

The Incredible Years Parenting Programme

Promoting Positive Behaviours for Primary Aged Children.

Delivered by Barnardo's, East Belfast Family Connections

7th April – 30th June 2016

10.00 – 12.00

Venue – Belfast City Centre

The programme is designed to strengthen parenting skills, prevent and treat behaviour problems in children.

Topics Covered -

- ❖ Strengthening Children's Social Skills, Emotional Regulation, and School Readiness Skills
- ❖ Using Praise and Incentives to Encourage Cooperative Behaviours
- ❖ Household Rules, Routines, and Effective Limit Setting
- ❖ Positive Discipline, Handling Misbehaviour

For more information please contact Judith on 029 9041 9069.

To register your interest return the attached application/referral form to judith.searle@barnardos.org.uk or

East Belfast Family Connection
Tullycarnet Primary School
Kings Road, Belfast BT5 7EH

Closing date Fri 11th March.

