



The summer holidays are drawing to a close and soon everyone will be back to school. This can be an exciting and anxious time for all children. In this issue we focus on ways we provide support for children with an acquired brain injury in schools and upcoming events for you to get involved in.

From our webinars to factsheets, family days to our autumn safety campaign, there are many means by which you can get involved with and be supported by the Child Brain Injury Trust.

With our support the challenges children and families face during the new school term will not be faced alone. Remember, the Child Brain Injury Trust is here to support and help you.

Support Strategies

Returning to school after the long summer holidays has its challenges for children, parents and teachers. A variety of issues may arise for children and young people with an acquired brain injury, ranging from attention and concentration difficulties to managing fatigue.

But do not worry, we are here to help. We have a wide range of [factsheets](#) available on our website. Do check out all of our factsheets, but here are the ones we hope will be able to help you with some of the challenges that the new term might bring.

- [Behaviour – practical strategies](#)
- [Bullying](#)
- [Dealing with emotions, thinking, learning](#)
- [Getting more help at school](#)

Our child friendly [Memory at School](#) will help children keep themselves organised for the day.

If you have any questions, you can always give our helpline a call. It is open 9-5 Monday to Friday and manned by our Helpline Co-ordinator Gordon. Call on 0303 303 2248 or email athelpline@cbituk.org.

New Term, New Challenges?

Whether a child is anxious about moving up to secondary school, or returning to the classroom, read more in our recent feature [blog](#) by the Charity's Information and Learning Manager, Louise Wilkinson.

Summer Activity Day

The Summer Activity Day took place on Friday 31st July and was held at the Belfast Activity Centre. The activities that took place this year were kayaking, archery and climbing. Parents and siblings attended and some joined in with the activities.

A Big Welcome...

A big welcome to Gerard Anderson who joins us as a new Child and Family Support Co-ordinator. Gerard started on Monday 27th July. Between Gerard and Jacqueline they will support and help families across all of Northern Ireland.

Art Event



We are pleased to welcome contributions to an upcoming art exhibition, organised by the Acquired Brain Injury Working Group.

You may also find our Webinars (online presentations) helpful. We have over 15 recorded Webinars available for parents and teachers to help support children affected by acquired brain injury back to the new school year. These are our three most popular Recorded Webinars.

[Basic Brain Functions](#)

[Understanding childhood ABI](#)

[Strategies for support in school](#)

As part of our Understanding and Managing series we are also running a live webinar on Organisation and Planning on Wednesday 7 October at 11 am. [Click here](#) to register.

Thanks to the Eden Dora Trust's support once again this year we are able to offer free places to teachers, SENCO's and Learning Support Assistants on our One Day Education Workshop *Don't Judge a Book by its Cover*, held at a range of locations over the year. This training is suitable for professionals only. [Click here](#) to book your place and get more information.

Get Involved in Glow Day

As children head back to school, we launch our 'Be Seen, Not Hurt' Autumn Safety Campaign. You can join us from 19th – 25th October and raise awareness of being seen and staying safe travelling to and from school.



On Friday 23rd October we will be asking you all to wear your brightest clothes to school or work to *highlight* road safety. So dig out your illuminous legwarmers or your reflective cycling gear and fundraise for the Child Brain Injury Trust.

We would like to thank this year's campaign sponsors [Nestor](#).

To get started and order your Glow Day Fundraising Pack, please contact the [Fundraising Team](#). Don't forget to share your photos via social media with the #CBITGlowDay

We look forward to hearing from you soon.

Best wishes

The Child Brain Injury Trust Team

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The theme is 'what it means to be me' so the pieces do not have to focus on an injury.

Pieces can take many forms: visual (painting, photography, drawings or mosaic), written (poetry or short story up to 1000 words) or craft (silk, floral, clay or carving.)

Anyone of any age can submit a piece with friends and family welcome to enter.

If you want to take part you need to be registered by Friday 28th August. The deadline for pieces is mid-september. Please contact [Lauren Kerr](#) for more information or to register your interest.

Become a Regular Supporter

The Child Brain Injury Trust does not receive any government funding in England and Wales. We rely solely on the generosity of the general public to continue to support families. Why not give to your local project today with a monthly gift from as little as £3 a month? Sign up and find out more [here](#).