

Checklist to consider when assessing, planning, providing or reviewing care or treatment of a client/patient with mental health issues, including substance misuse:

- Family composition
- Client/patient's insight into the impact of their issue/condition may have on carrying out parenting duties
- Potential impact of issue/condition/treatment on family life/routines
- Strengths within the family
- Risks to individual client/patient and to others, including children and young people
- Available family support networks
- Family insight into issue/condition
- Communication with family members, including children and young people
- Involvement of family in ongoing treatment and care
- Other services available, including those from voluntary organisations that may provide support to the family
- Communication with relevant professionals/services
- Joint care planning
- Record details in notes/case file

Think Family

For further information visit www.cypsp.org/think_family.htm
or www.familysupportni.gov.uk

6. Culture & Community

4. Protective factors, resilience and resources



1
Adult / parental
mental illness



3
Parenting and family
relationships



2
Child mental health
and development

4. Risk factors and stressors

5. Adult services

5. Children's services

6. Culture & Community