?

The Minister for Communities, Gordon Lyons MLA, will host a special awards ceremony on 3 December 2026 recognising the individuals and organisations making a real difference across Northern Ireland. These awards are in opportunity to recognise the people and groups whose time, energy and commitment create lasting impact.

Key Information

Nominations are now open

Nominations close: **30 September 2026**

Awards ceremony: **3 December 2026**

Who can be nominated?

- Individuals living in Northern Ireland
- Organisations delivering services within Northern Ireland

The Awards:

There are seven Awards that you can submit nominations for including:

- Community Impact Award
- Informal Volunteering Award
- Large Organisation Award
- Small Organisation Award
- Volunteer Co-ordinator Award
- Volunteer Team Award
- Young Volunteer Award.

We look forward to receiving your nominations! Further information can be found here - [UN Year of Volunteering Awards 2026 - Volunteer Now](#)



Please consider the environment before printing this email



☕ The Neurodiversity Café is open to parents/carers of children on the autism assessment waiting list, and parents/carers who have used our service before. It offers a warm space to restore and tend to your wellbeing, alongside others with similar experiences. There is also time to share information about other local, family supports.

This Month's Focus: Creative Wellbeing

Join us in the beautiful Grow Garden for a creative wellbeing morning, where you'll have the opportunity to slow down, connect, and take time for yourself. We are delighted to be joined by Beth McComish, Artist in Residence with the Belfast Trust, who will gently guide and inspire you to create your own unique stone art, in a relaxed and nurturing environment.

Refreshments will be provided.

 **Date: Thursday 9th July 2026**

 **Time: 10:00am – 11:30am**

 **Venue:**

**Grow community garden - Westland
Gardens, Belfast BT14 6TA
(entrance to the waterworks park,
off westland road)**

**To book your place, please email:
EHWBT@belfasttrust.hscni.net**





Our reusable period product scheme has been re-launched, its completely free and available for Belfast residents. We'd love for community centres to help us promote the scheme. Keep an eye out for a poster and a flyer which will be delivered to centres to display on notice boards. The scheme has been running for several years now and has been really successful.

Here's how it works:

- All information about the scheme, and how to apply, can be found here: [Reusable period products | Belfast City Council](#)
- Residents in Belfast can apply for 1 of a range of free reusable period products;
 - **either a free menstrual cup, or**
 - **a free pack of reusable/washable liners or**
 - **a free pair of period pants.**
- Products are supplied by our contacted partner Cheeky Wipes, and they send out the chosen item by post to the residents' address, free of charge.
- You must have a Belfast City Council address to be eligible.
- Reusable period products can be washed and reused each month, which saves a lot of waste and may save residents money in the long term.
- It is completely free, as it's fully funded by the council's Environmental Education and Outreach Team.



WE ARE HIRING

JOB POSITION

POLICY & COMMUNITY ENGAGEMENT OFFICER

FIXED TERM ROLE FOR A PERIOD OF 12 MONTHS
(MATERNITY COVER)

APPLICATIONS CLOSE AT 12 NOON ON
MONDAY 20TH JULY



APPLY AT

[lawcentreni.org/careers](https://www.lawcentreni.org/careers)



WE ARE HIRING

JOB POSITION

IMMIGRATION CASEWORKER

Multiple vacancies available:

- Full-time: 35 hours per week
- Part-time: 21 hours per week

Applicants should state which role they wish to be
considered (you may also indicate both roles)

CLOSING DATE: MONDAY 22ND JUNE
2026 AT 12 NOON

INTERVIEW DATE: THURSDAY 2ND
JULY 2026

APPLY AT

[lawcentreni.org/careers](https://www.lawcentreni.org/careers)

Full Details Here: <https://www.lawcentreni.org/about-us/careers/>



Barnardo's Child Bereavement Service Information leaflets and advice line



Barnardo's Advice Line is also available for anyone seeking guidance on how to support children who have experienced any type of bereavement.

Advice Line: 028 90 668333

Opening Hours: Mon & Tue 10-1pm, Fri 10-12:30pm



Summer is here!

Our FREE Summer Bumper Pack is here to help make the summer holidays a little less stressful and a lot more fun for you and your child.

Call us today to request your FREE Summer Bumper Pack:

0808 8020 400

parentline@ci-ni.org.uk



Parentline NI

Mon – Thurs 9am-9pm

Fri 9am-5pm

Sat 9am-1pm

Job Opportunity – Floating Support Officer

A new job opportunity has become available at Ark Housing:

Ark Housing Association is seeking to recruit an experienced and dedicated individual to join the organisation as Floating Support officer. This position is on a permanent full-time employment basis.

Reporting to Team Leader and Homeless Services Manager, the postholder will ensure the delivery of a comprehensive floating support service for homeless families and to provide high-quality services to our Homeless Serviced clients in accordance with the strategic objectives of Ark Housing. Our Homeless Family Service has been developed in partnership with the Northern Ireland Housing Executive (NIHE) and is funded by the Department for Communities (DfC) through the Supporting People Programme.

You can see more details about this new job opportunity here: [Floating Support Officer - Ark Housing](#)

For a confidential discussion regarding this position, please speak directly to Gail McLaughlin, Homeless Services Manager.



Concessionary Fares Half-fare SmartPass Survey

Please see attached letter from the Department for Infrastructure asking people in Northern Ireland, who are eligible for a Half-Fare SmartPass, to take part in a short survey about how they travel. The survey will take just a few minutes to complete.

We would be grateful if you could complete this by 5pm on Friday 14 August 2026 and circulate it to others.

Here is the link to the survey:

<https://consultations2.nidirect.gov.uk/dfi-1/7126a80e/>

Public Transport, Taxi, Bus, and Freight
Policy Division



James House
Gasworks Site
2-4 Cromac Avenue
BELFAST, BT7 2JA

Concessionary Fares Half-Fare SmartPass Survey

The Department for Infrastructure is asking people in Northern Ireland who are eligible for a Half-Fare SmartPass to take part in a short survey about how they travel.

To take part in this survey, you must:

- Live in Northern Ireland;
- Be aged between 16 and 59 years; and
- Be eligible for a Half-Fare SmartPass.

You can get a Half-Fare SmartPass if one of the following applies to you:

- You receive the mobility part of Personal Independence Payment (PIP) or Disability Living Allowance (DLA).
- You are registered as partially sighted with a Health and Social Care Trust.
- You are registered as having a learning disability with a Health and Social Care Trust.
- You have been refused a driving licence because of a medical condition.

We want to understand how people travel on public transport now and how travel might change in the future. Even if you are eligible for the Half-Fare SmartPass but don't have one, or you don't use public transport, your views are still very important to us.

The survey only takes a few minutes. Your answers are completely anonymous and will be used only to help shape future policy.

Take the survey here:

[Half-Fare SmartPass Survey - NI Direct - Citizen Space](#)

Please complete the survey by **5pm on Friday 14 August 2026**.

Thanks for taking the time to share your views.

DfI Public Transport Strategy Team

ScottishPower Foundation's Annual Grants Programme for UK Charities - Deadline Approaching

Grants of up to £100,000 for projects that support the Foundation's Strategic Plan 2026 to 2029

Charities registered with one of the UK charity regulators for at least two full years, with an income of between £100,000 and £5 million still have time to apply for a grant of between £50,000 and £100,000 for a one-year project.

The current funding round is for projects that help deliver the outcomes set out in the ScottishPower Foundation's Strategic Plan 2026 to 2029.

Projects need to show how they contribute to at least one of the following strategic outcomes:

- **Education, training and research** – to support education, training and research that improves access to opportunities and strengthens employability with outcomes:
 - o People from disadvantaged and underrepresented groups* have increased access to STEM learning opportunities
 - o People from disadvantaged and underrepresented groups are more employable.
- **Biodiversity and Environment** - for the protection and enhancement of biodiversity and the environment with outcomes:
 - o People are better informed about how to take action to protect our planet.
 - o People are better able to adopt more sustainable practices to reduce waste.
 - o Natural environments are better protected.
 - o Wildlife species are better protected.
- **Art and Culture** – to protect and safeguard artistic and cultural heritage by supporting conservation and restoration, and improving access to the arts with outcomes:
 - o Cultural heritage is better preserved for future generations.
 - o People from disadvantaged and underrepresented groups have increased access to the arts.
- **Social Action** - to provide economic security by supporting social inclusion and reducing poverty, prioritising child and in-work poverty with outcomes:
 - o Households experiencing poverty are better able to access the support they need.
 - o People with disabilities/long term health conditions are better able to access the support they need.
 - o Older people are better able to access the support they need.
- **New Technologies** – to reduce digital exclusion and improve access to essential services and opportunities with outcomes:
 - o People from disadvantaged and underrepresented groups are more digitally included.
 - o People from disadvantaged and underrepresented groups have more opportunities to use new technologies as a means of creative expression.

Projects must start between 31 March 2027 and 31 December 2027 and be completed within 12 months.

The application window will close 24 July 2026 (12 noon) or when 350 applications have been submitted, whichever comes first.

Funding to Support Jewish/Interfaith Relations, Music, and Performing Arts

UK registered charities have until 21 August to apply for a grant

The Wingate Foundation (also known as the Harold Hyam Wingate Foundation) offers grants to smaller UK registered charities operating in the charity's key areas of interest, with the aim of supporting activity which creates a significant impact on individuals and/or communities and leaves a lasting legacy.

The Foundation is currently accepting funding applications from UK registered charities in the following areas:

•**Music and the performing arts** – priority will be given to projects that enable significant, active participation in performances by:

- o Adults who are often excluded, namely homeless people, asylum seekers, prisoners, those not in education employment or training.
- o Children and young people who would otherwise face significant challenges to engaging with music performance.

•**Jewish/Interfaith relations** - Applications are especially welcome from organisations with a demonstrable track record in effective interfaith and intercultural engagement, in the promotion of mutual understanding and reconciliation between Jews in Israel and their Arab neighbours, and the encouragement of liberal values in

both communities. The Foundation strongly favours projects where it foresees likely and useful practical outcomes.

- o In the UK, the focus is:
 - Promotion of peaceful co-existence and understanding between the UK's Jewish and Muslim communities (such as through joint cultural projects).
 - Enhancing cross-cultural understanding and mutual respect – including activities that foster greater public understanding of Jewish life, history and culture.
- o In the Middle East, support is for:
 - Activities designed to defuse tension and conflict, aimed at promoting peaceful coexistence and respect between Arab/Palestinian and Jewish citizens of Israel and potentially, neighbouring territories as well.

Funding is at the discretion of the trustees.

The current deadline for applications is 21 August 2026 (17:00)

Henry Smith Foundation's New 'Career Ready Fund' to Open 22 July

New funding to give young people with learning disabilities meaningful work experiences

The Henry Smith Foundation is offering up to eight grants of £200,000 (£50,000 per year) over a four-year period for charitable organisations working with young people with learning disabilities within the UK. It supports the delivery of high-quality, job coach-led careers education in mainstream and SEND school settings. The fund focuses on early, structured support that helps young people build real-world experience and move towards paid employment.

Organisations need to address the key aims of the fund which are to:

- Embed trained job coaches in school settings so young people receive consistent, person-centered employment support.
- Provide early, structured vocational profiling and careers preparation, helping young people identify strengths, interests and aspirations.
- Create meaningful, well-matched work experiences that give young people exposure to workplaces, rather than generic or tokenistic placements.
- Strengthen partnerships between schools, support networks, employers and specialist providers, ensuring support for young people through a joined-up ecosystem.
- Build clear pathways into supported internships, employment and paid work.

Applications will be accepted from charitable organisations registered in and working in the UK including:

- Registered charities and Charitable Incorporated Organisations (CIOs)
- Community Interest Companies (CICs) that are not-for-profit with an asset lock
- Other not for profit charitable organisations delivering work aligned with the Foundation's objects

To be eligible, applicants must be based and delivering services in the UK, have an annual income of £3 million or less, and at least one year of audited or independently examined accounts.

A live webinar will be held on 21 July 2026 (11 am to 12 noon). [Registration is required](#). A recording and transcript will be available for those who cannot attend. The first step in the application process is to take the 'simple' online eligibility checker to determine whether the organisation is eligible to apply. This is currently available.

Expressions of interest will be accepted from 22 July (9am) until the deadline of 2 September 2026 (17:00).

 **Turn your alleyway from grey to green!**  **or cluttered to clean** 



Belfast
City Council

Want a vibrant community space right behind your house? Expressions of Interest are now officially open for our **Alleyway Transformation Project** pilot phase! We are looking for Belfast neighbourhoods to help us test this from July to December.

What you can get:

-  Plants, planters, and benches
-  Beautiful street art installations
-  Upgraded lighting and safety fixes
-  Deep cleaning equipment and bins
-  Micro-grants and expert workshops

Who can apply?

Anyone in Belfast! Open or gated alleys, total beginner projects, or ready-to-go green teams. You just need a willingness to team up with your neighbours.

✦ Ready to transform your street? ✦

Talk to your neighbours today and complete the online survey. -

<https://yoursay.belfastcity.gov.uk/alleyway-transformation-pilot-eoi>

Closing date is Wednesday 29th July.

If you have any queries, please email alleywaytransformation@belfastcity.gov.uk

Anxiety – What Helps?

- As part of the regional mental health campaign, we are working with PHA to plan content for this year's campaign on the theme "Feeling Anxious?" We're creating videos for social media sharing tips from Trust staff on what you do to calm yourself when you experience anxiety (*you do not need to have a diagnosis of anxiety to take part*).

- I'm looking for photos from you that could be used in a social media collage. It would be lovely to have some photos that include yours lovely faces, but it could also be a photo showing an activity or a place that helps you manage anxiety – a beach, a pet, a hobby...

If you'd like to get involved, please reply with:

- A photo
- The name you'd like to appear with your photo (*this can just be your first name if you prefer*)
- A few words describing the thing that help you manage anxiety, e.g: *walking my local park, a breathing meditation, playing football with my kids...*

- Please share by Thursday 23rd July.**



PHONE FIRST

Before going to the Emergency Department
at the **Royal Belfast Hospital for Sick Children**
you should **PHONE FIRST**

028 9615 9444

Expert advice from trained healthcare
professionals, operating from 8am to 6pm
Monday to Friday, excluding bank holidays

If your child has a non-life threatening issue
you can also visit our Symptom Checker



**Get directed to the
right care, first time**

**IF YOUR CHILD HAS A LIFE OR LIMB THREATENING
EMERGENCY ALWAYS CALL 999 IMMEDIATELY**

What is NxtGen?

NxtGen is much more than a personal development programme for **16–25-year-olds**.

Designed alongside previous participants, it provides the support young people told us they needed most. Throughout the programme we help participants develop:

- Confidence and self-belief
- Resilience and emotional wellbeing
- Communication and social skills
- Life skills and independence
- Motivation and direction for the future

NxtGen is ideal for young people who may be:

- Unsure of their next steps after school or college
- Struggling with confidence, isolation or social anxiety
- Living with depression or other mental health challenges
- Neurodiverse and looking for a supportive environment
- Not yet ready for employment or education
- Simply looking to meet new people, try something different and have some fun

Over **16 weeks**, participants discover their strengths, explore future opportunities and gain practical skills that prepare them for whatever comes next. Every group also plans and delivers a community project, giving young people the chance to make a real difference while developing teamwork, leadership and confidence.

Oasis Caring In Action has been running youth programmes in Belfast since 2017. From July 2024, with funding from the Henry Smith Charity, we have been delivering a new bespoke NxtGen@Oasis programme. In designing the programme we have used direct feedback from previous project participants, and have focussed in on the needs of local young people, whilst ensuring we do not replicate anything being offered locally by neighbouring organisations or clubs.

The new programme is aimed at 16-25 year olds, with a focus on supporting participants who are at the start of their journey after school, or who have been affected by the covid pandemic or perhaps suffer with mental health challenges, including depression, poor self-esteem or social anxiety.

Our aim is to build confidence, resilience and self-esteem, whilst focusing on improving mental health, building life skills and having fun while doing so!

Scan here for more!



To find out more contact us on the following:

Phone: 07904374926

Facebook: NxtGen@Oasis

Instagram: NxtGen@Oasis





When does it run?

Monday, Tuesday, Thursday & Friday

10:00am – 3:30pm

Wednesday Drop-In

11:00am – 2:30pm

Our Wednesday drop-in is open to **anyone aged 16–25**, not just current participants. Whether someone wants advice, information about NxtGen, a chat over a cup of tea or simply somewhere welcoming to spend time, they're always welcome.

Who can join?

Anyone aged **16–25** who:

- Lives in Northern Ireland
- Has a National Insurance number

Find out more

For more information, or to make a referral:

☎ Call, text or WhatsApp: **07904 374926**

✉ Email: NxtGen@Oasis-ni.org

📱 Follow us on social media: **@NxtGenOasis**

I've attached our latest flyer and referral form for you to share.

What our participants say...

"What I got out of the programme was... CONFIDENCE and friends!" – Stephanie

"It helped me get out of the house more and gave me the motivation to come out." – Kevin

"I don't think I've laughed this much in years. That alone made the whole experience worthwhile." – Shantelle

"I've learnt to listen to other people's opinions without thinking they're attacking me. Turns out some people are trying to help!" – Morgan

"My son started talking again—and not just in the house!" – Parent

Thank you for taking the time to read this and for any support you can offer by sharing this opportunity.

If you have any questions or would like to discuss whether NxtGen is suitable for a young person you are working with, please don't hesitate to get in touch.



AGED 16-30 AND NOT IN FULL-TIME WORK OR STUDY?

GET INTO LIFEGUARDING

- Free 4 week programme that doesn't affect benefits
- Complete a work experience placement with Better Gym
- Gain your National Pool Lifeguard Qualification
- Support with CV writing, interviews and job applications
- Interview for live lifeguard roles with Better Gym

Get In Touch

Email: outreachni@kingstrust.org.uk



Taster day:
10th August

Course dates:
17th August - 11th Sept

Location: Belfast



Funded by
UK Government

There are live job vacancies at various leisure centres across Belfast for successful applicants.

- Free 4-week programme that doesn't affect benefits
- Complete a work experience placement with Better Gym
- Gain your National Pool Lifeguard Qualification
- Support with CV writing, interviews and job applications
- Interview for live lifeguard roles with Better Gym

