



Children & Young People's Strategic Partnership

CHILDREN'S SERVICES PLANNING MINUTES OF MAGHERAFELT LOCALITY GROUP

FRIDAY 11TH SEPTEMBER 2015 AT 10.00AM
NORTHERN REGIONAL COLLEGE, MAGHERAFELT

Attending:	Michael McCrory	<i>Mid Ulster Council</i>
	Clare McVey	<i>Network Personnel</i>
	Deirdre Keenan	<i>NHSCT</i>
	Gemma Lutton	<i>CYPSP (Minute Taker)</i>
	Judith Wilson	<i>Women's Aid</i>
	Mary Tennyson	<i>Gold Surestart</i>
	Martin McCann	<i>TIPSA</i>
	Sandra Anderson	<i>CYPSP</i>
	Selena Ramsey	<i>CYPSP</i>
	Shaun McCormick	<i>Young Men's Support Project</i>
Apologies:	Marie McCloy	<i>NRC</i>
	Clare McKay	<i>NICMA</i>
	Lisa Montgomery	<i>MAST</i>
	Marie Gilmore	<i>Magherafelt District Advice Services</i>
	Fiona Scullion	<i>Early Years</i>
	Teresa Bradley	<i>NHSCT</i>
	Gerry McDonald	<i>Think Drink – NHSCT</i>

WELCOME AND INTRODUCTIONS

Michael agreed to chair today's meeting in Marie's absence. Michael welcomed the group and apologies were noted. A round of introductions took place from all present.

MINUTES OF PREVIOUS MEETING

The minutes were agreed as being a true and accurate recording of the previous meeting held on **Friday 8th May 2015**.

MATTERS ARISING

No matters arising.

SHAUN MCCORMICK – EA YOUTH SERVICE, YOUNG MENS PROJECT

Shaun is funded by PHA and employed by Education Authority as a Senior Youth Worker. Shaun provided an overview of the Young Men's Project which is a project providing support to young males aged 15-25 years. A hand-out along with leaflets were distributed to all present.

The purpose behind the project and a scoping study was carried out and it was the high no of suicides in particular in young males in this age bracket that was identified. Shaun delivers preventative work with young men aged 15-25 to raise awareness of suicide and signposts to services appropriately.

Shaun is based in Coleraine and covers Coleraine, Moyle, Ballymoney, Magherafelt and Cookstown. Gerry McClafferty is also a Senior Youth Worker delivering the project and covers Ballymena, Antrim, Carrick, Larne and Newtownabbey.

Models of practice were outlined. The group work that Shaun has delivered to date was also highlighted. 118 young men have completed groupwork to date in 2014-2015. 92 of these young people were under 18 and 26 were over 18. This work can be self-referred, GP referred, Parents referred, through CAMHS / Community Mental Health Teams etc.

A DVD was shown to the group. This DVD showcased an evaluation event that took place with around 30-40 young people coming together to celebrate with fun activities. 4-5 groups from different areas both Shaun and Gerry worked with were brought together. These young males all experienced a number of different well-being battles and each had their own story to tell. The groups worked through stress and what to do when stressed and hopefully skills learnt can be used in later life.

Priority groups within the Northern Trust were identified. Young men are very diverse in terms of identified need and some include young fathers, young men isolated from support services/rural settings, young gay or bisexual men experiencing issues regarding their sexual identify, young men who have drug or alcohol dependency, young men who have a history of mental ill health. A number of examples of the issues young men who engage in the project were also outlined.

Shaun noted the time of the service is flexible. Hours of Shaun's work is divide over 4 nights a week. Work is planned with young person and reviewed over time. Outcomes to young men involved in the project were given. Evaluations are kept as much as possible to identify trends. Shaun welcomed questions from the group.

Shaun can be contacted on Tel: 028 7035 1599 Mob: 077 0691 1720

Email: Shaun.mccormick@eani.org.uk

UPDATE – DISABILITY EVENT

A Family Support and Information Day will take place on Thursday 24th September 2015 and will run all day from 10am – 5pm in the Burnavon Cookstown. This event will provide information to parents & carers who have a child with a disability/ additional need of what support is available to them that can support their child, them as parents/carers and their family. A number of organisations will be there on the day as well as Family Fund NI.

The event has been promoted to all the special schools in Magherafelt / Cookstown. Sandra has also distributed to all local organisations / services families regularly use. All members were asked to promote the event as much as possible. Mid Ulster Council will upload flyer on their website. It was noted Superstars will also be there on the day with volunteers helping out.

UPDATE – BELIEVE IN YOUTH

Relationships & Alcohol Misuse are continuing to deliver Counselling and Debt/Money Management through Relate and CABS who also continue to recruit Community Champions as well as Alcohol Awareness.

Healthy Body, Healthy Mind provide Mentoring, Counselling and Personal Development Programmes with a PDP scheduled to start in Magherafelt this month – should members be aware of anyone with low level mental health concerns (depression, low mood) and alcohol misuse then please get in touch . The projects Community Champions Train the Trainer course planned to start in Magherafelt in Sept has had to be deferred to Feb 2016 due to low numbers registering although the Ballymena course has started with good numbers attending. Again if any member wants further information please ask them to get in touch.

Older Focus has now been renamed as **55+** and are continuing to deliver home or other centre based counselling and family support to those aged 55 or over. They also continue to deliver Alcohol Awareness as well as recruiting and providing training to Community Champions as required.

Sharing the Learning 23 June – this event was well attended with good feedback on the information provided about partnership working as well as the afternoon workshops provided by each of the projects. The learning from the event will be included in the interim evaluation and used to inform the services to be provided in the additional year of the portfolio which has been made possible by BIG funding to help embed the learning.

Believe in Youth Project Update

Selena read an email update provided by Gerry Macdonald Impact of Alcohol Portfolio Manager. Please see below.

Do you know a young person who would be interested in becoming part of the Believe in Youth Peer Education Team covering the Cookstown and Magherafelt area?

Do you know the “hot spots” where young people gather in the Cookstown and Magherafelt (legacy council) areas and misuse alcohol?

When a “hot spot” in each of the Cookstown and Magherafelt areas are identified Believe in Youth will deliver:

- Outreach with “detached” youth and Preventative Alcohol Awareness programmes with associated schools, youth and community organisations and in addition
- Alcohol Awareness Raising with Families, Communities and associated organisations along with recruitment and training of Community Champions

To find out more please get in touch with Margaret Rose McLaughlin, Team Leader, Peer Education Team on 07786530355 or by email at margtrose@hotmail.com

By way of background for those who are already aware of some of the work of the Believe in Youth Project:

Over the past months Dunlewey Addiction Services and Northern Ireland Youth Forum (the two organisations who deliver the Believe in Youth project) have continued to deliver the projects outreach service in a number of other areas across the Northern Trust. The recent resignation of the project coordinator has enabled them to carry out a wider review of overall service delivery. This has resulted in the decision that the outreach and preventative work will continue to be taken forward by Margaret Rose and the Peer Educators Team.

At present the Peer Educators Team are reduced to 3 from their peak of 8 and this has provided the project with the opportunity to implement their revised approach which will see Peer Educators recruited from young people in each area who will be sponsored by their local community or youth organisation. It is envisaged that the young people will already have an interest in or indeed be “doing” youth work in their area and recruitment to the Peer Educators Team will be an opportunity to develop their skills and so give back to their community. The priority at present is to recruit two young people from the Cookstown and Magherafelt areas so if you know anyone who may be interested then please let Margaret Rose know. Whilst the Peer Education Team vacancies will be advertised locally experience has shown that

some local awareness raising is also needed. A copy of the Peer Education role is attached.

Margaret Rose is also keen that the project starts to deliver outreach and preventative programmes in both Cookstown and Magherafelt so she would like to meet up with individuals and organisations who can help identify “hot spots” for the Peer Educators Team to visit as well as contacts within community and youth organisations who serve the areas identified.

The Alcohol Awareness Raising with Families, Communities and associated organisations along with recruitment and training of Community Champions will be the responsibility of the new Believe in Youth Project Coordinator who is currently being recruited. Further details to follow over the next few weeks.

ACTION PLANNING

Selena noted the Magherafelt Locality Planning Group was launched in 2012 and outlined the achievements to date. It was noted to circulate the membership booklet again. If anyone would like to be included send information to Gemma.

Selena asked members what they as an organisation can't do on their own but there is still an unmet need for. This will form key priorities the Magherafelt Locality group can collectively work on achieving.

Issues Identified:

Services

- Cohesive signposting and referral systems
- Services for those with Autism and Asperger's
- Poverty – food/fuel/clothing
- Clear and easy access to tier 2+3 alcohol and drug services
- Faster/quicker access to counselling / therapeutic services for families / young people in crisis

Mental Health

Positive role modelling for young males

Promotion of positive mental health and wellbeing among young people

Funding

- Secure funding in Magherafelt area for 'Heading for Healthy Relationships' programme (Women's Aid)

0-4's

- Focus on early intervention services to promote/model good relationships and better attachment
- Mentoring support for young families (parenting)

Selena agreed to take these issues discussed and put in action plan context along with statistics to reflect the needs identified.

Action: Selena

MEMBER UPDATES

Mary Tennyson – Gold Surestart

A Baby and Beyond Fair will take place on Saturday 7th November in Burnavon, Cookstown. This will run from 12pm – 3pm with a range of organisations / arts and crafts stalls showcasing services / products to families. If anyone would like to have a stand at the fair they can contact Mary. Mary noted it is free to exhibit at this event.

Marty McCann – TIPSA

Marty will no longer be in contract from 30 September 2015. The TIPSA name will be kept alive and Ann Marie will be running this. New services are coming in and there will be a lot of change. Marty noted there will be a drop in at Gortalowry House on 30th September from 4pm – 6pm for anyone wanting to call in and see both Marty and Eugene.

Judith Wilson - Women's Aid

There are now 3 family support workers in Mid Ulster Women's Aid. There is availability for more referrals from age 7+. There is a room in the refuge that would suit a mum and baby. Healthy Relationships DVD is due to launch but no date has been confirmed for this as yet. This DVD was compiled in Holy Trinity. Judith provided information on a parenting programme starting in November with availability remaining. The programme looks at parenting and difficulties that comes with it. This starts on 5th November and runs for 7 weeks one day per week and is delivered by Family Support Workers. There will be free childcare available but is limited. Info will be distributed to all members.

ANY OTHER BUSINESS

Michael noted the feedback from people working with Marty at TIPSA has been very positive and it will be sad to see the service go. Thanks were given to Marty and Eugene for all their work over the recent years.

DATE AND TIME OF NEXT MEETING

It was agreed that the next meeting would take place on **Friday 13th November 2015 at 10.00am** in Northern Regional College, Magherafelt Campus.