



the journey starts here...

SOUTH BELFAST BALANCE ABILITY PROGRAMME

The UK's first 'learn to cycle programme' comes to South Belfast.



The Balance Ability Programme has trained instructors that work with young children to build confidence, spatial awareness and balance to cycle without the need for stabilisers.

Age: 5-12 years old

Where: Shaftesbury Recreation and Community Centre,
Balfour Avenue, Belfast, BT7 2EW

Dates: Saturday 11 April 2015 to Saturday 16 May 2015

Time: 1pm – 2pm

Spaces are limited. Registration is essential.

To book a space please contact, Stephanie Thompson, South Belfast Partnership Board at 028 90 244 070 or email

Stephanie.thompson@southbelfast.org

