

Parent Mornings

'Welcoming all parents/carers and children'

Parent mornings are fun and full of useful information. These are open to all parents and carers of children aged 0-8 years. A free crèche will be available to all children during each session.

All Sessions in Homestart Antrim

(12B Market Square Antrim)

Sessions commence at:

10am-12.00noon

Finishing with Lunch

**FREE
LUNCH**

**FREE
GOODIES**

Sessions will cover a number of topics:

Paediatric First Aid

Mental Health - Looking After Me

Behaviour Management

Time Out for Me - Relaxation

Week One Starting Tuesday 23rd February 2016

Week Two - Monday 29th February 2016

Week Three - Tuesday 8th March 2016

Week Four - Tuesday 15th March 2016

Please RSVP for these sessions:

Contact Sandra Anderson, CYPSP Participation Officer

Phone: 028 2563 6609 Or **Email:** sandral.anderson@northerntrust.hscni.net