

**CHILDREN AND YOUNG PEOPLE STRATEGIC PARTNERSHIP (CYPSP)  
MINUTES OF EMOTIONAL AND BEHAVIOURAL DIFFICULTIES SUB-GROUP  
FRIDAY 6 FEBRUARY 2015  
COMMITTEE ROOM, SOUTH TYRONE HOSPITAL**

**PRESENT:**

Catriona Rooney, HSCB (Chair)  
Maurice Leeson, Children's Services Planning, HSCB  
Stephen Bergin, PHA  
Pamela Hughes, Kids Together  
Phil Lindsay, Barnardos  
Mark Rogers, Extern  
Alison Foster, Children's Services Planning Support Officer

**APOLOGIES:**

Peadar White, CAMHS Head of Service, SHSCT Pauline Curran, SELB Advisor

**ALSO IN ATTENDANCE:**

Mary McCarthy, CAMHS Step Care Model Project Lead  
Michael Heaney, Youth Justice Agency  
Deirdre McNamee, LGBT

**MINUTE TAKER:**

Leanne Barry

**MEMBERSHIP**

Voluntary representatives were clarified as Pamela, Phil and Mark, with Joanne Neill not taking up her place on the group. Peadar to consider whether further representatives are to be co-opted onto the group.

- **Action – Peadar to consider further representatives onto the group as required.**

**UPDATE OF PREVIOUS ACTIONS**

**Family Support HUBs** – Maurice clarified that the intention will be that both the Family Support and Mental Health HUBs can refer to each other as and when required. Catriona noted that the development is still in the early stages and progress is to be reviewed. Peadar had expressed an interest in joining the project development team in the Southern Trust and it was felt that representation from Children's Services would be beneficial. Deirdre added that a Co-ordinator is to be recruited in the Southern Trust and when appointed will be located in Armagh.

**Step 2 Development** – Catriona advised that the minor amendments previously noted have been made and the paper presented to CSIB for final endorsement. Following this the group will oversee the implementation of same.

**Full School Model** – Discussion was deferred, given there was no representation from Education.

## **AGENDA**

### **WAY FORWARD**

The group had previously identified a number of priority areas. Further information was requested to help set priorities and formulate an Action Plan. The following presentations were arranged to assist in this exercise.

#### **1. Mary McCarthy – CAMHS Step Care Model**

Mary advised of the progress to date re the implementation of the model in the Southern Trust.

Stephen noted that there is political pressure for a detox centre for young people and queried the number of young people in the Southern Trust who misuse substances. Mary advised that many young people have complex trauma and use substances as a way to cope, which then impacts on their mental health. However, to date no young person has required detoxing.

Discussion ensued around the Community/Voluntary providers working alongside Statutory services to provide early intervention and potentially prevent the need for referral to specialist CAMHS. However, it was noted that GPs lack confidence in referring to Community/Voluntary agencies, citing lack of feedback and concern re governance/training as issues and are of the view that CAMHS should oversee these referrals. Mary advised that some education has been undertaken with local GPs to provide information and enable confidence to refer to other agencies, including the Family Support HUBs.

It was agreed that a list of the Step 1/Step2 providers in the Southern Trust locality would be mapped and collated.

Deirdre highlighted that any difficulties encountered with Community/Voluntary agencies should be fed back to PHA, who monitor and oversee their contracts.

#### **2. Michael Heaney – Juvenile Justice Services**

Michael provided a brief overview of services provided.

It was noted that one third of young people in Woodlands are from the care system and are on remand as a response to a crisis. They duly appear in Court and are subsequently released. It was suggested that much of this could be avoided if a “place of safety” was available during crises.

OOHs was also acknowledged as particularly problematic, where young people are presenting at high risk and may end up being placed in an environment where they may be exposed to other difficulties, which were intended to keep them safe.

Although the numbers are relatively small, further consideration is required regarding investment, as there is a clear gap in provision.

Catriona advised that the Acute CAMHS review has now been published which identifies improvements re better in-reach in Step 5 provision and in addition the new Forensic Service is also now available. Part of the review recommendations included establishing a Regional OOH Service to provide consultation/advice re mental health presentations. This will be on the agenda of a Regional Workshop scheduled for March.

Michael highlighted that the use of a screening tool is being debated regionally. Catriona noted that there is scope in providing training on what to expect when a young person presents eg signs/symptoms to look for, etc and Peadar can discuss this further with the Regional CAMHS Managers.

### **3. Deirdre McNamee - LGBT (on behalf of Hilary Johnston)**

Deirdre advised that the LGBT is a fledgling group and tabled the groups Action Plan for information. She noted that exact numbers are unknown of this grouping, however, it is estimated to be between 20-60,000 of the Northern Ireland population. The establishment of the new KOI service delivered by BHSCT for the region to provide consultation/assessment to core CAMHS and co-work cases has been welcomed and will help to identify the population and provide timely support. Following a meeting with KOI some training was identified for CAMHS to enhance their understanding to meet the growing demand for support.

There is a consultation paper currently out in relation to anti-bullying legislation and the link for same was circulated to the forum for feedback.

PHA has commissioned some service and a number of organisations have been established to raise awareness. The sub-group have mapped established services to identify potential joint working options to further enhance provision. Catriona advised that there are a significant number of young people under the radar and this group could influence how information is disseminated. Deirdre noted challenges for the LGBT population with school counselling, as the last thing wanted is all cases steered towards this and she agreed to circulate a report re same.

#### **➤ Action – Deirdre to circulate report re school counselling.**

Catriona thanked everyone for their contributions and added that the information shared will enable the group to prioritise areas and develop an Action Plan accordingly.

### **ANY OTHER BUSINESS**

None noted.

### **Dates of Next Meeting**

Friday 6 March 2015 @ 10.00 am – Committee Room, STH, Dungannon

Friday 3 April 2015 @ 10.00 am – Committee Room, STH, Dungannon

Friday 8 May 2015 @ 10.00 am – Committee Room, STH, Dungannon

Friday 5 June 2015 @ 10.00 am – Committee Room, STH, Dungannon