

Northern Ireland Mental Health Week 2015

'Come and walk in my shoes'



Across Northern Ireland thousands of young LGB&T young people challenge prejudice by simply walking out their front door, and by doing so they challenge society to promote their inclusion. As part of a programme of events to mark World Mental Health Day some of these young people, are inviting you to walk in their shoes just for one night. This walkthrough event hosted at the interactive RADAR Centre (designed specifically for those who work with Children & Young People) will challenge you to place yourself outside of the gender binary, or outside heteronormative structures and see the world through different eyes.

'I have realised how much life, school etc. can have such a detrimental effect on a young person's mental health if they don't get the 'right' support. '

Previous event attendee.

8th October 18.00-21.00

RADAR Centre

Units 8-12 Harbour Court

Sydenham Business Park

Belfast BT3 9HB

Spaces are limited—please RSVP to Rachael.Adams@hscni.net

02895 363 347 by 25th September