

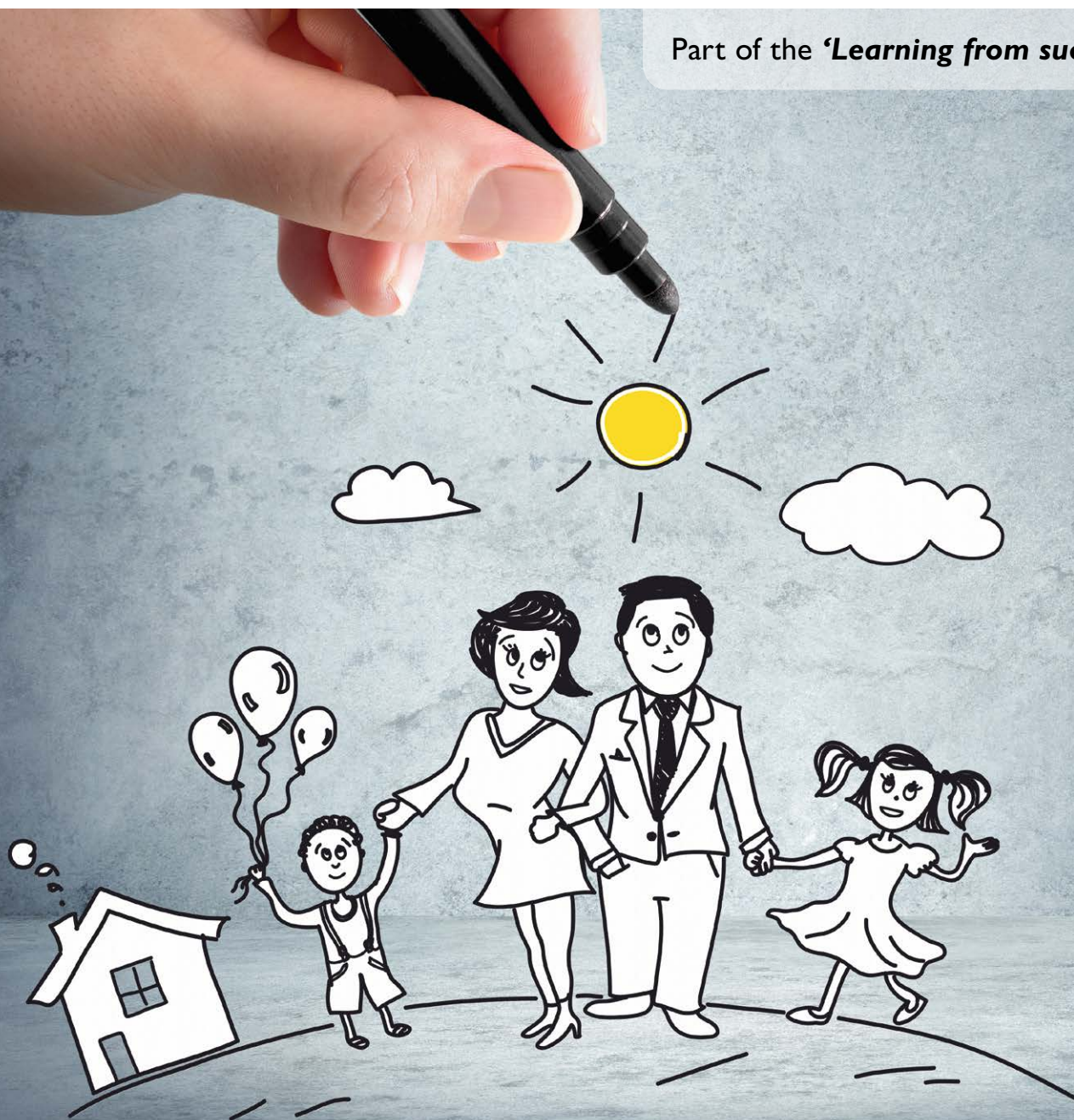
# Parental mental health and child welfare

Sharing what works from the perspective of  
children, parents, professionals and research

**Date:** Wednesday 2 December 2015

**Venue:** ORT House Conference Centre, London NW1

Part of the *'Learning from success'* series



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## Programme

**09.00 Registration and refreshments**

**09.40 Chair's welcome**

**Professor Nicky Stanley**, *School of Social Work, University of Central Lancashire*

**09.50 Exploring the patient journey:** A personal reflection on obstacles and opportunities for delivering best practice

- Examining the journey to parenthood from the perspective of a person with a diagnosis of schizophrenia
- Assessing obstacles and opportunities which both supported and hindered effective interventions
- Building the parent's confidence and protecting the child: Developing an approach to emphasise the parent's strengths rather than their deficits

**Dr Joanna Fox**, *Senior Lecturer, Department of Education and Social Care, Anglia Ruskin University*

**10.15 Questions and answers**

**10.20 Parental mental health and young carers:** Placing children (and families) first

- Translating research into practice: The development and influence of research on young carers in the UK
- Charting the importance and relevance of parental mental health and child welfare perspectives in the context of research, policy and practice on young carers and their families
- Promoting whole-family based perspectives and models of intervention

**Professor Jo Aldridge**, *Director of Young Carers Research Group, Loughborough University*

**10.45 Questions and answers**

**10.50 Refreshments and networking**

**11.20 Workshop streams**

**Choose from:**

### A) Learning from success

- Examining the tradition of learning from failure and the consequences for practice
- Learning from successful outcomes in a variety of psychosocial interventions
- Focussing on what can be achieved by a systematic application of learning from success to theory, practice and research

**Professor Shula Ramon**, *Anglia Ruskin University and the University of Hertfordshire*

**Andy Quin**, *Social Work Consultant and PhD Researcher, Anglia Ruskin University*

### C) Beyond 'Think Parent' and 'Think Young Carer': Overcoming challenges to achieve the implementation of family inclusive practice

- Considering what has happened since the government first introduced 'Think Family'
- Engaging with family relationships: Assets or troubles?
- Sharing learning from the ESRC funded 'Family Potential' knowledge exchange: Revealing cutting edge practice

**Jerry Tew**, *Reader in Mental Health and Social Work, Birmingham University*

### B) 'Think Child, Think Parent, Think Family': Examining the success of the Northern Ireland pilot and how this supports the direction of UK policy

- Focusing on the elements that were identified in Northern Ireland that best supported guidance implementation
- Making changes to service and practice delivery that have made a positive difference to families
- Considering how this approach can help realise the ambitions of the UK government rhetoric within The Care Act, the Children and Families Act, and Closing the Gap

**Hugh Constant**, *Practice Development Manager, Social Care Institute for Excellence*

**Mary Donaghy**, *Social Care Commissioning Lead, Mental Health and Learning Disability HSC Board, Northern Ireland*

### D) Harnessing the early intervention agenda

- Assessing how to promote the early help and Troubled Families agendas
- Discovering what this means for local authorities and their partner agencies
- Responding to the changing needs of the workforce

**Wendy Weal**, *Director, Interface Enterprises*



## The conference programme is designed for:

- Adult and children's health and social care policy makers, commissioners and managers
- Staff in children and adult's social care
- Staff in adult mental health and child and adolescent mental health community and inpatient settings
- School staff
- Trainers
- Students

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### 12.30 Lunch and networking

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#### 13.30 Co-producing social work practice: Harnessing the value of integrating systematic family and child feedback into mental health practice with families

- Exploring the challenges for working co-productively with families in mental health social work
- Introducing a new tool for mental health social workers to support direct feedback on practice from service users and their families: Reflecting on lessons from the development and testing phases
- Examining the impact of new conversations on multiple levels in the system of care and on the developing evidence base for social work in these contexts

**Dr Ruth Allen**, Director, Social Work, South West London and St George's Mental Health Trust

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#### 14.00 Mentalization: A model for the management and treatment of parents with personality disorders

- Working with families when a parent has a personality disorder
- Using Mentalization as an effective way of supporting and helping families with a parent with personality difficulties
- Learning how this can be an effective of supporting parents to help them to change

**Minna Daum**, Senior Family Therapist, Anna Freud Centre

**Dr Duncan Mclean**, Consultant Psychiatrist, Early Years Parenting Unit, Anna Freud Centre

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### 14.30 Refreshments and networking

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#### 15.00 Reflecting on effective engagement with mentally ill parents and their families, as a clinician and as an expert witness

- Parental mental illness and the adult psychiatrist's role
- Personal experience in the field
- Cultural issues
- The way forward

**Professor Eleni Palazidou MD PhD MRCP FRCPSYCH**, St George's University, and Medical School, University of Nicosia, Cyprus, Barts & London School of Medicine, Queen Mary University and The Sloane Court Clinic

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#### 15.30 'Keeping the Family in Mind' in Liverpool: An inclusive and whole systems approach to improving outcomes for families in Liverpool

- Demonstrating the model: Practice, strategic and workforce structures to support this
- Keeping children, young people and parents central to the process of change
- Overcoming barriers to support positive outcomes

**Louise Wardale**, Keeping the Family in Mind Co-ordinator, Barnardo's; Action With Young Carers, Liverpool

**Carol Bernard**, Director of Commissioning, Mersey Care NHS Trust

**Monica Kizza**, Survivor and parent  
Young carers, supported by Barnardo's Action With Young Carers

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### 16.00 Questions and answers

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#### 16.15 Chair's closing remarks

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#### 16.30 Close of conference

## Delegates receive a free copy of the new Pavilion annual review, worth £59.95!

**Learning from success:** The Pavilion Annuals Improving practise and working together across health and social care

### Parental Mental Health and Child Welfare Work Volume 1: A Pavilion Annual 2015

The first volume of Pavilion's new annual series brings together different perspectives on success and collaborative working for parental mental health and child welfare professionals.

Learning from success: The Pavilion Annuals are a yearly update on key research, policy and practice developments in the UK and internationally, as well as including some useful tools for managers and practitioners.

The primary aim of *Parental Mental Health and Child Welfare Work Volume 1: A Pavilion Annual 2015* is to capture different perspectives (policy, research, professional and family) about what constitutes success and the contributions that lead to success, and to share this information in ways that are accessible, useful, and usable for the broad range of professional groups involved in this complex area of practice.

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#### Continuous professional development

Professionals within the social care sector are required to undertake Continuous Professional Development (CPD). Delegates can gain CPD points from attending our conferences and exhibitions. This conference may help towards your knowledge requirements at Quality Credit Framework level (QCF) level 3 – 8.

#### About Pavilion

Pavilion is the leading publisher and event organiser for those working in social and healthcare fields, whether they work in the statutory, private or voluntary sectors. We publish over 200 training packs, Mental Health Today and Learning Disability Today magazines.

#### Promotional opportunities

For more information about promotional opportunities at this conference, such as exhibiting and including your promotional materials in the conference delegate packs, please contact:

Graham Hoare, Head of Business Relationships Health and Social Care

Pavilion Publishing and Media Ltd

Tel: 01273 434 938

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#### Free bursaries

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## Parental mental health and child welfare

Date: Wednesday 2 December 2015 Venue: ORT House Conference Centre, London NW1

We cannot accept provisional bookings

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### Your details

(Please complete this section for each delegate. Photocopies are acceptable.)

Dr Mr Mrs Ms (Please circle) Other: .....

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Surname: .....

Job title: .....

Department: .....

Organisation: .....

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Tel: ..... Fax: .....

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(of person attending)

I am a wheelchair user  I require a vegetarian meal  I require a hearing loop

Please state any other requirements: .....

I agree to the terms and conditions as stated at the bottom of this page

Name: .....

Signed: ..... Date: .....

### Workshop session you wish to attend (11.20am in the programme)

- 1st choice  **A)** Going beyond lessons  
**B)** 'Think Child, Think Parent Think Family'  
2nd choice  **C)** Beyond 'Think Parent' and 'Think Young Carer'  
**D)** Harnessing the early intervention agenda

#### Venue

ORT House Conference Centre, 126 Albert Street, London NW1 7NE  
(a map of the venue will be sent with confirmation of your booking)

Date Day 2 December 2015

#### Conference fees

The fee includes lunch, refreshments and conference materials. Please note accommodation is not included.

#### Confirmation of booking

When booking, please wait for written confirmation before arranging travel.

If you DO NOT wish to receive further information from Pavilion, please tick here:

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##### Payment

30 days either from date of invoice or before the conference (whichever sooner). Payment must be received prior to the conference. VAT correct at time of printing.

Pavilion reserves the right to make changes to the programme, speakers or venue should this become necessary.

Please be aware that video/audio/photography recording may be undertaken by Pavilion and may be used in a professional context.

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