

# Parent Mornings

*'Welcoming all parents/carers and children'*

Parent mornings are fun and full of useful information. These are open to all parents and carers of children aged 0-8 years. A free crèche will be available to all children during each session.

*All Sessions in Ballyclare Community Concerns*

*(15 Rashee Road, Ballyclare)*

*Sessions commence at:*

*10am-12.00noon*

*Finishing with Lunch*

**FREE  
LUNCH**

**FREE  
GOODIES**

**Sessions will cover a number of topics:**

**Paediatric First Aid**

**Mental Health - Looking After Me**

**Behaviour Management**

**Time Out for Me - Relaxation**

**Week One Starting Wednesday 24th February 2016**

**Week Two - Wednesday 2nd March 2016**

**Week Three - Wednesday 9th March 2016**

**Week Four - Wednesday 16th March 2016**

**Please RSVP for these sessions:**

Contact Sandra Anderson, CYPSP Participation Officer

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