

Western Area Outcomes Group

Outcome Monitoring 2025/26



Report Cards

Western Area Outcomes Group

Outcome Monitoring 2025/26

Family Support Hub: Dry Arch Date: April 2026 Total Allocated: £ 7,443 Total Projects Funded: 8

Project	How much did we do?	How well did we do it?	Is anyone better off?	Overall
Financial Vouchers	25 families supported	100% satisfaction	Reduced financial stress; improved family stability	●
EBSNA Project	58 CYP, 75 parents, 27 schools	100% quality; strong multi-agency working	Reduced anxiety; improved school attendance	●
Children & Family Relationship Support	8 families supported	100% satisfaction	Improved coping, confidence & family relationships	●
Home Visiting	15 families supported	High-quality tailored intervention	Stronger parenting & attachment; stable homes	●
Drawing & Talking Therapy	165 young people + 3 staff trained	100% satisfaction	Improved emotional regulation & resilience	●
Neurodiversity as a Strength	125 parents, 30 staff, 36 CYP	100% satisfaction	Increased understanding, confidence & inclusion	●
Dungeons & Dragons	12 young people	100% satisfaction	Improved confidence, social skills & engagement	●
Parent & Child Programmes (Suite)	68 children/families + 45 parents	100% satisfaction	Improved parenting confidence, behaviour & relationships	●

Overall Performance

Area	Result
Projects delivered	8
Children supported	339
Parents supported	245
Families supported	93
Staff supported	33 staff / 27 schools
Projects rated good excellent	8/8
Projects showing Better Outcomes	8/8
Main Strength	Clear improvements in emotional wellbeing, confidence, relationships and school engagement

Project 1 : Financial Vouchers

How Much did we do? £1,000 invested 25 families supported £40 vouchers for food / Electricity / Gas	How well did we do it? - Delivered targeted support for food, gas and electricity 100% rated good/excellent 100% increased confidence - Family relationships with FSHUB has improved, marked by increased trust, clearer communication, and more confident engagement
Is anyone better off? - Reduced financial stress and improved family stability - Enhanced communication and calmer home environments - Stronger engagement and trust with support services - Families have demonstrated notable improvements in both physical and emotional wellbeing, with reduced stress levels and greater stability observed across daily routines	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 15. No more than 15% funding to be spent on vouchers provided to families for fuel/food/Electric

Project 2 : EBSNA Project (Emotional Based School Non-Attendance)

How Much did we do? £870 invested 58 young people and 75 parents supported 27 schools supported	How well did we do it? - Flexible delivery (predominantly 1:1) tailored to need - Strong collaboration with schools and Education Welfare Service 100% rated good/excellent 100% increased confidence
Is anyone better off? - Reduced anxiety and improved attendance - Improved classroom behaviour and peer relationships - Increased parental confidence and stronger home–school collaboration	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 11. Parents are supported and provided with skills in respect of Emotional based School Non-Attendance

Project 3 : Children and Family Relationship Support

How Much did we do? £180 invested 8 families supported - Support young people to build coping skills, confidence, and independence, while helping parents manage anxiety and improve family relationships	How well did we do it? - Delivered targeted interventions addressing anxiety and relationships 100% rated good/excellent 100% increased confidence
Is anyone better off? - Improved coping skills, independence and confidence in young people - Reduced parental stress and anxiety - Enhanced family relationships and home environment	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 4. Practical family support delivered in the home 6. Engage and support parents into additional supports/ parenting programmes/peer support/ workshops 11. Parents are supported and provided with skills in respect of Emotional based School Non-Attendance

Project 4 : Home Visiting

How Much did we do? £0 investment 15 families supported (additional home visiting intervention) - Strengthen parenting skills, build understanding of children's emotional needs, and promote stable, nurturing family environments	How well did we do it? - Delivered tailored, in-home parenting support - Strengthened understanding of child development and attachment 100% rated good/excellent 100% increased confidence
Is anyone better off? - Stronger parent-child relationships - More positive parent-child interactions - Increased parenting confidence and consistency - More stable, nurturing home environments	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 4. Practical family support delivered in the home 6. Engage and support parents into additional supports/ parenting programmes/peer support/ workshops 11. Parents are supported and provided with skills in respect of Emotional based School Non-Attendance

Project 5 : Drawing and Talking Therapy

How Much did we do? £1,330 invested 165 young people supported (plus 3 staff trained) - Included Pop Art, Planting Seeds, Building Buddies, and Lego Therapy—provided a structured yet expressive environment for children and young people	How well did we do it? - Delivered creative therapeutic groupwork and training - Structured interventions using art-based approaches 100% rated good/excellent 100% increased confidence
Is anyone better off? - Improved emotional regulation, resilience and communication - Reduced anxiety and improved behaviour - Enhanced social skills, empathy and peer relationships - Young people gained confidence in expressing themselves and managing challenges	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 5. One to one support for young people including counselling/play therapy 9. Support young people to engage in group work around EMHW/ Anxiety 13. Young people are supported in a confidential manner through difficult periods of their youth and adolescence

Project 6 : Neurodiversity as a Strength

How Much did we do? £840 invested 125 parents, 30 staff and 36 young people supported - Workshops provided clearer understanding of how different brains process information and why certain behaviours occur	How well did we do it? - Delivered workshops across parent, school and youth audiences - Promoted strength-based, inclusive approaches 100% rated good/excellent 100% increased confidence
Is anyone better off? - Increased understanding and acceptance of neurodiversity - Improved support strategies at home and school - Teachers demonstrated enhanced knowledge and confidence in supporting neurodivergent learners - Reduced anxiety and improved confidence among young people	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 6. Engage and support parents into additional supports/ parenting programmes/peer support/ workshops 8. Facilitate engagement of young people in activities outside the home /community participation

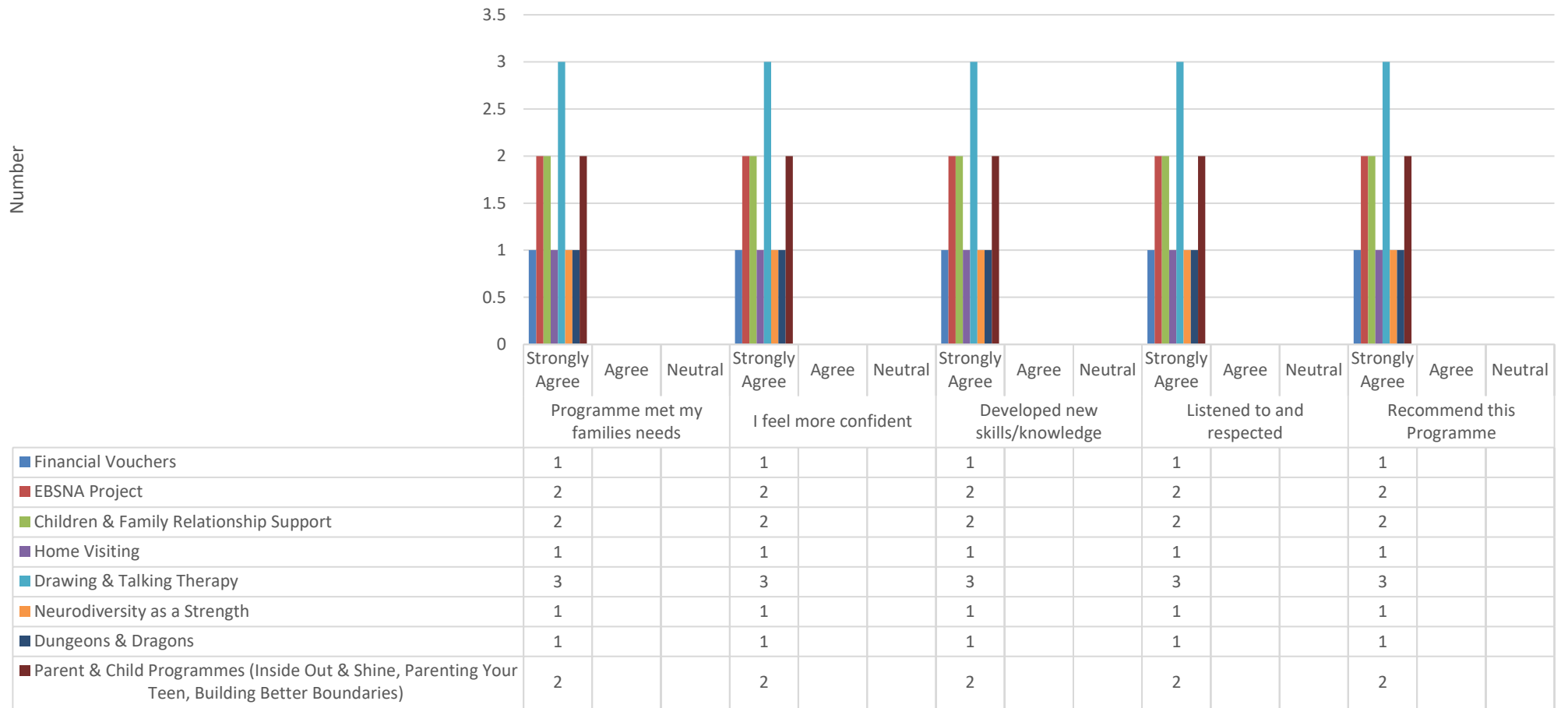
Project 7 : Dungeons & Dragons Programme

How Much did we do? £600 invested 12 young people supported - Help young people build confidence, social skills, problem solving, and emotional resilience	How well did we do it? - Structured group programme using creative storytelling - High engagement in a safe, supportive environment 100% rated good/excellent 100% increased confidence
Is anyone better off? - Increased confidence, communication and teamwork skills - Reduced anxiety and improved self-esteem - Improved school engagement and motivation	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 12. Young People are listened to and have a voice in respect of their own needs

Project 8: Parent & Child Programmes (Inside Out & Shine, Parenting Your Teen, Building Better Boundaries)

How Much did we do? • Combined investment across programmes £1560 + £1053 for Resources and refreshments • 68 children and parents, plus 45 additional parents supported • Inside Out & Shine—provided nurturing, developmentally informed spaces for parents and young children to strengthen their relationships and build core social emotional skills. • Parenting Your Teen programme supported caregivers to strengthen communication, build confidence, and develop practical skills for navigating the challenges of adolescence • Building Better Boundaries programme for children aged 0–6 supported caregivers to establish calm, predictable routines and developmentally appropriate expectations within the home	How well did we do it? • Delivered structured, developmentally appropriate programmes • Included play-based learning, parenting support and group engagement • 100% rated good/excellent • 100% increased confidence
Is anyone better off? • Improved parent–child relationships and communication • Reduced anxiety and behavioural challenges • Greater resilience and coping capacity during daily transitions • Increased parenting confidence and consistency • Decreases in risky behaviours as teens responded to more consistent boundaries and improved relational connection • Calmer, more structured home environments and improved teen behaviour • Parents reported reduced stress and burnout	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 9. Support young people to engage in group work around EMHW/ Anxiety

Programme Evaluation Report - Dry Arch



Note: Based on sample returns - no-one disagreed or Strongly disagreed

Western Area Outcomes Group

Outcome Monitoring 2025/26

Family Support Hub: **ETHOS** Date: **April 2026** Total Allocated: £ **7,433** Total Projects Funded: **8**

Project	How much did we do?	How well did we do it?	Is anyone better off?	Overall
Exploring Behaviours (Parent Groups)	3 programmes; 36 parents supported; £1,440 spent	100% good/excellent; 100% increased confidence; strong Hub co-delivery	Parents better understand behaviour and use regulation strategies	●
Playful Parenting	6-week programme; 36 parents; £1,440 spent	100% good/excellent; 95% increased confidence; accessible venues	Stronger parent-child bonding; improved communication	●
Bright Young Minds	3 sessions; 24 children (4–8 yrs); £960 spent	100% good/excellent; 93% increased confidence	Children better understand and manage emotions	●
Yo'tism (Neurodiverse Yoga)	8 sessions; 80 CYP (4–15 yrs); £400 spent	100% good/excellent; 100% increased confidence; specialist delivery	Reduced anxiety; improved regulation for neurodiverse CYP	●
1:1 Play Therapy	6 children; 6-week therapy blocks; £1,260 spent	Delivered via Hub referrals; feedback ongoing	Children supported through trauma, loss and emotional distress	●
Group Play Therapy	3 groups; 24 children; £810 spent	100% good/excellent; 100% increased confidence	Improved confidence, friendships and belonging	●
Meet Me Where I'm At (Parents)	6-week programme; 24 parents; £960 spent	95% good/excellent; 95% increased confidence	Parents more confident supporting anxiety and behaviour	●
Food / Fuel Vouchers	8 families; £163 spent (2.2% of funding)	Delivered via Hub assessment; spend within limits	Immediate relief from poverty-related stress	●

Overall Performance

Area	Result
Projects delivered	8
Children supported	134
Parents supported	96
Families supported	8
Projects rated good excellent	8/8
Projects showing Better Outcomes	8/8
Main Strength	Clear emotional, practical and relational benefits

Project 1 : Exploring Behaviours (Parents Groups)

How Much did we do? • 3 group programmes (1.5 hrs each) • 36 parents supported across 3 groups • £1,440 spent	How well did we do it? • Co-designed and delivered with Born to Shine and Hub partners • Referred through full Hub network • 100% of parents rated the programme good/excellent • 100% reported increased confidence
Is anyone better off? • Parents better understand causes of challenging behaviour • Increased ability to identify triggers and support regulation at home • Parents feel more confident using positive, connection-based strategies	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 6. Engage and support parents into additional supports/ parenting programmes/peer support/ workshops 11. Parents are supported and provided with skills in respect of EBSNA 13. Young people are supported in a confidential manner through difficult periods of their youth and adolescence

Project 2 : Playful Parenting

How Much did we do? • 6-week parenting programme • 36 parents supported across 3 groups • £1,440 spent	How well did we do it? • Joint planning and recruitment with Hub partners • Sessions hosted in accessible partner venues • 100% good/excellent rating • 95% increased confidence
Is anyone better off? • Stronger parent–child bonding through play • Parents using play more confidently in daily routines • Improved communication and interaction within families	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 6. Engage and support parents into additional supports/ parenting programmes/peer support/ workshops

Project 3 : Bright Young Minds (Children’s Group Work)

How Much did we do? • 3 group sessions per programme • 24 children aged 4–8 supported • £960 spent	How well did we do it? • Delivered through schools and community-based Hub partners • Creative, play-based approach tailored to children’s needs • 100% good/excellent rating • 93% increased confidence
Is anyone better off? • Children developed emotional vocabulary • Improved ability to identify and manage feelings • Increased emotional resilience and confidence	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 8. Facilitate engagement of young people in activities outside the home /community participation 9. Support young people to engage in group work around EMHW/ Anxiety 12. Young People are listened to and have a voice in respect of their own needs 13. Young people are supported in a confidential manner through difficult periods of their youth and adolescence

Project 4 : Yo'tism – Neurodiverse Yoga

How Much did we do? • 8 sessions delivered • 80 children and young people aged 4–15 supported • £400 spent	How well did we do it? • Strong collaboration with specialist provider and Hub partners • Accessible venues and age-appropriate groupings • 100% good/excellent rating • 100% increased confidence
Is anyone better off? • Neurodiverse children gained practical regulation and calming tools • Reduced anxiety and improved sensory integration • Families supported while waiting for assessment/diagnosis pathways	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 7. Facilitate early intervention support to Children, young people and families with disability/ additional needs (inc non-diagnosed) 8. Facilitate engagement of young people in activities outside the home /community participation 9. Support young people to engage in group work around EMHW/ Anxiety

Project 5 : 1-1 Play Therapy

How Much did we do? • 6 weeks of 1:1 therapy • 6 children aged 4–11 supported • £1,260 spent	How well did we do it? • Children referred via Hub-led processes • Sessions delivered in quiet, familiar partner venues • Feedback collection ongoing due to additional sessions required
Is anyone better off? • Children received confidential therapeutic support • Support with bereavement, trauma, family breakdown and emotional regulation • Children feel listened to and supported during difficult periods	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 5. One to one support for young people including counselling/ play therapy 8. Facilitate engagement of young people in activities outside the home /community participation 9. Support young people to engage in group work around EMHW/ Anxiety 10. Young People are socially included and have a sense of belonging and supported to attend school 12. Young People are listened to and have a voice in respect of their own needs 13. Young people are supported in a confidential manner through difficult periods of their youth and adolescence

Project 6 : Group Play Therapy

How Much did we do? • 3 groups × 6 sessions • 24 children aged 4–11 supported • £810 spent	How well did we do it? • Groups carefully planned by age and need with Hub partners • Familiar venues supported engagement and attendance • 100% good/excellent rating • 100% increased confidence
Is anyone better off? • Children developed social and communication skills • Increased confidence, friendships and sense of belonging • Safe peer environment supported emotional development	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 5. One to one support for young people including counselling/ play therapy 8. Facilitate engagement of young people in activities outside the home /community participation 9. Support young people to engage in group work around EMHW/ Anxiety 10. Young People are socially included and have a sense of belonging and supported to attend school 12. Young People are listened to and have a voice in respect of their own needs 13. Young people are supported in a confidential manner through difficult periods of their youth and adolescence

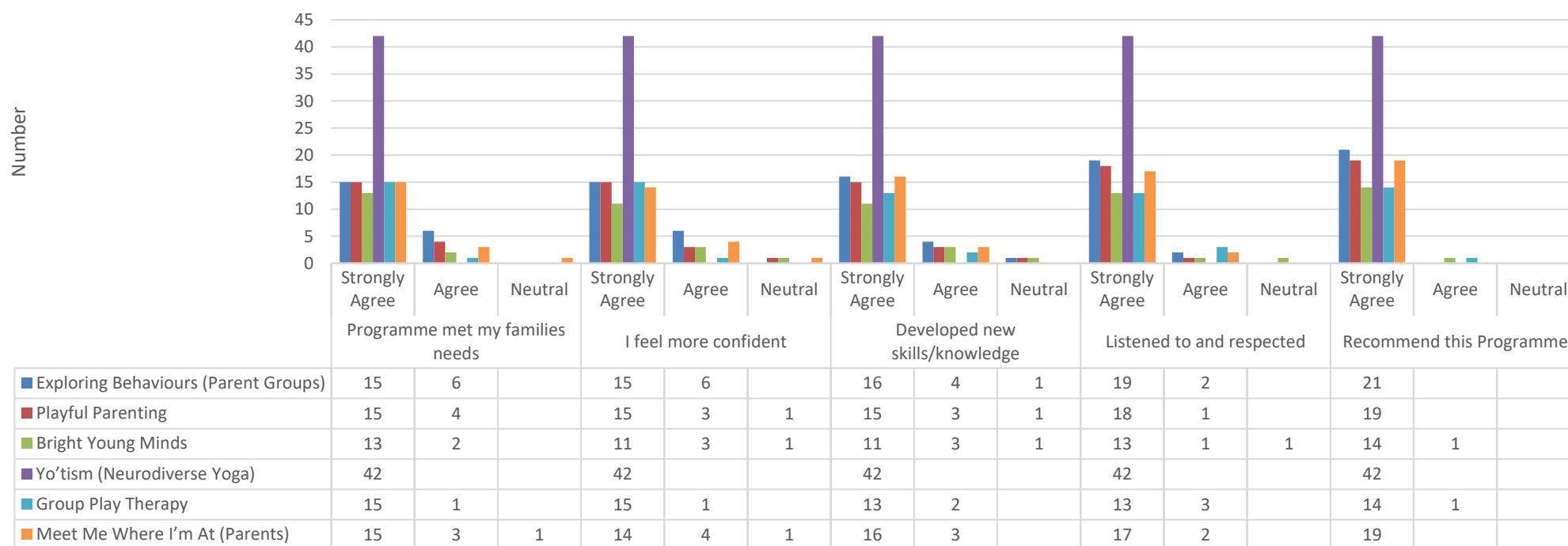
Project 7 : Meet Me Where I'm At (Parent Programme)

How Much did we do? • 6-week holistic parenting programme • 24 parents supported • £960 spent	How well did we do it? • Targeted recruitment via Hub partners • Delivery matched to parents ready for longer-term support • 95% good/excellent rating • 95% increased confidence
Is anyone better off? • Parents better able to support children with anxiety and behaviour • Improved regulation-informed parenting approaches • Stronger confidence managing school-related challenges	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 6. Engage and support parents into additional supports/ parenting programmes/peer support/ workshops 8. Facilitate engagement of young people in activities outside the home /community participation 11. Parents are supported and provided with skills in respect of EBSNA 13. Young people are supported in a confidential manner through difficult periods of their youth and adolescence

Projects 8 : Fuel/ Food Vouchers (Poverty Response)

How Much did we do? - Emergency support for 8 families £163 spent (2.2% of total funding)	How well did we do it? - Delivered in partnership with Hub members - Needs assessed through Hub triage - Spend within the 15% voucher cap
Is anyone better off? - Immediate financial pressure relieved - Families able to meet basic needs (heat, electricity, food) - Reduced crisis stress during periods of hardship	KPIs Achieved: 2. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 15. No more than 15% funding to be spent on vouchers provided to families for fuel/food/Electric

Programme Evaluation Report - ETHOS



Note: no-one disagreed or Strongly disagreed

Western Area Outcomes Group

Outcome Monitoring 2025/26

Family Support Hub: **Family First** Date: **April 2026** Total Allocated: £ **7,443** Total Projects Funded: **11**

Project	How much did we do?	How well did we do it?	Is anyone better off?	Overall
Halloween Spooktacular Event	20 children registered; 8 attended from 5 families; £113.94 spent	Delivered via Hub partners; weather impacted attendance; 67% good/excellent	Children accessed a safe, inclusive social activity during school holidays	●
Christmas Family Event	13 families supported (14 adults, 24 children); £113.94 spent	Strong Hub partnership delivery; 3 new families engaged; 100% good/excellent	Increased family connection, inclusion and engagement with early help services	●
Child Counselling	4 children supported; 8 sessions each; £1,280 spent	Hub-referred; 100% good/excellent; 100% increased confidence	Children gained emotional coping skills; improved wellbeing for families	●
Teen Gym	10 young people registered; avg. 6 attending; £720 spent	Adapted to feedback; 67% good/excellent; 60% increased confidence	Reduced isolation; increased confidence and routine for young people	●
Lego-Based Therapy	4 children attended weekly groups; £240 spent	Small-group, play-based intervention; 100% good/excellent	Improved communication, regulation and social skills	●
Parent Wellbeing Workshops	4 parents completed; £120 spent	Hub-recruited; 100% good/excellent; 100% confidence	Parents gained tools for anxiety management and self-care	●
NISA Vouchers	17 families supported (20 parents, 37 children); £1,000 spent	Hub-assessed delivery; spend within limits; 100% good/excellent	Immediate financial relief; families linked to wider Hub support	●
Play-Based Therapy (Sand Therapy)	6 children supported; 6 sessions each; £1,080 spent	100% attendance; 100% good/excellent	Reduced anxiety; improved confidence and behaviour	●
Eden Consultancy – Parent Workshops	30 parents attended; 2 workshops; £1,136 spent	Highly accessible delivery; 95% good/excellent	Parents better able to support neurodiverse children; reduced isolation	●
Relax Kids	6 parents & 9 children attended; £400 spent	Hub-referred; 100% good/excellent	Improved emotional regulation and family wellbeing strategies	●
Yotism	5 children attended weekly sessions; £300 spent	Hub-delivered; 100% good/excellent	Neurodiverse children gained calming/regulation techniques	●

Overall Performance

Area	Result
Projects delivered	11
Children supported	104
Parents supported	74
Families supported	35
Projects rated good excellent	11/11
Projects showing Better Outcomes	11/11
Main Strength	Clear improvements in wellbeing, confidence, inclusion and financial stability

Project 1 : Halloween Spooktacular Event

How Much did we do? £113.94 spent 14 referrals; 20 children registered 8 children attended (5 families, 5 parents)	How well did we do it? - Delivered through active Hub engagement and partner promotion - Storm affected attendance, but event still delivered as planned 67% rated good/excellent 67% reported increased confidence
Is anyone better off? - Provided a safe, inclusive social activity for children who struggle in large groups - Children experienced enjoyment and social engagement during school holidays	KPIs Achieved: - Hub Network Engagement - Referrals from FSH - Expenditure on target - Facilitate engagement of young people in activities outside the home /community participation

Project 2 : Christmas Event for Families

How Much did we do? £113.94 spent 13 families supported (14 adults, 24 children) - Christmas Cooking Demo for Parents, Christmas Movie and Craft packs for Children - Families had dinner together.	How well did we do it? - Strong Hub engagement and partnership with CFI–Safe Food 3 new families engaged with Hub services following the event 100% rated good/excellent 100% increased confidence
Is anyone better off? - Families experienced social connection, inclusion and shared family time - Strengthened community links and engagement with early help supports	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 7. Facilitate early intervention support to Children, young people and families with disability/ additional needs (inc non-diagnosed) 8. Facilitate engagement of young people in activities outside the home /community participation 14. Work in partnership with trusted partners to provide holistic approach to poverty response

Project 3 : Child Counselling

How Much did we do? £1,280 spent 4 children received blocks of 8 one-to-one counselling sessions - Supportive sessions for children over the age of 5years providing a safe place to explore feelings and experience while exploring age appropriate tools to find solutions.	How well did we do it? - Delivered via Hub referrals and partnership with local counselling service 100% rated good/excellent 100% increased confidence
Is anyone better off? - Children were supported to explore emotions safely and develop coping strategies - Parents experienced reduced financial burden and improved wellbeing for their child	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 5. One to one support for young people including counselling/ play therapy 12. Young People are listened to and have a voice in respect of their own needs 13. Young people are supported in a confidential manner through difficult periods of their youth and adolescence 14. Work in partnership with trusted partners to provide holistic approach to poverty response

Project 4 : Teen Gym

How Much did we do? £720 spent 10 young people registered (average weekly attendance 6) - Supporting Teens mental health and well-being including confidence building and education on physical health and well-being. - Tips and tools provided on healthy lifestyle and how learning from the Gym can be continued at home.	How well did we do it? - Programme adapted over time in response to young people's feedback - Delivered through Hub referrals 67% rated good/excellent 60% increased confidence
Is anyone better off? - Young people reduced isolation and increased physical activity - One previously socially isolated young person began attending weekly - Improved confidence and sense of belonging reported	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 8. Facilitate engagement of young people in activities outside the home /community participation 14. Work in partnership with trusted partners to provide holistic approach to poverty response

Project 5 : Lego Based Therapy

How Much did we do? £240 spent 4 children attended weekly sessions - Programme provided support to children with social, emotional and communication needs	How well did we do it? - Small-group, play-based intervention delivered via Hub referrals 100% rated good/excellent 100% increased confidence
Is anyone better off? - Children improved social, communication and regulation skills - Parents benefited from peer support while waiting for assessments - Supported ongoing family engagement and increased awareness of the Hub to new families.	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 7. Facilitate early intervention support to Children, young people and families with disability/ additional needs (inc non-diagnosed) 8. Facilitate engagement of young people in activities outside the home /community participation

Project 6 : Parent Well-Being Workshops

How Much did we do? £120 spent 4 parents completed the workshops - Sessions were delivered over 2 week 2 hour workshops for the same group of parents.	How well did we do it? - Delivered through Hub engagement 100% rated good/excellent 100% increased confidence
Is anyone better off? - Parents gained tools to manage anxiety and prioritise self-care - Some parents progressed into further wellbeing supports 1 parent was a new Hub referral and has since availed of further supports for their family.	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 6. Engage and support parents into additional supports/ parenting programmes/peer support/ workshops 14. Work in partnership with trusted partners to provide holistic approach to poverty response

Project 7 : NISA Vouchers

How Much did we do? £1,000 spent 17 families supported (20 parents, 37 children – 3 families with additional need were provided 2 vouchers) - Vouchers of £50 which can be used within the local NISA Store to purchase food, electric/Gas when facing financial difficulties or crisis.	How well did we do it? - Delivered via Hub referrals and assessment - Expenditure within voucher limits 100% rated good/excellent 100% increased confidence
Is anyone better off? - Immediate relief from financial hardship - Families supported with wider Hub services such as foodbanks and advice	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 14. Work in partnership with trusted partners to provide holistic approach to poverty response 15 No more than 15% funding to be spent on vouchers provided to families for fuel/food/Electric

Project 8: Play Based Therapy (Sand Therapy)

How Much did we do? £1,080 spent 6 children supported with 6 individual sessions each - Therapy was supportive sessions to children to use play as a language to express and process difficult emotions and experiences in a safe and supportive environment	How well did we do it? 100% attendance rate 100% rated good/excellent 100% increased confidence
Is anyone better off? - Children showed reduced anxiety, improved confidence and behaviour - Families gained techniques to support emotional regulation at home "My daughter attended play therapy, she really enjoyed this and really helped her anxiety. There was such a big difference in her confidence from the start to end. The staff was very supportive and we are grateful for their help and support they provided."	KPIs Achieved: 3. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 5. One to one support for young people including counselling/ play therapy 7. Facilitate early intervention support to Children, young people and families with disability/ additional needs (inc non-diagnosed)

Project 9 : Eden Consultancy – Parent Workshops

How Much did we do? £1,136 spent 2 workshops delivered; 30 parents attended - This support was specific to helping parents who child is neurodivergent or going through assessment. It offered parents information, advice, support and practical tools to support their child's behaviours.	How well did we do it? - Delivered morning and afternoon to maximise accessibility 95% rated good/excellent 95% increased confidence
Is anyone better off? - Parents gained understanding and tools to support neurodivergent children - Reduced isolation through peer support and improved confidence "After struggling and fighting for support for our child and getting nowhere this has been amazing for me, meeting others in the same boat and the tutor's knowledge. Thank you."	KPIs Achieved: 4. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 6. Engage and support parents into additional supports/ parenting programmes/peer support/ workshops

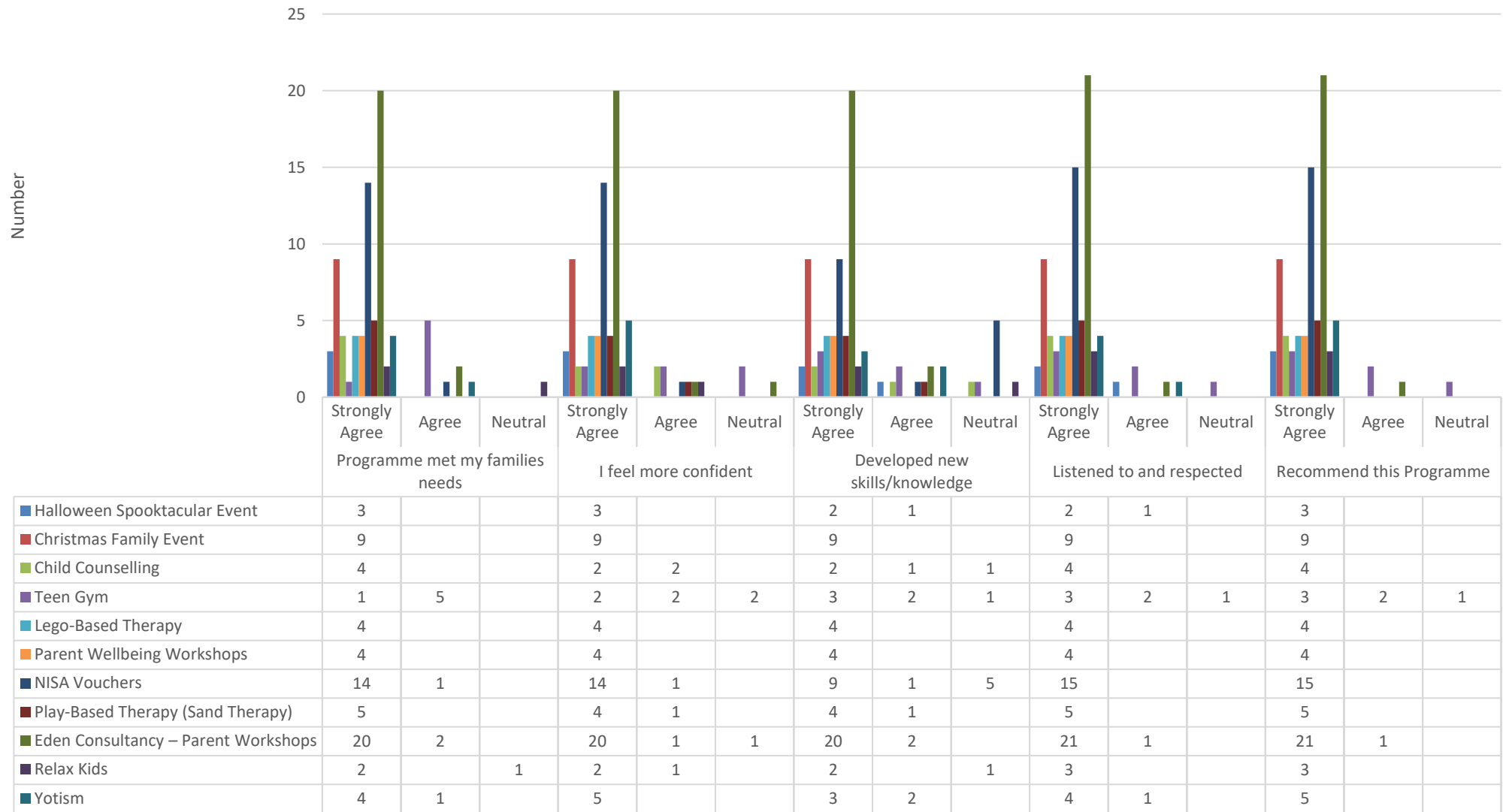
Project 10 : Relax Kids

How Much did we do? £400 spent 6 parents and 9 children attended 6 week Programme for children aged 5+ to provide supportive sessions developing confidence and calm through movement, mindfulness and relaxation	How well did we do it? - Delivered via Hub referrals 100% rated good/excellent 100% increased confidence
Is anyone better off? - Children improved emotional awareness and regulation - Families gained strategies to support wellbeing at home “This Programme was incredible for my child in helping her learn emotions and regulate these.”	KPIs Achieved: 5. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 8. Facilitate engagement of young people in activities outside the home /community participation 9. Support young people to engage in group work around EMHW/ Anxiety

Project 11 : Yotism

How Much did we do? £300 spent 5 children attended weekly sessions 6week adapted yoga and movement practices with mindfulness for children with neurodivergent needs.	How well did we do it? - Delivered through Hub engagement 100% rated good/excellent 100% increased confidence
Is anyone better off? - Neurodivergent children developed calming and regulation strategies - Parents reported improved routines and reduced stress (e.g. bedtime) - All families received a video form the therapist to continue support at home with their child.	KPIs Achieved: 6. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 7. Facilitate early intervention support to Children, young people and families with disability/ additional needs (inc non-diagnosed) 8. Facilitate engagement of young people in activities outside the home /community participation

Programme Evaluation Report - Family First



Note: no-one disagreed or Strongly disagreed

Western Area Outcomes Group

Outcome Monitoring 2025/26

Family Support Hub: Outer West Date: April 2026 Total Allocated: £ 7,443 Total Projects Funded: 9

Project	How much did we do?	How well did we do it?	Is anyone better off?	Overall
Child Counselling	4 children supported	80% good/excellent	Improved emotional expression & confidence	●
One-to-One Mentoring	6 young people supported	100% satisfaction	Increased resilience & coping skills	●
Meet Me Where I'm At	2 parents supported	100% satisfaction	Early learning only	●
Vouchers (Food/Fuel)	6 families supported	100% satisfaction	Reduced stress & financial pressure	●
Lego Therapy	8 children supported	100% satisfaction	Better emotional regulation	●
Connected Kids	8 children supported	100% satisfaction	Improved behaviour & engagement	●
Sand Therapy	7 children supported	100% satisfaction	Processing trauma & loss	●
Small Group Therapy x 2	8 children supported	100% satisfaction	Stronger social & emotional skills	●

Overall Performance

Area	Result
Projects delivered	9
Children supported	57
Families supported	6
Projects rated good excellent	9/9
Projects showing Better Outcomes	9/9
Main Strength	Therapeutic support & multi agency working

Project 1 : Child Counselling

How Much did we do? £1,000 invested 6 referrals from the Family Support Hub 4 children/young people received one-to-one counselling	How well did we do it? 80% of participants rated the support as good or excellent - Strong partnership working with GP Social Workers, Senior Mental Health Practitioners, Social Work Assistants and schools
Is anyone better off? - Children gained emotional language and understanding of their feelings - Increased confidence (80%) in communicating emotions to parents - Improved parent–child understanding and connection	KPIs Achieved: - Hub Network Engagement - Referrals from FSH - Expenditure on target - Practical family support delivered in the home - One to one support for young people including counselling/ play therapy - Parents are supported and provided with skills in respect of EBSNA

Project 2 : One to One Mentoring

How Much did we do? £1,100 invested 6 referrals from the Family Support Hub 6 young people supported through mentoring	How well did we do it? 100% good/excellent satisfaction 100% reported increased confidence - Delivered through trusted multi-agency referral pathways
Is anyone better off? - Young people developed resilience and coping strategies - Improved understanding of healthy relationships, anxiety, trauma, bullying and body image - Increased ability to manage challenges in daily life	KPIs Achieved: - Hub Network Engagement - Referrals from FSH - Expenditure on target - One to one support for young people including counselling/ play therapy - Facilitate early intervention support to Children, young people and families with disability/ additional needs (inc non-diagnosed) - Facilitate engagement of young people in activities outside the home /community participation - Young People are socially included and have a sense of belonging and supported to attend school - Young people are supported in a confidential manner through difficult periods of their youth and adolescence

Project 3 : Meet Me Where I'm At (Parent Programme)

How Much did we do? £480 invested 16 referrals from the Family Support Hub 2 parents participated	How well did we do it? 100% rated the programme as good/excellent 100% reported increased confidence - Holistic, needs-led parenting support model
Is anyone better off? - Parents gained tools to support children with additional needs or awaiting diagnosis - Increased understanding of emotional regulation, parenting styles and connection - Early progress noted, though outcomes suggest limited reach and impact this quarter	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 7. Facilitate early intervention support to Children, young people and families with disability/ additional needs (inc non-diagnosed)

Project 4 : Vouchers

How Much did we do? £1,000 invested 6 referrals from the Family Support Hub 6 families supported	How well did we do it? 100% good/excellent rating - Strong partnership working with schools, social workers, health visitors and foodbanks - Funding spent fully in line with targets
Is anyone better off? - Families experienced immediate financial relief - Reduced stress linked to food insecurity and heating costs - Improved household stability during cost-of-living pressures	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 14. Work in partnership with trusted partners to provide holistic approach to poverty response 15. No more than 15% funding to be spent on vouchers provided to families for fuel/food/Electric

Project 5 : Lego Therapy

How Much did we do? £330 invested 8 referrals from the Family Support Hub 8 children and young people participated	How well did we do it? 100% good/excellent feedback 100% increased confidence - Multi-agency engagement including schools, parents and health professionals
Is anyone better off? - Children improved emotional regulation and anxiety management - Increased confidence in handling stress and “big feelings” - Greater sense of empowerment and self-calming skills	KPIs Achieved: - Hub Network Engagement - Referrals from FSH - Expenditure on target - Facilitate early intervention support to Children, young people and families with disability/ additional needs (inc non-diagnosed) - Facilitate engagement of young people in activities outside the home /community participation - Support young people to engage in group work around EMHW/ Anxiety - Young People are socially included and have a sense of belonging and supported to attend school - Young People are listened to and have a voice in respect of their own needs

Project 6 : Connected Kids

How Much did we do? £360 invested 8 referrals from the Family Support Hub 8 children supported in a group setting	How well did we do it? 100% good/excellent satisfaction 100% reported increased confidence - Collaborative delivery with schools, parents and mental health practitioners
Is anyone better off? - Improved emotional wellbeing and resilience - Better behaviour, cooperation and social skills - Increased engagement in learning and positive peer relationships	KPIs Achieved: - Hub Network Engagement - Referrals from FSH - Expenditure on target - Facilitate early intervention support to Children, young people and families with disability/ additional needs (inc non-diagnosed) - Facilitate engagement of young people in activities outside the home /community participation - Support young people to engage in group work around EMHW/ Anxiety - Young People are socially included and have a sense of belonging and supported to attend school - Young People are listened to and have a voice in respect of their own needs

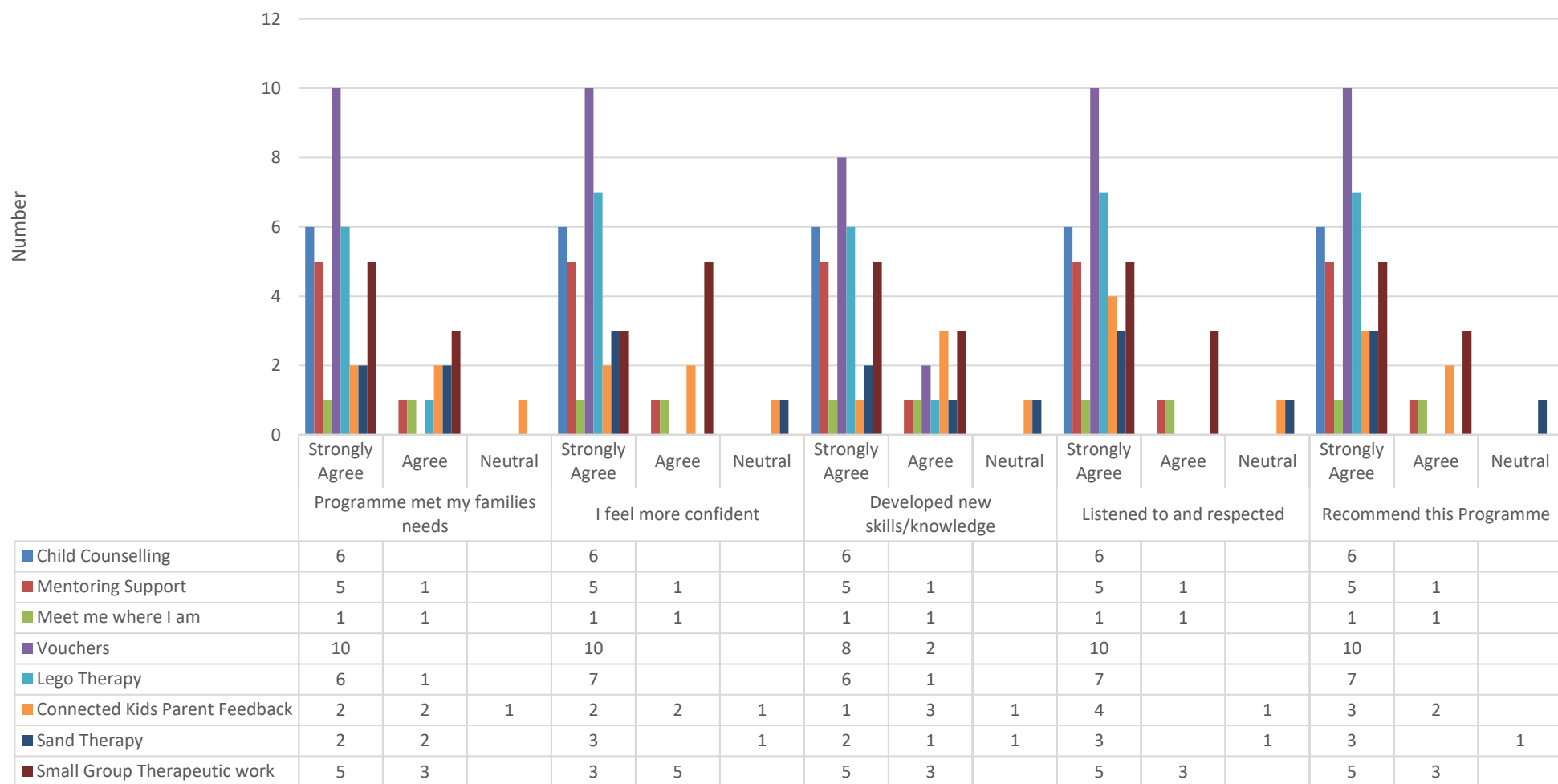
Project 7 : Sand Therapy

How Much did we do? £2,520 invested 7 referrals from the Family Support Hub 7 children supported through sand play therapy	How well did we do it? 100% good/excellent outcomes 100% increased confidence - Safely delivered through trusted therapeutic and multi-agency environments
Is anyone better off? - Children processed bereavement, anxiety, trauma and transitions - Improved emotional expression and resilience - Strengthened overall emotional wellbeing	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 7. Facilitate early intervention support to Children, young people and families with disability/ additional needs (inc non-diagnosed) 8. Facilitate engagement of young people in activities outside the home /community participation 9. Support young people to engage in group work around EMHW/ Anxiety 10. Young People are socially included and have a sense of belonging and supported to attend school 12. Young People are listened to and have a voice in respect of their own needs

Projects 8 & 9 : Small Group Therapeutic Work (x2)

How Much did we do? £540 invested 8 referrals from the Family Support Hub 8 children supported through group therapy courses	How well did we do it? 100% good/excellent rating 100% increased confidence - Play-based, relational and trauma-informed approach
Is anyone better off? - Improved emotional regulation and coping strategies - Stronger social skills and relationships - More positive self-concept and communication skills	KPIs Achieved: 7. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 5. One to one support for young people including counselling/ play therapy 7. Facilitate early intervention support to Children, young people and families with disability/ additional needs (inc non-diagnosed) 8. Facilitate engagement of young people in activities outside the home /community participation 9. Support young people to engage in group work around EMHW/ Anxiety 10. Young People are socially included and have a sense of belonging and supported to attend school 12. Young People are listened to and have a voice in respect of their own needs

Programme Evaluation Report - Outer West



Note: no-one disagreed or Strongly disagreed

Western Area Outcomes Group

Outcome Monitoring 2025/26

Family Support Hub: Strabane Date: April 2026 Total Allocated: £ 7,433 Total Projects Funded: 2

Project	How much did we do?	How well did we do it?	Is anyone better off?	Overall
Nurturing & Growing Strong Hearts & Calm Minds	121 Primary-aged children supported to date across 6 rural schools; 4 additional schools ongoing with 80 more pupils expected; £6,000 invested	100% good/excellent feedback; 100% increased confidence reported by schools; strong partnership with Hub, schools, RAPID and facilitator	Children developed emotional literacy, resilience and self-regulation; early intervention embedded in school settings; positive impact reported by schools	●
Fuel / Electricity Vouchers	28 families supported (52 parents, 41 children); £1,120 spent	Delivered via Hub referrals; expenditure on target; 100% good/excellent feedback returned	Families able to maintain heat and electricity; immediate financial pressure reduced; families linked into wider community support	●

Overall Performance

Area	Result
Projects delivered	2
Children supported	121 (+80)
Families supported	28
Projects rated good excellent	2/2
Projects showing Better Outcomes	2/2
Main Strength	Clear emotional wellbeing and household stability benefits

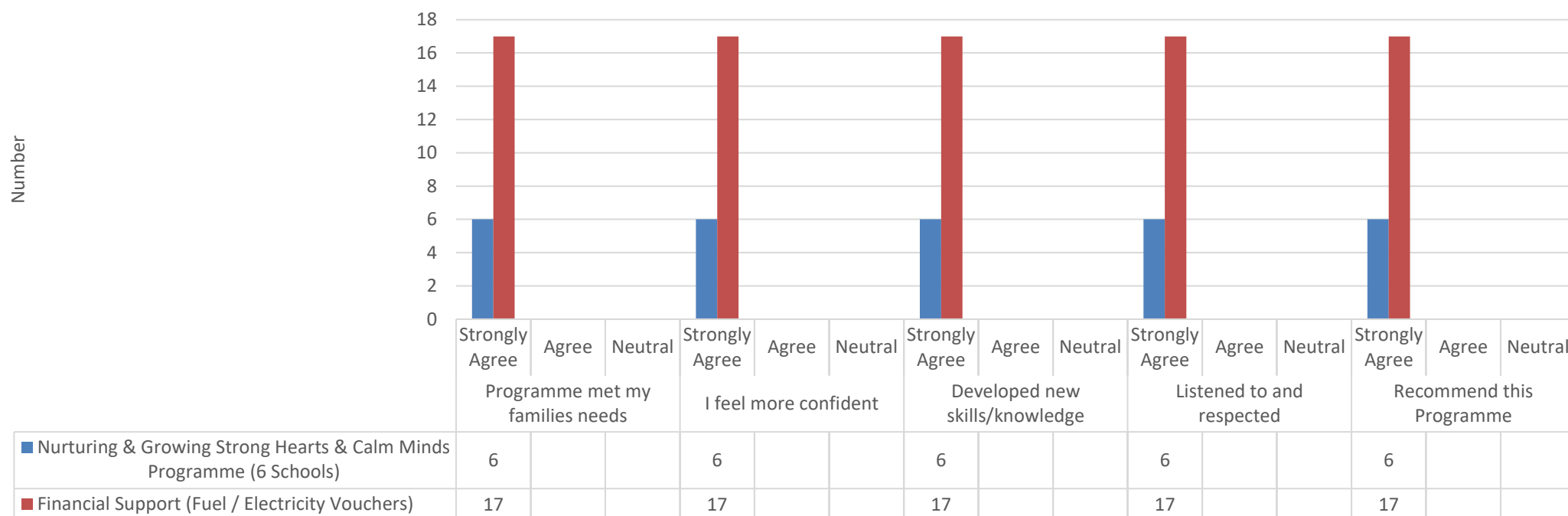
Project 1 : Nurturing & Growing Strong Hearts & Calm Minds Programme

How Much did we do? £6,000 invested - Delivered a bespoke 4-week wellbeing programme 121 primary-aged children supported to date across 6 rural primary schools - A further 4 schools ongoing, with an additional 80 pupils expected to benefit by June 2026	How well did we do it? - Delivered in partnership with RAPID, Strabane Family Support Hub, schools and an external facilitator - Strong Hub engagement ensured access to rural schools - Expenditure on target: Yes 100% rated good/excellent 100% increased confidence reported by schools
Is anyone better off? - Children developed emotional literacy, resilience and self-regulation skills - Early intervention support provided within class settings, including children with additional or emerging needs - Schools reported positive impact for pupils and staff, supporting emotional wellbeing and learning readiness	KPIs Achieved: - Hub Network Engagement - Referrals from FSH - Expenditure on target - Practical family support delivered in the home - Engage and support parents into additional supports/ parenting programmes/peer support/ workshops

Project 2 : Financial Support (Fuel / Electricity Vouchers)

How Much did we do? £1,120 spent on financial support 28 families supported through vouchers for electricity/gas - Benefiting 52 parents and 41 children	How well did we do it? - Referrals received through the Strabane Family Support Hub network - Awareness of support circulated across partner agencies - Expenditure on target: Yes 100% rated good/excellent (based on feedback returned)
Is anyone better off? - Families were able to maintain warm homes and essential utilities - Immediate financial pressure reduced during periods of hardship - Families linked to community and ongoing support services, strengthening local support networks	KPIs Achieved: - Hub Network Engagement - Referrals from FSH - Expenditure on target - No more than 15% funding to be spent on vouchers provided to families for fuel/food/Electric

Programme Evaluation Report - Strabane



Note: no-one disagreed or Strongly disagreed (17 evaluation returns were received for financial support)

Western Area Outcomes Group

Outcome Monitoring 2025/26

Family Support Hub: Waterside Date: April 2026 Total Allocated: £ 7,433 Total Projects Funded: 4

Project	How much did we do?	How well did we do it?	Is anyone better off?	Overall
Pretzel Play Facilitator-Led Groups	2 programmes (8 sessions); 7 parents, 12 children, 6 families; £1,650 spent	Delivered via Hub referrals; 80% good/excellent; 70% increased confidence	Improved parent–child bonding; increased emotional regulation and self-esteem	●
Equine Assisted Services	20 individual sessions + group sessions; 10 children, 6 families; £3,100 spent	Delivered via Hub partnership; feedback emerging; 80% initial good/excellent	Reduced anxiety, improved confidence and regulation; parental relief reported	●
Practical Support (Vouchers)	£1,150 spent; 4 parents, 10 children supported (with remaining balance to allocate)	Delivered via Hub needs assessment; targeted and within limits	Immediate relief from financial hardship; reduced stress; improved household stability	●
Reduce Social Isolation Group	5 outings delivered; 5 children supported; £1,450 spent	Delivered with transport and structured support; feedback pending	Increased confidence, social inclusion and access to community activities	●

Overall Performance

Area	Result
Projects delivered	4
Children supported	37
Parents supported	11
Families supported	21
Projects rated good excellent	4/4
Projects showing Better Outcomes	4/4
Main Strength	Clear improvements in wellbeing, confidence, family relationships and financial stability

Project 1 : Pretzel Play Facilitator-Led Groups

How Much did we do? £1,650 invested - Delivered 2 structured group programmes (8 sessions total) - Beneficiaries: 7 parents, 12 children, 6 families - One programme for parents and toddlers. - One for 7yrs to 9 yrs old.	How well did we do it? - Delivered through Family Support Hub referral pathways and partner engagement - Strong adherence to planned delivery model 80% rated good/excellent 70% reported increased confidence
Is anyone better off? - Improved parent–child bonding and attachment - Children developed emotional regulation skills and self-esteem - Parents supported to engage more positively with their children	KPIs Achieved: - Hub Network Engagement - Referrals from FSH - Expenditure on target - Engage and support parents into additional supports/ parenting programmes/peer support/ workshops - Facilitate early intervention support to Children, young people and families with disability/ additional needs (inc non-diagnosed) - Facilitate engagement of young people in activities outside the home /community participation - Support young people to engage in group work around EMHW/ Anxiety

Project 2 : Equine Assisted Services

How Much did we do? £3,100 invested - Delivered individual sessions (20 sessions total) and group sessions - Beneficiaries: 10 children from 6 families	How well did we do it? - Delivered through Hub referrals and partnership with specialist provider - Logistics and scheduling ongoing; feedback still emerging 80% good/excellent (initial feedback)
Is anyone better off? Improvements in: - Anxiety reduction - Emotional regulation - Confidence building - Parents report relief and optimism about support for their child - Reduced parental stress	KPIs Achieved: - Hub Network Engagement - Referrals from FSH - Expenditure on target - One to one support for young people including counselling/play therapy - Engage and support parents into additional supports/ parenting programmes/peer support/ workshops - Facilitate early intervention support to Children, young people and families with disability/ additional needs (inc non-diagnosed) - Support young people to engage in group work around EMHW/ Anxiety

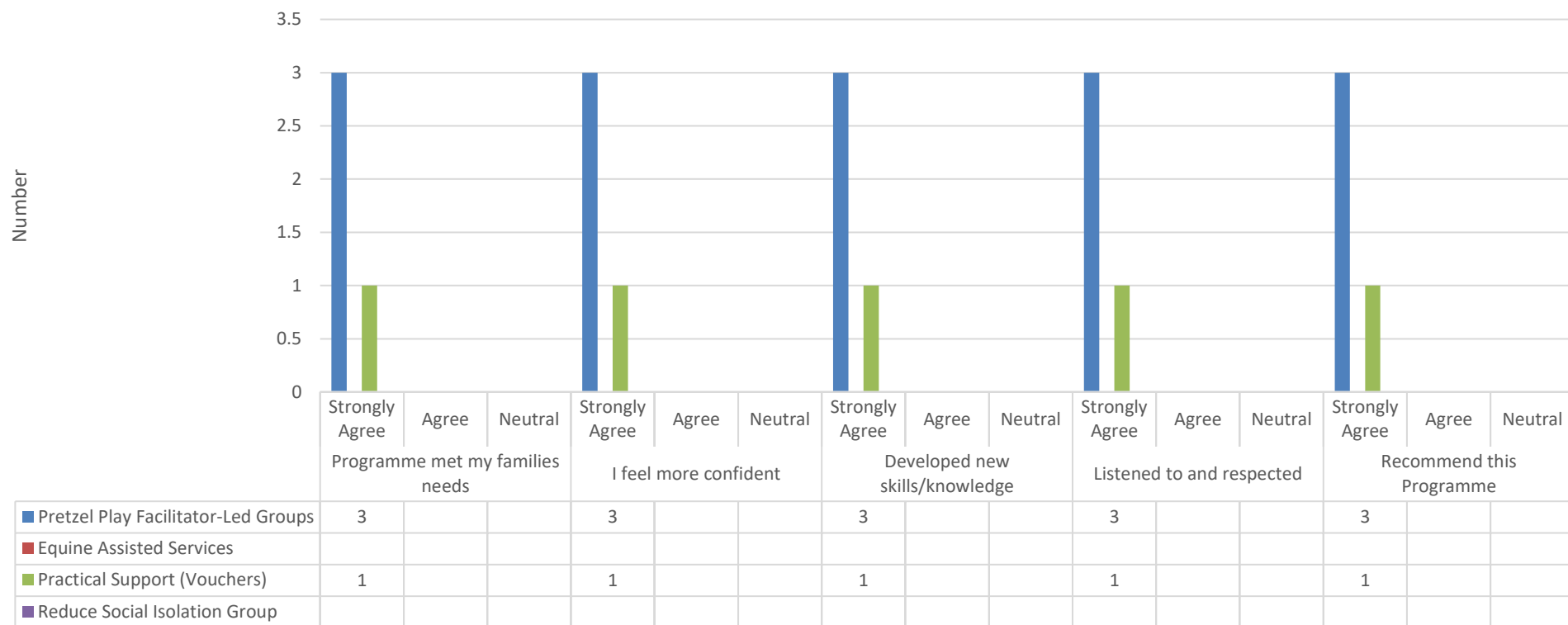
Project 3 : Practical Support to Families (Vouchers)

How Much did we do? £1,150 spent (with £350 remaining for distribution) - Beneficiaries: 4 parents and 10 children	How well did we do it? - Delivered via Hub referral and needs assessment process - Targeted support based on family circumstances (food, heating, utilities) - Funding on track and within limits
Is anyone better off? - Immediate relief from financial hardship and cost-of-living pressures - Reduced parental stress - Families better able to meet basic needs (food, heat, electricity)	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 4. Practical family support delivered in the home 14. Work in partnership with trusted partners to provide holistic approach to poverty response 15. No more than 15% funding to be spent on vouchers provided to families for fuel/food/Electric

Project 4 : Reduce Social Isolation Group

How Much did we do? £1,450 invested - Delivered 5 structured outings (bowling, cinema, trampolining, etc.) - Beneficiaries: 5 children	How well did we do it? - Delivered via Hub referrals with transport and facilitation support - Provided structured, safe group experience - Programme ongoing with final feedback pending
Is anyone better off? - Children accessed social opportunities they would not otherwise have - Increased confidence, social skills and emotional wellbeing - Reduced isolation and exclusion	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 8. Facilitate engagement of young people in activities outside the home /community participation 12. Young People are listened to and have a voice in respect of their own needs 13. Young people are supported in a confidential manner through difficult periods of their youth and adolescence

Programme Evaluation Report - Waterside



Note: no-one disagreed or Strongly disagreed

Western Area Outcomes Group

Outcome Monitoring 2025/26

Family Support Hub: Fermanagh Date: April 2026 Total Allocated: £ 13,000 Total Projects Funded: 4

Project	How much did we do?	How well did we do it?	Is anyone better off?	Overall
Food / Essential Items Vouchers	15 families supported (17 parents, 21 children); £1,500 spent	100% good/excellent; 100% increased confidence; strong Hub promotion and referrals	Immediate relief from cost-of-living pressures; reduced stress; families able to meet basic needs	●
Play Therapy (Primary-aged)	£4,200 invested; up to 14 sessions per child; 4 children allocated (2 completed, 2 ongoing); additional spaces purchased	Delivered via Hub referrals; 100% positive feedback from completed cases; early review and needs-led allocation	Improved emotional wellbeing and regulation; children supported with additional needs; improved school attendance	●
Youth Counselling / Play Therapy	£5,500 invested; 11 counselling spaces and 2 play therapy spaces purchased; mixed completion status	Used planned referral pathways; feedback from completers positive but partial (67% returns)	CYP feel heard, valued and supported; improved emotional wellbeing; access to confidential support	●
Parent Collective (Online Parenting Support)	5 online spaces purchased; 3 parents supported to date; £750 spent	Flexible, accessible delivery; 100% good/excellent feedback from completers; reduced participation barriers	Increased parenting confidence; better understanding of child development and attachment	●

Overall Performance

Area	Result
Projects delivered	4
Children supported	38
Families supported	15 (20 Parents)
Projects rated good excellent	4/4
Projects showing Better Outcomes	4/4
Main Strength	Clear improvements in wellbeing, confidence and financial stability

Project 1 : Financial Support (Food / Essential Items Vouchers)

How Much did we do? £1,500 spent on food/essential vouchers 15 families supported - Beneficiaries: 17 parents and 21 children	How well did we do it? - Promoted via Fermanagh Family Support Hub meetings and emails - Referrals made by Hub partners and parental self-referrals following assessment - Funding fully allocated as planned 100% rated the support good/excellent 100% reported increased confidence
Is anyone better off? - Improved emotional wellbeing for children - Children provided with a safe, therapeutic space to explore feelings - Early intervention support for children with disabilities/additional needs - Improved ability to attend school due to better emotional regulation	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 14. Work in partnership with trusted partners to provide holistic approach to poverty response 15. No more than 15% funding to be spent on vouchers provided to families for fuel/food/Electric

Project 2 : Play Therapy (Aisling McPhillips)

How Much did we do? £4,200 invested - Funded play therapy spaces for primary-aged children (5–11 years) - Up to 14 sessions per child (assessment, intervention and review) 5 initial places offered; 4 allocated, 1 declined due to family improvement 2 children completed, 2 ongoing 2 additional spaces purchased; 3 spaces currently open for referral	How well did we do it? - Promoted through Hub meetings and email circulation - Referrals via Hub partners and parental self-referrals - Funding used as planned - Feedback received from completed cases only 100% (2/2) rated good/excellent 100% (2/2) reported increased confidence
Is anyone better off? - Improvements in children's emotional wellbeing - Children had a safe, therapeutic space to explore emotions - Early intervention for children with disabilities/additional needs - Improved school attendance linked to better emotional regulation	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 4. Practical family support delivered in the home 15. No more than 15% funding to be spent on vouchers provided to families for fuel/food/Electric

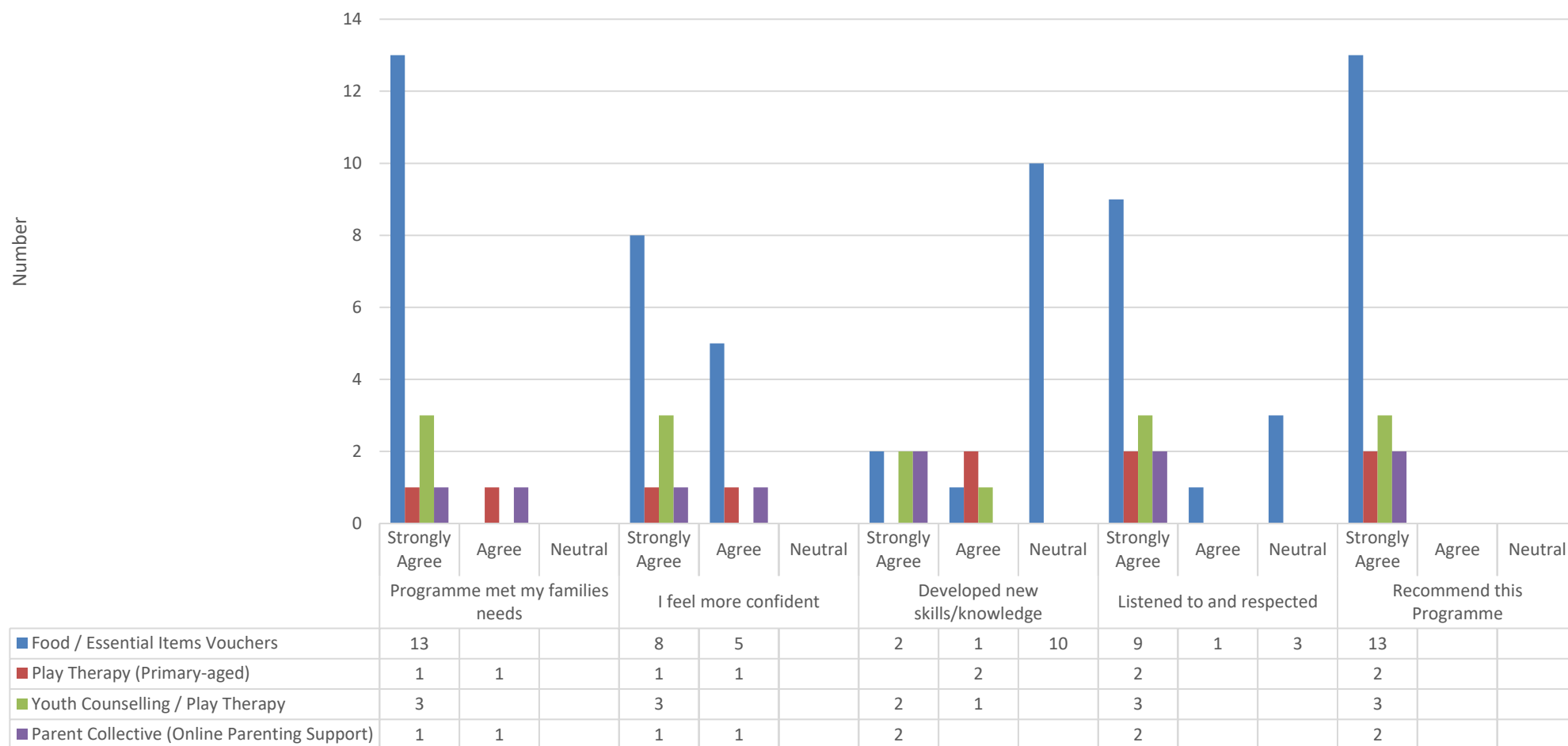
Project 3 : Youth Counselling / Play Therapy

How Much did we do? £5,500 invested 11 counselling spaces purchased - Additional 2 play therapy spaces also offered - Progress status: 3 children/young people completed; 3 ongoing; 4 awaiting allocation; 1 disengaged due to medical reasons	How well did we do it? - Promoted via Hub meetings and email - Referrals through Hub partners and parental self-referrals - Funding used as planned - Feedback received from those who completed only 67% (2/3) rated good/excellent (1 feedback outstanding) 67% (2/3) reported increased confidence
Is anyone better off? - Improved emotional wellbeing for children and young people - Young people gained access to safe, confidential support - Early intervention support provided for children with disabilities/additional needs - Children feel seen, heard, valued and understood	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 4. Practical family support delivered in the home 7. Facilitate early intervention support to Children, young people and families with disability/ additional needs (inc non-diagnosed)

Project 4 : Parent Collective (Online Parenting Support)

How Much did we do? £750 invested 5 online parenting spaces purchased 3 spaces allocated to date - Parents accessing support flexibly online - Some referrals requested 1-to-1 parenting support	How well did we do it? - Promoted via Hub meetings and emails - Referrals through Hub partners and self-referrals - Funding used as planned - Feedback received from families who completed to date 100% (2/2) rated good/excellent 100% (2/2) reported increased confidence
Is anyone better off? - Parents accessed support at a time that suited them - Barriers such as childcare and transport reduced - Parents improved understanding of child development - Increased confidence managing challenging behaviour - Stronger awareness of the importance of secure emotional attachment	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 4. Practical family support delivered in the home 6. Engage and support parents into additional supports/ parenting programmes/peer support/ workshops

Programme Evaluation Report - Fermanagh



Note: no-one disagreed or Strongly disagreed

Western Area Outcomes Group

Outcome Monitoring 2025/26

Family Support Hub: Omagh Date: 28/04/2026 Total Allocated: £ 13,000 Total Projects Funded: 4

Project	How much did we do?	How well did we do it?	Is anyone better off?	Overall
Food Vouchers	15 families supported (17 parents, 23 children); £1,500 spent	100% good/excellent feedback; delivered via Hub referrals; spend within limits	Reduced food insecurity; reduced stress; basic needs met	●
Play Therapy	9 children (5–11 yrs); up to 14 sessions each; £5,600 invested	80% good/excellent; transport support enabled access; some support ongoing	Improved emotional wellbeing; better regulation; early SEND support	●
Counselling (post-primary)	11 young people (11–17 yrs); £5,000 invested	Delivered via Hub pathways; 100% reported increased confidence; some returns outstanding	Improved emotional wellbeing; improved school engagement; confidential support	●
Transport Support	1 child supported; £900 invested	Funding used as intended; enabled access to therapy in rural area	Child accessed therapy otherwise unavailable; reduced exclusion	●

Overall Performance

Area	Result
Projects delivered	4
Children supported	44
Families supported	15
Projects rated good excellent	4/4
Projects showing Better Outcomes	4/4
Main Strength	Clear evidence of improved emotional wellbeing, confidence, inclusion and stability

Project 1 : Food Vouchers

How Much did we do? £1,500 spent on food vouchers 15 families supported 17 parents and 23 children benefited	How well did we do it? - Distributed through established Family Support Hub referral pathways 100% of participants rated support as good or excellent 100% reported increased confidence - Funding spent fully and appropriately within agreed limits
Is anyone better off? - Families experienced immediate relief from food insecurity - Reduced stress linked to cost-of-living and rural poverty pressures - Parents were better able to meet their children's basic needs	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 14. Work in partnership with trusted partners to provide holistic approach to poverty response 15. No more than 15% funding to be spent on vouchers provided to families for fuel/food/Electric

Project 2 : Play Therapy

How Much did we do? £5,600 invested 9 primary-aged children (5–11) accessed play therapy - Up to 14 sessions per child, including assessment and review - Parenting advice provided to all parents	How well did we do it? - Referrals via Hub partners and self-referral routes 80% rated the service good/excellent 80% reported increased confidence - Transport costs considered to support attendance - Some children still accessing therapy at reporting point
Is anyone better off? - Improvements in children's emotional wellbeing - Children had a safe, therapeutic space to explore emotions - Early intervention for children with disabilities/additional needs - Improved school attendance linked to better emotional regulation	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 4. Practical family support delivered in the home 15. No more than 15% funding to be spent on vouchers provided to families for fuel/food/Electric

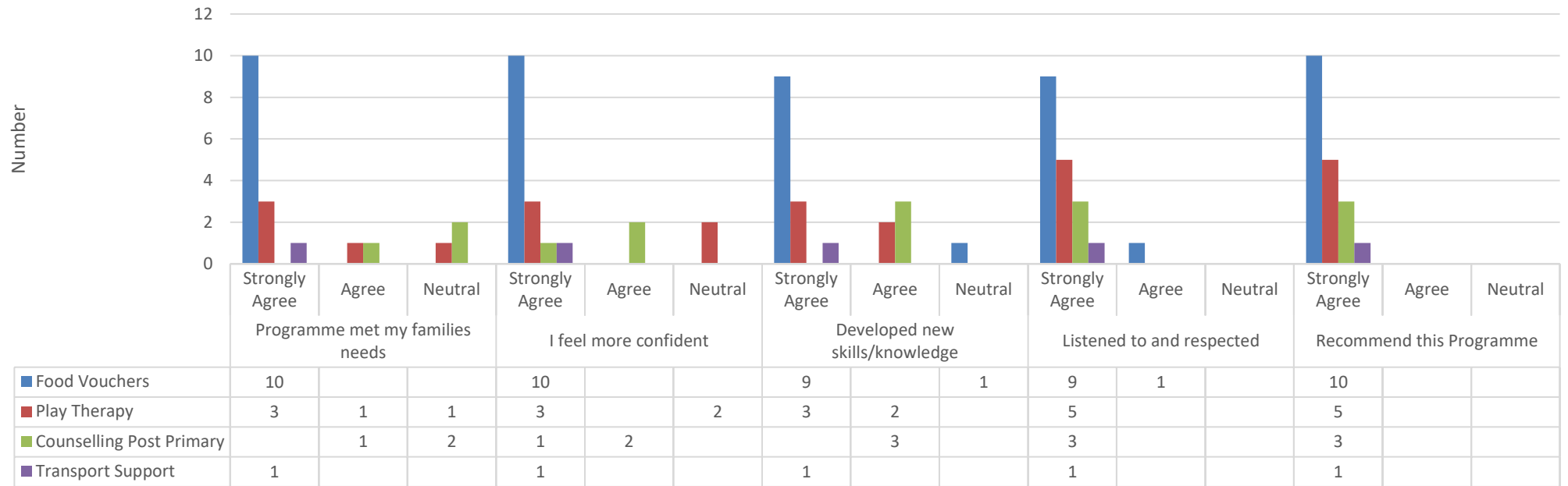
Project 3 : Counselling Post Primary

How Much did we do? £5,000 invested 11 children and young people (11–17) accessed counselling - Parenting advice provided alongside youth counselling	How well did we do it? - Delivered through trusted Hub referral processes 33% rated the service good/excellent (based on returns to date) 100% reported increased confidence - Several young people continuing to access counselling
Is anyone better off? - Improved emotional wellbeing for children and young people - Safe, confidential space to explore emotions and experiences - Early intervention for additional needs - Improved engagement with school as emotional health improved	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 4. Practical family support delivered in the home 7. Facilitate early intervention support to Children, young people and families with disability/ additional needs (inc non-diagnosed) 9. Support young people to engage in group work around EMHW/ Anxiety

Project 4 : Transport Support

How Much did we do? £900 spent on transport support 1 child supported to access play therapy - Support ongoing at time of reporting	How well did we do it? - Referral via Hub partner assessment - Funding used as planned - Additional charity funding supplemented to ensure continuity
Is anyone better off? - Child with disability was able to access therapeutic support that would otherwise be unavailable - Family not excluded due to rural location or financial barriers - Reduced impact of rural poverty on service access	KPIs Achieved: 1. Hub Network Engagement 2. Referrals from FSH 3. Expenditure on target 4. Practical family support delivered in the home

Programme Evaluation Report - Omagh



Note: no-one disagreed or Strongly disagreed