

## Think Family E-zine

Dear Readers

This is the third edition of themed CYPSP e-zines. This e-zine will focus on Think Family.

The aim of the Regional think Family Sub Group is to improve the outcomes for children who have a family member with Mental Health issues by improving the interface between Children and Adult Mental Health Services across the statutory, voluntary and community sectors.

The Regional Think family sub group enhances greater partnership working by establishing a Family focused approach to planning and delivery of services for parents, carers, young people and children which this interface exists.

Under the leadership of the CYPSP, the Regional Think Family Subgroup aims to progress the work started by the Mental Health Children's Services (Think Child Think Parent Think Family) Project 2009 - 2012 by progressing key actions against the three main themes that resulted from the Think Family 'Experience' Survey Report. This survey was conducted with staff and service users using online sensemaker software to allow them to tell their story of the experience they had as a staff member delivering the service and as a service users/ carer/ young person involved with Mental Health Services.

The regional sub group has developed their action plan to highlight how they key actions will be achieved. The three themes are:

- Improve communication and information sharing between professionals and families
- Improve access to early intervention family support for children, young people and their families
- Improve the extent to which assessment, planning and treatment is inclusive of a 'whole family' approach

Articles for this edition of the e-zine reflect the multi-disciplinary and interagency nature of this work and have come from statutory and voluntary sectors.

I hope you enjoy this special edition of the e-zine.

**Mary Donaghy**

Chair of CYPSP Regional Think Family Subgroup