

# West Belfast Locality Planning Group Action Plan 2014-2017

**December 2015** 





#### Introduction

The Children and Young People's Strategic Partnership (CYPSP) is a cross-sectoral, strategic partnership, consisting of the leadership of all key agencies who have responsibility for improving outcomes for all children and young people in Northern Ireland. The CYPSP take a mainstream approach to improving outcomes for children and young people through greater collaboration between agencies and sectors in the commissioning and planning of services. There are 3 levels of planning to the CYPSP planning structure, of which Locality Planning Groups are one.

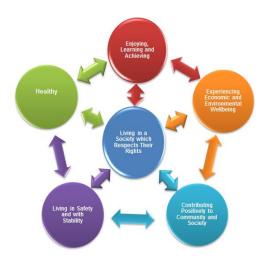
A Locality Planning Group is a partnership of front-line staff from organisations across the statutory, voluntary and community sectors in the local area, together with children, young people and families. They are open to *all* organisations in the area and work together for ALL children

Locality Planning Groups provide the bedrock for integrated planning; their knowledge is vital for identifying local need at an early stage and is therefore essential for planning early intervention services. By working together at a local level members of Locality Planning Groups can also avoid duplication of services and by improving their knowledge of each other's services they can more effectively signpost referrals to the right services

## Locality Planning Groups work to find local solutions to local needs







The purpose of Locality Planning
Groups is to improve outcomes for the children and young people in the local area. They do this by aiming to raise and support the social, health and educational development of children and young people in the area. Core to the work of the Locality Planning Group is the 6 high-level outcomes as laid out in the OFMDFM 10 Year Strategy for Children and Young People.

## **West Belfast Locality Planning Group**

A community information and open forum to share ideas and explore how to best take forward the establishment of a Locality Planning Group in West Belfast was held on 25th October 2012. This event was facilitated by the West Belfast Partnership Board. The event included round table discussions about what partnership work is already taking place in West Belfast, and the best way to move forward.

From this event a steering group was established and after several meetings which involved discussions about membership, areas covered, purpose of the group and so on. The first full Locality Planning Group meeting was held on 20 February 2013.

Since then the West Belfast Locality Planning Group have been working on identifying the areas for the development of a Family Support Hub. The Family Support Hub is a multi-agency network of statutory, community and voluntary organisations that either provide early intervention services or work with families who need early intervention services.



The wards included in the West Belfast Locality Planning Group are: The wards are currently called: Andersonstown, Beechmount, Clonard, Crumlin, Falls, Falls Park, Glen Road, Glencairn, Glencolin, Highfield, Ladybrook, Shankill, Upper Springfield, Whiterock, Woodvale

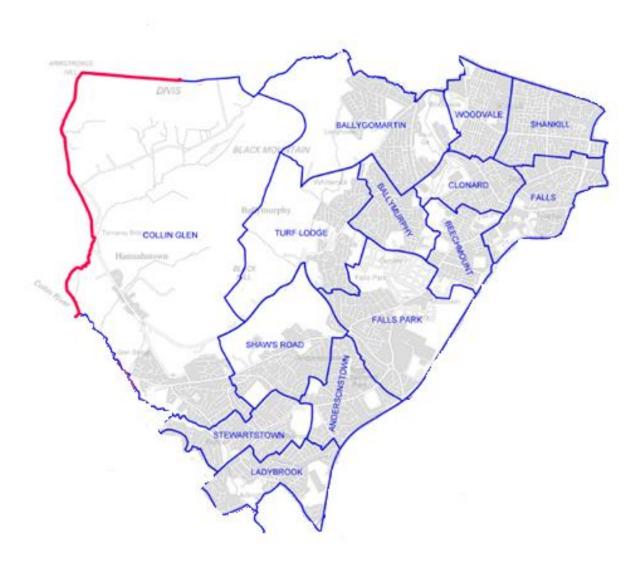
As of 2015 the wards will be: Andersonstown, Ballygomartin, Ballymurphy, Beechmount, Clonard, Colin Glen, Falls, Falls Park, Ladybrook, Shankill, Shaw's Road, Stewartstown, Turf Lodge, Woodvale

It is important to note that the boundaries of a Locality Planning Group are fluid and many services may work across one or more of the Locality areas.





## Map of the wards in West Belfast LPG Area April 2015





## West Belfast Locality Planning Group Vision Statement:

The West Belfast Locality Planning Group hope that this; their first Action Plan; will work to address the issues highlighted in the Plan and to improve the outcomes for children, young people and families in the area, through the building of new working relationships and the sharing of good practice

The West Belfast LPG will Promote Resilience in ALL of our children and young people to ensure they can cope with life's challenges

The West Belfast LPG will support the formation of the 4 Family Support Hubs in West Belfast and establish a 2-way communication mechanism which will inform future actions of the Locality Planning Group





## The West Belfast LPG will endeavour to ensure:

ALL Children and young people are acknowledged as represented on the Locality Planning Group by the organisations working with them; and reach out to engage services that aren't currently represented.

Presentations from member organisations and those delivering services in the West Belfast area will take place at meetings to further develop an understanding of each others services which in turn will lead to better networking, referral pathways and partnership working

Organise and host an inclusive Community Information Fair with stalls targeting information at all parents/carers with children in Early Years, Parents/carers of young people and information specifically targeted at marginalised and excluded young people in areas where there are currently no such events taking place



# If there were 100 children living in West Belfast..... (There are 18,753 children and young people living in West Belfast)



## **Demography of West Belfast LPG**



	0-4	5-9	10-14	15-17	Total 0-17	All persons	Children and young people as a Percentage of all persons	Number of Families with children under 18
Populations of West Belfast	5,339	4,529	5,319	3,566	18,753	77,314	24.26%	11,035
Belfast Outcomes Group Area	22,097	18,386	20,434	13,245	74,163	348,204	23.80%	43,048
Percentage	24.16%	24.63%	26.03%	26.92%	25.29%	22.20%		25.6%

The West Belfast Locality Planning Group recognises that there are many underpinning elements to this action plan, particularly emotional resilience. Emotional resilience refers to an individual's ability to adapt to stressful situations or crises





	Demulation Dana't		Children & Young People's Strategic Partnership		
Wards in West Belfast LPG Area	Population Density (number of usual residents per hectare)	2010 MDM Rank NI	Is this in the top 20% Most Deprived wards in NI		
Andersonstown	45.48	118	No		
Beechmount	65.34	34	Yes		
Clonard	84.17	7	Yes		
Crumlin	55.43	6	Yes		
Falls	43.2	2	Yes		
Falls Park	22.74	101	Yes		
Glen Road	35.4	43	Yes		
Glencairn	9.15	31	Yes		
Glencolin	6.81	33	Yes		
Highfield	20.98	78	Yes		
Ladybrook	50.64	88	Yes		
Shankill	41.17	4	Yes		
Upper Springfield	20.98	11	Yes		
Whiterock	73.13	16	Yes		
Woodvale	71.46	19	Yes		

Comparison across Belfast Outcomes Group Area: Most densely populated ward in Belfast Ardoyne - 102.71; Least densely populated ward: Moneyreagh – 1.04



The West Belfast LPG will take cognisance of other initiatives, policies and strategies which impact on the lives of all children and young people in Belfast and those who live in West Belfast in particular, including:

OFMDFM Our Children and Young People - Our Pledge 10 Year Strategy for Children and Young People in Northern Ireland 2006-2016

NI Children's Order (1995)

UNESCO Children and Youth Programme. Maternal Mental Health and Poverty. The impact on Children's Education (2013)

United Nations Convention on the Rights of the Child (UNCRC)

United Nations Convention on the Rights of Persons with Disabilities (UNCRPD)

OFMDFM Lifetime Opportunities Anti-Poverty and Social Inclusion Strategy for Northern Ireland (2006)

OFMDFM Improving Children's Life Chances The Child Poverty Strategy (2011)

DHSSPS Families Matters: Supporting Families in Northern Ireland. Regional family and Parenting Strategy (2009)

**Delivering Social Change** 

Neighbourhood Renewal Partnership Action Plans

Early Intervention Transformation Programme

**Bright Start** 

Early Years Strategy

SEN and inclusion

Bamford Action Plan

NEETs Strategy

Autism Strategy (Pending)

Delivering Social Change

PHA Making Life Better

Priorities for Youth





#### Outcome 1:

Consistent key messages and information, accessible to all and delivered effectively pre-pregnancy and all the way through early years

## How do we know this needs to be addressed? (Baseline information)

- Expectant parents are reporting inconsistent messages
- Expectant parents are reporting feeling overwhelmed with the volume of information they are receiving when getting their pregnancy confirmed
- Refer to Infant Mental Health Research carried out (circa 2005)
- High levels of teenage births
- High levels of low birth weight babies

## How are we going to achieve this?

- Agreement on what the messages are, targeted approaches required, and collaborative communications across organisations
- Information will be given to expectant parents at timely/appropriate stages
- Partners will work together to deliver the necessary sexual health messages to children, young people and parents
- Develop awareness and skills of staff working with vulnerable families during pregnancy and infancy

## How will we Experience this?

- We will see everyone using the same language and delivering consistent messages
- Parents are responsive, consistent and nurturing
- Happy engaged babies
- Consistent sexual health messages including awareness raising with children, young people and parents
- We will see services for young children with mental health needs at an earlier stage
- Healthy parents preconception
- Access to appropriate and timely services
- Prepared for birth
- Ante-natal services, information and support available in the community
- More prominent messages and information displayed where it can be seen (e.g. Domestic Violence)



#### **Outcome 1**

Consistent key messages and information, accessible to all and delivered effectively pre-pregnancy and all the way through early years

## How will we measure this experience?

- Exposure to domestic violence/ parental relationship conflict
- Number of children on Child Protection register
- Infant morbidity and infant mortality rates
- Teenage conception rates
- Audit tool for work stream 1 (EITP)

#### Who are the Partners?

- Schools
- Public Health Agency
- Belfast Health and Social Care Trust –Health Promotion/ Improvement
- Voluntary Organisations
- Children
- Parents
- Maternity Services
- Sure Starts
- FASA
- All Early Years settings
- Tiny Life
- EITP

## What Indicators will Show Change?

- Number of children presenting with attachment disorders will decrease
- Evidence of healthy birth weight
- Increase of folic acid intake
- Less pregnant women using alcohol
- Increase in breastfeeding rates
- Early nutrition-eating healthy during pregnancy means that baby eats healthily too
- Uptake of Healthy Start vitamins (and applications)
- Reductions of referrals to specialist services
- Increase of provision and uptake of ante-natal programmes



## Outcome 2 ALL Children and young people have good family lives

## How do we know this needs to be addressed (Baseline Information)

- Anecdotally increasing numbers children and young people with mental health issues which includes services reporting children showing signs of depression
- Interface issues/conflict

#### How will we achieve this

- Children and young people have opportunities to develop coping skills
- Development of skills to enable all children and young people to reach their potential.
- Promote linkages between home, school and community
- After-schools and youth clubs will be more accessible
- Promotion of the importance of play
- Drug and alcohol awareness
- Support parents to enrich their skills
- Awareness raising with parents/ children around separation

## How will we experience this?

- Children will enjoy and will be enabled to be a child and have fun
- Children and young people will develop problem solving skills
- Parents will be enabled to let their children be more independent
- Family homes will be child friendly
- Families will feel safe and part of their community
- · Positive learning experience, enjoying school and learning for life



## Outcome 2 ALL Children and young people have good family lives

## How will we measure this experience?

Kids life and Times

Young People's Behaviour and Attitude Survey

**Healthy Hearts West Belfast** 

Design a tool to evaluate experience of good family life to be carried out 3 yearly across all partners

Revisit current state of play of analysis of referrals to BHSCT Gateway services West Belfast PB Education Initiative Evaluation

#### Who are the Partners

- Children and young people
- Parents
- All LPG Members
- Educational Providers
- Training Providers
- Community Groups
- Disability services
- BME services
- Traveller Groups
- LGBT groups
- Statutory Organisations
- Voluntary Organisations
- GPs

## What Indicators will Show Change?

- Children and young people enjoying school (longitudinal study)
- Improved mental health among children and young people
- Better pathways to CAMHS

Longitudinal study of young people's enjoyment of life (i.e.kidscreen - ROI)

- Suicide rates and self harm presenting at hospital
- Rate of young people misusing alcohol and drugs
- Impact of cyber bullying



#### **Outcome 3**

## ALL children and young people will have access to inclusive community services and social activities

## How do we know this needs to be addressed?

- Research shows that if a service is 'disability friendly' then it will be accessible to all
- Prevalence rates for disability (census)
- BME stats
- Traveller stats
- Mental health rates
- Young Carer rates
- LGBT rates
- Socially isolated families
- Poverty

#### How are we going to achieve this?

Take account of <u>ALL</u> Children's access to <u>ALL</u> services with no barriers to ensure those marginalised have equality of opportunity; including

- Children who are socially excluded because of disability, mental health issues or who are young carers.
- Children whose parents experience disability or mental health issues which then impact on them
- Families where there are a number of children with a disability
- Children from a BME background.
- Children from a Traveller background.
- To include support for children with life limiting conditions – enabling them to experience life as a child whilst staying safe, healthy and enjoying and achieving their full potential within the constraints of their illness/condition

## How will we Experience this?

- All services in West Belfast will be disability friendly and will hold a statement of excellence
- All services in West Belfast will complete a Welcome Host course
- West Belfast will be a 'welcoming zone'
- · Staff and organisations will have completed Good relations courses
- Services will to be child centred, flexible and responsive to the individualised and changing needs of the child and family.



# Outcome 3 ALL children and young people will have access to inclusive community services and social activities

## How will we measure this experience

## Who are the Partners?

- All schools
- Extended school co-ordinators
- School estate planners
- Youth groups
- Community groups
- Disability specific groups
- Allied health professionals
- BME groups
- Statutory Organisations
- Voluntary Organisations

## What Indicators will Show Change?

Uptake rates of social activities

Use of food banks