

**CHILDREN'S SERVICES PLANNING  
MINUTES OF BALLYCLARE & RURAL NEWTOWNABBEY**

**THURSDAY 19<sup>th</sup> JUNE 2014 AT 2.00PM  
BALLYCLARE COMMUNITY CONCERNS**

<b>Attending:</b>	Adelyn Carr	<i>Ballyclare Family Focus</i>
	Gemma Lutton	<i>CYPSP (Minute Taker)</i>
	Janine Gaston	<i>SACN</i>
	Samantha Logan	<i>The Early Years Organisation</i>
	Sandra Anderson	<i>CYPSP</i>
	Selena Ramsey	<i>CYPSP</i>
<b>Apologies:</b>	Christine Craig	<i>ASDA Ballyclare</i>
	Liz Brown	<i>NICMA</i>
	Martina McCooey	<i>YJA</i>
	Pamela Davis	<i>NHSCT Neighbourhood Renewal</i>

**WELCOME AND INTRODUCTIONS**

Adelyn welcomed everyone to the meeting today and apologies were noted.

**MINUTES OF PREVIOUS MEETING**

One amendment was given and the minutes were agreed as being a true and accurate recording of the meeting held on **Thursday 17<sup>th</sup> April 2014**.

**MATTERS ARISING**

Engagement

It was noted Sandra has returned from maternity leave and Gemma took up post as programme support both starting on 2<sup>nd</sup> June 2014. A questionnaire is to be drafted with 5 or 6 key questions on needs of parents and sent to the group for comments. Once comments have been received Sandra agreed to input into survey monkey to be sent out.

**ACTION:** Sandra

All members of the locality group are to help distribute this through their contact lists.

**ACTION:** Group

### EITP Programme

Selena agreed to bring information on the EITP programme to the next meeting.

**ACTION:** Selena

## **PRESENTATION – JANINE GASTON – SUICIDE PRESENTION SACN**

Janine presented information to the group on a number of programmes and developments within South Antrim Community Network.

### Calendar

A training calendar for 2014-2015 has been developed and printed and copies were given to everyone at the meeting. The calendar details all training programmes available with information on each programme offered.

### Newsletter/Facebook

A newsletter is sent out weekly to 160 groups across south Antrim.

Facebook is a new development for SACN with it up and running from last summer. This is reaching an audience of approx. 3500 people. Janine noted this would be a good way to distribute the survey monkey questionnaire and this is to be sent to Michelle - Service Administrator.

### N.I.C.H.A Grants

Grants are now open with funding available of up to £1000. This is available to community and voluntary groups who have innovative ideas for local projects that aim to improve health and wellbeing.

Mental Health & Suicide Prevention grants are currently allocated but there is a potential for additional funding.

### Men's Health Week

Janine gave feedback on the event that took place in Antrim Lough on Saturday 14<sup>th</sup> June. It was a very busy day and well attended. A range of activities were provided focusing on Men's health.

### Policies & Procedures

Janine noted a flowchart of procedures is currently being put together to give guidance for good practice.

### Minding Your Head

It was noted this is currently being reviewed.

A Health Intelligence briefing paper has been circulated. It was agreed this would be discussed at the next meeting.

**ACTION:** Selena

### Flourishing

Janine noted there is now a project worker working intensively with churches through this project. This is a regional inter-church suicide prevention initiative with the aim to support churches to develop a focussed and shared approach to addressing the needs of people affected by suicide and to develop and provide appropriate training.

Janine agreed to get leaflets for the next meeting.

**ACTION:** Janine

### Together for You

Together for You is an innovative and exciting new project led by Action Mental Health delivering mental health and well-being services to a range of people across NI. Janine agreed to get leaflets on this for the next meeting.

**ACTION:** Janine

### Taking the Initiative

Janine give background information to this Big Lottery funded and Trust led project. The 4 components of this project were also explained.

### Young Men's Support Project

Janine noted The Young Men's Support Project was evaluated and copies were given to everyone present. Additional copies will be sent to Selena for circulation.

**ACTION:** Janine / Selena

### CRUSE - Bereavement Awareness

Training is being offered in Ballymena and Antrim on 24<sup>th</sup> & 27<sup>th</sup> June 2014. Places are still available if members would like to signpost anyone to this.

### Farm & Rural Stress

Janine informed the group that Wendy is hoping to put together a leaflet on farm safety. One would be to target adults and one to target children.

### Gaps

Janine didn't identify there being any gaps and explained to the group there are already a lot of services available. Promotion and awareness raising of what services are being provided and making people aware is the key.

## **ACTION PLAN – MENTAL HEALTH WHAT CAN WE DO / REVIEW FROM LAST MEETING**

The group agreed to promote the Here2help app in reference to better outreach and coordination of services relating to mental health in the action plan. This app was developed by a local initiative from people who want to make the range of services and support available to anyone in crisis. The aim of the app is to provide quick helplines for users to get support instantly and also offer links to reading materials that can help people in a time of need.

It was agreed to review the Action Plan 2012/2014 at the next locality meeting.

**ACTION:** Group

## **MEMBER UPDATES**

### Adelyn Carr – Ballyclare Family Focus

Adelyn informed the group that a parent and toddler group will be running from 22<sup>nd</sup> July – 21<sup>st</sup> August 2014 for Ballyclare and rural areas. Adelyn will also be launching 'Pick up a Picnic' and this will run alongside the dates of the parent and toddler group. 50 snack packs will be prepared and taken to the Grange every Tuesday as a way to engage with parents. Adelyn noted that leaflets will be included in the snack packs on healthy eating etc. to get key messages to parents.

There will be a limit on the number of snack packs a person can take to ensure they are distributed fairly. A child can take 1 and a parent can take 2 or 3.

Adelyn agreed to provide feedback at the next meeting.

**ACTION:** Adelyn

### Samantha Logan – The Early Years Organisation

Samantha provided information on the Early Years International Conference that took place on Friday 6<sup>th</sup> June 2014. There were various speakers presenting information on the day and was well attended. The theme for the conference was 'supporting children to realise their full potential – the importance of self-regulation'.

It was noted it will be a 50<sup>th</sup> Celebration for Early Years next year and a Conference will be organised. A theme is yet to be set.

Samantha noted that a Family Fun Day is being organised for Saturday 9<sup>th</sup> August 2014. Everyone is welcome.

## **ANY OTHER BUSINESS**

Nothing noted.

## **DATE AND TIME OF NEXT MEETING**

It was agreed that the next meeting would take place on **Thursday 16<sup>th</sup> October 2014 at 2.00pm in Ballyclare Community Concerns.**