## Suicide Awareness Talks and Training LEVEL 1



Level 1 Talks and Training are tailored to meet your needs Qualified and experienced trainers

Compliance with Public Health Agency Regional Standards for Quality Training

## What is it?

- Helping us to be alert, understanding and compassionate
- Helping us to facilitate direct, open and honest talk about suicide
- Knowing where to find support for ourselves and others

## **Testimonial:**

"At long last, an open and honest expression of suicide awareness, a brilliant starting point to understand people in this situation and to know what I can and cannot do."

Where: Foundry House, 24 – 32 Doagh Road, Ballyclare

When: Thursday 13<sup>th</sup> November

7pm - 9pm

## **TO REGISTER, CONTACT:**

**T**: 074 28 692 808

E: familyfocushelp@gmail.com



**Ballyclare Family Focus** 

Foundry House 24 – 32 Doagh Road Ballyclare BT39 9BG