



## **Omagh Locality Planning Group**

**Action Plan 2013**

This Action Plan has been produced by the Omagh Locality Planning Group in the new welcomed era of the Children & Young People's Strategic Partnership (CYPSP) the statutory Northern Ireland wide partnership aimed at improving outcomes for children and young people through integrated planning & commissioning of services across the region. This Action Plan acts as a bridge from local knowledge to strengthened regional planning.

This Action Plan has been evolving since 2006 started by the Local Action Groups; it is seen as a live document which demonstrates the commitment of its members over the interceding years to work together around a set of shared priorities and actions.

We know that it is parents and carers who bring up children - not Locality Planning Groups, however, with this Action Plan as an interactive work plan and the passion, determination and optimism of everyone who has contributed to it we are determined that Omagh will be a great place to grow up.

Priscilla Magee

Locality Planning Group Coordinator

Objective 1	High Level Outcome Addressed						Baseline Information	Action	Outcome
<b>Adopt the C4EO /CYPSP Definition of Early Intervention</b>  <i>“Early intervention is intervening early &amp; as soon as possible to tackle problems emerging for children, young people &amp;</i>	BH	ELA	LSS	EE	CP	LSR	<b>Statistical Data:</b>  76,164 children & young people under 18 live in the West – this is 25% of NI population (2010)  Child Protection Rates  Domestic Violence Rates  Teenage Pregnancy Rates  Parental Substance Misuse Rates  ACE Study	Make all members aware of the definition and encourage them to adopt this in their own practice and within their own agency.  Linking with Neighbourhood Renewal Early Years / Early Intervention Subgroup  Continued updating of Early Intervention Programmes within the Western Directory  Continue to promote the inter-relationships between early intervention and a wide range of personal & wider societal outcomes e.g.	<p><b>Children and Young People Will Feel safe and Families will Feel Supported</b></p> <p>Definition fully adopted &amp; embedded in all the work carried out by LPG.</p> <p>Shift to local integrated planning which includes definition</p> <p>Family Support Hubs increasingly working at an earlier stage with families</p> <p>Improved children and young people’s attainment through early</p>
	x	x	x	x	x	x			

<p><b><i>their families or with a population at risk of developing problems. Early intervention may occur at any point in a child's life."</i></b></p>							<p>UNICEF 'The Children Left Behind'</p>	<p>education, employment, justice and health &amp; wellbeing</p> <p>Support the Prevention Approach which the Western Infant Mental Health Strategy is launching:</p>	<p>intervention family based support</p>
							<p><b>Community Data:</b></p>	<ul style="list-style-type: none"> <li>• No smoking in pregnancy</li> <li>• No alcohol in pregnancy</li> <li>• Breastfeeding</li> <li>• Promoting secure attachments</li> </ul>	
							<p><b>Anecdotal Data:</b></p> <p>Members reporting on heartening or worsening of local population</p>	<ul style="list-style-type: none"> <li>• Parents reading to their children</li> </ul> <p>Support the work of Western Infant Mental Health Strategy as they progress through their work streams e.g. positive messages to</p>	

								<p>Early Years Staff &amp; preparation for parenthood programmes</p> <p>Support the Roots of Empathy Project and look to the outcomes of Family Nurse Partnership which is rolled out in other areas</p>	
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Objective 2	High Level Outcome Addressed						Baseline Information	Action	Outcome
<b>Champion the Rights of Children and Young People</b>	<b>BH</b> x	<b>ELA</b> x	<b>LSS</b> x	<b>EE</b> x	<b>CP</b> x	<b>LSR</b> x	<b>Statistical Data:</b>  76,164 children & young people under 18 live in the West – this is 25% of NI population (2010)  Stone Wall claim that Homophobic Bullying is epidemic in UK schools with 2 out of 3 young LGBT experiencing direct bullying  There have been 18 child deaths by suicide in the West between	Involve children and young people in the life and work of the LPG  Collaborate with Participation Network to ensure that the level of involvement with children and young people is appropriate  Ensure that Participation Networks “Ask First” is encompassed in consultation with young people.  Focus on prevention initiatives and tackling	<b>Reduce Inequalities and Promote Equality for Children and Young People</b>  Children and young people are involved in decision making about their lives.  Marginalised children and young people particularly lesbian, gay, bisexual or transgender have a better say in services that directly affect them.  Number of children and young people who say they have been bullied reduces

							<p>2005 &amp; 2010</p> <p><b>Community Data:</b></p> <p><b>Anecdotal Data:</b></p>	<p>inequalities which will increase later life outcomes</p> <p>Ensure that members are aware of organisations like the Children's Law Centre, VOPIC &amp; NICCY &amp; pass this information on young people</p> <p>Make members aware of Turning Up The Sound (Save The Children et al 2005) which showed that children &amp; young people are interested in engaging with decision makers but the main obstacle to effective engagement is a lack of appropriate mechanisms</p>	
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Objective 3	High Level Outcome Addressed						Baseline Information	Action	Outcome
<p><b>Continue to Consult with Children and Young People On Issues That May Impact on Their Lives</b></p>	BH	ELA	LSS	EE	CP	LSR	<p><b>Statistical Data:</b></p> <p>Young Person's Behaviour Attitude Survey DHSSPS</p> <p>NICCY</p> <p>Participation Network</p> <p>Local Participation Workers / Youth Workers</p> <p>There have been 18 child deaths by suicide in the West between 2005 &amp; 2010</p>	<p>Learn to engage children &amp; young people in their social context</p> <p>Provide a forum to consult with vulnerable groups and reporting pathways to feed responses to Western Outcomes Group.</p> <p>Make members aware of Turning Up The Sound (Save The Children et al 2005) a feasibility study which showed that children &amp; young people are interested in engaging with decision makers &amp; that decision makers appreciate their</p>	<p><b>Raising Aspirations, Achievement and Opportunities</b></p> <p>All children and young people have the chance to make the most of their talents and fulfil their potential</p> <p>Responses from children and young people provide insight as to the discrimination and barriers in this area which hold them back.</p> <p>The learning from young people has been used to tackle labels &amp; prejudice.</p>
	x	x	x	x	x	x	<p><b>Community</b></p>		

						<p><b>Data:</b></p> <p>Consultations have been taking place by the LPG and fed back to Western Outcomes Group</p> <p>Check the progress being made of the research undertaken of local young people's opinion in Omagh</p>	<p>opinions</p> <p>Use Twitter &amp; Facebook to reach more children &amp; young people to ask their opinion through a medium which they use &amp; enjoy</p> <p>Undertake consultation with young people at risk of homelessness into the Draft Young People at Risk of Offending</p> <p>Convey to children &amp; young people that their opinions matter</p>	<p>Changes to planning &amp; services have been made through the consultation process has been fed back to the children &amp; young people who contributed.</p>
						<p><b>Anecdotal Data:</b></p>		

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Objective 4	High Level Outcome Addressed						Baseline Information	Action	Outcome
<p><b>Work collaboratively to identify unmet need and local services which may be able to meet that need</b></p>	<p>BH x</p>	<p>ELA x</p>	<p>LSS x</p>	<p>EE x</p>	<p>CP x</p>	<p>LSR x</p>	<p><b>Statistical Data:</b>  Rate of children subject to Child Protection Plans  11.1% of the population in the West are receiving drugs for mood and anxiety disorders  6.2% of children in the West have a physical disability</p> <p><b>Community Data:</b>  Services report that families are referring themselves or</p>	<p>Work closely with Family Support Hub to ensure the needs of families are met.</p> <p>Bring together universal, targeted &amp; specialist services together to build more effective pathways for children &amp; young people when they need it most.</p> <p>Support the Western Outcomes Group to work collaboratively when planning &amp; commissioning services which can build resilience within families</p>	<p><b>All Children Are Safe &amp; Loved, Healthy &amp; Happy &amp; Free From Harm</b></p> <p>Families feel more control over their situation &amp; lives and this contributes to increased wellbeing</p> <p>Child Protection rates continue to fall</p> <p>Children are prepared for school &amp; later life</p> <p>Children achieve their full potential in respect of cognitive, linguistic, emotional, behavioural &amp; physical outcomes</p> <p>Local families decide which</p>

						<p>being referred with more than one complex difficulty that will take a considerable amount of time to resolve</p>	<p>Build on the knowledge of the Group of Outcome Planning &amp; Integrated Planning</p> <p>Support families &amp; communities to build their resilience &amp; find their own solutions to issues</p>	<p>services will best meet local need &amp; how best to deliver the service</p> <p>Intervening early saves resources in long-term</p> <p>Early Intervention initiatives are well funded, widely promoted &amp; embedded in all practice</p>
						<p><b>Anecdotal Data:</b></p> <p>The misuse of alcohol features highly in family difficulties, particularly where there is domestic violence.</p> <p>Where there are professionals supporting a family to make changes through a parenting programme outcomes are improved</p>	<p>Inform Group of latest research into emotional abuse the main reason for children being referred to Social Services and the devastating effect it can have</p> <p>Continued promotion of Family Support Data Base  <a href="http://www.familysupportni.gov.net">www.familysupportni.gov.net</a></p> <p>Use Facebook &amp; Twitter to reach families about this process</p> <p>Liaise with Speech</p>	

						<p>Levels of stress teamed with absence of support factors is a tipping point for families</p>	<p>Therapy Department as to issues that may be arising for them</p> <p>Support the Infant Mental Health Strategy as it implements Maternity Assist (texting programme) for women throughout their pregnancy &amp; Get Fit For Pregnancy Programme (a 6 week programme looking at diet, alcohol consumption, weight loss &amp; aqua-natal programme)</p>	
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Objective 5	High Level Outcome Addressed						Baseline Information	Action	Outcome
<p><b>Understanding of What are the supply &amp; demand challenges faced by day care providers in Both Urban &amp; Rural Areas &amp; The Challenges That Are Being / Will Be Faced For Providers</b></p>	BH	EL A X	LS S	EE X	CP	LSR X	<p><b>Statistical Data:</b></p> <p>The birth rate in the 20% most deprived areas was more than 6 times that in the 20% least deprived area</p> <p><b>Community Data:</b></p> <p>Providers do not want to pass higher charges</p>	<p>Investigate what type of rural childcare is required.</p> <p>Promote the need for affordable, high quality, flexible childcare</p> <p>Work closely with Early Years Organisation, Employers for Childcare and NICMA</p> <p>Look at models of childcare that take a more community approach built on Social Economy / Funding Models</p>	<p><b>Reduce the Impact of Poverty on Children and Young People and Narrow Health Inequalities</b></p> <p>Sufficient quantity and quality of rural childcare which meets family's needs</p> <p>Child care is seen as a viable occupation</p> <p>Working in Partnership Community Development Strategy (HSCB/PHA) see strong resilient communities created where everyone experiences good health &amp; well being</p>

							<p>onto families due to fuel prices and other rising costs</p>	<p>Support local communities to meet local need creatively and with sustainability</p> <p>Meet with local DARD staff to ascertain what plans DARD have to support rural families</p>	
							<p><b>Anecdotal Data:</b></p> <p>There appears to be a small baby boom with maternity services being stretched at present</p>	<p>Take part in the regular consultations that Employers for Childcare facilities &amp; make them aware of local events that they can attend</p>	

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Objective 6	High Level Outcome Addressed						Baseline Information	Action	Outcome
<b>Understanding Of The Needs Of Parents, Carers, Children Or Young People Who Are Experiencing Mental Illness</b>	<b>B</b> <b>H</b>          <b>X</b>	<b>E</b> <b>L</b> <b>A</b>          <b>X</b>	<b>LSS</b>          <b>X</b>	<b>EE</b>          <b>X</b>	<b>CP</b>          <b>X</b>	<b>LSR</b>	<b>Statistical Data:</b>  Mental illness is one of the major causes of ill health & disability in NI with 25% higher overall prevalence of mental health problems than in England  11.1% of the population in the West are receiving drugs for mood and anxiety disorders  The Bamford Report (2006) estimates that	Encourage all members to 'Think Child, Think Family'  Work in collaboration with the Infant Mental Health Task Group to learn about their priorities and work to support their implementation  Support the Western Outcomes Group to work collaboratively when planning & commissioning services which can build resilience within families  Increase focus on the need for accessible	<b>Children and Young People who are Vulnerable or Have Additional Needs Achieve the Best Possible Outcomes</b>  Working in Partnership Community Development Strategy (HSCB / PHA) 2012 is working towards strong resilient communities where everyone has good health & well-being  Suicide rate in 18-35 age range declines  Intentional self - harm rate declines  Understand the link between mental well-being, physical

						<p>10% of children &amp; young people in NI have a moderate to severe mental health problem</p> <p>There have been 18 child deaths by suicide in the West between 2005 &amp; 2010</p>	<p>counselling &amp; mental health services</p> <p>Look to the Register of Self Harm to establish if there are particular geographical areas or ages groups who are more frequently self harming</p> <p>Make the members aware of the eating Disorder support Group for Families &amp; Carers &amp; support their work</p>	<p>health &amp; social conditions in which people live</p>
						<p><b>Community Data:</b></p> <p>Levels of stress teamed with absence of support factors is a tipping point for families</p>		
						<p><b>Anecdotal Data:</b></p>		



Objective 7	High Level Outcome Addressed						Baseline Information	Action	Outcome
Support the work of the Western Domestic Violence Forum as they bring the different strands of support needed within Domestic Violence	BH	ELA	LSS	EE	CP	LSR	<b>Statistical Data:</b> 1:4 women & 1:9 men are victims of domestic violence  Over 30% of all domestic violence starts during pregnancy (Women's Aid)  Residents in Neighbourhood Renewal areas are twice as likely to experience domestic violence  <b>Community Data:</b> DV often results	Work in conjunction with Western Domestic Violence Partnership to decrease rates of domestic violence.  Work with District Council & their Anti – Social Strategy to understand local trends.  Work with Neighbourhood Renewal to ascertain trends and if there needs to be investment in support which is embedded in the community  Work closely with	<b>Children and Young People are Protected From Violence and Feel Safe in their Home</b>  Decrease in children & young people on Register  Decrease in number of reports of incidents which are domestic violent related  Public awareness of the range of domestic violence its victims and perpetrators  Shared protocols and joint working between Hub and Women's Aid  The rural population feel
	X	X	X						

						in homelessness	<p>Housing Executive as DV remains one of the reasons for homelessness</p> <p>Encourage the Hub to develop close working relationships and protocols with Women's Aid as domestic violence can occur at all levels of the Hardiker Model</p> <p>Promote awareness of how vulnerable young people &amp; care leavers are more at risk of experiencing domestic abuse</p> <p>Support &amp; promote strategies &amp; initiatives such as 'Tackling Violence at Home@ &amp; Tackling Sexual Violence &amp; Abuse'</p>	more confident in reporting incidents of domestic violence
						<p><b>Anecdotal Data:</b></p> <p>There is an under reporting of domestic violence in rural areas</p>		



Objective 8	High Level Outcome Addressed						Baseline Information	Action	Outcome
Support Children & Their Families Who Have Learning Difficulties / Learning Disabilities	B H X	ELA  X	LSS	EE	CP	LSR  X	<p><b>Statistical Data:</b></p> <p>8,150 children &amp; young people in the West are classified as having a Learning Disability with 21% of these children &amp; young people having severe to profound learning disability</p> <p>6% of children are affected by a disability in NI, prevalence is higher in boys than girls</p> <p>The Bamford</p>	<p>A full investigation of the indicators that surround this, with a separating out of mild learning difficulties e.g. dyslexia from severe learning disabilities.</p> <p>Geographical gaps could be identified in the area for supports</p> <p>Highlight the need for more support, services and resources for children and young people with particular conditions e.g. ADHD</p> <p>Bullying is seen as an emerging theme of children with learning</p>	<p><b>Children and Young People who are Vulnerable or Have Additional Needs Achieve the Best Possible Outcomes</b></p> <p>Enhanced, aggregated data collection is used to inform planning and funding</p> <p>Increased data collection has avoided fluctuation in funding and allowed more spread of support</p>

						<p>Report (2006) estimates that 10% of children &amp; young people in NI have a moderate to severe mental health problem</p> <p>% pupil's statements/ SEN Stage 1 - 4 (Year 1 - 7) shows that 10 out of the 21 wards in Omagh have higher rates than the NI average (18.5%) with the highest rates in Lisanelly (52%) &amp; lowest Fairy Water (4.5%)</p> <p>In general people with a disability are less likely to be well qualified,</p>	<p>disabilities and their siblings, particularly on line. This will be discussed again within the LPG.</p>	
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						<p>much less likely to be economically active , much more likely to be in poverty and suffer poor health including poor mental health</p>		
						<p><b>Community Data:</b></p> <p>Support of these families in rural areas can be sparse due to the geographical isolation of the family</p> <p>Greater support from family,</p>		

							friends & community is linked with better health. Social / community capital can provide a source of resilience through social support		
							<b>Anecdotal Data:</b>		



Objective 9	High Level Outcome Addressed						Baseline Information	Action	Outcome
Dental Registration Are Still Declining In Some Wards & Dental Decay Rising	B H X	ELA	LSS	EE	CP	LSR  X	<p><b>Statistical Data:</b></p> <p>Overall the West has kept pace with dental registration with 31% of 0-2 year olds &amp; 70% of 3-5 year olds registered however dental registrations still is declining in many individual wards.</p> <p>NI has the highest level of dental decay in the UK; this is linked to deprivation &amp; lifestyle. The</p>	<p>Members are encouraged to see this objective within a larger remit with Dental Wellbeing linked to other indicators:</p> <ul style="list-style-type: none"> <li>• Obesity</li> <li>• Taking Exercise</li> <li>• Educational Level</li> <li>• Employment Prospects</li> <li>• Empowered to look after own health</li> </ul> <p>Support the work of the Western Outcomes Group as they work towards improving the dental registration rates</p>	<p><b>Reduce the Impact of Poverty on Children and Young People and Narrow Health Inequalities</b></p> <p>Rate of dental decay declines</p> <p>Ensuring that all families are registered with a Dentist and take care of their child' teeth is seen as everyone's business</p> <p>Families are empowered to look after their own health</p>

						<p>average NI household spends more money per week on cigarettes, sweets &amp; sugared drinks than any other part of UK. Yet at the same time we eat less fruit &amp; vegetables &amp; brush our teeth less frequently</p>	<p>of children</p> <p>Check if Community Playgroups &amp; Parent &amp; Toddlers receive dental hygiene promotion &amp; training</p> <p>Encourage Dental Registration forms to be placed in Bounty Bags for new parents &amp; around G.P. surgeries and hospitals</p> <p>Encourage members to ensure that all their families are registered with dentists</p> <p>Look to Early Years Providers to talk to children &amp; parents about good oral hygiene</p>	
						<p><b>Community Data:</b></p> <p>Oasis Dental Practice is well established but lists are full. You can register with this service no matter what your income is</p>		

							<b>Anecdotal Data:</b> Still reports that families are not able to register with a dentist		

Objective 10	High Level Outcome Addressed						Baseline Information	Action	Outcome
Observe how the people of Omagh are finding the new hospital and in particular the public transport being provided	BH	ELA	LSS	EE	CP	LSR	Statistical Data:	<p>Enquire if the bus service which was promised to the new hospital has been provided.</p> <p>Enquire what provisions there are if families have to remain with a sick relative through the night</p>	<p><b>Health Inequalities are Reduced and Families are Supported When They Need it Most</b></p>
							Community Data:		
							<p><b>Anecdotal Data:</b></p> <p>Some Clinics are no longer being run in the new hospital as personnel have</p>		

							left and not been replaced. The public are being expected to travel to Altnagelvin		
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Objective 11	High Level Outcome Addressed						Baseline Information	Action	Outcome
<p><b>Gather Information About the Effect of the Economic Downturn on Families. In particular fuel poverty and home rentals and reprocessions</b></p>	<p>B H</p>	<p>EL A</p>	<p>LS S</p>	<p>EE</p>	<p>CP</p>	<p>LSR</p>	<p><b>Statistical Data:</b></p> <p>The West now has the highest level of income deprivation affecting children in NI and is above the regional average. The Lisanelly 2 area indicator for Income Deprivation has worsened since 2005.</p> <p>It has been recognised that there are certain types of groups of people who are more likely to</p>	<p>Investigate how the Group can link with MARA to support rural families' access benefits.</p> <p>Highlight services and agencies who may be able to support families</p> <p>Support the Western Outcomes Group as they monitor the implementation of the Emotional Mental health Strategy</p> <p>Promote the Child Poverty Action Plan when it is launched</p> <p>Gather information about</p>	<p><b>The Impact of Poverty on Children and Young People is Reduced</b></p> <p>Through collaborative working try and reduce the impact of poverty on families</p> <p>A slowing of emigration particularly from rural areas</p> <p>Low birth weight babies rate does not spike</p> <p>The rate of homelessness and poor standard housing does not rise</p>

						<p>expertise poverty e.g. people with low or no educational qualifications &amp; people who live in border areas</p>	fuel poverty	
						<p><b>Community Data:</b></p> <p>Babies are more likely to have a low birth weight and be premature in areas and families that are experiencing poverty</p> <p>Poor housing and homelessness are often a</p>		

						<p>feature of child poverty and have a direct link to poorer physical and mental health</p> <p>Good employment is protective of health whilst insecure work or adverse working conditions can impact negatively. Unemployment &amp; lower living standards can lead to lower self-esteem &amp; reduced social integration</p>		
						<p><b>Anecdotal Data:</b></p> <p>Children are</p>		

						<p>more likely to experience poverty if they live in a household where no parent is</p> <p>working, it is a lone parent household, the household has a parent who has a disability or there are more than four children.</p> <p>Many men have returned from building sites and have not found local jobs, some are even going to US for 3 months work</p>		
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Objective 12	High Level Outcome Addressed						Baseline Information	Action	Outcome
Recognise the Contribution & Impact of the Voluntary and Community Sector & Ensure Long-Term Support	B H	ELA	LSS	EE	CP	LSR	<b>Statistical Data:</b>  	<p>Inform members of any funding opportunities &amp; act as a lynch pin to create and support collaborative funding proposals</p> <p>Support the Western Outcomes Group as they develop an appropriate parenting education strategy to promote a culture of positive parenting</p> <p>Recognise that natural support systems offered through families, friends and communities is linked</p>	<p><b>Families, parents and carers are supported when they need it most</b></p> <p>Local families decide which services will best meet local need &amp; how best to deliver the service</p> <p>Intervening early saves resources in long-term</p> <p>Early Intervention initiatives are well funded, widely promoted &amp; embedded in all practice</p> <p>Improved access to targeted family and parenting support and resulting outcomes</p>
		<b>Community Data:</b>  Natural support systems offered through families, friends and communities is linked with better health							

						<p>Peoples participation in community and the added control over their lives, has the potential to contribute to wellbeing and other health outcomes</p>	<p>with better health</p> <p>Strengthening partnership working with service users, the community &amp; voluntary sectors &amp; other organisations</p> <p>Promote a whole family approach to supporting families</p> <p>Promote early intervention / prevention services that already work which can work on an outreach basis</p> <p>Promote local groups which are participatory and seek to empower individuals &amp; their local communities</p> <p>Celebrate the breath, skills &amp; diversity of the Voluntary &amp; Community</p>	<p>Increased rates of families from deprived areas using Sure Start Services</p> <p>Social &amp; community capital is seen as the main place to promote resilience</p> <p>and effective use of combined resources</p> <p>Volunteer levels increase</p> <p>Reduced inequalities and improved health &amp; social wellbeing</p> <p>An increased focus on early intervention &amp; prevention</p>
						<p><b>Anecdotal Data:</b></p>		

							<p>sector</p> <p>Support volunteering &amp; personal development opportunities</p> <p>Offer choice to families as to services they can access</p> <p>Members are made aware of Working in Partnership – Community Development Strategy (HSCB / PHA) &amp; recommendations are implemented</p> <p>Encourage collaborative training events to enhance understanding of differing disciplines</p>	
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Objective 13		High Level Outcome Addressed					Baseline Information	Action	Outcome
Mothers Experiencin	B H	ELA	LSS	EE	CP	LSR	Statistical Data: Western area has	Link with Infant Mental	<b>Health Inequalities are Reduced and Families are</b>

<p><b>g Stressors or Negative Behaviour in Pregnancy e.g. Smoking, Domestic Violence, Poor Diet</b></p>							<p>the highest level of low birth rates</p> <p>Western area for the past ten years has the lowest levels of breast feeding at 40.1% at discharge with the regional average being 44.6%</p> <p>The Western area was turning the curve until 2009/2010 with % of births to mothers under 20</p> <p>Births to mothers 13 – 17 more than doubled in 2011/2012</p> <p>Two areas of Omagh have a higher than</p>	<p>Health Strategy &amp; their five key messages which include:</p> <p>No smoking in pregnancy</p> <p>No alcohol / drugs</p> <p>Breastfeeding</p> <p>Promoting secure attachments</p> <p>Parents reading to their children</p> <p>Support the Western Outcomes Group as they monitor the implementation of the Emotional Mental health Strategy</p> <p>Support the Infant Mental Health Strategy as it implements Maternity Assist (texting programme) for women throughout their</p>	<p><b>Supported When They Need it Most</b></p> <p>Level of low birth rate drops</p> <p>Births to mothers under 20 drops &amp; in particular 13-17 age range</p> <p>Mothers choose balanced eating, keeping active and eliminating smoking and drinking for them &amp; their partners</p> <p>Realisation that lifestyle choices are influenced upon by social environment and circumstances</p> <p>Cessation of smoking in pregnancy is reduced by 30% as recommended by the Draft Population Plan with the proposed Pilot Home Visitation Project</p> <p>Reduced Neonatal</p>
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						<p>regional average of mums smoking during pregnancy Drumragh (22.7%) &amp; Lisanelly (19.2%) but data for this indicator may be unreliable due to self-reporting</p> <p>People with poor physical health are at a higher risk of experiencing mental health problems</p> <p>Residents in Neighbourhood Renewal areas are twice as likely to experience domestic violence</p> <p>Over 30% of all domestic violence</p>	<p>pregnancy &amp; Get Fit For Pregnancy Programme (a 6 week programme looking at diet, alcohol consumption, weight loss &amp; aqua-natal programme)</p> <p>Support the work of the Western Outcomes Group as they work towards producing coherent health messages &amp; advice in preparing for pregnancy &amp; through the stages which targets mother, partner &amp; extended family</p> <p>Link with new Parenting Programme being funded by DSD in the Neighbourhood Renewal area which will hopefully target negative behaviours in expectant mothers</p> <p>The Western area was</p>	admissions
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						starts during pregnancy (Women's Aid)	turning the curve until 2009/2010 with % of births to mothers under 20, this needs to be monitored to see what the next year brings	
						<b>Community Data:</b>	Encourage projects which are working with families to change behaviours such as the SWEET  Recognition that partners also have an important role to play in life style choices & staying healthy and support & knowledge needs to be offered to them as well	
						<b>Anecdotal Data:</b>	Support health programmes that also have elements which offers support in dealing with life's stresses	

<b>Objective 14</b>		<b>High Level Outcome Addressed</b>					<b>Baseline Information</b>	<b>Action</b>	<b>Outcome</b>
<b>Impact of</b>	<b>BH</b>	<b>EL</b>	<b>LSS</b>	<b>EE</b>	<b>CP</b>	<b>LSR</b>	<b>Statistical Data:</b>		<b>All Children Are Safe &amp;</b>

Alcohol /Drugs & Prescription Drugs on All The Family	A					Alcohol related mortality in the 10% most deprived areas in 2009 was 9 times that in the 10% least deprived areas	Promote integrated working which works with the whole family	<b>Loved, Healthy &amp; Happy &amp; Free From Harm</b>
						There have been 18 child deaths by suicide in the West between 2005 & 2010	Support the Western Outcomes group to gather effective Early Intervention Models/Practices	
						<b>Community Data:</b>	Support the Western Outcomes Group as they monitor the implementation of the Emotional Mental health Strategy	Alignment of the impact of alcohol with emotional wellbeing and mental health wellbeing
							Align the impact of alcohol with emotional wellbeing and mental health wellbeing	Alignment of the impact of alcohol with risk of suicide
							Align the impact of alcohol with risk of suicide	Integrated pathways for families to access services
							Encourage members to respond to the Draft	Strategies guide practice and service delivery

								Population Plan for the West	
							<b>Anecdotal Data:</b>		
<b>Objective</b>		<b>High Level Outcome</b>				<b>Baseline</b>	<b>Action</b>	<b>Outcome</b>	

15	Addressed						Information		
<p><b>Young People in Omagh Are Nurtured Into Skilled, Responsible Independent Adults</b></p>	<p><b>B H</b></p>	<p><b>ELA</b></p>	<p><b>LSS</b></p>	<p><b>EE</b></p>	<p><b>CP</b></p>	<p><b>LSR</b></p>	<p><b>Statistical Data:</b></p> <p>25% of the population in the West are children &amp; young people</p> <p>There have been 18 child deaths by suicide in the West between 2005 &amp; 2010</p> <p><b>Community Data:</b></p>	<p>Support the Western Outcomes Group to develop an appropriate parenting education strategy to promote a culture of positive parenting</p> <p>Support the Western Outcomes Group to develop a mechanism for targeted support for those families that need it most, that is timely, practical &amp; localised</p> <p>Support the Western Outcomes Group as they monitor the implementation of the Emotional Mental health Strategy</p>	<p><b>Raising Aspirations, Achievement and Opportunities</b></p>

							<b>Anecdotal Data:</b> Good employment is protective of health whilst insecure work or	Ensure that members are aware of organisations like the Children's Law Centre, VOPIC & NICCY & pass this information on young people	
<b>Objective 16</b>	<b>High Level Outcome</b>	<b>Addressed</b>					<b>Baseline Information</b> adverse working conditions can impact negatively. Unemployment & lower living standards can lead to lower self-esteem & reduced social integration	<b>Action</b> Make members aware of Turning Up The Sound (Save The Children et al 2005) a feasibility study which showed that children & young people are interested in engaging with decision makers & that decision makers appreciate their opinions	<b>Outcome</b>

<p><b>Children &amp; Young People Achieve Their Learning Potential Particularly Those Children &amp; Young People With Special Needs or With Caring Responsibilities or From Black &amp; Minority Ethnic Communities</b></p>	<p><b>BH</b></p>	<p><b>ELA</b></p>	<p><b>LSS</b></p>	<p><b>EE</b></p>	<p><b>CP</b></p>	<p><b>LSR</b></p>	<p><b>Statistical Data:</b></p> <p>In general people with a disability are less likely to be well qualified, much less likely to be economically active, much more likely to be in poverty and suffer poor health including poor mental health.</p> <p>People with a learning disability are more likely to experience major illness, to develop them younger &amp; die sooner</p> <p>Children and young people from the BEM community are</p>	<p>Support the work of the Western Outcomes Group as they work towards aggregate data collection for children &amp; young people from marginalised groups.</p> <p>Continue to respond to consultation into the Review of Educational Special Needs Provision</p> <p>Respond to CYPSP Transitions Services for Children with Disabilities</p> <p>Support the Infant Mental Health Strategy work</p> <p>Inform the LPG as to what research is saying is the needs of these groups and then use the members local knowledge to identify</p>	<p><b>Children and Young People who are Vulnerable or Have Additional Needs Achieve the Best Possible Outcomes</b></p> <p>Educational attainment of children improves</p> <p>The new process for assessing children with special educational needs is a seamless effective process</p> <p>Outcomes for children leaving the care system improves</p> <p>Parents &amp; carers of children and young people who have learning difficulties / disabilities report that there has been an improvement in the support /services which they have received</p>
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						<p>more likely to experience social isolation which can lead to depression, excessive alcohol consumption &amp; mental illness. Poor levels of English can increase this.</p> <p>Young Carers are at a higher risk of experiencing social isolation and neglect their own needs; they are more likely to experience psychological distress. Young carers are also at risk of not fully developing &amp; benefiting from education &amp; their</p>	<p>local challenges &amp; gaps</p>	<p>Different groups of children and young people receive targeted support and a difference is noticed</p>
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							later employment opportunities maybe effected		
<b>Objective 17</b>	<b>High Level Outcome</b>	<b>Addressed</b>					<b>Baseline Information</b>	<b>Action</b>	<b>Outcome</b>
							<b>Community Data:</b>		
							<b>Anecdotal Data:</b>		

Health Inequalities Are Reduced, Particularly Child Obesity / Diabetes	BH	ELA	LSS	EE	CP	LSR	<b>Statistical Data:</b> 5.3% P1 pupils in 2008/2009 were obese which is the same across NI, while 18.6% were overweight in 2008/2009 with 17.2% across NI  39.1% of mums were breastfeeding their babies on discharge the NI average was 44%  Diabetes Rates  Dental Decay Rates  Being obese can reduce life expectancy by up to 9 years and can affect emotional	Support the work of the Western Outcomes Group as they work towards aggregate data collection for children & young people from marginalised groups.  Programmes are developed for weight reduction that do not stigmatise families  Encourage more fun exercise outlets e.g. Boxercise & Zumba  Promotion of Obesity Projects such as Sweet (CAWT)	<b>Children and Young People who are Vulnerable or Have Additional Needs Achieve the Best Possible Outcomes</b>  Rates of obesity in school children declines  Breast feeding rates improve  Immunisation rates remain high
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						<p>psychological wellbeing &amp; self-esteem</p> <p>Being physically inactive is an independent risk factor for coronary heart disease &amp; for Type 2 diabetes, obesity &amp; high blood pressure</p>		
						<p><b>Community Data:</b></p>		
						<p><b>Anecdotal Data:</b></p>		

<b>Objective 18</b>		<b>High Level Outcome Addressed</b>				<b>Baseline Information</b>	<b>Action</b>	<b>Outcome</b>	

<p><b>Understanding Poverty As A Major Risk Factor For Health &amp; Wellbeing</b></p>	<p><b>B H</b></p>	<p><b>EL A</b></p>	<p><b>LS S</b></p>	<p><b>EE</b></p>	<p><b>CP</b></p>	<p><b>LSR</b></p>	<p><b>Statistical Data:</b></p> <p>NI has a rate of child relative income poverty (21%) above the UK average (18%)</p> <p>Prince's Trust 2011 found that:</p> <ul style="list-style-type: none"> <li>• More than 1 in 5 children are growing up below the poverty line</li> <li>• More than 1 in 6 young people say their parents struggle to</li> </ul>	<p>It is crucial to understand that poverty is a powerful driver which shapes families outcomes. The LPG wishes to work towards families who are disadvantaged having more money to spend on good food, housing &amp; lighting, participate in activities.</p> <p>Support the Western outcomes group as they ensure that families are aware of the family support services</p> <p>The LPG would also like to work towards families who are disadvantaged living in safer environments and they do not leave school with few qualifications</p> <p>The LPG recognises that</p>	<p><b>The Impact of Poverty on Children and Young People is Reduced</b></p>
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						<p>put food on the table due to lack of money</p> <ul style="list-style-type: none"> <li>• 1 in 10 young people growing up in poverty did not have their own bed</li> </ul>	<p>the stress that is placed on disadvantaged families causes them to have stress that may damage their health and are working to alleviate this</p> <p>Support the work of the Western Outcomes Group as they work towards aggregate data collection for children &amp; young people from marginalised groups.</p>	
						<p><b>Community Data:</b></p>		

							<b>Anecdotal Data:</b>		

Objective 19	High Level Outcome Addressed						Baseline Information	Action	Outcome
Improve Literacy Levels in Families	BH	ELA	LSS	EE	CP	LSR	<p><b>Statistical Data:</b></p> <p>Prince's Trust (2011) found that more than a quarter of children growing up below the poverty line had few or no books in their home, while one in 3 where rarely or never read to by their parents</p>	<p>Support the Western Outcomes Group to develop a mechanism for targeted support for those families that need it most, that is timely, practical &amp; localised</p> <p>Link with Infant Mental Health Strategy and their aim to improve the rate of parents reading to their children</p> <p>Link with Library Service and encourage their concept of having a directory of family issues and where you can find the corresponding book in the library to support</p>	<p><b>Raising Aspirations, Achievement and Opportunities</b></p> <p>Parents and carers see reading as part of their everyday family routine</p> <p>Parents and carers eating their meals at the table with their children</p> <p>Every family has access to books and instil the love of reading in their children</p>

						<p><b>Community Data:</b></p> <p>There is a direct correlation between poverty, poor educational attainment &amp; poor health</p>	<p>families with issues e.g. bereavement, toilet training &amp; discipline</p> <p>Link with Book Start Trust to check that non- Sure Start areas have access to their packs</p> <p>Encourage Parent &amp; Toddler Groups, Family Centre and other places where families meet to have opportunity to swap books or sell at very cheap prices</p>	
						<p><b>Anecdotal Data:</b></p> <p>Education &amp; the ability to read has a profound impact on self-esteem, lifelong training &amp; employment opportunities &amp; income</p>		

Objective 20	High Level Outcome Addressed						Baseline Information	Action	Outcome
<b>Monitor Trend of Age of Teenage Parents, Including Partners &amp; Highlight Any New Practices That Supports These Parents</b>	BH X	ELA	LSS	EE	CP	LSR	<p><b>Statistical Data:</b></p> <p>The poor health, emotional health &amp; well-being &amp; economic outcomes of teenage mothers &amp; fathers is well documented</p> <p>The West has the highest rate of low birth rate babies 62.5 per 1000 live compared with 61 per 1000 for the rest of NI and teenage mums are more likely to fall into this indicator</p> <p>There are strong links between social</p>	<p>Work towards making poor outcomes for the parents &amp; child lessen</p> <p>Support the work of the Western Outcomes Group as they work towards producing coherent health messages &amp; advice in preparing for pregnancy &amp; through the stages which targets mother, partner &amp; extended family</p> <p>Breakdown the stereotype of teenage pregnancy. Raise aspirations &amp; self-esteem – break the cycle- use mentoring,</p>	<p><b>Young People Develop into Skilled, Responsible and Independent Adults</b></p> <p>Strengthen Links with SAMS Group</p> <p>Consultation with SAMS Group into their needs</p> <p>Development of peer support for young parents</p> <p>Development of more creative approaches to young parents who are not in mainstream education</p> <p>Links formed with Hubs to establish needs of these young parents</p> <p>Rate of low birth rate drops</p>

						<p>deprivation &amp; teenage pregnancy</p> <p>The birth rate in the 20% most deprived areas was more than 6 times that in the 20% least deprived area</p> <p>8% 11-16 year olds in NI have had sex, 25% of these did not use protection (PHA)</p> <p>Rates of postnatal depression are 3 times higher &amp; there is a higher risk of poor mental health for 3 years after a teenage mum gives birth (PHA)</p> <p>The daughter born to a teenage mum is 3 times more likely</p>	<p>coaching &amp; life skills</p> <p>Work with the SAMS Group to offer support particularly with their qualifications</p> <p>Support interventions offered in childhood around healthy relations for both boys &amp; girls (Women's Aid)</p> <p>Link with work streams of Infant Mental Health Strategy around updated Parent craft Classes which will appeal to younger parents, text messaging &amp; health promotion messages through family planning for pre-conception</p> <p>Respond to Draft Population Plan</p>	
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						<p>to become a teenage mum themselves (PHA)</p>	<p>section on initiatives to enhance maternity &amp; child health outcomes</p>	
						<p><b>Community Data:</b></p> <p>Communities reporting that even though the number of teenage pregnancies appears to be dropping the younger age of the parents is a worrying trend</p>	<p>Make members aware of PHA's Fit &amp; Well 10 Year strategy that sees the strong links between social deprivation &amp; teenage pregnancy</p>	
						<p><b>Anecdotal Data:</b></p> <p>Young people who are persistently absent from school</p>		

							are less likely to achieve good qualifications & more likely to become unemployed in later life, to engage in antisocial behaviour or crime or to abuse alcohol, drugs or other substances		
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