

**MINUTES OF CARRICKFERGUS CHILDREN AND YOUNG PEOPLE'S
LOCALITY PLANNING GROUP MEETING**

**FRIDAY 12TH JUNE 2015 AT 10.00AM
IN COMMUNITY FORUM MEETING ROOM, TOWN HALL BUILDINGS,
CARRICKFERGUS**

Attending:	Roy Beggs	<i>MLA (Chair)</i>
	Aislinn Delaney	<i>Steps to Cope</i>
	Anne Thompson	<i>SACN</i>
	Ben Rayot	<i>Youth Justice Agency</i>
	David Gilliland	<i>YMCA</i>
	Davey Norris	<i>EA NI</i>
	Elaine Roden	<i>Women's Aid</i>
	Gabrielle Nellis	<i>PHA</i>
	Gemma Lutton	<i>CYPSP (Minute taker)</i>
	Hedley Webb	<i>Carrickfergus College</i>
	Margaret Armstrong	<i>Horizon Surestart</i>
	Nadine Simpson	<i>CAMHS NHSC</i>
	Sandra Anderson	<i>CYPSP</i>
	Selena Ramsey	<i>CYPSP</i>
Apologies:	Ann Doherty	<i>NHSC Hearty Lives</i>
	Ivor Mitchell	<i>YMCA</i>
	David Gilliland	<i>YMCA</i>
	Gerry McDonald	<i>Impact of Alcohol - NHSC</i>

WELCOME AND INTRODUCTIONS

Roy welcomed everyone to the meeting today and invited a round of introductions.

MINUTES OF PREVIOUS MEETING

The minutes were agreed as being a true and accurate recording of the previous meeting held on **Friday 24th April 2015**.

MATTERS ARISING

Nothing noted.

AISLINN DELANEY – STEPS TO COPE

Aislinn provided information regarding the Steps to Cope programme. Aislinn noted this is a regional service funded by Big Lottery Impact of Alcohol Project. Steps 2 Cope works with 11-18 year olds living in NI who are dealing with parental alcohol misuse. Steps to Cope will look at 5 steps when working with young people and this will cover:

- What living with parental alcohol misuse is like for young people
- Information: Learning more about alcohol and alcohol misuse
- How young people cope
- What supports they have
- Where young people can get further support

6-7 sessions are offered to each young person and workers will travel to meet them. Aislinn noted the team is made up with her and 3 social workers. In NI over 40,000 young people are living with substance misuse. There is an interactive website and this is being finalised and the 5 steps will be available online. Young people who wish to use the website will have a login and the website takes their full name. They can use the steps online and workers will have full access to their answers and can act on it due to identified need.

Aislinn provided information on practitioner training. Steps 2 Cope want to train 40 practitioners per year. This is 2 day training for anyone engaging with young people and is delivered free of charge. They also want to complete training for trainers and train 30 trainers to carry out the practitioner training.

Steps 2 Cope held a consultation with young people for the website. This is really exciting for them and it is currently being piloted with young people. Overall outcome is to better protect young people from harm. Steps 2 Cope operate an open referral process and young people can refer themselves. A lot of evening work is completed with young people. All outcomes are monitored with pre and post questionnaires.

Leaflets were distributed with further information on Steps 2 Cope.

NADINE SIMPSON – CAMHS

Nadine introduced herself as the Senior Social worker within CAMHS and covers the Northern Trust area. The CAMHS service works with young people aged 0-18 years in the Northern Trust. They offer assessment and treatment when children and young people have emotional, behavioural, or mental health difficulties. Prior to last year CAMHS would have been a specialist step 3 service. Now this service covers the step 2 service provision in the moderate risk category. A short term service is offered to young people with 6-8 sessions provided.

CAMHS have 2 teams which are split into tier 2 work which is primarily the mental health team and the other half is now a newly approved crisis intervention team. It is hoped to work out of A&E Accident and Emergency Unit in Antrim. This would allow teams to pick people up from discharge from A&E. The service currently has a base in Antrim and Ballymoney.

Satellite clinics have recently been set up and there is one in Carrickfergus run by Clare Evans. Usually 6-8 sessions are offered to young people out of these clinics. This is reducing the stigma for young people going to a clinic as they can go out at lunch as it is much more accessible with less travel time. Nadine noted they are trying to operate clinics in Portrush and Bushmills also and trying to replicate this roll out in other areas within the Northern Trust.

Nadine noted the common meth for CAMHS service is that it is a GP referral only service which doesn't accept self-referrals. This is not the case as CAMHS will take referrals from organisations and they are encouraging professionals to make referrals as they have relevant information on families. Referrals when received are screened by the referral team and signposted to other organisations if not appropriate for CAMHS.

Nadine is currently delivering a lot of teacher training in schools around the issue of self-harm. Sessions being delivered focus on raising the awareness of self-harm, the role of the teacher etc. Nadine has delivered training to health visitors and school immunisation teams. Nadine noted she can also deliver training to professionals and they could benefit from information on how to measure risk.

Nadine explained the referral criteria for the CAMHS service. The criteria varies per organisation and each case as cases range from mild to severe risk. Guideline set for responding to referrals is a 13 week period from receiving first referral to young person being seen. CAMHS aim to see young person within 9 weeks from referral being received. Carrick and Magherafelt have the highest referral rates within the Northern Trust. Discussions took place regarding referrals and waiting times and signposting to other organisations. Nadine explained the service works closely with Police and Social Services.

Discussions took place and questions were welcomed. It was noted there are plans to move the service to eliminate barriers for young people travelling to Antrim. Nadine agreed to send statistics to Selena to be forwarded to the group. No re-referrals come back from young people they have worked with which is very successful. It was also noted the Carrick clinic in Carrick YMCA is by appointment basis only.

Gabrielle noted PHA are in the process of writing a new self-harm support service across NI. This should start in September/October time. For one to one support and family based support.

Action: Nadine / Selena

ANNE THOMPSON – NICHU HEALTH ALLIANCE WEBSITE

The NICHU project was established in 2009 and is PHA funded. The aim of NICHU is to support the involvement of communities in improving health and social wellbeing and reducing health inequalities. There are 3 NICHU officers working over 4 community networks. Links are established with SACN, NACN, CWSAN, CRUN and the project is supported by PHA.

Background information was provided to the Health Alliance website. All stakeholders and organisations can access and share information to address health and social wellbeing issues and reduce health inequalities. The website will provide a platform and a centralised location for all information.

Aims were outlined:

- To promote info sharing
- Have Quarterly themed network events
- Providing and signposting members to training
- Provide info on funding applications
- Gather information from local communities
- Provide one to one support

Anne noted there are currently 3090 members signed up on the website. Representation is mostly from the voluntary sector. The website is still in the early stages of being set up. The website address is www.healthalliantni.com and is free of charge to have access to all information. 50-60 groups within Carrickfergus have registered as members and Anne encouraged everyone within the LPG to do the same.

UPDATE – EDUCATION SUB GROUP

It was noted the Education subgroup met a few weeks ago with a good response from members of the locality group attending. The group discussed the Bushmills model and how to replicate this in the area. The group came to an agreement on the following actions:

First Step

Selena noted that the sub group have developed a survey for all parents to complete in the Carrickfergus area (members will attend parent days in order to complete surveys). All four post primary schools will be targeted for this piece of work. Selena agreed to circulate the survey, if anyone has changes to make were asked to email Selena. Hedley has already spoken with community groups and they are keen to be involved.

Selena highlighted that the sub group were keen that this information gathering stage be comprehensive and so completion is not expected until December 2015. A sub group meeting will be arranged in December/ January to review these surveys results and plan next steps.

Information was given on Chill and Spill currently running within Carrickfergus. In previous youth forums young people have highlighted issues affecting them. Chill and Spill came as a result of this info shared.

Action: Selena

CARRICKFERGUS / LARNE HUB UPDATE

The emerging needs from referrals to the family hubs remain the same:

- Provision for 0-4 outside of Surestart area.
- 5-8 year olds
- Provision for 14+ (choices no longer taking referral's due to capacity)
- Family breakdown

There is an Emotional & Wellbeing hub for adults due to launch in October in Carrickfergus.

MEMBER UPDATES

Roy Begs – MLA

It was noted ADD NI (Attention Deficit & Hyperactivity Disorder) has lost funding from the health service. Families have raised there is little other support within the area.

Elaine Roden – Women's Aid

Information was given on Homework clubs in each area. These are coming to an end and will start again in September. Elaine noted one to one work is carried out across 5 areas with young people aged 8+. It is hoped to run a programme for teenagers over the summer in Carrick for 6 weeks. There has to be 6 people expressing their interest in order for this to go ahead.

Follow on from programme is young people could get OCN training etc. Anyone working with teenagers between 14-18 years can express their interest by texting. The only criteria is they have to meet the set age group of between 14-18 years and is offered to both male and females.

David Gilliland – YMCA

David noted there is a group of 16 year olds who have left the School system and the group have a high level of drug use with a variety of drugs. David has spoken with a PHA researcher regarding studies and found that it's hard to measure the level of drug abuse. David thought this highlighted how little we know about the extent of the issues. Self-Harm registrar is not yet published but this might highlight some issues.

Margaret Armstrong – Horizon Surestart

Programmes are going well. There was Autism training for parents and staff last week on separate days. Autism NI set up a support group for parents who are waiting on assessment. They are working with parents who are concerned about their child and are waiting assessment. Different family support is being offered.

Thompson – SACN

SACN are running free child protection training on Wednesday 24 June 2015. Anyone interested in attending to let Anne know.

Sandra Anderson – CYPSP

A Top Tips leaflet was developed to give to young people with information on ASD. These have been distributed across the Northern Trust ASD teams as a resource for young people to use. Copies were given to everyone present. If anyone is looking further copies contact Sandra.

Information was provided on Supporting Siblings workshops. These were organised for young people aged 10+ who have a brother or sister with Autism Spectrum Disorder (ASD). A workshop was delivered in Carrickfergus and Cookstown with the Trust ASD team providing information to those attending. Along with the NHSCCT ASD team attending, Barnardos Young Carers were also at the supporting siblings event in Carrickfergus with the capacity to take more young people. 23 young people attended this evening and 7 referred themselves that evening and they will continue to get support. Sandra noted this is a really good outcome as young people can now meet again through young carers.

Gabrielle Nellis – PHA

Action Mental Health has been awarded to deliver youth resilience programmes across NI. It was noted PHA can now increase tenders to a 3-5 year contract. This should make things more consistent across NI. Gabrielle agreed to send information to locality groups with new contract info when published.

It was noted there may be cuts within PHA. A lot of projects are getting rolled on for another year. There is more work being done on community capacity.

The Belfast PHA team are piloting a therapeutic garden centre and are trying to get referrals through GP's. This will also open up to organisations within locality groups being able to make referrals. This service will be available to over 18's. Gabrielle also noted there have been new contracts provided for drugs and alcohol services. Info regarding these contracts will be circulated.

Ben Rayot – Youth Justice Agency

Ben is waiting to see about staffing within YJA. There has been an increase in voluntary referrals. There was an app launched a few years ago and ben is trying to identify if finance is available to continue with this. He is going to evaluate the usage of this app. Depending on evaluation it will give an idea if they need to renew it, and if and when renewing can it be improved. Ben is working with Genesis Whitehead for this however the Main contact person involved from the start in Genesis is leaving post.

Davey Norris – EA NI

Davey noted it is a busy time for the youth service. A number of intervention applications were submitted. These were from Presbyterian Church, Glenfield Estate, Greenisland, and YMCA extended provision programmes. Received money for controlled youth club, summer scheme and summer camp. There is a residential event organised on Wednesday night for adults who have successfully received training.

ANY OTHER BUSINESS

Nothing noted.

DATE AND TIME OF NEXT MEETING

It was agreed the next meeting will take place on **Friday 14th August 2015** at **10.00am in Community Forum Meeting Room, Town Hall Buildings, Carrickfergus.**

It was agreed for members to send confirmation of attendance in order to record apologies.