#### **Janet Cooper**

Team Leader for Community
Paediatric Speech and
Language Therapy, Stoke and
Manager for
'Stoke Speaks Out'.



























### Stoke Speaks Out Acting together... achieving change

Janet Cooper
Early Language and Communication
Programme Manager
SSOTP/Stoke on Trent City Council













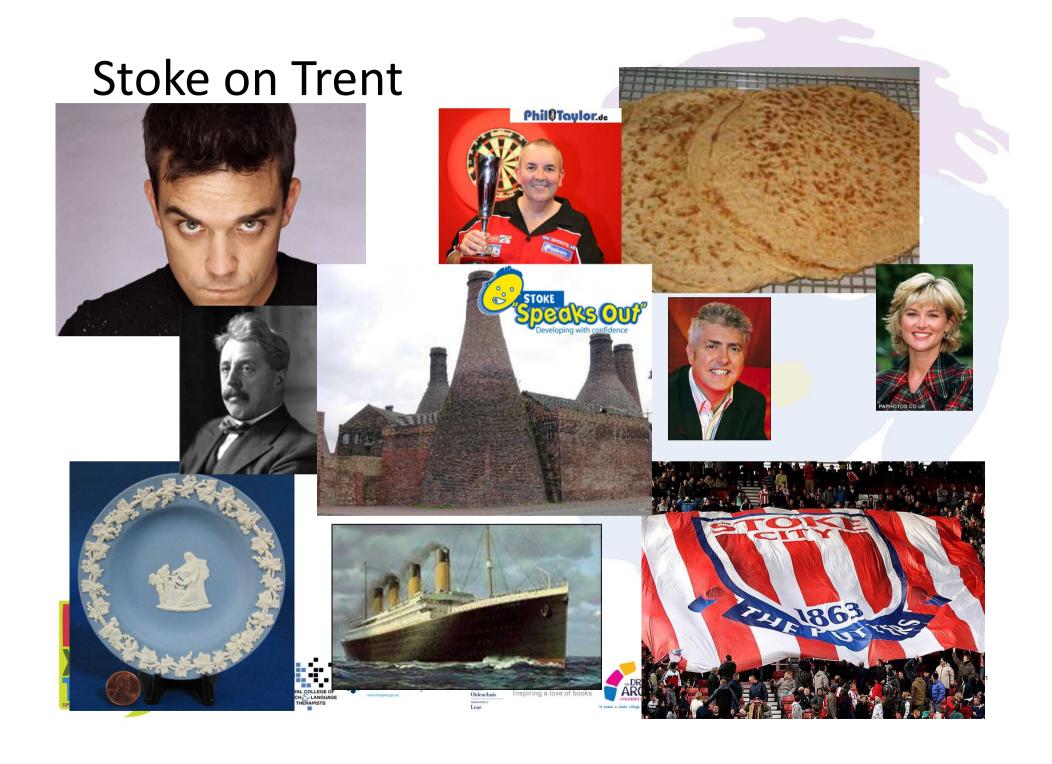














### Stoke Speaks Out



A multi-agency approach to tackling the high incidence of speech and language deficit in Stoke on Trent

























#### Evidence of need: Baseline Measures

2000 Government targets for local Sure Start programmes to 'reduce by 5 percentage points the number of children requiring specialist intervention for their speech and language by the age of 4 years'



















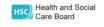




## How we interpreted this in Stoke-on-Trent



- No previous measures to reflect on or compare with
- Only local measure was referrals to SLT- these are often unreliable measures
- No National assessment tool
- Anecdotal evidence suggested under-referral rather than over-referral to Speech/Language
   Therapy





















## Establishing a baseline



- Assessment of children entering nursery age
   3;6 to 4 years
- Standardized assessments- comprehension of language, word finding vocabulary and speech
- Criteria= Age, Parental consent and Sure start postcode
- Attending a nursery in the Sure Start areas



















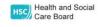






#### Initial findings

- Whole population deficit- 64% of children assessed were significantly delayed with language skills
- Lack of early identification
- Culturally accepted norms
- Supporting observations from settings
- Some specific 'SLI' identified but majority delayed- all lumped together











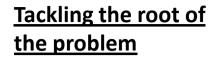












specific speech/language problems (10%)

Children with delayed language in line with general developmental delay and/ or poor stimulation

Children at risk of delay (due to insecure attachment, inconsistent parenting model or lack of opportunities)































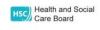






#### What did we do?

- Gathered lots of evidence (parents questionnaires, practitioner questionnaires, talked to wide range of people, attended forums and shared our findings)
- Developed a core multi-agency team of specialists to look at the underlying issues and plan a way forward
- Decided to embed the skills within the Children's workforce rather than deliver a new service























#### What did we develop?

- Multi-agency training programme to ensure communication is 'everybody's business'
- Develop quality resources with reliable key messages for parents, carers and practitioners
- Supported current provision such as toddler groups, ante-natal classes etc. to enhance their practice
- Created a 'buzz' around early communication



















































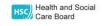








- 5 tier training framework: written, delivered and received by a multi agency group
- Level 1 shared vocabulary, shared good practice, shared tools
- Level 2 changes in practice
- Level 3 extending knowledge
- Level 4 Setting award- Communication Friendly
- Level 5 Enhanced practitioner award





















### Embedding good practice



- Expectation that basic good practice has been applied before children can be referred to SLT
- Quality improvement team expect high quality interaction in settings
- Setting award- evidence that best practice is in place



























- Increased knowledge of child development
- Tools to support this knowledge
- Confidence in the process to access support



























## Attachment and communication on all agendas

- Children's plan
- Early Years Strategy: Priority 1 Closing the gap
- Attachment features strongly in settings and on all Health Visiting plans
- Stoke Reads



























Staged Pathway

Triage

Working together



















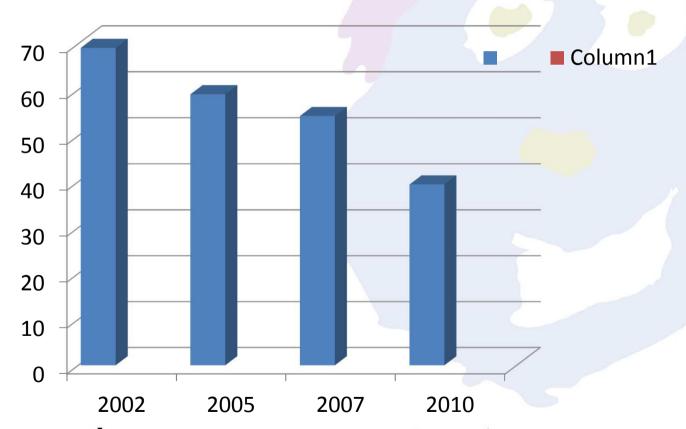








# Incidence of comprehension +/- word finding delay City Wide



























#### What has changed?



- Children are entering nursery with better language skills
- City average in 2004 = 64% delay, 2010 39% delay
- Cohorts of children are being tracked through school and are showing an improvement year on year
- Parental and practitioner questionnaires indicate improvement in knowledge and confidence
- Evidence of good practice through practitioner case studies
- More information available to parents
- Case studies show impact from before birth through to school age
- SSO training now on courses locally for midwifery, teacher training, paediatric nursing and childcare courses
- Mandatory part of induction for all Children's centre staff

























#### Impact and evaluation

There have been many levels to our evaluation:

- Annual child measures in 1 area
- 3 yearly city-wide measures
- 4 year 'One step at a time programme' in schools has in-built assessment tool for whole cohort
- Annual questionnaire to parents and practitioners
- Training feedback
- Currently looking at Child development tool across the City and repeating language measures























#### Validating the evidence

- External consultants used to evaluate first 3
  years of the programme- important to have an
  external view
- Y4-6 multi-agency evaluation with peer review from local university
- Currently planning to repeat language measures with University Support



















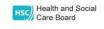






#### Where now?

- SSO now part of the Early Years Team
- Training up a wider team to deliver elements of the training
- Joint lead role linked to SLT team leader role
- Funding significantly reduced and part of mainstream funds
- Child development tool
- Sustaining a focus on attachment and early language/ communication development























#### Where next?

- Child development tool to continue to provide evidence of need and supporting implementation of revised EYFS
- Repeat baseline measures 2013
- Focus on early reading take up
- Cohort of level 5s
- Increase and review Level 4 'Communication friendly' settings
- Targeted training (incl. foster carers, social care)
- Communication Champions in every locality
- Focus on Communication Ambassadors
- Language acceleration programme in nursery
- Reviewing whole Children's Centre offer for SLCN























### Current commissioning

- Stoke Speaks Out is now the 'Early Language and Communication Strategy' for Stoke on Trent
- This is part of the Local Authority's structure under 'Early Years'
- It is funded by the Local Authority but Health remain strong partners in every aspect
- The programme lead is seconded part time from Health to Education and holds a joint role as team leader for Community Paediatric SLT alongside this role
- This ensures seamless support from prevention through to early identification and early intervention





















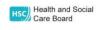








- ➤ Develop an evidence base
- ➤ Identify a Champion to lead this work
- > Use the National data to support this agenda
- ➤ Share knowledge and practice
- > Create a hub of good practice
- These issues will not go away on their own
- Focussing on early attachment and communication things can only get better























- •Develop an evidence base of local need
- •Research the causes
- •Identify ways of addressing this need
- Develop new ways of tackling the issues
- •Trial and perfect the methods



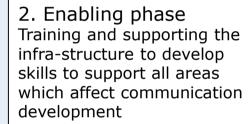


#### 4. Empowering phase

Supporting processes for local practitioners to use their skills and link together Sharing the expertise beyond the City and ensuring the ongoing work is self-sustaining

#### **Stoke Speaks** Out

3. Embedding phase Building in the capacity and expertise within agencies to continue to support and address the local need























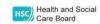
































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Ref: The Early Years Communication
 Handbook: Pub Practical Pre-school 2010





















