

**MINUTES OF CARRICKFERGUS CHILDREN AND YOUNG PEOPLE'S  
LOCALITY PLANNING GROUP MEETING**

**FRIDAY 13<sup>TH</sup> JUNE 2014 AT 10.00AM  
IN COMMUNITY FORUM MEETING ROOM, TOWN HALL BUILDINGS,  
CARRICKFERGUS**

<b>Attending:</b>	Roy Beggs	<i>MLA (Chair)</i>
	Carol Hedley	<i>NHSCT</i>
	Claire Allen	<i>Women's Aid</i>
	David Gilliland	<i>YMCA</i>
	Gabrielle Nellis	<i>PHA</i>
	Gemma Lutton	<i>CYPSP (Minute taker)</i>
	Gerry McDonald	<i>NHSCT</i>
	Hedley Webb	<i>Carrickfergus College</i>
	Janine Gaston	<i>SACN</i>
	Anne Thompson	<i>SACN</i>
	Sandra Anderson	<i>CYPSP</i>
	Selena Ramsey	<i>CYPSP</i>
<b>Apologies:</b>	Ann Doherty	<i>NHSCT Hearty Lives</i>
	Liz Brown	<i>NICMA</i>
	Martina McCooley	<i>YJA</i>

**WELCOME AND INTRODUCTIONS**

Roy welcomed everyone present and invited a round of introductions.

**MINUTES OF PREVIOUS MEETING**

The group reviewed the minutes from the meeting held on **Friday 7<sup>th</sup> February 2014** and agreed they were a true and accurate recording. Roy provided a copy of a presentation tackling low school attendance at the meeting.

Selena explained minutes of meetings will now be uploaded to the CYPSP website once agreed. All members of the locality group are to ensure they agree minutes from each meeting that takes place.

## **MATTERS ARISING**

There have been no updates to date from Helen regarding the SIF bid to support schools and home school liaison.

Selena agreed to circulate the Chill & Spill report.

**Action: Selena**

## **PRESENTATION – GERRY MCDONALD**

Gerry handed out a leaflet - Taking the Initiative to reduce the impact of alcohol.

The Northern Health and Social Care Trust received funding from the Big Lottery Fund a few years ago for the Impact of Alcohol programme. Gaps were identified in services already available and it was agreed to use this funding to develop four interlinked, outcome focused projects.

This programme hopes to improve relationships in terms of referrals from statutory, community and voluntary organisations and improve the pathway for clients to access services. Gerry noted a Community Development model called Asset Based Model is being used for the project.

Gerry explained each of the four components to the group.

### **1. Relationships and Alcohol Misuse**

The aim of this project is to reduce the harm caused by alcohol to families by supporting family life and relationships. A counselling service is provided to improve family life and relationships. This project is delivered by Relate NI.

### **2. Healthy Body, Healthy Mind**

This project supports individuals and families affected by both mental health and alcohol problems. A mentoring service is available to adults over 18. FASA and Action Mental Health are delivering this component.

### **3. Older Focus**

This project offers help and support to individuals aged 55+ and this project is provided by Addiction NI. Support is available to individuals directly misusing alcohol and to family members who are affected by an older person's alcohol use.

### **4. Believe In Youth**

This is a peer education detached outreach piece of work. There are 8 peer educators and a coordinator involved in this work. Looking to identify 2 areas in 10 council areas where there are on-going issues with young people who are misusing alcohol and consequently dropping out of school. The idea is to engage with young people and move them back to education. Also working alongside families, community and services young people are engaging with.

All these 4 components are working in partnership using the community mobilisation model to see if they can break the cycle. Funding for this Impact of Alcohol project is to April 2016.

The group discussed the areas to target young people in the Carrickfergus area as part of the Believe in Youth project. Greenisland or Whitehead areas were suggested as areas to engage with young people as they gather in these 2 locations. David queried the numbers likely to be worked with. Gerry stated that it will not be fixed in terms of a number.

Discussions took place between Roy and Gerry relating to the Relationships and Alcohol Misuse component. Roy questioned how this is going to work in Carrickfergus as there are no lead services. Gerry noted the project are looking at areas where they want to implement the service and will engage community champions who will undertake training.

## **CHILL AND SPILL PILOT EVALUATION**

Selena provided background information to the Chill and Spill Pilot.

Anna linked with Carrickfergus College and an evaluation has been completed. Selena agreed to circulate this to the group. In this evaluation it highlights young people did not open up about particular concerns to the Chill & Spill workers. However, when services came in the young people engaged. The YMCA One Stop Shop continue to offer a service 2 lunch times per week which the group agreed is a good exit strategy for the pilot programme.

Selena noted the Chill & Spill will be moving to Larne High School and offering the same service to pupils 11+. It is hoped this will launch in September 2014 in the Careers Room, Larne High School.

## **FEEDBACK – YOUTH FAIR 2014**

The Carrickfergus Youth Fair is organised every year and has been established for 3 - 4 years. Hedley explained the concept of the Youth Fair and how information stalls are provided to promote the services available to young people within the Carrickfergus area.

Discussions took place on how to improve on this and a few suggestions were made. The suggestion for this year's youth fair was to have more of a focus on possibly drugs and alcohol but to invite other organisations along also.

Sandra agreed to visit the year 10 group in Carrickfergus College to identify their needs for the next Youth Fair.

Hedley will organise a date for Mid February for the Carrickfergus Youth Fair.

**Action: Sandra & Hedley**

## **CARRICKFERGUS/LARNE HUB UPDATE**

Action for Children have secured the funding for the coordination of the Family Support Hubs in the Northern Area. Coordinators will be recruited to help with this work.

Further updates will be given at the next meeting.

## **ACTION PLAN MERGE**

The group worked together to review and merge the Carrickfergus Locality Partnership Action Plan 2011/2014 for a New Action Plan being developed for the Carrickfergus Locality Group.

It was agreed Selena will write up notes from today and circulate the new Action Plan.

**Action: Selena**

## **MEMBER UPDATES**

### Roy Beggs – MLA

Roy stated 70% of males who commit suicide have consumed alcohol and a third of young people who commit suicide are intoxicated. There is a new app Here2help

which has useful background information on the range of services and support available to anyone in crisis. The app also gives contact information for these services.

Gerry noted the Alcohol and You website is also very useful for information.

#### David Gilliland – YMCA

Staffing issues are causing difficulties within YMCA. Dunlewey agreed to take referrals ½ day a week. Contact has been made with Contact NI about coming into YMCA, Carrickfergus but the issue remains unresolved.

#### Gabrielle Nellis – PHA

Together For You - youth related activities. Gabrielle to circulate information.

Mind Your Head – updating website. Communications and PHA are working on this to see how user friendly it can be.

Pat Pervis, Smoking Cessation Officer has identified a gap in youth referrals. Gabrielle to keep the group updated.

Young Men's Outreach Programme – report to be sent to the group.

**Action: Gabrielle**

#### Carol – NHSCT

The parenting group is on-going in the leisure centre. Carol noted Safety Week is approaching. A safe in the sun stand will be outside Tesco's.

#### Anne Thompson – SACN

NICHI small grants are going to be opening up and funding is available up to £1000. Information will be updated on the website. This funding is being sub-divided and Anne noted it needs to be very clearly rolled out. Anne informed the group she will be covering the NICHI post on a Friday and will attend the locality meetings for Carrickfergus.

Janine Gaston – SACN

Men's Health Week – event on Saturday 14<sup>th</sup> June in Antrim Lough. This will be focusing on men's health with a number of activities available such as health checks and cooking demonstrations. Everyone is welcome.

Level 1-3 suicide prevention training is organised. Information can be found on Facebook and the training calendar.

Anne is to keep the group up to date with another initiative on personal development opportunities for young people.

**Action: Anne**

Gerry McDonald – Impact of Alcohol

Steps to cope will be another service to support young people and apps will be developed. Gerry agreed to circulate information to the group.

**Action: Gerry**

**ANY OTHER BUSINESS**

Leaflet

'So My Mum and Dad Have a Mental Illness' leaflet is a great resource. It was noted groups are asking for more copies of these leaflets. Selena agreed to order this resource leaflet.

**Action: Selena**

**DATE AND TIME OF NEXT MEETING**

It was agreed the next meeting will take place on **Friday 26<sup>th</sup> September 2014 at 10.00am in Community Forum Meeting Room, Town Hall Buildings, Carrickfergus.**

Gemma will email details to the locality group of the next meeting date.

**Action: Gemma**