

**Kid's Together West Belfast  
Disability Services In Partnership with Action Ability Belfast**

**Pamela Hughes Speech & Language  
Communications Specialist**

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Our Mission is to ensure our children and young people will realise their potential, improve their quality of life and participate fully within their community. Kids Together aims to support children with moderate to severe disabilities whose needs are not met at local community level.

The Purpose of Kids together is to give these children/young people a sense of belonging, stability, acceptance and equality, building friendships and relationships, reducing isolation and increasing social interaction

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**The Kids Together team has direct experience of the difficulties faced by children with disabilities.**

The additional needs of children include:

- Autism
- Down Syndrome
- Cerebral palsy
- Acquired brain injury
- Sensory impairments
- Mild- severe learning disabilities
- Physical disabilities
- Global Developmental Delay

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## SERVICE DELIVERY

Kids Together, designs, plans and delivers a wide range of tailored services for families with children and young people who have complex needs.

We aim to be inclusive with our service delivery and, where and when possible, promote understanding and greater interaction between siblings irrespective of ability/disability.

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**KT works tirelessly to promote equality of opportunity and diversity of services, to children/young people with disabilities, siblings and their parents.**

**Core Services Include:**

- After School for children aged 4 -11
- Youth Provision for young people aged 11-18
- Time For Me for children aged 2-7
- Rainbow group (Specialist ASD Project) children under aged 4
- Play-days for children aged 1-3
- Outreach
- Family Support
- Parent Support Group

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# Kids together After School Project

Monday to Friday Kids Together Building  
Wednesday Glen Community Centre  
60 Children per week availing of service

Each of the children's individual needs are catered for through a range of activities that include:

- Music therapy
- Makaton
- Excise
- Art & Crafts
- Drama
- Sensory play
- One to one interaction.



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# Kids Together Youth Provision

Monday, Tuesday Wednesday and Friday Kids Together Building.

40 young people availing of services per week.

Activities include:

- Healthily Living Programmes
- Money Matters
- Communication Programmes
- Team Building events
- Swimming
- Physical Activity
- Youth Enterprise
- Social Skills, Sensory Input/Drama



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# Kids Together Time For Me Project

Saturday am & pm Kids  
Together Building

Saturday am, Blackie centre  
30 Children avail of services  
per week.

Each of the children's  
individual needs are catered  
for through a range of  
activities that include:

music therapy, makaton,  
physical play, art & crafts ,  
sensory play and one to one  
interaction. Focusing on areas  
such as: communication,  
social skills, behaviour, fine  
motor skills



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## Rainbow Programme

The program addresses particular challenges associated with **ASD**, seeking to improve a child's daily routines, confidence and social interaction:

- Social communication,
- Theory of mind,
- Recognition of facial & emotional expression,
- Feelings and emotions
- Asking for help
- Sensory
- Develop social imagination



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## Play Days

Friday morning Kids together  
Building

8 children per week.

Each of the children's individual needs are catered for through a range of therapeutic activities that include music therapy, makaton, excise, art , sensory play, rhyme time, singing and one to one interaction



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## Outreach Programme

Kids together outreach project supports children and young people whose families are living under extreme pressure related to caring for a child or young person with severe challenging behaviours associated with their disability.

It is widely recognised the management and care of these children intensifies the pressure and isolation that their families experience on a daily basis.



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## Family Support

Kids together delivers a range of family support services which focuses on relevant needs of all family members. These include:

- Communication with children and professionals
- Behaviour and management of same
- Toileting
- Housing advice
- Benefits advice
- Assessments (physical, behavioural)
- Sign Posting other support services

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## **Parents / Carers Support Group**

### **Meets monthly:**

**To share and discuss every day topics that effect their families**

**To provide Training (identified as required by the parents)**

**Guest Speakers regarding relevant topics**

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