

**MINUTES OF CARRICKFERGUS CHILDREN AND YOUNG PEOPLE'S
LOCALITY PLANNING GROUP MEETING**

**FRIDAY 9TH OCTOBER 2015 AT 10.00AM
IN COMMUNITY FORUM MEETING ROOM, TOWN HALL BUILDINGS,
CARRICKFERGUS**

Attending:	Roy Beggs	<i>MLA</i>
	Anne Thompson	<i>SACN</i>
	Ben Rayot	<i>Youth Justice Agency</i>
	Claire Duddy	<i>NHSCT</i>
	Florence Hand	<i>NHSCT</i>
	Gemma Lutton	<i>CYPSP (Minute taker)</i>
	Hedley Webb	<i>Carrickfergus College</i>
	Ivor Mitchell	<i>YMCA</i>
	Kerry Lindsay	<i>School Nursing NHSCT</i>
	Lynn McKenzie	<i>Pregnancy Resource</i>
	Mary Corey	<i>School Nursing NHSCT</i>
	Sandra Anderson	<i>CYPSP</i>
	Selena Ramsey	<i>CYPSP</i>
	Shirley Clarke	<i>School Nursing NHSCT</i>
Apologies:	David Gilliland	<i>YMCA</i>
	Margaret Armstrong	<i>Horizon Surestart</i>
	Gerry McDonald	<i>Impact of Alcohol - NHSCT</i>

WELCOME AND INTRODUCTIONS

Roy welcomed everyone to the meeting today and invited a round of introductions.

MINUTES OF PREVIOUS MEETING

The minutes were agreed as being a true and accurate recording of the previous meeting held on **Friday 12th June 2015**.

MATTERS ARISING

Nothing noted.

UPDATE – EDUCATION SUB GROUP

Selena provided information on the education subgroup who originally met in May. The group looked at the Bushmills model and discussed how to tackle education within the Carrick area. The goal was to work in partnership to improve educational outcomes for children and young people in Carrickfergus, with emphasis on the wards highlighted as below Northern Ireland average in recent statistics.

The recommended first step was for the group to start with a survey of all parents using a questionnaire agreed with the group and piloted with local Surestart parents. This was completed and Selena outlined the list of schools where surveys have been completed with parents to date. A list of future dates were also given, agreed with post primary schools. Selena is also going to link with primary schools around the school plays and hopefully get parents to complete questionnaires during this time. Survey Monkey will analyse all completed questionnaires.

Selena also spoke with Carrick PTA and as a result a focus group is being set up. A group will also be set up for young people who will be asked what they would like. The education subgroup plans to complete this by December / January and will look at the next steps when completed.

Selena agreed to send a date to the full subgroup for linking in with community groups early January 2016.

CARRICKFERGUS / LARNE HUB UPDATE

Selena agreed to circulate information to all members.

ACTION: Selena

ACTION PLANNING

Selena noted the Carrickfergus Locality Planning Group are collectively working for the same families. Selena outlined the achievements to date which included a Chill and Spill programme being run in Carrick College. This was piloted in every year group and now continues to be delivered. The same model also takes place in Larne High School and 2 have been launched in Ballymoney. The Education subgroup annual youth fair also started in Carrickfergus. A directory of members is available

and Sandra has completed engagement and developed a Top Tips leaflet. If anyone would like documents circulated again contact Gemma. Roy also added that the Carrickfergus LPG was integral in setting up the Surestart in the area.

Selena asked members what they, as an organisation can't do on their own but there is still an unmet need for which could be achieved by working in partnership. This will form key priorities the Carrickifergus Locality group.

Issues Identified:

- Parental buy in / community buy in
- Address mental health among young people. Self-harm, self-esteem, confidence as there are few aspirations.
- Young people 16+ opportunities to employment. Partnership approach on how to build young people
- Work with 0-4 children and work with parents to develop attachment between child and parents.
- Early Intervention work
- Building resilience with young people
- Family counselling and support services – write programmes relating to the need and issues of young people, meeting the needs with the programmes available.
- Have safety equipment schemes for mainly under 5's and over 65's. Would like to set up a handy person scheme.

Discussions took place and Selena agreed to take these issues discussed and put in an action plan context along with statistics to reflect the needs identified

MEMBER UPDATES

Roy Begs – MLA

New training is being rolled out regarding the welfare system. Current systems are being shut down and new systems will be put in place. There has been no final agreement to this as yet.

Ivor Mitchell – YMCA

Ivor noted Health Hub Outreach had a really good summer. Youth clubs are operating 4 nights a week and numbers are building to 40-45 young people each night. Health Hub are engaging with schools in Carrickfergus and Larne. PAKT has started again with 95 families signed up. PAKT is working in a flat in Sunnylands and Glenview Drive/Castlemara. There are 16 activities each week are on-going.

Florence Hand – Hearty Lives

Florence provided an update on Hearty Lives Carrick which is a project in partnership with Northern Trust / Council and Community Groups. The funding comes to an end in June 2016. The group are trying to work on building a sustainable plan. Work is delivered to post primary schools in Carrickfergus and there is an agreement in place to carry this on. Year 13 will be trained up to deliver programme to year 8's. This has been well evaluated and worked well last year.

Smoking Cessation work is being delivered. Florence noted she is trying to run a clinic group as a one off pilot. Information has been shared with Schools to receive feedback. A Cook IT programme will run in the next 2 quarters. The last course run was oversubscribed with the course for parents and children completing it together.

Florence noted she is also working on an early year's tool kit for 0-4's. This is not to replace any existing documents. This came from a scoping survey from parents. This will be a tool kit available for community groups to use and will be piloted from January – March.

Claire Duddy – NHSCT

A family Fun event in Castlemara was very well attended with 70 families in total. Clare noted there were lessons learnt from this one and she would like to roll the same type of event out in other areas. There is a new community worker in Greenisland that Claire is hoping to meet with. Information was given on a Fuel and Food Poverty programme which has been delivered. Claire is hoping to get training on slow cooking in Castlemara.

Shirley Clarke – School Nursing

Information was given on the Flu Programme that will be carried out again. 83-84% was the buy in the last time it was rolled out which was great. Shirley is one of two teams with the highest uptake in NI and in the UK. Shirley is hoping to be as

successful this year again. The team are working with Hearty Lives encouraging parents to go along to year 8 health appointments. New mums group running along with Star Babies. Star Babies involves talking to mums about bonding and attachment and different parent skills.

Ben Rayot – Youth Justice Agency

Ben noted Youth Justice Agency workers will be working in line with new councils. Ben noted they are losing 2 members of staff in the area who will now be covering Ballymena. Ben will also be changing location and will be covering North Belfast. Information was provided on a new organisation being set up regarding Coaching and BMX bikes and personal development programmes. Equipment can be brought to different venues. Ben can provide contact details for anyone interested.

ANY OTHER BUSINESS

Nothing noted.

DATE AND TIME OF NEXT MEETING

It was agreed the next meeting will take place on **Friday 4th December 2015** at **10.00am in Community Forum Meeting Room, Town Hall Buildings, Carrickfergus.**