



British Heart  
Foundation

**NORTHERN  
IRELAND**



# TURNING THE TIDE ON OBESITY

Facts | Evidence | Interventions | Resources

This FREE half day conference will provide you with information on the lessons learned and the interventions and resources developed during the Hearty Lives Carrickfergus Project.

**21 JUNE 2016 | 9.30am-2.00pm**  
**LOUGHSHORE HOTEL**  
**CARRICKFERGUS**

**H**earty Lives Carrickfergus is a partnership between British Heart Foundation (BHF), Mid and East Antrim Borough Council, Northern Health and Social Care Trust and the Public Health Agency which aims to improve the heart health of the local community in Carrickfergus, Greenisland and Whitehead.

### **WHY ATTEND?**

Be informed – network – discuss – get new ideas

### **WHO SHOULD ATTEND?**

Anyone from the statutory, private, community and voluntary sector who wants to explore opportunities to turn the tide on obesity.

### **WHERE?**

Loughshore Hotel, 75 Belfast Road, Carrickfergus, BT38 8PH

### **WHEN?**

21 June 2016 from 9.30am – 2.00pm (lunch provided)

### **Please RSVP to**

**Tel: 028 9335 8264**

**Email: [heartylives@midandeantrim.gov.uk](mailto:heartylives@midandeantrim.gov.uk)**



**COMMUNITY PLANNING | TRANSFORMING YOUR CARE | CHOOSE TO LIVE BETTER**