

## Early Intervention Transformation Programme Workstream One Update

**Workstream One** aims to equip all parents with the skills needed to give their child the best start in life. It is focussing on three key inter-related parenting stages:



- **Getting Ready for Baby** - laying the foundations for effective parenthood;
- **Getting Ready for Toddler** - developing and encouraging parenting skills; and
- **Getting Ready to Learn** - supporting parents as their child's first educator

A significant amount of work has happened in relation to setting up monitoring for each area of Workstream One to assist with the transformational changes required within infrastructure to promote mainstreamed delivery. The CYPSP information team have been tasked with assisting systems development and outcome monitoring across all of the EITP workstreams.

### Getting Ready for Baby Update

**Transforming Antenatal Care and Education provided by Midwives** - A universal programme of “key parenting messages” is being rolled out using a range of communication interventions. This approach will be embedded into the antenatal pathway and follow into the post natal period.

**Group Based Antenatal Care and Education for First Time Parents** – first time parents will be offered the opportunity to attend an antenatal group which will incorporate clinical care and education at the same appointment using the Solihull Approach. This Programme weaves together the information that mums and dads want about pregnancy, with preparation for making a relationship with the baby from in the womb to birth and beyond. The Solihull Antenatal Programme is delivered over a 6 week period and has a focus on brain development, infant mental health and the importance of attachment and relationships.

This model will be tested in all Health & Social Care Trusts during the autumn 2016 with a gradual scale up and roll out across Northern Ireland.

**Solihull Training** - The HSC Clinical Education Centre (CEC) is delivering the Solihull Approach Combined Antenatal Foundation and Antenatal Group Programme to Midwives. The first year of the delivery plan is almost complete with over 120 Midwives having completed a two day programme and now engaging in four follow up Practice Sessions to embed the learning.

**Monitoring** - A standardised data system has now been developed to capture how much did we do, how well did we do it and is anyone better off, across all of the antenatal sessions that will run within each of the Health and Social Care Trusts.

Also analysis has commenced in relation to Solihull Training being delivered to midwives and child health assistants to ensure a standardised approach within the project.



*Barbara Gerget and Mary-Jo Chesnell, Midwife Teachers delivering Solihull Training*

## Getting Ready for Toddler update

There are two key changes being introduced universally relating to the delivery of services for children aged 3+ in their preschool year:-

**Named Health Visitor alignment to Department of Education (DE) funded pre-school education settings:** Health Visitors are aligned to DE funded preschool settings where they work in partnership with education colleagues to support and promote healthy child development and learning. The health visitor provides an initial face to face contact with the pre-school principal/leader during the first term of the academic year and provides a minimum of two further contacts with the pre-school principal/leader one per term. Contacts may be via phone / email or face to face.

The Health Visitor will also inform the pre-school principal or leader of any pending health campaigns.

**3+ Health Review:** This is a new Health Review being introduced into the pre-school setting where Health Visitors will work in partnership with children, parents and education colleagues to promote children's social, emotional and behavioural development, providing them with information and signposting to other services,

where appropriate. It includes the use of an Ages and Stages Questionnaire in relation to social and emotional development of children (ASQ:SE-2).



***Workshop with EITP implementation managers***

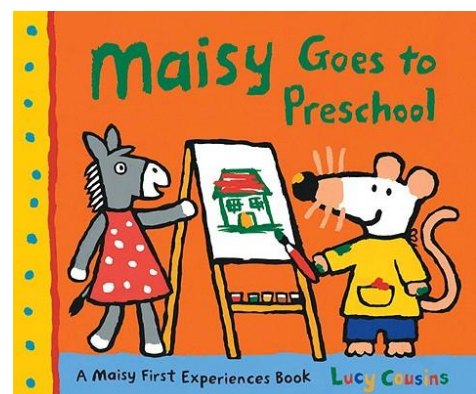
The 3+ Review has been piloted in 43 pre-school education settings across Northern Ireland during April - June 2016. Learning from the pilot will be carried out in July /August 16.

**Monitoring** - A significant amount of work has happened alongside BSO colleagues to develop a monitoring system which will be incorporated into the Universal Child Health System and PCHR red book to capture information about the wellbeing and key development stages at the 3+ Health and Wellbeing review for every child in Northern Ireland. The system is currently being piloted across each Trust with results to be reviewed over the summer before full roll out.

A new data system has also been set up to monitor the new linkages set up within pre-school education settings and a named health visitor to support the introduction of the new 3+ Review.

## **Getting Ready to Learn Update**

The Getting Ready to Learn Programme seeks to transform universal pre-school services to support pre-school parents to develop the confidence and skills they need to ensure that their children grow up happy, healthy and achieving their full potential. This will be achieved through four key themes: Big Bedtime Read, Education works in Pre-School, Happy Healthy Kids and Ages and Stages. Each theme will focus on developing parental understanding of how children learn within the pre-school curriculum and their role in their child's education. A key focus will be on helping parents to support their children's learning at home.



This will include developing parental confidence in reading with their children, and supporting the development of specific skills and healthy life-styles.

The first round of applications from pre-school settings is currently being processed. The second call for applications will be launched at the end of June 2016.

**Monitoring** - Work has commenced in developing new data systems to capture information on how much did we do, how well did we do it and is anyone better off, for Big Bedtime Read, Education works in Pre-School, Happy Healthy Kids and Ages and Stages which is due to be implemented within the Education Authority in the first Term of the new school year.

Further information is available from:-

Getting Ready for Baby/Toddler	Getting Ready to Learn
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