## Are you thinking family?

Are you treating or caring for a parent with mental health issues, including substance misuse, and/or their children or family members?

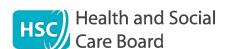
Remember to think beyond the individual in your professional contact. Involving the family is likely to lead to improved recovery rates.

## Remember the following...

- Your client/patient may be a parent or carer with dependants, which could affect their recovery.
- Give the family, including children, as much information as you can; ask them what they know and how they feel about the situation.
- Be prepared to intervene where there are concerns about the safety and wellbeing of any dependants in the family.
- Keep the family involved and updated: they need to be included in what is happening.

For further information, visit: www.hscboard.hscni.net/thinkfamily/ or www.familysupportni.gov.uk







Produced by the Public Health Agency on behalf of the Health and Social Care Board Mental Health and Children's Services' Think Child, Think Parent, Think Family Project, and HSCB/PHA Hidden Harm Regional Steering Group.