

Are you thinking family?

Are you treating or caring for a parent with mental health issues, including substance misuse, and/or their children or family members?

Remember to think beyond the individual in your professional contact. Involving the family is likely to lead to improved recovery rates.

Remember the following...

- **Your client/patient may be a parent or carer with dependants, which could affect their recovery.**
- **Give the family, including children, as much information as you can; ask them what they know and how they feel about the situation.**
- **Be prepared to intervene where there are concerns about the safety and wellbeing of any dependants in the family.**
- **Keep the family involved and updated: they need to be included in what is happening.**

For further information, visit: www.hscboard.hscni.net/thinkfamily/ or www.familysupportni.gov.uk

