



[www.cypsp.org](http://www.cypsp.org)



## Carrickfergus College

### 'Chill and Spill'

An information leaflet for  
teachers

CYPSP aim is to improve the well being of all children and young people by working in Partnership to enable them to reach their full potential.

The purpose of the Chill and Spill is to offer pupils in year 8 access to local services providers in a place they feel comfortable. This will provide them with the opportunity to discuss issues and concerns. It will also be a place where pupils can go, get involved in activities, relax, chill, eat their lunch and have familiar faces to chat with.

**Where** - N3

**When** - Thursday's at lunch time

**Please inform your pupils about the Chill and Spill  
and encourage them to attend**

**Want to know more?**

**Contact:** Selena Ramsey, CSP Locality Officer  
NHSCT, Naomi Centre  
2 Cullybackey Road  
Ballymena, BT43 5DF  
Tel: 028 2563 6608 Email: [Selena.ramsey@northerntrust.hscni.net](mailto:Selena.ramsey@northerntrust.hscni.net)