

**MINUTES OF CARRICKFERGUS CHILDREN AND YOUNG PEOPLE'S
LOCALITY PLANNING GROUP MEETING**

**FRIDAY 19TH FEBRUARY 2016 AT 10.00AM
IN COMMUNITY FORUM MEETING ROOM, TOWN HALL BUILDINGS,
CARRICKFERGUS**

Attending:	Roy Beggs	<i>MLA (Chairperson)</i>
	Anne Thompson	<i>SACN</i>
	Claire Duddy	<i>Mid & East Antrim Council</i>
	Gemma Lutton	<i>CYPSP (Minute Taking)</i>
	Kerry Lindsay	<i>NHSCT</i>
	Liz Brown	<i>NICMA</i>
	Lynn McKenzie	<i>Pregnancy Resource</i>
	Mary Corey	<i>NHSCT</i>
	Patricia Harte	<i>Action Mental Health</i>
	Phyllis Lewis	<i>EA NI Education Welfare</i>
	Sandra Anderson	<i>CYPSP</i>
	Sandra Crozier	<i>Selah Accommodation Services</i>
	Selena Ramsey	<i>CYPSP</i>
Apologies:	Ann Doherty	<i>NHSCT Hearty Lives</i>
	Beth Gibb	<i>Action Mental Health</i>
	Clare McFarlane	<i>Start360</i>
	David Gilliland	<i>YMCA</i>
	Florence Hand	<i>NHSCT</i>
	Gabrielle Nellis	<i>PHA</i>
	Hedley Webb	<i>Carrickfergus College</i>
	Ivor Mitchell	<i>YMCA</i>
	Margaret Armstrong	<i>Horizon Surestart</i>

WELCOME AND INTRODUCTIONS

Roy welcomed everyone to the meeting today and invited a round of introductions.

MINUTES OF PREVIOUS MEETING

The minutes were agreed as being a true and accurate recording of the previous meeting held on **Friday 4th December 2015**.

MATTERS ARISING

Nothing noted.

UPDATE – EDUCATION SUBGROUP

Selena provided background information to the education subgroup for any members not present at the previous LPG meeting. The goal of the group is to work in partnership to improve educational outcomes for Children and Young People in Carrickfergus, with emphasis on the wards highlighted as below the Northern Ireland Average in recent statistics.

744 parental survey questionnaires have been completed to date with a number of questions being asked. Results have shown parents would like more information on revision subjects, computer skills etc. as they don't feel they have adequate skills. Days that would suit parents and times of classes if offered were gathered. The group had a discussion and agreed a young person's survey would be useful to gather information and compare needs. Also the group agreed to have a focus group with parents. Some questions to be added were given. The group will agree on the young person's questionnaire when Sandra circulates with changes.

Discussions took place at a recent subgroup meeting for the next steps. A workshop will be organised with a few representations from each sector along with some teachers. It is hoped to have Jackie Alan to do an overview or one of the community members to come along and talk. Selena is finalising an invite list and information will follow. Roy noted the most important aspect is to get community buy in.

The provisional date for this workshop is Tuesday 19th April 2016 from 6pm. YMCA is a potential venue as it suits. Both the young people's and parents survey results will be shared at this. There will also be round table discussions. Selena will send information when plans are finalised.

Action: Selena

FEEDBACK – YOUTH FAIR

The annual Youth fair took place on Tuesday 9th February 2016 in Oakfield Community Centre. 466 Year 11 pupils from 4 local post primary schools attended on the day. Sandra gathered aspirations from young people and noted there were some good responses. Sandra agreed to circulate these, results were separated per school who attended.

Phyllis noted the youth fair was very well organised. Schools came separately and this was good. Phyllis had no literature and was disappointed they didn't have stand due to this.

Selena noted CYPSP will endeavour to continue to run this in the future.

ACTION: Sandra

CARRICKFERGUS/LARNE HUB UPDATE

The Hubs have received funding for an additional 6 months. Funding was originally up to March 2016 now with the extension of 6 months. Selena provided feedback that organisations taking referrals at the hubs are now sitting with waiting lists. This is becoming a challenge and gaps remain the same.

Sandra has raised issues at the last outcomes group meeting - addressing the issues of no organisations to refer to for primary school age 8-12 year olds and children pre diagnosis.

ACTION PLAN

Selena will circulate the action plan to the group. Any comments members were asked to send back to Selena.

ACTION: Selena

MEMBER UPDATES

Roy Beggs – MLA

Roy was approached by People Plus who are very people and community orientated and help people get back to work. They are in the stages of finalising a programme which will provide assistance to people in the area. This will involve selecting a primary and post primary school to start with. A consultation event took place in Larne and feedback from the community sector is mental health is a big issue in both

young people and adults. Statutory sectors see it as their responsibility when they are at risk level. Community/Voluntary sector are heavily stretched as statutory sectors have a high threshold before taking referrals.

Lynn McKenzie – Pregnancy Resource

Lynn noted they are changing their name and expanding. They are also receiving more family referrals and hope to take on more of this work. Volunteers and Lynn are now qualified counsellors and want to do more family support work. There will also be more programmes running. Princess Diaries and Becoming a Mum are both going really well. Lynn would like to take these programmes further outside of Surestart. A 6 week journal based programme was delivered in Larne Surestart with participants getting a journal to take away and reflect on. Welfare Officers noted they would like to use the journal on a one to one in home visits.

Kerry Lindsay – NHSCT

Kerry noted the team are currently working through Primary 1 Health Appraisals and follow ups with Year 8's. Kerry is also looking at Smoking Cessation for non-smoking day and will be delivering 20 minute sessions in schools.

Claire Duddy – Mid & East Antrim Council

Hearty Lives participated in the Northern Obesity Partnership Conference a few weeks ago which Clare, Florence and Coordinator give an overview at. The event showcased figures for obesity in Carrickfergus and the area was a particular concern. Obesity is becoming an increasing problem. Hearty Lives team want to roll out as much as possible to address this. The project comes to end on June 2016. A weight management programme is due to start next week. Midwives and Dieticians are trying to target woman who are hoping to become pregnant. A programme will be running every Wednesday for 12 weeks. Claire noted a Cook It is running and is going well. Starting to plan final event on 22nd June 2016 to look at celebrating the success to date and look at a legacy. This will take place in Loughshore Hotel on 21st June 2016.

Anne Thompson – SACN

Developed an OCN Level 1 in Health Literacy and will be taking place in March/April. There are still some places remaining on this if anyone is interested. Janine is hoping to produce another training calendar. Small grants will hopefully open in April 2016.

Sandra Crozier – Selah Accommodation Services

Support is in the area providing accommodation for woman coming out of difficult relationships. Woman can also bring their son/daughter up to the age of 17 with them. Sandra noted she will present at the next meeting to provide information.

Liz Brown – NICMA

NICMA are running training for child-minders and all child-minders have to do training due to new minimum standards. There is a lot of resistance in the Carrick area and the numbers of registered child-minders has dropped which is a shame. There is also other training taking place including 'Minding Me' supporting child-minders managing stress etc. Supporting Language and Communication will also be delivered. 25 people have registered for Sensory Play training.

Patricia Harte – Action Mental Health

Together for You is coming to an end in March/April. Provoking Thought will still be offered and there is great demand for this. Action Mental Health are waiting on funding for 'Healthy Me' programme. Information was given on the Mindset programme which is PHA funded. This can be delivered to young people aged 14-17 as well as adults and delivered across NI. Patricia noted Beth has been to Ulidia to deliver sessions and Phyllis asked for information on different programmes offered.

Phyllis Lewis – EA NI

Phyllis noted a number of staff have left the Education Authority. Within Phyllis's team they are all fully staffed and very busy. A lot of work has been done on the attendance rates over the last couple of years and this is due for another review.

ANY OTHER BUSINESS

Nothing noted.

DATE AND TIME OF NEXT MEETING

It was agreed the next meeting will take place on **Friday 8th April 2016 at 10.00am in Community Forum Meeting Room, Town Hall Buildings, Carrickfergus.**