

**MINUTES OF CARRICKFERGUS CHILDREN AND YOUNG PEOPLE'S
LOCALITY PLANNING GROUP MEETING**

**FRIDAY 5TH DECEMBER 2014 AT 10.00AM
IN COMMUNITY FORUM MEETING ROOM, TOWN HALL BUILDINGS,
CARRICKFERGUS**

Attending:	Roy Beggs	<i>MLA</i>
	Ann Doherty	<i>NHSCT Hearty Lives</i>
	Anne Thompson	<i>SACN</i>
	Davey Norris	<i>NEELB Youth Service</i>
	David Gilliland	<i>YMCA</i>
	Gabrielle Nellis	<i>PHA</i>
	Gemma Lutton	<i>CYPSP (Minute taker)</i>
	John Clements	<i>Family Support Hubs</i>
	Liz Brown	<i>NICMA</i>
	Martina McCooey	<i>Youth Justice Agency</i>
	Selena Ramsey	<i>CYPSP</i>
Apologies:	Hedley Webb	<i>Carrickfergus College</i>
	Gerry McDonald	<i>Think Drink NHSCT</i>
	Sandra Anderson	<i>CYPSP</i>

WELCOME AND INTRODUCTIONS

Roy welcomed everyone to the meeting today and invited a round of introductions.

MINUTES OF PREVIOUS MEETING

The minutes were agreed as being a true and accurate recording of the previous meeting held on **Friday 26th September 2014**.

MATTERS ARISING

None noted.

PRESENTATION – EMMA MCELHONE, STRENGTHENING FAMILIES

Emma provided background information to the Strengthening Families Programme which is PHA funded. It is a programme for parents/carers and their children aged 10-14 years. This is an evidence based programme and skills are gained by those attending to help strengthen their family. It is a 7 week programme taking place one night per week usually in the evening with a meal provided at the start of each night to all families attending.

Families are split into 2 groups each week at the beginning of each session. One group consists of parents/carers along with one facilitator. This lasts for an hour approximately and is DVD lead. The other group consists of young people and 2 facilitators. Individual topics are covered each week through activities and games. The groups re-join and complete further activities together within each family.

Funding has been received from PHA to deliver 11 programmes before March 2015. 2 were organised for Carrick with 5 further programmes scheduled for Larne, Cookstown, Ballymoney, Antrim and Ballyclare. There is a programme being delivered in Carrick at present and it's nearly finished with the group being on week 8. Emma noted there are 11 families taking part with 5 Dad's/Stepdads which is great to see. Emma informed the group she is hoping for a programme to run in the Carrick area in April 2015. Funding for each programme includes money to cover a venue, catering and transport to families if required to eliminate any barriers for families to attend the programme.

Anyone can make referrals to Emma McElhone if they know of any families who would benefit from this programme. Emma is now open to take referrals for the programme scheduled for Carrick in April 2015.

Anyone wishing to request a referral form or has any queries on the Strengthening Families Programme contact Emma McElhone
Telephone: 028 2563 6600 Email: emma.mcelhone@northerntrust.hscni.net

FEEDBACK – YOUTH FAIR 2015

A date has been set for the Carrickfergus Youth Fair which will take place on Wednesday 11th February 2015 in Oakfield Community Centre. Hedley is organising the schools to attend on the day. A number of potential themes to use for this Youth

Fair were discussed as a subgroup and the theme will focus on Commit to Commitment and Social Media.

The idea of having stilts was discussed at the subgroup meeting as a way of delivering the message of not giving up. Karen agreed to bring these on the day and drive the message across. Sandra will be engaging with young people pre and post of the youth fair to complete evaluations.

A quiz will be given to all pupils with a question to be answered on each stand there. A 1st and 2nd prize will be awarded to each school. A letter has been sent to the Mayor's office regarding securing the prizes for the quizzes. NICHI are funding the buses to transport the pupils to the venue.

CARRICKFERGUS / LARNE HUB UPDATE

John informed the group he is new in post and got involved with the hubs through the Hope Centre in Ballymena and different teams throughout Action for Children. Clare McKay is the Service Coordinator for the hubs and is also in post. There are 5 hubs in the Northern Board which are:

- Antrim / Ballymena
- Larne / Carrickfergus
- Newtownabbey
- Coleraine and Moyle
- Magherafelt / Cookstown

Each hub aims to avoid duplication and improve service delivery to families. The Hubs are a network of agencies who work directly with parents and children. John noted there is usually a good turnout at meetings with a range of organisations present to take referrals.

Many issues are coming through referrals including drug problems, coping strategies for mother/father, mental health, domestic violence, low self-esteem etc. All referrals are discussed around the hub and whatever organisation is best for the referral will take it.

All 5 hubs are open to take referrals and self-referrals will also be accepted. Families must give consent in order for the referral to be discussed at the meeting. It was noted Strengthening Families is a very good programme for families to be referred to and has been used to offer to parents. At present 15 referrals are being received per hub per month.

ACTION PLAN

Discussions took place regarding the actions outlined in the action plan. The group agreed to focus on the actions and progress.

Actions Discussed

- Selena and David to meet with Colette Stewart. Gemma agreed to arrange this meeting.

Education and Achievement

- Selena to invite Karin Eyben to a meeting in February to speak about the Bushmills experience and what has been achieved.

0-4 Early Years

- Ann to run an early movers programme which will be open to everyone. Weaning programmes and Cook It is being delivered. Health Visitors have a new mums group which runs for 8 weeks in Leisure Centre and this is for people outside Surestart areas. Ann agreed to link with Sandra when questions are being put together. Anne noted they are trying to organise a pamper night for postnatal mothers.

Disability

- Map service provision after diagnosis from all sectors. Selena agreed to link with David regarding this.
- Sandra has completed engagement with siblings in Carrick in connection with the sibling's project. Sandra is putting together a report on this and will share when finalised.

MEMBER UPDATES

Roy Beggs – MLA

The Food Bank is officially opening today. This will be in The Vineyard Church in Woodburn. One young person with Autistic characteristics has got a Gold Duke of Edinburgh which is very positive. Roy provided information on Exceptional Enterprises in Larne who are a voluntary group who provide job opportunities for young people who have disabilities when they are nearing adulthood.

Liz Brown – NICMA

Liz informed the group User Guide Training for child-minding is finished. 7 sessions were carried out with 396 child-minders attending. 56% of those invited attended and provided feedback. Minimum Standards were delivered. Liz expressed concerns for the number of child-minders who are no longer registered due to the new Minimum Standards in place.

Anne Doherty – Hearty Lives

Anne informed the group she has been in post since 2013. Information was distributed to everyone present on progress to date and the planned activities for the programme until 2016. All work strands were discussed and information was provided.

- Strand 1

Engaging with GP has been put on hold.

- Strand 2

19 referrals have been received to date for the pilot intervention which was implemented using the agreed care pathway. Antenatal and postnatal exercise programmes will be reviewed in December. It is hoped Flames Hopefully Flames programme will run in Primary Schools.

- Strand 3

Work is continuing to set up a Breastfeeding Support Group. Anne noted a Buggy walk is being organised for young mothers to attend. Anne noted she would also like to run Early Movers and set up a family model to look at obesity. A meeting is taking place in December to look at this.

Gabrielle Nellis – PHA

Gabrielle noted PHA are rolling out procurement staff in the next 3 years with the aim to have longer contracts in place for organisations. The Drugs and Alcohol process has started and opportunities will be available. Anyone interested in this information were advised to keep checking the PHA website for tenders. Minding Your Head website is being updated. It was noted someone has been in place for 2-3 months to work on the website and to update the z cards. Contact is being made to every organisation on the cards to ensure all information is accurate and correct before going to print.

Information was provided on the Mindwise Youth Strategy which has launched. The Advisory group have met with youth organisations.

Community networks are delivering a seminar on Promoting Children's Emotional, Social and psychological wellbeing by Simon Ward and Gabrielle give details of this seminar. A change of venue has been made to accommodate the number of people registering to attend this seminar instead of limiting the applications to the venue size.

David Gilliland – YMCA

David noted the YMCA are linking with Dunlewey for referrals.

David Norris – NEELB Youth Service

David noted they are continuing to work on a youth service plan. The plan will be going live on 1st April 2015. A training booklet is also being developed in time for 19th December 2014 as they are trying to link the training in with the financial year.

North Eastern Youth Service are devising a voluntary strategy. A youth strategy will be published with contact details and registration forms. Leaflets and posters will also be provided.

Information was given on training being completed. Youth Service are engaging with a 2 week programme in January 2015 focusing on Autism. LGBT training, Health and Wellbeing and Child Sexual Exploitation training is being planned for workers to complete. The key focus is to look at plans for next year which will be Year 3.

It was noted David will be attending the February meeting and providing information.

ANY OTHER BUSINESS

Nothing noted.

DATE AND TIME OF NEXT MEETING

It was agreed the next meeting will take place on **Friday 20th February 2015 at 10.00am in Community Forum Meeting Room, Town Hall Buildings, Carrickfergus.**