Volunteering links 'those who want to help' with 'those that need help'

Young people and other members of the public in the Cookstown area found out more about volunteering opportunities at a recent Volunteer Recruitment Day in Cookstown.

The fair showcased volunteering opportunities to encourage young people and the general public to volunteer in their local community and to play a positive role in contributing to society.

Barbara Kennedy, Cookstown and Magherafelt Volunteer Centre, "The Fair was the largest event of its kind to be held in the Mid-Ulster area, supporting the Volunteer Centre's aim of linking 'those who want to help' with 'those that need help'. It was a great success and we look forward to working closely with partners to host future events and activities that continue to raise the profile of volunteering."

Research has shown that those who volunteer often feel valued and learn new skills which benefit them and their local community.

The free event was organised by Cookstown and Magherafelt Volunteer Centre in partnership with the Children and Young People Strategic Partnership (CYPSP). Cookstown Locality Planning Group.