

News Release: Promoting Positive Behaviour

Local social enterprise Employers For Childcare Solutions, through funding from the Big Lottery, is offering a free workshop for Armagh parents. Promoting Positive Behaviour Workshop to help parents create a common ground with children, and understand the world from their eyes.

Parents often face a variety of situations, from their child throwing a tantrum in a supermarket; not eating at meal times; refusing to go to bed; lashing out when things don't go their way. The Promoting Positive Behaviour workshop will provide parents with insight and information on how to effectively communicate with children on their own level.

The workshop aims to help parents understand their child's behaviours and cope with difficult situations more effectively. It will give parents a more complete understanding of managing and responding to their child's feelings and establishing a strong relationship between the parent and child.

The workshop will look at practical evidence-based strategies and approaches you can use to create positive solutions for your family and share your experiences and insights with other parents.

Parents that have previously taken part in the workshop found it extremely beneficial. Joanne Hayes said "Super course every Mum & Dad should go" and Rebecca Jane said "Very informative course. Could have talked for hours with everyone inputting/ giving advice".

Employers For Childcare Solutions is bringing this workshop to parents <u>across Northern Ireland for FREE</u>. A workshop will be taking place in Armagh on Thursday 19 November 2015 at 6.30pm - 8.30pm.

Places are limited, to make sure you get a place on this invaluable FREE workshop contact Employers For Childcare Solutions today on Freephone **0800 206 1488** or landline 02892 678200, or email training@employersforchildcare.org.

NOTES:



Employers For Childcare Solutions is a local Social Enterprise, part of Employers For Childcare Charitable Group which aims to make it easier for parents to get into work and stay in work.

The Big Lottery Fund supports the aspirations of people who want to make life better for their communities across the UK. It is responsible for giving out 40% of the money raised by the National Lottery for good causes and invest over £650 million a year in projects big and small in health, education, environment and charitable purposes.

Since June 2004 Big Lottery has awarded over £8 billion to projects that make a difference to people and communities in need, from early years intervention to commemorative travel funding for World War Two veterans.

Since the National Lottery began in 1994, £33 billion has been raised and more than 450,000 grants awarded.

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