Belfast: big city - tiny citizens

"It takes our city to raise a child"



28 September 2015 9.30am in the Great Hall, Belfast City Hall

The Belfast Infant Mental Health & Wellbeing Project Working Group are delighted to host the Big City - Tiny Citizens event, on 28 September 2015, 9.30am in the Great Hall, Belfast City Hall.

Dr. Suzanne Zeedyk, renowned international early years expert will deliver an inspirational address asking us to "imagine a world with fewer heart attacks and prisons, better paid childcare staff, happier marriages, more laughter - and a reduced national tax bill along the way. This really is possible if we understand what the science of human connection is telling us." Neuroscience has conclusively shown that what happens in the first 1001 days between conception and age 2 doesn't just affect a child's behaviour - it affects the whole of their life. This in turn impacts upon everything - their future health, both emotional and physical, their ability to form and develop meaningful and healthy relationships and contribute to society.

The aim of the Big City - Tiny Citizens event, is to promote a greater awareness and understanding of this critical period in a child's life and capture a shared commitment to collectively working together.



To book a place at this exciting event, contact Mary McKnight at Belfast Trust marya.mcknight@belfasttrust.hscni.net