

**MINUTES OF MOYLE CHILDREN AND YOUNG PEOPLE'S  
LOCALITY PLANNING GROUP MEETING**

**TUESDAY 14<sup>th</sup> OCTOBER 2014 AT 10.00AM  
IN THE TILLY MOLLOY CENTRE, ARMOY**

<b>Attending:</b>	Brenda McAteer	<i>Early Years Team NHSCT</i>
	Bridgeen Butler	<i>Moyle PCSP</i>
	Gemma Lutton	<i>CYPSP (Minute Taker)</i>
	Sharon Kirk	<i>Dalriada Rural Surestart</i>
	Marie-Therese Cassin	<i>Cedar Foundation</i>
	Lorraine Connor	<i>PSNI</i>
	Anne Kane	<i>Public Health Nursing</i>
	Gerry McDonald	<i>NHSCT Think Drink Portfolio</i>
	Tommy Dallas	<i>NEELB Youth Service</i>
	Amanda McAuley	<i>CRUN</i>
	Emmet Norris	<i>Save the Children</i>
	Janice Armstrong	<i>PHA</i>
	Selena Ramsey	<i>CYPSP</i>
<b>Apologies:</b>	Karen Cooke	<i>Early Years Organisation</i>
	Clare McKay	<i>NICMA</i>
	Veronica McKinley	<i>NACN</i>
	Kerry Patton	<i>Greenlight Gateway</i>
	Sandra Anderson	<i>CYPSP</i>

**WELCOME AND INTRODUCTIONS**

Brenda welcomed everyone to the meeting today and a round of introductions took place.

**MINUTES OF PREVIOUS MEETING**

All agreed that the minutes from the meeting held on **Tuesday 12<sup>th</sup> August 2014** were a true and accurate recording.

## **MATTERS ARISING**

No matters arising.

## **PRESENTATION – EMMET NORRIS, SAVE THE CHILDREN**

Emmet provided information on Save the Children which is an organisation which has been established since 1919 working with children across the world providing life changes for children across the world.

Emmet provided information on the programmes currently being rolled out.

### Eat, Sleep, Learn, Play

Eat, Sleep, Learn, Play is a UK based programme supporting children living in poverty. Grants are given to help provide household essentials, like a child's bed or a fridge/freezer, to low-income families without the money to buy these items themselves. They work in partnership with organisations and this means there is no stigma from goods being delivered and it is all done confidentially.

1100 grants are given out each year covering all of Northern Ireland. £350 is credited to each family who are receiving the grant to select household essential items. Families have to have a child under 3 years and be in receipt of benefits to be considered for this grant.

Sharon noted the programme makes a big difference to families and the grant has recently increased to a bigger allowance.

### FAST - Families and Schools Together

This programme focuses on bringing families and schools together. It is an early intervention programme with the aim of building relationships between children and parents, parents and schools and parents and the community. Results of this programme were explained on the hand-out distributed. The FAST programme took place in Bushmills Primary School last year in September and 29 parents took part in the programme. Feedback was very positive and families had a positive experience. The programme runs for a total of 8 weeks and each weekly session lasts for 2 ½ hours. Families are provided with a meal each week. The programme is about having fun and having space to talk to others. The programme provides a base for families to come together and talk about issues affecting their lives. It also creates the space for families to spend quality time with their children. It was noted 80% of a child's education takes place outside of the school.

Emmet noted a total of 26 programmes have run this year. During the duration of the programme different organisations have attended to highlight to families what's

happening in the area. To take part in the programme the family has to have a child between 3 and 8 years.

Save the Children have received an investment of £30,000 to run programmes. 3,000-4,000 is given to each school to carry out a FAST programme. The School gives feedback in terms of the effect on all families. A target of 30 Schools has been given for next year to run FAST programmes. Principals of each School usually request the programme to be delivered in their School. Discussions took place if the programme will run again in Bushmills and the limit of times it can happen in the one school.

Emmet provided information on a Read On Get On campaign. This is to encourage all families to read. The Sun newspapers will be giving away free reading materials for children in support of this campaign. There will be an event in Castlecourt, Belfast on Saturday 18<sup>th</sup> October from 10am – 6pm and 12000 packs will be given out to help encourage people to read. The Gruffalo bear will also be making an appearance. Emmet noted he is trying to encourage OFMDFM to put more funding into literature programmes.

If anyone would like further information on any of the programmes contact Emmet Norris on 028 9043 2827. Email: [e.norris@savethechildren.org.uk](mailto:e.norris@savethechildren.org.uk)

## **PRESENTATION – GERRY MCDONALD, THINK DRINK PORTFOLIO**

Gerry McDonald is the Impact of Alcohol Portfolio Manager covering the Northern Trust area. This is a Big Lottery funded programme with the aim to reduce the harm to individuals, families and communities directly affected by alcohol misuse. It was noted NI has a serious problem with alcohol. 72% of people in NI drink alcohol. Gerry distributed a leaflet 'Think Drink'. The leaflet has a self-assessment questionnaire and if answered correctly will identify what at risk category the person completing scores.

Gerry also distributed a copy of a presentation to the group. The presentation highlighted that the Northern Trust wants to leave a legacy after the portfolio has ended of empowered communities who will deliver the vision:

- "That individuals, families and communities throughout its area will confidently take the initiative to reduce the impact of alcohol misuse".

Statistics were noted in the presentation with one given: it is estimated that alcohol misuse in Northern Ireland costs 900 million every year to areas such as healthcare, policing, prison and social services.

Gerry explained the 4 projects which form the Impact of Alcohol Portfolio.

- Believe in Youth

Peer education and specialised alcohol intervention programmes delivered directly when and where young people congregate and socialise.

- Relationships and Alcohol Misuse

Supporting and improving family relationships through counselling and reducing financial, work pressures and poverty: through advice and advocacy for families most affected by these issues.

- Healthy Body, Healthy Mind

Recognise, understand and support individuals and families affected by both mental health and alcohol problems through mentoring, education and targeted support interventions.

- Older Focus

Increasing recognition, understanding and skills around the hidden problem among care providers and families and providing specialist intervention support for older people.

It was noted if anyone registers with Drink Aware free credit is given for ordering alcohol related resources. Visit [www.drinkaware.co.uk](http://www.drinkaware.co.uk)

For more information on this Initiative contact Gerry McDonald on 028 8672 3937 or 028 2563 6606. Email [gerry.mcdoanld@northerntrust.hscni.net](mailto:gerry.mcdoanld@northerntrust.hscni.net)

## **UPDATE – SUPPORTING MY CHILD**

Brenda met with Autism NI who completed a 3 week programme 'Time for Me' for parents with children on the Autism Spectrum. Thanks were given to Surestart for the use of the building for this programme.

## **UPDATE – BUSHMILLS EDUCATION PROJECT**

Selena provided information on the Bushmills festival that took place in June 2014. Essential skills' training was offered to people in the community following on from this event. Selena noted Seeds 21 was formed from this education project and the group have now brought all of its members together to see how they can progress at this stage. Two issues were identified as a result of this meeting and the group will

be focusing to achieve these- Parental Engagement and Training for 16+. A smaller core group will now take the project forward.

## **UPDATE – FAMILY SUPPORT HUBS**

It was noted the last family support hub meeting didn't have referrals for the Moyle area. Referrals come through the Gateway team and Action for Children take a lot of the referrals. It was noted there is no Family Support Hub Coordinator in post yet.

## **ACTION PLAN**

The Action Plan was distributed to the group with information transferred from the recent action planning session and merged into this updated action plan.

This will be re-circulated to the group for members to make comments. The group were asked to send any comments to Selena Ramsey prior to the next meeting. The Action Plan will be discussed at the next meeting.

## **MEMBER UPDATES**

### Marie-Therese Cassin – Cedar Foundation

Marie-Therese noted that they are working with 12 families at present and it was noted referrals can come from anyone. Cedar Foundation are also working with young people with a disability and delivering a range of services to these young people. Workers are trying to encourage young people to attend the Youth Club but it is a slow process, families have fears of their children engaging with others as bullying etc. can occur. Marie-Therese noted the Cedar Foundation started as a 2 year service and it is now coming up to 4 years with some families still requiring a service.

### Sharon Kirk – Surestart

Nurturing programme Welcome to the World was very positive. This is being delivered in Ballymoney. In Armoy a young parents group is on-going and will meet on Wednesday 22<sup>nd</sup> October. Baby massage will be commencing and will run for 8 weeks.

All other programmes are running as normal. All parents have been issued with the newsletter to inform them on the programmes available. Sharon noted parents have

to book a space on the programmes they are interested in attending as spaces are limited on each programme.

#### Anne Kane – Public Health Nursing

Anne provided positive feedback as 2 members of staff have been able to do baby massage training. A parent group has also been started in Ballymoney. Anne noted the Health Visitor in Ballycastle would like to get possible venues to run the baby massage course with parents. Possible venues were given to Anne to enquire for this baby massage training.

Anne provided information on the current flu campaign and noted 4000 children will have to have this vaccination. A lot of work is to take place before these vaccinations are given and it is not a straight forward process.

#### Bridgeen Butler – PCSP

Bridgeen provided information regarding a visit to Corrymeela which will take place with P7 pupils. Last Orders has now finished with 2300 young people having experienced the play. This was spread across Causeway Coast and the Glens and the feedback from schools was excellent. 2 outreach workers from NEELB and PCSP have identified a group in Ballycastle of 13 young people and workers are trying to engage with these young people and refer to programmes. Links have been made with Maurice McLaughlin from Believe in Youth.

#### Amanda McAuley – CRUN

Amanda noted CRUN, TIPSAs and ACET have taken over the Community Support Service. They will be working together to support communities in each area where there are concerns regarding drugs and alcohol and signposting to existing drug and alcohol support agencies. Talks can also be provided to groups/individuals specifically tailored to their need. For more information contact Amanda on 028 7034 4934 or email: [amanda@crun.org](mailto:amanda@crun.org)

OCN accredited programmes will possibly run in Rathlea and Amanda is contacting schools in Ballycastle for young people to do the programme during the school hours. Talks will also be given in Surestart focusing on alcohol on the run up to Christmas. Amanda also wants to get the message across about not drinking during pregnancy.

## **ANY OTHER BUSINESS**

Nothing noted.

## **DATE AND TIME OF NEXT MEETING**

It was agreed the next meeting will take place on **Tuesday 9<sup>th</sup> December 2014** at **10.00am** in **The Tilly Molloy Centre, Armoy.**