

**MINUTES OF MOYLE CHILDREN AND YOUNG PEOPLE'S
LOCALITY PLANNING GROUP MEETING**

**TUESDAY 12th AUGUST 2014 AT 10.00AM
IN THE TILLY MOLLOY CENTRE, ARMOY**

Attending:	Brenda McAteer	<i>Early Years Team NHSCT</i>
	Bridgeen Butler	<i>Moyle PCSP</i>
	Clare McKay	<i>NICMA</i>
	Emma McElhone	<i>NHSCT</i>
	Karen Cooke	<i>Early Years Organisation</i>
	Katherine Wylie	<i>Employers for Childcare</i>
	Hessie McMullan	<i>Network Personnel</i>
	Gemma Lutton	<i>CYPSP (Minute Taker)</i>
	Sandra Anderson	<i>CYPSP</i>
	Sharon Kirk	<i>Dalriada Surestart</i>
 Apologies:	Amanda McAuley	<i>CRUN</i>
	Janice Armstrong	<i>PHA</i>
	Lorraine Conor	<i>PSNI</i>
	Maureen McCaughan	<i>Home-Start Causeway</i>
	Selena Ramsey	<i>CYPSP</i>
	Tommy Dallas	<i>NEELB</i>
	Anne Kane	<i>Public Health Nursing</i>
	Karin Eyben	<i>CFNI</i>
	Janice Armstrong	<i>PHA</i>
	Carriann Rainey	<i>Cedar Foundation</i>
	Stephanie McFadden	<i>NHSCT</i>
	Louise Scullion	<i>Moyle District Council</i>
	Gerry McVeigh	<i>Start360</i>

WELCOME AND INTRODUCTIONS

Brenda welcomed everyone to the meeting today and a round of introductions took place.

MINUTES OF PREVIOUS MEETING

All agreed that the minutes from the meeting held on **Tuesday 10th June 2014** were a true and accurate recording.

MATTERS ARISING

Supporting my Child

Brenda provided an update on the recent developments on the Supporting my Child project. Brenda informed the group a meeting is scheduled with Audrey this week to try and progress. Brenda also hopes to get a time to link with Greenlight Gateway.

Premises

Brenda highlighted the issues with trying to book Trust premises for courses due to opening hours etc. It was noted the Northern HSC Trust have some good courses running in Antrim but parents aren't able to travel. There is no budget to hire venues closer.

Surestart agreed to offer free venues to help facilitate NHSCT ASD courses being run throughout the Northern Trust area. Hessie noted they would have premises available to hire in Ballycastle and negotiations could be made to come to an arrangement on costs.

It was noted it would be a useful to put a list together of premises available. Brenda agreed to put a form together to gather information from members on the premises available.

Action: Brenda

PRESENTATION – EMMA MCELHONE

Emma introduced herself to the group as the Roots of Empathy/Strengthening Families Coordinator. Emma provided background information to the Roots of Empathy and Strengthening Families Programme.

Roots of Empathy

Roots of Empathy is an evidence-based classroom programme which originated from Canada. The programme has shown significant effect in reducing levels of aggression among school children while raising social/emotional competence and increasing empathy.

Mary Gordon is the founder of the programme and was developed and piloted in 1996. Since the programme has been running it has reached half a million children worldwide. Roots of Empathy was launched in Northern Ireland in 2010. 3,500 children have participated since being introduced and the programme is now going into its 4th year.

A baby, ROE Instructor and local parent visit the classroom of P5 pupils. The baby must be 2-4 months old at the start of each programme. This starts in each selected School in October and finishes in May/June.

An instructor makes 27 classroom visits including family visits. Infant and parent visit the classroom once a month (9 family visits).

Emma outlined the goals set out by Roots of Empathy and the themes covered during the duration of the programme.

It was noted ROE is a well evidence based programme. Queens University are currently doing a 5 year research piece of the programme and this should be available next year.

Emma noted that this year 23 Schools are participating in the programme in the Northern Trust area.

Strengthening Families Programme

Emma provided background information to the programme which is PHA funded. It is a programme for parents/carers and their children aged 10-14 years. This is an evidence based programme and skills are gained by those attending to help strengthen their family. It is a 7 week programme taking place one night per week usually in the evening with a meal provided at the start of each night to all families attending.

Families are split into 2 groups each week at the beginning of each session. One group consists of parents/carers along with one facilitator. This lasts for an hour approximately and is DVD lead. The other group consists of young people and 2 facilitators. Individual topics are covered each week through activities and games. The groups re-join and complete further activities together within each family.

Funding has been received from the PHA to deliver 10 programmes between now and March. The aim is to have one running in each council area. Emma informed the group she is hoping for a programme to run in the Moyle area. Funding for each programme includes money to cover a venue, catering and transport to families if required to eliminate any barriers for families to attend the programme.

Anyone can make referrals to Emma McElhone if they know of any families who would benefit from this programme.

Emma informed the group of 3 day training for trainers will be taking place in October 2014. This will be for anyone who wishes to become a Strengthening Families facilitator. Discussions took place for potential venues to use to deliver the programme.

Any queries on Roots of Empathy/ Strengthening Families contact Emma
Telephone: 028 2563 6600 Email: emma.mcelhone@northerntrust.hscni.net

UPDATE – BUSHMILLS EDUCATION PROJECT

Sandra provided background information to the Bushmills Education Project. Anna Grindle engaged with children, young people and parents in Bushmills to develop a charter, with the vision of it representing what schools, communities and parents can do to improve the outcomes of their area.

A Young People's Festival took place on Saturday 14th June from 11am – 2pm in Bushmills Parish Centre. The Bushmills Young People's Education Charter was launched at this festival. Performances also took place from pupils from the local schools and organisations had information stands to showcase what services are available to young people. Pictures taken at the event were distributed.

Sandra noted there have been a number of things developed due to this piece of work.

UPDATE – FAMILY SUPPORT HUBS / EITP

Brenda noted the Early Intervention Transformation Programme attended the Northern Outcomes group to present. Training is being set up and the family support hubs have been invited to attend. EITP are also attending family support hub meetings.

ACTION PLAN/ REVIEW AND MERGE

The Action Plan was distributed to the group with information transferred from the recent action planning session and merged into this updated action plan.

Amendments noted:

Page 8 Tara Logan

Page 12 Community Support CRUN now offer support in this area.

It was agreed members will look at this to ensure all information is included. This will be an agenda item for the next meeting.

COMMUNITY FAMILY SUPPORT PROGRAMME – HESSIE MCMULLAN

Hessie McMullen is the newly appointed CFS Coordinator for the Northern and Southern Health Trust areas. Hessie provided information on the Community Family Support Programme. This is a programme offering families and young people support, information and confidence to tackle difficulties they may face in their daily life. It is aimed at families who have a young person aged between 11-24 years or young parents in this age category.

This is a 26 week programme and 12 families are allocated to each programme. A visit to each family takes place at the start of the programme, and this is to identify what their needs are. The needs of each family determine the focus of services and information offered for the duration of the programme.

Community Family Support will work with families to address concerns with behaviour difficulties, alcohol, substance misuse, health problems, financial difficulties, poor school attendance, lack of motivation to seek employment and training that are impacting their lives and causing a strain on relationships within families.

Hessie noted a pilot of the programme was run and feedback was very positive from those who participated. A number of people have enrolled in courses after taking part in the programme.

Hessie noted 12 families are needed for a new programme to run. Contact Hessie on 075 8561 0097 / 078 7283 8681 if you know of anyone who would be interested in taking part.

MEMBER UPDATES

Clare McKay – NICMA

Training has eased off over the summer but will be running again in September. 2 Child Development apps have been developed and are being promoted. One app is understanding child development for children 0-6 years and provides instant access to high quality information on child developmental norms relevant to the 0-6 year's age group.

The Health and safety app is designed to enable registered child-minders to plan a safe environment in which children can grow and develop. Training can also be completed on the app. These apps are both free and available to download.

Dates have been organised for Promoting Positive Behaviour in the Early Years Training. This is a 3 hour training course suitable for child-minders, parents, friends and adult family members.

Karen Cooke – Early Years

Karen provided information on the conference that took place in June and noted the feedback received was very positive.

Katherine Wylie – Employers for Childcare

Katherine provided information to the group on the new support service Childcare Temps for childcare settings. Childcare Temps is a staff bank of trained, experienced and approved childcarers to provide temporary childcare as and when required. This service is run throughout Northern Ireland. Employers for Childcare employ childcarers and supply staff to meet the requirements of each childcare setting. They take full responsibility for their Access NI and clearance from the Trust. All childcarers are fully vetted and approved to work in registered childcare settings across NI.

Bridgeen Butler – PCSP

Letter of offer has been received. Bridgeen noted a play called 'Last Orders' is currently being organised which will be aimed at year 10's. The play focuses on young people involved in risk taking behaviour and raises awareness of responsible drinking, safe sex and anti-social behaviour amongst teenagers. After the play the audience has the opportunity to quiz the play's characters about their actions.

2 outreach workers have been appointed for 3 hours a week in Moyle. A group in Ballycastle have been identified for these outreach workers to engage with for 3 hours a week.

Chat, Share, Think has been launched. This focuses on internet safety and the risks associated with the internet. The project combines the unique insight of PSNI officers working in the Public Protection Unit with funding, school links and the support of local Policing and Community Safety Partnerships (PCSPs). This has been rolled

out in Larne and Moyle and a number of workshops will continue to be delivered in Schools.

Bridgeen provided information on an Emotional Resilience programme Solis are delivering.

Sharon Kirk – Surestart

Sharon provided information on the 2 year programmes being rolled out. Places are full and there are waiting lists to fill another 3 programmes.

Home visits are taking place over the summer with children who are going to be attending Surestart in September. Play mornings are also running over the summer months. Parenting programmes will commence again in September.

The Surestart building in Ballymoney is now complete. The building is in an ideal location as it is easily accessible and has free car parking. Staff are in place and programmes are running. It was noted there are currently still Crèche places available. New signage will be going up next week to and the official open day will take place in September. All families receiving family visits are being told of these new premises.

ANY OTHER BUSINESS

Nothing noted.

DATE AND TIME OF NEXT MEETING

It was agreed the next meeting will take place on **Tuesday 14th October 2014** at **10.00am** in **The Tilly Molloy Centre, Armoy.**