

**MINUTES OF MOYLE CHILDREN AND YOUNG PEOPLE'S
LOCALITY PLANNING GROUP MEETING**

**TUESDAY 13TH OCTOBER 2015 AT 10.00AM
IN TILLY MOLLY, ARMOY**

Attending:	Brenda McAteer	<i>Early Years Team NHSCT</i>
	Beni Stuckelberger	<i>Corrymeela</i>
	Carrieann Rainey	<i>Cedar Foundation</i>
	Clare McKay	<i>NICMA</i>
	Gemma Lutton	<i>CYPSP (Minute Taker)</i>
	John Clements	<i>AFC Family Support Hubs</i>
	Karin Eyben	<i>Corrymeela</i>
	Michelle Maguire	<i>EA – North Eastern Region</i>
	Naomi McClelland	<i>Armoy Community Association</i>
	Rhonda McMullan	<i>Barnardos Young Carers</i>
	Sandra Anderson	<i>CYPSP</i>
	Selena Ramsey	<i>CYPSP</i>
	Shaun McCormick	<i>EA NI – Young Men's Project</i>
	Sharon Kirk	<i>Dalriada Rural Surestart</i>
Apologies:	Janice Armstrong	<i>PHA</i>
	Leanne Abernethy	<i>BREF</i>
	Maureen McCaughan	<i>Homestart</i>
	Veronica McKinley	<i>NACN</i>

WELCOME AND INTRODUCTIONS

Brenda welcomed everyone to the meeting today and a round of introductions took place.

MINUTES OF PREVIOUS MEETING

The minutes were agreed as being a true and accurate recording of the previous meeting held on **Tuesday 9th June 2015**.

MATTERS ARISING

No matters arising.

SHAUN MCCORMICK – YOUNG MENS SUPPORT PROJECT

Shaun is funded by PHA and employed by Education Authority as a Senior Youth Worker. Shaun provided an overview of the Young Men's Project which is a project providing support to young males aged 15-25 years. A hand-out along with leaflets was distributed to all present.

The purpose behind the project and a scoping study was carried out and it was the high no of suicides in particular in young males in this age bracket that was identified. Shaun delivers preventative work with young men aged 15-25 to raise awareness of suicide and signposts to services appropriately.

Shaun is based in Coleraine and covers Coleraine, Moyle, Ballymoney, Magherafelt and Cookstown. Gerry McClafferty is also a Senior Youth Worker delivering the project and covers Ballymena, Antrim, Carrick, Larne and Newtownabbey.

Models of practice were outlined. The group work that Shaun has delivered to date was also highlighted. 118 young men have completed groupwork to date in 2014-2015. 92 of these young people were under 18 and 26 were over 18. This work can be self-referred, GP referred, Parents referred, through CAMHS / Community Mental Health Teams etc.

A DVD was shown to the group. This DVD showcased an evaluation event that took place with around 30-40 young people coming together to celebrate with fun activities. 4-5 groups from different areas both Shaun and Gerry worked with were brought together. These young males all experienced a number of different well-being battles and each had their own story to tell. The groups worked through stress and what to do when stressed and hopefully skills learnt can be used in later life.

Priority groups within the Northern Trust were identified. Young men are very diverse in terms of identified need and some include young fathers, young men isolated from support services/rural settings, young gay or bisexual men experiencing issues regarding their sexual identify, young men who have drug or alcohol dependency, young men who have a history of mental ill health. A number of examples of the issues young men who engage in the project were also outlined.

Shaun noted the time of the service is flexible and work is planned with each young person and reviewed over time. Outcomes to young men involved in the project were given. Evaluations are kept as much as possible to identify trends. Shaun welcomed questions from the group.

There has been a venue identified as being available for Shaun to use for project work. 14-18 year olds were also identified as a target group for Shaun who stand about at the bus stop in Armoy.

Shaun can be contacted on Tel: 028 7035 1599 Mob: 077 0691 1720

Email: shaun.mccormick@eani.org.uk

ACTION PLAN – SETTING THE PIORTITIES

Selena noted the Moyle Locality Planning Group was established in 2009 and are collectively working for the same families. Selena outlined the achievements to date which included a family support fair, a volunteer drive and leaflet, family support directory printed, ASD support child event, directory of members, youth/community engagement, disability questionnaire, Top Tips leaflet and better relationships established.

Selena asked members what they as an organisation can't do on their own but there is still an unmet need for. This will form key priorities the Moyle Locality group can work on achieving.

Issues Identified:

- So many individualised issues but don't know how or have the time to support each individual case or where to access support and venue
- Support gap for children under the age of 8. Children out of the surestart area
- Lack of resources in rural areas and the leadership established and impacting on young people in such areas
- Meaningful knitting of local groups/people who care about young people
- Supporting sustainability of early years groups and their voluntary committees
- Focus on mums in family work and struggle to break out of this
- Un registered (non) childcare
- More opportunities for inclusion for young disabled people locally
- Rural isolation – bring more services (programmes/training) /agencies into areas to support children, young people and families
- Education and community engagement with surestart
- Engaging with parents (childcare services)

Discussions took place and a proposed event was suggested. This would be for all locality groups and youth councils to come together from 4 areas. Young people from youth council could give testimonials.

Actions from discussions were as follows:

- Subgroup to be set up. Suggested members Catherine Torrens (Coleraine), Tara (Moyle) and Jim McCartney (Coleraine)
- Michelle to send database of youth centres to Rhonda – highlighted need for venues to meet young carers.
- Sandra agreed to meet with Brenda to look at the next steps re ASD parents from March 2014.
- Selena agreed to take these issues discussed and put in an action plan context along with statistics to reflect the needs identified.

Action: Selena / Michelle

UPDATE - BELIVE IN YOUTH, IMPACT OF ALCOHOL

Selena provided a brief update in Gerry's absence.

Relationships & Alcohol Misuse are continuing to deliver Counselling and Debt/Money Management through Relate and CABS who also continue to recruit Community Champions as well as Alcohol Awareness.

Healthy Body, Healthy Mind provide Mentoring, Counselling and Personal Development Programmes.

Older Focus has now been renamed as **55+** and are continuing to deliver home or other centre based counselling and family support to those aged 55 or over. They also continue to deliver Alcohol Awareness as well as recruiting and providing training to Community Champions as required.

Sharing the Learning 23 June – this event was well attended with good feedback on the information provided about partnership working as well as the afternoon workshops provided by each of the projects. The learning from the event will be

included in the interim evaluation and used to inform the services to be provided in the additional year of the portfolio which has been made possible by BIG funding to help embed the learning.

Believe in Youth Project Update

Do you know a young person who would be interested in becoming part of the Believe in Youth Peer Education Team covering the Moyle area?

Do you know the “hot spots” where young people gather in the Moyle (legacy council) areas and misuse alcohol?

When a “hot spot” in the Moyle area is identified Believe in Youth will deliver:

- Outreach with “detached” youth and Preventative Alcohol Awareness programmes with associated schools, youth and community organisations and in addition
- Alcohol Awareness Raising with Families, Communities and associated organisations along with recruitment and training of Community Champions

To find out more please get in touch with Margaret Rose McLaughlin, Team Leader, Peer Education Team on 07786530355 or by email at margtrose@hotmail.com

By way of background for those who are already aware of some of the work of the Believe in Youth Project:

Over the past months Dunlewey Addiction Services and Northern Ireland Youth Forum (the two organisations who deliver the Believe in Youth project) have continued to deliver the projects outreach service in a number of other areas across the Northern Trust. The recent resignation of the project coordinator has enabled them to carry out a wider review of overall service delivery. This has resulted in the

decision that the outreach and preventative work will continue to be taken forward by Margaret Rose and the Peer Educators Team.

At present the Peer Educators Team are reduced to 3 from their peak of 8 and this has provided the project with the opportunity to implement their revised approach which will see Peer Educators recruited from young people in each area who will be sponsored by their local community or youth organisation. It is envisaged that the young people will already have an interest in or indeed be “doing” youth work in their area and recruitment to the Peer Educators Team will be an opportunity to develop their skills and so give back to their community. The priority at present is to recruit two young people from the Causeway area so if you know anyone who may be interested then please let Margaret Rose know. Whilst the Peer Education Team vacancies will be advertised locally experience has shown that some local awareness raising is also needed. A copy of the Peer Education role is attached.

Margaret Rose is also keen that the project starts to deliver outreach and preventative programmes in Moyle so she would like to meet up with individuals and organisations who can help identify “hot spots” for the Peer Educators Team to visit as well as contacts within community and youth organisations who serve the areas identified.

The Alcohol Awareness Raising with Families, Communities and associated organisations along with recruitment and training of Community Champions will be the responsibility of the new Believe in Youth Project Coordinator who is currently being recruited. Further details to follow over the next few weeks.

MEMBER UPDATES

Rhonda McMullan – Barnardos Young Carers

Leaflets were distributed. There is one for professionals and referrals and a separate leaflet for young people. Information on choices was also circulated.

Sharon Kirk – Dalriada Rural Surestart

Newsletter was shared with all members. Information is also available on the website. Sharon noted Surestart are promoting the love of reading and pictures/books. This is to try and encourage more people to use libraries.

Beni Stuckelberger – Corrymeela

Information was given on a Dads and Kids residential. Members were asked if they have contacts for dads groups and men who would be interested to share the information. Selena will distribute information for this to the group for circulating.

Karin Eyben – Corrymeela

A family weekend 'the magic of making' will run on the 1st weekend in December in Corrymeela. There will be a trial run of this and will be available for any family who need a break and would like to spend time with each other. Anyone aware of a family were asked to let Karin know. There are minimal costs to the family weekend and will run from Friday night to Sunday lunchtime.

Carriann Rainey – Cedar Foundation

Summer activities were well attended. 5 young people are excited for a short break being available to them. Open referrals are welcome and Carriann noted everything is going good.

Michelle Maguire – EA NI Youth Service

Michelle noted she is still funded by EA NI until March 2016. There are no other changes.

Clare McKay – NICMA

Sensory play has been funded by Childcare Partnership. Clare noted if any Health and Community Fairs are happening to let her know as they are good to attend. Parent and toddler groups are running and trying to engage with new groups. Provided information at Leanne's recent event and was very well attended.

John Clements – Action for Children

Very busy at present putting support to 100+ families per month. The main problem is workers are part time. Flyers along with referral forms were distributed. John noted support can be given relatively quickly to families. An information day will be organised and there is a Parenting NI event coming up that John will be attending. This is to make as many people as possible aware of the Family Support Hubs.

Strengthening Families is being delivered in Carrickfergus and it is hoped to have one in Ballymoney running in the next few months.

ANY OTHER BUSINESS

Top Tips Leaflet

Sandra agreed to circulate the Top Tips leaflet to the group.

Action: Sandra

DATE AND TIME OF NEXT MEETING

It was agreed the next meeting will take place on **Tuesday 8th December 2015** at **10.00am** in **The Tilly Molloy Centre, Armoy**.